

#### Leander CROCK Aura Therapy

http://keelynet.com/biology/crock.htm 3-9-2000

#### The Amazing Mr. Lee Crock & His System of Aura Therapeutics



CAVEAT: This information is presented for entertainment and edification. KeelyNet neither endorses or recommends the described technology and if you have medical or health problems, please seek out a qualified Doctor or medical facility.

Lee Crock died in March 2010

I received a fascinating phone call from Mr. Lee Crock this afternoon and decided to post what we talked about, which I had jotted down during the call.

What is most amazing is that Lee has an explanation about what he is doing and how he believes it to work. He has incorporated this into a machine.

Lee says although he is a '1924 model' he expects to be around a lot longer, doing what good he can with his discovery from three years ago.

His healing system stems from Reiki massage therapy which partially relies on the production of heat in the hands to heal the body

The treatment takes from 3-5 days and is given at his Therapeutic Academy in Caldwell, Ohio. They have 10 beds and, give treatments around the clock and for those too ill to care for themselves, they request that you bring a friend or helner.

Lee says a counter clockwise (CCW) motion is positive, discharges the cellular electrical energy and relieves pain within about 14 minutes.

Whereas, clockwise (CW) is negative and refills the cells with energy.

The principle Lee describes as like emptying a bucket, filling it back up and emptying it again, over and over with the idea being to flush out any toxins

He says an easy demonstration is to hold your hands flat against or close to the ailing organ or body of a subject, and move the palms of your hands in a CCW motion until you begin to feel a heating effect. Once it achieves the maximum heat, you lay your hands on the area being treated, and let them cool down.

A CW motion will recharge the cellular energy and after about 30 hours of this CCW, then CW treatment, repeated over this 30 hour period, the subject improves.

By using a relay of 4 or more people, doing this without the machine, you can continually flush and recharge the damaged cells continually over 24 hours for 3-5 days or as needed.

The machine Lee has developed apparently produces this same alternate CCW and CW motion without the need of a human operator to produce the same flushing and recharging effect.

One of the side effects is excess urination which Lee says is due to the body discharging the toxins that are being released as the tissues are being flushed with this very simple method.

Lee says he and his volunteers have worked with 10,000 people over a 3 year period with excellent success rates, with these people coming from 10 foreign countries and all 50 states.

He has been called into court, changed his Therapeutic Clinic to Therapeutic Academy and never claims to be able to heal or cure anything or anyone. He simply assists the body to heal itself by flushing out the toxins that cause the problems.

Lee says his electronic device has one wire leading from it which is connected to a screen that is usually sealed in a pillow. The pillow can then simply be laid on the suspect organ and the bigger the screen, the more area is affected.

Lee says the CCW motion is like building a coil and since coils attract electricity, this energy coil will pull the electricity out of the cells which will carry the toxins with them.

He says the proof of it is the production of heat in the palms of the hand which can be felt with or without the machine and a less subjective proof is that the subject urinates often when being subjected to this bio-heating and cooling effect.

Sounds to me like a version of iontophoresis, where charged ions can be used to introduce or remove elements or chemicals to or from the cells. Once these cellular contaminants are in the blood stream, they are detected as invaders or excesses and removed as waste, most easily via urination.

And yes, he has treated himself with the machine for months where he used a 4 foot by 8 foot wire mesh screen placed between the mattress and box spring of his bed, with his machine feeding this mesh screen so he would be treated while he sleeps

He reports during this process, he would have to go to the bathroom 4-5 times a night and had to discontinue it because it was causing him to dehydrate since his body was flushing out all toxins. He also says after discontinuing this nightly treatment, he still has to go to the bathroom often to urinate but the effect is going away over time.

I take this comment as a great warning to not OVERUSE this technique, use it when you need it. Many would never have mentioned this for fear it might scare people away from the entire claim, and to my view that is a sign of Lee Crock's sincerity and integrity. Also that he provides a background fot the basic effect, that he charges NOTHING for his treatments and is just there to help whoever he can. Look around and see how rare this is these days.

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I asked if he was setup as a non-profit and he said yes, so they are in a position to accept donations, bequests, etc.. His call impressed me that Lee didn't seem the least concerned with selling anything but his main concern is helping as many people as he can while he is here, another excellent sign of character.

He reports amazing results with Altzheimers' because his system flushes aluminum from the tissue as well as arthritis and rheumatism which resolves as the excess calcium crystals are flushed. He says you can get a sample of the urine of the arthritic person and you will see tiny brown calcium crystals in the sample.

The treatment involves one of the screen embedded pillows which is laid over the person with the machine attached.

I asked him about muscular dystrophy and other such illnesses, he says they are nerve disorders and it depends on the degree of decay though it couldn't hurt. Also, since Lee has a great sense of humor I asked him if it helped hair growth or would act like electronic Viagra.

He said no, he didn't think it would help restore hair and he didn't know what Viagra was, I explained it and he said well, most of that is in the mind anyway, so he didn't think it would help. (g).

One of the other discoveries is that you can have several people touch the pillow while the machine is on and the effect is greatly increased, as if the machine, producing its alternating CCW and CW fields milks the healing energy from the people participating, which greatly intensifies the healing effect.

This is very similar to the claims of the Eeman screens where two wire mesh screens are laid next to each other and offset on the floor to be connected with one wire at the top and one wire at the bottom. A healthy person lays on one mesh screen and a sick person lays on the other mesh screen opposite each other, so that the feet are on the end of each screen. The idea is that a bio electric current will flow between the two and a form of empathic trans-sympathetic healing is induced.

Lee has a lot of great stories, one of them had to do with a woman who had lung cancer and was given up to death. In the hospital she was in an oxygen tent to assist her breathing. Since she was known to be a very religious woman, they thought about ways to smuggle the machine into the hospital to help her.

So they put the device in a suitcase and wrote 'anointing oils' on it, then took the pillow and the suitcase in. The pillow was placed on the womans chest and the single wire connected to the machine. The helpers all placed their hands on the pillow and put on a show when the nurse or doctors came in. They went back every day and treated the woman for 2 hours at a time, within 3 days, she was taken off the oxygen tent, within 5 days released to go home. The cancer had 'disappeared' and was written off as a miracle due to spontaneous healing.

He has another great story about a priest who had been unknowingly using this healing technique by placing his right hand on the left shoulder of the faithful until he felt a heat, usually after about 6 minutes. He attributed this heat production to his faith and considered himself one of a gifted few.

The priest told him there were probably a total of 13 people in the world with this 'gift'. Lee told him that 6 of these people were with them today at the academy and if he'd give him a couple of hours, he'd call up the other 7. He then did a demonstration and showed the priest what was really happening and how to speed it up with the CCW motions so he could do more people instead of just waiting for the flow to happen.

Lee Crock is a phenomenon waiting to happen

# Additional information as of 03/11/00 8107 Interact discussion email

Went through the patent application, very interesting. He is putting the subject into a capacitive circuit where the subject takes on the role of the dielectric. Basically, the subject lies on a conductive plate or mat connected to one polarity of a DC current source and has the other polarity connected the the moveable wire screen that he puts inside a pillow. On 7 and 8, the patent says;

"The electrical system of one's body can be modified by stimulating the healing process using the apparatus as shown in figures 1A and 1B. The present invention is comprised of two low voltage direct current sources, having opposite polarities, the current direction being controlled by a polarity switch. A conductive wire mesh electrode is placed within a distance of 2 to 12 inches above the area to be treated.

The apparatus performs by alternately charging and discharging the cells over periods of time from 1 to 12 hours. The static charge is removed by an electric discharge that resulted from the accumulation of electric charge on an insulated body. The accumulated charge manifests itself in ones aura. The healing of a malfunctioning area can be stimulated by a plurality of polarity reversals in a therapeutic application.

In a typical therapeutic session, the patient lies upon the conductive treatment surface (plates 60 and 65). The conductive mesh electrode (50) is placed over the area to be treated, at a distance preferably ranging from 2 to 12 inches. The polarity switch 40 is maintained in the uppermost position for an elapsed period of approximately 15 minutes.

During this interval the wire mesh 50 is connected to a negative direct current source, having low potential. At the end of 15 minutes, the switch 40 is toggled to its lower position, connecting a positive direct current source, having a low potential to the wire mesh electrode 60, again for a period of about 15 minutes.

