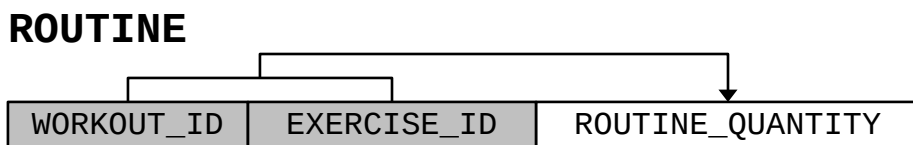
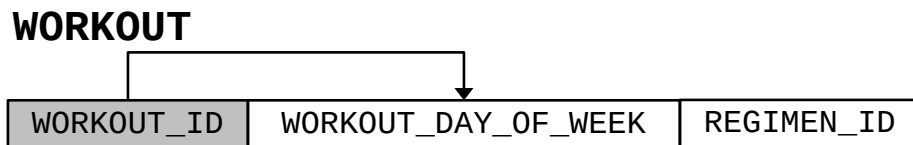
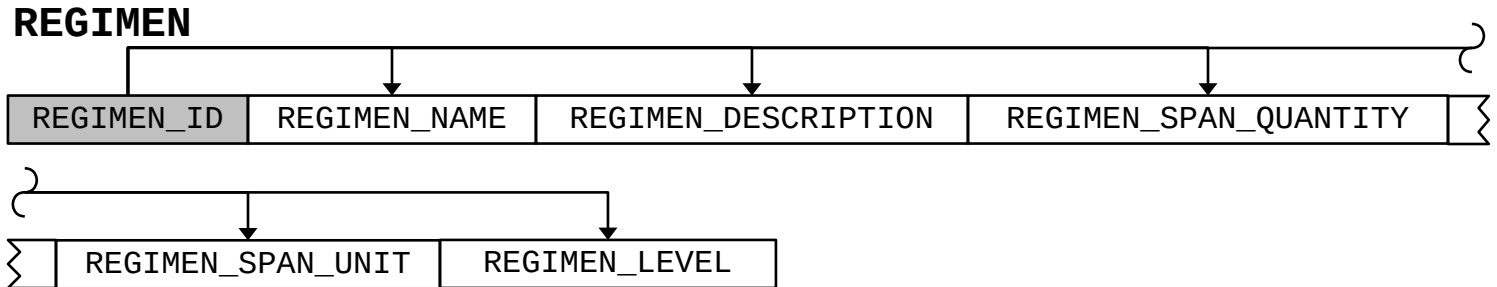
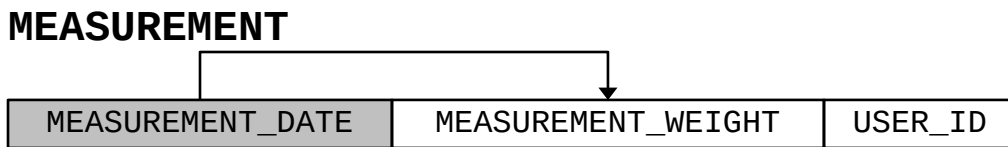
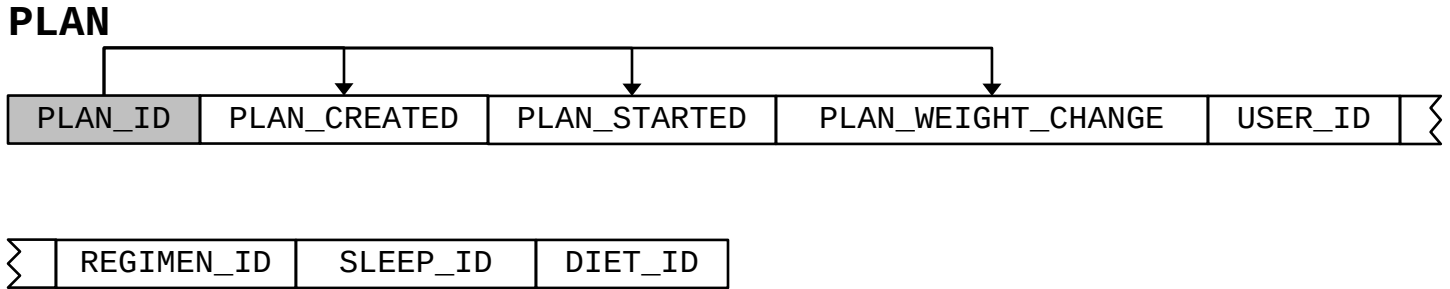
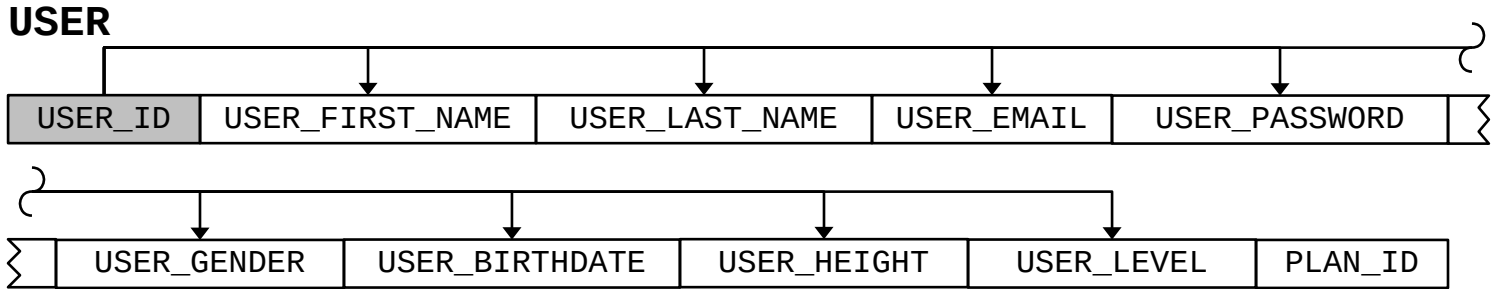


FitTrack – Dependency Diagram



EXERCISE

EXERCISE_ID	EXERCISE_NAME	EXERCISE_DESCRIPTION
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PERFORMANCE

PERFORMANCE_ID	PERFORMANCE_DATE	PERFORMANCE_TIME	
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PERFORMANCE_QUANTITY	WORKOUT_ID	EXERCISE_ID	USER_ID
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SLEEP

SLEEP_ID	SLEEP_HOURS	SLEEP_END_TIME
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REST

REST_ID	REST_START_DATE	REST_START_TIME	REST_END_DATE	
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REST_END_TIME	SLEEP_ID	USER_ID
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DIET

DIET_ID	DIET_NAME	DIET_DESCRIPTION	DIET_SPAN_QUANTITY	
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DIET_SPAN_UNIT

MEAL

DIET_ID	MEAL_NAME	NUTRITION_ID
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FOODSTUFF

FOODSTUFF_ID	FOODSTUFF_NAME	FOODSTUFF_DESCRIPTION	
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FOODSTUFF_SERVINGS	NUTRITION_ID
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FOOD

FOOD_ID	FOOD_DATE	FOOD_TIME	FOOD_COUNT	MEAL_ID	FOODSTUFF_ID	
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USER_ID

NUTRITION

