

	South Midlands Divisional Records								
	Female Equipped								
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
43 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
47 kg	Squat			Mehpare Atay	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	95 kg	77.5 kg	77.5 kg	Not Set	Not Set	Not Set
				09 February 2019	01 February 2015	01 February 2015			
	Bench Press			Nora Jones	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	55 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set
				19 September 2015	01 February 2015	01 February 2015			
	Deadlift			Marina Cornwall	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	125.5 kg	125.5 kg	125.5 kg	Not Set	Not Set	Not Set
				01 February 2015	01 February 2015	01 February 2015			
	Total			Nora Jones	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	260 kg	254.5 kg	254.5 kg	Not Set	Not Set	Not Set
				22/05/2016	01 February 2015	01 February 2015			
	Bench Press All contest			Nora Jones	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	55 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set
				19 September 2015	01 February 2015	01 February 2015			
	Squat		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
		Not Set	92.5 kg	165 kg	120 kg	Not Set	Not Set	Not Set	Not Set
			20 April 2019	02 May 2019	19 January 2019				
	Bench Press		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
		Not Set	57.5 kg	82.5 kg	72.5 kg	Not Set	Not Set	Not Set	Not Set
			20 April 2019	19 January 2019	19 January 2019				
			Alina Dewshi	Emma Goodwin	Amanda Hughes				

	52 kg	Deadlift	Not Set	107.5 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set	Not Set
				26 March 2017	05 November 2018	19 January 2019				
		Total		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
			Not Set	252.5 kg	425 kg	320 kg	Not Set	Not Set	Not Set	Not Set
		Bench Press All contest		20 April 2019	02 May 2019	19 January 2019				
			Not Set	Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
	57 kg	Squat		57.5 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set	Not Set
			Not Set	20 April 2019	19 January 2019	22 May 2019				
				Abigail Stacey	Ellie Steel	Emma Drackford				
		Bench Press	Not Set	130 kg	207.5 kg	125.5 kg	Not Set	Not Set	Not Set	Not Set
				08 December 2018	15 September 2018	25 May 2019				
				Abigail Stacey	Ellie Steel	Sofia Rufus				
		Deadlift	Not Set	72.5 kg	141 kg	57.5 kg	Not Set	Not Set	Not Set	Not Set
				08 December 2018	15 September 2018	08 December 2018				
				Catherine Smith	Ellie Steel	Emma Drackford				
		Total	Not Set	167.5 kg	175 kg	127.5 kg	Not Set	Not Set	Not Set	Not Set
				25 February 2017	15 September 2018	25 May 2019				
				Catherine Smith	Ellie Steel	Emma Drackford				
		Bench Press All contest	Not Set	360 kg	523.5 kg	310.5 kg	Not Set	Not Set	Not Set	Not Set
				25 February 2017	15 September 2018	25 May 2019				
				Abigail Stacey	Ellie Steel	Sofia Rufus				
	63 kg	Squat	Not Set	72.5 kg	141 kg	57.5 kg	Not Set	Not Set	Not Set	Not Set
				08 December 2018	15 September 2018	08 December 2018				
				Lucy Hart	Lucy Hart	Galit Goldshmid				
		Bench Press	Not Set	162.5 kg	162.5 kg	145 kg	Not Set	Not Set	Not Set	Not Set
				28 July 2018	28 July 2018	19 January 2019				
			Not Set	Lucy Hart	Angelique Borsboom	Galit Goldshmid	Not Set	Not Set	Not Set	Not Set
		Deadlift		07 May 2018	16 December 2017	19 January 2019				
			Not Set	Lucy Hart	Galit Goldshmid	Galit Goldshmid				
				150 kg	165 kg	165 kg	Not Set	Not Set	Not Set	Not Set
		Total		28 July 2018	19 January 2019	19 January 2019				
			Not Set	Lucy Hart	Galit Goldshmid	Galit Goldshmid				
				385 kg	405 kg	405 kg	Not Set	Not Set	Not Set	Not Set
		Bench Press All contest		28 July 2018	19 January 2019	19 January 2019				
			Not Set	Lucy Hart	Beverley Rodgers	Beverley Rodgers				
				77.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set	Not Set
		Squat		07 May 2018	21 January 2018	21 January 2018				
			Not Set	Zoe Clark	Yasmina Couty	Beverley Rodgers	Rita Shergold			
				127.5 kg	150 kg	127.5 kg	107.5 kg	Not Set	Not Set	Not Set
				23 September 2018	22 July 2017	28 October 2017	20 October 2018			
				Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			

	72 kg	Bench Press	Not Set	80 kg	90 kg	87.5 kg	70 kg	Not Set	Not Set	Not Set
				23 September 2018	22 May 2016	28 October 2017	09 February 2019			
		Deadlift		Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord			
			Not Set	150 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
				21 April 2019	22 May 2016	28 October 2017	03 December 2017			
		Total		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
			Not Set	342.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Set	Not Set
				23 September 2018	22 May 2016	28 October 2017	20 October 2018			
		Bench Press All contest		Zoe Clark	Amy Atkinson	Beverley Rodgers	Beverley Rodgers			
			Not Set	80 kg	90 kg	100 kg	100 kg	Not Set	Not Set	Not Set
				18 May 2018	22 May 2016	20 April 2017	20 April 2017			
	84 kg	Squat		Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
			Not Set	130 kg	180 kg	180 kg	180 kg	Not Set	Not Set	Not Set
				28 October 2018	16 March 2014	16 March 2014	16 March 2014			
		Bench Press		Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
			Not Set	77.5 kg	112.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set
				28 October 2018	16 March 2014	16 March 2014	16 March 2014			
		Deadlift		Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
			Not Set	125 kg	180 kg	180 kg	180 kg	Not Set	Not Set	Not Set
				28 October 2018	16 March 2014	16 March 2014	16 March 2014			
		Total		Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
			Not Set	332.5 kg	472.5 kg	472.5 kg	472.5 kg	Not Set	Not Set	Not Set
				28 October 2018	16 March 2014	16 March 2014	16 March 2014			
		Bench Press All contest		Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
			Not Set	77.5 kg	112.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set
				28 October 2018	16 March 2014	16 March 2014	16 March 2014			
	84 kg +	Squat			Jean Maton	Jean Maton	Jean Maton			
			Not Set	Not Set	172.5 kg	172.5 kg	172.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
		Bench Press			Jean Maton	Jean Maton	Jean Maton			
			Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
		Deadlift			Scarlett Sotiris	Lisa Styles	Jean Maton			
			Not Set	Not Set	197.5 kg	190 kg	187.5 kg	Not Set	Not Set	Not Set
					03 March 2019	28 October 2017	24 September 2013			
		Total			Jean Maton	Jean Maton	Jean Maton			
			Not Set	Not Set	477.5 kg	477.5 kg	477.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
		Bench Press All contest			Jean Maton	Jean Maton	Jean Maton			
			Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			