The reversal sequence is repeated several times until the therapeutic session is completed. The therapy, using the apparatus of the present invention, finds usefulness in soft tissue therapy; however, it does not prove effective in the treatment of skeletal formations. In the preferred embodiment, the voltage sources 20 and 30 are 10 'D' cell batteries, all connected in parallel.

The voltage can range from the preferred 1.5VDC to about 3/4 of a volt (.75). Treatment times can range from as little as one and 1/4 hour to as much as 12 hours of 6 hours per session.

Note: As of April 2000, Lee kindly sent a unit to be tested and it was noted on inspection of the unit that the batteries are NOT connected as 10 in parallel, but are 5 sets of TWO 'D' cell batteries connected in series to give 3 volts per pair, and all of these are hooked in parallel. The following diagram has been changed to reflect this reality. Additionally, a single hook projects from the box to which one or more wirescreens are connected. This hook provides either negative or positive polarity from the 15 minute timer relay.



So we have a lipid oil film on the surface of cells which acts as a dielectric to hold charge on and in cells. He does refer to an 'static' charge on cells which are discharged when the polarity alters the dielectric of the body to allow the breakdown. Cells are like tuned capacitors and inductors (with DNA as the coil) as per Lakhovsky and others who pioneered 'electronic medicine'.

Charged Ions can carry elements into and out of the cells depending on polarity of the cell and the ambient medium. I believe somewhere I have read that cancer cells are electro positive with respect to surrounding tissue.

A capacitor consists of two conductive surfaces separated by a dielectric that has high resistance. The two mesh screens serve as the capacitor plates, the body of the subject serves as the dielectric. A positive current flowing from one electrode through the body into the other electrode should cause the ions in the cells to migrate and carry out any excess of elements or toxins. By changing the polarity, so that a negative current now flows, the polarity of the tissues should reverse and ions would be absorbed into the cells.

Lee says this system works by emptying and refilling the tissues, like a bucket full of mud, that is filled and emptied over and over with clean water, until all the mud is gone and the bucket is clean. The ions would carry the toxins out of the cells where they would be caught up in the blood stream, intercepted by phages and probably stored in the lymph system to be excreted during urination or other waste removal.

When the polarity of the body is reversed, the cells would now accept ions to add electrical energy, hopefully carrying in nutrients and other material beneficial to the body. By repeating this process, over and over, IF it works as he says and this basic description/analogy is correct, then I think he is onto something very basic that appears to be fundamental to health in general. I'd think that drinking pure water would help in purging the system as he did comment on dehydration as a possibility if you overuse it.

## http://www.keelynet.com/mexistim/nexcrock.htm 8/01/03

## Lee Crock and his'Aura Therapy' / Energy Cleaner Machine

by

#### Jerry W. Decker

Note: This article was originally written for NEXUS Magazine but was so long they had to edit it for publishing. So I am posting the entire article online where you can read the whole story. An edited version was published in the NEXUS Sept/Oct edition for 2003.

Disclaimer: This article is posted solely for information and entertainment. No claims are made for the devices described herein. If you have medical issues, please consult a qualified medical practitioner. Personal analysis and because and because a property to be able to the following as EACT.

MexiStim: The MexiStim unit is sold simply as a device that cycles between two battery powered polarities



In my travels and researches over the years, I have tried several electronic methods claimed to help the body to heal itself. None have given results that were measurable. Of course, no sane person will say outright that their method 'cures' anyone for fear of the wrath of the FDA, AMA or local medicos whose regular income depends on you remaining sick.

Wouldn't it be great to adapt the ancient Chinese method where you pay the physician as long as you are healthy, when you get sick, he pays you!

Don't read this as a slam against all medical practitioners, there are many fine doctors, nurses and medical technicians who do a great job in their fields, but so many aren't remotely open to the idea that any kind of alternative therapy beyond what they learned in school could possibly help anyone.

The machine I want to tell you about first came to my attention through several emails sent to KeelyNet asking if there was any information about a fellow in Caldwell, Ohio named Lee Crock who was using something called 'Aura Therapy' to get amazing results with sick or ailing people with varied conditions, some given up on as beyond hope.

Some of the conditions this machine has been used to help resolve include all types of cancer, Altzheimers, rheumatism, arthritis, viruses, kidney, heart and lung failure, hearing loss, various physical pains, headache, epilepsy, Hodgkins disease, shortness of breath and other conditions as reported in testimonials seized and on file at the Noble County Courthouse in Caldwell, Ohio.

I had never heard of the guy and didn't actively began looking into his work until a couple of months later. I ended up calling Mr. Crock on several occasions and found him to be charming, personable and very informative

To put it mildly, Lee is a ball of fire and enthusiasm. He repeatedly told me he wanted to help as many people as possible with his discovery while he could.

After speaking with him several times on the phone and after he sent me a copy of his patent, I wrote up a file on KeelyNet about the Crock machine

In 2001, we had the first KeelyNet conference in Dallas which gave me the opportunity to fly Mr. and Mrs. Crock to Dallas to give a presentation and demonstrate his machines. We just happen to have a videotape of Lee should you be interested in obtaining a copy.

The original patent is slightly different from the current machines being sold. As you can see in the diagram, it shows two screens with the body sandwiched between them.

It has now been found unnecessary to use two screens since the body serves as a 'floating ground' for whichever polarity is in effect during a given 15 minute interval.

Meaning one screen has either positive OR negative applied to it and the body acts as the ground for whichever is in effect at the moment.

The one wirescreen is all that is necessary to couple with the body field and serve to complete the 'circuit.'

One schooled in formal electronics would think this can't possibly work or do anything useful unless it has a current path. How can a single wirescreen that doesn't even have to make contact with the body POSSIBLY do anything to help heal the body?

How can there be a circuit path between this screen and the body? Lee originally thought it was the aura and has taken photographs with a very expensive aura camera which shows the aura changing brightness and colors after exposure to his machine. That is why he called it 'Aura Therapy', thinking the screen somehow couples with the aura of the body to add energy.

It turns out there is an interesting effect called electro-poration, where the cells can be made to expand or contract depending on the polarity of current applied to them. That is what I think is going on in a weak fashion with Lee's machine, possibly occurring as part of a coupling to the aura, or what the Russians call the 'Bio-Plasmic field'.

New information has been released recently on work done by the husband and wife team of D. James and Dorothy Morre', who have worked on biological clocks since the 1960's and recently found a 12 minute expansion and a 12 minute rest cycle associated with proteins and cells. This is remarkably close to the 15 minutes Lee found by empirical observation as the optimum time between switching polarities for his machine.

Before the Conference, Lee kindly sent me one of his very early units as pictured here. You will note the corroded battery plate grids arranged for 3vdc output, use of an off-the-shelf AC timer and a single wire output for the pad. There is also a plus and minus port to measure battery power.

Lee brought about 6 of the new units (shown later in this article) to the KeelyNet conference which he let people examine and use.

These six devices also used the single wire pads which have proven superior to the dual pads as in the original patent.

The machine itself is remarkably simple, a combination of 10 'D' cell flashlight batteries connected to produce 3 volts DC.

A switching circuit set for 15 minute intervals alternates the polarity (negative or positive) sent to a wirescreen made of aluminum and available at any hardware store

This wirescreen was held on or near the part of the body to be 'treated' though it appears to produce effects as long as it is held within about 6 inches of the body, thereby reinforcing the idea there might be some unknown aura coupling effect.

As an update since this article was written, an associate suggested using aluminized plastic Mylar film as a flexible pad substitute for the stiffer wirescreen. This is the material the metallic looking ballons are made of. You can buy it as an 'emergency' blanket for about \$2-\$3US at any camping or hiking store or in the camping section of WalMart. You can easily cut it to any size you want and it is perfectly conductive.

However, Tom Berryhill, who makes the Energy Cleaner machines for Lee Crock, reports they work fine as long as you don't flex them too much, which will damage conductivity. But you could cut them into pieces the size you want and simply replace when they begin to crack or lose conductivity over the larger part of the sheet.

I would like to bring in some other correlations which might further help to understand how this very simple machine could actually be assisting the body to heal itself.

