

# Sophie Maquiling

Final Critique



# Topic

Anxiety → Physical Responses (respiratory rate, heart rate)

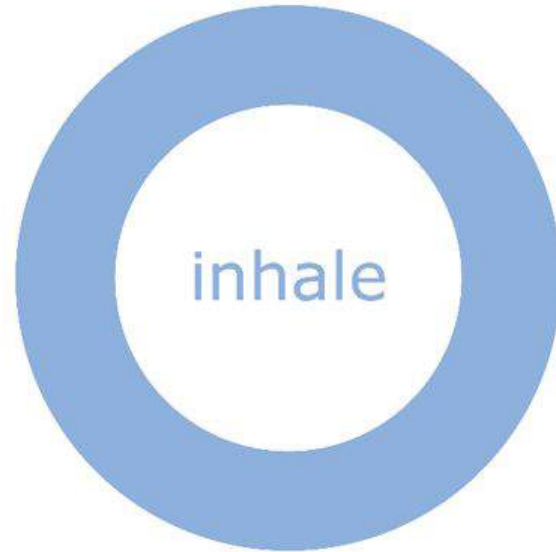
Visualization

Biocreation and Data

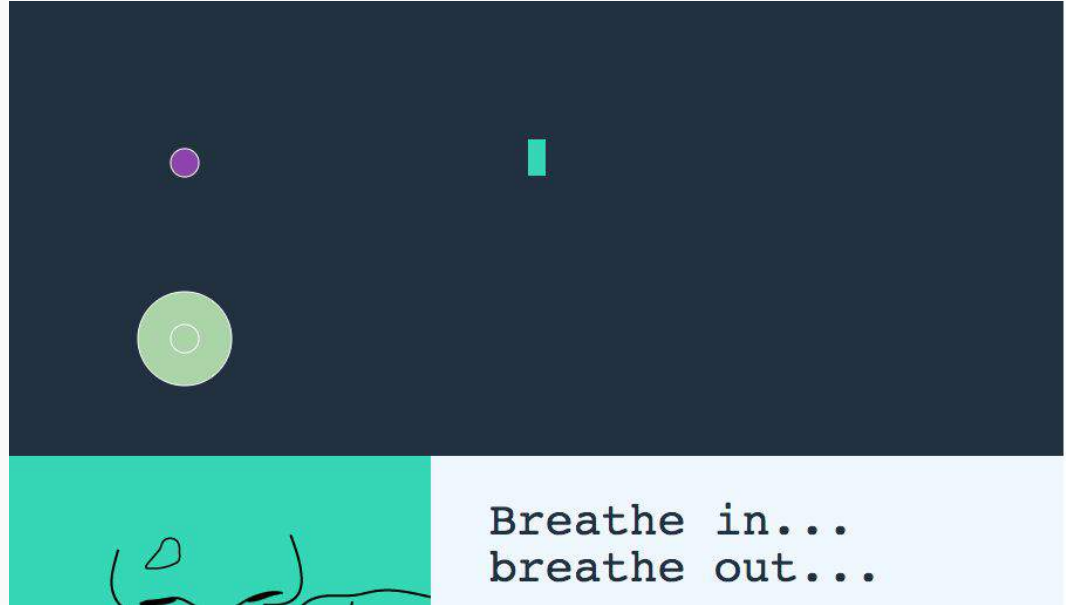
# Comparative Research

eXHaLeR

Simulates breathing exercise



