					Aidlands Divisional Re	cords			
			1	N	Nale Unequipped	1	1	1	1
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot	Not Cot
	Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
53 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
		Not set	Not set	Not set	Not set	Not set	Not set	Not see	Not set
	Bench Press All	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	contest								
	Squat	Not Set	Not Set	Daniel Jay 115 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg	Ted Brown 87.5 kg
				29 January 2017	17 August 2013	17 August 2013	17 August 2013	17 August 2013	17 August 2013
	Bench	Not Set	Not Set	Daniel Jay 100 kg	Ted Brown 81 kg	Ted Brown 81 kg	Ted Brown 81 kg	Ted Brown 81 kg	Ted Brown 81 kg
	Press	Not set	Not set	29 January 2017	17 August 2013	17 August 2013	17 August 2013	17 August 2013	17 August 2013
	D 411:64			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
59 kg	Deadlift	Not Set	Not Set	170 kg 29 January 2017	135 kg 06 August 2012	135 kg 06 August 2012	135 kg 06 August 2012	135 kg 06 August 2012	135 kg 06 August 2012
				Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
	Total	Not Set	Not Set	385 kg	295 kg	295 kg	295 kg	295 kg	295 kg
	Bench			29 January 2017 Daniel Jay	20 May 2012 Ted Brown	20 May 2012 Ted Brown	20 May 2012 Ted Brown	20 May 2012 Ted Brown	20 May 2012 Ted Brown
	Press All	Not Set	Not Set	100 kg	81 kg	81 kg	81 kg	81 kg	81 kg
	contest			29 January 2017	17 August 2013	17 August 2013	17 August 2013	17 August 2013	17 August 2013
	Squat	Not Sot	Prince Ibahay 180 kg	Roderick Ramsey 185.5 kg	Roger Hamilton-Smith	Michael James 127.5 kg	Michael James 127.5 kg	Not Sot	Not Set
	Squat	Not Set	29 June 2019	12 October 2019	185 kg 09 February 2019	28 October 2018	28 October 2018	Not Set	Not set
	Bench		George Olteanu	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James		
	Press	Not Set	117.5 kg 23 March 2019	120 kg 09 February 2019	120 kg 09 February 2019	100 kg 23 June 2018	100 kg 23 June 2018	Not Set	Not Set
	Deadlift		Prince Ibahay	Roderick Ramsey	Roger Hamilton-Smith	Michael James	Michael James		
66 kg		Not Set	230 kg	230.5 kg	230 kg	172.5 kg	172.5 kg	Not Set	Not Set
			29 June 2019 Prince Ibahay	12 October 2019 Roger Hamilton-Smith	09 February 2019 Roger Hamilton-Smith	28 October 2018 Michael James	28 October 2018 Michael James		
	Total	Not Set	515 kg	535 kg	535 kg	395 kg	395 kg	Not Set	Not Set
			29 June 2019	09 February 2019	09 February 2019	28 October 2018	28 October 2018		
	Bench Press All	Not Set	George Olteanu 117.5 kg	Roger Hamilton-Smith 120 kg	Roger Hamilton-Smith 120 kg	Michael James 100 kg	Michael James 100 kg	Not Set	Not Set
	contest	1100 000	23 March 2019	09 February 2019	09 February 2019	23 June 2018	23 June 2018	Not set	1100 500
		Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	
	Squat	175 kg 25 March 2018	222.5 kg 13 October 2018	222.5 kg 01 October 2016	172.5 kg 01 December 2018	130 kg 01 February 2015	130 kg 01 February 2015	130 kg 01 February 2015	Not Set
	Bench	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark	
	Press	97.5 kg	145 kg	145 kg	115 kg	70 kg	57.5 kg	57.5 kg	Not Set
		25 March 2018 Nathan Gevao	13 October 2018 Terry Martin	01 October 2016 Darren Helley	01 December 2018 Roger Hamilton-Smith	26 January 2014 Henry Clark	01 February 2015 Henry Clark	01 February 2015 Henry Clark	
74 kg	Deadlift	200 kg	235 kg	250 kg	225 kg	160 kg	160 kg	160 kg	Not Set
		25 March 2018	13 October 2018	08 December 2018	01 December 2018	01 February 2015	01 February 2015	01 February 2015	
	Total	Nathan Gevao 472.5 kg	Terry Martin 602.5 kg	Terry Martin 602.5 kg	Roger Hamilton-Smith 512.5 kg	Henry Clark 347.5 kg	Henry Clark 347.5 kg	Henry Clark 347.5 kg	Not Set
		25 March 2018	13 October 2018	13 October 2018	01 December 2018	01 February 2015	01 February 2015	01 February 2015	
	Bench	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark	No. Co.
