				South Midlands I	Divisional Records				
Matthe O	116	Hadai se	He day 22	Female	Classic	Markey 2	Martin	B.A	A.A t
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
43 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Not Set	Not Set Nora Jones	Not Set Marina Cornwall	Not Set Marina Cornwall	Not Set	Not Set	Not Set
47 kg	Squat	Not Set	Not Set	90 kg 19 September 2015	77.5 kg 01 February 2015	77.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Nora Jones 55 kg	Marina Cornwall 51.5 kg	Marina Cornwall 51.5 kg	Not Set	Not Set	Not Set
	Dentili i ress	Not set	Not set	19/09/2015 Marina Cornwall	01/02/2015 Marina Cornwall	01/02/2015 Marina Cornwall	Not set	Not set	Not set
	Deadlift	Not Set	Not Set	125.5 kg 01 February 2015	125.5 kg 01 February 2015	125.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Nora Jones 260 kg	Marina Cornwall 254.5 kg	Marina Cornwall 254.5 kg	Not Set	Not Set	Not Set
	Total	NOT SET	Not set	22 May 2016	01 February 2015	01 February 2015	Not set	Not set	Not Set
	Bench Press All contest	Not Set	Not Set	Nora Jones 55 kg	Marina Cornwall 51.5 kg	Marina Cornwall 51.5 kg	Not Set	Not Set	Not Set
	Count	No. Co.	Alina Dewshi	19 September 2015 Emma Goodwin	01 February 2015	01 February 2015	Night Cod	Not Cat	Not Cat
52 kg	Squat	Not Set	90 kg 26 March 2017	117.5 kg 16 December 2017	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Ruth Holloway 55 kg	Emma Goodwin 70 kg	Not Set	Not Set	Not Set	Not Set	Not Set
	D Hitt	N . O	31 October 2015 Alina Dewshi	22 May 2016 Emma Goodwin		N o	N	N	
	Deadlift	Not Set	107.5 kg 26 March 2017	167.5 kg 17 September 2016	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Alina Dewshi 247.5 kg	Emma Goodwin 352.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
	Banch By City		26 March 2017 Ruth Holloway	01 December 2015 Emma Goodwin					.,
	Bench Press All contest	Not Set	55 kg 31 October 2015	70 kg 22 May 2015	Not Set	Not Set	Not Set	Not Set	Not Set
57 kg	Squat	Not Set	Catherine Smith 127.5 kg	Ellie Steel 135 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			25 February 2017 Catherine Smith	29 January 2017 Ellie Steel					
	Bench Press	Not Set	65 kg 25 February 2017	90 kg 29 January 2017	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Catherine Smith 167.5 kg	Ellie Steel 162.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			25 February 2017 Catherine Smith	29 January 2017 Ellie Steel					
	Total	Not Set	360 kg 25 February 2017	387.5 kg 29 January 2017	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Catherine Smith 50 kg	Ellie Steel 90 kg	Not Set	Not Set	Not Set	Not Set	Not Set
63 kg		Tia Ratnavira	25 February 2017 Lucy Hart	29 January 2017 Beverley Rodgers	Beverley Rodgers				
	Squat	72.5 kg 28 January 2018	127.5 kg 24 February 2018	125 kg 14 September 2017	125 kg 14 September 2017	Not Set	Not Set	Not Set	Not Set
	Bench Press	Tia Ratnavira 40 kg	Lucy Hart 57.5 kg	Angelique Borsboom 100 kg	Beverley Rodgers 85.5 kg	Not Set	Not Set	Not Set	Not Set
		28 January 2018 Tia Ratnavira	24 February 2018 Lucy Hart	16 December 2017 Claire Sear	21 October 2017 Beverley Rodgers				