It is my opinion that the aura of the body produces lines of force which actually 'write' the pattern of the aura into the physical matrix of the body. The aura, I believe, changes very slowly and is amenable to 'sustained' thought, meaning you can reprogram your aura with concentration and repetition.

According to Dr. Harold S. Burr of Yale University, all protein in the body is replaced approximately every 159 days (6 months), so why then do we not have a new body each 6 months?

Why do scars and aging appear in a body that is new? Because the aura IS the energy pattern which is written into the physical body and it holds the pattern of the scars as well as tallies up all the stresses we have encountered over our past, including the prior 6 months, all written into the flesh of our body.

One interesting claim that correlates is that of David Hudson who states that monoatomic gold is superconducting and when ingested will add energy to the body, increase psychic abilities and promote healing among other thines.

David was with our group in Dallas for several days giving us the opportunity to spend a lot of time with him. I must say, the man is brilliant, with a mind able to span vast bodies of information and correlate relevant parts.

He kindly provided me with copies of two lab reports which showed that new, growing tissue was naturally superconducting, a condition he believes ingestion of monoatomic elements might induce artificially and a technique he suspects the Patriarchs and religious figures knew and used in the past to develop their 'powers.'

It was from David that I first heard the aura being described as a resultant of superconductivity. A term I like to use in describing the aura is based on Davids' ideas as 'a dynamic attenuating Meissner field.'

Dynamic because it is living and in slow motion giving the body time enough to 'write' the aura pattern into the reality of flesh.

Attenuating because it weakens with age and time, eventually becoming so weak that the transcription (copying) of the aura pattern to the body is so weak as to not be able to sustain the energy connection, thus resulting in death.

Meissner 'field' because the Meissner effect is experienced with superconductors as a repulsion of magnetic lines of force, no matter the polarity of the magnetic pole.

This effect is called 'diamagnetism' when both poles are simultaneously repelled. Scientists in Finland have succeeded in levitating living frogs, fruits and other 'non-magnetic' objects in a high density magnetic field, based on this diamagnetic repulsion effect.

Lee Crocks' Energy cleaner machine requires a 'steady state' DC field from the 10 batteries at low voltage (3 volts). Although there is no current flow that I know of or which has been measured between the wirescreen and the body or even the aura of a body, I think it provides an ambient pool of force from which the aura can extract energy.

I base this on natural law where nature always seeks equilibrium, so by immersing a low potential object into a high potential field, the low potential will necessarily be pulled up trying to come into equilibrium with the high potential field. Thus a weak aura or body energy field will be pulled up by absorbing energy from the wirescreen via a coupling to the aura.

David Hudsons' idea of ingesting the superconducting monoatomic elements would likewise increase the field strength of the aura, allowing for more perfect transcription to the physical, promoting healing and possibly

A similar background energy effect is that of Dr. Gianni Dotto who designed and built the famous healing machine known as the 'Dotto Ring' which produced an intense magnetic field using 30,000 amps at almost no voltage, which makes it 'almost superconducting', ergo, current without voltage in a supercold material has no resistance.

Reports were that Dottos' machines would levitate off the floor when in operation due to the intense magnetic field they produced.

This effect resulted from repulsion against the magnetic field lines of the earth.

This claim causes many to sneer and say it is impossible because the field lines of the earth's magnetic field aren't that strong.

However, about 3-4 years ago I received a couple of telephone calls from a young man in Atlanta, Georgia asking if I knew of a compact power supply that ran on gas or some other replaceable fuel.

Well yes, there are many power supplies that could fit that requirement, depending on how much power was required to be generated. He then proceeds to say he had built a three foot spherical model of the Wachspress levitating monopole magnet, connected with a power cable and which he flew around the room.

He wanted to expand this to a 6 foot model which would allow a pilot and needed a self-contained onboard power source. I was impressed by the claim, he swore it was true but that he could only fly it for about 20 minutes or so before the coils became too hot due to the very high current necessary to drive them, so he risked shorting them out.

This young man was very paranoid and never contacted me again after the two phone calls, so I didn't have a name or any way to contact him. Granted it could have been a hoax but he sounded sincere and rather harried, like he was afraid of something.

His machine was based on a magnetic 'monopole' which is described in the 1989 patent by Herb Wachpress describing a toy based on a unique geometry that produced just such a 'monopole'.

Basically, it consisted of 6 electromagnets all pointing with the same polarity towards a center so as to form a sphere

Though with sufficiently strong small magnets, you should be able to make a purely magnet 'powered' monopolar sphere.

When measured around the surface of the sphere, it would appear as a monopole since only one polarity was facing outwards.

Using this, Wachspress made a table with electromagnets appropriately positioned and connected to a joystick, so that the magnetic monopolar sphere could be 'flown' in the air above the electromagnetic table.

This has no real bearing on the Crock machine or how it works, I just thought it might be interesting in light of the claims that the Dotto Ring machines levitated off the floor when in operation to produce the 30,000 amps and thus a very intense magnetic field.

It would be great to hear from anyone working along these lines, though I don't think I would want to ride in a flying machine with such a strong magnetic field density.

Another interesting correlation to the Crock machine is EEMAN relaxation screens, sometimes called biocircuits or Eeman screens. These were discovered by Leon Ernest Eeman in the early 1920s. After serious injuries in a plane crash, Eeman was deemed 100 percent disabled.

While hospitalized he recalled Jesus' admonition "Heal the sick by the laying on of hands." Eeman reasoned that this healing energy was the subtle energy of the life force itself.

Within two years after his release from the hospital he developed techniques using these screens that "restored him to better health than he had ever known."

These screens are passive devices that facilitate the flow of subtle bodily energy. A scientific, double blind study, that measured muscle tension and skin conductance as well as monitored EEG, found these screens to be superior for producing relaxation.

After all this preliminary material, now is a good time to repeat what Lee told me on the telephone in our numerous conversations and what he said at the KeelyNet Conference. By the way, we do have a videotape of Lee speaking at the conference if you are interested. Order Lee Crock Video.

Lee said he was fascinated by the 'laying on of hands' as reported to be used by Jesus, his disciples and other healers. His healing system stems from Reiki massage therapy which partially relies on the production of heat in the hands to heal the body.

The treatment takes from 3-5 days and is given at his Therapeutic Academy (now called EDK University due to legal reasons) in Caldwell, Ohio. They had 10 beds (at the time of the conference Lee reports 30 beds) and give treatments around the clock. For those too ill to care for themselves, they request that you bring a friend or helper.

If you cannot acquire a machine, by building or buying, it might be worth a brief 'vacation' to Caldwell to stay for a week. Meet Lee and his people, experience the machines, relax and take a break from your normal routine. If nothing else, you will get a vacation though it might help in other ways. Contact information for Lee and his University are included below.

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As opposed to clockwise (CW) motion which is negative and refills the cells with energy.

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Lee has many great stories about using the machines, one of them had to do with a woman who had lung cancer and was given up to death. In the hospital she was in an oxygen tent to assist her breathing. Since she was known to be a very religious woman, they thought about ways to smuggle the machine into the hospital to help her.

So they put the device in a suitcase and wrote 'anointing oils' on it, then took the pillow and the suitcase in. The pillow was placed on the womans chest and the single wire connected to the machine. The helpers all placed their hands on the pillow and put on quite a show when the nurse or doctors came in.

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He has another great story about a priest who had been unknowingly using this healing technique by placing his right hand on the left shoulder of the faithful until he felt a heat, usually after about 6 minutes. He attributed this heat production to his faith and considered himself one of a gifted few.

The priest told Lee there were probably a total of 13 people in the world with this 'gift'. Lee told him that 6 of these people were with them today at the academy and if he'd give him a couple of hours, he'd call up the other 7.

He then did a demonstration and showed the priest what was really happening and how to speed it up with the CCW motions so he could help more people instead of just waiting for the flow to happen on its own.

I will tell you my experience with the machine. For some 23 years, I worked in three different photo-finishing labs running the Technical Support department. During that time I was exposed to chemicals which I blame for damaging my spleen and causing it to become enlarged. The spleen kills off old red blood cells among other functions, so when it is enlarged, it kills off many more red cells than it should, leaving the subject tired and needing sleep. That was my problem.

