

South Midlands Divisional Records									
Male Unequipped									
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
53 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
59 kg	Squat			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
		Not Set	Not Set	115 kg	87.5 kg	87.5 kg	87.5 kg	87.5 kg	87.5 kg
				29 January 2017	17 August 2013	17 August 2013	17 August 2013	17 August 2013	17 August 2013
	Bench Press			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
		Not Set	Not Set	100 kg	81 kg	81 kg	81 kg	81 kg	81 kg
				29 January 2017	17 August 2013	17 August 2013	17 August 2013	17 August 2013	17 August 2013
	Deadlift			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
		Not Set	Not Set	170 kg	135 kg	135 kg	135 kg	135 kg	135 kg
				29 January 2017	06 August 2012	06 August 2012	06 August 2012	06 August 2012	06 August 2012
	Total			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
		Not Set	Not Set	385 kg	295 kg	295 kg	295 kg	295 kg	295 kg
				29 January 2017	20 May 2012	20 May 2012	20 May 2012	20 May 2012	20 May 2012
	Bench Press All contest			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
		Not Set	Not Set	100 kg	81 kg	81 kg	81 kg	81 kg	81 kg
				29 January 2017	17 August 2013	17 August 2013	17 August 2013	17 August 2013	17 August 2013
66 kg	Squat		Prince Ibahay	Roderick Ramsey	Roger Hamilton-Smith	Michael James	Michael James		
		Not Set	180 kg	185.5 kg	185 kg	127.5 kg	127.5 kg	Not Set	Not Set
			29 June 2019	12 October 2019	09 February 2019	28 October 2018	28 October 2018		
	Bench Press		George Olteanu	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James		
		Not Set	117.5 kg	120 kg	120 kg	100 kg	100 kg	Not Set	Not Set
			23 March 2019	09 February 2019	09 February 2019	23 June 2018	23 June 2018		
	Deadlift		Prince Ibahay	Roderick Ramsey	Roger Hamilton-Smith	Michael James	Michael James		
		Not Set	230 kg	230.5 kg	230 kg	172.5 kg	172.5 kg	Not Set	Not Set
			29 June 2019	12 October 2019	09 February 2019	28 October 2018	28 October 2018		
	Total		Prince Ibahay	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James		
		Not Set	515 kg	535 kg	535 kg	395 kg	395 kg	Not Set	Not Set
			29 June 2019	09 February 2019	09 February 2019	28 October 2018	28 October 2018		
	Bench Press All contest		George Olteanu	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James		
		Not Set	117.5 kg	120 kg	120 kg	100 kg	100 kg	Not Set	Not Set
			23 March 2019	09 February 2019	09 February 2019	23 June 2018	23 June 2018		
74 kg	Squat	Nathan Gevao	Terry Martin	David White	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	
		175 kg	222.5 kg	240 kg	172.5 kg	130 kg	130 kg	130 kg	Not Set
		25 March 2018	13 October 2018	27 November 2021	01 December 2018	01 February 2015	01 February 2015	01 February 2015	
	Bench Press	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark	
		97.5 kg	145 kg	145 kg	115 kg	70 kg	57.5 kg	57.5 kg	Not Set
		25 March 2018	13 October 2018	01 October 2016	01 December 2018	26 January 2014	01 February 2015	01 February 2015	
	Deadlift	Aadi Gupta	Terry Martin	Darren Helley	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	
		200.5 kg	235 kg	250 kg	225 kg	160 kg	160 kg	160 kg	Not Set
		18 July 2021	13 October 2018	08 December 2018	01 December 2018	01 February 2015	01 February 2015	01 February 2015	
	Total	Nathan Gevao	Terry Martin	David White	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	
		472.5 kg	602.5 kg	612.5 kg	512.5 kg	347.5 kg	347.5 kg	347.5 kg	Not Set
		25 March 2018	13 October 2018	27 November 2021	01 December 2018	01 February 2015	01 February 2015	01 February 2015	
	Bench Press All contest	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark	
		97.5 kg	145 kg	145 kg	115 kg	70 kg	57.5 kg	57.5 kg	Not Set
		25 March 2018	13 October 2018	01 October 2016	01 December 2018	26 January 2014	01 February 2015	01 February 2015	
83 kg	Squat	Jake Leach	William Pickering	Iman Salemi	Francis Dorrian	Keith Blacknell			
		205 kg	222.5 kg	247.5 kg	190 kg	162.5 kg	Not Set	Not Set	Not Set
		31 October 2015	13 October 2018	20 April 2019	12 November 2016	23 November 2014			
	Bench Press	Jake Leach	James Vickers	Iman Salemi	Chris Charles	Nigel Seymour			
		117.5 kg	150.5 kg	156 kg	122.5 kg	110 kg	Not Set	Not Set	Not Set
		27 July 2015	29 January 2017	20 April 2019	20 April 2019	08 December 2018			
	Deadlift	Jake Leach	William Pickering	Eze Erediauwa	Chris Charles	Nigel Seymour			
		195 kg	260 kg	280 kg	222.5 kg	210 kg	Not Set	Not Set	Not Set
		27 July 2015	13 October 2018	01 February 2015	20 April 2019	08 December 2018			
	Total	Jake Leach	William Pickering	Iman Salemi	Chris Charles	Nigel Seymour			
		517.5 kg	625 kg	663.5 kg	517.5 kg	465 kg	Not Set	Not Set	Not Set
		31 October 2015	13 October 2018	20 April 2019	20 April 2019	08 December 2018			
	Bench Press All contest	Jake Leach	James Vickers	Adam Manery	William Dudley	William Dudley			
