



Alex Aldridge <4lex4ldridge@gmail.com>

Mental Health Complaint

1 message

Alex Aldridge <4lex4ldridge@gmail.com>
To: hsarb@ontario.ca

Wed, Oct 23, 2024 at 2:49 AM

I am writing to express my dissatisfaction with the treatment plan I received upon discharge from Lakeridge Health in 2015. Despite being under your care, I did not feel that my mental health needs were appropriately addressed, leaving me without the necessary support or follow-up to ensure my recovery. The lack of an individualized plan contributed to a prolonged struggle with my mental health, and I believe that more could have been done at the time to coordinate and ensure a smoother transition to community-based care.

While I understand that Lakeridge Health has since expanded its Mental Health & Addictions program and integrated services with Durham Mental Health Services (DMHS) in 2020, I cannot overlook the impact of the inadequate care I received during my stay. It is disappointing to see that these advancements came years after I was discharged. I hope that moving forward, greater attention is paid to ensure that all patients receive thorough and personalized care, especially during critical transitions.