				South N	Midlands Divisional Re	cords			
144 - 1 - l- 4			1	N	/lale Unequipped	ı	1	1	
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
53 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench	Not set	1400 300	Not set	Not see	NOT SET	Not set	Not set	Not set
	Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Squat Bench	Not Set	Not Set	Daniel Jay 115 kg 29 January 2017	Ted Brown 87.5 kg 17 August 2013				
				Daniel Jay	Ted Brown				
	Press	Not Set	Not Set	100 kg	81 kg 17 August 2013	81 kg	81 kg	81 kg	81 kg
	Deadlift			29 January 2017 Daniel Jay	Ted Brown	17 August 2013 Ted Brown	17 August 2013 Ted Brown	17 August 2013 Ted Brown	17 August 2013 Ted Brown
59 kg		Not Set	Not Set	170 kg	135 kg	135 kg	135 kg	135 kg	135 kg
				29 January 2017 Daniel Jay	06 August 2012 Ted Brown				
	Total	Not Set	Not Set	385 kg	295 kg	295 kg	295 kg	295 kg	295 kg
				29 January 2017 Daniel Jay	20 May 2012 Ted Brown				
	Bench Press All	Not Set	Not Set	100 kg	81 kg				
	contest			29 January 2017	17 August 2013				
	Squat	Not Set	George Olteanu 175 kg	Roger Hamilton-Smith 185 kg	Roger Hamilton-Smith 185 kg	Michael James 127.5 kg	Michael James 127.5 kg	Not Set	Not Set
		1101501	23 March 2019	09 February 2019	09 February 2019	28 October 2018	28 October 2018	1101501	1101301
	Bench		George Olteanu	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James		
	Press	Not Set	117.5 kg 23 March 2019	120 kg 09 February 2019	120 kg 09 February 2019	95 kg 03 December 2017	95 kg 03 December 2017	Not Set	Not Set
			Jamie Jones	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James		
66 kg	Deadlift	Not Set	210 kg	230 kg	230 kg	172.5 kg	172.5 kg	Not Set	Not Set
			31 October 2015 Jamie Jones	09 February 2019 Roger Hamilton-Smith	09 February 2019 Roger Hamilton-Smith	28 October 2018 Michael James	28 October 2018 Michael James		
	Total	Not Set	495 kg	535 kg	535 kg	395 kg	395 kg	Not Set	Not Set
			31 October 2015	09 February 2019	09 February 2019	28 October 2018	28 October 2018		
	Bench Press All	Not Set	George Olteanu 117.5 kg	Roger Hamilton-Smith 120 kg	Roger Hamilton-Smith 120 kg	Michael James 95 kg	Michael James 95 kg	Not Set	Not Set
	contest	Horser	23 March 2019	09 February 2019	09 February 2019	03 December 2017	03 December 2017	Notset	Horser
	Squat Bench	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	No. Co.
		175 kg 25 March 2018	222.5 kg 13 October 2018	222.5 kg 01 October 2016	172.5 kg 01 December 2018	130 kg 01 February 2015	130 kg 01 February 2015	130 kg 01 February 2015	Not Set
		Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark	
	Press	97.5 kg 25 March 2018	145 kg 13 October 2018	145 kg 01 October 2016	115 kg 01 December 2018	70 kg 26 January 2014	57.5 kg 01 February 2015	57.5 kg 01 February 2015	Not Set
		Nathan Gevao	Terry Martin	Darren Helley	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	
74 kg	Deadlift	200 kg	235 kg	250 kg	225 kg	160 kg	160 kg	160 kg	Not Set
		25 March 2018 Nathan Gevao	13 October 2018 Terry Martin	08 December 2018 Terry Martin	01 December 2018 Roger Hamilton-Smith	01 February 2015 Henry Clark	01 February 2015 Henry Clark	01 February 2015 Henry Clark	
	Total	472.5 kg	602.5 kg	602.5 kg	512.5 kg	347.5 kg	347.5 kg	347.5 kg	Not Set
		25 March 2018	13 October 2018	13 October 2018	01 December 2018	01 February 2015	01 February 2015	01 February 2015	
	Bench Press All	Nathan Gevao 97.5 kg	Terry Martin 145 kg	Daniel Smith 145 kg	Roger Hamilton-Smith 115 kg	Nick Hawker 70 kg	Henry Clark 57.5 kg	Henry Clark 57.5 kg	Not Set
	contest	25 March 2018	13 October 2018	01 October 2016	01 December 2018	26 January 2014	01 February 2015	01 February 2015	Not Set
	Squat Bench	Jake Leach	William Pickering	Adam Manery	Francis Dorrian	Keith Blacknell			
		205 kg 31 October 2015	222.5 kg 13 October 2018	235 kg 02 December 2018	190 kg 12 November 2016	162.5 kg 23 November 2014	Not Set	Not Set	Not Set
		Jake Leach	James Vickers	Adam Manery	Jonathan Marks	Nigel Seymour			
	Press	117.5 kg 27 July 2015	150.5 kg 29 January 2017	155 kg 27 January 2018	115 kg 09 February 2019	110 kg 08 December 2018	Not Set	Not Set	Not Set
83 kg		Jake Leach	William Pickering	Eze Erediauwa	Jonathan Marks	Nigel Seymour			
	Deadlift	195 kg	260 kg	280 kg	215 kg	210 kg	Not Set	Not Set	Not Set
	Total	27 July 2015 Jake Leach	13 October 2018 William Pickering	01 February 2015 Iman Salemi	09 February 2019 Jonathan Marks	08 December 2018 Nigel Seymour			
		517.5 kg	625 kg	642.5 kg	505 kg	465 kg	Not Set	Not Set	Not Set
		31 October 2015	13 October 2018	09 February 2019	09 February 2019	08 December 2018			
	Bench Press All	Jake Leach 117.5 kg	James Vickers 150.5 kg	Adam Manery 155 kg	William Dadley 127.5 kg	William Dadley 127.5 kg	Not Set	Not Set	Not Set
	contest	27 July 2015	29 January 2017	27 January 2018	17 December 2016	17 December 2016			
