

## “Savour the Dessert Moment” in Singapore...by Josiane Pestana

Whenever I return to Singapore, I never fail to drop into Mei Heong Yuen Dessert shop situated right in the heart of the bustling, vibrant Chinatown to indulge in some delicious local desserts. My friend Clara Lee and her sister Connie Lee manage the shops continuing their father's business which has its roots connected to the iconic Farmer Brand groundnuts. Clara and I go way back to 1982 when we both joined Singapore Airlines as Flight Stewardesses and we both flew for 20 years before moving on but definitely not apart especially in friendship.



Mei Heong Yuen Dessert shop have just the right mixture and blend of mouth watering ingredients to satisfy the cravings of dessert lovers anywhere. Why do dessert lovers frequent there? It's definitely because of their wide range of varieties that never fail to put a smile on everybody's face. Their specialities lie in four aspects, which are their variety of sweet pastes, succulent steamed puddings and local delicacies, mouth-watering dumplings and cakes and the famous of it all, the snow-iced desserts which originated from Taiwan. As its name suggests, this sweet treat is made by feeding blocks of frozen flavoured ice into a machine that shaves the block into thin smooth mouth-feel sheets that is reminiscent of fine powdered snow. Watermelon & Lychee, Chendol and Mango are the top favourites of which the snow-flaked Chendol is my favourite.



Connie Lee and I in front of the Chinatown Shop in July 2013

Indulging in my favourite Snow Ice “Chendol” in July 2013

When you next go to Singapore, do drop in to one of the shops are indulge in the mouth-watering experience.



Myself, Timo, my husband and Clara Lee in May 2012

They are conveniently located at these following locations:

No 63-67 Temple Street  
Open Daily from 10.30am to 10pm,

#B4-34, ION Orchard, 2 Orchard Turn  
Open Daily from 11am to 10pm

#B2-32/33 Chinatown Point 133 New Bridge Road  
Open Daily from 11am to 10pm.

You can check out their Website for more details:  
<http://www.meiheongyuendessert.com.sg/index.php/our-menu>



Glutinous Rice Ball in Ginger Soup (Sesame & Peanut) 汤圆(姜汤)



Cantonese Dumplings  
广东肉粽子



Sesame Paste  
生磨芝麻糊



Chendol  
浆罗