				South N	Midlands Divisional Re	cords			
144-1-ba			1	N	/lale Unequipped	Г	1	1	
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
53 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench								
	Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Squat Bench	Not Set	Not Set	Daniel Jay 115 kg 29 January 2017	Ted Brown 87.5 kg 17 August 2013				
		No. Con	Not Cot	Daniel Jay	Ted Brown				
	Press	Not Set	Not Set	100 kg 29 January 2017	81 kg 17 August 2013				
				Daniel Jay	Ted Brown				
59 kg	Deadlift	Not Set	Not Set	170 kg	135 kg	135 kg	135 kg	135 kg	135 kg
				29 January 2017 Daniel Jay	06 August 2012 Ted Brown				
	Total	Not Set	Not Set	385 kg	295 kg	295 kg	295 kg	295 kg	295 kg
				29 January 2017	20 May 2012				
	Bench Press All	Not Set	Not Set	Daniel Jay 100 kg	Ted Brown 81 kg	Ted Brown 81 kg	Ted Brown 81 kg	Ted Brown 81 kg	Ted Brown 81 kg
	contest	1100 500	Horser	29 January 2017	17 August 2013				
			George Olteanu	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James		
	Squat	Not Set	175 kg	185 kg	185 kg	127.5 kg	127.5 kg	Not Set	Not Set
			23 March 2019 George Olteanu	09 February 2019 Roger Hamilton-Smith	09 February 2019 Roger Hamilton-Smith	28 October 2018 Michael James	28 October 2018 Michael James		
	Bench Press	Not Set	117.5 kg	120 kg	120 kg	95 kg	95 kg	Not Set	Not Set
	11633		23 March 2019	09 February 2019	09 February 2019	03 December 2017	03 December 2017		
ee ka	Deadlift	Not Sot	Jamie Jones	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James	Not Sot	Not Sot
66 kg	Deaulit	Not Set	210 kg 31 October 2015	230 kg 09 February 2019	230 kg 09 February 2019	172.5 kg 28 October 2018	172.5 kg 28 October 2018	Not Set	Not Set
			Jamie Jones	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James		
	Total	Not Set	495 kg	535 kg	535 kg	395 kg	395 kg	Not Set	Not Set
	Danah		31 October 2015	09 February 2019	09 February 2019 Roger Hamilton-Smith	28 October 2018	28 October 2018		
	Bench Press All	Not Set	George Olteanu 117.5 kg	Roger Hamilton-Smith 120 kg	120 kg	Michael James 95 kg	Michael James 95 kg	Not Set	Not Set
	contest		23 March 2019	09 February 2019	09 February 2019	03 December 2017	03 December 2017		
		Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	
	Squat	175 kg 25 March 2018	222.5 kg 13 October 2018	222.5 kg 01 October 2016	172.5 kg 01 December 2018	130 kg 01 February 2015	130 kg 01 February 2015	130 kg 01 February 2015	Not Set
		Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark	
	Bench Press	97.5 kg	145 kg	145 kg	115 kg	70 kg	57.5 kg	57.5 kg	Not Set
		25 March 2018	13 October 2018	01 October 2016	01 December 2018	26 January 2014	01 February 2015	01 February 2015	
74 kg	Deadlift	Nathan Gevao 200 kg	Terry Martin 235 kg	Darren Helley 250 kg	Roger Hamilton-Smith 225 kg	Henry Clark 160 kg	Henry Clark 160 kg	Henry Clark 160 kg	Not Set
		25 March 2018	13 October 2018	08 December 2018		01 February 2015	01 February 2015	01 February 2015	
		Nathan Gevao	Terry Martin	Terry Martin	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	
	Total	472.5 kg	602.5 kg	602.5 kg	512.5 kg	347.5 kg	347.5 kg	347.5 kg	Not Set
	Bench	25 March 2018 Nathan Gevao	13 October 2018 Terry Martin	13 October 2018 Daniel Smith	01 December 2018 Roger Hamilton-Smith	01 February 2015 Nick Hawker	01 February 2015 Henry Clark	01 February 2015 Henry Clark	
	Press All	97.5 kg	145 kg	145 kg	115 kg	70 kg	57.5 kg	57.5 kg	Not Set
	contest	25 March 2018	13 October 2018	01 October 2016	01 December 2018	26 January 2014	01 February 2015	01 February 2015	
83 kg	Squat Bench Press	Jake Leach 205 kg	William Pickering 222.5 kg	Iman Salemi 247.5 kg	Francis Dorrian 190 kg	Keith Blacknell 162.5 kg	Not Set	Not Set	Not Set
		31 October 2015	13 October 2018	20 April 2019	12 November 2016	23 November 2014	.400 300	.101 301	7401.361
		Jake Leach	James Vickers	Iman Salemi	Chris Charles	Nigel Seymour			
		117.5 kg 27 July 2015	150.5 kg 29 January 2017	156 kg 20 April 2019	122.5 kg 20 April 2019	110 kg 08 December 2018	Not Set	Not Set	Not Set
		Jake Leach	William Pickering	Eze Erediauwa	Chris Charles	Nigel Seymour			
	Deadlift	195 kg	260 kg	280 kg	222.5 kg	210 kg	Not Set	Not Set	Not Set
	Total Bench	27 July 2015	13 October 2018	01 February 2015	20 April 2019	08 December 2018			
		Jake Leach 517.5 kg	William Pickering 625 kg	Iman Salemi 663.5 kg	Chris Charles 517.5 kg	Nigel Seymour 465 kg	Not Set	Not Set	Not Set
		31 October 2015	13 October 2018	20 April 2019	20 April 2019	08 December 2018	.100 300	.101.501	7401.361
		Jake Leach	James Vickers	Iman Salemi	William Dadley	William Dadley			
	Press All	117.5 kg	150.5 kg	156 kg	127.5 kg	127.5 kg	Not Set	Not Set	Not Set
	Squat	27 July 2015 Edwin Lord	29 January 2017 Sean-Paul Mackenzie	20 April 2019 Iain Kendrick	17 December 2016 lain Kendrick	17 December 2016 Keith Blacknell	Andy Bonner	David Purkiss	
