				South Mid	llands Divisional Records	3			
	Female Equipped								
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
43 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press Al contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Squat	Not Set	Not Set	Tzvetelina Tzonova 110 kg 15 January 2022	Marina Cornwall 77.5 kg 01 February 2015	Marina Cornwall 77.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Bench Press Not Set	Not Set	Not Set	Tzvetelina Tzonova 57.5 kg 15 January 2022	Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set	Not Set
47 kg	Deadlift	Not Set	Not Set	Tzvetelina Tzonova 130 kg 15 January 2022	Marina Cornwall 125.5 kg 01 February 2015	Marina Cornwall 125.5 kg 01 February 2015	Not Set	Not Set Not Set Not Set Not Set Not Set Not Set	
	Total	Not Set	Not Set	Tzvetelina Tzonova 297.5 kg 15 January 2022	Marina Cornwall 254.5 kg 01 February 2015	Marina Cornwall 254.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Not Set	Tzvetelina Tzonova 57.5 kg 15 January 2022	Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Squat	Not Set	Diana-Andreea Zbarcea 92.5 kg 20 April 2019	Emma Goodwin 180 kg 18 January 2020	Amanda Hughes 120 kg 19 January 2019	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Diana-Andreea Zbarcea 57.5 kg 20 April 2019	Emma Goodwin 82.5 kg 19 January 2019	Amanda Hughes 72.5 kg 19 January 2019	Not Set	Not Set	Not Set	Not Set
52 kg	Deadlift	Not Set	Alina Dewshi 107.5 kg 26 March 2017	Emma Goodwin 193 kg 03 May 2022	Amanda Hughes 127.5 kg 19 January 2019	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Diana-Andreea Zbarcea 252.5 kg 20 April 2019	Emma Goodwin 450 kg 18 November 2019	Amanda Hughes 320 kg 19 January 2019	Not Set	Not Set	Not Set	Not Set

I			Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
	Bench Press All	Not Set	57.5 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set	Not Set
	contest	1400 500	20 April 2019	19 January 2019	22 May 2019	Not set	Horser	Not set	Not set
			Abigail Stacey	Ellie Steel	Helen Hughes				
	Squat	Not Set	130 kg	207.5 kg	150 kg	Not Set	Not Set	Not Set	Not Set
	Squar		08 December 2018	15 September 2018	18 January 2020				
			Abigail Stacey	Ellie Steel	Helen Hughes				
	Bench Press	Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	15 September 2018	18 January 2020				
	Deadlift		Catherine Smith	Ellie Steel	Helen Hughes				
57 kg		Not Set	167.5 kg	175 kg	160 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	15 September 2018	18 January 2020				
			Catherine Smith	Ellie Steel	Helen Hughes				
	Total	Not Set	360 kg	523.5 kg	407.5 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	15 September 2018	18 January 2020				
			Abigail Stacey	Ellie Steel	Helen Hughes				
	Bench Press All	Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
	contest		08 December 2018	15 September 2018	18 May 2019				
			Lucy Hart	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
	Squat	Not Set	162.5 kg	165 kg	165 kg	95 kg	Not Set	Not Set	Not Set
			28 July 2018	18 January 2020	18 January 2020	17 July 2021			
			Sophie Smith	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
	Bench Press	Not Set	82.5 kg	105 kg	105 kg	65 kg	Not Set	Not Set	Not Set
			07 December 2019	18 January 2020	18 January 2020	17 July 2021			
			Sophie Smith	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
63 kg	Deadlift	Not Set	160 kg	167.5 kg	167.5 kg	115 kg	Not Set	Not Set Not Set Not Set Not Set	Not Set
			07 December 2019	18 January 2020	18 January 2020	17 July 2021			
			Lucy Hart	Galit Goldshmid	Galit Goldshmid	Rita Shergold		Not Set Not : Not Set Not : Not Set Not : Not Set Not : Not Set Not :	
	Total	Not Set	385 kg	437.5 kg	437.5 kg	275 kg	Not Set		Not Set
			28 July 2018	18 January 2020	18 January 2020	17 July 2021			Not Set Not Set
	Bench Press All		Lucy Hart	Beverley Rodgers	Beverley Rodgers	Rita Shergold			
	contest	Not Set	77.5 kg	112.5 kg	112.5 kg	82.5 kg	Not Set	Not Set No Not Set No	Not Set
			07 May 2018	21 January 2018	21 January 2018	23 January 2022			
			Sophie Smith	Sophie Smith					
	Squat	Not Set	130 kg	130 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					
			Sophie Smith	Sophie Smith					
	Bench Press	Not Set	93 kg	93 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					
60.1	D 1116		Sophie Smith	Sophie Smith					
69 kg	Deadlift	Not Set	175 kg	175 kg	Not Set	Not Set	Not Set	Not Set	Not Set
_			02 April 2022	02 April 2022					
_			Sophie Smith	Sophie Smith					
-	Total	Not Set	398 kg	398 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022	D 1 2 1				
-	Bench Press All	N	Sophie Smith	Beverley Rodgers	Beverley Rodgers	N. I.G.	N . C .	N C .	N · C ·
	contact	Not Set	93 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set	Not Set