	Press All contest	97.5 kg 25 March 2018	145 kg 13 October 2018	145 kg 01 October 2016	115 kg 01 December 2018	70 kg 26 January 2014	57.5 kg 01 February 2015	57.5 kg 01 February 2015	Not Set
		Jake Leach	William Pickering	Iman Salemi	Francis Dorrian	Keith Blacknell	, 2023	, 2013	
	Squat	205 kg	222.5 kg	247.5 kg	190 kg	162.5 kg	Not Set	Not Set	Not Set
83 kg		31 October 2015 Jake Leach	13 October 2018 James Vickers	20 April 2019 Iman Salemi	12 November 2016 Chris Charles	23 November 2014 Nigel Seymour			
	Bench Press	117.5 kg	150.5 kg	156 kg	122.5 kg	110 kg	Not Set	Not Set	Not Set
		27 July 2015 Jake Leach	29 January 2017 William Pickering	20 April 2019 Eze Erediauwa	20 April 2019 Chris Charles	08 December 2018			
	Deadlift	195 kg	260 kg	280 kg	222.5 kg	Nigel Seymour 210 kg	Not Set	Not Set	Not Set
		27 July 2015	13 October 2018	01 February 2015	20 April 2019	08 December 2018			
	Total Bench	Jake Leach	William Pickering	Iman Salemi	Chris Charles	Nigel Seymour	Not Sat	Not Sat	Not Sat
		517.5 kg 31 October 2015	625 kg 13 October 2018	663.5 kg 20 April 2019	517.5 kg 20 April 2019	465 kg 08 December 2018	Not Set	Not Set	Not Set
		Jake Leach	James Vickers	Adam Manery	William Dadley	William Dadley			
	Press All	117.5 kg	150.5 kg	162.5 kg	127.5 kg	127.5 kg	Not Set	Not Set	Not Set
	contest	27 July 2015 Edwin Lord	29 January 2017 Sean-Paul Mackenzie	22 June 2019 Iain Kendrick	17 December 2016 Iain Kendrick	17 December 2016 Keith Blacknell	Andy Bonner	David Purkiss	
	Squat	185 kg	245 kg	262.5 kg	262.5 kg	235 kg	222.5 kg	75 kg	Not Set
		29 October 2016	25 March 2018	22 July 2017	22 July 2017	13 July 2017	28 October 2017	09 February 2019	
		Edwin Lord	David Chudley	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
	Bench Press	122.5 kg	160 kg	175 kg	157.5 kg	157.5 kg	140 kg	75 kg	Not Set

	11633	29 October 2016	21 October 2017	22 May 2016	26 January 2014	26 January 2014	28 October 2017	01 December 2018	
93 kg	Deadlift	Edwin Lord	Sean-Paul Mackenzie	Iain Kendrick	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
		250 kg	285 kg	275 kg	272.5 kg	272.5 kg	272.5 kg	100 kg	Not Set
		29 October 2016	25 March 2018	26 January 2014	28 October 2017	28 October 2017	28 October 2017	09 February 2019	
		Edwin Lord	Sean-Paul Mackenzie	lain Kendrick	lain Kendrick	Andy Bonner	Andy Bonner	David Purkiss	
	Total	557.4 kg	662.5 kg	690 kg	670 kg	635 kg	635 kg	250 kg	Not Set
		29 October 2016	25 March 2018	26 January 2014	19 June 2016	28 October 2017	28 October 2017	09 February 2019	
	Bench	Edwin Lord	David Chudley	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
	Press All	122.5 kg	160 kg	190 kg	157.5 kg	157.5 kg	140 kg	75 kg	Not Set
	contest	29 October 2016	21 October 2017	21 October 2017	26 January 2014	26 January 2014	28 October 2017	01 December 2018	
		Edwin Lord	Edwin Lord	Will Knowland	Dean Bowring	Keith Blacknell	20 000000 2017	Of Becomber 2010	
	Squat	235 kg	245 kg	260 kg	255 kg	192.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	29 January 2017	26 November 2016	22 May 2016			
