

South Midlands Divisional Records										
Female Unequipped										
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5	Masters 6
43 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
47 kg	Squat		Gwen Marsden	Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
		Not Set	105 kg	110 kg	77.5 kg	77.5 kg	Not Set	Not Set	Not Set	Not Set
			04 February 2023	15 January 2022	01 February 2015	01 February 2015				
	Bench Press		Gwen Marsden	Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
		Not Set	57.5 kg	57.5 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set	Not Set
			04 February 2023	15 January 2022	01 February 2015	01 February 2015				
	Deadlift		Gwen Marsden	Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
		Not Set	120 kg	130 kg	125.5 kg	125.5 kg	Not Set	Not Set	Not Set	Not Set
			04 February 2023	15 January 2022	01 February 2015	01 February 2015				
	Total	Not Set	Gwen Marsden	Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
			282.5 kg	297.5 kg	254.5 kg	254.5 kg	Not Set	Not Set	Not Set	Not Set
			04 February 2023	15 January 2022	01 February 2015	01 February 2015				
	Bench Press All contest		Gwen Marsden	Tzvetelina Tzonova	Marina Cornwall	Marina Cornwall				
		Not Set	57.5 kg	57.5 kg	51.5 kg	51.5 kg	Not Set	Not Set	Not Set	Not Set
			04 February 2023	15 January 2022	01 February 2015	01 February 2015				
52 kg	Squat		Long Kiu Tse	Emma Goodwin						
		Not Set	97.5 kg	127.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
			04 February 2023	08 March 2020						
	Bench Press		Long Kiu Tse	Emma Goodwin						
		Not Set	62.5 kg	70 kg	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
			04 February 2023	22 May 2016						
	Deadlift		Long Kiu Tse	Emma Goodwin						
		Not Set	132.5 kg	187.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
			04 February 2023	08 March 2020						
	Total		Long Kiu Tse	Emma Goodwin						
		Not Set	292.5 kg	377.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
			04 February 2023	08 March 2020						

	Bench Press All contest		Long Kiu Tse	Emma Goodwin	Amanda Holloway					
		Not Set	62.5 kg	70 kg	67.5 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			04 February 2023	22 May 2015	08 December 2018					
57 kg	Squat		Abigail Stacey	Ellie Steel	Emma Drackford	Michelle Sadler				
		Not Set	130 kg	135 kg	132.5 kg	80 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	11 October 2022	28 August 2022				
	Bench Press		Hannah Clayton	Ellie Steel	Helen Hughes	Michelle Sadler				
		Not Set	78 kg	90 kg	85 kg	40 kg	Not Set	Not Set	Not Set	Not Set
			02 April 2022	29 January 2017	26 October 2019	28 August 2022				
	Deadlift		Catherine Smith	Ellie Steel	Helen Hughes	Michelle Sadler				
		Not Set	167.5 kg	162.5 kg	160 kg	110 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	29 January 2017	09 March 2020	28 August 2022				
63 kg	Squat		Catherine Smith	Ellie Steel	Helen Hughes	Michelle Sadler				
		Not Set	360 kg	387.5 kg	370 kg	230 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	29 January 2017	09 March 2020	28 August 2022				
	Total		Hannah Clayton	Ellie Steel	Helen Hughes	Michelle Sadler				
		Not Set	78 kg	90 kg	87.5 kg	40 kg	Not Set	Not Set	Not Set	Not Set
			02 April 2022	29 January 2017	20 September 2019	28 August 2022				
	Bench Press All contest									
69 kg	Squat		Tia Ratnavira	Kelly Santos	Catherine Phipps	Beverley Rodgers	Rita Shergold			
