

	South Midlands Divisional Records								
	Female Equipped								
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
43 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
47 kg	Squat			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	100 kg	77.5 kg	77.5 kg	Not Set	Not Set	Not Set
				07 December 2019	01 February 2015	01 February 2015			
	Bench Press			Nora Jones	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	55 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set
				19 September 2015	01 February 2015	01 February 2015			
	Deadlift			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	126 kg	125.5 kg	125.5 kg	Not Set	Not Set	Not Set
				07 December 2019	01 February 2015	01 February 2015			
52 kg	Squat			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	278.5 kg	254.5 kg	254.5 kg	Not Set	Not Set	Not Set
				07 December 2019	01 February 2015	01 February 2015			
	Bench Press All contest			Nora Jones	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	55 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set
				19 September 2015	01 February 2015	01 February 2015			
	Squat		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
		Not Set	92.5 kg	165 kg	120 kg	Not Set	Not Set	Not Set	Not Set
			20 April 2019	02 May 2019	19 January 2019				
52 kg	Bench Press		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
		Not Set	57.5 kg	82.5 kg	72.5 kg	Not Set	Not Set	Not Set	Not Set
			20 April 2019	19 January 2019	19 January 2019				
	Deadlift		Alina Dewshi	Emma Goodwin	Amanda Hughes				
		Not Set	107.5 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set	Not Set
			26 March 2017	05 November 2018	19 January 2019				
	Total		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
		Not Set	252.5 kg	425 kg	320 kg	Not Set	Not Set	Not Set	Not Set
			20 April 2019	02 May 2019	19 January 2019				

		Bench Press All contest		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
			Not Set	57.5 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set	Not Set
				20 April 2019	19 January 2019	22 May 2019				
		Squat		Abigail Stacey	Ellie Steel	Helen Hughes				
			Not Set	130 kg	207.5 kg	150 kg	Not Set	Not Set	Not Set	Not Set
				08 December 2018	15 September 2018	18 January 2020				
		Bench Press		Abigail Stacey	Ellie Steel	Helen Hughes				
			Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
				08 December 2018	15 September 2018	18 January 2020				
		Deadlift		Catherine Smith	Ellie Steel	Helen Hughes				
			Not Set	167.5 kg	175 kg	160 kg	Not Set	Not Set	Not Set	Not Set
				25 February 2017	15 September 2018	18 January 2020				
		Total		Catherine Smith	Ellie Steel	Helen Hughes				
			Not Set	360 kg	523.5 kg	407.5 kg	Not Set	Not Set	Not Set	Not Set
				25 February 2017	15 September 2018	18 January 2020				
		Bench Press All contest		Abigail Stacey	Ellie Steel	Helen Hughes				
			Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
				08 December 2018	15 September 2018	18 May 2019				
		Squat		Lucy Hart	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
			Not Set	162.5 kg	165 kg	165 kg	95 kg	Not Set	Not Set	Not Set
				28 July 2018	18 January 2020	18 January 2020	17 July 2021			
		Bench Press		Sophie Smith	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
			Not Set	82.5 kg	105 kg	105 kg	65 kg	Not Set	Not Set	Not Set
				07 December 2019	18 January 2020	18 January 2020	17 July 2021			
		Deadlift		Sophie Smith	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
			Not Set	160 kg	167.5 kg	167.5 kg	115 kg	Not Set	Not Set	Not Set
				07 December 2019	18 January 2020	18 January 2020	17 July 2021			
		Total		Lucy Hart	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
			Not Set	385 kg	437.5 kg	437.5 kg	275 kg	Not Set	Not Set	Not Set
				28 July 2018	18 January 2020	18 January 2020	17 July 2021			
		Bench Press All contest		Lucy Hart	Beverley Rodgers	Beverley Rodgers	Rita Shergold			
			Not Set	77.5 kg	112.5 kg	112.5 kg	65 kg	Not Set	Not Set	Not Set
				07 May 2018	21 January 2018	21 January 2018	17 July 2021			
		Squat								
			Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
		Bench Press								
			Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
		Deadlift								
			Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
		Total								
			Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
		Bench Press All contest			Beverley Rodgers	Beverley Rodgers				
			Not Set	Not Set	117.5 kg	117.5 kg	Not Set	Not Set	Not Set	Not Set

		Squat	Not Set	Not Set	172.5 kg	172.5 kg	172.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
		Bench Press			Jean Maton	Jean Maton	Jean Maton			
			Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
		Deadlift			Scarlett Sotiris	Lisa Styles	Jean Maton			
			Not Set	Not Set	197.5 kg	190 kg	187.5 kg	Not Set	Not Set	Not Set
					03 March 2019	28 October 2017	24 September 2013			
		Total			Jean Maton	Jean Maton	Jean Maton			
			Not Set	Not Set	477.5 kg	477.5 kg	477.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
		Bench Press All contest			Jean Maton	Jean Maton	Jean Maton			
			Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			