South Midlands Divisional Records										
				<u> </u>	/lale Unequipped	1	1	1	1	
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5	
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Bench	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	
	Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
53 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
		1400 300	Hot set	Not set	Not set	Not set	Not set	Not set	Not set	
	Bench Press All	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	contest									
	Squat	Not Set	Not Set	Daniel Jay 115 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	
				29 January 2017	17 August 2013	17 August 2013	17 August 2013	17 August 2013	17 August 2013	
	Bench	Not Set	Not Set	Daniel Jay 100 kg	Ted Brown 81 kg	Ted Brown 81 kg	Ted Brown 81 kg	Ted Brown 81 kg	Ted Brown 81 kg	
	Press	Not set	Not set	29 January 2017	17 August 2013	17 August 2013	17 August 2013	17 August 2013	17 August 2013	
	D 411:64			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown	
59 kg	Deadlift	Not Set	Not Set	170 kg 29 January 2017	135 kg 06 August 2012	135 kg 06 August 2012	135 kg 06 August 2012	135 kg 06 August 2012	135 kg 06 August 2012	
				Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown	
	Total	Not Set	Not Set	385 kg	295 kg	295 kg	295 kg	295 kg	295 kg	
	Bench			29 January 2017 Daniel Jay	20 May 2012 Ted Brown	20 May 2012 Ted Brown	20 May 2012 Ted Brown	20 May 2012 Ted Brown	20 May 2012 Ted Brown	
	Press All	Not Set	Not Set	100 kg	81 kg	81 kg	81 kg	81 kg	81 kg	
	contest			29 January 2017	17 August 2013	17 August 2013	17 August 2013	17 August 2013	17 August 2013	
	Squat	Not Cot	Prince Ibahay 180 kg	Roderick Ramsey 185.5 kg	Roger Hamilton-Smith	Michael James 127.5 kg	Michael James 127.5 kg	Not Sot	Not Set	
	Squat	Not Set	29 June 2019	12 October 2019	185 kg 09 February 2019	28 October 2018	28 October 2018	Not Set	Not set	
	Bench		George Olteanu	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James			
	Press	Not Set	117.5 kg 23 March 2019	120 kg 09 February 2019	120 kg 09 February 2019	100 kg 23 June 2018	100 kg 23 June 2018	Not Set	Not Set	
			Prince Ibahay	Roderick Ramsey	Roger Hamilton-Smith	Michael James	Michael James			
66 kg	Deadlift	Not Set	230 kg	230.5 kg	230 kg	172.5 kg	172.5 kg	Not Set	Not Set	
			29 June 2019 Prince Ibahay	12 October 2019 Roger Hamilton-Smith	09 February 2019 Roger Hamilton-Smith	28 October 2018 Michael James	28 October 2018 Michael James			
	Total	Not Set	515 kg	535 kg	535 kg	395 kg	395 kg	Not Set	Not Set	
			29 June 2019	09 February 2019	09 February 2019	28 October 2018	28 October 2018			
	Bench Press All	Not Set	George Olteanu 117.5 kg	Roger Hamilton-Smith 120 kg	Roger Hamilton-Smith 120 kg	Michael James 100 kg	Michael James 100 kg	Not Set	Not Set	
	contest	1100 500	23 March 2019	09 February 2019	09 February 2019	23 June 2018	23 June 2018	Not set	1100 500	
		Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark		
	Squat	175 kg 25 March 2018	222.5 kg 13 October 2018	222.5 kg 01 October 2016	172.5 kg 01 December 2018	130 kg 01 February 2015	130 kg 01 February 2015	130 kg 01 February 2015	Not Set	
	Bench	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark		
	Press	97.5 kg	145 kg	145 kg	115 kg	70 kg	57.5 kg	57.5 kg	Not Set	
		25 March 2018 Nathan Gevao	13 October 2018 Terry Martin	01 October 2016 Darren Helley	01 December 2018 Roger Hamilton-Smith	26 January 2014 Henry Clark	01 February 2015 Henry Clark	01 February 2015 Henry Clark		
74 kg	Deadlift	200 kg	235 kg	250 kg	225 kg	160 kg	160 kg	160 kg	Not Set	
		25 March 2018	13 October 2018	08 December 2018	01 December 2018	01 February 2015	01 February 2015	01 February 2015		
	Total	Nathan Gevao 472.5 kg	Terry Martin 602.5 kg	Terry Martin 602.5 kg	Roger Hamilton-Smith 512.5 kg	Henry Clark 347.5 kg	Henry Clark 347.5 kg	Henry Clark 347.5 kg	Not Set	
		25 March 2018	13 October 2018	13 October 2018	01 December 2018	01 February 2015	01 February 2015	01 February 2015		
	Bench	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark	No. Co.	
