

South Midlands Divisional Records									
Male Equipped									
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
53 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
59 kg	Squat	Not Set	Not Set	Daniel Jay 115 kg 1/29/2017	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011
	Bench Press	Not Set	Not Set	Daniel Jay 100 kg 1/29/2017	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011
	Deadlift	Not Set	Not Set	Daniel Jay 170 kg 1/29/2017	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011
	Total	Not Set	Not Set	Daniel Jay 385 kg 1/29/2017	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011
66 kg	Squat	Not Set	George Olteanu 175 kg 23 March 2019	Roger Hamilton-Smith 185 kg 09 February 2019	Roger Hamilton-Smith 185 kg 09 February 2019	Michael James 127.5 kg 28 October 2018	Michael James 127.5 kg 28 October 2018	Not Set	Not Set
	Bench Press	Not Set	George Olteanu 117.5 kg 23 March 2019	Roger Hamilton-Smith 120 kg 09 February 2019	Roger Hamilton-Smith 120 kg 09 February 2019	Michael James 95 kg 03 December 2017	Michael James 95 kg 03 December 2017	Not Set	Not Set
	Deadlift	Not Set	Jamie Jones 210 kg 31 October 2015	Roger Hamilton-Smith 230 kg 09 February 2019	Roger Hamilton-Smith 230 kg 09 February 2019	Michael James 172.5 kg 28 October 2018	Michael James 172.5 kg 28 October 2018	Not Set	Not Set
	Total	Not Set	Jamie Jones 495 kg 31 October 2015	Roger Hamilton-Smith 535 kg 09 February 2019	Roger Hamilton-Smith 535 kg 09 February 2019	Michael James 395 kg 28 October 2018	Michael James 350 kg 28 October 2018	Not Set	Not Set
74 kg	Squat	Nathan Gevao 175 kg 25 March 2018	Terry Martin 205 kg 28 January 2018	Daniel Smith 222.5 kg 01 October 2016	Roger Hamilton-Smith 172.5 kg 01 December 2018	Henry Clark 130 kg 01 February 2015	Henry Clark 130 kg 01 February 2015	Henry Clark 130 kg 01 February 2015	Not Set
	Bench Press	Nathan Gevao 97.5 kg 25 March 2018	Terry Martin 140 kg 28 January 2018	Daniel Smith 145 kg 01 October 2016	Roger Hamilton-Smith 115 kg 01 December 2018	Nick Hawker 70 kg 26 January 2014	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Not Set
	Deadlift	Nathan Gevao 200 kg 25 March 2018	Terry Martin 230 kg 22 May 2016	Darren Helley 250 kg 08 December 2018	Roger Hamilton-Smith 225 kg 01 December 2018	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Not Set
	Total	Nathan Gevao 472.5 kg 25 March 2018	Terry Martin 572.5 kg 28 January 2018	Daniel Smith 592.5 kg 01 October 2016	Roger Hamilton-Smith 512.5 kg 01 December 2018	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Not Set
83 kg	Squat	Nathan Gevao 195 kg 31 October 2015	Terry Martin 260 kg 13 October 2018	Daniel Smith 280 kg 01 February 2015	Roger Hamilton-Smith 255 kg 29 January 2017	Henry Clark 210 kg 08 December 2018	Henry Clark 210 kg 08 December 2018	Not Set	Not Set
	Bench Press	Nathan Gevao 117.5 kg 27 July 2015	Terry Martin 150.5 kg 29 January 2017	Daniel Smith 156 kg 20 April 2019	Roger Hamilton-Smith 135 kg 29 January 2017	Nick Hawker 110 kg 08 December 2018	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Not Set
	Deadlift	Nathan Gevao 195 kg 27 July 2015	Terry Martin 260 kg 13 October 2018	Daniel Smith 280 kg 01 February 2015	Roger Hamilton-Smith 255 kg 29 January 2017	Henry Clark 210 kg 08 December 2018	Henry Clark 210 kg 08 December 2018	Not Set	Not Set
