


Your Wheel of Life!

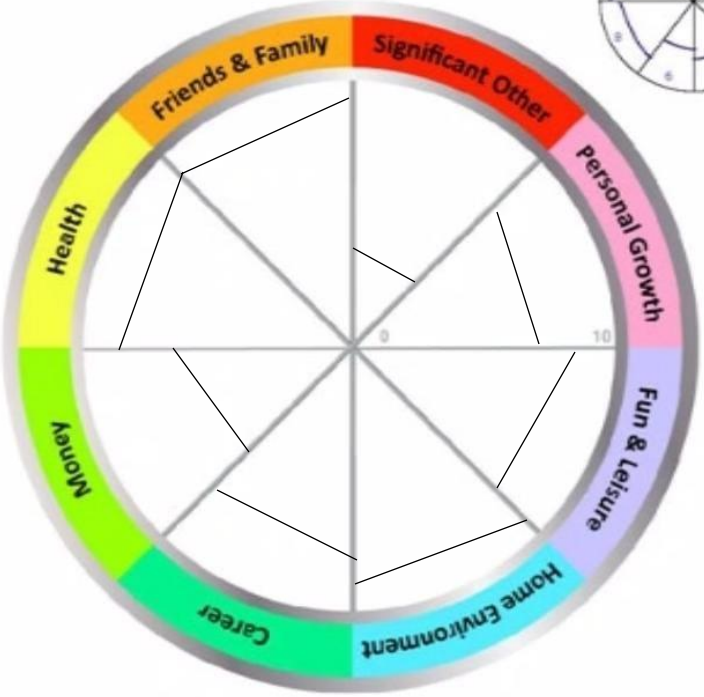
YOUR NAME: Soumya kaddouri

TODAY'S DATE: _____

YOUR COMPANY NAME/LOGO



EXAMPLE



COMPLETE THE WHEEL:

1. Review the 8 Wheel Categories - think briefly what a satisfying life might look like for you in each area.
2. Next, draw a line across each segment that represents your satisfaction score for each area.
 - Imagine the centre of the wheel is 0 and the outer edge is 10
 - Choose a value between 1 (very dissatisfied) and 10 (fully satisfied)
 - Now draw a line and write the score alongside (see example above)

Six weeks is too short to see me differently, but I want to be more organized, productive, happy, and satisfied with my life, learning and discovering new things that can help me with my study, surrounded by people who love me.