

Welcome to Our



September Newsletter

Dear WiS community,

We are so excited to welcome you to a new academic year with the Women in Science (WiS) club! Whether you're a returning member or joining us for the first time, we are thrilled to have you as part of this growing and supportive community.

This year, we're focused on creating even more opportunities to connect, learn, and advocate for inclusivity in STEM. We have an exciting lineup of events and programs, from skill-building workshops to social mixers, all designed to help you develop professionally and personally. We also want to hear from you—WiS thrives on your ideas, passion, and creativity, so don't hesitate to reach out with thoughts on what you'd like to see this year.

We're proud to launch this year's mentorship programs, connecting highschool, undergraduate students, and graduate mentors to foster meaningful connections and guidance throughout your academic journey. If you haven't already, we encourage you to sign up and take part in this incredible opportunity. Link is in our linktree!

As co-presidents, we are honoured to lead such an inspiring group of individuals, and we look forward to working together to make this year the best one yet! Here's to a year full of growth, community, and inclusivity!

Bobo, Emaan, Cristina
Co-Presidents of Women in Science



In this newsletter you will find:

↓ September Recap, Annual General Meeting, Mentorship Program, and more.
Keep Reading!

Women in Science

Bobo



How did you join WiS?

I first joined WiS because my first year soph told me about the opportunity to become a WiS director. As a first-year student eager to make new friends and get involved, I knew this would be the perfect way to connect with others who shared my interests. In my first and second year, I served as the Communications Director, and later, as VP Communications. Through these roles, I learned a lot about leadership and discovered my own leadership style. Now in my fourth year, I'm excited to continue growing with the WiS community.



What advice do you have for students looking to make the most of their time in WiS?

My biggest advice for students looking to make the most of their time in WiS is to get involved and be proactive. WiS is more than just attending events—it's about connecting with peers, learning from others, and contributing to a supportive community. Whether you're interested in mentorship, skill-building workshops, or social events, there are so many ways to grow both personally and professionally. Also, remember that WiS is a space where everyone's voice matters, so don't be afraid to share your ideas and take initiative. The more you engage, the more you'll get out of the experience!

Women in Science

Emaan

Q

A



How did you join WiS?

I joined Women in Science in my first year as a Director of Externals. I was nervous about adding a club while transitioning to university but the team was so welcoming and supportive. I was always able to turn to my Co-Directors and even my Vice President for advice with our events but also my courses, adjusting to first year and anything uni related. I continued in my second year as Director of Mentorship and in my third year I was Co-Vice President of Externals. My time in WiS has been transformative as I've gained leadership skills but also found a community that I can rely on as I continue my journey in science.

What is your vision for the Women in Science club this academic year?

Some of the most impactful events during my time in WiS have been the ones that amplify women of colour voices and provide the representation necessary to foster inclusivity. Working with our dedicated team of executives, I hope to highlight women of colour through educational campaigns and continue hosting events with multicultural speakers to ensure their voices are heard.

Women in Science

Cristina



What is your vision for the Women in Science club this academic year?

Women in Science (WiS) has been so impactful in my life throughout my undergrad. To increase our impact this academic year, my vision is to grow the connections and interactions in our community. Working with our incredible executive team, I hope to have events where we can foster member connections and where every member feels like they are supported and part of something great.



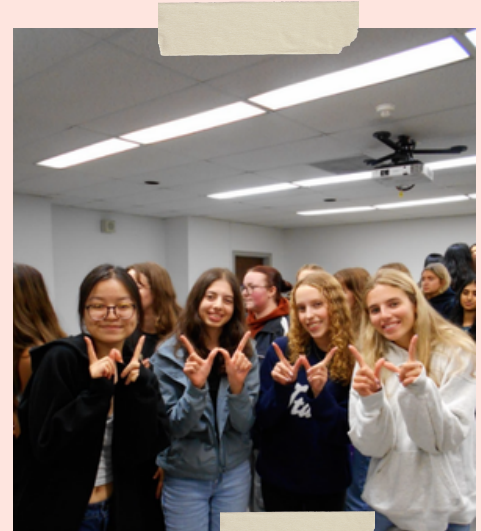
What advice do you have for students looking to make the most of their time in WiS?

