South Midlands Divisional Records											
Weight		<u> </u>	ı		Male Equipped	I	1		<u> </u>		
Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5		
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
53 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	Bench Press All	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	contest			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown		
	Squat	Not Set	Not Set	115 kg 1/29/2017 Daniel Jay	105 kg 16 April 2011 Ted Brown	105 kg 16 April 2011 Ted Brown	105 kg 16 April 2011 Ted Brown	105 kg 16 April 2011 Ted Brown	105 kg 16 April 2011 Ted Brown		
	Bench Press	Not Set	Not Set	100 kg 1/29/2017	85 kg 16 April 2011	85 kg 16 April 2011	85 kg 16 April 2011	85 kg 16 April 2011	85 kg 16 April 2011		
59 kg	Deadlift	Not Set	Not Set	Daniel Jay 170 kg 1/29/2017	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011		
	Total	Not Cot	Not Cot	Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown		
	Total	Not Set	Not Set	385 kg 1/29/2017	335 kg 16 April 2011	335 kg 16 April 2011	335 kg 16 April 2011	335 kg 16 April 2011	335 kg 16 April 2011		
	Bench			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown		
	Press All contest	Not Set	Not Set	100 kg 1/29/2017	85 kg 16 April 2011	85 kg 16 April 2011	85 kg 16 April 2011	85 kg 16 April 2011	85 kg 16 April 2011		
			Jamie Jones	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James				
	Squat	Not Set	172.5 kg 31 October 2015	175 kg 09 December 2017	175 kg 09 December 2017	127.5 kg 28 October 2018	127.5 kg 28 October 2018	Not Set	Not Set		
	Bench		Jamie Jones	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James				
	Press	Not Set	112.5 kg 31 October 2015 Jamie Jones	115 kg 09 December 2017 Roger Hamilton-Smith	115 kg 09 December 2017 Roger Hamilton-Smith	95 kg 03 December 2017 Michael James	95 kg 03 December 2017 Michael James	Not Set	Not Set		
66 kg	Deadlift	Not Set	210 kg 31 October 2015	225 kg 28 October 2017	225 kg 28 October 2017	172.5 kg 28 October 2018	172.5 kg 28 October 2018	Not Set	Not Set		
	Total	Not Set	Jamie Jones 495 kg 31 October 2015	Roger Hamilton-Smith 515 kg 09 December 2017	Roger Hamilton-Smith 515 kg 09 December 2017	Michael James 395 kg 28 October 2018	Michael James 350 kg 28 October 2018	Not Set	Not Set		
	Bench		Jamie Jones	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James				
	Press All contest	Not Set	112.5 kg 31 October 2015	117.5 kg 17 February 2018	117.5 kg 17 February 2018	95 kg 03 December 2017	95 kg 03 December 2017	Not Set	Not Set		
	contest	Nathan Gevao	Terry Martin	Daniel Smith	Henry Clark	Henry Clark	Henry Clark	Henry Clark			
	Squat	175 kg 25 March 2018	205 kg 28 January 2018	222.5 kg 01 October 2016	130 kg 01 February 2015	130 kg 01 February 2015	130 kg 01 February 2015	130 kg 01 February 2015	Not Set		
	Bench	Nathan Gevao	Terry Martin	Daniel Smith	Nick Hawker	Nick Hawker	Henry Clark	Henry Clark			
	Press	97.5 kg 25 March 2018	140 kg 28 January 2018	145 kg 01 October 2016	70 kg 26 January 2014	70 kg 26 January 2014	57.5 kg 01 February 2015	57.5 kg 01 February 2015	Not Set		
		Nathan Gevao	Terry Martin	Iman Salemi	Henry Clark	Henry Clark	Henry Clark	Henry Clark			
741				man salem							
74 kg	Deadlift	200 kg	230 kg	242.5 kg	160 kg	160 kg	160 kg	160 kg	Not Set		
/4 kg	Deadlift	200 kg 25 March 2018 Nathan Gevao			160 kg 01 February 2015 Henry Clark		160 kg 01 February 2015 Henry Clark	160 kg 01 February 2015 Henry Clark	Not Set		
/4 kg	Deadlift	25 March 2018 Nathan Gevao 472.5 kg	230 kg 22 May 2016 Terry Martin 572.5 kg	242.5 kg 29 January 2017 Daniel Smith 592.5 kg	01 February 2015 Henry Clark 347.5 kg	160 kg 01 February 2015 Henry Clark 347.5 kg	01 February 2015 Henry Clark 347.5 kg	01 February 2015 Henry Clark 347.5 kg	Not Set Not Set		
/4 kg		25 March 2018 Nathan Gevao	230 kg 22 May 2016 Terry Martin	242.5 kg 29 January 2017 Daniel Smith	01 February 2015 Henry Clark	160 kg 01 February 2015 Henry Clark	01 February 2015 Henry Clark	01 February 2015 Henry Clark			
/4 kg	Total Bench Press All	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg			
/4 kg	Total Bench	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark	Not Set		