		Sydney Boroch	Bradley Horne	Dean Bowring	Dean Bowring	Keith Blacknell			
	Bench	155 kg	175 kg	180 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
	Press	31 October 2015	21 October 2017	26 November 2016	26 November 2016	22 May 2016			
		Edwin Lord	Edwin Lord	Nathan Scott	Nathan Scott	Keith Blacknell			
105 kg	Deadlift	285 kg	295 kg	320 kg	320 kg	202.5 kg	Not Set	Not Set	Not Set
103 kg		25 November 2017	25 March 2018	26 January 2014	26 January 2014	22 May 2016			
		Edwin Lord	Edwin Lord	Dean Bowring	Dean Bowring	Keith Blacknell			
	Total	675.5 kg	697.5 kg	750 kg	750 kg	522.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	26 November 2016	26 November 2016	22 May 2016			
	Bench	Sydney Boroch	Bradley Horne	Dean Bowring	Dean Bowring	Keith Blacknell			
	Press All	155 kg	175 kg	180 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
	contest	31 October 2015	21 October 2017	26 November 2016	26 November 2016	22 May 2016	1101 501	Not set	1101 501
	Squat	Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson	22 1110 / 2010			
		232.5 kg	262.5 kg	262.5 kg	232.5 kg	Not Set	Not Set	Not Set	Not Set
		18 June 2016	16 December 2017	16 December 2017	28 October 2018	1100 500	1101 501	Hot set	1101301
		Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson				
	Bench	185 kg	200 kg	205 kg	157.5 kg	Not Set	Not Set	Not Set	Not Set
	Press	07 March 2016	16 December 2017	29 May 2018	28 October 2018				
		Jack Johnson	Jack Johnson	Mark Finnegan	Peter Jackson				
120 kg	Deadlift	270 kg	300 kg	300 kg	267.5 kg	Not Set	Not Set	Not Set	Not Set
. 0		07 March 2016	16 December 2017	29 January 2017	21 April 2019				
		Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
	Total	677.5 kg	762.5 kg	762.5 kg	652.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2015	16 December 2017	16 December 2017	28 October 2018				
	Bench	Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson	David Brooks			
	Press All	185 kg	200 kg	205 kg	157.5 kg	145 kg	Not Set	Not Set	Not Set
	contest	07 March 2016	16 December 2017	19 May 2018	28 October 2018	12 November 2016			
120 kg +	Squat	Ray Bowring	Ray Bowring	Ray Bowring	Mike Adams	Mike Adams			
		275 kg	275 kg	275 kg	252.5 kg	252.5 kg	Not Set	Not Set	Not Set
		20 April 2019	20 April 2019	20 April 2019	26 November 2016	26 November 2016			
	Bench Press	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		135 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
		20 April 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016			
	Deadlift	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		250 kg	310 kg	310 kg	280 kg	280 kg	Not Set	Not Set	Not Set
		20 April 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Total	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		660 kg	780 kg	780 kg	717.5 kg	717.5 kg	Not Set	Not Set	Not Set
		20 April 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Bench	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
	Press All	135 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
	contest	20 April 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016		 	