				South N	Midlands Divisional Re	cords			
				N	/lale Unequipped				
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
53 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	contest	Not Set	Not Set	Daniel Jay 115 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg
				29 January 2017 Daniel Jay	17 August 2013 Ted Brown	17 August 2013 Ted Brown	17 August 2013 Ted Brown	17 August 2013 Ted Brown	17 August 2013 Ted Brown
	Bench Press	Not Set	Not Set	100 kg	81 kg	81 kg	81 kg	81 kg	81 kg
				29 January 2017 Daniel Jay	17 August 2013 Ted Brown	17 August 2013 Ted Brown	17 August 2013 Ted Brown	17 August 2013 Ted Brown	17 August 2013 Ted Brown
59 kg	Deadlift	Not Set	Not Set	170 kg 29 January 2017	135 kg 06 August 2012	135 kg 06 August 2012	135 kg 06 August 2012	135 kg 06 August 2012	135 kg 06 August 2012
	Tatal	Not Cot	Not Cot	Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
	Total	Not Set	Not Set	385 kg 29 January 2017	295 kg 20 May 2012	295 kg 20 May 2012	295 kg 20 May 2012	295 kg 20 May 2012	295 kg 20 May 2012
	Bench Press All	Not Cot	Not Cot	Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
	contest	Not Set	Not Set	100 kg 29 January 2017	81 kg 17 August 2013	81 kg 17 August 2013	81 kg 17 August 2013	81 kg 17 August 2013	81 kg 17 August 2013
	Caust	Not Set	Jamie Jones	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James	Not Cot	Not Cot
	Squat	Not Set	172.5 kg 31 October 2015	180 kg 08 June 2018	180 kg 08 June 2018	127.5 kg 28 October 2018	127.5 kg 28 October 2018	Not Set	Not Set
	Bench	Not Set	Jamie Jones 112.5 kg	Roger Hamilton-Smith 117.5 kg	Roger Hamilton-Smith 117.5 kg	Michael James 95 kg	Michael James 95 kg	Not Set	Not Set
	Press	Not set	31 October 2015	28 October 2018	02 February 2018	03 December 2017	03 December 2017	Not set	Not set
66 kg	Deadlift	Not Set	Jamie Jones 210 kg	Roger Hamilton-Smith 227.5 kg	Roger Hamilton-Smith 227.5 kg	Michael James 172.5 kg	Michael James 172.5 kg	Not Set	Not Set
00 kg	Deadilit	NOT SET	31 October 2015	11 August 2018	11 August 2018	28 October 2018	28 October 2018	NOT SET	NOT SET
	Total	Not Set	Jamie Jones 495 kg	Roger Hamilton-Smith 520 kg	Roger Hamilton-Smith 520 kg	Michael James 395 kg	Michael James 395 kg	Not Set	Not Set
	Total	1401 301	31 October 2015	08 June 2018	08 June 2018	28 October 2018	28 October 2018	Horser	Not set
	Bench Press All	Not Set	Jamie Jones 112.5 kg	Roger Hamilton-Smith 117.5 kg	Roger Hamilton-Smith 117.5 kg	Michael James 95 kg	Michael James 95 kg	Not Set	Not Set
	contest	Not set	31 October 2015	02 February 2018	02 February 2018	03 December 2017	03 December 2017	Not set	Not set
	Squat	Nathan Gevao 175 kg	Terry Martin 222.5 kg	Daniel Smith 222.5 kg	Roger Hamilton-Smith 172.5 kg	Henry Clark 130 kg	Henry Clark 130 kg	Henry Clark 130 kg	Not Set
		25 March 2018	13 October 2018	01 October 2016	01 December 2018	01 February 2015	01 February 2015	01 February 2015	1400 300
	Bench	Nathan Gevao 97.5 kg	Terry Martin 145 kg	Daniel Smith 145 kg	Roger Hamilton-Smith  115 kg	Nick Hawker 70 kg	Henry Clark 57.5 kg	Henry Clark 57.5 kg	Not Set
	Press	25 March 2018	13 October 2018	01 October 2016	01 December 2018	26 January 2014	01 February 2015	01 February 2015	1101301
74 kg	Deadlift	Nathan Gevao 200 kg	Terry Martin 235 kg	Darren Helley 250 kg	Roger Hamilton-Smith 225 kg	Henry Clark 160 kg	Henry Clark 160 kg	Henry Clark 160 kg	Not Set