	Press All contest	97.5 kg 25 March 2018	145 kg 13 October 2018	145 kg 01 October 2016	115 kg 01 December 2018	70 kg 26 January 2014	57.5 kg 01 February 2015	57.5 kg 01 February 2015	Not Set	
		Jake Leach	William Pickering	Iman Salemi	Francis Dorrian	Keith Blacknell	, 2023	, 2013		
	Squat Bench Press	205 kg	222.5 kg	247.5 kg	190 kg 12 November 2016	162.5 kg	Not Set	Not Set	Not Set	
		31 October 2015 Jake Leach	13 October 2018 James Vickers	20 April 2019 Iman Salemi	Chris Charles	23 November 2014 Nigel Seymour				
83 kg		117.5 kg	150.5 kg	156 kg	122.5 kg	110 kg	Not Set	Not Set	Not Set	
		27 July 2015 Jake Leach	29 January 2017 William Pickering	20 April 2019 Eze Erediauwa	20 April 2019 Chris Charles	08 December 2018				
	Deadlift	195 kg	260 kg	280 kg	222.5 kg	Nigel Seymour 210 kg	Not Set	Not Set	Not Set	
		27 July 2015	13 October 2018	01 February 2015	20 April 2019	08 December 2018				
	Total	Jake Leach	William Pickering	Iman Salemi	Chris Charles	Nigel Seymour	Not Sat	Not Sat	Not Cat	
	Total	517.5 kg 31 October 2015	625 kg 13 October 2018	663.5 kg 20 April 2019	517.5 kg 20 April 2019	465 kg 08 December 2018	Not Set	Not Set	Not Set	
	Bench	Jake Leach	James Vickers	Adam Manery	William Dadley	William Dadley				
	Press All	117.5 kg	150.5 kg	162.5 kg	127.5 kg	127.5 kg	Not Set	Not Set	Not Set	
	Squat	27 July 2015 Edwin Lord	29 January 2017 William Pickering	22 June 2019 lain Kendrick	17 December 2016 lain Kendrick	17 December 2016 Keith Blacknell	Andy Bonner	David Purkiss		
		185 kg	250 kg	262.5 kg	262.5 kg	235 kg	222.5 kg	75 kg	Not Set	
		29 October 2016	01 November 2019	22 July 2017	22 July 2017	13 July 2017	28 October 2017	09 February 2019		
		Edwin Lord	William Pickering	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss		
	Bench Press	122.5 kg	165 kg	175 kg	157.5 kg	157.5 kg	140 kg	75 kg	Not Set	

Dead Contest Dead Dead	l l	11633	29 October 2016	01 November 2019	22 May 2016	26 January 2014	26 January 2014	28 October 2017	01 December 2018	
Sample Deadlif 250 kg 20 Cstober 2010 300 kg 272.5 kg	93 kg									
Page		Deadlift								Not Set
Total Service Servic										
Total			Edwin Lord	William Pickering	William Pickering	lain Kendrick	Andy Bonner	Andy Bonner		
Bench		Total								Not Set
Bench										
Press All 12.2 Fkg		Bench								
Contest 29 October 2015 01 November 2019 21 October 2017 25 January 2014 25 January 2017 25 January 2014 22 January 2014 25 January 2014										Not Set
Squart S										
Squat 235 kg 245 kg 260 kg 255 kg 19.2.5 kg Not Set Not Set							_	20 000000 2017	OI December 2010	
25 November 2017 25 March 2018 29 January 2017 26 November 2016 15 kg 175 kg 180 kg 127.5 kg 180 kg 18		Squat						Not Set	Not Set	Not Set
Bench Press All 155 kg 225 kg 220 km/smber 2016 22 km/smbe		·								
Press 155 kg										
Press 31 October 2015 21 October 2017 25 November 2016 22 May 2016								Not Set	Not Set	Not Set
Deadlift 28 kg 29 kg 320 kg 320 kg 320 kg 20.5 kg Not Set Not Set Not Set		Press	31 October 2015	21 October 2017	26 November 2016	26 November 2016				
Deadlift 285 kg 295 kg 320 kg 320 kg 20.25 kg 25 hoursy 2016 26 hoursy 2016 275 kg 750 k			Edwin Lord	Edwin Lord	Nathan Scott	Nathan Scott				
Total Formation Formatio	105 kg	Deadlift	285 kg	295 kg				Not Set	Not Set	Not Set
Total 675.5 kg 697.5 kg 750 kg 750 kg 250 kwember 2016 22 kwember 2016	105 kg									
Total 675.5 kg 697.5 kg 750 kg 750 kg 250 kwember 2016 22 kwember 2016			Edwin Lord	Edwin Lord	Dean Bowring	Dean Bowring	Keith Blacknell			
25 November 2017 25 March 2018 26 November 2016 22 May 2016		Total						Not Set	Not Set	Not Set