	contest		02 April 2022	27 June 2021	27 June 2021				
			Louise Warr	Yasmina Couty	Beverley Rodgers	Rita Shergold			
	Squat	Not Set	128 kg	150 kg	127.5 kg	110 kg	Not Set	Not Set	Not Set
			07 December 2019	22 July 2017	28 October 2017	26 October 2019			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Bench Press	Not Set	80 kg	90 kg	87.5 kg	75 kg	Not Set	Not Set	Not Set
			23 September 2018	22 May 2016	28 October 2017	23 February 2020			
			Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord			
72 kg	Deadlift	Not Set	155 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	03 December 2017			
			Louise Warr	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Total	Not Set	350.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	20 October 2018			
	Bench Press All		Zoe Clark	Amy Atkinson	Beverley Rodgers	Beverley Rodgers			ot Set Not Set ot Set Not Set ot Set Not Set
	contest	Not Set	80 kg	90 kg	100 kg	100 kg	Not Set	Not Set	Not Set
			18 May 2018	22 May 2016	20 April 2017	20 April 2017			
	Carret	N C .	N · · · ·	Angela Ricciardi	Rosie McKenzie	Rosie McKenzie	N . 2	N. C.	
	Squat	Not Set	Not Set	145 kg	132.5 kg	132.5 kg	Not Set	Not Set	Set Not Set Set Not Set Set Not Set Set Not Set
				26 February 2022	19 March 2022	19 March 2022			
	Daniel Danie			Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
	Bench Press	Not Set	Not Set	85 kg	85 kg	85 kg	Not Set	Not Set	Not Set
				19 March 2022	19 March 2022	19 March 2022			
76 kg	Deadlift -	Not Cot	Not Cot	Angela Ricciardi	Rosie McKenzie	Rosie McKenzie	Not Cot	Not Cot	Not Cot
70 Kg	Deadillt	Not Set	Not Set	170 kg 26 February 2022	155 kg 19 March 2022	155 kg 19 March 2022	Not Set	Not set	Not set
				,					Not set
	Total	Not Cot	Not Cot	Angela Ricciardi 390 kg	Rosie McKenzie 372.5 kg	Rosie McKenzie 372.5 kg	Not Cot	Not Set Not S	Not Cot
	- Total	Not Set	Not Set	26 February 2022	19 March 2022	19 March 2022	Not Set	Not set	Not Set Not Set Not Set Not Set
				Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
	Bench Press All	Not Set	Not Set	85 kg	85 kg	85 kg	Not Set	Not Set	
	contest	1401 301	Not set	19 March 2022	19 March 2022	19 March 2022	Not set	Not set	1401301
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Squat	Not Set	130 kg	180 kg	180 kg	180 kg	Not Set	Not Set	Not Set
	· •		28 October 2018	16 March 2014	16 March 2014	16 March 2014			
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Bench Press	Not Set	77.5 kg	112.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set
			28 October 2018	16 March 2014	16 March 2014	16 March 2014			
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
84 kg	Deadlift	Not Set	125 kg	180 kg	180 kg	180 kg	Not Set	Not Set	Not Set
			28 October 2018	16 March 2014	16 March 2014	16 March 2014			
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Total	Not Set	332.5 kg	472.5 kg	472.5 kg	472.5 kg	Not Set	Not Set	Not Set
			28 October 2018	16 March 2014	16 March 2014	16 March 2014			
	Bench Press All		Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	contest	Not Set	77.5 kg	112.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set
	contest		28 October 2018	16 March 2014	16 March 2014	16 March 2014			
				Victoria Cavalier-Hirth	Jean Maton	Jean Maton			

	Squat	Not Set	Not Set	207.5 kg	172.5 kg	172.5 kg	Not Set	Not Set	Not Set
				19 March 2022	24 September 2013	24 September 2013			
	Bench Press			Victoria Cavalier-Hirth	Jean Maton	Jean Maton			
		Not Set	Not Set	130 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
				19 March 2022	24 September 2013	24 September 2013			
				Scarlett Sotiris	Lisa Styles	Jean Maton			
84 kg +	g + Deadlift	Not Set	Not Set	197.5 kg	190 kg	187.5 kg	Not Set	Not Set	Not Set
				03 March 2019	28 October 2017	24 September 2013			
				Victoria Cavalier-Hirth	Jean Maton	Jean Maton			
	Total	Not Set	Not Set	527.5 kg	477.5 kg	477.5 kg	Not Set	Not Set	Not Set
				19 March 2022	24 September 2013	24 September 2013			
	Bench Press All contest			Victoria Cavalier-Hirth	Jean Maton	Jean Maton			
		Not Set	Not Set	130 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
				19 March 2022	24 September 2013	24 September 2013			