South Midlands Divisional Records									
Weight Class	Lift	Under 18	Under 23	Open	Female Equipped  Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
. 5 5.355	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
43 kg		NOT SET	NOT SET	Not set	NOT SET	NOT SET	NOT SET	Not set	Not set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench								
	Press All contest	Not Set	Not Set	Not Set  Nora Jones	Not Set  Marina Cornwall	Not Set  Marina Cornwall	Not Set	Not Set	Not Set
47 kg	Squat	Not Set	Not Set	90 kg 19 September 2015	77.5 kg 01 February 2015	77.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Nora Jones 55 kg 19 September 2015	Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Marina Cornwall 125.5 kg	Marina Cornwall  125.5 kg	Marina Cornwall 125.5 kg	Not Set	Not Set	Not Set
	Total	Not Cot	Not Cot	01 February 2015 Nora Jones 260 kg	01 February 2015 Marina Cornwall	01 February 2015  Marina Cornwall	Not Cot	Not Cot	Not Cot
	Total Bench	Not Set	Not Set	22 May 2016 Nora Jones	254.5 kg 01 February 2015 Marina Cornwall	254.5 kg 01 February 2015 Marina Cornwall	Not Set	Not Set	Not Set
	Press All contest	Not Set	Not Set	55 kg 19 September 2015	51.5 kg 01 February 2015	51.5 kg 01 February 2015	Not Set	Not Set	Not Set
52 kg	Squat	Not Set	Alina Dewshi 90 kg 26 March 2017	Emma Goodwin 117.5 kg 16 December 2017	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Ruth Holloway 55 kg	Emma Goodwin 70 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			31 October 2015 Alina Dewshi	Sunday, May 22, 2016 Emma Goodwin					
	Deadlift	Not Set	107.5 kg 26 March 2017 Alina Dewshi	167.5 kg 17 September 2016 Emma Goodwin	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	247.5 kg 26 March 2017	352.5 kg 01 December 2015	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Ruth Holloway 55 kg 31 October 2015	Emma Goodwin 70 kg Friday, May 22, 2015	Not Set	Not Set	Not Set	Not Set	Not Set
57 kg	Squat	Not Set	Catherine Smith 127.5 kg	Ellie Steel 135 kg	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench	Not Cot	25 February 2017  Catherine Smith  65 kg	29 January 2017 Ellie Steel	Not Cot	Not C-1	Not C-t	Not C-t	Not C-t
	Press	Not Set	25 February 2017  Catherine Smith	90 kg 29 January 2017 Ellie Steel	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	167.5 kg 25 February 2017	162.5 kg 29 January 2017	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Catherine Smith 360 kg 25 February 2017	Ellie Steel 387.5 kg 29 January 2017	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All	Not Set	Catherine Smith 50 kg	Ellie Steel 125 kg	Not Set	Not Set	Not Set	Not Set	Not Set
63 kg	contest	Not Set	25 February 2017 Liucija Kuzminskaite 112.5 kg	29 January 2017 Beverley Rodgers 122.5 kg	Beverley Rodgers 120 kg	Not Set	Not Set	Not Set	Not Set
	Bench	NOT SET	29 October 2016 Liucija Kuzminskaite	14 September 2017 Angelique Borsboom	14 September 2017 Beverley Rodgers	NOT SET	Not set	Not set	Not set
