				Sou	th Midlands Divisional R	ecords			
					Male Equipped				
Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
53 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total Bench	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Squat	Not Set	Not Set	Daniel Jay 115 kg 1/29/2017	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011	Ted Brown 105 kg 16 April 2011
	Bench			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
	Press	Not Set	Not Set	100 kg	85 kg	85 kg	85 kg	85 kg	85 kg
				1/29/2017 Daniel Jay	16 April 2011 Ted Brown	16 April 2011 Ted Brown	16 April 2011 Ted Brown	16 April 2011 Ted Brown	16 April 2011 Ted Brown
59 kg	Deadlift	Not Set	Not Set	170 kg	145 kg	145 kg	145 kg	145 kg	145 kg
				1/29/2017	16 April 2011	16 April 2011	16 April 2011	16 April 2011	16 April 2011
	Total	Not Set	Not Set	Daniel Jay 385 kg	Ted Brown 335 kg	Ted Brown 335 kg	Ted Brown 335 kg	Ted Brown 335 kg	Ted Brown 335 kg
	Cui	Not set	Hot set	1/29/2017	16 April 2011	16 April 2011	16 April 2011	16 April 2011	16 April 2011
	Bench			Daniel Jay	Ted Brown	Ted Brown	Ted Brown	Ted Brown	Ted Brown
	Press All	Not Set	Not Set	100 kg	85 kg	85 kg	85 kg	85 kg	85 kg
	contest		Prince Ibahau	1/29/2017	16 April 2011 Roger Hamilton-Smith	16 April 2011 Michael James	16 April 2011	16 April 2011	16 April 2011
	Squat	Not Set	Prince Ibahay 180 kg	Roderick Ramsey 185.5 kg	Roger Hamilton-Smith 185 kg	Michael James 155 kg	Michael James 155 kg	Michael James 155 kg	Not Set
		.,	29 June 2019	12 October 2019	09 February 2019	03 July 2019	03 July 2019	03 July 2019	
	Bench		George Olteanu	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James	Michael James	
	Press	Not Set	117.5 kg 23 March 2019	120 kg 09 February 2019	120 kg 09 February 2019	110 kg 19 January 2019	110 kg 19 January 2019	110 kg 19 January 2019	Not Set
			Prince Ibahay	Roderick Ramsey	Roger Hamilton-Smith	Michael James	Michael James	Michael James	
66 kg	Deadlift	Not Set	230 kg	230.5 kg	230 kg	187.5 kg	187.5 kg	187.5 kg	Not Set
			29 June 2019	12 October 2019	09 February 2019	03 July 2019	03 July 2019	03 July 2019	
	Total	Not Set	Prince Ibahay	Roger Hamilton-Smith 535 kg	Roger Hamilton-Smith 535 kg	Michael James 442.5 kg	Michael James 442.5 kg	Michael James 442.5 kg	Not Set
		NUL SET	515 kg 29 June 2019	09 February 2019	09 February 2019	03 July 2019	03 July 2019	03 July 2019	Not set
	Bench		George Olteanu	Roger Hamilton-Smith	Roger Hamilton-Smith	Michael James	Michael James	Michael James	
	Press All	Not Set	117.5 kg	120 kg	120 kg	110 kg	110 kg	110 kg	Not Set
	contest	Nathan Gevao	23 March 2019 Terry Martin	09 February 2019 Daniel Smith	09 February 2019 Roger Hamilton-Smith	19 January 2019 Henry Clark	19 January 2019 Henry Clark	19 January 2019 Henry Clark	
	Squat	175 kg	205 kg	222.5 kg	Roger Hamilton-Smith 172.5 kg	130 kg	130 kg	130 kg	Not Set
		25 March 2018	28 January 2018	01 October 2016	01 December 2018	01 February 2015	01 February 2015	01 February 2015	
	Bench	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark	
	Press Deadlift	97.5 kg 25 March 2018	140 kg 28 January 2018	145 kg 01 October 2016	115 kg 01 December 2018	70 kg 26 January 2014	57.5 kg 01 February 2015	57.5 kg 01 February 2015	Not Set
		Nathan Gevao	Terry Martin	Darren Helley	01 December 2018 Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	