7416		25 March 2018	13 October 2018	08 December 2018	01 December 2018	01 February 2015	01 February 2015	01 February 2015	1101301
	Total  Bench Press All	Nathan Gevao 472.5 kg	Terry Martin 602.5 kg	Terry Martin 602.5 kg	Roger Hamilton-Smith 512.5 kg	Henry Clark 347.5 kg	Henry Clark 347.5 kg	Henry Clark 347.5 kg	Not Set
		25 March 2018	13 October 2018	13 October 2018	01 December 2018	01 February 2015	01 February 2015	01 February 2015	
		Nathan Gevao 97.5 kg	Terry Martin 145 kg	Daniel Smith 145 kg	Roger Hamilton-Smith 115 kg	Nick Hawker 70 kg	Henry Clark 57.5 kg	Henry Clark 57.5 kg	Not Set
	contest	25 March 2018	13 October 2018	01 October 2016	01 December 2018	26 January 2014	01 February 2015	01 February 2015	1101301
	Squat	Jake Leach 205 kg	William Pickering 222.5 kg	Adam Manery 235 kg	Francis Dorrian 190 kg	Keith Blacknell 162.5 kg	Not Set	Not Set	Not Set
		31 October 2015	13 October 2018	02 December 2018	12 November 2016	23 November 2014			
		Jake Leach 117.5 kg	James Vickers 150.5 kg	Adam Manery 155 kg	Keith Blacknell 105 kg	Nigel Seymour 110 kg	Not Set	Not Set	Not Set
	Press	27 July 2015	29 January 2017	27 January 2018	23 November 2014	08 December 2018			
83 kg	Deadlift	Jake Leach 195 kg	William Pickering 260 kg	Eze Erediauwa 280 kg	Francis Dorrian 205 kg	Nigel Seymour 210 kg	Not Set	Not Set	Not Set
	Total	27 July 2015	13 October 2018	01 February 2015	12 November 2016	08 December 2018			
		Jake Leach 517.5 kg	William Pickering 625 kg	Adam Manery 637.5 kg	Francis Dorrian 500 kg	Nigel Seymour 465 kg	Not Set	Not Set	Not Set
		31 October 2015	13 October 2018	02 December 2018	12 November 2016	08 December 2018			
	Bench Press All	Jake Leach 117.5 kg	James Vickers 150.5 kg	Adam Manery 155 kg	William Dadley 127.5 kg	William Dadley 127.5 kg	Not Set	Not Set	Not Set
	contest	27 July 2015	29 January 2017	27 January 2018	17 December 2016	17 December 2016			
	Squat	Edwin Lord 185 kg	Sean-Paul Mackenzie 245 kg	lain Kendrick 262.5 kg	lain Kendrick 262.5 kg	Keith Blacknell 235 kg	Andy Bonner 222.5 kg	David Purkiss 65 kg	Not Set
		29 October 2016	25 March 2018	22 July 2017	22 July 2017	13 July 2017	28 October 2017	01 December 2018	
93 kg	Bench Press	Edwin Lord 122.5 kg	David Chudley 160 kg	Dan Watkins 175 kg	Andy Bonner 157.5 kg	Andy Bonner 157.5 kg	Andy Bonner 140 kg	David Purkiss 75 kg	Not Set
		29 October 2016	21 October 2017	22 May 2016	26 January 2014	26 January 2014	28 October 2017	01 December 2018	
	Deadlift	Edwin Lord 250 kg	Sean-Paul Mackenzie 285 kg	lain Kendrick 275 kg	Andy Bonner 272.5 kg	Andy Bonner 272.5 kg	Andy Bonner 272.5 kg	David Purkiss 80 kg	Not Set
		29 October 2016	25 March 2018	26 January 2014	28 October 2017	28 October 2017	28 October 2017	01 December 2018	
	Total	Edwin Lord 557.4 kg	Sean-Paul Mackenzie 662.5 kg	lain Kendrick 690 kg	lain Kendrick 670 kg	Andy Bonner 635 kg	Andy Bonner 635 kg	David Purkiss 220 kg	Not Set
		29 October 2016	25 March 2018	26 January 2014	19 June 2016	28 October 2017	28 October 2017	01 December 2018	
	Bench Press All	Edwin Lord 122.5 kg	David Chudley 160 kg	Dan Watkins 175 kg	Andy Bonner 157.5 kg	Andy Bonner 157.5 kg	Andy Bonner 140 kg	David Purkiss 75 kg	Not Set
	contest	29 October 2016	21 October 2017	22 May 2016	26 January 2014	26 January 2014	28 October 2017	01 December 2018	

		Estado Land	Educia Land	MCII Va accidente	Danie Barrata	Kalah Blashasili			
	Count	Edwin Lord	Edwin Lord	Will Knowland	Dean Bowring	Keith Blacknell			
