	South Midlands Divisional Records										
	Female Equipped										
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5		
-	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
-	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
43 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	Bench Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set		
	Squat	Not Set	Not Set	Tzvetelina Tzonova 100 kg 07 December 2019	Marina Cornwall 77.5 kg 01 February 2015	Marina Cornwall 77.5 kg 01 February 2015	Not Set	Not Set	Not Set		
	Bench Press Not Set	Not Set	Not Set	Nora Jones 55 kg 19 September 2015	Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set	Not Set		
47 kg	Deadlift	Not Set	Not Set	Tzvetelina Tzonova 126 kg 07 December 2019	Marina Cornwall 125.5 kg 01 February 2015	Marina Cornwall 125.5 kg 01 February 2015	Not Set	Not Set	Not Set Not Set  Not Set Not Set  Not Set Not Set		
-	Total	Not Set	Not Set	Tzvetelina Tzonova 278.5 kg 07 December 2019	Marina Cornwall 254.5 kg 01 February 2015	Marina Cornwall 254.5 kg 01 February 2015	Not Set	Not Set	Not Set		
-	Bench Press All contest	Not Set	Not Set	Nora Jones 55 kg 19 September 2015	Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set	Not Set  Not Set		
-	Squat	Not Set	Diana-Andreea Zbarcea 92.5 kg 20 April 2019	Emma Goodwin 165 kg 02 May 2019	Amanda Hughes 120 kg 19 January 2019	Not Set	Not Set	Not Set	Not Set		
-	Bench Press	Not Set	Diana-Andreea Zbarcea 57.5 kg 20 April 2019	Emma Goodwin 82.5 kg 19 January 2019	Amanda Hughes 72.5 kg 19 January 2019	Not Set	Not Set	Not Set	Not Set		
52 kg	Deadlift	Not Set	Alina Dewshi 107.5 kg 26 March 2017	Emma Goodwin 180 kg 05 November 2018	Amanda Hughes 127.5 kg 19 January 2019	Not Set	Not Set	Not Set	Not Set		
-	Total	Not Set	Diana-Andreea Zbarcea 252.5 kg 20 April 2019	Emma Goodwin 425 kg 02 May 2019	Amanda Hughes 320 kg 19 January 2019	Not Set	Not Set	Not Set	Not Set		

1			Diana-Andreea Zbarcea	Emma Goodwin	Amanda Hughes				
	Bench Press All	Not Set	57.5 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set	Not Set
	contest	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	20 April 2019	19 January 2019	22 May 2019		1101001	1101001	1101001
			Abigail Stacey	Ellie Steel	Helen Hughes				
	Squat	Not Set	130 kg	207.5 kg	150 kg	Not Set	Not Set	Not Set	Not Set
	, i		08 December 2018	15 September 2018	18 January 2020				
			Abigail Stacey	Ellie Steel	Helen Hughes				
	Bench Press	Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	15 September 2018	18 January 2020				
	Deadlift		Catherine Smith	Ellie Steel	Helen Hughes				
57 kg		Not Set	167.5 kg	175 kg	160 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	15 September 2018	18 January 2020				
			Catherine Smith	Ellie Steel	Helen Hughes				
	Total	Not Set	360 kg	523.5 kg	407.5 kg	Not Set	Not Set	Not Set	Not Set
	Deadlift  Total  Bench Press All contest  Squat  Bench Press		25 February 2017	15 September 2018	18 January 2020				
	Rench Press All		Abigail Stacey	Ellie Steel	Helen Hughes				
		Not Set	72.5 kg	141 kg	97.5 kg	Not Set	Not Set	Not Set	Not Set
	Contest		08 December 2018	15 September 2018	18 May 2019				
			Lucy Hart	Galit Goldshmid	Galit Goldshmid				
	Squat	Not Set	162.5 kg	165 kg	165 kg	Not Set	Not Set	Not Set	Not Set
			28 July 2018	18 January 2020	18 January 2020				
	-		Sophie Smith	Galit Goldshmid	Galit Goldshmid				
	Bench Press	Not Set	82.5 kg	105 kg	105 kg	Not Set	Not Set	Not Set	Not Set
			07 December 2019	18 January 2020	18 January 2020				Not Set  Not Set
	D 11:0		Sophie Smith	Galit Goldshmid	Galit Goldshmid				
63 kg	Deadlift	Not Set	160 kg	167.5 kg	167.5 kg	Not Set	Not Set	Not Set Not Se	Not Set
			07 December 2019	18 January 2020	18 January 2020				NOT SET
	Total	N-+ C-+	Lucy Hart	Galit Goldshmid	Galit Goldshmid	Not Cot	Not Cot	NI-+ C-+	NI-+ C-+
	TOLAT	Not Set	385 kg	437.5 kg	437.5 kg	Not Set	Not Set	Not Set Not Set	Not Set
			28 July 2018	18 January 2020 Beverley Rodgers	18 January 2020 Beverley Rodgers				
	Bench Press All	Not Set	Lucy Hart 77.5 kg	112.5 kg	112.5 kg	Not Set	Not Set		Not Sot
	contest	NOU SEL	07 May 2018	21 January 2018	21 January 2018	Not set	Not set		Not set
				21 January 2010	21 Junuary 2010				
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set  Not Set	Not Set
			1101 501				1101 501		1101001
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
69 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All								
	contact	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set

