South Midlands Divisional Records										
Female Unequipped										
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5	
	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
43 kg	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Bench Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	
	Squat	Not Set	Not Set	Nora Jones 90 kg 19 September 2015	Marina Cornwall 77.5 kg 01 February 2015	Marina Cornwall 77.5 kg 01 February 2015	Not Set	Not Set	Not Set	
	Bench Press	Not Set	Not Set	Nora Jones 55 kg 19 September 2015	Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set	Not Set	
47 kg	Deadlift	Not Set	Not Set	Marina Cornwall 125.5 kg 01 February 2015	Marina Cornwall 125.5 kg 01 February 2015	Marina Cornwall 125.5 kg 01 February 2015	Not Set	Not Set	Not Set	
	Total	Not Set	Not Set	Nora Jones 260 kg 22/05/2016	Marina Cornwall 254.5 kg	Marina Cornwall 254.5 kg 01 February 2015	Not Set	Not Set	Not Set	
	Bench Press All contest	Not Set	Not Set	Nora Jones 55 kg 19 September 2015	01 February 2015 Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set	Not Set	
	Squat	Not Set	Alina Dewshi 90 kg 26 March 2017	Emma Goodwin 120 kg 08 December 2018	Not Set	Not Set	Not Set	Not Set	Not Set	
	Bench Press	Not Set	Ruth Holloway 55 kg 31 October 2015	Emma Goodwin 70 kg 22 May 2016	Not Set	Not Set	Not Set	Not Set	Not Set	
52 kg	Deadlift	Not Set	Alina Dewshi 107.5 kg 26 March 2017	Emma Goodwin 177.5 kg 13 June 2018	Not Set	Not Set	Not Set	Not Set	Not Set	

			Alina Dewshi	Emma Goodwin					
	Total	Not Set	247.5 kg	360 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			26 March 2017	13 June 2018					
			Ruth Holloway	Emma Goodwin	Amanda Holloway				
	Bench Press All contest	Not Set	55 kg	70 kg	67.5 kg	Not Set	Not Set	Not Set	Not Set
			31 October 2015	22 May 2015	08 December 2018				
			Abigail Stacey	Ellie Steel	Sofia Rufus				
	Squat	Not Set	130 kg	135 kg	115 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	08 December 2018				
	Bench Press		Abigail Stacey	Ellie Steel	Sofia Rufus				
		Not Set	72.5 kg	90 kg	57.5 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	08 December 2018				
			Catherine Smith	Ellie Steel	Sofia Rufus				
57 kg	Deadlift	Not Set	167.5 kg	162.5 kg	122.5 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	29 January 2017	08 December 2018				
			Catherine Smith	Ellie Steel	Sofia Rufus				
	Total	Not Set	360 kg	387.5 kg	292.5 kg	Not Set	Not Set	Not Set	Not Set
			25 February 2017	29 January 2017	08 December 2018				
	Bench Press All contest		Abigail Stacey	Ellie Steel	Sofia Rufus				
		Not Set	72.5 kg	90 kg	57.5 kg	Not Set	Not Set	Not Set	Not Set
			08 December 2018	29 January 2017	08 December 2018				
	Squat	Tia Ratnavira	Lucy Hart	Beverley Rodgers	Beverley Rodgers				
		72.5 kg	127.5 kg	125 kg	125 kg	Not Set	Not Set	Not Set	Not Set
		28 January 2018	24 February 2018	14 September 2017	14 September 2017				
	Bench Press	Tia Ratnavira	Lucy Hart	Angelique Borsboom	Beverley Rodgers				
		40 kg	57.5 kg	100 kg	85.5 kg	Not Set	Not Set	Not Set	Not Set
		28 January 2018	24 February 2018	16 December 2017	21 October 2017				
	Deadlift	Tia Ratnavira	Lucy Hart	Claire Sear	Galit Goldshmid				
63 kg		87.5 kg	145 kg	160 kg	155 kg	Not Set	Not Set	Not Set	Not Set
I		28 January 2018	24 February 2018	21 October 2017	01 December 2018				