		185 kg	245 kg	262.5 kg	262.5 kg	235 kg	222.5 kg	75 kg	Not Set
		29 October 2016	25 March 2018	22 July 2017	22 July 2017	13 July 2017	28 October 2017	09 February 2019	
93 kg	Bench	Edwin Lord 122.5 kg	David Chudley 160 kg	Dan Watkins 175 kg	Andy Bonner 157.5 kg	Andy Bonner 157.5 kg	Andy Bonner 140 kg	David Purkiss 75 kg	Not Set
	Press	29 October 2016	21 October 2017	22 May 2016	26 January 2014	26 January 2014	28 October 2017	01 December 2018	NOT SET
		Edwin Lord	Sean-Paul Mackenzie	lain Kendrick	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
	Deadlift	250 kg	285 kg	275 kg	272.5 kg	272.5 kg	272.5 kg	100 kg	Not Set
		29 October 2016 Edwin Lord	25 March 2018 Sean-Paul Mackenzie	26 January 2014 Iain Kendrick	28 October 2017 lain Kendrick	28 October 2017 Andy Bonner	28 October 2017 Andy Bonner	09 February 2019 David Purkiss	
	Total	557.4 kg	662.5 kg	690 kg	670 kg	635 kg	635 kg	250 kg	Not Set
		29 October 2016	25 March 2018	26 January 2014	19 June 2016	28 October 2017	28 October 2017	09 February 2019	
	Bench	Edwin Lord	David Chudley	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
	Press All	122.5 kg	160 kg	190 kg	157.5 kg	157.5 kg	140 kg	75 kg	Not Set
	contest	29 October 2016	21 October 2017	21 October 2017	26 January 2014	26 January 2014	28 October 2017	01 December 2018	

		Edwin Lord	Edwin Lord	Will Knowland	Dean Bowring	Keith Blacknell			l
	Squat	235 kg	245 kg	260 kg	255 kg	192.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	29 January 2017	26 November 2016	22 May 2016	1400 300	Not set	Not set
		Sydney Boroch	Bradley Horne	Dean Bowring	Dean Bowring	Keith Blacknell			
	Bench	155 kg	175 kg	180 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
	Press	31 October 2015	21 October 2017	26 November 2016	26 November 2016	22 May 2016	1400 300	Not set	Not set
		Edwin Lord	Edwin Lord	Nathan Scott	Nathan Scott	Keith Blacknell			
105 kg	Deadlift	285 kg	295 kg	320 kg	320 kg	202.5 kg	Not Set	Not Set	Not Set
103 kg		25 November 2017	25 March 2018	26 January 2014	26 January 2014	22 May 2016	NOT SET	Not set	Not set
		Edwin Lord	Edwin Lord	Dean Bowring	Dean Bowring	Keith Blacknell			
	Total Bench	675.5 kg	697.5 kg	750 kg	750 kg	522.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	26 November 2016	26 November 2016	22 May 2016	NOT SET	Not set	NOT SET
		Sydney Boroch	Bradley Horne	Dean Bowring	Dean Bowring	Keith Blacknell			
	Press All	155 kg	175 kg	180 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
	contest	31 October 2015	21 October 2017	26 November 2016	26 November 2016	22 May 2016	NOL SEL	Not set	Not set
	contest					22 IVIAY 2010			
	Squat	Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson	Netice	N-+ C-+	Not Cot	No. Co.
		232.5 kg	262.5 kg	262.5 kg	232.5 kg	Not Set	Not Set	Not Set	Not Set
		18 June 2016 Jack Johnson	16 December 2017 Jack Johnson	16 December 2017 Daniel Lindsell	28 October 2018 Peter Jackson				
	Bench					Net Cet	Net Cet	Not Cot	Not Cot
	Press	185 kg	200 kg	205 kg	157.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2016	16 December 2017	29 May 2018	28 October 2018				
	Deadlift	Jack Johnson	Jack Johnson	Mark Finnegan	Peter Jackson				
120 kg		270 kg	300 kg	300 kg	267.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2016	16 December 2017	29 January 2017	21 April 2019				
	Total	Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
		677.5 kg	762.5 kg	762.5 kg	652.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2015	16 December 2017	16 December 2017	28 October 2018				
	Bench	Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson	David Brooks			
	Press All	185 kg	200 kg	205 kg	157.5 kg	145 kg	Not Set	Not Set	Not Set
	contest	07 March 2016	16 December 2017	19 May 2018	28 October 2018	12 November 2016			
	Squat	Ray Bowring	Ray Bowring	Ray Bowring	Mike Adams	Mike Adams			
		275 kg	275 kg	275 kg	252.5 kg	252.5 kg	Not Set	Not Set	Not Set
		20 April 2019	20 April 2019	20 April 2019	26 November 2016	26 November 2016			
	Bench	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
	Press Deadlift	135 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
		20 April 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016			
		Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
120 kg +		250 kg	310 kg	310 kg	280 kg	280 kg	Not Set	Not Set	Not Set
		20 April 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Total	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		660 kg	780 kg	780 kg	717.5 kg	717.5 kg	Not Set	Not Set	Not Set
		20 April 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Bench	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
	Press All	135 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
	contest	20 April 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016			