

	Total	03 September 2016	20 January 2018	29 November 2014	29 November 2014					
		Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring					
		845 kg	957.5 kg	1045 kg	1045 kg	Not Set	Not Set	Not Set	Not Set	Not Set
	03 September 2016	20 January 2018	08 November 2014	08 November 2014						
Bench Press All contest	Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring	David Brooks					
	245 kg	287.5 kg	302.5 kg	305.5 kg	170 kg	Not Set	Not Set	Not Set	Not Set	
	03 September 2016	20 January 2018	29 November 2014	19 April 2014	15 January 2017					
120 kg +	Squat	Ray Bowring	Ray Bowring	Jordan Bollar	Dean Bowring	Mike Adams				
		380 kg	380 kg	400 kg	330 kg	252.5 kg	Not Set	Not Set	Not Set	Not Set
		18 January 2020	18 January 2020	19 November 2022	25 January 2020	26 November 2016				
	Bench Press	Ray Bowring	Jack Johnson	Jordan Bollar	Dean Bowring	Mike Adams				
		200 kg	205 kg	270 kg	260 kg	195 kg	Not Set	Not Set	Not Set	Not Set
		18 January 2020	29 July 2018	19 November 2022	25 January 2020	20 March 2016				
	Deadlift	Ray Bowring	Jack Johnson	Dean Bowring	Dean Bowring	Mike Adams				
		290 kg	310 kg	330 kg	330 kg	280 kg	Not Set	Not Set	Not Set	Not Set
		18 January 2020	29 July 2018	25 January 2020	25 January 2020	26 November 2016				
	Total	Ray Bowring	Jack Johnson	Jordan Bollar	Dean Bowring	Mike Adams				
		870 kg	870 kg	960 kg	920 kg	717.5 kg	Not Set	Not Set	Not Set	Not Set
		18 January 2020	18 January 2020	19 November 2022	25 January 2020	26 November 2016				
	Bench Press All contest	Ray Bowring	Jack Johnson	Jordan Bollar	Dean Bowring	Mike Adams				
		200 kg	205 kg	270 kg	260 kg	195 kg	Not Set	Not Set	Not Set	Not Set
		18 January 2020	29 July 2018	19 November 2022	25 January 2020	20 March 2016				
										Not Set
										Not Set
										Not Set
										Not Set