

South Midlands Divisional Records											
Male Equipped											
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5		
53 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
Bench Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set			
59 kg	Squat	Not Set	Not Set	Daniel Jay 115 kg 1/29/2017	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011		
				Daniel Jay 100 kg 1/29/2017	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011		
				Daniel Jay 100 kg 1/29/2017	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011		
	Bench Press	Not Set	Not Set	Daniel Jay 100 kg 1/29/2017	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011		
				Daniel Jay 100 kg 1/29/2017	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	
				Daniel Jay 100 kg 1/29/2017	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	
	Deadlift	Not Set	Not Set	Daniel Jay 170 kg 1/29/2017	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011		
				Daniel Jay 170 kg 1/29/2017	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	
				Daniel Jay 170 kg 1/29/2017	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	Ted Brown 145 kg 16 April 2011	
	Total	Not Set	Not Set	Daniel Jay 385 kg 1/29/2017	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	
				Daniel Jay 385 kg 1/29/2017	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	
				Daniel Jay 385 kg 1/29/2017	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	Ted Brown 335 kg 16 April 2011	
Bench Press All contest	Not Set	Not Set	Daniel Jay 100 kg 1/29/2017	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011		
			Daniel Jay 100 kg 1/29/2017	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011	Ted Brown 85 kg 16 April 2011		
66 kg	Squat	Not Set	Jamie Jones 172.5 kg 31 October 2015	Roger Hamilton-Smith 180 kg 08 June 2018	Roger Hamilton-Smith 180 kg 08 June 2018	Michael James 127.5 kg 28 October 2018	Michael James 127.5 kg 28 October 2018	Not Set	Not Set		
			Jamie Jones 112.5 kg 31 October 2015	Roger Hamilton-Smith 117.5 kg 28 October 2018	Roger Hamilton-Smith 117.5 kg 02 February 2018	Michael James 95 kg 03 December 2017	Michael James 95 kg 03 December 2017	Not Set	Not Set		
			Jamie Jones 112.5 kg 31 October 2015	Roger Hamilton-Smith 117.5 kg 28 October 2018	Roger Hamilton-Smith 117.5 kg 02 February 2018	Michael James 95 kg	Michael James 95 kg	Not Set	Not Set		
	Bench Press	Not Set	Jamie Jones 112.5 kg 31 October 2015	Roger Hamilton-Smith 117.5 kg 28 October 2018	Roger Hamilton-Smith 117.5 kg 02 February 2018	Michael James 95 kg 03 December 2017	Michael James 95 kg 03 December 2017	Not Set	Not Set		
			Jamie Jones 112.5 kg 31 October 2015	Roger Hamilton-Smith 117.5 kg 28 October 2018	Roger Hamilton-Smith 117.5 kg 02 February 2018	Michael James 95 kg	Michael James 95 kg	Not Set	Not Set		
			Jamie Jones 112.5 kg 31 October 2015	Roger Hamilton-Smith 117.5 kg 28 October 2018	Roger Hamilton-Smith 117.5 kg 02 February 2018	Michael James 95 kg	Michael James 95 kg	Not Set	Not Set		
	Deadlift	Not Set	Jamie Jones 210 kg 31 October 2015	Roger Hamilton-Smith 227.5 kg 11 August 2018	Roger Hamilton-Smith 227.5 kg 11 August 2018	Michael James 172.5 kg 28 October 2018	Michael James 172.5 kg 28 October 2018	Not Set	Not Set		
			Jamie Jones 210 kg 31 October 2015	Roger Hamilton-Smith 227.5 kg 11 August 2018	Roger Hamilton-Smith 227.5 kg 11 August 2018	Michael James 172.5 kg	Michael James 172.5 kg	Not Set	Not Set		