/4 kg	Total Bench Press All	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg 13 October 2018	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Joao Arsenio 250 kg 22 May 2016	160 kg O1 February 2015 Henry Clark 347.5 kg O1 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Blacknell 162.5 kg 23 November 2014	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg	Not Set		
/4 kg	Bench Press All contest Squat Bench	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 Daviel Murray 252.5 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Joao Arsenio 250 kg	160 kg O1 February 2015 Henry Clark 347.5 kg O1 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Blacknell 162.5 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015	Not Set Not Set		
/4 kg	Total Bench Press All contest Squat	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015 Jake Leach 117.5 kg 27 July 2015	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg 13 October 2018 James Vickers 150.5 kg 29 January 2017	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018 David Murray 155 kg 25 March 2018	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Joao Arsenio 250 kg 22 May 2016 Joao Arsenio 135 kg 29 January 2017	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Biacknell 162.5 kg 23 November 2014 David Horne 107.5 kg 27 May 2018	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set	Not Set Not Set Not Set		
74 kg	Bench Press All contest Squat Bench	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015 Jake Leach 117.5 kg	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg 13 October 2018 James Vickers 150.5 kg	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018 David Murray 155 kg	01 February 2015 Henry Clark 347,5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Jaoa Arsenio 250 kg 22 May 2016 Jaoa Arsenio 135 kg	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Blacknell 162.5 kg 23 November 2014 David Horne 107.5 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set	Not Set Not Set Not Set		
	Total Bench Press All contest Squat Bench Press	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 27 July 2015 Jake Leach 27 July 2015	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg 13 October 2018 James Vickers 150.5 kg 29 January 2017 William Pickering 260 kg 13 October 2018	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018 David Murray 155 kg 25 March 2018 Eze Erediauwa 280 kg 01 February 2015	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Joao Arsenio 250 kg 22 May 2016 Joao Arsenio 135 kg 29 January 2017 Joao Arsenio 255 kg	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 Ianuary 2014 Keith Blacknell 162.5 kg 23 November 2014 David Horne 107.5 kg 27 May 2018 David Horne 207.5 kg 27 May 2018	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set	Not Set Not Set Not Set		
	Total Bench Press All contest Squat Bench Press	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 158 kg	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg 13 October 2018 James Vickers 150.5 kg 29 January 2017 William Pickering 260 kg	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018 David Murray 155 kg 25 March 2018 Er Erediauwa 280 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Jaoa Arsenio 250 kg 22 May 2016 Jaoa Arsenio 135 kg 29 January 2017 Jaoa Arsenio 255 kg	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Blacknell 162.5 kg 23 November 2014 David Horne 107.5 kg 27 May 2018 David Horne 207.5 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set	Not Set Not Set Not Set		
	Total Bench Press All contest Squat Bench Press Deadlift Total Bench	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015 Jake Leach 17.5 kg 27 July 2015 Jake Leach 195 kg 27 July 2015 Jake Leach 195 kg 31 October 2015 Jake Leach 517.5 kg 31 October 2015 Jake Leach	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg 13 October 2018 James Vickers 150.5 kg 29 January 2017 William Pickering 260 kg 13 October 2018 William Pickering 260 kg 13 October 2018 January 2017	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018 David Murray 155 kg 25 Mary 2018 Ere Erediauwa 280 kg 01 February 2015 Ere Erediauwa 635 kg 26 January 2014 David Murray	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Joao Arsenio 250 kg 22 May 2016 Joao Arsenio 135 kg 29 January 2017 Joao Arsenio 255 kg 29 January 2017 Joao Arsenio 640 kg 29 January 2017 Joao Arsenio 640 kg	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Blacknell 162.5 kg 23 November 2014 David Horne 107.5 kg 27 May 2018 David Horne 207.5 kg 27 May 2018 David Horne 462.5 kg 40 May 2018 David Horne 462.5 kg 40 May 2018 William Dadley	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set Not Set Not Set	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set Not Set Not Set	Not Set Not Set Not Set Not Set Not Set		
