

South Midlands Divisional Records									
Female Unequipped									
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
43 kg	Squat								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
47 kg	Squat			Nora Jones	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	90 kg	77.5 kg	77.5 kg	Not Set	Not Set	Not Set
				19 September 2015	01 February 2015	01 February 2015			
	Bench Press			Nora Jones	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	55 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set
				19 September 2015	01 February 2015	01 February 2015			
	Deadlift			Marina Cornwall	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	125.5 kg	125.5 kg	125.5 kg	Not Set	Not Set	Not Set
				01 February 2015	01 February 2015	01 February 2015			
	Total			Nora Jones	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	260 kg	254.5 kg	254.5 kg	Not Set	Not Set	Not Set
				22/05/2016	01 February 2015	01 February 2015			
	Bench Press All contest			Nora Jones	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	55 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set
				19 September 2015	01 February 2015	01 February 2015			
52 kg	Squat		Alina Dewshi	Emma Goodwin					
		Not Set	90 kg	117.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			26 March 2017	16 December 2017					
	Bench Press		Ruth Holloway	Emma Goodwin					
		Not Set	55 kg	70 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			31 October 2015	22 May 2016					
	Deadlift		Alina Dewshi	Emma Goodwin					
		Not Set	107.5 kg	167.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			26 March 2017	17/09/2016					

	Total		Alina Dewshi	Emma Goodwin					
		Not Set	247.5 kg	352.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			26 March 2017	01 December 2015					
	Bench Press All contest		Ruth Holloway	Emma Goodwin					
		Not Set	55 kg	70 kg	Not Set	Not Set	Not Set	Not Set	Not Set
57 kg	Squat		31 October 2015	22 May 2015					
			Catherine Smith	Ellie Steel					
		Not Set	127.5 kg	135 kg	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press		25 February 2017	29 January 2017					
			Catherine Smith	Ellie Steel					
		Not Set	65 kg	90 kg	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift		25 February 2017	29 January 2017					
			Catherine Smith	Ellie Steel					
		Not Set	167.5 kg	162.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
	Total		25 February 2017	29 January 2017					
			Catherine Smith	Ellie Steel					
		Not Set	360 kg	387.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest		25 February 2017	29 January 2017					
			Catherine Smith	Ellie Steel					
		Not Set	50 kg	90 kg	Not Set	Not Set	Not Set	Not Set	Not Set
63 kg	Squat		25 February 2017	29 January 2017					
			Tia Ratnavira	Lucy Hart	Beverley Rodgers	Beverley Rodgers			
		72.5 kg	127.5 kg	125 kg	125 kg	Not Set	Not Set	Not Set	Not Set
	Bench Press		28 January 2018	24 February 2018	14 September 2017	14 September 2017			
			Tia Ratnavira	Lucy Hart	Angelique Borsboom	Beverley Rodgers			
		40 kg	57.5 kg	100 kg	85.5 kg	Not Set	Not Set	Not Set	Not Set
	Deadlift		28 January 2018	24 February 2018	16 December 2017	21 October 2017			
			Tia Ratnavira	Lucy Hart	Claire Sear	Beverley Rodgers			
		87.5 kg	145 kg	160 kg	147.5 kg	Not Set	Not Set	Not Set	Not Set
	Total		28 January 2018	24 February 2018	21 October 2017	17 June 2017			
			Tia Ratnavira	Lucy Hart	Angelique Borsboom	Beverley Rodgers			
		200 kg	330 kg	375 kg	350.5 kg	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest		28 January 2018	24 February 2018	16 December 2017	27 May 2017			
			Tia Ratnavira	Lucy Hart	Angelique Borsboom	Angelique Borsboom			
		40 kg	57.5 kg	100 kg	100 kg	Not Set	Not Set	Not Set	Not Set
72 kg	Squat		28 January 2018	24 February 2018	16 December 2017	17 February 2018			
			Zoe Clark	Yasmina Couty	Beverley Rodgers	Rita Shergold			
		Not Set	112.5 kg	150 kg	127.5 kg	105 kg	Not Set	Not Set	Not Set
	Bench Press		31 March 2018	22 July 2017	28 October 2017	21 October 2017			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
		Not Set	77.5 kg	90 kg	87.5 kg	65 kg	Not Set	Not Set	Not Set
	Deadlift		31 March 2018	22 May 2016	28 October 2017	21 October 2017			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Amanda Lord			
		Not Set	127.5 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
			31 March 2018	22 May 2016	28 October 2017	03 December 2017			

	Total		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
		Not Set	317.5 kg	392.5 kg	355 kg	295 kg	Not Set	Not Set	Not Set
			31 March 2018	22 May 2016	28 October 2017	21 October 2017			
	Bench Press All contest		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
		Not Set	80 kg	90 kg	90 kg	65 kg	Not Set	Not Set	Not Set
			18 May 2018	22 May 2016	15 May 2018	21 October 2017			
84 kg	Squat		Jemma Shaw	Abbie Barnes	Varena Manchip	Jean Maton			
		Not Set	85 kg	147.5 kg	147.5 kg	120 kg	Not Set	Not Set	Not Set
			26 January 2014	27 July 2015	10 December 2017	22 July 2017			
	Bench Press		Jemma Shaw	Megan Batchelor	Jean Maton	Jean Maton			
		Not Set	50 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set
			26 January 2014	13 August 2016	26 January 2014	26 January 2014			
	Deadlift		Jemma Shaw	Varena Manchip	Varena Manchip	Jean Maton			
		Not Set	110 kg	170 kg	170 kg	155 kg	Not Set	Not Set	Not Set
			26 January 2014	21 October 2017	21 October 2017	26 January 2014			
	Total		Jemma Shaw	Abbie Barnes	Varena Manchip	Jean Maton			
		Not Set	245 kg	372.5 kg	372.5 kg	347.5 kg	Not Set	Not Set	Not Set
			26 January 2014	26 January 2014	21 October 2017	26 January 2014			
84 kg +	Squat		Jemma Shaw	Megan Batchelor	Jean Maton	Jean Maton			
		Not Set	50 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set
			26 January 2014	13 August 2016	26 January 2014	26 January 2014			
	Squat			Nicola Stimpson	Lisa Styles				
		Not Set	Not Set	160 kg	150 kg	Not Set	Not Set	Not Set	Not Set
				28 January 2018	28 October 2017				
	Bench Press			Sam Foulds	Lisa Styles				
		Not Set	Not Set	80 kg	80 kg	Not Set	Not Set	Not Set	Not Set
				29 January 2017	28 October 2017				
	Deadlift			Lisa Styles	Lisa Styles				
		Not Set	Not Set	190 kg	190 kg	Not Set	Not Set	Not Set	Not Set
				28 October 2017	28 October 2017				
	Total			Lisa Styles	Lisa Styles				
		Not Set	Not Set	420 kg	420 kg	Not Set	Not Set	Not Set	Not Set
				28 October 2017	28 October 2017				
	Bench Press All contest			Sam Foulds	Lisa Styles				
		Not Set	Not Set	80 kg	80 kg	Not Set	Not Set	Not Set	Not Set
				29 January 2017	28 October 2017				