



## RECEPTION

- Maternity and neonatal units' staff members **commit for your family project** and do their best so that you can live this unique moment in the most relaxed way.
- This respectful approach is based upon a **shared formation** of the staff (knowledge, expertises, listening, support, care).
- In delivery room, we create an **environment beneficial for the parent-child bond**: respect of the physiological labour, thoughts on the pain and its non-medicinal care.

## BOND

- When they're born, all babies benefit from an extended **contact with their parents** (skin-to-skin contact with the mother or the father), insofar as possible.
- Unless medical care is needed, we recommend that you stay with your baby 24/24, favouring this skin-to-skin contact.
- At any moment, the father and your other children can come to visit you and stay as long as you wish.

## BABY FEEDING

- Whatever your choice is, we support you in the setting up of your baby feeding.
- From the start of awakening, your child is in a beneficial to breastfeeding moment; so we offer you to feed him **on demand**.
- **Breastfeeding**: your milk is enough, the dietary supplements are only necessary on medical indication. The breastfed child doesn't need water, nor dummy.
- If you and your baby split up, we will support you during the start-up and the upkeep of your lactation.

## LISTENING

- You will be invited to a prenatal meeting regarding the rhythms, the needs of the newborn baby and his feeding.
- Among the different given prenatal informations (brochures, meetings), the health benefits of breastfeeding for the mother and the child will be broached, just as the recommended duration by WHO: "exclusive breastfeeding for the first six months of life, and continued breastfeeding complemented with appropriate foods up to two years old and beyond".
- When you leave, you will be guided to adapted support networks (self-employed midwives, mother and child welfare, associations).