	Squat	235 kg	245 kg	260 kg	255 kg	192.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	29 January 2017	26 November 2016	22 May 2016			
	Bench	Sydney Boroch	Bradley Horne	Dean Bowring	Dean Bowring	Keith Blacknell			
	Press	155 kg	175 kg	180 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
ĺ		31 October 2015	21 October 2017	26 November 2016	26 November 2016	22 May 2016			
		Edwin Lord	Edwin Lord	Nathan Scott	Nathan Scott	Keith Blacknell			
105 kg	Deadlift	285 kg	295 kg	320 kg	320 kg	202.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	26 January 2014	26 January 2014	22 May 2016			
		Edwin Lord	Edwin Lord	Dean Bowring	Dean Bowring	Keith Blacknell			
	Total	675.5 kg	697.5 kg	750 kg	750 kg	522.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	26 November 2016	26 November 2016	22 May 2016			
	Bench	Sydney Boroch	Bradley Horne	Dean Bowring	Dean Bowring	Keith Blacknell			
	Press All	155 kg	175 kg	180 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
	contest	31 October 2015	21 October 2017	26 November 2016	26 November 2016	22 May 2016			
		Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
	Squat	232.5 kg	262.5 kg	262.5 kg	232.5 kg	Not Set	Not Set	Not Set	Not Set
	·	18 June 2016	16 December 2017	16 December 2017	28 October 2018				
l l		Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson				
	Bench	185 kg	200 kg	205 kg	157.5 kg	Not Set	Not Set	Not Set	Not Set
	Press	07 March 2016	16 December 2017	29 May 2018	28 October 2018				
l		Jack Johnson	Jack Johnson	Mark Finnegan	Peter Jackson				
120 kg	Deadlift	270 kg	300 kg	300 kg	262.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2016	16 December 2017	29 January 2017	28 October 2018				
	Total	Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
		677.5 kg	762.5 kg	762.5 kg	652.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2015	16 December 2017	16 December 2017	28 October 2018				
1	Bench	Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson	David Brooks			
	Press All	185 kg	200 kg	205 kg	157.5 kg	145 kg	Not Set	Not Set	Not Set
	contest	07 March 2016	16 December 2017	19 May 2018	28 October 2018	12 November 2016	1400 300	Not set	1400 300
	contest	07 Waren 2010	10 December 2017	15 Way 2010	20 OCTOBET 2010	12 14040111001 2010			
	Squat	Ray Bowring	Patroklos Androulakis- Korakakis	Tom Kelly	Mike Adams	Mike Adams			
		240 kg	270 kg	270 kg	252.5 kg	252.5 kg	Not Set	Not Set	Not Set
		25 November 2018	23 April 2017	22 May 2016	26 November 2016	26 November 2016			
l	Bench Press	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		130 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
		25 November 2018	29 July 2018	29 July 2018	20 March 2016	20 March 2016			
120 kg +	Deadlift	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		220 kg	310 kg	310 kg	280 kg	280 kg	Not Set	Not Set	Not Set
		13 October 2018	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Total Bench	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		590 kg	780 kg	780 kg	717.5 kg	717.5 kg	Not Set	Not Set	Not Set
		25 November 2018	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
		Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
	Press All						Not Set	Not Set	Not Set
	contest	130 kg	205 kg	205 kg	195 kg	195 kg	Not set	NOT SET	NOT SET
	contest	25 November 2018	29 July 2018	29 July 2018	20 March 2016	20 March 2016			