			72.5 kg	140 kg	140 kg	125 kg	100 kg	Not Set	Not Set	Not Set
			28 January 2018	28 August 2022	13 August 2022	14 September 2017	28 August 2022			
	Bench Press		Tia Ratnavira	Sophie Smith	Angelique Borsboom	Beverley Rodgers	Rita Shergold			
			40 kg	82.5 kg	100 kg	85.5 kg	65 kg	Not Set	Not Set	Not Set
			28 January 2018	07 December 2019	16 December 2017	21 October 2017	17 July 2021			
	Deadlift		Tia Ratnavira	Emily Rodrigues	Catherine Phipps	Galit Goldshmid	Rita Shergold			
			87.5 kg	160.5 kg	170 kg	155 kg	125 kg	Not Set	Not Set	Not Set
			28 January 2018	29 January 2023	13 August 2022	01 December 2018	28 August 2022			
69 kg	Total		Tia Ratnavira	Sophie Smith	Catherine Phipps	Beverley Rodgers	Rita Shergold			
			200 kg	370 kg	390 kg	350.5 kg	290 kg	Not Set	Not Set	Not Set
			28 January 2018	07 December 2019	13 August 2022	27 May 2017	28 August 2022			
	Bench Press All contest		Tia Ratnavira	Sophie Smith	Angelique Borsboom	Angelique Borsboom	Rita Shergold			
			40 kg	82.5 kg	100 kg	100 kg	65 kg	Not Set	Not Set	Not Set
			28 January 2018	07 December 2019	16 December 2017	17 February 2018	17 July 2021			
	Squat		Emily Rodrigues	Sophie Smith	Sophie Smith	Beverley Rodgers	Beverley Rodgers			
			100 kg	130 kg	130 kg	125 kg	125 kg	Not Set	Not Set	Not Set
			26 November 2022	02 April 2022	02 April 2022	18 June 2022	18 June 2022			
69 kg	Bench Press		Emily Rodrigues	Sophie Smith	Sophie Smith	Beverley Rodgers	Beverley Rodgers			
			47.5 kg	93 kg	93 kg	90 kg	88 kg	Not Set	Not Set	Not Set
			26 November 2022	02 April 2022	02 April 2022	04 December 2021	18 June 2022			
	Deadlift		Emily Rodrigues	Sophie Smith	Sophie Smith	Beverley Rodgers	Beverley Rodgers			
			160 kg	175 kg	175 kg	135 kg	135 kg	Not Set	Not Set	Not Set
			26 November 2022	02 April 2022	02 April 2022	18 June 2022	18 June 2022			
	Total		Emily Rodrigues	Sophie Smith	Sophie Smith	Beverley Rodgers	Beverley Rodgers			
			307.5 kg	398 kg	398 kg	348 kg	348 kg	Not Set	Not Set	Not Set
			26 November 2022	02 April 2022	02 April 2022	18 June 2022	18 June 2022			
69 kg	Bench Press All contest		Emily Rodrigues	Sophie Smith	Sophie Smith	Beverley Rodgers	Beverley Rodgers			
			47.5 kg	93 kg	93 kg	90.5 kg	88 kg	Not Set	Not Set	Not Set

		26 November 2022	02 April 2022	02 April 2022	07 August 2021	18 June 2022				
72 kg (archived from end of 2020)	Squat		Louise Warr	Yasmina Couty	Beverley Rodgers	Rita Shergold				
		Not Set	128 kg	150 kg	127.5 kg	110 kg	Not Set	Not Set	Not Set	Not Set
			07 December 2019	22 July 2017	28 October 2017	26 October 2019				
	Bench Press		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold				
		Not Set	80 kg	90 kg	87.5 kg	75 kg	Not Set	Not Set	Not Set	Not Set
			23 September 2018	22 May 2016	28 October 2017	23 February 2020				
	Deadlift		Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord				
		Not Set	155 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	03 December 2017				
	Total		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold				
		Not Set	350.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Set	Not Set	Not Set
			07 December 2019	22 May 2016	28 October 2017	20 October 2018				
76 kg	Squat		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold				
		Not Set	80 kg	90 kg	90 kg	72.5 kg	Not Set	Not Set	Not Set	Not Set
			18 May 2018	22 May 2016	15 May 2018	22 June 2019				