After 5 doctors, I was sent to a hemotologist who found an enlarged spleen to be the problem. My options were to have it removed and become susceptible to opportunistic infections where my only recourse was to take antibiotics, or take massive doses of cortisone. Either option would eventually damage other organs. Or I could just live with it. I chose to live with being tired and needing more sleep than normal but was always looking for something that might help my non life-threatening condition.

My red cell count when I was first tested was 7.9 and the doctor said I should not have enough energy to even be walking around. The normal red cell count for a healthy male is 12 to 16 according to the medical staff I consulted. They put me on massive doses of iron and folic acid which in the next test about a month later, only increased my count to 8.1.

That was their best and they expressed regret that they could not do more. That was in October of 2000. In the summer of 2001, we had the KeelyNet Conference and Lee loaned me one of his machines. I used it for approximately 3 months, with a 3 X 4 foot aluminum wirescreen under my mattress pad and the machine running unnoticed under my bed, all but forgotten.

In the 3rd month I began having trouble sleeping and would wake up with a lot of energy. I would have to get up to clean the house or do something to dissipate this extra energy so that I could sleep to make it in to work the next day. Finally I realized the only change I had made recently was the Crock machine under my bed, so I disconnected it and over the next 2 days, my sleep pattern was restored.

Around that time, I quit my job for my planned move to Mexico since the hemotologist warned me I was now subject to sudden heart attack. It scared me pretty badly so I decided to make a serious life change. Before I left Dallas for my exploratory trip to Mexico, I went back to the hemotologist to have another red cell count and this time it showed 8.9!!

I had taken NO iron and NO folic acid. The doctor and the nurses came to read this result and were amazed, asking me what I had been doing to cause such an increase when their best was 8.1. I tried to tell them about the Crock machine but all of them put their hands over their cars and said they didn't want to hear about any alternative health machine. So much for that. But I made them give me photocopies of the test from the 8.1 (my last best reading under their guidance) and this new 8.9 using ONLY the Crock machine.

Needless to say, it certainly gave me faith in the machine, I definitely had more energy and this test showed why, I simply had more blood. Now I don't know if the machine is helping to increase my red cell production or if it is healing my spleen. To tell you the truth, I don't CARE because I feel so much better.

Since moving to central Mexico in November of 2001, I have built my own version of the machine which I call the 'MexiStim' and have been using it under my bed with a wirescreen under my mattress pad. The machine is on all the time and sometimes I have to disconnect it due to too much energy preventing me from sleeping.

I have completely changed my diet and lost 4 pants sizes, further benefiting my health. Adding to my success, I also credit not having the temptations of fast food and the stresses of the computer call center job I was working that was adding to my health problems.

My goal here in central Mexico is to build an alternative science research center where the climate is 70-90 degrees year round, land is very reasonable, local labor is \$15-\$20US a DAY! I soon learned many of the horror stories about Mexico I had read on the Internet simply are not true.

We have many dozens of projects which have commercial potential and need one or more investors or partners to finance these various projects. The returns could be phenomenal and we could do much to quantify so many

of the bogus claims in the alternative science arena. That includes many projects relating to free energy, gravity control, claims of health machines and rejuvenation systems. KeelyNet interests and technical information are both wide ranging and prolific in many areas. If you are interested in investing in or discussing this alternative research center, please Email me.

The new machines Lee uses necessarily require just 9 'D' cell batteries to get the 4.5vdc and require no outside power making them completely portable, a much desired feature for many situations and for travel.

These self-contained battery powered machines (shown here labeled as 'Energy Stimulator') are very well built by Mr. Tom Berryhill and you can contact Lee if you might wish to purchase one.

I would recommend you visit Lee Crocks' website at www.edkuniversity.com and read all the details they have provided, particularly the testimonials.

In experimenting with the machines, I notice with the 3vdc system, a heat sensation from the pad which I don't experience with the 4.5vdc system.

I thought this was just me until a fellow in Texas asked me to build him a machine

When he got it, he wrote back saying he had also bought one of the 4.5vdc systems and he also felt heat from the 3vdc machine but not from the 4.5vdc. I don't know that this is critical as people have used and are using the 4.5vdc system and getting good results.

My red cell count increased and my lady friends rectal cancer dissolved, both using one of Lees' newer 4.5vdc machines so it apparently doesn't make a difference. The resolved sarcoiditis cancer used the 3vdc system as in the MexiStim unit and it is the design for the machine I now use for myself.

Lee has an unusual way to sell the machines, using a 'lease with option to buy' system. The University where Lee allows people to come use the Energy Cleaner machines for free does cost money to operate. Many people cannot pay to stay there, so the money has to come from somewhere. Lee offers a money back guarantee where he charges \$3,000 for a machine which you can use for a month.

On receipt of the money, a machine is overnighted to you with the cost of that shipping taken from the \$3,000. If you send the machine back undamaged, you receive the \$3,000 minus the overnight shipping cost. If you decide to keep the machine, the extra money helps to run his clinic and allows those who cannot pay an opportunity to benefit from the machines. In this way many can benefit from those who buy his machines, so I urgo you to consider helping him to help many others less fortunate if you can possibly do so.

I understand his logic and applaud the money back guarantee but to me, that is a lot of money to have to put up front, even for a money back guarantee. Lee and I have discussed this and he knows my feelings about it.

Having met Lee Crock, I must say I am totally impressed with his discovery, the results he definitely gets in some cases that I am aware of (as in my case and the two cited above) and his genuine desire for his machine and technique to be used to help as many people as possible.

Many people, including me, have suggested to Lee that he lower the price of the machines and sell many more in volume without the money back option. It would let so many more people benefit from the machines. He resists this suggestion as the system has worked well thus far. The Energy Cleaner machine can be used for so many problems that many people choose to keep them and use it for their family and friends. As the saying goes with Murphys' law, "if it ain't broke, don't fix it."

You can build yourself a machine with some basic ability, the most difficult part is the timer. Some use an integrated circuit based on a 555 timer with a big capacitor, others use a 24 hour appliance timer which I believe gives you 12 cycles which would switch in 15 minute intervals for a total of 3 hours, yet others do the absolute simplest thing, they hook the wire from the batteries to the screen and watch the clock for 15 minutes, once 15 minutes has elapsed they move the wire to the opposite polarity and wait another 15 minutes. All the methods seem to work.

(The following Carbon battery comment is incorrect, ALKALINE batteries such as Duracell, Energizer, etc. can be used with excellent results.)

I think it critical to repeat something Lee was quite adamant about at the conference. Lee says use ONLY CARBON 'D' cell batteries, not lead acid, not alkaline, not NiCads, not rechargeables and not AC adapters because he tried all of them and didn't get the same feeling in his hands when testing the machine with 10 'D' carbon cell batteries wired for 3vdc. We had quite a discussion about carbon being key to life on this planet and why it was that carbon batteries are the best type to use. Some kind of sympathetic resonance connection through the carbon connection? Somewhat reminscent of Edgar Cayce and other bio-energy devices that use carbon. Who knows, it could lead to a new science.

At the conference and in our telephone conversations, Lee also says to use 10 batteries, not 9, not 11, but 10 which they found produces the identical heating and healing sensation he and his fellow practitioners feel in their hands. Since their new portable machine uses 9 batteries to produce the 4.5vdc, perhaps this recommendation has changed.

The one wirescreen method as diagrammed earlier in this article is the method currently in use for the machines Lee is providing and in the MexiStim machine I build by request.

Though you can cut a piece of wirescreen to whatever size you want, I use a 1 foot by 1 foot wirescreen for local application and a 3 foot by 4 foot wirescreen under my mattress pad for all night application. It makes sense that the smaller the pad, the more concentrated the energy should be.

This energy effect can be further increased by holding a hand on the pad to intensify the local energy field. Though it is my opinion that a large screen under the resting/sleeping body will still receive energy but at a slower rate since it is exposed to more surface area.

All you do is attach one corner of the wirescreen to the negative pole of the batteries and leave it for 15 minutes, then attach it to the positive pole and leave it for 15 minutes, repeat, or you can build a switching circuit that does it automatically, or buy one of the prebuilt and tested machines and save all the hassle.

Lee Crock and Tom Berryhill recently reported you can connect the output wire to a metal bathtub filled with water or just suspend it in the water, then sit for awhile to experience what Lee calls the 'Fountain of Youth'.