			Jamie Jones 210 kg 31 October 2015	Roger Hamilton-Smith 227.5 kg 11 August 2018	Roger Hamilton-Smith 227.5 kg 11 August 2018	Michael James 172.5 kg	Michael James 172.5 kg	Not Set	Not Set		
	Total	Not Set	Jamie Jones 495 kg 31 October 2015	Roger Hamilton-Smith 520 kg 08 June 2018	Roger Hamilton-Smith 520 kg 08 June 2018	Michael James 395 kg 28 October 2018	Michael James 350 kg 28 October 2018	Not Set	Not Set		
			Jamie Jones 495 kg 31 October 2015	Roger Hamilton-Smith 520 kg 08 June 2018	Roger Hamilton-Smith 520 kg 08 June 2018	Michael James 395 kg	Michael James 350 kg	Not Set	Not Set		
			Jamie Jones 495 kg 31 October 2015	Roger Hamilton-Smith 520 kg 08 June 2018	Roger Hamilton-Smith 520 kg 08 June 2018	Michael James 395 kg	Michael James 350 kg	Not Set	Not Set		
Bench Press All contest	Not Set	Jamie Jones 112.5 kg 31 October 2015	Roger Hamilton-Smith 117.5 kg 17 February 2018	Roger Hamilton-Smith 117.5 kg 17 February 2018	Michael James 95 kg 03 December 2017	Michael James 95 kg 03 December 2017	Not Set	Not Set			
		Jamie Jones 112.5 kg 31 October 2015	Roger Hamilton-Smith 117.5 kg 17 February 2018	Roger Hamilton-Smith 117.5 kg 17 February 2018	Michael James 95 kg	Michael James 95 kg	Not Set	Not Set			
74 kg	Squat	Nathan Gevao 175 kg 25 March 2018	Terry Martin 205 kg 28 January 2018	Daniel Smith 222.5 kg 01 October 2016	Roger Hamilton-Smith 172.5 kg 01 December 2018	Henry Clark 130 kg 01 February 2015	Henry Clark 130 kg 01 February 2015	Henry Clark 130 kg 01 February 2015	Not Set		
			Nathan Gevao 175 kg 25 March 2018	Terry Martin 205 kg 28 January 2018	Daniel Smith 222.5 kg 01 October 2016	Roger Hamilton-Smith 172.5 kg 01 December 2018	Henry Clark 130 kg 01 February 2015	Henry Clark 130 kg 01 February 2015	Henry Clark 130 kg 01 February 2015	Not Set	
			Nathan Gevao 175 kg 25 March 2018	Terry Martin 205 kg 28 January 2018	Daniel Smith 222.5 kg 01 October 2016	Roger Hamilton-Smith 172.5 kg 01 December 2018	Henry Clark 130 kg 01 February 2015	Henry Clark 130 kg 01 February 2015	Henry Clark 130 kg 01 February 2015	Not Set	
	Bench Press	Nathan Gevao 97.5 kg 25 March 2018	Terry Martin 140 kg 28 January 2018	Daniel Smith 145 kg 01 October 2016	Roger Hamilton-Smith 115 kg 01 December 2018	Nick Hawker 70 kg 26 January 2014	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Not Set	
			Nathan Gevao 97.5 kg 25 March 2018	Terry Martin 140 kg 28 January 2018	Daniel Smith 145 kg 01 October 2016	Roger Hamilton-Smith 115 kg 01 December 2018	Nick Hawker 70 kg 26 January 2014	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Not Set
			Nathan Gevao 97.5 kg 25 March 2018	Terry Martin 140 kg 28 January 2018	Daniel Smith 145 kg 01 October 2016	Roger Hamilton-Smith 115 kg 01 December 2018	Nick Hawker 70 kg 26 January 2014	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Not Set
	Deadlift	Nathan Gevao 200 kg 25 March 2018	Terry Martin 230 kg 22 May 2016	Darren Helley 250 kg 08 December 2018	Roger Hamilton-Smith 225 kg 01 December 2018	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Not Set	
			Nathan Gevao 200 kg 25 March 2018	Terry Martin 230 kg 22 May 2016	Darren Helley 250 kg 08 December 2018	Roger Hamilton-Smith 225 kg 01 December 2018	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Not Set
