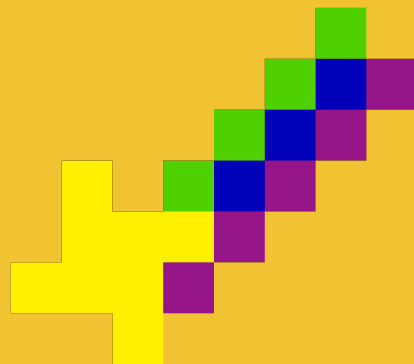
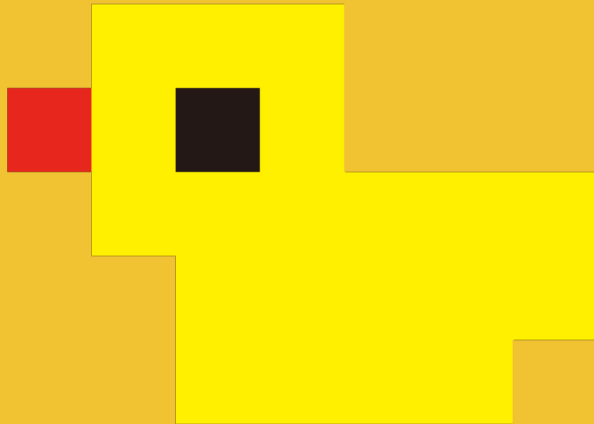
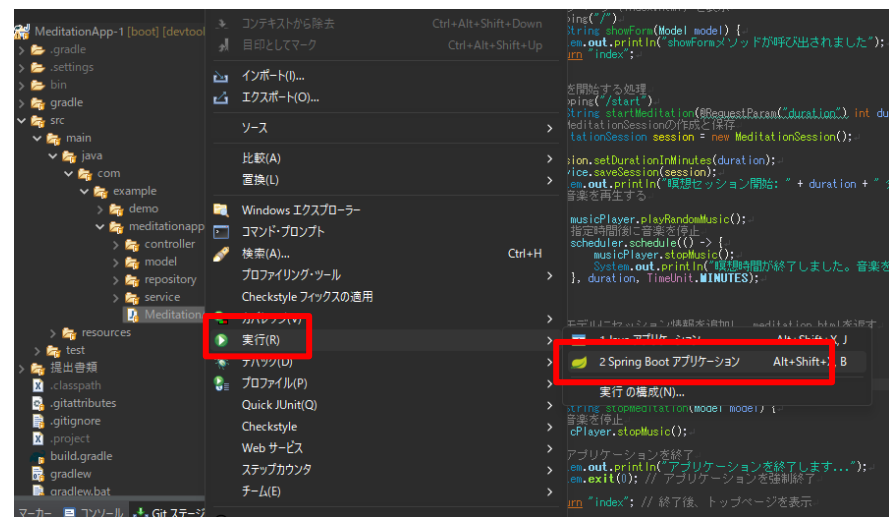
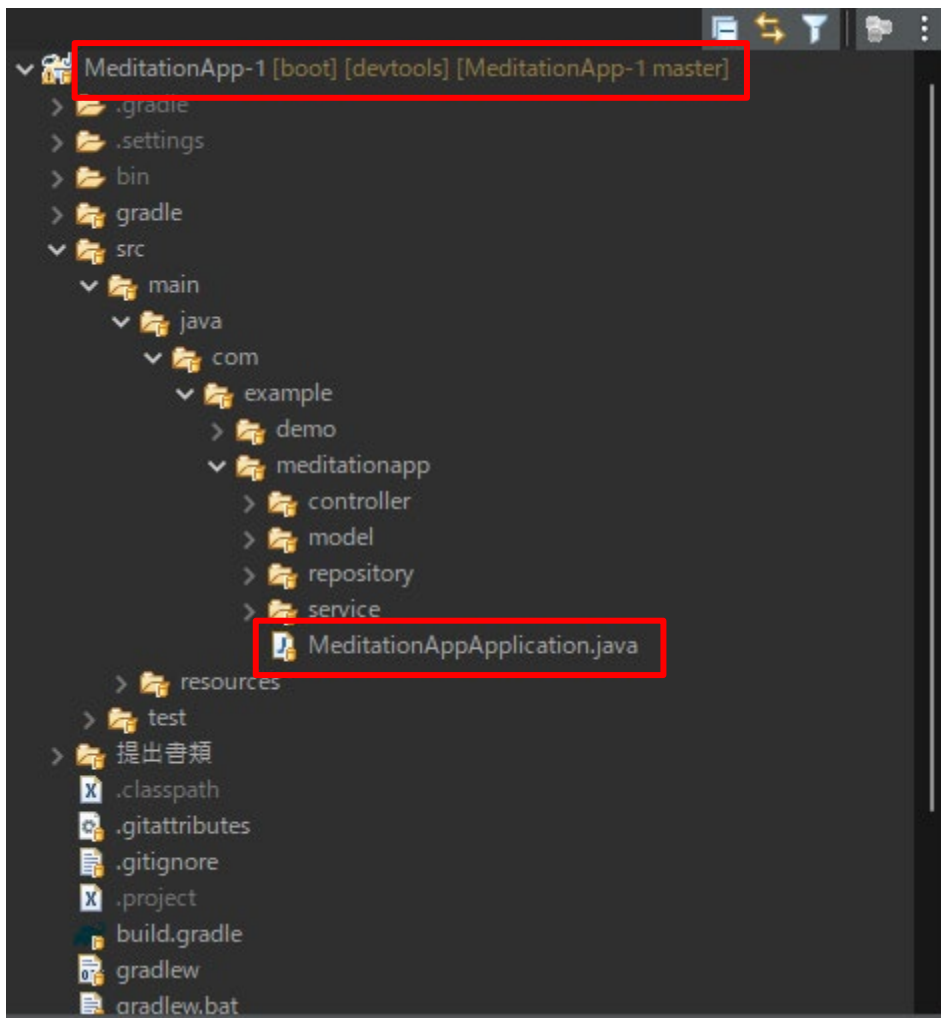