In the 1900s, people used 'galvanic baths' for medical treatments but this machine doesn't have a current path so it shouldn't be doing anything. Since the machine is battery powered I think it is perfectly safe due to such a low voltage and no current flow. The MexiStim I build has a completely separate battery system isolated from the AC adapter powered timer. I definitely plan to try this 'Fountain of Youth' claim...

For those who might not have the technical ability or patience to build one of these machines, I can build you a MexiStim unit for \$230 plus UPS shipping and handling (without the 10 'D' cell batteries as they are too heavy to ship), which runs about \$50 to ship UPS from Mexico to the United States and more for overseas. I cover any additional shipping costs to simplify payment.

This is not a big factory operation, each unit is hand built by me by request which is why I can keep the costs down very low. I build the machines in the sequence I get the orders so it might take 2 weeks to fully complete and test your machine. Then I ship UPS to non PO Boxes with an email to you of your TRACKING NUMBER.

Since I have been here in Mexico, I met a North American lady named Donna who wrote a best selling book on Anger Management and was invited as a guest on Oprah. Donna told me her +30 year old son had an incurable cancer called sarcoiditis. He was visiting here for a week so she took him around for aromatherapy, acupuncture and anything that might help him, none of which helped. I told her about the Crock machine and loaned him the unit I brought to Mexico. He said he could feel a heat coming from the pad so he used it the last 3 days he was here.

On his arrival back home, he had an MRI done and the doctors told him his cancer appeared to be 'melting', so he was eager to spend more time using the machine but could not afford the \$3000. So impressed was he and his mother with the results of even a short exposure to the machine, his mother asked me to build him a MexiStim unit, I did and mailed it to him in Connecticut. This was in 2002.

Donna only stays here with her husband for about 6 months of the year, so they went back to the states and I forgot about the machine. About 2 months ago, around March 2003, she returned and was all effusive saying the machine I sent her son had healed his sarcoiditis cancer as proven by MRI and biopsy. They were both ecstatic, though the doctors claimed it was 'spontaneous remission.'

A lady friend in Dallas had rectal cancer and I loaned her one of the other Crock machines Lee had loaned us to let people use. My lady friend now reports she is cancer free and is now taking the machine to another friend who has many ailments, we are hoping it will help him.

I recently received an email from a medical practitioner in England who received one of my MexiStim units and he writes;

"Have my cancer patient on box and already getting positive feedback from her within an hour of using it her pain in the chest had reduced by 75%. The next morning her energy was also good as well so we'll see how she does as she has to have Chemo next week again. She only has a 10% chance of survival so this should prove interesting."

I have built several of the MexiStim machines at the request of people who visit KeelyNet

My version uses the original 3vdc system with an AC adapter to power the custom switching timer circuit I build.

Though you can't see it in the photo, there are 10 batteries in my unit.

Also included with the MexiStim device;

the custom switching timer circuit board, a jack for the AC adapter power, the AC adapter as shown, a jack for the wirescreen connection, the cable for connecting to the approximate one foot square wirescreen and instructions, all of which come with the unit for \$230 plus UPS shipping and handling from central Mexico.

Prior to shipping, each machine is tested over a period of several hours to verify correct operation

The 10 'D' cell batteries are NOT included because of their weight for shipping.

If you'd like to order a MexiStim unit or have questions or comments, feel free to contact me at Jerry Decker or through www.keelynet.com or you can write to;

#### Jerry Decker APDO Post 17 C.P. Chapala, JAL, MEX 45900

I can take payments via the PAYPAL credit card option, through PayPal direct funds transfer as sent to my email address above or other options on the Order Page. See advertisement in Nexus for more details or click here to go to the ORDER page. The ORDER PAGE offers several options for payment other than PayPal.

Normally I am a big skeptic about healing machines mostly because I have tried several and didn't get any effects. Granted, I didn't have life threatening or serious illnesses which should ideally respond more easily to them if they really worked as claimed.

In the case of Lee Crocks' Energy Cleaner machine, I originally had my doubts as I just could not believe such a simple machine could possibly impact health in any way, positive or negative.

Yet I had extra energy plus my red cell count printouts showing the seriousness of my condition, had used the machine and forgot it was even there until I began trying to find the source of why I couldn't sleep, then when I got my next red cell count, my results amazed the doctor and staff, plus I had the printout verifiying an increase.

In other words, I was not fooling myself as do so many who 'want to believe' in an alternative therapy that seems to make them 'feel better.'

Before I knew about Lee Crocks' Energy Cleaner machine, I had friends die from failing to get proper medical tests when they became ill. Instead they chose alternative methods and believed they were better, though as time progressed, their illness progressed to a point of no return.

Several years ago, I knew an intelligent, beautiful young lady who found a lump on her breast. Rather than have conventional therapy for what was found to be a malignant tumor, she used a custom Rife type machine sold by a fellow named Robert Fox in the Dallas area. She believed she was better and became a spokeswoman for this machine.

Over time, her breast lump became seriously infected and she wound up in the hospital. They did what they could for her, but too much time had elapsed and she died as a result of massive infection from the cancer, all the while wanting to believe the claims of an alternative therapy and denying orthodox therapy.

This hit all her friends hard. Alas, no lesson was learned by any of us apparently, as my closest lady friend developed a shooting pain in her hip which she believed to be sciatica from a pinched nerve. Rather than have it formally tested, she tried various alternative medical approaches over an approximately six month period. She began with a limp, progressed to having to use a cane, then a walker, then a wheelchair.

All her friends urged her early on to PLEASE go see a real doctor and have Xrays done, instead, she had a very fuzzy Xray done by an alternative medical guy which showed nothing useful. Time progressed and we all watched helplessly as she went further down, despite our voiced concerns, she refused to allow anyone to take her to the doctor. Finally, she went to a hospital, by this time she was in a wheelchair and in horrible pain, taking morphine for suppressing the pain.

The Xrays showed her hip bone had been eaten away with only a sharp spike left. Additional Xrays showed massive scarring on her lungs from an earlier mastectomy. As time went on, her lungs became reinfected with cancer spreading from her diseased hip.

The doctors said there was nothing they could do as it had gone too far. She quickly ended up in the hospital, lung cancer ensued and her friends attended her in her last days, as she was given a morphine drip that had to be increased almost daily to compensate for the ever worsening pain.

Her closest friends were there at her passing and we all regretted immensely that we did not somehow force her to seek at least quantified tests much earlier. This woman, a brilliant biochemist, extremely intelligent, sparkling with life and interest, a friend and inspiration to many, was also very stubborn.

From this loss of a great and dear friend, I have learned; DO NOT TRUST YOUR FEELINGS! I can't and won't attempt to give any advice, but speaking for myself, if I have any ongoing medical problem which I cannot resolve in a reasonable period, I will most definitely have tests done to find out what is truly happening and what my options are. I will NEVER BELIEVE without proof just because I have tried an alternative system and seem to 'feel better.'

Excuse me, but that's just not good enough. And I would hope others learn from this sad story and spend the money to have real tests done. I like the idea of before, during and after tests but that can get expensive. For myself, I would want to know what IS NOW, then try my alternative for a reasonable period and if I 'felt better', then I would have comparable medical tests done to VERIFY the FACT. Not just trusting my feelings.

Hey, its YOUR life we are talking about here. Believe in alternative methods without quantifiable (measured) tests and take a chance of letting whatever it is get SO BAD there is no chance of recovery, or have the tests done and KNOW what your problem is and what options you have.

As for Lee Crocks' Energy Cleaner, I can for certain say it originally did help me, though I now use my 3 volt DC MexiStim version because I prefer the effects I get, more energy and a sensation of well being which the 4.5vdc system also gave me but I think not as intense as the 3vdc system.

I would love to report a further increase in my red cell count but when I was last in Dallas back in October 2002, the office of my hemotologist told me they no longer take cash, credit cards or checks, only group insurance as provided by companies. I even tried to bribe them (one learns this in Mexico, called a 'mordida' meaning little bite) to test my blood but they refused.

Despite my last test in Dallas that so surprised the medical staff, before I can be CERTAIN I am not fooling myself, I need to find a place here in Mexico where I can have more red cell counts done to verify the machine is continuing to help me get to a normal red cell level. The increased energy level could even be imaginary though I almost never think about the 'machine under my bed.'