	Total	Nathan Gevao 517.5 kg 31 October 2015	Terry Martin 625 kg 13 October 2018	Daniel Smith 663.5 kg 20 April 2019	Roger Hamilton-Smith 640 kg 29 January 2017	Henry Clark 465 kg 08 December 2018	Henry Clark 465 kg 08 December 2018	Not Set	Not Set
93 kg	Squat	Nathan Gevao 185 kg 29 October 2016	Terry Martin 245 kg 25 March 2018	Daniel Smith 262.5 kg 22 July 2017	Roger Hamilton-Smith 262.5 kg 22 July 2017	Henry Clark 250 kg 11 October 2018	Henry Clark 250 kg 28 October 2017	Henry Clark 250 kg 09 February 2019	Not Set
	Bench Press	Nathan Gevao 122.5 kg 29 October 2016	Terry Martin 160 kg 21 October 2017	Daniel Smith 175 kg 22 May 2016	Roger Hamilton-Smith 157.5 kg 26 January 2014	Nick Hawker 157.5 kg 26 January 2014	Henry Clark 140 kg 28 October 2017	Henry Clark 140 kg 01 December 2018	Not Set
	Deadlift	Nathan Gevao 250 kg 29 October 2016	Terry Martin 285 kg 25 March 2018	Daniel Smith 275 kg 26 January 2014	Roger Hamilton-Smith 272.5 kg 28 October 2017	Henry Clark 272.5 kg 28 October 2017	Henry Clark 272.5 kg 28 October 2017	Henry Clark 272.5 kg 09 February 2019	Not Set
	Total	Nathan Gevao 557.4 kg 29 October 2016	Terry Martin 662.5 kg 25 March 2018	Daniel Smith 670 kg 26 January 2014	Roger Hamilton-Smith 635 kg 28 October 2017	Henry Clark 635 kg 28 October 2017	Henry Clark 635 kg 28 October 2017	Henry Clark 635 kg 09 February 2019	Not Set
105 kg	Squat	Nathan Gevao 122.5 kg 29 October 2016	Terry Martin 160 kg 21 October 2017	Daniel Smith 190 kg 21 October 2017	Roger Hamilton-Smith 157.5 kg 26 January 2014	Henry Clark 157.5 kg 26 January 2014	Henry Clark 140 kg 28 October 2017	Henry Clark 140 kg 01 December 2018	Not Set
	Bench Press	Nathan Gevao 155 kg 31 October 2015	Terry Martin 175 kg 21 October 2017	Daniel Smith 240 kg 13 May 2016	Roger Hamilton-Smith 240 kg 13 May 2016	Henry Clark 127.5 kg 22 May 2016	Henry Clark 127.5 kg 22 May 2016	Henry Clark 127.5 kg 22 May 2016	Not Set
	Deadlift	Nathan Gevao 285 kg 25 November 2017	Terry Martin 285 kg 25 November 2017	Daniel Smith 325 kg 13 May 2016	Roger Hamilton-Smith 325 kg 13 May 2016	Henry Clark 202.5 kg 22 May 2016	Henry Clark 202.5 kg 22 May 2016	Henry Clark 202.5 kg 22 May 2016	Not Set
	Total	Nathan Gevao 675.5 kg 25 November 2017	Terry Martin 675.5 kg 25 November 2017	Daniel Smith 910 kg 13 May 2016	Roger Hamilton-Smith 910 kg 13 May 2016	Henry Clark 522.5 kg 22 May 2016	Henry Clark 522.5 kg 22 May 2016	Henry Clark 522.5 kg 22 May 2016	Not Set

	Bench Press All contest	Sydney Boroch 155 kg 31 October 2015	Bradley Horne 175 kg 21 October 2017	Martin Green 260 kg 12 July 2015	Martin Green 260 kg 12 July 2015	Keith Blacknell 127.5 kg 22 May 2016	Not Set	Not Set	Not Set
120 kg	Squat	Jack Johnson 300 kg 03 September 2016	Jack Johnson 345 kg 20 January 2018	Dean Bowring 400kg 09 November 2013	Dean Bowring 400kg 09 November 2013	Not Set	Not Set	Not Set	Not Set
		Jack Johnson 245 kg 03 September 2016	Jack Johnson 287.5 kg 20 January 2018	Dean Bowring 302.5 kg 29 November 2014	Dean Bowring 302.5 kg 29 November 2014	Not Set	Not Set	Not Set	Not Set
		Jack Johnson 300 kg 03 September 2016	Jack Johnson 325 kg 20 January 2018	Dean Bowring 355 kg 29 November 2014	Dean Bowring 355 kg 29 November 2014	Not Set	Not Set	Not Set	Not Set
	Total	Jack Johnson 845 kg 03 September 2016	Jack Johnson 957.5 kg 20 January 2018	Dean Bowring 1045 kg 08 November 2014	Dean Bowring 1045 kg 08 November 2014	Not Set	Not Set	Not Set	Not Set
