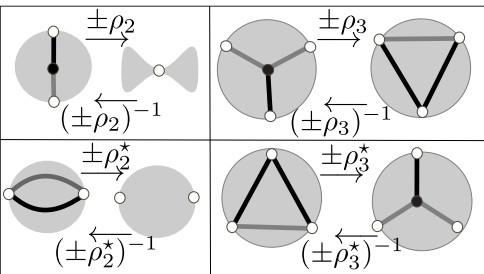


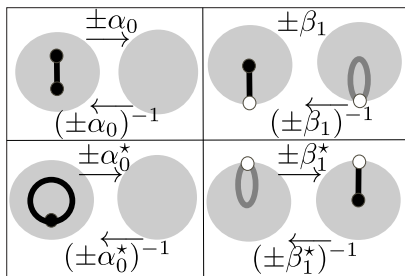
Regular isotopy:

Reidemeister move 2 and 3

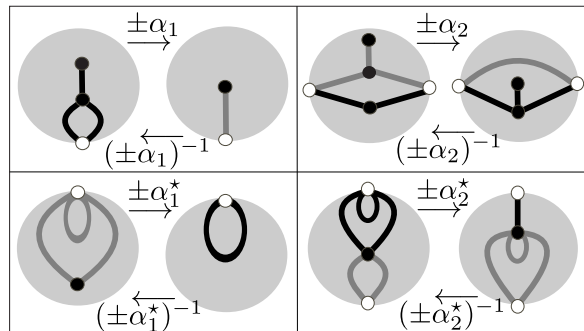


Blow down of rank 0

and ribbon move



Blow downs of ranks 1 and 2



Cable twists of ranks 2 and 3

