				South Mid	llands Divisional Records	5		,		
	Female Equipped									
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5	
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
43 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	t Not Set t Not Set t Not Set	
	Bench Press All - contest -	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Squat			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
		Not Set	Not Set	110 kg 15 January 2022	77.5 kg 01 February 2015	77.5 kg 01 February 2015	Not Set	Not Set	Not Set	
				Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
	Bench Press	Not Set	Not Set	57.5 kg	51.5 kg	51.5 kg	Not Set		Not Set	
				15 January 2022 Tzvetelina Tzonova	01 February 2015 Marina Cornwall	01 February 2015 Marina Cornwall				
47 kg	Deadlift	Not Set	Not Set	130 kg	125.5 kg	125.5 kg	Not Set	Not Set	Not Set	
	l t			15 January 2022	01 February 2015	01 February 2015				
				Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
	Total	Not Set	Not Set	297.5 kg	254.5 kg	254.5 kg	Not Set	Not Set	Not Set	
				15 January 2022	01 February 2015	01 February 2015				
	Bench Press All	Not Set	Not Set	Tzvetelina Tzonova 57.5 kg	Marina Cornwall 51.5 kg	Marina Cornwall 51.5 kg	Not Set	Not Set	Not Set	
	contest -	NOT SET	Not Set	15 January 2022	01 February 2015	01 February 2015	Not Set	NOT SET	Not set	
	Squat		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes	JI I COI Gaily 2013				
		Not Set	92.5 kg	165 kg	120 kg	Not Set	Not Set	Not Set	Not Set	
			20 April 2019	02 May 2019	19 January 2019					
			Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes					
	Bench Press	Not Set	57.5 kg	82.5 kg	72.5 kg	Not Set	Not Set	Not Set	Not Set	
			20 April 2019	19 January 2019	19 January 2019					
F2.1	Deadlift		Alina Dewshi	Emma Goodwin	Amanda Hughes					
52 kg		Not Set	107.5 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set	Not Set	
			26 March 2017 Diana-Andreea Zbarcea	05 November 2018 Emma Goodwin	19 January 2019 Amanda Hughes					
	Total	Not Set	252.5 kg	425 kg	320 kg	Not Set	Not Set	Not Set	Not Set	
	. 5 2 4 1	1100000	20 April 2019	02 May 2019	19 January 2019	1100000	1100000	1101501	1101301	

1			Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
	Bench Press All	Not Set	57.5 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set	Not Set
	contest	1101001	20 April 2019	19 January 2019	22 May 2019	1101 001			1101301
			Abigail Stacey	Ellie Steel	Helen Hughes				
1	Squat	Not Set	130 kg	207.5 kg	150 kg	Not Set	Not Set	Not Set	Not Set
	·		08 December 2018	15 September 2018	18 January 2020				
1			Abigail Stacey	Ellie Steel	Helen Hughes				
1	Bench Press	Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
1			08 December 2018	15 September 2018	18 January 2020				
			Catherine Smith	Ellie Steel	Helen Hughes				
57 kg	Deadlift	Not Set	167.5 kg	175 kg	160 kg	Not Set	Not Set	Not Set	Not Set
1			25 February 2017	15 September 2018	18 January 2020				
1			Catherine Smith	Ellie Steel	Helen Hughes				
	Total	Not Set	360 kg	523.5 kg	407.5 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	15 September 2018	18 January 2020				Not Set Not Set
	Donah Drass All		Abigail Stacey	Ellie Steel	Helen Hughes				
	Bench Press All contest	Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
	contest		08 December 2018	15 September 2018	18 May 2019				
			Lucy Hart	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
	Squat	Not Set	162.5 kg	165 kg	165 kg	95 kg	Not Set	Not Set	Not Set
			28 July 2018	18 January 2020	18 January 2020	17 July 2021			
			Sophie Smith	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
	Bench Press	Not Set	82.5 kg	105 kg	105 kg	65 kg	Not Set	Not Set	Not Set
			07 December 2019	18 January 2020	18 January 2020	17 July 2021			Not Set Not Set
			Sophie Smith	Galit Goldshmid	Galit Goldshmid	Rita Shergold		Not Set Not Set	
63 kg	Deadlift	Not Set	160 kg	167.5 kg	167.5 kg	115 kg	Not Set		Not Set
1			07 December 2019	18 January 2020	18 January 2020	17 July 2021			
			Lucy Hart	Galit Goldshmid	Galit Goldshmid	Rita Shergold			
	Total	Not Set	385 kg	437.5 kg	437.5 kg	275 kg	Not Set		Not Set
			28 July 2018	18 January 2020	18 January 2020	17 July 2021			Not Set Not Set Not Set Not Set
4	Bench Press All		Lucy Hart	Beverley Rodgers	Beverley Rodgers	Rita Shergold			
4	contest	Not Set	77.5 kg	112.5 kg	112.5 kg	82.5 kg	Not Set		Not Set
			07 May 2018	21 January 2018	21 January 2018	23 January 2022			
-	Count		Sophie Smith	Sophie Smith					
-	Squat	Not Set	130 kg	130 kg	Not Set	Not Set	Not Set	Not Set Not S	Not Set
-			02 April 2022	02 April 2022					
-	Donah Dro	N C .	Sophie Smith	Sophie Smith	N I C I	N. I.C.	N . C .	N. C.	N . C ·
-	Bench Press	Not Set	93 kg	93 kg	Not Set	Not Set	Not Set	Not Set Not Set	Not Set
-			02 April 2022	02 April 2022					
60 / 6	Doadlift	N-+ C-+	Sophie Smith	Sophie Smith	N-+C-+	Not Cot	N-+ C-+	Not Cot	Not Co.
69 kg	Deadlift	Not Set	175 kg	175 kg	Not Set	Not Set	Not Set	Not Set	Not Set
-			02 April 2022	02 April 2022					
-	Total	N-+ C-+	Sophie Smith	Sophie Smith	N-+ C-+	Not Cot	N-+ C-+	Nat Cat	N-+ C-:
-	Total	Not Set	398 kg	398 kg	Not Set	Not Set	Not Set	Not Set	Not Set
-			02 April 2022	02 April 2022	Dayarlay Dada				
-	Bench Press All	Not Cot	Sophie Smith	Beverley Rodgers	Beverley Rodgers	Not Cot	Not Cot	Not Cat	Not Cot
	contact	Not Set	93 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set	Not Set