瞑想アプリ操作手順書



吉元美咲

2024.12.19



MeditationApp-1 プロジェクト

MeditationAppApplication.java

右クリック⇒実行⇒SpringBootアプリケーション



□[32m :: Spring Boot :: □[39m

□[2m (v3.4.0)□[0;39m

```

2024-12-18T13:58:11.876+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [36mc.e.m.MeditationAppApplication] [0:39m] [2m:□[0:39m Starting Medit
2024-12-18T13:58:11.877+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [36mc.e.m.MeditationAppApplication] [0:39m] [2m:□[0:39m No active prof
2024-12-18T13:58:11.706+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [36mc.e.DevToolsPropertyDefaultsPostProcessor] [0:39m] [2m:□[0:39m Devtools prope
2024-12-18T13:58:11.706+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [36mc.e.DevToolsPropertyDefaultsPostProcessor] [0:39m] [2m:□[0:39m For additional

2024-12-18T13:58:12.186+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [s.d.r.c.RepositoryConfigurationDelegate] : Bootstrapping Spring Data JPA repositories in DEFAULT mode.
2024-12-18T13:58:12.227+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [s.d.r.c.RepositoryConfigurationDelegate] : Finished Spring Data repository scanning in 34 ms. Found 1 JPA repository interface.
2024-12-18T13:58:12.857+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.s.b.w.embedded.tomcat.TomcatWebServer] : Tomcat initialized with port 8080 (http)
2024-12-18T13:58:12.867+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.apache.catalina.core.StandardService] : Starting service [Tomcat]
2024-12-18T13:58:12.868+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.apache.catalina.core.StandardEngine] : Starting Servlet engine: [Apache Tomcat/10.1.33]
2024-12-18T13:58:12.702+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.a.c.c.C.[Tomcat].[localhost].[/]] : Initializing Spring embedded WebApplicationContext
2024-12-18T13:58:12.702+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [w.s.c.ServletWebServerApplicationContext] : Root WebApplicationContext: initialization completed in 996 ms
2024-12-18T13:58:12.815+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [org.hibernate.jpa.internal.util.LogHelper] : HHH000204: Processing PersistenceUnitInfo [name: default]
2024-12-18T13:58:12.869+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [org.hibernate.Version] : HHH000412: Hibernate ORM core version 6.6.2.Final
2024-12-18T13:58:12.900+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.h.c.internal.RegionFactoryInitiator] : HHH000026: Second-level cache disabled
2024-12-18T13:58:13.132+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.s.o.j.p.SpringsPersistenceUnitInfo] : No LoadTimeWeaver setup: ignoring JPA class transformer
2024-12-18T13:58:13.157+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [com.zaxxer.hikari.HikariDataSource] : HikariPool-1 - Starting...
2024-12-18T13:58:13.320+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [com.zaxxer.hikari.pool.HikariPool] : HikariPool-1 - Added connection org.postgresql.jdbc.PgConnection@24a85435
2024-12-18T13:58:13.321+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [com.zaxxer.hikari.HikariDataSource] : HikariPool-1 - Start completed.