	Bench Press		Renata Jirovska	Angela Ricciardi	Rosie McKenzie	Rosie McKenzie				
		Not Set	117.5 kg	145 kg	132.5 kg	132.5 kg	Not Set	Not Set	Not Set	Not Set
			26 November 2022	26 February 2022	19 March 2022	19 March 2022				
	Deadlift		Renata Jirovska	Marianna Pinter	Rosie McKenzie	Rosie McKenzie				
		Not Set	72.5 kg	90 kg	85 kg	85 kg	Not Set	Not Set	Not Set	Not Set
			26 November 2022	05 February 2023	19 March 2022	19 March 2022				
	Total		Renata Jirovska	Angela Ricciardi	Rosie McKenzie	Rosie McKenzie				
		Not Set	157.5 kg	170 kg	155 kg	155 kg	Not Set	Not Set	Not Set	Not Set
			26 November 2022	26 February 2022	19 March 2022	19 March 2022				
84 kg	Squat		Renata Jirovska	Angela Ricciardi	Rosie McKenzie	Rosie McKenzie				
		Not Set	347.5 kg	390 kg	372.5 kg	372.5 kg	Not Set	Not Set	Not Set	Not Set
			26 November 2022	26 February 2022	19 March 2022	19 March 2022				
	Bench Press		Renata Jirovska	Marianna Pinter	Rosie McKenzie	Rosie McKenzie				
		Not Set	72.5 kg	90 kg	85 kg	85 kg	Not Set	Not Set	Not Set	Not Set
			26 November 2022	05 February 2023	19 March 2022	19 March 2022				
	Deadlift		Zoe Clark	Nicola Stimpson	Verena Manchip	Jean Maton				
		Not Set	130 kg	180 kg	147.5 kg	130 kg	Not Set	Not Set	Not Set	Not Set
			28 October 2018	26 May 2019	10 December 2017	25 March 2018				
	Total		Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton				
		Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set	Not Set
			28 October 2018	13 August 2016	26 January 2014	26 January 2014				
	Squat		Tova Copeman	Nicola Stimpson	Verena Manchip	Jean Maton				
		Not Set	140 kg	175 kg	170 kg	155 kg	Not Set	Not Set	Not Set	Not Set
			29 January 2023	26 May 2019	21 October 2017	26 January 2014				
	Bench Press		Zoe Clark	Nicola Stimpson	Verena Manchip	Jean Maton				
		Not Set	332.5 kg	435 kg	372.5 kg	347.5 kg	Not Set	Not Set	Not Set	Not Set
			28 October 2018	26 May 2019	21 October 2017	26 January 2014				
	Deadlift		Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton				
		Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set	Not Set
			28 October 2018	13 August 2016	26 January 2014	26 January 2014				
	Total		Sarah Ripley	Victoria Cavalier-Hirth	Verena Manchip	Verena Manchip				
		Not Set	332.5 kg	435 kg	372.5 kg	347.5 kg	Not Set	Not Set	Not Set	Not Set
			28 October 2018	26 May 2019	21 October 2017	26 January 2014				

84 kg +	Squat	Not Set	150 kg	207.5 kg	160 kg	160 kg	Not Set	Not Set	Not Set	Not Set
			26 November 2022	19 March 2022	15 January 2022	15 January 2022				
	Bench Press		Sarah Ripley	Victoria Cavalier-Hirth	Lisa Styles	Jean Maton				
		Not Set	67.5 kg	130 kg	80 kg	77.5 kg	Not Set	Not Set	Not Set	Not Set
	Deadlift		26 November 2022	19 March 2022	28 October 2017	28 October 2017				
			Emily Shergold	Scarlett Sotiris	Lisa Styles	Verena Manchip				
		Not Set	152.5 kg	197.5 kg	190 kg	160 kg	Not Set	Not Set	Not Set	Not Set
	Total		21 January 2023	03 March 2019	28 October 2017	15 January 2022				
			Sarah Ripley	Victoria Cavalier-Hirth	Lisa Styles	Verena Manchip				
		Not Set	362.5 kg	527.5 kg	420 kg	397.5 kg	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest		26 November 2022	19 March 2022	28 October 2017	15 January 2022				
			Sarah Ripley	Victoria Cavalier-Hirth	Lisa Styles	Jean Maton				
		Not Set	67.5 kg	130 kg	80 kg	77.5 kg	Not Set	Not Set	Not Set	Not Set
			26 November 2022	19 March 2022	28 October 2017	28 October 2017				