The Australian Women's Register

Entry ID: Person AWE0587

Frost, Catherine Adelaide Marcelle

(1921 - 2013)

Born	28 December, 1921, Lakemba New South Wales Australia
Died	12 May, 2013
Occupation	Community worker, Servicewoman

Summary

Before joining the Women's Auxiliary Australian Air Force (WAAAF) in 1942, Catherine Frost (née Sommers) was a full time ballet student. She worked part time in the family cycle business as well as competing in track cycle racing and being a member of the New South Wales Flying Club. With the WAAAF she was a fabric worker. Following World War II Frost became a member of a number of community services including the Prince Henry Little Bay Hospital, the Royal Alexandra Children's Hospital, Camperdown and the Asthma Children's Foundation, Sutherland. On 26 January 1997 Catherine Frost was awarded the Medal of the Order of Australia and she received the Australian Sports Medal on 30 August 2000.

Events

2046 - 2046

Married Jack Douglas Frost and they had one daughter

2042 - 2045

Served with the Women's Auxiliary Australian Air Force (WAAAF)

1950 - 1950

Joined the Lawn Bowls Association

1966 - 1966

Secretary of the Sutherland District Girl Guides Association

1955 - 1968

Learn to Swim instructor for the NSW Swimming Association

1950 - 1950

Member of the Asthma Association

1965 - 1971

Learn to Swim instructor for the Asthma Association

1969 - 1980

Learn to Swim instructor for the Sutherland Physically & Intellectually Challenged Children

1997 - 1997

Awarded Medal of the Order of Australia for service to Lawn Bowls at Club, State and National levels and to the community

2000 - 2000

Awarded the Australian Sports Medal

2043 - 2043

Promoted to Corporal

2044 - 2044

Promoted to Sergeant

1960 - 1964

President of the Sutherland Lawn Bowls Club

1988 - 1990

President of the Royal NSW Bowling Association

1990 - 2001

Secretary of Australian Women's Bowls Council.

2000 - 2002

President of Lawn Bowls International

Published resources

Resource Section

SOMMERS, CATHERINE ADELAIDE MARCELLE, Department of Veterans' Affairs, 2002, http://www.ww2roll.gov.au/script/veteran.asp?ServiceID=R&VeteranID=935802

Resource

Trove, National Library of Australia, 2009

Author Details

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