South Midlands Divisional Records										
Female Unequipped										
Weight				T Ciliare C	, nequipped	1		I		
Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5	
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
43 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Total	Not Sot	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	
	TOLAT	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Bench Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
		1101 001	1100 000	1100000	1101 001	1100 500				
	Squat			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
		Not Set	Not Set	110 kg	77.5 kg	77.5 kg	Not Set	Not Set	Not Set	
				15 January 2022	01 February 2015	01 February 2015				
	Bench Press			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
		Not Set	Not Set	57.5 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set	
				15 January 2022	01 February 2015	01 February 2015				
	Deadlift			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
47 kg		Not Set	Not Set	130 kg	125.5 kg	125.5 kg	Not Set	Not Set	Not Set	
				15 January 2022	01 February 2015	01 February 2015				
				Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
	Total	Not Set	Not Set	297.5 kg	254.5 kg	254.5 kg	Not Set	Not Set	Not Set	
				15 January 2022	01 February 2015	01 February 2015				
	Bench Press All contest	Not Set	Not Set	Tzvetelina Tzonova 57.5 kg	Marina Cornwall 51.5 kg	Marina Cornwall 51.5 kg	Not Set	Not Set	Not Set	
	Deficit Fress All contest	NOT SET	NOT SET	15 January 2022	01 February 2015	01 February 2015	NUL SEL	NOT SET	Not set	
			Diana-Andreea Zbarcea	Emma Goodwin	OI TESTUATY ZOIS	JI I COI Gaily 2013				
	Squat	Not Set	92.5 kg	127.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set	
	- 1		20 April 2019	08 March 2020						
			Diana-Andreea Zbarcea	Emma Goodwin						
	Bench Press	Not Set	57.5 kg	70 kg	Not Set	Not Set	Not Set	Not Set	Not Set	
			20 April 2019	22 May 2016						
			Alina Dewshi	Emma Goodwin						
52 kg	Deadlift	Not Set	107.5 kg	187.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set	
			26 March 2017	08 March 2020						

			Diana-Andreea Zbarcea	Emma Goodwin					
	Total	Not Set	252.5 kg	377.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			20 April 2019	08 March 2020					
	Bench Press All contest		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Holloway				
		Not Set	57.5 kg	70 kg	67.5 kg	Not Set	Not Set	Not Set	Not Set
			20 April 2019	22 May 2015	08 December 2018				
			Abigail Stacey	Ellie Steel	Emma Drackford				
	Squat	Not Set	130 kg	135 kg	130 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	18 June 2022				
			Abigail Stacey	Ellie Steel	Helen Hughes				
	Bench Press	Not Set	72.5 kg	90 kg	85 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	26 October 2019				
			Catherine Smith	Ellie Steel	Helen Hughes				
57 kg	Deadlift	Not Set	167.5 kg	162.5 kg	160 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	29 January 2017	09 March 2020				
			Catherine Smith	Ellie Steel	Helen Hughes				
	Total	Not Set	360 kg	387.5 kg	370 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	29 January 2017	09 March 2020				
			Abigail Stacey	Ellie Steel	Helen Hughes				
	Bench Press All contest	Not Set	72.5 kg	90 kg	87.5 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	20 September 2019				
		Tia Ratnavira	Lucy Hart	Catherine Phipps	Beverley Rodgers	Rita Shergold			
	Squat	72.5 kg	127.5 kg	135 kg	125 kg	95 kg	Not Set	Not Set	Not Set
	Squat	28 January 2018	24 February 2018	04 December 2021	14 September 2017	17 July 2021			
	Bench Press	Tia Ratnavira	Sophie Smith	Angelique Borsboom	Beverley Rodgers	Rita Shergold			
		40 kg	82.5 kg	100 kg	85.5 kg	65 kg	Not Set	Not Set	Not Set
		28 January 2018	07 December 2019	16 December 2017	21 October 2017	17 July 2021			
	Deadlift	Tia Ratnavira	Sophie Smith	Catherine Phipps	Galit Goldshmid	Rita Shergold			
63 kg		87.5 kg	160 kg	167.5 kg	155 kg	115 kg	Not Set	Not Set	Not Set
-		28 January 2018	07 December 2019	14 December 2019	01 December 2018	17 July 2021			
	Total	Tia Ratnavira	Sophie Smith	Catherine Phipps	Beverley Rodgers	Rita Shergold			
		200 kg	370 kg	377.5 kg	350.5 kg	275 kg	Not Set	Not Set	Not Set
		28 January 2018	07 December 2019	04 December 2021	27 May 2017	17 July 2021			
		Tia Ratnavira	Sophie Smith	Angelique Borsboom	Angelique Borsboom	Rita Shergold			
	Bench Press All contest	40 kg	82.5 kg	100 kg	100 kg	65 kg	Not Set	Not Set	Not Set
		28 January 2018	07 December 2019	16 December 2017	17 February 2018	17 July 2021			
		,	Sophie Smith	Sophie Smith	,	,			
	Squat	Not Set	130 kg	130 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					
			Sophie Smith	Sophie Smith					
	Bench Press	Not Set	93 kg	93 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					
			Sophie Smith	Sophie Smith					
69 kg	Deadlift	Not Set	175 kg	175 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					

