

South Midlands Divisional Records									
Female Unequipped									
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
43 kg	Squat								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest								
		Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
47 kg	Squat			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	110 kg	77.5 kg	77.5 kg	Not Set	Not Set	Not Set
				15 January 2022	01 February 2015	01 February 2015			
	Bench Press			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	57.5 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set
				15 January 2022	01 February 2015	01 February 2015			
	Deadlift			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	130 kg	125.5 kg	125.5 kg	Not Set	Not Set	Not Set
				15 January 2022	01 February 2015	01 February 2015			
	Total			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	297.5 kg	254.5 kg	254.5 kg	Not Set	Not Set	Not Set
				15 January 2022	01 February 2015	01 February 2015			
	Bench Press All contest			Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall			
		Not Set	Not Set	57.5 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set
				15 January 2022	01 February 2015	01 February 2015			
52 kg	Squat		Diana-Andreea Zbarcea	Emma Goodwin					
		Not Set	92.5 kg	127.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			20 April 2019	08 March 2020					
	Bench Press		Diana-Andreea Zbarcea	Emma Goodwin					
		Not Set	57.5 kg	70 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			20 April 2019	22 May 2016					
	Deadlift		Alina Dewshi	Emma Goodwin					
		Not Set	107.5 kg	187.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			26 March 2017	08 March 2020					
	Total		Diana-Andreea Zbarcea	Emma Goodwin					
		Not Set	252.5 kg	377.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			20 April 2019	08 March 2020					
	Bench Press All contest		Diana-Andreea Zbarcea	Emma Goodwin	Amanda Holloway				
		Not Set	57.5 kg	70 kg	67.5 kg	Not Set	Not Set	Not Set	Not Set

			20 April 2019	22 May 2015	08 December 2018				
57 kg	Squat		Abigail Stacey	Ellie Steel	Emma Drackford				
		Not Set	130 kg	135 kg	125.5 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	25 May 2019				
	Bench Press		Abigail Stacey	Ellie Steel	Helen Hughes				
		Not Set	72.5 kg	90 kg	85 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	26 October 2019				
	Deadlift		Catherine Smith	Ellie Steel	Helen Hughes				
		Not Set	167.5 kg	162.5 kg	160 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	29 January 2017	09 March 2020				
63 kg	Squat		Catherine Smith	Ellie Steel	Helen Hughes				
		Not Set	360 kg	387.5 kg	370 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	29 January 2017	09 March 2020				
	Bench Press All contest		Abigail Stacey	Ellie Steel	Helen Hughes				
		Not Set	72.5 kg	90 kg	87.5 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	20 September 2019				
	Squat	Tia Ratnavira	Lucy Hart	Catherine Phipps	Beverley Rodgers	Rita Shergold			
		72.5 kg	127.5 kg	135 kg	125 kg	95 kg	Not Set	Not Set	Not Set
		28 January 2018	24 February 2018	04 December 2021	14 September 2017	17 July 2021			
69 kg	Bench Press	Tia Ratnavira	Sophie Smith	Angelique Borsboom	Beverley Rodgers	Rita Shergold			
		40 kg	82.5 kg	100 kg	85.5 kg	65 kg	Not Set	Not Set	Not Set
		28 January 2018	07 December 2019	16 December 2017	21 October 2017	17 July 2021			
	Deadlift	Tia Ratnavira	Sophie Smith	Catherine Phipps	Galit Goldshmid	Rita Shergold			
		87.5 kg	160 kg	167.5 kg	155 kg	115 kg	Not Set	Not Set	Not Set
		28 January 2018	07 December 2019	14 December 2019	01 December 2018	17 July 2021			
	Total	Tia Ratnavira	Sophie Smith	Catherine Phipps	Beverley Rodgers	Rita Shergold			
		200 kg	370 kg	377.5 kg	350.5 kg	275 kg	Not Set	Not Set	Not Set
		28 January 2018	07 December 2019	04 December 2021	27 May 2017	17 July 2021			
69 kg	Bench Press All contest	Tia Ratnavira	Sophie Smith	Angelique Borsboom	Angelique Borsboom	Rita Shergold			
		40 kg	82.5 kg	100 kg	100 kg	65 kg	Not Set	Not Set	Not Set
		28 January 2018	07 December 2019	16 December 2017	17 February 2018	17 July 2021			
	Squat		Sophie Smith	Sophie Smith					
		Not Set	130 kg	130 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					
	Bench Press		Sophie Smith	Sophie Smith					
		Not Set	93 kg	93 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					
69 kg	Deadlift		Sophie Smith	Sophie Smith					
		Not Set	175 kg	175 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					
	Total		Sophie Smith	Sophie Smith					
		Not Set	398 kg	398 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022					
	Bench Press All contest		Sophie Smith	Sophie Smith	Beverley Rodgers				
		Not Set	93 kg	93 kg	90.5 kg	Not Set	Not Set	Not Set	Not Set
			02 April 2022	02 April 2022	07 August 2021				
	Squat		Louise Warr	Yasmina Couty	Beverley Rodgers	Rita Shergold			
		Not Set	128 kg	150 kg	127.5 kg	110 kg	Not Set	Not Set	Not Set
			07 December 2019	22 July 2017	28 October 2017	26 October 2019			