For those who know me, they know what a skeptic I am for medical claims especially, it's a hard thing to say, but I have experienced proof of it myself and have the printouts to prove something positive is going on. I never intended to make and sell the MexiStim units, designed and built based on my version of Lee's current machine, only doing so when people wrote me asking that I build one for them for whatever reasons.

I rely on Lees' statement that he wants to see as many people helped with this discovery as possible and I share with him all information that comes in about the machines as well as forward questions and requests people make and address to me for him. I would hope people would write in with their successes or lack of them.

The more information we have, the more can be posted to help others. If you have experiences with this machine, whether one you build yourself, one you lease or buy from Lee, or one I build for you, do feel free to write me and I will compile your information into a 'testimonials page,' please include the condition you were trying to alleviate, how long you used it, where you used it, what kind of results you had and if you have had any formal testing to verify an improvement in your condition.

As you can see from the diagrams above, it is not a complicated high tech machine, the current and most effective version to date uses the single wirescreen for a pad with the body as the 'floating ground', so its really your choice as to whether you want to wire it up for 4.5vde or 3vde as in the original.

I want to thank Lee Crock for providing much of the information in this article, especially the technical details and wonderful anecdotes about experiences he has had with his machine and 'laying on of hands' technique. If you are having a conference or want an entertaining, informative speaker willing to demonstrate his technology, I most certainly recommend Lee Crock.

How many people would share something like this so freely? I can't say enough good things about Mr. Crock and the builder of his machines, Mr. Tom Berryhill.

One thing I want to write in closing, the machine uses batteries to power the wirescreen and so is perfectly safe to use. I can't see any way this machine could possibly hurt you unless you got tangled up in the cable leading from the machine to the wirescreen. There are SO MANY illnesses and conditions whose true cause is simply not known that this machine might help.

The idea of toxins in the cells causing irritation and various conditions makes much sense to me, and if this machine can help your body remove those toxins, so much the better.

The bottom line is, I am so glad I was made aware of Lee and his machine, then tried it and found such success that I would gladly recommend it to my friends to at least TRY.

As an example of how I think the machine has played a part in improving my life and realizing of course that there are many other factors involved, I want to show you a 'before' photo of me captured from a videotape taken at the 2001 KeelyNet conference in Dallas as compared to a photo a friend took in December of 2002, here in Mexico.

My god, I was almost too embarrassed to include it here, on looking at it, I couldn't believe I was so out of shape! But in the interests of information, I have to include this gordo photo and apologize for ever being on videotape!

As they say in Mexico, Las Cosas Cambien! - Things Change..

At 49 years of age, I will admit I tint my hair (for \$5US here) which began turning salt and pepper some 6 years ago.

Since moving here to Mexico Lindo I had dental work done, lost over 4 pant sizes from 46 down to 38, working on size 36.

I sleep on a 3 foot by 4 foot aluminum wirescreen under my mattress pad which is connected to the first MexiStim unit I built, which I leave on day and night

I bought my wirescreen at the local ferreteria (hardware store), cut it to size, then folded the edges in about an inch to minimize the rough edges

I keep the wirescreen under my mattress pad and it is connected to my MexiStim machine which is under my bed with the AC adapter always plugged in. When I can't sleep from being too 'wired' I disconnect the machine for a couple of days.

On visiting my friends and family, everyone says I look and act years younger. I most certainly feel it.

They are amazed at the very positive health changes much of which I credit to Lee Crock because, speaking from my own experiences with the machine, I seem to have more energy than I've had in years from using his very simple yet effective technology.

The weight loss I think was mostly facilitated by the easily obtainable fresh foods here in Mexico, no junk food, but I do think the 'perceived' energy I get from the machine really helped.

Delusional? Tell that to my hemotologist and try to ignore the printouts showing a MUCH higher red cell count than they could hope to get. From 7.9 to 8.1 is only .3 points, from 8.1 to 8.9 is .8 points, which is better?

At any rate, its great when people first meet me me these days and they guess I am 30 or 35 years old. I've had people say 28 but I think they need eyeglasses or maybe not so much tequila or cerveza. (I just turned 50 years old!)

Geez, if this is just using the machine under the bed, I really need to try Lees' 'fountain of youth' idea of connecting the machine to a tub of water and immersing in it.

All this said, I am sold on the Energy Cleaner 'technology' and very pleased to have the opportunity to report it to readers of Nexus, thanks for that goes to Duncan. For myself, I am 'livin la vida loca' in glorious Mexico but I DO wish Lees' machine grew hair!!!

If you can't afford to buy a machine, I really would recommend that you try to build one, even if its' where you have to switch the polarity wire by hand after waiting every 15 minutes. A few hours might make you tired doing this, but it might also give you an interesting and possibly beneficial experience.

Order Page

http://keelynet.com/mexistim/order300.htm

http://www.mexistim.com/

These UPDATES are highly relevant to this article.

Over the years, new information has come in which follows;

Updated 09/05/03 (changes which apply to the original document of 08/01/03)

Item 1 - in the following article is a specification that ONLY Carbon cell batteries will provide the heating/cooling effect. This has now been found inaccurate. The machines work well with alkaline, carbon or any mix of these types of batteries. The effect has been tested on both the 4.5vdc Energy Cleaner machine Lee Crock sells AND the 3vdc MexiStim unit described below. You can use easily available Energizer, Duracell, etc. alkaline

batteries with no problems

- Item 2 because of the flushing of toxins/irritants believed to be induced by this machine, it is recommended you drink additional water.
- Item 3 results DECREASE with the age of the person, due to the more dynamic system functions in younger bodies. As we age, our bodies slow in their ability to heal rapidly so it might take longer to observe and
- Item 4 battery life the MexiStim uses 10 D cell (flashlight/torch) batteries (alkaline OR carbon cells as above) since there is no current path, battery life is easily 2-4 years, simple to check with a cheap voltmeter, for the MexiStim unit it should read 3vdc or higher, for Lee Crocks Energy Cleaner machine, it should read 4.5vdc or higher.

As described below, the original Crock machine used on over 10,000 people used 3vdc (which is what the MexiStim uses, Murphys law, if it works, don't fix it....), the new PORTABLE machine uses 4.5vdc. The MexiStim machine uses an AC adapter to provide 9vdc to the custom timer circuit which switches the battery polarity.

Item 5 - price change - I found 'hidden costs' in the pricing system I was using so had to bring up the price for the online purchases as I was losing money. Those ordering from Nexus will get the Nexus price, CONTACT ME if you are ordering from the Nexus article. Thanks

#### Updated 06/10/07

Over time, people sometimes forget or change their minds about things they said in the past. I wish to clarify a few things;