	Squat	Edwin Lord 185 kg	Sean-Paul Mackenzie 245 kg	lain Kendrick 262.5 kg	lain Kendrick 262.5 kg	Keith Blacknell 235 kg	Andy Bonner 222.5 kg	David Purkiss 75 kg	Not Set
93 kg		29 October 2016	245 kg 25 March 2018	262.5 kg 22 July 2017	262.5 kg 22 July 2017	13 July 2017	28 October 2017	09 February 2019	NOUSEL
	Bench	Edwin Lord	David Chudley	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
	Press	122.5 kg 29 October 2016	160 kg 21 October 2017	175 kg 22 May 2016	157.5 kg 26 January 2014	157.5 kg 26 January 2014	140 kg 28 October 2017	75 kg 01 December 2018	Not Set
		Edwin Lord	Sean-Paul Mackenzie	lain Kendrick	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
	Deadlift	250 kg	285 kg	275 kg	272.5 kg	272.5 kg	272.5 kg	100 kg	Not Set
		29 October 2016 Edwin Lord	25 March 2018 Sean-Paul Mackenzie	26 January 2014 Iain Kendrick	28 October 2017	28 October 2017	28 October 2017	09 February 2019 David Purkiss	
	Total	557.4 kg	662.5 kg	690 kg	lain Kendrick 670 kg	Andy Bonner 635 kg	Andy Bonner 635 kg	250 kg	Not Set
		29 October 2016	25 March 2018	26 January 2014	19 June 2016	28 October 2017	28 October 2017	09 February 2019	
	Bench	Edwin Lord	David Chudley	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	No. Co.
	Press All contest	122.5 kg 29 October 2016	160 kg 21 October 2017	190 kg 21 October 2017	157.5 kg 26 January 2014	157.5 kg 26 January 2014	140 kg 28 October 2017	75 kg 01 December 2018	Not Set

- 1		Educin Lond	Educia Land	MCII Va accidente	Danie Barrata	Kalah Blashasili			
	C	Edwin Lord	Edwin Lord	Will Knowland	Dean Bowring	Keith Blacknell			
	Squat	235 kg	245 kg	260 kg	255 kg	192.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	29 January 2017	26 November 2016	22 May 2016			
	Bench	Sydney Boroch	Bradley Horne	Dean Bowring	Dean Bowring	Keith Blacknell			
	Press	155 kg	175 kg	180 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
ĺ		31 October 2015	21 October 2017	26 November 2016	26 November 2016	22 May 2016			
		Edwin Lord	Edwin Lord	Nathan Scott	Nathan Scott	Keith Blacknell			
105 kg	Deadlift	285 kg	295 kg	320 kg	320 kg	202.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	26 January 2014	26 January 2014	22 May 2016			
		Edwin Lord	Edwin Lord	Dean Bowring	Dean Bowring	Keith Blacknell			
	Total	675.5 kg	697.5 kg	750 kg	750 kg	522.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	26 November 2016	26 November 2016	22 May 2016			
	Bench	Sydney Boroch	Bradley Horne	Dean Bowring	Dean Bowring	Keith Blacknell			
	Press All	155 kg	175 kg	180 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
	contest	31 October 2015	21 October 2017	26 November 2016	26 November 2016	22 May 2016			
		Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
	Squat	232.5 kg	262.5 kg	262.5 kg	232.5 kg	Not Set	Not Set	Not Set	Not Set
		18 June 2016	16 December 2017	16 December 2017	28 October 2018				
i		Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson				
	Bench	185 kg	200 kg	205 kg	157.5 kg	Not Set	Not Set	Not Set	Not Set
	Press	07 March 2016	16 December 2017	29 May 2018	28 October 2018				
l		Jack Johnson	Jack Johnson	Mark Finnegan	Peter Jackson				
120 kg	Deadlift	270 kg	300 kg	300 kg	262.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2016	16 December 2017	29 January 2017	28 October 2018				
l	Total	Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
		677.5 kg	762.5 kg	762.5 kg	652.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2015	16 December 2017	16 December 2017	28 October 2018				
ľ	Bench	Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson	David Brooks			
	Press All	185 kg	200 kg	205 kg	157.5 kg	145 kg	Not Set	Not Set	Not Set
	contest	07 March 2016	16 December 2017	19 May 2018	28 October 2018	12 November 2016	1100 500	1101501	1100 500
	Squat	Ray Bowring	Patroklos Androulakis- Korakakis	Tom Kelly	Mike Adams	Mike Adams			
		263 kg	270 kg	270 kg	252.5 kg	252.5 kg	Not Set	Not Set	Not Set
		09 February 2019	23 April 2017	22 May 2016	26 November 2016	26 November 2016			
l l	Bench Press	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		132.5 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
		9 Febuary 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016			
120 kg +	Deadlift	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		240 kg	310 kg	310 kg	280 kg	280 kg	Not Set	Not Set	Not Set
		09 February 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Total Bench	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		635.5 kg	780 kg	780 kg	717.5 kg	717.5 kg	Not Set	Not Set	Not Set
		09 February 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
		Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
	Press All	132.5 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
	contest	09 February 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016	1400 300	1400 300	1400 300
	Contest	03 rebluary 2019	23 July 2010	23 July 2018	ZU WIAICH ZUID	20 IVIdi (11 2010			