				South N	Aidlands Divisional Re	cords			
Weight				N	/lale Unequipped	<u> </u>		I	
Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
53 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	- "								
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Danah								
	Bench Press All	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	contest			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
	Squat	Not Set	Not Set	115 kg 29 January 2017	87.5 kg 17 August 2013	87.5 kg 17 August 2013	87.5 kg 17 August 2013	87.5 kg 17 August 2013	87.5 kg 17 August 2013
	Bench			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
	Press	Not Set	Not Set	100 kg 29 January 2017	81 kg 17 August 2013	81 kg 17 August 2013	81 kg 17 August 2013	81 kg 17 August 2013	81 kg 17 August 2013
59 kg	Deadlift	Not Set	Not Set	Daniel Jay 170 kg	Ted Brown 135 kg	Ted Brown 135 kg	Ted Brown 135 kg	Ted Brown 135 kg	Ted Brown 135 kg
33 Kg	Deddiiie	Not set	Not set	29 January 2017	06 August 2012	06 August 2012	06 August 2012	06 August 2012	06 August 2012
	Total	Not Set	Not Set	Daniel Jay 385 kg	Ted Brown 295 kg	Ted Brown 295 kg	Ted Brown 295 kg	Ted Brown 295 kg	Ted Brown 295 kg
	Bench			29 January 2017 Daniel Jay	20 May 2012 Ted Brown	20 May 2012 Ted Brown	20 May 2012 Ted Brown	20 May 2012 Ted Brown	20 May 2012 Ted Brown
	Press All	Not Set	Not Set	100 kg	81 kg	81 kg	81 kg	81 kg	81 kg
	contest	Emran Mahmutovic	Prince Ibahay	29 January 2017 Rod Ramsey	17 August 2013 Rod Ramsey	17 August 2013 Michael James	17 August 2013 Michael James	17 August 2013 Michael James	17 August 2013
	Squat	100 kg 04 June 2022	180 kg 29 June 2019	186 kg 04 June 2022	186 kg 04 June 2022	135 kg 26 October 2019	135 kg 26 October 2019	135 kg 26 October 2019	Not Set
	Bench	Emran Mahmutovic	George Olteanu	Rod Ramsey	Rod Ramsey	Michael James	Michael James	Michael James	
	Press	90 kg 04 June 2022	117.5 kg 23 March 2019	120.5 kg 04 June 2022	120.5 kg 04 June 2022	100 kg 23 June 2018	100 kg 23 June 2018	90 kg 26 October 2019	Not Set
66 kg	Deadlift	Emran Mahmutovic 130 kg	Prince Ibahay 230 kg	Rod Ramsey 230.5 kg	Roger Hamilton-Smith 230 kg	Michael James 183 kg	Michael James 183 kg	Michael James 183 kg	Not Set
OO NG	Deddiiie	04 June 2022	29 June 2019	12 October 2019	09 February 2019	26 October 2019	26 October 2019	26 October 2019	1401 301
	Total	Emran Mahmutovic 320 kg	Prince Ibahay 515 kg	Roger Hamilton-Smith 535 kg	Roger Hamilton-Smith 535 kg	Michael James 408 kg	Michael James 408 kg	Michael James 408 kg	Not Set
	Bench	04 June 2022 Emran Mahmutovic	29 June 2019 George Olteanu	09 February 2019 Rod Ramsey	09 February 2019 Rod Ramsey	26 October 2019 Michael James	26 October 2019 Michael James	26 October 2019 Michael James	
	Press All	90 kg	117.5 kg	120.5 kg	120.5 kg	100 kg	100 kg	90 kg	Not Set
	contest	04 June 2022 Nathan Gevao	23 March 2019 Terry Martin	04 June 2022 David White	04 June 2022 David White	23 June 2018 Henry Clark	23 June 2018 Henry Clark	26 October 2019 Henry Clark	
	Squat	175 kg 25 March 2018	222.5 kg 13 October 2018	242.5 kg 11 March 2022	242.5 kg 11 March 2022	130 kg 01 February 2015	130 kg 01 February 2015	130 kg 01 February 2015	Not Set
	Bench	Nathan Gevao	Terry Martin	Daniel Smith	David White	Nick Hawker	Henry Clark	Henry Clark	
	Press	97.5 kg 25 March 2018	145 kg 13 October 2018	145 kg 01 October 2016	117.5 kg 19 June 2022	70 kg 26 January 2014	57.5 kg 01 February 2015	57.5 kg 01 February 2015	Not Set
74 kg	Deadlift	Mani Ipchi 202.5 kg	Terry Martin 235 kg	Darren Helley 250 kg	David White 245 kg	Henry Clark 160 kg	Henry Clark 160 kg	Henry Clark 160 kg	Not Set
