

## PART 1: Write down your PICS (You must state at least 2)

### P<sup>assions</sup>

What would you get out of bed for in the morning if money wasn't an issue?

- If money wasn't an issue, I would get out of bed in the morning to help and mentor young people to achieve their full potential.
- Ask my mom what she really wants to have then i will do that for her.

### I<sup>nterests</sup>

What are you most curious about?

- I am most curious about art and creativity.
- Exploring different forms of artistic decorations.

### C<sup>auses</sup>

What keeps you up at night?

- What keeps me up at night is thinking about how to ensure everyone has access to quality education and opportunities for personal growth.

### S<sup>trengths</sup>

What is your superhero power?

- My superhero power is teaching myself.
- Able to explain complex concepts in simple terms.
- Patience

## **PART 2: Write down your Personal Mission Statement (by completing each of the statements below)**

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### **1. My personal mission is...**

My mission is to live a peaceful life guided by my faith in God. I strive to cultivate tranquility and spiritual fulfillment in all aspects of my existence. My journey is marked by a profound love for reading and an unwavering commitment to honesty, which shapes my pursuit of personal and spiritual growth.

### **2. My key strengths are...**

I am passionate about literature and derive great joy from exploring diverse narratives and perspectives. This passion fuels my intellectual curiosity and enhances my ability to empathize with others. Furthermore, my commitment to honesty ensures that I remain steadfast in pursuing my dreams and life's purpose with integrity. There for those all the above are my strengths

### **3. I pledge to further my development in...**

I aim to improve my coding skills and become a high-level problem solver. By focusing on these areas, I can enhance my ability to tackle complex challenges and develop innovative solutions. While I excel in literature and possess a strong moral compass, I recognize the importance of enhancing my technical skills in coding and sharpening my problem-solving abilities. These areas represent opportunities for me to expand my capabilities and contribute more effectively to the world around me.

### **4. My core values as a leader are...**

As a leader, I am committed to upholding values of integrity, compassion, and resilience. These principles guide my interactions with others and shape my approach to leadership, fostering an environment of trust, collaboration, and mutual respect. By consistently demonstrating these values, I aim to inspire my team to reach their full potential and cultivate a workplace culture that values diversity, creativity, and ethical decision-making..

## **5. My superhero power is teaching and being able to explain complex concepts in simple terms.**

My personal mission is to live a peaceful life with my God, seeking tranquility and spiritual fulfillment. I love reading and am honest in pursuing my dreams, with a gift for teaching and simplifying complex concepts. I aim to improve my coding skills and problem-solving abilities. As a leader, I value integrity, dedication, and empathy, fostering trust and collaboration. By living these values, I hope to inspire others and contribute meaningfully to society.

## **6. I have chosen this personal mission because...**

I am drawn to this mission statement because it encapsulates my deepest aspirations and beliefs. It provides me with a guiding framework to navigate life's challenges while staying true to my spiritual journey and personal growth. Embracing this mission enables me to lead a purposeful life grounded in faith, knowledge, and a commitment to making a positive difference in the world.

### **PART 3: Reflect on your Skills Map (by completing each of the statements below)**

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**On a scale of 1 to 4, how much effort have you put into your ALX studies over the past week? (1= very little effort, 4= huge amount of effort):**

3

**On a scale of 1 to 4, how satisfied are you with how much you have learned in the past week? (1= not at all satisfied, 4= extremely satisfied):**

3

**How much do you agree with the following statement: “The knowledge and skills I have learned in the past week will serve me in the workplace.” (1= completely disagree, 4= completely agree.):**

3

# **PEER COACHING REFLECTION**

**A. The first and last name of the peer you had the meeting with.**

-> Philipos hailu

**B. The date AND time that the coaching meeting took place.**

-> June 23, 2024 7:00 PM

**C. The modality of the call (for example, Zoom, Google Meet, WhatsApp, in person at [City Hub name])**

-> Telegram

**D. Did you feel any anxiety before or during the meeting? Why or why not?**

-> No, I did not feel any anxiety because it isn't my first time having a meeting with him. We have had several meetings in the past, and each time has been comfortable and productive. Also, he is my friend, so there is a level of familiarity and trust that makes our interactions easy and stress-free.

**E. How valuable was the session with your peer? Explain.**

-> The session with my peer was incredibly valuable. It was enlightening to gain a clearer perspective on myself compared to before. His feedback on my growth trajectory was particularly beneficial, providing insights that have significantly aided my development. Understanding how others perceive my progress has motivated me to refine my approach and strive for continuous improvement. Overall, the session was instrumental in enhancing my self-awareness and refining my goals moving forward.

**F. Did you make a commitment to your peer? If yes, what was the commitment that you made?**

-> Yes, we made a commitment to diligently fill out our growth track and maintain regular communication. This commitment ensures that we stay aligned with our personal and professional development goals, actively tracking our progress and supporting each other along the way. Keeping our growth track updated allows us to assess our achievements and challenges effectively, while regular communication ensures that we can provide feedback, share insights, and offer encouragement to keep each other motivated and on track.

**G. Did you find anything surprising and/or gain any new insight due to the meeting?**

-> Not much was surprising during the meeting, but I did gain a new insight. I noticed that he excels in areas where I may have weaknesses or room for improvement. This realization highlighted opportunities for me to learn from his strengths and integrate those lessons into my own approach. It was eye-opening to recognize his proficiency and see how I can leverage his expertise to enhance my own skills and knowledge base.

## **PEER COACHING REFLECTION**

**H. How helpful did you find the coaching session overall? Explain and share your experience honestly.**

-> I found the coaching session to be incredibly helpful overall. It provided me with valuable insights and perspectives that I hadn't considered before. The coach's guidance and feedback were insightful and practical, offering concrete steps for improvement in areas where I needed it most. What I appreciated most was the constructive criticism delivered in a supportive manner, which motivated me to strive for higher standards without feeling discouraged. This session has undoubtedly equipped me with tools and strategies to enhance my performance and achieve my goals more effectively.

**I. How many minutes did you spend practicing Movement each day (Be honest!)**

-> 30 minutes

**J. If you did not do at least 20 minutes each day, what were the reasons? If you did, what were the reasons?**

-> I practiced for 30 minutes each day because I prioritized consistency in my routine. This dedicated time allowed me to focus on refining my skills and improving my movement techniques effectively. Additionally, maintaining a regular practice schedule helped me stay disciplined and committed to my goals, ensuring steady progress over time.