		117.5 kg	150.5 kg	162.5 kg	127.5 kg	127.5 kg	Not Set	Not Set	Not Set
		27 July 2015	29 January 2017	22 June 2019	17 December 2016	17 December 2016			
	Squat	Will Harrowsmith	William Pickering	Iain Kendrick	Iain Kendrick	Keith Blacknell	Andy Bonner	David Purkiss	
		195 kg	250 kg	262.5 kg	262.5 kg	235 kg	222.5 kg	75 kg	Not Set
		12 June 2021	01 November 2019	22 July 2017	22 July 2017	13 July 2017	28 October 2017	09 February 2019	
	Bench Press	Edwin Lord	William Pickering	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
		122.5 kg	165 kg	175 kg	157.5 kg	157.5 kg	140 kg	75 kg	Not Set

93 kg	Press	29 October 2016	01 November 2019	22 May 2016	26 January 2014	26 January 2014	28 October 2017	01 December 2018	
	Deadlift	Will Harrowsmith	William Pickering	William Pickering	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
		250.5 kg	300 kg	300 kg	272.5 kg	272.5 kg	272.5 kg	100 kg	Not Set
		12 June 2021	01 November 2019	01 November 2019	28 October 2017	28 October 2017	28 October 2017	09 February 2019	
	Total	Edwin Lord	William Pickering	William Pickering	Iain Kendrick	Andy Bonner	Andy Bonner	David Purkiss	
		557.5 kg	715 kg	715 kg	670 kg	635 kg	635 kg	250 kg	Not Set
		29 October 2016	01 November 2019	01 November 2019	19 June 2016	28 October 2017	28 October 2017	09 February 2019	
Bench Press All contest	Edwin Lord	William Pickering	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss		
	122.5 kg	165 kg	190 kg	157.5 kg	157.5 kg	140 kg	75 kg	Not Set	
	29 October 2016	01 November 2019	21 October 2017	26 January 2014	26 January 2014	28 October 2017	01 December 2018		
105 kg	Squat	Edwin Lord	Edwin Lord	Will Knowland	Dean Bowring	Keith Blacknell			
		235 kg	245 kg	260 kg	255 kg	192.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	29 January 2017	26 November 2016	22 May 2016			
	Bench Press	Sydney Boroch	Darren Liu	Darren Liu	Dean Bowring	Keith Blacknell			
		155 kg	187.5 kg	187.5 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set
		31 October 2015	27 November 2021	27 November 2021	26 November 2016	22 May 2016			
	Deadlift	Edwin Lord	Edwin Lord	Nathan Scott	Nathan Scott	Keith Blacknell			
		285 kg	295 kg	320 kg	320 kg	202.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 March 2018	26 January 2014	26 January 2014	22 May 2016			
	Total	Edwin Lord	Edwin Lord	Dean Bowring	Dean Bowring	Keith Blacknell			
675.5 kg		697.5 kg	750 kg	750 kg	522.5 kg	Not Set	Not Set	Not Set	
25 November 2017		25 March 2018	26 November 2016	26 November 2016	22 May 2016				
Bench Press All contest	Sydney Boroch	Darren Liu	Darren Liu	Dean Bowring	Keith Blacknell				
	155 kg	187.5 kg	187.5 kg	180 kg	127.5 kg	Not Set	Not Set	Not Set	
	31 October 2015	27 November 2021	27 November 2021	26 November 2016	22 May 2016				
120 kg	Squat	Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
		232.5 kg	262.5 kg	262.5 kg	232.5 kg	Not Set	Not Set	Not Set	Not Set
		18 June 2016	16 December 2017	16 December 2017	28 October 2018				
	Bench Press	Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson				
		185 kg	200 kg	205 kg	157.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2016	16 December 2017	29 May 2018	28 October 2018				
	Deadlift	Jack Johnson	Jack Johnson	Mark Finnegan	Peter Jackson				
		270 kg	300 kg	300 kg	267.5 kg	Not Set	Not Set	Not Set	Not Set
		07 March 2016	16 December 2017	29 January 2017	21 April 2019				
	Total	Jack Johnson	Jack Johnson	Jack Johnson	Peter Jackson				
677.5 kg		762.5 kg	762.5 kg	652.5 kg	Not Set	Not Set	Not Set	Not Set	
07 March 2015		16 December 2017	16 December 2017	28 October 2018					
Bench Press All contest	Jack Johnson	Jack Johnson	Daniel Lindsell	Peter Jackson	David Brooks				
	185 kg	200 kg	205 kg	157.5 kg	145 kg	Not Set	Not Set	Not Set	
	07 March 2016	16 December 2017	19 May 2018	28 October 2018	12 November 2016				
120 kg +	Squat	Ray Bowring	Ray Bowring	Ray Bowring	Dean Bowring	Mike Adams			
		302.5 kg	302.5 kg	302.5 kg	270 kg	252.5 kg	Not Set	Not Set	Not Set
		30 October 2019	30 October 2019	30 October 2019	04 December 2021	26 November 2016			
	Bench Press	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		160.5 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
		30 October 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016			
	Deadlift	Ray Bowring	Jack Johnson	Dean Bowring	Dean Bowring	Mike Adams			
		285.5 kg	310 kg	320 kg	320 kg	280 kg	Not Set	Not Set	Not Set
		30 October 2019	29 July 2018	04 December 2021	04 December 2021	26 November 2016			
	Total	Ray Bowring	Jack Johnson	Jack Johnson	Dean Bowring	Mike Adams			
748.5 kg		780 kg	780 kg	775 kg	717.5 kg	Not Set	Not Set	Not Set	
30 October 2019		29 July 2018	29 July 2018	04 December 2021	26 November 2016				
Bench Press All contest	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams				
	160.5 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set	
	30 October 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016				