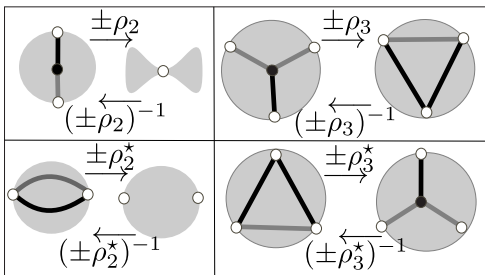
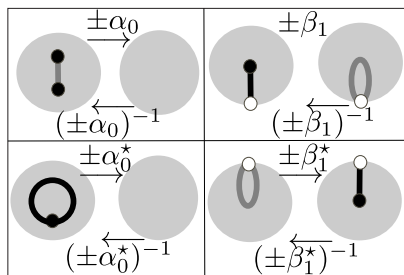


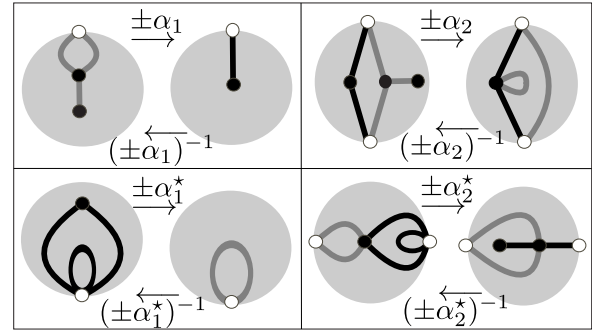
Regular isotopy:  
Reidemeister move 2 and 3



Blow down of rank 0  
and ribbon move



Blow downs of ranks 1 and 2



Cable engulfing of ranks 2 and 3