Bench Press All 155 kg 175 kg 180 kg 180 kg 127.5 kg 180 kg 127.5 kg Not Set Not Set Not Set										
Press All 155 kg		Bench								
Contest 31 October 2015 21 October 2017 26 November 2016 22 May 2016								Not Set	Not Set	Not Set
Squat Jack Johnson Jack Johnson Jack Johnson Peter Jackson Not Set Not S										
Squat 232.5 kg 262.5 kg 262.5 kg 232.5 kg Not Set Not Set Not Set Not Set										
18 June 2016		Squat					Not Set	Not Set	Not Set	Not Set
Bench Press Jack Johnson Jack Johnson Daniel Lindsell Peter Jackson Not Set Not		· i				ŭ				
185 kg										
120 kg Deadlift 3							Not Set	Not Set	Not Set	Not Set
120 kg		Press								
120 kg										
Total Jack Johnson Jack Johnso	120 kg	Deadlift	270 kg	300 kg		267.5 kg	Not Set	Not Set	Not Set	Not Set
Total 677.5 kg 762.5 kg 762.5 kg 762.5 kg 652.5 kg Not Set Not Set Not Set			07 March 2016	16 December 2017		21 April 2019				
Bench Fress All 185 kg 200 kg 205 kg 157.5 kg 145 kg Not Set Not Set Not Set			Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
Bench Jack Johnson Jack Johnso			677.5 kg	762.5 kg	762.5 kg	652.5 kg	Not Set	Not Set	Not Set	Not Set
Press All 185 kg 200 kg 205 kg 157.5 kg 145 kg Not Set Not Set Not Set				16 December 2017	16 December 2017	28 October 2018				
Press All 185 kg 200 kg 205 kg 157.5 kg 145 kg Not Set Not Set Not Set			Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson	David Brooks			
Ray Bowring Ray Bowring Ray Bowring Mike Adams		Press All						Not Set	Not Set	Not Set
Squat 302.5 kg 302.5 kg 302.5 kg 252.5 kg 252.5 kg Not Set Not Set Not Set		contest	07 March 2016	16 December 2017	19 May 2018	28 October 2018	12 November 2016			
Squat 302.5 kg 302.5 kg 302.5 kg 252.5 kg 252.5 kg Not Set Not Set Not Set	120 kg +	Squat	Ray Bowring	Ray Bowring		Mike Adams	Mike Adams			
Ray Bowring Jack Johnson Jack Johnson Mike Adams Mike Adams Mike Adams			302.5 kg	302.5 kg		252.5 kg	252.5 kg	Not Set	Not Set	Not Set
120 kg + 120 kg + 120 kg 195 kg			30 October 2019	30 October 2019	30 October 2019	26 November 2016	26 November 2016			
120 kg + 160.5 kg 205 kg 205 kg 205 kg 195 kg 195 kg Not Set Not Set Not Set		Danah	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
120 kg + Deadlift 29 July 2018 29 July 2018 20 March 2016 20 March 2016				205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
120 kg + Deadlift 285.5 kg 310 kg 310 kg 280 kg 280 kg Not Set Not Set Not Set			30 October 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016			
30 October 2019 29 July 2018 29 July 2018 26 November 2016 26 November 2016 26 November 2016 Ray Bowring		Deadlift	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
Ray Bowring Jack Johnson Jack Johnson Mike Adams Mike Adams			285.5 kg	310 kg	310 kg	280 kg	280 kg	Not Set	Not Set	Not Set
Total 748.5 kg 780 kg 780 kg 717.5 kg 717.5 kg Not Set Not Set Not Set 30 October 2019 29 July 2018 29 July 2018 26 November 2016 26 November 2016 Bench Ray Bowring Jack Johnson Mike Adams Mike Adams			30 October 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
30 October 2019 29 July 2018 29 July 2018 26 November 2016 26 November 2016		Total	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
Bench Ray Bowring Jack Johnson Jack Johnson Mike Adams Mike Adams			748.5 kg	780 kg	780 kg	717.5 kg	717.5 kg	Not Set	Not Set	Not Set
			30 October 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
Press All 160.5 kg 205 kg 205 kg 195 kg 195 kg Not Set Not Set Not Set		Bench								
		Press All	160.5 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
contest 30 October 2019 29 July 2018 29 July 2018 20 March 2016 20 March 2016		contest	30 October 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016			