# Exploration - Studio 5 and p5.js-sound

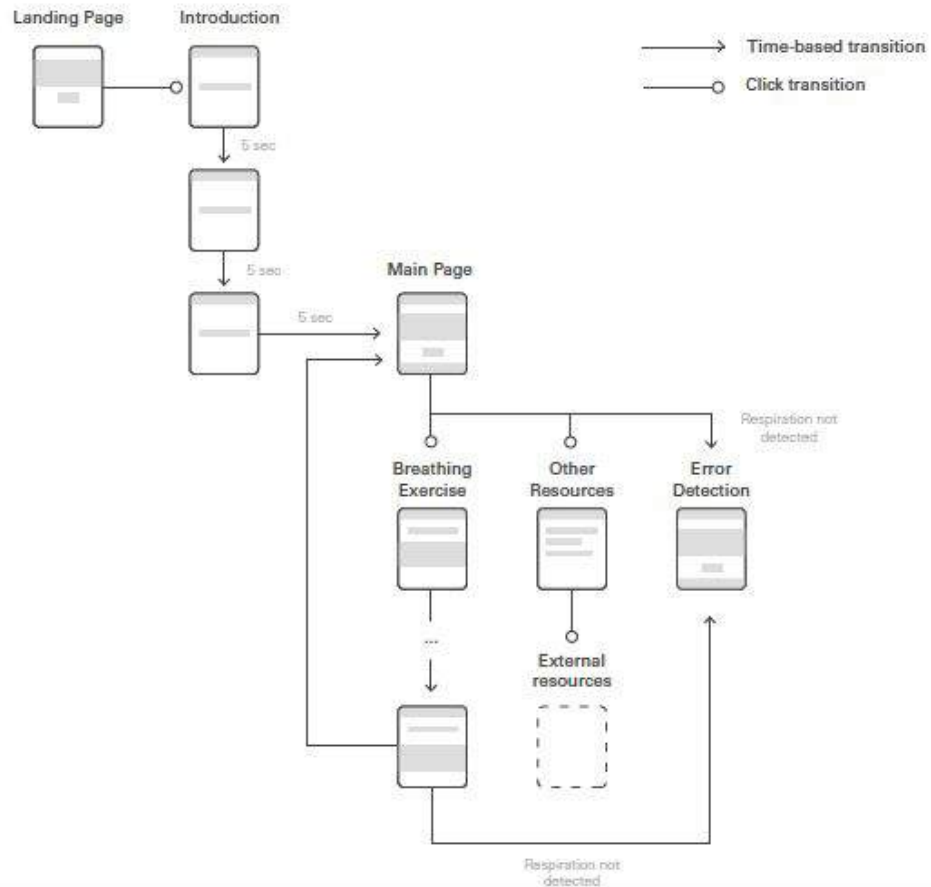


# Paper Prototypes



# Site Map

## Visualizing Anxiety Site Map

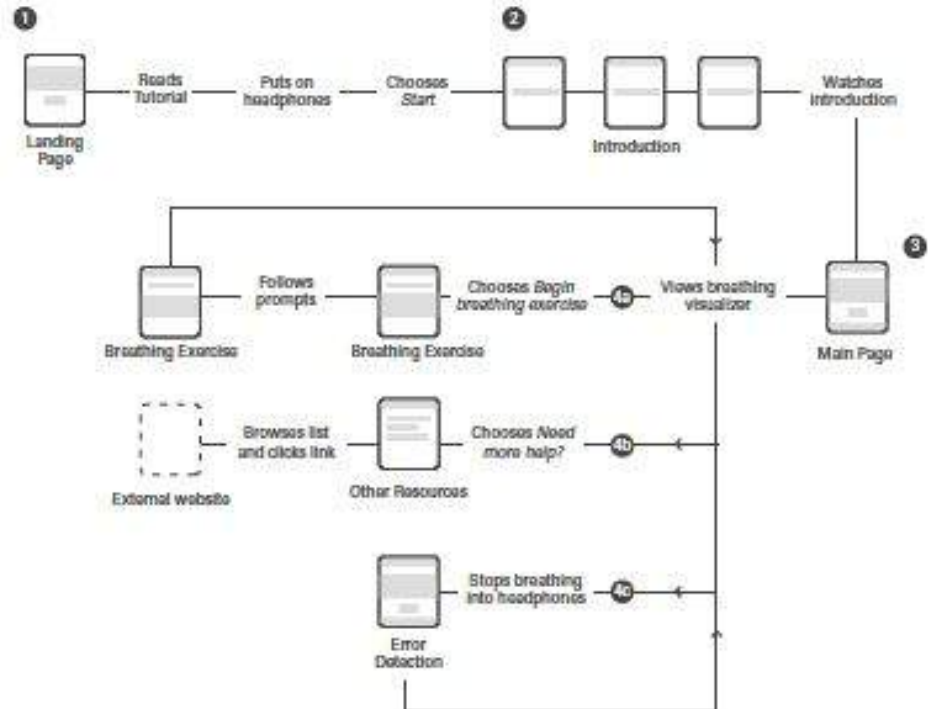


# User Flow

## Visualizing Anxiety User Flow



I'm alone and starting to feel anxious.  
I need some help calming down.



# Prototype # 3

