South Midlands Divisional Records									
	Female Equipped								
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
43 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All – contest –	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Squat	Not Set	Not Set	Tzvetelina Tzonova 100 kg 07 December 2019	Marina Cornwall 77.5 kg 01 February 2015	Marina Cornwall 77.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Nora Jones 55 kg 19 September 2015	Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set Not Set Not Set Not Set Not Set Not Set	Not Set
47 kg		Not Set	Not Set	Tzvetelina Tzonova 126 kg 07 December 2019	Marina Cornwall 125.5 kg 01 February 2015	Marina Cornwall 125.5 kg 01 February 2015	Not Set	Not Set	Not Set
		Not Set	Not Set	Tzvetelina Tzonova 278.5 kg 07 December 2019	Marina Cornwall 254.5 kg 01 February 2015	Marina Cornwall 254.5 kg 01 February 2015	Not Set	Not Set	Not Set
Bench Press All contest	Not Set								
	Squat	Not Set	92.5 kg	165 kg	120 kg	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	57.5 kg	82.5 kg	72.5 kg	Not Set	Not Set	Not Set	Not Set
52 kg	Deadlift	Not Set	Alina Dewshi 107.5 kg 26 March 2017	,		Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Diana-Andreea Zbarcea 252.5 kg 20 April 2019	Emma Goodwin 425 kg 02 May 2019	Amanda Hughes 320 kg 19 January 2019	Not Set	Not Set	Not Set	Not Set

I			Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
	Bench Press All	Not Set	57.5 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set	Not Set
	contest		20 April 2019	19 January 2019	22 May 2019			1101001	1101001
			Abigail Stacey	Ellie Steel	Helen Hughes				
	Squat	Not Set	130 kg	207.5 kg	150 kg	Not Set	Not Set	Not Set	Not Set
	· ·		08 December 2018	15 September 2018	18 January 2020				
			Abigail Stacey	Ellie Steel	Helen Hughes				
	Bench Press	Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	15 September 2018	18 January 2020				
			Catherine Smith	Ellie Steel	Helen Hughes				
57 kg	Deadlift	Not Set	167.5 kg	175 kg	160 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	15 September 2018	18 January 2020				
			Catherine Smith	Ellie Steel	Helen Hughes			Not Set Not Set	
	Total	Not Set	360 kg	523.5 kg	407.5 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	15 September 2018	18 January 2020			Not Set Not	
	Bench Press All		Abigail Stacey	Ellie Steel	Helen Hughes				
	contest	Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
	contest		08 December 2018	15 September 2018	18 May 2019				
			Lucy Hart	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
	Squat	Not Set	162.5 kg	165 kg	165 kg	95 kg	Not Set	Not Set	Not Set
			28 July 2018	18 January 2020	18 January 2020	17 July 2021			
			Sophie Smith	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
	Bench Press	Not Set	82.5 kg	105 kg	105 kg	65 kg	Not Set	Not Set	Not Set
			07 December 2019	18 January 2020	18 January 2020	17 July 2021			Not Set Not Set
			Sophie Smith	Galit Goldshmid	Galit Goldshmid	Rita Shergold		Set Not Set Not Set Set Not Set Not Set	
63 kg	Deadlift	Not Set	160 kg	167.5 kg	167.5 kg	115 kg	Not Set		Not Set
			07 December 2019	18 January 2020	18 January 2020	17 July 2021			
			Lucy Hart	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
	Total	Not Set	385 kg	437.5 kg	437.5 kg	275 kg	Not Set		Not Set
			28 July 2018	18 January 2020	18 January 2020	17 July 2021			
	Bench Press All	N-+ C-+	Lucy Hart	Beverley Rodgers	Beverley Rodgers	Rita Shergold	Not Cot		N-+ C-+
	contest	Not Set	77.5 kg 07 May 2018	112.5 kg	112.5 kg	65 kg	Not Set	Not Set	Not Set
			07 Ividy 2018	21 January 2018	21 January 2018	17 July 2021		Not Set Not Set	
	Squat .	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set Not Se	Not Cot
	Squat	NOL SEL	Not Set	Not Set	Not set	Not set	Not set	Not set	NOU SEL
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
-	Benefit ress	Not Set	Not Set	Not set	Not set	Not set	Not set	Not Set	Not set
69 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
1 Š			.,	.,	.,			.,	
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
				Beverley Rodgers	Beverley Rodgers				
1	Bench Press All	Not Set	Not Set	117.5 kg	117.5 kg	Not Set	Not Set	Not Set	Not Set

