

Mood	Claude's Response Summary	Hedonic Valence	Excitatory Potential	Absorption Potential	Semantic Affinity
Sad	Music recommendations for comfort (<i>Here Comes the Sun</i>), emotional release (<i>Fix You</i>), and motivation (<i>Happy</i>)	Mixed (positive and emotional release)	Medium to high	Medium	High
Sad	Show recommendations for comfort (<i>Gilmore Girls</i> , <i>Schitt's Creek</i>) and distraction (<i>Taskmaster</i> , <i>Our Planet</i>)	Mixed (positive and comforting)	Medium	Medium	Medium
Sad	Uplifting short reflection on resilience and strength	Positive	Medium	High	High
Stressed	Short, calming story (<i>A Moment of Peace</i>) about nature and mindfulness	Positive	Low	High	High
Stressed	Music recommendations for relaxation (<i>Weightless</i> , <i>Claire de Lune</i>), encouragement (<i>Three Little Birds</i>), and focus (<i>Breathe</i>)	Positive	Low	High	High

Stressed	Show recommendations for stress relief (<i>Ted Lasso</i> , <i>The Great British Bake Off</i>)	Positive	Low	Medium to high	High
Happy	Music recommendations for amplifying positive mood (<i>Walking on Sunshine</i> , <i>Dancing Queen</i> , <i>Good as Hell</i>)	Positive	High	High	High
Happy	Show recommendations for maintaining positive energy (<i>Brooklyn Nine-Nine</i> , <i>Ted Lasso</i> , <i>Parks and Recreation</i>)	Positive	High	High	High
Happy	Poetic reflection on noticing the small joys of life	Positive	High	High	High