	Total Bench Press All contest Squat Bench Press Deadlift Total	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 195 kg 27 July 2015 Jake Leach 195 kg 31 October 2015 Jake Leach 195 kg 31 October 2015 Jake Leach 195 kg 31 October 2015	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg 13 October 2018 James Vickers 150.5 kg 29 January 2017 William Pickering 260 kg 13 October 2018 William Pickering 260 kg 13 October 2018 William Pickering 625 kg 13 October 2018	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018 David Murray 155 kg 25 March 2018 Eze Erediauwa 280 kg 01 February 2015 Eze Erediauwa 635 kg 26 January 2014	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Joao Arsenio 250 kg 22 May 2016 Joao Arsenio 135 kg 29 January 2017 Joao Arsenio 255 kg 29 January 2017 Joao Arsenio 640 kg 29 January 2017	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Blacknell 162.5 kg 23 November 2014 David Horne 107.5 kg 27 May 2018 David Horne 207.5 kg 27 May 2018 David Horne 462.5 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set Not Set	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set Not Set	Not Set Not Set Not Set Not Set		
	Total Bench Press All contest Deadlift Total Bench Press All contest	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 195 kg 27 July 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 517.5 kg 27 July 2015 Jake Leach 517.5 kg 27 July 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg 13 October 2018 James Vickers 150.5 kg 29 January 2017 William Pickering 260 kg 13 October 2018 William Pickering 13 October 2018 James Vickers 150.5 kg 29 January 2017 Sean-Paul Mackenzie	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018 David Murray 155 kg 25 March 2018 Eze Erediauwa 280 kg 01 February 2015 Eze Erediauwa 635 kg 26 January 2014 David Murray 165 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Joao Arsenio 250 kg 22 May 2016 Joao Arsenio 135 kg 29 January 2017 Joao Arsenio 640 kg 29 January 2017 Joao Arsenio 640 kg 29 January 2017 William Dadley 152.5 kg 153 January 2017 Joao Arsenio 640 kg 152 January 2017 Joao Arsenio 640 kg 152 January 2017	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Blacknell 162.5 kg 23 November 2014 David Horne 107.5 kg 27 May 2018 David Horne 207.5 kg 27 May 2018 David Horne 462.5 kg 27 May 2018 David Horne 462.5 kg 17 May 2018 William Dadley 127.5 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set Not Set Not Set Not Set Not Set Andy Bonner	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set Not Set Not Set Not Set	Not Set Not Set Not Set Not Set Not Set Not Set		
	Total Bench Press All contest Squat Bench Press Deadlift Total Bench Press All	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 195 kg 27 July 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 217.5 kg 27 July 2015 Jake Leach 217.5 kg 27 July 2015 Jake Leach 217.5 kg 27 July 2015	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 William Pickering 222.5 kg 13 October 2018 James Vickers 150.5 kg 29 January 2017 William Pickering 260 kg 13 October 2018 William Pickering 625 kg 13 October 2018 James Vickers 150.5 kg 29 January 2017 Sean-Paul Mackenzie 245 kg	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018 David Murray 155 kg 25 March 2018 Ere Frediauwa 280 kg 01 February 2015 Ere Frediauwa 635 kg 26 January 2014 David Murray 1155 kg	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Jaoa Arsenio 250 kg 22 May 2016 Jaoa Arsenio 135 kg 29 January 2017 Jaoa Arsenio 255 kg 29 January 2017 Joao Arsenio 640 kg 29 January 2017 William Dadley 152.5 kg 15 January 2017	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Blacknell 162.5 kg 23 November 2014 David Horne 107.5 kg 27 May 2018 David Horne 207.5 kg 27 May 2018 David Horne 462.5 kg 27 May 2018 Uniformatic Properties of the second of the s	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set Not Set Not Set Not Set Not Set	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set Not Set Not Set	Not Set Not Set Not Set Not Set Not Set		
