



Rtn. Francesco Arezzo
RI President 2025-26



Rtn. Dr. S.V. Ram Prasad
Dist. Governor, RI Dist.3150

Rotary Club of Guntur Vikas

Club No. 57137

2025-26

RI Dist: 3150

GUNTUR VIKASAM
AUGUST, 2025



A Free Eye Camp was conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur with the assistance of Sankara Eye Hospital, Pedakakani and with the support of "Recycle Specs" Organisation Texas, USA represented by Kum. Vidhisha Paleti, on 2nd August, 2025. Around 500 students were screened. Out of them, 41 students were identified for spectacles, 22 students were referred to Hospital for further screening and one student was identified with cataract defect. 25 students were identified with slight defect in vision. All the students were treated at Hospital, free of cost.



A Free Eye Camp was conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025



President Smt. R. Padmaja speaking at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025



Rtn. Y.A.Chowdary, Director, Service Projects, speaking at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025



Kum. Vidhisha Paleti, RecycleSpecs, Texas, USA, speaking at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025.

Kum. Vidhisha Paleti has sponsored the Eye Camp.



Smt. Y. Sravanti, Mother of Vidhisha Paleti, Speaking at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025



Group photo with Head Mistress of the School at Free Eye Camp conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur, on 02.08.2025



విద్యార్థులకు ఉంటి వైద్య సేబరం నిర్వహించిన రోటరీ క్లబ్ గుంటూరు ఫికాన్ అధ్యక్షత్వాలు పద్మజ, అవంతిష్ఠమార్ కైన్, వై.ఎ.చాదరి

విద్యార్థులకు ఉంటి పరీక్షలు

పట్టంబజారు, శ్రీనగర్ నుండి: పేదల సేవక సేవా సంస్థలు ముందుకు రావాలని రోటరీ క్లబ్ గుంటూరు వికాన్ అధ్యక్షత్వాలు పద్మజ లాన్స్యార్. కావానిరోటర్లోని బోర్డ్ నాగేశ్వరరావు ముఖ్యపాల్ భౌష్ణుల్లో శనివారం రోటరీ క్లబ్ ఆఫ్ గుంటూరు వికాన్, శంకర కంటి ఆసుపత్రి సంయుక్త అద్వర్యంలో ఉచిత కంటి విచిత్ర శిబిరం నిర్వహించారు. విద్యార్థులకు ఉంటి పరీక్షలు నిర్వహించి, లచిరంగా మందులు పంచించేచెందు. ముఖ్యాలిచిగా విచ్చేసిన పద్మజ మాటలు దుఱ్ఱా పేదల ఉన్నతికి రోటరీ క్లబ్ గుంటూరు వికాన్ అధ్యక్షుల్లో పలు రకాల సేవా కార్యక్రమాలు నిర్వహిస్తున్నామన్నారు. కార్యక్రమంలో అవంతిష్ఠమార్ కైన్, వై.ఎ.చాదరి, మి.ఒగస్ట్స్ప్రాహ్నరెడ్డి, ఎ.వెంకెటు రమణ, పాలేటి సుబ్రావు తదితరులు పాల్గొన్నారు.



An Eye Camp was conducted at Sri Borra Nageswara Rao Municipal Corporation High School, Manipuram, Guntur with the assistance of Sankara Eye Hospital, Pedakakani and with the support of "Recycle Specs" Organisation Texas, USA represented by Kum. Vidhisha Paleti, on 2nd August, 2025

MEGA EYE CAMP AT ANANTHAVARAPPADU VILLAGE, ON 3rd AUGUST, 2025



President Smt. R. Padmaja speaking at Free Eye Camp conducted at Ananthavarappadu Village on 03.08.2025



A Free Eye Camp was conducted at Ananthavarappadu Village, Vatticherukuru Mandal, Guntur District, with the assistance of Sankara Eye Hospital, Pedakakani and with the support of "Recycle Specs" Organization, Texas, USA represented by Kum. Vidhisha Paleti, on 3rd August, 2025.

Total 210 persons were screened and 105 persons were identified with cataract defect. Surgery was done to all the persons identified with cataract defect, free of cost, at Sankara Eye Hospital, Pedakakani.

EGA EYE CAMP AT ANANTHAVARAPPADU VILLAGE, ON 3rd AUGUST, 2025



Coordinator of the Eye Camp from Sankara Eye Hospital explaining the patients, about the procedure of screening, surgeries and the facilities provided in the camp



Rtn. Y.A. Chowdary garu introducing Kum. Vidhisha Paleti, Recycle Specs, Texas, USA, who sponsored the Eye Camp



Registration of Patients at Eye Camp



Eye sight checking



Doctors examining the patients



Patients waiting for Registration



**Sankara Eye Hospital Doctors and Technicians, with Kum. Vidhisha Paleti, USA,
and our Members**



**Group photo of our Members at Eye Camp conducted at Ananthavarappadu
village, on 03.08.2025**

రోటరీ క్లబ్ గుంటూరు వికాన్ సేవల్ని అదర్చుంగా తీసుకోవాలి



ఉచిత వైద్య శిబిరంలో రోటరీ క్లబ్ గుంటూరు వికాన్ అధ్యక్షులు పద్మజ,
ప్రేమకుమార్, సుధాకరరావు తదితరులు