74 kg		200 kg	230 kg	250 kg	225 kg	160 kg	160 kg	160 kg	Not Set
		25 March 2018	22 May 2016	08 December 2018	01 December 2018	01 February 2015	01 February 2015	01 February 2015	
	Total	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Henry Clark	Henry Clark	Henry Clark	Not Cot
	ioldi	472.5 kg 25 March 2018	572.5 kg 28 January 2018	592.5 kg 01 October 2016	512.5 kg 01 December 2018	347.5 kg 01 February 2015	347.5 kg 01 February 2015	347.5 kg 01 February 2015	Not Set
	Bench	Nathan Gevao	Terry Martin	Daniel Smith	Roger Hamilton-Smith	Nick Hawker	Henry Clark	Henry Clark	
	Press All	97.5 kg	140 kg	145 kg	115 kg	70 kg	57.5 kg	57.5 kg	Not Set
	contest	25 March 2018	28 January 2018	01 October 2016 David Murray	01 December 2018	26 January 2014	01 February 2015	01 February 2015	
	Squat	Jake Leach 205 kg	William Pickering 222.5 kg	David Murray 252.5 kg	Joao Arsenio 250 kg	Keith Blacknell 162.5 kg	Not Set	Not Set	Not Set
	- 4	31 October 2015	13 October 2018	28 May 2018	22 May 2016	23 November 2014			
	Bench	Jake Leach	James Vickers	Iman Salemi	Joao Arsenio	Nigel Seymour			
	Press	117.5 kg 27 July 2015	150.5 kg 29 January 2017	156 kg 20 April 2019	135 kg 29 January 2017	110 kg 08 December 2018	Not Set	Not Set	Not Set
		Jake Leach	William Pickering	Eze Erediauwa	Joao Arsenio	Nigel Seymour			
83 kg	Deadlift	195 kg	260 kg	280 kg	255 kg	210 kg	Not Set	Not Set	Not Set
		27 July 2015	13 October 2018	01 February 2015	29 January 2017	08 December 2018			
	Total Bench	Jake Leach 517.5 kg	William Pickering 625 kg	Iman Salemi 663.5 kg	Joao Arsenio 640 kg	Nigel Seymour 465 kg	Not St	Not Sot	Not Set
		31 October 2015	13 October 2018	20 April 2019	29 January 2017	465 kg 08 December 2018	Not St	Not Set	NOT Set
		Jake Leach	James Vickers	David Murray	William Dadley	William Dadley			
	Press All	117.5 kg	150.5 kg	165 kg	152.5 kg	127.5 kg	Not Set	Not Set	Not Set
	contest	27 July 2015 Edwin Lord	29 January 2017 William Pickering	16 December 2017 Iain Kendrick	15 January 2017 Jain Kendrick	17 December 2016 Keith Blacknell	Andy Bonner	David Purkiss	
	Squat	185 kg	250 kg	262.5 kg	262.5 kg	250 kg	222.5 kg	75 kg	Not Set
		29 October 2016	01 November 2019	22 July 2017	22 July 2017	11 October 2018	28 October 2017	09 February 2019	
93 kg	Bench Press	Edwin Lord	William Pickering	David Murray	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
		122.5 kg 29 October 2016	165 kg 01 November 2019	175.5 kg 29 June 2019	157.5 kg 26 January 2014	157.5 kg 26 January 2014	140 kg 28 October 2017	75 kg 01 December 2018	Not Set
		Edwin Lord	William Pickering	William Pickering	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
	Deadlift	250 kg	300 kg	300 kg	272.5 kg	272.5 kg	272.5 kg	100 kg	Not Set
		29 October 2016	01 November 2019	01 November 2019	28 October 2017	28 October 2017	28 October 2017	09 February 2019	
	Total	Edwin Lord	William Pickering	William Pickering 715 kg	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	Not Set
	ioldi	557.4 kg 29 October 2016	715 kg 01 November 2019	715 kg 01 November 2019	635 kg 28 October 2017	635 kg 28 October 2017	635 kg 28 October 2017	250 kg 09 February 2019	Not Set
	Bench	Edwin Lord	William Pickering	Dan Watkins	Andy Bonner	Andy Bonner	Andy Bonner	David Purkiss	
	Press All	122.5 kg	165 kg	190 kg	157.5 kg	157.5 kg	140 kg	75 kg	Not Set