Ü		19 March 2022 Nathan Gevao	13 October 2018 Terry Martin	08 December 2018 David White	19 June 2022 David White	01 February 2015	01 February 2015	01 February 2015	
	Total	472.5 kg	602.5 kg	612.5 kg	595 kg	Henry Clark 347.5 kg	Henry Clark 347.5 kg	Henry Clark 347.5 kg	Not Set
	Bench	25 March 2018 Nathan Gevao	13 October 2018 Terry Martin	27 November 2021 Daniel Smith	19 June 2022 David White	01 February 2015 Samir Mahmutovic	01 February 2015 Henry Clark	01 February 2015 Henry Clark	
	Press All contest	97.5 kg 25 March 2018	145 kg	145 kg	117.5 kg	95 kg 04 June 2022	57.5 kg	57.5 kg 01 February 2015	Not Set
		Jake Leach	13 October 2018 William Pickering	01 October 2016 Iman Salemi	19 June 2022 Francis Dorrian	Keith Blacknell	01 February 2015		
83 kg	Squat	205 kg 31 October 2015	222.5 kg 13 October 2018	247.5 kg 20 April 2019	190 kg 12 November 2016	162.5 kg 23 November 2014	Not Set	Not Set	Not Set
	Bench	Jake Leach 117.5 kg	Duncan Law 155 kg	Iman Salemi 156 kg	Chris Charles 122.5 kg	David Horne 112.5 kg	Not Set	Not Set	Not Set
	Press	27 July 2015	02 April 2022	20 April 2019	20 April 2019	29 June 2019			
	Deadlift	Jake Leach 195 kg	William Pickering 260 kg	Eze Erediauwa 280 kg	Chris Charles 222.5 kg	David Horne 220 kg	Not Set	Not Set	Not Set
		27 July 2015 Jake Leach	13 October 2018 William Pickering	01 February 2015 Iman Salemi	20 April 2019 Chris Charles	04 June 2022 David Horne			
	Total	517.5 kg	625 kg 13 October 2018	663.5 kg	517.5 kg	485 kg	Not Set	Not Set	Not Set
	Bench	31 October 2015 Jake Leach	Duncan Law	20 April 2019 Adam Manery	20 April 2019 William Dadley	04 June 2022 William Dadley			
	Press All contest	117.5 kg 27 July 2015	155 kg 02 April 2022	162.5 kg 22 June 2019	127.5 kg 17 December 2016	127.5 kg 17 December 2016	Not Set	Not Set	Not Set
	Squat	Will Harrowsmith 195 kg	William Pickering 250 kg	William Pickering 287.5 kg	lain Kendrick 262.5 kg	Keith Blacknell 235 kg	Andy Bonner 222.5 kg	David Purkiss 75 kg	Not Set
93 kg		12 June 2021	01 November 2019	03 December 2021	22 July 2017	13 July 2017	28 October 2017	09 February 2019	1401.361
	Bench Press	Edwin Lord 122.5 kg	William Pickering 165 kg	William Pickering 185 kg	Andy Bonner 157.5 kg	Andy Bonner 157.5 kg	Andy Bonner 140 kg	David Purkiss 75 kg	Not Set
	11035	29 October 2016 Will Harrowsmith	01 November 2019 William Pickering	12 March 2022 William Pickering	26 January 2014 Andy Bonner	26 January 2014 Andy Bonner	28 October 2017 Andy Bonner	01 December 2018 David Purkiss	
	Deadlift	250.5 kg	300 kg	335 kg	272.5 kg	272.5 kg	272.5 kg	100 kg	Not Set
	Total	12 June 2021 Edwin Lord	01 November 2019 William Pickering	03 December 2021 William Pickering	28 October 2017 Iain Kendrick	28 October 2017 Andy Bonner	28 October 2017 Andy Bonner	09 February 2019 David Purkiss	
		557.5 kg 29 October 2016	715 kg 01 November 2019	805 kg 03 December 2021	670 kg 19 June 2016	635 kg 28 October 2017	635 kg 28 October 2017	250 kg 09 February 2019	Not Set
	Bench	Edwin Lord	William Pickering	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
	Press All	122.5 kg	165 kg 01 November 2019	190 kg 21 October 2017	157.5 kg 26 January 2014	157.5 kg 26 January 2014	140 kg 28 October 2017	75 kg 01 December 2018	Not Set

		Education	Chardia Widd	Chardia Kidal	Daniel Barrelina	Kalah Diadaadii		I	
	Carret	Edwin Lord	Charlie Kidd	Charlie Kidd	Dean Bowring	Keith Blacknell			
	Squat	235 kg	282.5 kg	282.5 kg	255 kg	192.5 kg	Not Set	Not Set	Not Set
		25 November 2017	02 April 2022	02 April 2022	26 November 2016	22 May 2016			
	Bench	Sydney Boroch	Darren Liu	Darren Liu	Dean Bowring	Keith Blacknell	N-+-C-+	No. Co.	No. Co.