పట్టంబజారు, న్యూన్సెట్టుడే: ఉచిత వైద్య శిబిరాలు పేదలకు ఎంతగానో ఉపయోగపడతాయని రోటరీ క్లబ్ ఆఫ్ గుంటూరు వికాన్ అధ్యక్షులు పద్మజ అన్నారు. రోటరీ క్లబ్ ఆఫ్ గుంటూరు వికాన్, శంకర కంటి ఆస్కారి, విధిష రీస్ట్రిక్ట్ స్ట్రీక్ సంయుక్త అధ్యర్థులో ఆదివారం వట్టిచెరుకూరు మండలం అనంతవరప్పుడు గ్రామంలో నిర్వహించిన ఉచిత కంటి చికిత్స శిబిరంలో ఆమె మాట్లాడారు. ఈ తరఫ్త వైద్య శిబిరాల్ని పేదలు వినియోగించుకోవాలన్నారు. మిగిలిన సేవా సంస్థలు రోటరీ క్లబ్ గుంటూరు వికాన్ చేపట్టే సేవా కార్యక్రమాల్ని ఆదర్శుగా తీసుకొని పేదల్ని ఆదుకోవాలన్నారు. కార్యక్రమంలో అనంతీష్టకుమార్ జైన్, బైఎం చౌదరి, ప్రేమకుమార్, చెన్నయ్య, సుధాకరరావు తదితరులు పాల్గొన్నారు. అనంతరం 210 మందికి ఉచితంగా కంటి పరీక్షలు నిర్వహించి వారిలో 105 మందిని క్యాటరాక్స్ సర్కరీలకు ఎంపిక చేశారు.



ఈనాడు





Monthly free Eye Camp was conducted at Kondapaturu village on 09.08.2025, with the assistance of Sankara Eye Hospital, Pedakakani and with the support of Rtn. Y. A. Chowdary. 14 persons of the previous camp were reviewed. 98 persons attended the camp. Out of them 50 persons were identified with cataract defect. Out of them, 40 persons were found fit for surgery. And all of them were referred to Hospital for surgery, at free of cost.


Rtn. Francesco Arezzo
 RI President 2025 - 26

 **UNITE FOR GOOD**
ROTARY CLUB OF GUNTUR CENTENNIAL
Member Rotary International | Charitable Foundation | Rotaract | Interact
ROTARY CLUB OF GUNTUR VIKAS
Jointly Organises


Rtn. Dr. Raam Prasad
 Dist. Governor 2025-26

WORLD ORGAN DONATION DAY 2025
 in association with
AMRUTHA HOSPITALS, GUNTUR 

An Awareness Virtual Talk on
"Gift a Life,
Live Forever" 

Dr. Srinivasa Reddy Dampa
M.B.B.S, M.D
General Medicine
Amrutha Hospitals, Guntur

 **13' Aug' 2025**
07:00 pm 

Secretaries
 Rtn. Mr. Santosh Chavera
 Rtn. Mr. Avantish Kumar Mehata

Presidents
 Rtn. Dr. Veera Atukuri
 Rtn. Ms. R. Padmaja

Treasurers
 Rtn. Mr. Murali Krishna K
 Rtn. Mr. I. Nagi Reddy

A zoom meeting was arranged on the occasion of World Organ Donation Day 2025, by our Club as Co-host and Rotary Club of Guntur Centennial as Lead Host, with title "Gift a Life, Live Forever", on 13th August, 2025. Guest Speaker is Dr. Srinivasa Reddy Dampa, Amrutha Hospitals, Guntur.



Flag Hoisting was done on Independence Day at Guntur Municipal Corporation Elementary School, Saradapuram, Guntur. Stationery kits were distributed to students. Chocolates and biscuits were given to all 100 students.



Distribution of Stationery kits, Chocolates & Biscuits to students of Guntur Municipal Corporation Elementary School, Saradapuram, Guntur



Students of Guntur Municipal Corporation Elementary School, Saradapuram, Guntur



Group photo of Teachers and Students of Guntur Municipal Corporation Elementary School, Saradapuram, Guntur, with our Members



Flag Hoisting was done on Independence Day by Rtn. Y. A. Chowdary garu at HEAL Children Village, Chowdavaram .



English Grammar books, were distributed to students of Kondapatur School, on Independence Day by Rtn. Y. A. Chowdary garu



Some of our PDGs , RI Director with his wife and Rtn. K.S.R.K. Prasad from our District, at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)



PDG Rtn. P. Sivannarayana garu, Chief Guest & Installation Officer, at Installation function of Rotary Club of Darsи, on 3rd August, 2025



PDG Rtn. P. Sivannarayana garu, Chief Guest & Installation Officer, speaking at Installation function of Rotary Club of Darsи, on 3rd August, 2025

మంచి మాటలు

"నిజం" నిష్పులాంటేదని అంటుంటారు.
 అది నిజమే అనిపిస్తుంది. ఎందుకంటే..??
 మనం నిజాలు మాట్లాడినప్పుడే
 చాలామందికి కాలుతుంది.!
 అబద్ధాలు చెప్పుతూ తిరిగినంత కాలం
 ఉఱంతూ చుట్టాలే... నిజాలు మాట్లాడటం
 మొదలుపెడితే సొంత వాళ్ళు కూడా
 శత్రువులే!!!