	contest			27 June 2021	27 June 2021				
	Squat		Louise Warr	Yasmina Couty	Beverley Rodgers	Rita Shergold			
		Not Set	128 kg	150 kg	127.5 kg	110 kg	Not Set	Not Set	Not Set
			07 December 2019	22 July 2017	28 October 2017	26 October 2019			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Bench Press	Not Set	80 kg	90 kg	87.5 kg	75 kg	Not Set	Not Set	Not Set
			23 September 2018	22 May 2016	28 October 2017	23 February 2020			
	_		Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord			
72 kg	Deadlift	Not Set	155 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	03 December 2017			
	_		Louise Warr	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Total	Not Set	350.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	20 October 2018			Not Set Not Set
	Bench Press All		Zoe Clark	Amy Atkinson	Beverley Rodgers	Beverley Rodgers			
	Bench Press All contest Squat Bench Press Deadlift Total Bench Press All	Not Set	80 kg	90 kg	100 kg	100 kg	Not Set	Not Set	Not Set
			18 May 2018	22 May 2016	20 April 2017	20 April 2017			Not Set Not Set
				Katie Higgins					
	Squat	Not Set	Not Set	132.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set Not Set
				17 July 2021					
				Megan Batchelor					
	Bench Press	Not Set	Not Set	82.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
				17 July 2021					
761	- 11:0			Katie Higgins					
76 kg	Deadlift	Not Set	Not Set	162.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
				17 July 2021					
	T-4-1			Katie Higgins				Not Set Not Set Not Set Not Set Not Set Not Set Not Set Not Set	
	lotai	Not Set	Not Set	375 kg	Not Set	Not Set	Not Set		
				17 July 2021					Not Set
	Bench Press All	Not Cot	Net Cet	Megan Batchelor	Net Cet	Not Cot	Not Cot	Not Set Not Set Not Set Not Set	
	contest -	Not Set	Not Set	82.5 kg 17 July 2021	Not Set	Not Set	Not Set	Not Set	Not Set
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Squat _	Not Cot	130 kg	180 kg	180 kg	180 kg	Not Set	Not Cot	Not Sot
	Squat	Not Set	28 October 2018	16 March 2014	16 March 2014	16 March 2014	NOT SET	NOT SET	Not set
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Bench Press	Not Set	77.5 kg	112.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set
	Denom ress	NOT SET	28 October 2018	16 March 2014	16 March 2014	16 March 2014	NOUSEL	NOCSEC	NOT SET
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
84 kg	Deadlift –	Not Set	125 kg	180 kg	180 kg	180 kg	Not Set	Not Set	Not Set
.			28 October 2018	16 March 2014	16 March 2014	16 March 2014			
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Total	Not Set	332.5 kg	472.5 kg	472.5 kg	472.5 kg	Not Set	Not Set	Not Set
	-		28 October 2018	16 March 2014	16 March 2014	16 March 2014			
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Bench Press All	Not Set	77.5 kg	112.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set
	contest		28 October 2018	16 March 2014	16 March 2014	16 March 2014			
				Jean Maton	Jean Maton	Jean Maton			

		Squat	Not Set	Not Set	172.5 kg	172.5 kg	172.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
					Jean Maton	Jean Maton	Jean Maton			
		Bench Press	Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
					Scarlett Sotiris	Lisa Styles	Jean Maton			
	84 kg +	Deadlift	Not Set	Not Set	197.5 kg	190 kg	187.5 kg	Not Set	Not Set	Not Set
					03 March 2019	28 October 2017	24 September 2013			
					Jean Maton	Jean Maton	Jean Maton			
		Total	Not Set	Not Set	477.5 kg	477.5 kg	477.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
		Bench Press All			Jean Maton	Jean Maton	Jean Maton			
		contest	Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			