72 kg	Bench Press		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
		Not Set	80 kg	90 kg	87.5 kg	75 kg	Not Set	Not Set	Not Set
			23 September 2018	22 May 2016	28 October 2017	23 February 2020			
	Deadlift		Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord			
		Not Set	155 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	03 December 2017			
	Total		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
		Not Set	350.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	20 October 2018			
76 kg	Squat		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
		Not Set	80 kg	90 kg	90 kg	72.5 kg	Not Set	Not Set	Not Set
			18 May 2018	22 May 2016	15 May 2018	22 June 2019			
	Bench Press		Angela Ricciardi	Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
		Not Set	Not Set	145 kg	132.5 kg	132.5 kg	Not Set	Not Set	Not Set
				26 February 2022	19 March 2022	19 March 2022			
	Deadlift		Rosie McKenzie	Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
		Not Set	Not Set	85 kg	85 kg	85 kg	Not Set	Not Set	Not Set
				19 March 2022	19 March 2022	19 March 2022			
84 kg	Squat		Angela Ricciardi	Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
		Not Set	Not Set	170 kg	155 kg	155 kg	Not Set	Not Set	Not Set
				26 February 2022	19 March 2022	19 March 2022			
	Bench Press		Angela Ricciardi	Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
		Not Set	Not Set	390 kg	372.5 kg	372.5 kg	Not Set	Not Set	Not Set
				26 February 2022	19 March 2022	19 March 2022			
	Deadlift		Rosie McKenzie	Rosie McKenzie	Rosie McKenzie	Rosie McKenzie			
		Not Set	Not Set	85 kg	85 kg	85 kg	Not Set	Not Set	Not Set
				19 March 2022	19 March 2022	19 March 2022			
88 kg	Squat		Zoe Clark	Nicola Stimpson	Verena Manchip	Jean Maton			
		Not Set	130 kg	180 kg	147.5 kg	130 kg	Not Set	Not Set	Not Set
			28 October 2018	26 May 2019	10 December 2017	25 March 2018			
	Bench Press		Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton			
		Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set
			28 October 2018	13 August 2016	26 January 2014	26 January 2014			
	Deadlift		Zoe Clark	Nicola Stimpson	Verena Manchip	Jean Maton			
		Not Set	125 kg	175 kg	170 kg	155 kg	Not Set	Not Set	Not Set
			28 October 2018	26 May 2019	21 October 2017	26 January 2014			
96 kg	Squat		Zoe Clark	Nicola Stimpson	Verena Manchip	Jean Maton			
		Not Set	332.5 kg	435 kg	372.5 kg	347.5 kg	Not Set	Not Set	Not Set
			28 October 2018	26 May 2019	21 October 2017	26 January 2014			
	Bench Press		Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton			
		Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set
			28 October 2018	13 August 2016	26 January 2014	26 January 2014			
	Deadlift		Victoria Cavalier-Hirth	Verena Manchip	Verena Manchip	Verena Manchip			
		Not Set	Not Set	207.5 kg	160 kg	160 kg	Not Set	Not Set	Not Set
				19 March 2022	15 January 2022	15 January 2022			
104 kg	Bench Press		Victoria Cavalier-Hirth	Lisa Styles	Jean Maton	Jean Maton			
		Not Set	Not Set	130 kg	80 kg	77.5 kg	Not Set	Not Set	Not Set
				19 March 2022	28 October 2017	28 October 2017			
			Scarlett Sotiris	Lisa Styles	Verena Manchip	Verena Manchip			

84 kg +	Deadlift	Not Set	Not Set	197.5 kg	190 kg	160 kg	Not Set	Not Set	Not Set
				03 March 2019	28 October 2017	15 January 2022			
	Total			Victoria Cavalier-Hirth	Lisa Styles	Verena Manchip			
		Not Set	Not Set	527.5 kg	420 kg	397.5 kg	Not Set	Not Set	Not Set
				19 March 2022	28 October 2017	15 January 2022			
	Bench Press All contest			Victoria Cavalier-Hirth	Lisa Styles	Jean Maton			
		Not Set	Not Set	130 kg	80 kg	77.5 kg	Not Set	Not Set	Not Set
				19 March 2022	28 October 2017	28 October 2017			