			Nathan Gevao 200 kg 25 March 2018	Terry Martin 230 kg 22 May 2016	Darren Helley 250 kg 08 December 2018	Roger Hamilton-Smith 225 kg 01 December 2018	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Henry Clark 160 kg 01 February 2015	Not Set
	Total	Nathan Gevao 472.5 kg 25 March 2018	Terry Martin 572.5 kg 28 January 2018	Daniel Smith 592.5 kg 01 October 2016	Roger Hamilton-Smith 512.5 kg 01 December 2018	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Not Set	
			Nathan Gevao 472.5 kg 25 March 2018	Terry Martin 572.5 kg 28 January 2018	Daniel Smith 592.5 kg 01 October 2016	Roger Hamilton-Smith 512.5 kg 01 December 2018	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Not Set
			Nathan Gevao 472.5 kg 25 March 2018	Terry Martin 572.5 kg 28 January 2018	Daniel Smith 592.5 kg 01 October 2016	Roger Hamilton-Smith 512.5 kg 01 December 2018	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Henry Clark 347.5 kg 01 February 2015	Not Set
Bench Press All contest	Nathan Gevao 97.5 kg 25 March 2018	Terry Martin 140 kg 28 January 2018	Daniel Smith 145 kg 01 October 2016	Roger Hamilton-Smith 115 kg 01 December 2018	Nick Hawker 70 kg 26 January 2014	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Not Set		
		Nathan Gevao 97.5 kg 25 March 2018	Terry Martin 140 kg 28 January 2018	Daniel Smith 145 kg 01 October 2016	Roger Hamilton-Smith 115 kg 01 December 2018	Nick Hawker 70 kg 26 January 2014	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Henry Clark 57.5 kg 01 February 2015	Not Set	
83 kg	Squat	Jake Leach 205 kg 31 October 2015	William Pickering 222.5 kg 13 October 2018	David Murray 252.5 kg 28 May 2018	Joao Arsenio 250 kg 22 May 2016	Keith Blacknell 162.5 kg 23 November 2014	Not Set	Not Set	Not Set		
			Jake Leach 205 kg 31 October 2015	William Pickering 222.5 kg 13 October 2018	David Murray 252.5 kg 28 May 2018	Joao Arsenio 250 kg 22 May 2016	Keith Blacknell 162.5 kg 23 November 2014	Not Set	Not Set	Not Set	
			Jake Leach 205 kg 31 October 2015	William Pickering 222.5 kg 13 October 2018	David Murray 252.5 kg 28 May 2018	Joao Arsenio 250 kg 22 May 2016	Keith Blacknell 162.5 kg 23 November 2014	Not Set	Not Set	Not Set	
	Bench Press	Jake Leach 117.5 kg 27 July 2015	James Vickers 150.5 kg 29 January 2017	David Murray 155 kg 25 March 2018	Joao Arsenio 135 kg 29 January 2017	Nigel Seymour 110 kg 08 December 2018	Not Set	Not Set	Not Set		
			Jake Leach 117.5 kg 27 July 2015	James Vickers 150.5 kg 29 January 2017	David Murray 155 kg 25 March 2018	Joao Arsenio 135 kg 29 January 2017	Nigel Seymour 110 kg 08 December 2018	Not Set	Not Set	Not Set	
			Jake Leach 117.5 kg 27 July 2015	James Vickers 150.5 kg 29 January 2017	David Murray 155 kg 25 March 2018	Joao Arsenio 135 kg 29 January 2017	Nigel Seymour 110 kg 08 December 2018	Not Set	Not Set	Not Set	
	Deadlift	Jake Leach 195 kg 27 July 2015	William Pickering 260 kg 13 October 2018	Eze Erediauwaa 280 kg 01 February 2015	Joao Arsenio 255 kg 29 January 2017	Nigel Seymour 210 kg 08 December 2018	Not Set	Not Set	Not Set		
			Jake Leach 195 kg 27 July 2015	William Pickering 260 kg 13 October 2018	Eze Erediauwaa 280 kg 01 February 2015	Joao Arsenio 255 kg 29 January 2017	Nigel Seymour 210 kg 08 December 2018	Not Set	Not Set	Not Set	
			Jake Leach 195 kg 27 July 2015	William Pickering 260 kg 13 October 2018	Eze Erediauwaa 280 kg 01 February 2015	Joao Arsenio 255 kg 29 January 2017	Nigel Seymour 210 kg 08 December 2018	Not Set	Not Set	Not Set	