	Total	Tia Ratnavira	Lucy Hart	Angelique Borsboom	Beverley Rodgers				
		200 kg	330 kg	375 kg	350.5 kg	Not Set	Not Set	Not Set	Not Set
		28 January 2018	24 February 2018	16 December 2017	27 May 2017				
	Bench Press All contest	Tia Ratnavira	Lucy Hart	Angelique Borsboom	Angelique Borsboom				
		40 kg	62.5 kg	100 kg	100 kg	Not Set	Not Set	Not Set	Not Set
		28 January 2018	11 August 2018	16 December 2017	17 February 2018				
	Squat		Zoe Clark	Yasmina Couty	Beverley Rodgers	Rita Shergold			
		Not Set	127.5 kg	150 kg	127.5 kg	107.5 kg	Not Set	Not Set	Not Set
			23 September 2018	22 July 2017	28 October 2017	20 October 2018			
	Bench Press		Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
		Not Set	80 kg	90 kg	87.5 kg	67.5 kg	Not Set	Not Set	Not Set
			23 September 2018	22 May 2016	28 October 2017	20 October 2018			
	Deadlift		Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord			
72 kg		Not Set	147.5 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
			28 October 2018	22 May 2016	28 October 2017	03 December 2017			

1 1			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
	Total	Not Set	342.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Cot	Not Cot
		NOL SEL	23 September 2018		28 October 2017	20 October 2018	NOT SET	Not Set	Not Set
				22 May 2016					
	Bench Press All contest	N-+ C-+	Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold	N-+ C-+	N-+C-+	N-+ C-+
		Not Set	80 kg	90 kg	90 kg	67.5 kg	Not Set	Not Set	Not Set
			18 May 2018	22 May 2016	15 May 2018	20 October 2018			
	Squat	No. Co.	Zoe Clark	Nicola Stimpson	Varena Manchip	Jean Maton	No. Co.	No. 1 Co. 1	Notice
		Not Set	130 kg	170 kg	147.5 kg	120 kg	Not Set	Not Set	Not Set
			28 October 2018	28 October 2018	10 December 2017	22 July 2017			
			Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton			
	Bench Press	Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set
			28 October 2018	13 August 2016	26 January 2014	26 January 2014			
	Deadlift		Zoe Clark	Nicola Stimpson	Varena Manchip	Jean Maton			
84 kg		Not Set	125 kg	172.5 kg	170 kg	155 kg	Not Set	Not Set	Not Set
			28 October 2018	28 October 2018	21 October 2017	26 January 2014			
	Total		Zoe Clark	Nicola Stimpson	Varena Manchip	Jean Maton			
i		Not Set	332.5 kg	412.5 kg	372.5 kg	347.5 kg	Not Set	Not Set	Not Set
			28 October 2018	28 October 2018	21 October 2017	26 January 2014			
	Bench Press All contest		Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton			
		Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set
			28 October 2018	13 August 2016	26 January 2014	26 January 2014			
	Squat			Nicola Stimpson	Lisa Styles				
		Not Set	Not Set	160 kg	150 kg	Not Set	Not Set	Not Set	Not Set
				28 January 2018	28 October 2017				
	Bench Press			Megan Batchelor	Lisa Styles				
		Not Set	Not Set	92.5 kg	80 kg	Not Set	Not Set	Not Set	Not Set
				25 March 2018	28 October 2017				
				Lisa Styles	Lisa Styles				
84 kg +	Deadlift	Not Set	Not Set	190 kg	190 kg	Not Set	Not Set	Not Set	Not Set
·				28 October 2017	28 October 2017				
	Total			Lisa Styles	Lisa Styles				
		Not Set	Not Set	420 kg	420 kg	Not Set	Not Set	Not Set	Not Set
				28 October 2017	28 October 2017				
				Megan Batchelor	Lisa Styles				
	Bench Press All contest	Not Set	Not Set	92.5 kg	80 kg	Not Set	Not Set	Not Set	Not Set
				25 March 2018	28 October 2017				