The Australian Women's Register

Entry type: Person
Entry ID: AWE2197

Carlton, Melissa

(1978 -)

Born	1 January, 1978, South Africa
Occupation	Paralympian, Sports administrator, Swimmer

Summary

Melissa Carlton is a freestyle swimmer who migrated with her family to Tasmania from South Africa at the age of twelve in 1986. At the 1996 Paralympic Games held in Atlanta she won two gold medals, two silver and one bronze. She also held the world record for the 400 meters freestyle. Born with a congenital leg disability, Carlton says 'I never considered myself to be disabled because this is how I have always been. It's how I have always swum.'

Considered to be somewhat of an icon of Tasmanian sport, Carlton was named Tasmanian Sportswoman of the Year in 1996. In 2000, she was appointed Executive Officer of the Tasmanian Paralympic Committee.

Events

2001 - 2001

2000 - 2000

1996 - 1996

1992 - 1992

1994 - 1994
Swimming – 100m Freestyle (S9)

1996 - 1996
She won a bronze medal in the 100 metres (109 yards) backstroke, silver medals in the 100 metres butterfly and the 100 metres freestyle, gold medals in the 400 metres (437 yards) freestyle and the 4 x 100 metre freestyle relay.

1999 - 1999

Published resources

Resource
Tasmania the Island: Fact File, Greenwood, Ann,
http://www.ontas.com.au/fact-file/category-melissacarlton.htm

Trove, National Library of Australia, 2009

Site Exhibition
She's Game: Women Making Australian Sporting History, Australian Women's Archives Project, 2007,
http://www.womenaustralia.info/exhib/sg/sport-home.html

Archival resources

National Sport Information Centre
Melissa Carlton File

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