	Total	Jake Leach 517.5 kg 31 October 2015	William Pickering 625 kg 13 October 2018	Adam Manery 637.5 kg 02 December 2018	Joao Arsenio 640 kg 29 January 2017	Nigel Seymour 465 kg 08 December 2018	Not St	Not Set	Not Set		
			Jake Leach 517.5 kg 31 October 2015	William Pickering 625 kg 13 October 2018	Adam Manery 637.5 kg 02 December 2018	Joao Arsenio 640 kg 29 January 2017	Nigel Seymour 465 kg 08 December 2018	Not St	Not Set	Not Set	
			Jake Leach 517.5 kg 31 October 2015	William Pickering 625 kg 13 October 2018	Adam Manery 637.5 kg 02 December 2018	Joao Arsenio 640 kg 29 January 2017	Nigel Seymour 465 kg 08 December 2018	Not St	Not Set	Not Set	
Bench Press All contest	Jake Leach 117.5 kg 27 July 2015	James Vickers 150.5 kg 29 January 2017	David Murray 165 kg 16 December 2017	William Dudley 152.5 kg 15 January 2017	William Dudley 127.5 kg 17 December 2016	Not Set	Not Set	Not Set			
		Jake Leach 117.5 kg 27 July 2015	James Vickers 150.5 kg 29 January 2017	David Murray 165 kg 16 December 2017	William Dudley 152.5 kg 15 January 2017	William Dudley 127.5 kg 17 December 2016	Not Set	Not Set	Not Set		
93 kg	Squat	Edwin Lord 185 kg 29 October 2016	Sean-Paul Mackenzie 245 kg 25 March 2018	Iain Kendrick 262.5 kg 22 July 2017	Iain Kendrick 262.5 kg 22 July 2017	Keith Blacknell 250 kg 11 October 2018	Andy Bonner 222.5 kg 28 October 2017	David Purkiss 65 kg 01 December 2018	Not Set		
			Edwin Lord 185 kg 29 October 2016	Sean-Paul Mackenzie 245 kg 25 March 2018	Iain Kendrick 262.5 kg 22 July 2017	Iain Kendrick 262.5 kg 22 July 2017	Keith Blacknell 250 kg 11 October 2018	Andy Bonner 222.5 kg 28 October 2017	David Purkiss 65 kg 01 December 2018	Not Set	
			Edwin Lord 185 kg 29 October 2016	Sean-Paul Mackenzie 245 kg 25 March 2018	Iain Kendrick 262.5 kg 22 July 2017	Iain Kendrick 262.5 kg 22 July 2017	Keith Blacknell 250 kg 11 October 2018	Andy Bonner 222.5 kg 28 October 2017	David Purkiss 65 kg 01 December 2018	Not Set	
	Bench Press	Edwin Lord 122.5 kg 29 October 2016	David Chadley 160 kg 21 October 2017	Dan Watkins 175 kg 22 May 2016	Andy Bonner 157.5 kg 26 January 2014	Andy Bonner 157.5 kg 26 January 2014	Andy Bonner 140 kg 28 October 2017	Andy Bonner 140 kg 28 October 2017	David Purkiss 75 kg 01 December 2018	Not Set	
			Edwin Lord 122.5 kg 29 October 2016	David Chadley 160 kg 21 October 2017	Dan Watkins 175 kg 22 May 2016	Andy Bonner 157.5 kg 26 January 2014	Andy Bonner 157.5 kg 26 January 2014	Andy Bonner 140 kg 28 October 2017	Andy Bonner 140 kg 28 October 2017	David Purkiss 75 kg 01 December 2018	Not Set
			Edwin Lord 122.5 kg 29 October 2016	David Chadley 160 kg 21 October 2017	Dan Watkins 175 kg 22 May 2016	Andy Bonner 157.5 kg 26 January 2014	Andy Bonner 157.5 kg 26 January 2014	Andy Bonner 140 kg 28 October 2017	Andy Bonner 140 kg 28 October 2017	David Purkiss 75 kg 01 December 2018	Not Set
	Deadlift	Edwin Lord 250 kg 29 October 2016	Sean-Paul Mackenzie 285 kg 25 March 2018	Iain Kendrick 275 kg 26 January 2014	Andy Bonner 272.5 kg 28 October 2017	Andy Bonner 272.5 kg 28 October 2017	Andy Bonner 272.5 kg 28 October 2017	Andy Bonner 272.5 kg 28 October 2017	David Purkiss 80 kg 01 December 2018	Not Set	
			Edwin Lord 250 kg 29 October 2016	Sean-Paul Mackenzie 285 kg 25 March 2018	Iain Kendrick 275 kg 26 January 2014	Andy Bonner 272.5 kg 28 October 2017	Andy Bonner 272.5 kg 28 October 2017	Andy Bonner 272.5 kg 28 October 2017	Andy Bonner 272.5 kg 28 October 2017	David Purkiss 80 kg 01 December 2018	Not Set