	Total Bench Press All contest Squat Bench Press Deadlift Total Bench Press All contest Squat	25 March 2018 Nathan Gevao 472.5 kg 25 March 2018 Nathan Gevao 97.5 kg 25 March 2018 Jake Leach 205 kg 31 October 2015 Jake Leach 117.5 kg 27 July 2015 Jake Leach 195 kg 27 July 2015 Jake Leach 117.5 kg 27 July 2015 Edwin Lord 185 kg 29 October 2016 Edwin Lord	230 kg 22 May 2016 Terry Martin 572.5 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 Terry Martin 140 kg 28 January 2018 30 toober 2018 James Vickers 150.5 kg 29 January 2017 William Pickering 260 kg 13 October 2018 William Pickering 625 kg 13 October 2018 James Vickers 150.5 kg 29 January 2017 Sean-Paul Mackenzie 245 kg 29 January 2017 Sean-Paul Mackenzie 245 kg 25 March 2018 David Chudley	242.5 kg 29 January 2017 Daniel Smith 592.5 kg 01 October 2016 Daniel Smith 145 kg 01 October 2016 David Murray 252.5 kg 28 May 2018 David Murray 155 kg 25 March 2018 Ere Erediauwa 280 kg 01 February 2015 Ere Erediauwa 635 kg 26 January 2014 David Murray 165 kg 16 December 2017 Jain Kendrick 262.5 kg 22 July 2017 Dan Watkins	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Joao Arsenio 250 kg 22 May 2016 Joao Arsenio 135 kg 29 January 2017 Joao Arsenio 255 kg 29 January 2017 Joao Arsenio 640 kg 29 January 2017 William Dadley 152.5 kg 15 January 2017 Jain Kendrick 262.5 kg 22 July 2017 Andy Bonner	160 kg 01 February 2015 Henry Clark 347.5 kg 01 February 2015 Nick Hawker 70 kg 26 January 2014 Keith Blacknell 162.5 kg 23 November 2014 David Horne 107.5 kg 27 May 2018 David Horne 462.5 kg 27 May 2018 David Horne 462.5 kg 17 May 2018 William Dadley 127.5 kg 17 December 2016 Keith Blacknell 250 kg 11 October 2018 Andy Bonner	01 February 2015	01 February 2015 Henry Clark 347.5 kg 01 February 2015 Henry Clark 57.5 kg 01 February 2015 Not Set Not Set Not Set Not Set Not Set	Not Set		
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	Bench	Sydney Boroch	Bradley Horne	Martin Green	Martin Green	Keith Blacknell			
	Press All	155 kg	175 kg	260 kg	260 kg	127.5 kg	Not Set	Not Set	Not Set
	contest	31 October 2015	21 October 2017	12 July 2015	12 July 2015	22 May 2016			
		Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring				
	Squat	300 kg	345 kg	400kg	400kg	Not Set	Not Set	Not Set	Not Set
		03 September 2016	20 January 2018	09 November 2013	09 November 2013				
	Bench Press	Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring				
		245 kg	287.5 kg	302.5 kg	302.5 kg	Not Set	Not Set	Not Set	Not Set
		03 September 2016	20 January 2018	29 November 2014	29 November 2014				
		Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring				
120 kg	Deadlift	300 kg	325 kg	355 kg	355 kg	Not Set	Not Set	Not Set	Not Set
		03 September 2016	20 January 2018	29 November 2014	29 November 2014				
		Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring				
	Total	845 kg	957.5 kg	1045 kg	1045 kg	Not Set	Not Set	Not Set	Not Set
		03 September 2016	20 January 2018	08 November 2014	08 November 2014				
	Bench	Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring	David Brooks			
	Press All	245 kg	287.5 kg	302.5 kg	305.5 kg	170 kg	Not Set	Not Set	Not Set
	contest	03 September 2016	20 January 2018	29 November 2014	19 April 2014	15 January 2017			
	Squat	Ray Bowring	Patroklos Androulakis- Korakakis	Tom Kelly	Mike Adams	Mike Adams			
		210 kg	270 kg	270 kg	252.5 kg	252.5 kg	Not Set	Not Set	Not Set
		30 June 2018	23 April 2017	22 May 2016	26 November 2016	26 November 2016			
	Bench Press	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		107.5 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
		30 June 2018	29 July 2018	29 July 2018	20 March 2016	20 March 2016			
120 kg +	Deadlift	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		205 kg	310 kg	310 kg	280 kg	280 kg	Not Set	Not Set	Not Set
		30 June 2018	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Total	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		522.5 kg	780 kg	780 kg	717.5 kg	717.5 kg	Not Set	Not Set	Not Set
		30 June 2018	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Bench	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
	Press All	107.5 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
	contest	30 June 2018	29 July 2018	29 July 2018	20 March 2016	20 March 2016			