		Jack Johnson 245 kg 03 September 2016	Jack Johnson 287.5 kg 20 January 2018	Dean Bowring 302.5 kg 29 November 2014	Dean Bowring 305.5 kg 19 April 2014	David Brooks 170 kg 15 January 2017	Not Set	Not Set	Not Set
		Jack Johnson 180 kg 19 January 2019	Jack Johnson 205 kg 29 July 2018	Jack Johnson 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
	Deadlift	Ray Bowring 250 kg 20 April 2019	Jack Johnson 310 kg 29 July 2018	Jack Johnson 310 kg 29 July 2018	Mike Adams 280 kg 26 November 2016	Mike Adams 280 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 700 kg 19 January 2019	Jack Johnson 780 kg 29 July 2018	Jack Johnson 780 kg 29 July 2018	Mike Adams 717.5 kg 26 November 2016	Mike Adams 717.5 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 180 kg 19 January 2019	Jack Johnson 205 kg 29 July 2018	Jack Johnson 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
	Bench Press All contest	Ray Bowring 180 kg 19 January 2019	Jack Johnson 205 kg 29 July 2018	Jack Johnson 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
		Ray Bowring 280 kg 19 January 2019	Ray Bowring 280 kg 19 January 2019	Ray Bowring 280 kg 19 January 2019	Mike Adams 252.5 kg 26 November 2016	Mike Adams 252.5 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 180 kg 19 January 2019	Ray Bowring 205 kg 29 July 2018	Ray Bowring 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
120 kg +	Squat	Ray Bowring 280 kg 19 January 2019	Ray Bowring 280 kg 19 January 2019	Ray Bowring 280 kg 19 January 2019	Mike Adams 252.5 kg 26 November 2016	Mike Adams 252.5 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 180 kg 19 January 2019	Ray Bowring 205 kg 29 July 2018	Ray Bowring 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
		Ray Bowring 250 kg 20 April 2019	Jack Johnson 310 kg 29 July 2018	Jack Johnson 310 kg 29 July 2018	Mike Adams 280 kg 26 November 2016	Mike Adams 280 kg 26 November 2016	Not Set	Not Set	Not Set
	Total	Ray Bowring 700 kg 19 January 2019	Jack Johnson 780 kg 29 July 2018	Jack Johnson 780 kg 29 July 2018	Mike Adams 717.5 kg 26 November 2016	Mike Adams 717.5 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 180 kg 19 January 2019	Jack Johnson 205 kg 29 July 2018	Jack Johnson 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
		Ray Bowring 250 kg 20 April 2019	Jack Johnson 310 kg 29 July 2018	Jack Johnson 310 kg 29 July 2018	Mike Adams 280 kg 26 November 2016	Mike Adams 280 kg 26 November 2016	Not Set	Not Set	Not Set
	Deadlift	Ray Bowring 250 kg 20 April 2019	Jack Johnson 310 kg 29 July 2018	Jack Johnson 310 kg 29 July 2018	Mike Adams 280 kg 26 November 2016	Mike Adams 280 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 700 kg 19 January 2019	Jack Johnson 780 kg 29 July 2018	Jack Johnson 780 kg 29 July 2018	Mike Adams 717.5 kg 26 November 2016	Mike Adams 717.5 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 180 kg 19 January 2019	Jack Johnson 205 kg 29 July 2018	Jack Johnson 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
	Bench Press All contest	Ray Bowring 180 kg 19 January 2019	Jack Johnson 205 kg 29 July 2018	Jack Johnson 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
		Ray Bowring 280 kg 19 January 2019	Ray Bowring 280 kg 19 January 2019	Ray Bowring 280 kg 19 January 2019	Mike Adams 252.5 kg 26 November 2016	Mike Adams 252.5 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 180 kg 19 January 2019	Ray Bowring 205 kg 29 July 2018	Ray Bowring 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set