

Take a Hike!

Parks, Trails, and Scenic Routes
in Golden Grove

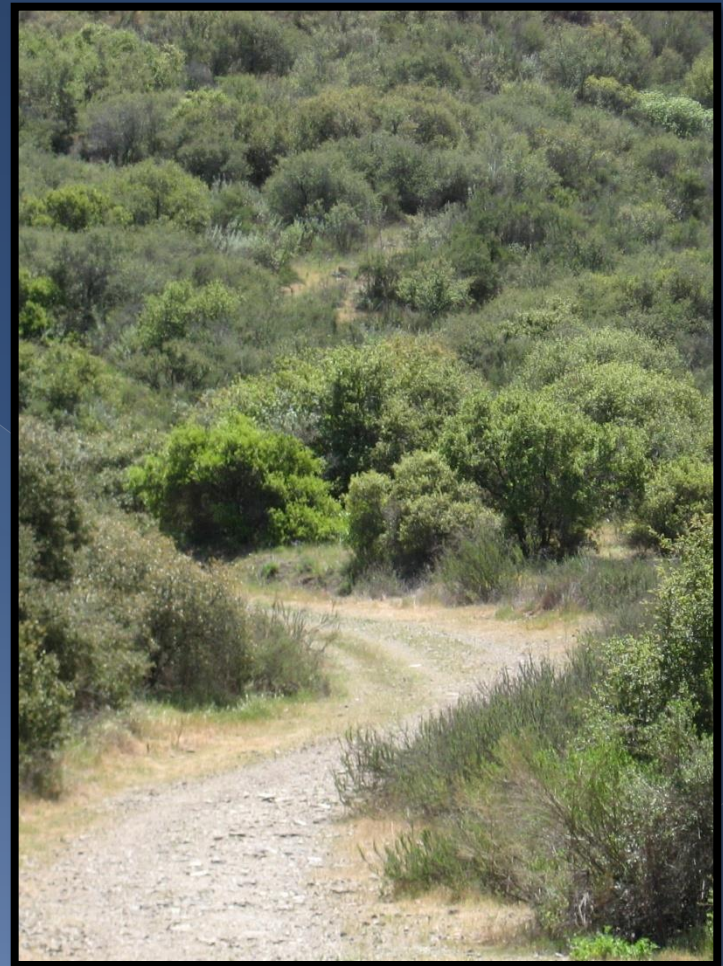




Improve your physical fitness by exploring the City of Golden Grove's many paths, trails, and parks.

It's a Great Way To. . .

- ◎ Improve your cardiovascular fitness
 - ◎ Join a fitness boot camp
- ◎ Get outside and meet your neighbors
 - ◎ Organize a hiking group



Find a Pet Friendly Trail



Or Challenge Yourself on a Wildlife Hike

- Over 50 miles in the 12, city-maintained trails
- Restroom facilities available
- Wildlife abounds so be aware of surroundings
- Maintained trails can be slippery and hot—be prepared



Get Outside! Get Fit! Get Walking!



Set a Pace Based on Your Fitness Level

Easy

Crossroads
Park

Hunters
Hill Trail

Moderate

Monte
Vista Park

Hidden
Trail Park

Challenging

Golden
Grove State
Park

Wilderness
Trail

**For information on maintained trails,
contact Parks and Recreation**

