

# **Maximize your fight against the corporate elite with this one (1) simple trick! A marxist essay on why you should walk clockwise around the lake in the Delftse Hout, and why we should love each other.**

It's no secret that to a lot of people, the world feels more divided than ever. We all feel like there's something wrong with the world, but most of us can't put our fingers on it. We're all fighting each other, on the internet, in the streets, we're breaking contact with friends and family because of their political views, and a lot of us are now fighting people who also believe the same things we do with a slight caveat. Left-wing infighting, right-wing infighting, you can't seem to escape it. Except, you can.

This fighting mostly happens on our screens, and the real-life examples are aggregated by news sites who take the most divisive and clickable stories from all around the world, concentrates it, and injects it into your eyes at all cost, hoping you'd click it, so they get a few cents because next to their articles is an add for an SUV that you don't need.

*(the following two paragraphs are stolen from Wikipedia)*

Karl Marx's theory of alienation describes the estrangement (German: Entfremdung) of people from aspects of their human nature (Gattungswesen, 'species-essence') as a consequence of the division of labor and living in a society of stratified social classes. The alienation from the self is a consequence of being a mechanistic part of a social class, the condition of which estranges a person from their humanity.

The theoretical basis of alienation is that the worker invariably loses the ability to determine life and destiny when deprived of the right to think (conceive) of themselves as the director of their own actions; to determine the character of said actions; to define relationships with other people; and to own those items of value from goods and services, produced by their own labour. Although the worker is an autonomous, self-realized human being, as an economic entity this worker is directed to goals and diverted to activities that are dictated by the bourgeoisie—who own the means of production—in order to extract from the worker the maximum amount of surplus value in the course of business competition among industrialists.

In the modern day, this alienation extends not only to our work life, but also to our free time. Apps and social media are designed to surround ourselves with the people we already agree with, keeping us there where they can harvest our data and advertise shit we don't need. We feel this alienation in the relationships between each other as well. The fights we have on the internet are nothing more than a distraction to keep us occupied while the ones profiting continue what they're doing.



Luckily, Gen-Z has proven themselves wiser than us millennials again. They have invented a simple advice and mantra against to fight against this alienation: “touch grass”. A simple two words of advice might prove the downfall of our cyberpunk hypercapitalist dystopia.

The closest truly big park, where you feel like you’ve actually kind of escaped the madness of the city, is the Delftse Hout, and ‘de grote plas’. When I need to touch grass, I always go there. Another thing that I’ve felt helped a lot when putting the modern world and my troubles into perspective, is seeing animals. The Delftse Hout is one of the only places that I has enough dogs and birds to pull me out of my headspace. Seeing them frolic around shows me that having fun, loving each other, and being in nature are the only things that matter in life.

Most people want to walk around the lake, and between the trees a bit. It’s better for dogs to shit and piss on trees, instead of the grass where people sometimes hang out. This is why dog walkers who are coming from Delft will want to go to the tree areas first. From both of the most popular parking lots, this creates a counter-clockwise flow of dog walkers, as seen on the map below.



As a person who wants to touch grass, I too feel like trees might do the trick, but seeing animals actually works better for me. I've found out that I want to walk both beside the lake, and in the forest, but I don't really care which comes this means that if I go against the stream of dog walkers, I pass and see more dogs, which improves my mental wellbeing. This makes me want to blow up the corporate elite, instead of my fellow man.