	contest		02 April 2022	27 June 2021	27 June 2021				
			Louise Warr	Yasmina Couty	Beverley Rodgers	Rita Shergold			
	Squat	Not Set	128 kg	150 kg	127.5 kg	110 kg	Not Set	Not Set	Not Set
			07 December 2019	22 July 2017	28 October 2017	26 October 2019			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Bench Press	Not Set	80 kg	90 kg	87.5 kg	75 kg	Not Set	Not Set	Not Set
			23 September 2018	22 May 2016	28 October 2017	23 February 2020			
	_		Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord			
72 kg	Deadlift	Not Set	155 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	03 December 2017			
	_		Louise Warr	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Total	Not Set	350.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	20 October 2018			
	Bench Press All		Zoe Clark	Amy Atkinson	Beverley Rodgers	Beverley Rodgers			
	contest	Not Set	80 kg	90 kg	100 kg	100 kg	Not Set	Not Set	Not Set
			18 May 2018	22 May 2016	20 April 2017	20 April 2017			
	l			Angela Ricciardi	Rosie McKenzie	Rosie McKenzie			
	Squat	Not Set	Not Set	145 kg	132.5 kg	132.5 kg	Not Set	Not Set	Not Set Not Set Not Set Not Set
				26 February 2022	19 March 2022	19 March 2022			
				Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
	Bench Press	Not Set	Not Set	85 kg	85 kg	85 kg	Not Set	Not Set	Not Set
				19 March 2022	19 March 2022	19 March 2022			
=61				Angela Ricciardi	Rosie McKenzie	Rosie McKenzie			
76 kg	Deadlift	Not Set	Not Set	170 kg	155 kg	155 kg	Not Set	Not Set	Not Set
				26 February 2022	19 March 2022	19 March 2022			Not Set
				Angela Ricciardi	Rosie McKenzie	Rosie McKenzie		Not Set Not Se	
	Total	Not Set	Not Set	390 kg	372.5 kg	372.5 kg	Not Set		
				26 February 2022	19 March 2022	19 March 2022			
	Bench Press All			Rosie McKenzie	Rosie McKenzie	Rosie McKenzie		Not Set Not Set Not Set Not Set	
	contest -	Not Set	Not Set	85 kg	85 kg	85 kg	Not Set	Not Set	Not Set
			7 0 1	19 March 2022	19 March 2022	19 March 2022			
	Courat	Zoe Clark Jean Maton Jean Maton Jean Maton	N-+ C-+	N-+ C-+	NI-+ C-+				
	Squat	Not Set	130 kg	180 kg	180 kg	180 kg	Not Set	Not Set	Not Set
			28 October 2018	16 March 2014	16 March 2014	16 March 2014			
	Bench Press	Not Sot	Zoe Clark 77.5 kg	Jean Maton	Jean Maton	Jean Maton	Not Cot	Not Sot	Not Cot
	Delicii Fiess	Not Set	28 October 2018	112.5 kg 16 March 2014	112.5 kg 16 March 2014	112.5 kg 16 March 2014	Not Set	NOT SET	Not set
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
84 kg	Deadlift	Not Set	125 kg	180 kg	180 kg	180 kg	Not Set	Not Set	Not Set
UT NE	Deadille	NOT SET	28 October 2018	16 March 2014	16 March 2014	16 March 2014	NOL SEL	NOT SET	Not set
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Total	Not Set	332.5 kg	472.5 kg	472.5 kg	472.5 kg	Not Set	Not Set	Not Set
	10:01	NOT SET	28 October 2018	16 March 2014	16 March 2014	16 March 2014	NOUSEL	NOCSEC	Not set
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Bench Press All	Not Set	77.5 kg	112.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set
	contest –	NOT JET	28 October 2018	16 March 2014	16 March 2014	16 March 2014	NOUSEL	NOCSEC	Not set

		Squat	Not Set	Not Set	172.5 kg	172.5 kg	172.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
		Bench Press			Jean Maton	Jean Maton	Jean Maton			
			Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
					Scarlett Sotiris	Lisa Styles	Jean Maton			
	84 kg +	Deadlift	Not Set	Not Set	197.5 kg	190 kg	187.5 kg	Not Set	Not Set	Not Set
					03 March 2019	28 October 2017	24 September 2013			
					Jean Maton	Jean Maton	Jean Maton			Not Set Not Set
		Total	Not Set	Not Set	477.5 kg	477.5 kg	477.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			
		Bench Press All			Jean Maton	Jean Maton	Jean Maton			
		contest	Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
					24 September 2013	24 September 2013	24 September 2013			