<u> </u>	contest	29 October 2016	01 November 2019	21 October 2017	26 January 2014	26 January 2014	28 October 2017	01 December 2018	
		Edwin Lord	Edwin Lord	Dean Bowring	Dean Bowring	Keith Blacknell			

1 1	Squat	235 kg	235 kg	270 kg	270 kg	192.5 kg	Not Set	Not Set	Not Set
105 kg	, i	25 November 2017	25 November 2017	13 May 2016	13 May 2016	22 May 2016			
		Sydney Boroch	Bradley Horne	Dean Bowring	Dean Bowring	Keith Blacknell			
	Bench Press	155 kg	175 kg	240 kg	240 kg	127.5 kg	Not Set	Not Set	Not Set
		31 October 2015	21 October 2017	13 May 2016	13 May 2016	22 May 2016			
	Deadlift	Edwin Lord	Edwin Lord	Dean Bowring	Dean Bowring	Keith Blacknell			
		285 kg	285 kg	325 kg	325 kg	202.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 November 2017	13 May 2016	13 May 2016	22 May 2016			
	Total	Edwin Lord	Edwin Lord	Dean Bowring	Dean Bowring	Keith Blacknell			
		675.5 kg	675.5 kg	910 kg	910 kg	522.5 kg	Not Set	Not Set	Not Set
		25 November 2017	25 November 2017	13 May 2016	13 May 2016	22 May 2016			
	Bench	Sydney Boroch	Bradley Horne	Martin Green	Martin Green	Keith Blacknell			
	Press All	155 kg	175 kg	260 kg	260 kg	127.5 kg	Not Set	Not Set	Not Set
	contest	31 October 2015	21 October 2017	12 July 2015	12 July 2015	22 May 2016			
	Squat	Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring	,			
		300 kg	345 kg	400kg	400kg	Not Set	Not Set	Not Set	Not Set
		03 September 2016	20 January 2018	09 November 2013	09 November 2013				
		Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring				
	Bench	245 kg	287.5 kg	302.5 kg	302.5 kg	Not Set	Not Set	Not Set	Not Set
	Press	03 September 2016	20 January 2018	29 November 2014	29 November 2014				
	Deadlift	Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring				
120 kg		300 kg	325 kg	355 kg	355 kg	Not Set	Not Set	Not Set	Not Set
ŭ		03 September 2016	20 January 2018	29 November 2014	29 November 2014				
	Total	Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring				
		845 kg	957.5 kg	1045 kg	1045 kg	Not Set	Not Set	Not Set	Not Set
		03 September 2016	20 January 2018	08 November 2014	08 November 2014				
	Bench	Jack Johnson	Jack Johnson	Dean Bowring	Dean Bowring	David Brooks			
	Press All	245 kg	287.5 kg	302.5 kg	305.5 kg	170 kg	Not Set	Not Set	Not Set
	contest	03 September 2016	20 January 2018	29 November 2014	19 April 2014	15 January 2017			
	Squat	Ray Bowring	Ray Bowring	Ray Bowring	Mike Adams	Mike Adams			
		280 kg	280 kg	280 kg	252.5 kg	252.5 kg	Not Set	Not Set	Not Set
120 kg +		19 January 2019	19 January 2019	19 January 2019	26 November 2016	26 November 2016			
	Bench Press	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		180 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
		19 January 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016			
	Deadlift	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		250 kg	310 kg	310 kg	280 kg	280 kg	Not Set	Not Set	Not Set
		20 April 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Total	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
		700 kg	780 kg	780 kg	717.5 kg	717.5 kg	Not Set	Not Set	Not Set
		19 January 2019	29 July 2018	29 July 2018	26 November 2016	26 November 2016			
	Bench	Ray Bowring	Jack Johnson	Jack Johnson	Mike Adams	Mike Adams			
	Press All	180 kg	205 kg	205 kg	195 kg	195 kg	Not Set	Not Set	Not Set
	contest	19 January 2019	29 July 2018	29 July 2018	20 March 2016	20 March 2016			