			Edwin Lord 250 kg 29 October 2016	Sean-Paul Mackenzie 285 kg 25 March 2018	Iain Kendrick 275 kg 26 January 2014	Andy Bonner 272.5 kg 28 October 2017	Andy Bonner 272.5 kg 28 October 2017	Andy Bonner 272.5 kg 28 October 2017	Andy Bonner 272.5 kg 28 October 2017	David Purkiss 80 kg 01 December 2018	Not Set
	Total	Edwin Lord 557.4 kg 29 October 2016	Sean-Paul Mackenzie 662.5 kg 25 March 2018	Iain Kendrick 670 kg 26 January 2014	Andy Bonner 635 kg 28 October 2017	Andy Bonner 635 kg 28 October 2017	Andy Bonner 635 kg 28 October 2017	Andy Bonner 635 kg 28 October 2017	David Purkiss 220 kg 01 December 2018	Not Set	
			Edwin Lord 557.4 kg 29 October 2016	Sean-Paul Mackenzie 662.5 kg 25 March 2018	Iain Kendrick 670 kg 26 January 2014	Andy Bonner 635 kg 28 October 2017	Andy Bonner 635 kg 28 October 2017	Andy Bonner 635 kg 28 October 2017	Andy Bonner 635 kg 28 October 2017	David Purkiss 220 kg 01 December 2018	Not Set

	Bench Press All contest	Sydney Boroch 155 kg 31 October 2015	Bradley Horne 175 kg 21 October 2017	Martin Green 260 kg 12 July 2015	Martin Green 260 kg 12 July 2015	Keith Blacknell 127.5 kg 22 May 2016	Not Set	Not Set	Not Set
120 kg	Squat	Jack Johnson 300 kg 03 September 2016	Jack Johnson 345 kg 20 January 2018	Dean Bowring 400kg 09 November 2013	Dean Bowring 400kg 09 November 2013	Not Set	Not Set	Not Set	Not Set
		Jack Johnson 245 kg 03 September 2016	Jack Johnson 287.5 kg 20 January 2018	Dean Bowring 302.5 kg 29 November 2014	Dean Bowring 302.5 kg 29 November 2014	Not Set	Not Set	Not Set	Not Set
		Jack Johnson 300 kg 03 September 2016	Jack Johnson 325 kg 20 January 2018	Dean Bowring 355 kg 29 November 2014	Dean Bowring 355 kg 29 November 2014	Not Set	Not Set	Not Set	Not Set
	Total	Jack Johnson 845 kg 03 September 2016	Jack Johnson 957.5 kg 20 January 2018	Dean Bowring 1045 kg 08 November 2014	Dean Bowring 1045 kg 08 November 2014	Not Set	Not Set	Not Set	Not Set
		Jack Johnson 245 kg 03 September 2016	Jack Johnson 287.5 kg 20 January 2018	Dean Bowring 302.5 kg 29 November 2014	Dean Bowring 305.5 kg 19 April 2014	David Brooks 170 kg 15 January 2017	Not Set	Not Set	Not Set
		Jack Johnson 180 kg 19 January 2019	Jack Johnson 205 kg 29 July 2018	Jack Johnson 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
	Deadlift	Ray Bowring 240 kg 19 January 2019	Jack Johnson 310 kg 29 July 2018	Jack Johnson 310 kg 29 July 2018	Mike Adams 280 kg 26 November 2016	Mike Adams 280 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 700 kg 19 January 2019	Jack Johnson 780 kg 29 July 2018	Jack Johnson 780 kg 29 July 2018	Mike Adams 717.5 kg 26 November 2016	Mike Adams 717.5 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 180 kg 19 January 2019	Jack Johnson 205 kg 29 July 2018	Jack Johnson 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
	Bench Press All contest	Ray Bowring 180 kg 19 January 2019	Jack Johnson 205 kg 29 July 2018	Jack Johnson 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set
		Ray Bowring 280 kg 19 January 2019	Ray Bowring 280 kg 19 January 2019	Ray Bowring 280 kg 19 January 2019	Mike Adams 252.5 kg 26 November 2016	Mike Adams 252.5 kg 26 November 2016	Not Set	Not Set	Not Set
		Ray Bowring 180 kg 19 January 2019	Ray Bowring 205 kg 29 July 2018	Ray Bowring 205 kg 29 July 2018	Mike Adams 195 kg 20 March 2016	Mike Adams 195 kg 20 March 2016	Not Set	Not Set	Not Set