

## What is purpose of Life?

Our purpose of life is “Being and Becoming”. Being means the entire being – physical, mental and spiritual i.e. health and longevity, memory and perception, sensitivity and consciousness of the Creator and His creation. Becoming means the gradual, balanced evolution of these three. That is, better health, greater longevity; increasing memory, deeper perception; and a growing sensitivity, of man’s relation with the Creator and personal sense of responsibility for His creation.

*“Spiritualism is investigation and invention of the hows and whys by which matter extends and grows to the acceleration of our Being and Becoming”*

~ Sree Sree Thakur

## How can we achieve “Being and Becoming”?

Satsang believes that this can only be achieved by establishing a meaningful co-ordination between oneself, the Ideal and the environment. An Ideal is a Personality who embodies this conception of Being and Becoming, thus normally manifesting this comprehensive development and unlimited sense of responsibility in his day-to-day life. SATSANG believes that by making the Living Ideal, the center of one's life, a man can adjust himself according to His ways and serve the environment in His name. This normally develops the evolving life of himself upward towards the Ideal and outward through his environment

## SATSANG EUROPE’s Key Focus

Satsang Europe’s purpose is to promote Dharma, which upholds the existence and growth, to every individual. To achieve this, Satsang Europe wants to:

- Encourage individual to embrace the spiritual precepts, examples and loving guidance of Sree Sree Thakur Anukulchandra in order to achieve the fulfilment of human life in all its phases.
- Inculcate the Ideal to the environment through love and active service.
- Propagate Sree Sree Thakur’s message of convergence of all faith in order to make a stronger and healthier society.
- Promote the harmony and inter-relation that exists between Dharma and Science as well as between Material and Spiritual life.
- Organize and distribute relief in cases of famine, floods, epidemic or other calamities.

*“What upholds the existence of an object is Dharma...”*

~ Sree Sree Thakur

## Three pillar of Being and Becoming

**Yajan** - Infuse Ideal within self  
**Yaajan**- Infuse Ideal to one’s environment  
**Ishtavritty** - Love offering to the Ideal

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