	Press	Not Set	55 kg 29 October 2016	100 kg 16 December 2017	85.5 kg 21 October 2017	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Liucija Kuzminskaite 135 kg 29 October 2016	Claire Sear 160 kg 21 October 2017	Beverley Rodgers 145.5 kg 27 May 2017	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Liucija Kuzminskaite 300 kg	Angelique Borsboom 375 kg	Beverley Rodgers 350.5 kg	Not Set	Not Set	Not Set	Not Set
	Bench Press All	Not Set	29 October 2016 Liucija Kuzminskaite 55 kg	16 December 2017 Angelique Borsboom 100 kg	27 May 2017 Angelique Borsboom 100 kg	Not Set	Not Set	Not Set	Not Set
	contest		29 October 2016 Zoe Clark	16 December 2017 Yasmina Couty	17 February 2018  Beverley Rodgers	Rita Shergold			
72 kg	Squat	Not Set	107.5 kg 27 May 2017	150 kg 22 July 2017	127.5 kg 28 October 2017	105 kg 21 October 2017	Not Set	Not Set	Not Set
	Bench Press	Not Set	Zoe Clark 67.5 kg 27 May 2017	Amy Atkinson 90 kg 22 May 2016	Beverley Rodgers 87.5 kg 28 October 2017	Rita Shergold 65 kg 21 October 2017	Not Set	Not Set	Not Set
	Deadlift	Not Set	Zoe Clark 125 kg	Amy Atkinson 167.5 kg	Beverley Rodgers 140 kg	Amanda Lord 132.5 kg	Not Set	Not Set	Not Set
	Total	Not Set	26 March 2017 Zoe Clark 295 kg	22 May 2016 Amy Atkinson 392.5 kg	28 October 2017 Beverley Rodgers 355 kg	03 December 2017 Rita Shergold 295 kg	Not Set	Not Set	Not Set
	Bench		27 May 2017 Zoe Clark	22 May 2016 Amy Atkinson	28 October 2017 Beverley Rodgers	21 October 2017 Rita Shergold			
	Press All contest	Not Set	67.5 kg 27 May 2017 Jemma Shaw	90 kg 22 May 2016 Abbie Barnes	87.5 kg 21 October 2017 Varena Manchip	65 kg 21 October 2017 Jean Maton	Not Set	Not Set	Not Set
84 kg	Squat	Not Set	85 kg 26 January 2014	147.5 kg 27 July 2015	147.5 kg 10 December 2017	110 kg 26 January 2014	Not Set	Not Set	Not Set
	Bench Press	Not Set	Jemma Shaw 50 kg	Megan Batchelor 90 kg	Jean Maton 82.5 kg	Jean Maton 82.5 kg	Not Set	Not Set	Not Set
	Deadlift	Not Set	26 January 2014 Jemma Shaw 110 kg	13 August 2016 Varena Manchip 170 kg	26 January 2014 Varena Manchip 170 kg	26 January 2014 Jean Maton 155 kg	Not Set	Not Set	Not Set
			26 January 2014 Jemma Shaw	21 October 2017 Abbie Barnes	21 October 2017 Varena Manchip	26 January 2014 Jean Maton			
	Total Bench	Not Set	245 kg 26 January 2014 Jemma Shaw	372.5 kg 26 January 2014 Megan Batchelor	372.5 kg 21 October 2017 Jean Maton	347.5 kg 26 January 2014 Jean Maton	Not Set	Not Set	Not Set
	Press All contest	Not Set	50 kg 26 January 2014	90 kg 13 August 2016	82.5 kg 26 January 2014	82.5 kg 26 January 2014	Not Set	Not Set	Not Set
84 kg +	Squat	Not Set	Not Set	Nicola Stimpson 160 kg 28 January 2018	Lisa Styles 150 kg 28 October 2017	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Sam Foulds 80 kg	Lisa Styles 80 kg	Not Set	Not Set	Not Set	Not Set
				29 January 2017 Lisa Styles	28 October 2017 Lisa Styles				
	Deadlift	Not Set	Not Set	190 kg 28 October 2017 Lisa Styles	190 kg 28 October 2017 Lisa Styles	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	420 kg 28 October 2017	420 kg 28 October 2017	Not Set	Not Set	Not Set	Not Set
	Bench Press All	Not Set	Not Set	Sam Foulds 80 kg	Lisa Styles 80 kg	Not Set	Not Set	Not Set	Not Set
	contest			29 January 2017	28 October 2017				