- 1. Lee Crock's current website offers the Energy Cleaner with peripherals for \$1000. Note the original price was \$3000 for which he offered me half if I would become a distributor. At the time of the offer he told me he had sold some \$900,000 worth of Energy Cleaner machines. I declined for ethical reasons (which I explained to him as my concerns about the extremely high price when the box could be built much cheaper and thus made sold some \$900,000 worth of Energy Cleaner machines. I declined for ethical reasons (which available to many more people who might benefit from it) but thanked him for the opportunity
- 2. Lee Crock does not endorse the MexiStim and I have never said he did. As noted in the article, there are essentially 2 versions of the machine, the patented 2 screen device and the 2nd device using only one pad which Lee told me in our phone conversations (detailed above) and at our conference that he had used with success on over 10,000 people. Murphy's law says don't mess with what works, so 10,000 people with results? That is the design used in the MexiStim.
- 3. You will note Lees original machines used a 110vac timer to switch the DC of the battery. The relay I use is completely isolated from 110vac so despite what you might have read, there is no risk of any 'frying'. I have a MexiStim I have been using 24/7 for over 5 years now and it has not failed. That is simply fear mongering to sell higher priced machines so you aren't having to pay for factory infrastructure.
- 4. Lee Crock graciously lectured and did a workshop at the KeelyNet 2001 conference and AT THE TIME, he claimed many things which have apparently changed over time, including the repeated statement that this discovery was given to him and he wanted to help as many people as he could while he was alive. There were approximately 100 people at the conference and a videotape of Lee was produced.
- 5. As noted in this document, a true and accurate report of our telephone conversations preceding and after the conference
- 6. One final universal rule....follow...the....money...
- 7. You have several options:
- a. build your own energy stimulation machine with the schematic in this file
- b. buy the newer model portable Energy Cleaner from Lee Crock for \$1000 at Lee Crocks website
- c. Order a MexiStim Polarity Cycler for \$225 plus \$50 shipping
- 8. I make no claims for the MexiStim. It is very easy to test for yourself if you wish to do so. Please note how hospitals and clinics spend a fortune on expensive equipment, then charge high fees to the customer to pay for that equipment. The MexiStim isn't produced in any factory or using an expensive machine that puts out 1000 per run. They are built per order.
- 9. Everything else is covered in the article for which Lee thanked me for writing, at the time because it got him a lot of publicity and new sales for his machines. My 'ethics' issue was about charging so much for such a simple device. And that is why I included a schematic in this article so that others could build and test it for themselves if they could not afford to buy a unit.
- 10. If you study the original patent and the original claims from the US Patent office (#6,016,450), all ANY of these 'cleaner' machines acutally does is alternatively switch the DC polarity energy from batteries into a conductive screen or screens. It is DC (direct current) so there here are NO FREQUENCIES involved other than the timing for switching. This is simple obfuscation along with the claim of 'frying you from 110 volts'...similar to when Edison who used DC power promoted fear of Tesla's AC power with the fear of frying people. It early happens with the MexiStim because the AC is only for the power supply for the timing circuit which just happens to use an integrated circuit as does the current Crock machine, though it is a different 'microchip/integrated circuit'.
- 11. Again, sufficient details are provided in this page to BUILD YOUR OWN machine to test the effect for yourself. Never mind the wild claims of microchips (an integrated circuit) and 'DC frequencies' (which is a totally bogus term) and 'frying yourself' (AC isolated from the DC with a relay as you can see in the circuit), that is just to sell high priced devices to pay for an expensive plastic injection molding machine. Much like doctors prescribing expensive unnecessary tests using high dollar equipment in a hospital, SOMEONE has to pay for that equipment. It is always the case that when people smell big money in this world, they tend to try to get as much of it as they can, ramp up production, confuse the terms with tech-speak and dream up sensational claims. Believe no claims and nothing that you haven't tested and proven for yourself. This page lets you try it for yourself. If you can't build it, pay some local electronic guy or smart kid to build you the simple version below to try out.
- 12. ALWAYS follow the money and feel free to assemble and test your own device. Good luck and good health!

An edited version was published in the NEXUS Sept/Oct, 2003.

Disclaimer: This article is posted solely for information and entertainment. No claims are made for the devices described herein. If you have medical issues, please consult a qualified medical practitioner. Personancedotes and hearsay are not to be taken as FACT.

#### Videos

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#### Method and Apparatus for Stimulating the Healing of Living Tissue using Aura Therapy US Patent 6016450

January 18, 2000

US Classes: 607/50, Promoting tissue growth or healing607/2, Electrical therapeutic systems607/75Galvanic (i.e., battery-like direct current signals) International Class: A61N 001/00

#### Description

## FIELD OF INVENTION

The present invention relates to therapeutic methods and apparatuses, and more particularly to a method and device to stimulate the healing of living tissue by repairing damaged aurae

An aura is an invisible envelope of vital energy, which apparently radiates from everything in nature: minerals, plants, animals, and humans. It is not visible to normal vision, but may be seen by those who are sensitive to these emanations as a halo of light. It often appears as a multicolored mist that fades off into space with no definite boundary, and having sparks, rays, and streamers.

Much of what is purported to be known about the aura is based on paranormal experiences where no scientific evidence has been found to prove its existence. The body does, however, have a magnetic field, as it is called, but it is far too weak to account for a light-emitting aura. Even if the field were many times stronger, it still would be insufficient to emit light. It has been theorized that the aura might actually be a form of light that emanates at frequencies beyond the normal range of vision, caused by some yet-to-be-discovered beto filly the mitting substance embedded in living organisms. Another theory suggests that those who are sensitive to these emanations, who say they see the aura, may in fact see the magnetic field, which may register as light, perhaps because of some sort of sensitive magnetic detector in the brain.

#### BACKGROUND OF THE INVENTION

The emanation of vital energy from life forms is believed to have originated in ancient times, and appears in the writings and art of Egypt, India, Greece, and Rome. In the sixteenth century, Paracelsus was one of the first Western scholars to expound upon the astral body, which he described as a "fiery globe." In the eighteenth century, the clairvoyant Emanuel Swedenborg said in his Spiritual Diary that "there is a spiritual sphere surrounding every one, as well as a natural and corporal one."

The scientific study of the aura began in the late eighteenth century, when Franz Anton Mesmer put forth the theory of "animal magnetism," an electromagnetic force that could be transmitted from one person to another and effect healing. In 1845, Baron Karl von Reichenbach, a German chemist, announced the discovery of the "odic force" energy. Reich-enbach's clairvoyant test subjects sat in darkened rooms and saw flame-like energy radiating from fingertips, animals, plants, magnets, and certain crystals. The subjects described seeing flames of red, orange, green, and violet, which alternately appeared and disappeared; a violet-red, which disappeared in a smokelike vapor; and intermingled in streamers, sparks and stars among all colors.

Shortly before World War I, Dr. Walter J. Kilner, who was in charge of electrotherapy at St. Thomas's Hospital in London, discovered that an apparent human aura could be made visible if viewed through an apparatus containing a coal-tar dye called dicyanin, which made ultraviolet light visible.

Kilner saw the aura as a faint haze, which sometimes could be separated into two or three portions. It enveloped the whole body. Men in good health all showed the same aura characteristics, women, however, varied. In childhood their auras appeared the same as males, but by adulthood were more developed and more refined in texture, according to Kilner.

He divided the aura into three parts: (1) the etheric double, a transparent dark space, narrow and often obliterated by the second band; (2) the inner aura, fairly constant in size and the densest portion; and (3) the outer aura,

varied in size, which often appears blended into the inner aura. He also observed rays emanating from the body in healthy people. Kilner noticed that the aura reflected the state of health, and by 1919, formulated a method of auric diagnosis of illness. In some cases the aura was affected only locally, while in other illnesses, the entire aura was affected; as the patient recovered, so did the aura. Kilner also noticed that weak, depleted auras drains the auric energy of healthy, vigorous auras around them.

Kilner published the results of his early research in The Human Aura in 1911. It was greeted with a great deal of skepticism, but he continued his experiments, attracting the interest of Sir Oliver Lodge. Kilner's work was interrupted by World War I. In 1920, he published a revised edition of his book, which was sympathetically reviewed.

Those who are sensitive to emanations from the aura, see the aura as emanating from and interpenetrating the human body. Health and emotion show in various colors, energy patterns or breaks, and clear and cloudy spots.

Physical health appears to be related to the part of the aura that is closest to the body, often called the vital body or etheric body. It is said that illness manifests first in the etheric body, sometimes months or years before its physical symptoms manifest. Except for the etheric body, which appears to directly affect health, the composition of the aura is the subject of conflicting opinions. No two observers see exactly the same aura. Some say they see the entire aura, divided into different layers or bodies, while others say they see only parts of the aura.

Interpretations of the colors seen in the aura vary considerably. There is little agreement by observations made by those sensitive to emanations from the aura, as to what is seen when they view an aura that is exactly same. Some say they see the entire aura, divided into different layers or bodies, while others say they see only parts of the aura. Further, it appears that the aura fluctuates constantly, and that various colors reflect the fluctuations.

To reduce the variability in interpretation and improve the repeatability, Semyon Davidovich Kirlian, a Russian electrician, began work in 1939 that led to the development of techniques purported to record the aura on film.

#### Kirlian Photography

Kirlian photography is a technique for photographing objects in the presence of a high frequency, high voltage, low current electrical field. The photographs of which show glowing, multicolored emanations are said to be auras or biofields. Some researchers say it reveals a physical form of psychic energy. Others believe that it reveals the etheric body; that is, one of the layers of the aura believed to permeate all living things and, that an understanding of this energy will lead to greater insights into medicine, psychology and healing. Critics say the technique shows nothing more than a discharge of electricity, which can be produced under certain conditions.