			Sophie Smith	Sophie Smith					
	Total	Not Set	398 kg	398 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					
			Sophie Smith	Sophie Smith	Beverley Rodgers				
	Bench Press All contest	Not Set	93 kg	93 kg	90.5 kg	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022	07 August 2021				
			Louise Warr	Yasmina Couty	Beverley Rodgers	Rita Shergold			
	Squat	Not Set	128 kg	150 kg	127.5 kg	110 kg	Not Set	Not Set	Not Set
			07 December 2019	22 July 2017	28 October 2017	26 October 2019			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Bench Press	Not Set	80 kg	90 kg	87.5 kg	75 kg	Not Set	Not Set	Not Set
			23 September 2018	22 May 2016	28 October 2017	23 February 2020			
			Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord			
72 kg	Deadlift	Not Set	155 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
· ·			07 December 2019	22 May 2016	28 October 2017	03 December 2017			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Total	Not Set	350.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	20 October 2018			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Bench Press All contest	Not Set	80 kg	90 kg	90 kg	72.5 kg	Not Set	Not Set	Not Set
			18 May 2018	22 May 2016	15 May 2018	22 June 2019			
				Angela Ricciardi	Rosie McKenzie	Rosie McKenzie			
	Squat	Not Set	Not Set	145 kg	132.5 kg	132.5 kg	Not Set	Not Set	Not Set
	·			26 February 2022	19 March 2022	19 March 2022			
	Bench Press			Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
		Not Set	Not Set	85 kg	85 kg	85 kg	Not Set	Not Set	Not Set
				19 March 2022	19 March 2022	19 March 2022			
				Angela Ricciardi	Rosie McKenzie	Rosie McKenzie			
76 kg	Deadlift	Not Set	Not Set	170 kg	155 kg	155 kg	Not Set	Not Set	Not Set
Ü				26 February 2022	19 March 2022	19 March 2022			
	Total			Angela Ricciardi	Rosie McKenzie	Rosie McKenzie			
		Not Set	Not Set	390 kg	372.5 kg	372.5 kg	Not Set	Not Set	Not Set
				26 February 2022	19 March 2022	19 March 2022			
				Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
	Bench Press All contest	Not Set	Not Set	85 kg	85 kg	85 kg	Not Set	Not Set	Not Set
				19 March 2022	19 March 2022	19 March 2022			
			Zoe Clark	Nicola Stimpson	Verena Manchip	Jean Maton			
	Squat	Not Set	130 kg	180 kg	147.5 kg	130 kg	Not Set	Not Set	Not Set
	·		28 October 2018	26 May 2019	10 December 2017	25 March 2018			
			Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton			
	Bench Press	Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set
			28 October 2018	13 August 2016	26 January 2014	26 January 2014			
			Zoe Clark	Nicola Stimpson	Verena Manchip	Jean Maton			
84 kg	Deadlift	Not Set	125 kg	175 kg	170 kg	155 kg	Not Set	Not Set	Not Set
			28 October 2018	26 May 2019	21 October 2017	26 January 2014		.,	.,

1 1			Zoe Clark	Nicola Stimpson	Verena Manchip	Jean Maton			
	Total	N-+ C-+					N-+ C-+	N-+ C-+	Not Cot
		Not Set	332.5 kg	435 kg	372.5 kg	347.5 kg	Not Set	Not Set	Not Set
			28 October 2018	26 May 2019	21 October 2017	26 January 2014			
	Bench Press All contest		Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton			
		Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set
			28 October 2018	13 August 2016	26 January 2014	26 January 2014			
	Squat			Victoria Cavalier-Hirth	Verena Manchip	Verena Manchip			
		Not Set	Not Set	207.5 kg	160 kg	160 kg	Not Set	Not Set	Not Set
				19 March 2022	15 January 2022	15 January 2022			
	Bench Press			Victoria Cavalier-Hirth	Lisa Styles	Jean Maton			
		Not Set	Not Set	130 kg	80 kg	77.5 kg	Not Set	Not Set	Not Set
				19 March 2022	28 October 2017	28 October 2017			
				Scarlett Sotiris	Lisa Styles	Verena Manchip			
84 kg +	Deadlift	Not Set	Not Set	197.5 kg	190 kg	160 kg	Not Set	Not Set	Not Set
	Bench Press			03 March 2019	28 October 2017	15 January 2022			
				Victoria Cavalier-Hirth	Lisa Styles	Verena Manchip			
	Total	Not Set	Not Set	527.5 kg	420 kg	397.5 kg	Not Set	Not Set Not Not Set Not Not Set Not Not Set Not Not Set Not	Not Set
				19 March 2022	28 October 2017	15 January 2022			
				Victoria Cavalier-Hirth	Lisa Styles	Jean Maton			
	Bench Press All contest	Not Set	Not Set	130 kg	80 kg	77.5 kg	Not Set	Not Set	Not Set
				19 March 2022	28 October 2017	28 October 2017			