ఈ భూమి మీద మన..
 జీవితమే శాశ్వతం కానపుడు..
 జీవితంలో వచ్చే సమస్యలు మాత్రం.
 శాశ్వతం ఎలా అవుతాయి
 అందుకే ప్రతి నిమిషం నవ్వుతూ..
 సంతోషంగా గడిపేద్దాం..

చదువుకుంటే జ్ఞానం విలువ
 పని చేస్తే కష్టం విలువ
 ప్రేమతో వుంటే బంధం విలువ
 ఇవన్నీ ఆచరిస్తే..?
 జీవితం విలువ తెలుస్తుంది.

ఎవరు
 ఎంత అందబైన వేషం వేసిన
 కాలం
 వారి వారి నిజస్వరూపాలను
 గుణాలను
 ఎప్పుడిశే ఒకప్పుడు
 ఏదిశే విధంగా బయటపడేలా చేస్తుంది

Celebration days of our Rotarians

SEPTEMBER	CELL NUMBER	WEDDING DAYS	BIRTHDAYS OF THE ROTARIANS & THIER FAMILY MEMBERS
1	9701857843		Lakshmi W/o. J. NarasimhaRao
2	9440201441		Mrs.VARALAXMI W/O. Dr.P.SUDHAKAR
8	9848133850	Y.A. Chowdari	
9	9441756162	Mahesh Inampati	
12	9000133866		U.Venkateswara Reddy
20	9866346229		CH.GANAPATHI
20	9848880668		A. V. RAMANA
20	9346389929	P.SRINIVASARAO	
21	9885142858		P.JAGANMOHAN REDDY
27	9848530315		PADMAJA W/O. M.B.V.SATYANARAYANA



PDG Rtn. P. Sivannarayana & Past President Rtn. P. Srinivasa Rao at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)



Rtn. P. Srinivasa Rao, Rtn. P. Prem Kumar & PDG Rtn. P. Sivannarayana at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)



Rtn. P. Srinivasa Rao, & PDG Rtn. P. Sivannarayana at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)



**RI PRESIDENT Francesco Arezzo from Italy @ LEAD 25 FELLOWSHIP EVENT
at Chennai**



PDG Rtn. P. Sivannarayana with a regular participant & Senior Rotarian at all Rotary Seminars in India, at LEAD 25 Rotary India Leadership Conclave, held at New Chennai Trade Centre, Chennai (23-24 August, 2025)

Free Ganesh Clay Idols & Sri Vinayaka Vrata Kalpam Books Distribution



Rtn, Avantish Kumar Jain, Secretary of the Club has distributed 100 Ganesh Bhagawan Clay Idols & Sri Vinayaka Vrata Kalpam Books,to public, freely on 26th August, 2025, at 7/4, Arundelpet, Guntur

APPLE

All foods have positive and negative effects. Apple is no exception to this. On the one hand, eating apples can help control diabetes, strengthen the liver, and increase the health of teeth. But eating certain things right after eating an apple can do you more harm than good. In this post, you can know what are the things that should not be eaten after eating an apple.

Do not eat curd after eating apple

Just as it is advised not to eat curd with milk, curd should not be eaten immediately or within 2 hours of eating an apple. Doing so can harm your health. This is because the effect of both apple and curd is considered to be cooling, which, when consumed together, can cause cold problems.

Sour products

If you have eaten an apple, avoid sour foods afterwards. Consuming pickles or lemons in particular can cause you gas, acidity or constipation. So it is better not to consume sour foods for 2 hours after eating apple.

Do not drink water

Although drinking water in general is considered healthy and harmless, it is better not to drink water at certain times. Avoid drinking water especially after consuming **citrus fruits or sweet fruits**. It affects your pH level and causes indigestion, constipation, stomach bacteria and gas.

And after consuming an apple or anything containing fructose, drinking water dilutes stomach acid and creates a favorable environment for yeast to survive, causing gas and bloating.

Radish

Eating radish after eating apple can cause skin problems, it is believed to cause skin rash or allergy. However, this requires further evidence.

District Membership Seminar



Rtn.Francesco Arezzo
RI President 2025-26



Rtn.Dr.Raam Prasad
District Governor 2025-26

District Membership Seminar

supadham

The Way to Progress

14 SEPT, 2025

09:00AM - 4.30:00PM

TCC CLUB

Telengana
Contractors Club,
Hyderabad

RTN.DR.RAAM PRASAD
District Governor 2025-26

PDG T. RAJASEKHAR REDDY
District Learning Facilitator 2025-26

PDG RAMESH VANGALA
District Chair-Membership 2025-26



Scan to Register

Host Club
Rotary
Club of Bhagyanagar



Registration Fees
Rs.1500 Only

[Click Here to Register](#)