The biggest piece of advice I have for any student in a club is to put yourself out there and go to the events. Everyone is guilty of joining a club and then never going to the events early on and falling into a routine of saying, “It’s just out of my way, I’ll try to go to the next one” or “now I feel weird going since it has been so long.” Firstly, everyone is always welcome to our events and should never feel weird about attending! Secondly, in my undergrad, I have learned that your core experiences of university only happen when you decide to say yes to opportunities! So, come to our events, take part in great activities, and meet new people: because we want to meet you too!

SEPTEMBER RECAP

ANNUAL GENERAL MEETING

We kicked off the semester with our Annual General Meeting (AGM), where members came together to set our vision for the year. It was fantastic to see so many of you in attendance, sharing ideas and enthusiasm for what WiS can accomplish. We introduced this year's executive team and discussed our key initiatives, including advocacy, skill-building workshops, and plans for more social and networking events. We also introduced our 3 different streams of Mentorship programs! We are super excited to kick-off the new school year!



Clubs Week Success

WiS made a splash during Clubs Week! Our booth attracted so many new faces eager to learn about our mission and get involved. We welcomed a wave of new members and had fantastic conversations with students from all disciplines. If you missed signing up in person, it's never too late – membership is open year-round, and we can't wait to see what new members bring to our community.

Women in Science

Graduate Sisters in Science Kick-off Event

The Graduate Sisters Kick-Off Event was a wonderful success! Graduate students from diverse fields came together to network, share their experiences, and build a sense of community. The evening was filled with engaging conversations about the challenges and triumphs of graduate life, with a focus on creating supportive connections among attendees. As the event wrapped up, participants expressed excitement for future gatherings and initiatives. Thank you to everyone who attended and contributed to making the kick-off a great start to what promises to be an empowering year ahead! Huge shoutout to Dr. Booker for running such an engaging and fun event for everyone.



Mentorship Program - Now Live!

WIS MENTORSHIP programs Explained

Little Sisters in Science

Mentee: High School Student
Mentor: Any Undergraduate Student

Sisters in Science

Mentee: 1st or 2nd Year Undergrad
Mentor: 3rd Year and Above Undergrad

Graduate Sisters in Science

Mentee: 2nd to 4th Year Undergrad
Mentor: Graduate Student

LOOKING AHEAD

Yoga Night

Join us for a relaxing Yoga Night at Studio 2 in the Rec Centre on Tuesday, October 8th @ 6pm! 🧘 Whether you're a seasoned yogi or trying it out for the first time, this is a great opportunity to unwind and connect with fellow members of Women in Science. You are encouraged to come with athletic clothes, a water bottle, and a yoga mat if you own one already. If you don't have a yoga mat, the rec has mats but they are not really designed for yoga so you may slide around a bit. All members are welcome. See you there!

WiS x UPAW Women's Panel

We're excited to announce that WiS is partnering with UPAW for a special Women's Panel in celebration of Women's History Month! This event will take place on October 26th, 10:00 AM - 1:00 PM in the Weldon Community Room.

We'll be spotlighting influential women from the Schulich community as they share their inspiring journeys into medicine, their chosen specialties, and offer advice to younger students. This is a fantastic opportunity to hear from trailblazers and gain insights into careers in medicine. Mark your calendars!

WE WANT YOUR INPUT



Our Anonymous Feedback Form is a space for you to share your thoughts and ideas with us. At WiS, we aim to host events and initiatives that truly cater to the needs and interests of our members. We'd love to hear your suggestions on how we can improve and which events and initiatives you're most excited about.

Feedback Form



INVITE A FRIEND

Know someone who's interested in joining WiS? Invite them to any of our events and encourage them to fill out the General Member Form linked below to get registered. Everyone is welcome!

We are committed to supporting the inclusivity and continued contributions of women in the sciences while encouraging participation from all genders, including those in stereotypically "feminine" fields, and promoting gender non-conforming individuals in all scientific endeavors.

[General Member Form](#)



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