	Contest								
			Louise Warr	Yasmina Couty	Beverley Rodgers	Rita Shergold			
	Squat	Not Set	128 kg	150 kg	127.5 kg	110 kg	Not Set	Not Set	Not Set
			07 December 2019	22 July 2017	28 October 2017	26 October 2019			
	_		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Bench Press	Not Set	80 kg	90 kg	87.5 kg	75 kg	Not Set	Not Set	Not Set
			23 September 2018	22 May 2016	28 October 2017	23 February 2020			
			Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord			
72 kg	Deadlift	Not Set	155 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	03 December 2017			
			Louise Warr	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Total	Not Set	350.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	20 October 2018			et Not Set  et Not Set
	Bench Press All		Zoe Clark	Amy Atkinson	Beverley Rodgers	Beverley Rodgers		Not Set Not Set	
	contest	Not Set	80 kg	90 kg	100 kg	100 kg	Not Set	Not Set	Not Set
			18 May 2018	22 May 2016	20 April 2017	20 April 2017			
	Saust	N-2 C	Nat C	N-4 C	NI-: C :	Net C :	N-+C :	N-/ C :	
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set Not Set	
	Bench Press	N-+ C-+	Not Cot	N-+ C-+	NI-+ C-+	Not Cot	N-+C-+	Not Cot	N-+ C-+
	Belicii Piess	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
76 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Sot	et Not Set
7016	Deddiiit	NOT SET	Not set	Not Set	Not set	NOT SET	NOT SET	Not set	Not set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set Not Set  Not Set Not Set	
			Not set	1100 500	1100000	1101 501		1101001	Not Set Not Set  Not Set Not Set  Not Set Not Set  Not Set Not Set
	Bench Press All	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set  Not Set	
	contest								
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Squat	Not Set	130 kg	180 kg	180 kg	180 kg	Not Set	Not Set	Not Set
			28 October 2018	16 March 2014	16 March 2014	16 March 2014			
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Bench Press	Not Set	77.5 kg	112.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set
			28 October 2018	16 March 2014	16 March 2014	16 March 2014			
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
84 kg	Deadlift	Not Set	125 kg	180 kg	180 kg	180 kg	Not Set	Not Set	Not Set
			28 October 2018	16 March 2014	16 March 2014	16 March 2014			
			Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	Total	Not Set	332.5 kg	472.5 kg	472.5 kg	472.5 kg	Not Set	Not Set	Not Set
			28 October 2018	16 March 2014	16 March 2014	16 March 2014			
	Bench Press All		Zoe Clark	Jean Maton	Jean Maton	Jean Maton			
	contest	Not Set	77.5 kg	112.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set
	Contest		28 October 2018	16 March 2014	16 March 2014	16 March 2014			
				Jean Maton	Jean Maton	Jean Maton			

	Squat	Not Set	Not Set	172.5 kg	172.5 kg	172.5 kg	Not Set	Not Set	Not Set
				24 September 2013	24 September 2013	24 September 2013			
	Bench Press			Jean Maton	Jean Maton	Jean Maton			
		Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
				24 September 2013	24 September 2013	24 September 2013			
				Scarlett Sotiris	Lisa Styles	Jean Maton			
84 kg +	Total  Bench Press All contest	Not Set	Not Set	197.5 kg	190 kg	187.5 kg	Not Set	Not Set	Not Set
				03 March 2019	28 October 2017	24 September 2013			
				Jean Maton	Jean Maton	Jean Maton			
		Not Set	Not Set	477.5 kg	477.5 kg	477.5 kg	Not Set	Not Set	Not Set
				24 September 2013	24 September 2013	24 September 2013			
				Jean Maton	Jean Maton	Jean Maton			
		Not Set	Not Set	117.5 kg	117.5 kg	117.5 kg	Not Set	Not Set	Not Set
				24 September 2013	24 September 2013	24 September 2013			