	Deadlift	87.5 kg 28 January 2018	145 kg 24 February 2018	160 kg 21 October 2017	145.5 kg 27 May 2017	Not Set	Not Set	Not Set	Not Set
	Total	Tia Ratnavira 200 kg	Lucy Hart 330 kg	Angelique Borsboom 375 kg	Beverley Rodgers 350.5 kg	Not Set	Not Set	Not Set	Not Set
		28 January 2018 Tia Ratnavira	24 February 2018 Lucy Hart	16 December 2017 Angelique Borsboom	27 May 2017 Angelique Borsboom				
	Bench Press All contest	40 kg 28 January 2018	57.5 kg 24 February 2018	100 kg 16 December 2017	100 kg 17 February 2018	Not Set	Not Set	Not Set	Not Set
72 kg	Squat	Not Set	Zoe Clark 107.5 kg	Yasmina Couty 150 kg	Beverley Rodgers 127.5 kg	Rita Shergold 105 kg	Not Set	Not Set	Not Set
			27 May 2017 Zoe Clark	22 July 2017 Amy Atkinson	28 October 2017 Beverley Rodgers	21 October 2017 Rita Shergold			
	Bench Press	Not Set	67.5 kg 27 May 2017	90 kg 22 May 2016	87.5 kg 28 October 2017	65 kg 21 October 2017	Not Set	Not Set	Not Set
	Deadlift	Not Set	Zoe Clark 125 kg	Amy Atkinson 167.5 kg	Beverley Rodgers 140 kg	Amanda Lord 132.5 kg	Not Set	Not Set	Not Set
			27 May 2017 Zoe Clark	22 May 2016 Amy Atkinson	28 October 2017 Beverley Rodgers	03 December 2017 Rita Shergold			
	Total	Not Set	295 kg 27 May 2017	392.5 kg 22 May 2016	355 kg 28 October 2017	295 kg 21 October 2017	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Zoe Clark 67.5 kg	Amy Atkinson 90 kg	Beverley Rodgers 87.5 kg	Rita Shergold 65 kg	Not Set	Not Set	Not Set
			27 May 2017 Jemma Shaw	22 May 2016 Abbie Barnes	28 October 2017 Varena Manchip	21 October 2017 Jean Maton			
84 kg	Squat	Not Set	85 kg 26 January 2014	147.5 kg 27 July 2015	147.5 kg 10 December 2017	120 kg 22 July 2017	Not Set	Not Set	Not Set
	Bench Press	Not Set	Jemma Shaw 50 kg	Megan Batchelor 90 kg	Jean Maton 82.5 kg	Jean Maton 82.5 kg	Not Set	Not Set	Not Set
			26 January 2014 Jemma Shaw	13 August 2016 Varena Manchip	26 January 2014 Varena Manchip	26 January 2014 Jean Maton			
	Deadlift	Not Set	110 kg 26 January 2014	170 kg 21 October 2017	170 kg 21 October 2017	155 kg 26 January 2014	Not Set	Not Set	Not Set
	Total	Not Set	Jemma Shaw 245 kg	Abbie Barnes 372.5 kg	Varena Manchip 372.5 kg	Jean Maton 347.5 kg	Not Set	Not Set	Not Set
			26 January 2014 Jemma Shaw	26 January 2014 Megan Batchelor	21 October 2017 Jean Maton	26 January 2014 Jean Maton			
	Bench Press All contest	Not Set	50 kg 26 January 2014	90 kg 13 August 2016	82.5 kg 26 January 2014	82.5 kg 26 January 2014	Not Set	Not Set	Not Set
84 kg +	Squat	Not Set	Not Set	Nicola Stimpson 160 kg	Lisa Styles 150 kg	Not Set	Not Set	Not Set	Not Set
				28 January 2018 Sam Foulds	28 October 2017 Lisa Styles				
	Bench Press	Not Set	Not Set	80 kg 29 January 2017	80 kg 28 October 2017	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Lisa Styles 190 kg	Lisa Styles 190 kg	Not Set	Not Set	Not Set	Not Set
				28 October 2017 Lisa Styles	28 October 2017 Lisa Styles				
	Total	Not Set	Not Set	420 kg 28 October 2017	420 kg 28 October 2017	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Not Set	Sam Foulds 80 kg	Lisa Styles 80 kg	Not Set	Not Set	Not Set	Not Set
				29 January 2017	28 October 2017				