	Press	155 kg	187.5 kg	187.5 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
		31 October 2015	27 November 2021	27 November 2021	26 November 2016	22 May 2016			
	Deadlift	Edwin Lord	Edwin Lord	Nathan Scott	Nathan Scott	Keith Blacknell			
105 kg	Deadillt	285 kg	295 kg	320 kg	320 kg	202.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	26 January 2014	26 January 2014	22 May 2016			
	Total	Edwin Lord	Charlie Kidd	Dean Bowring	Dean Bowring	Keith Blacknell			
		675.5 kg	730 kg	750 kg	750 kg	522.5 kg	Not Set	Not Set	Not Set
		25 November 2017	02 April 2022	26 November 2016	26 November 2016	22 May 2016			
	Bench	Sydney Boroch	Darren Liu	Darren Liu	Dean Bowring	Keith Blacknell			
	Press All	155 kg	187.5 kg	187.5 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
	contest	31 October 2015	27 November 2021	27 November 2021	26 November 2016	22 May 2016			
		Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
	Squat	232.5 kg	262.5 kg	262.5 kg	232.5 kg	Not Set	Not Set	Not Set	Not Set
		18 June 2016	16 December 2017	16 December 2017	28 October 2018				
	Bench	Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson				
	Press	185 kg	200 kg	205 kg	157.5 kg	Not Set	Not Set	Not Set	Not Set
	11033	07 March 2016	16 December 2017	29 May 2018	28 October 2018				
		Jack Johnson	Jack Johnson	Mark Finnegan	Peter Jackson				
120 kg	Deadlift	270 kg	300 kg	300 kg	267.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2016	16 December 2017	29 January 2017	21 April 2019				
		Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
	Total	677.5 kg	762.5 kg	762.5 kg	652.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2015	16 December 2017	16 December 2017	28 October 2018				
	Bench	Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson	David Brooks			
	Press All	185 kg	200 kg	205 kg	157.5 kg	145 kg	Not Set	Not Set	Not Set
	contest	07 March 2016	16 December 2017	19 May 2018	28 October 2018	12 November 2016			
	Coura	Ray Bowring	Ray Bowring	Paul Kirkbride- Richards	Dean Bowring	Mike Adams			
	Squat	302.5 kg	302.5 kg	325 kg	270 kg	252.5 kg	Not Set	Not Set	Not Set
		30 October 2019	30 October 2019	26 February 2022	04 December 2021	26 November 2016			
	Bench Press	Ray Bowring	Jack Johnson	Paul Kirkbride- Richards	Mike Adams	Mike Adams			
		160.5 kg	205 kg	207.5 kg	195 kg	195 kg	Not Set	Not Set	Not Set
		30 October 2019	29 July 2018	26 February 2022	20 March 2016	20 March 2016			
120 1	Deadlift	Ray Bowring	Jack Johnson	Paul Kirkbride- Richards	Dean Bowring	Mike Adams			
120 kg +		285.5 kg	310 kg	330 kg	320 kg	280 kg	Not Set	Not Set	Not Set
		30 October 2019	29 July 2018	26 February 2022	04 December 2021	26 November 2016			
	Total	Ray Bowring	Jack Johnson	Paul Kirkbride- Richards	Dean Bowring	Mike Adams			
		748.5 kg	780 kg	862.5 kg	775 kg	717.5 kg	Not Set	Not Set	Not Set
		30 October 2019	29 July 2018	26 February 2022	04 December 2021	26 November 2016			
	Bench Press All contest	Ray Bowring	Jack Johnson	Paul Kirkbride- Richards	Mike Adams	Mike Adams			
		160.5 kg	205 kg	207.5 kg	195 kg	195 kg	Not Set	Not Set	Not Set
	contest	30 October 2019	29 July 2018	26 February 2022	20 March 2016	20 March 2016			