2024-12-18T13:58:13.361+09:00 [WARN] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [org.hibernate.orm.deprecation] : HHH000002: PostgreSQLDialect does not need to be specified explicitly using 'hibernate.dialect
2024-12-18T13:58:13.375+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [org.hibernate.orm.connections.pooling] : HHH10001005: Database info:
Database JDBC URL [Connecting through datasource 'HikariDataSource (HikariPool-1)']
Database driver: undefined/unknown
Database version: 16.4
Autocommit mode: undefined/unknown
Isolation level: undefined/unknown
Minimum pool size: undefined/unknown
Maximum pool size: undefined/unknown

2024-12-18T13:58:14.071+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.h.e.t.j.p.i.JtaPlatformInitiator] : HHH000489: No JTA platform available (set 'hibernate.transaction.jta.platform' to enable JTA pl
2024-12-18T13:58:14.132+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [j.LocalContainerEntityManagerFactoryBean] : Initialized JPA EntityManagerFactory for persistence unit 'default'
2024-12-18T13:58:14.355+09:00 [WARN] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [JpaBaseConfiguration$JpaWebConfiguration] : spring.jpa.open-in-view is enabled by default. Therefore, database queries may be performed dur
2024-12-18T13:58:14.378+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.s.b.a.w.s.WelcomePageHandlerMapping] : Adding welcome page template: index
2024-12-18T13:58:14.694+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.s.b.d.a.OptionalLiveReloadServer] : LiveReload server is running on port 35729
2024-12-18T13:58:14.724+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [o.s.b.w.embedded.tomcat.TomcatWebServer] : Tomcat started on port 8080 (http) with context path '/'
2024-12-18T13:58:14.730+09:00 [INFO] 3676 --- [MeditationApp] [ restartedMain] [0:39m] [c.e.m.MeditationAppApplication] : Started MeditationAppApplication in 3.317 seconds (process running for 6.663)
```

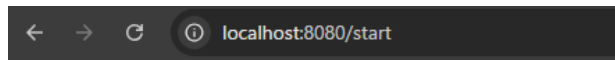
サーバー起動確認

Started MeditationAppApplication in X.XXX seconds
(process running for X.XXX)

ブラウザを開く

音量はデバイス側で調整してください。

任意のブラウザを開き、http://localhost:8080 にアクセスします。



Start Your Meditation Session

Meditation Duration (minutes):

Start Meditation

瞑想時間の入力

①ホーム画面の「瞑想時間設定フォーム」に、瞑想時間（分単位）を入力します。

②「StartMeditation」 ボタンを押下します。

Relax and Meditate

3

Time Left: 2:22

Playing relaxing music for your session...

③瞑想セッションがスタートし、音楽が自動再生されます。

④タイマーが設定した時間通りに動作します。

⑤自動的にリラックス音楽が再生されます。

⑥音楽を聞きながら、ゆっくりと瞑想します。

サーバー停止や画面リロードを行うとタイマーがリセットされます。

Relax and Meditate

3

Time Left: 0:01

Playing relaxing music for your session...

localhost:8080 の内容

Meditation session completed!

OK

⑦設定した時間になると音楽が停止し、セッションが終了します。

サーバーの停止

アプリを終了する場合は、Eclipseのコンソール画面で**「Terminate」ボタン** (■アイコン) をクリックしてください。

```
showFormメソッドが呼び出されました
Hibernate: insert into meditation_session (duration_in_minutes) values (?)
瞑想セッション開始: 1 分
thread 68
音楽再生: src/main/resources/static/music/inner-peace-meditation-106798.mp3
音楽停止
瞑想時間が終了しました。音楽を停止しました。
```