Prior to Kirlian's work, the process of photographing objects in electrical fields was generally known as "electrography" or "electrography." Little value was seen in the process, which received scant attention from researchers. Electrographic photographs date to as early as 1898, when another Russian, Yakov Narkevich Yokdo (also given as Todko), displayed his work at a photographic exhibition. Research was published by a Czech, B. Navratil, in the early 1900s. In 1939, two Czech researchers, S. Prat and J. Schlemmer, published photographs of leaves showing coronas.

Kirlian used his own hand for his first experiment, and photographed a strange glow radiating from the fingertips. He and his wife, Valentina, a biologist, experimented with photographing both live and inanimate subjects. In the ensuing years, the couple refined their equipment and graduated from black-and-white to color photography.

The principle of Kirlian photography and all electrography is the corona discharge phenomenon, which occurs when an electrically grounded object discharges a corona between itself and an electrode generating the electrical field. The corona discharges are captured on film, appearing as coronas of light. These discharges can be affected by temperature, moisture, pressure, and other environmental factors. Various Kirlian techniques have been developed, but the most basic uses a Tesla coil connected to a metal plate. The process is similar to one that occurs in nature, when electrical conditions in the atmosphere produce luminescences and auras, such as St. Elmo's fire.

Kirlians' work was brought to the attention of the West in the 1960s. Response in the scientific community was mixed, but sufficient interest led to a gathering of interested scientists in Alma Ata in 1966. Biophysicist Viktor Adamenko theorized that the energy field was the "cold emission of electrons," and their patterns might suggest new information about the life processes of animate objects. Adamenko and other Soviet scientists discerned that biological energies of humans were brightest at the seven hundred points on the body that coincide with Chinese acupuncture points.

Kirlian photos are said to reveal health and emotion by changes in the brightness, colors, and patterns of the light. Experiments in the 1970s, conducted by Thelma Moss and Kendall Johnson at the University of California's Center for Health Sciences at Los Angeles, showed changes in a plant's glow when approached by a human hand and pricked. When part of a leaf was cut off, a glowing outline of the amputated portion still appeared on film. Moss, Kendall, and other researchers found that the glow around humans similarly reflected changes in emotional state.

Some Kirlian enthusiasts consider the phantom leaf phenomenon evidence for the existence of an etheric body. However, critics say the phenomenon disproves Kirlian photography altogether; Should the method truly have photographed a biofield, then the aura should disappear when an organism dies. The effect that is produced is solely by a high-voltage electric field breakdown of air molecules between two condenser plates.

Supporters nonetheless foresee applications of Kirlian photography in diagnostic medicine. Experiments using Kirlian photographs to detect cancer have been sporadically successful. Some researchers envision diagnostic systems that combine Kirlian photography with computerized tomography (CT) scanners of computerized axial tomography or CAT scanners, which utilize a thin beam of X-rays to photograph an object from 360 degrees) and magnetic resonance imaging (MRI). The latter technique uses no X-rays, but uses magnetic fields to produce images of body cells and water in tissues.

#### Chakras

Chakras are the vortices that penetrate the body and the body's aura, through which various energies, including the universal life force, are received, transformed, and distributed. Chakras are believed to play a vital role in physical, mental, and emotional health and in spiritual development. They are invisible to ordinary sight but may be perceived clairvoyantly or by use of aura photography. It is said of some people that they can activate the chakras to whirl faster and can direct the flow of energy through them.

Chakra is Sanskrit for "wheel." Chakras are said to be shaped like multicolored lotus petals or spoked wheels that whirl at various speeds as they process energy. There are differences between the two systems, and in various Western descriptions of the chakras.

There is no accepted scientific definite evidence that the chakras exist; until recently, they were dismissed by Western medicine. They have been increasingly acknowledged, along with the acupuncture, meridians and other Eastern Systems, in alternative treatments. Evidence for the existence of chakras, albeit controversial, has been presented by Hiroshi Motoyama of Japan, who hypothesized that an enlightened person could influence the chakras, and the energy output would be measurable. Using a lead-lined recording booth, Motoyama assured the energy field opposite various chakras which subjects claimed to have awakened, usually through years of meditation. He found that the energy levels at those areas were significantly greater than over the same areas of control subjects.

The health of chakras is diagnosed by clairvoyance or by energy scans. Clairvoyants say that health disturbances often manifest in the aura, and thus in the chakras, months and sometimes years before they manifest in the physical body.

## BRIEF DISCUSSION OF THE PRIOR ART

The referenced prior art that follows, shows one disclosing an aura camera device, while others show low voltage treatment devices, some operating at various frequencies. In particular:

U.S. Pat. No. 3,774,620, granted Nov. 27, 1873, to A. Hansjurgens, discloses an electromedicinal apparatus for use in interference therapy. Treatment is produced by stimulation to the target area of a patient, through electrodes, each operating at different frequencies, set by varying current densities, whose frequency difference is in the low frequency range.

U.S. Pat. No. 4,471,787, granted Sep. 18, 1984, to R. H. C. Bentall, discloses a portable apparatus comprising a battery driven r.f. oscillator and an antenna which is flexible to overlie an area of tissue to be treated.

U.S. Pat. No. 5,132,714, granted Jul. 21, 1992, to S. W. Samon, discloses a portrait camera with an aura generating means for creating a photographic of a portrait subject and a visible aura image.

U.S. Pat. No. 5,133,352, granted Jul. 28, 1992, to P. H. Lathrop, et al., discloses an apparatus and method for treating infectious skin conditions, by the application of an electrical field and current to the affected area to activate a reaction at the cell level to combat the virus and disrupt its attack on a healthy cell structure. The apparatus consists of a low voltage, low direct current device. It is recommended that the infected skin area be stimulated, using the device, for a few seconds each hour.

U.S. Pat. No. 5,268,304, granted Dec. 14, 1993, to T. Matthews, discloses an electrotherapy apparatus having at least two electrodes to feed an oscillating current to selected areas on or beneath the epidermal or mucous surface remote from the treatment site. The feed electrodes operate at different frequencies so that the treatment site is stimulated by the beat frequency, which may be at 80 or 130 Hz.

The present invention differs from the aforementioned prior art in that the approach is not limited to the use of high frequency applications to effect a healing stimulus, but uses an application of a steady state charge that is intermittently reversed in a therapeutic manner.

Accordingly, it is therefore an object of the present invention to provide an apparatus to stimulate the healing of living tissue through the use of aura therapy.

These as well as other objects and advantages of the present invention will be better appreciated and understood upon reading the following detailed description of the presently preferred embodiment taking in conjunction with the accompanying drawing.

#### SUMMARY OF THE INVENTION

The general objective of the present invention is to provide a novel tool to aid in the determining the location of a malfunctioning area within the body. This is accomplished by using a means of photographing one's aura so that it remains as a permanent record, in such a manner, much like that of an X-ray. In addition, the present invention also provides for a novel apparatus to stimulate the therapeutic healing of the damaged living tissue.

The aura is a representation of one's life force energy, which is an electrical field that surrounds the body. When an aura photograph is taken, there are spots of light that show up in front of the body, which are the energy centers where the nerves come together. An aura camera records the energy density at these energy center locations because there is more energy radiated from these points.

When one's energy system becomes clogged, and part of the body stops functioning properly, it is not receiving the signals that it should and the aura will have a hole in it. Once the healing process is completed and the body healed, the aura becomes complete, where one once treated will feel good again.

The colors associated with one's aura show the condition of one's body and reveal the location of the problematic condition. The aura is given by our body's energy, which some clairvoyants see and the aura camera shows as colors. In other words, the human body's energy is visible; the colors depend on the speed. The slower the energy, the stronger the color will be. For example, the slowest vibration is red and the fastest white.

One can also combine the meaning of the aura colors with that of the chakra colors. Chakras are the energy centers in our body. If the energy is a certain color, it means that the attention is mainly centered in a certain part of the body. For example, if one vibrates in yellow, they are sensitive in the stomach area and the third chakra is open or opens up at this time; they may also be involved yellow themes like trying to be independent.

Just taking a nice aura photo is not enough, the interpretation of an aura photo is the most important. To read an aura photo you have to consider it's many different parts: the shape of the aura, the energy positions and the color of the aura.

Trained therapists can restore the electrical system of the body and open up the channels of energy that run through us. When part of our body becomes clogged or stagnant, it presents itself as pain in that area.

An individual's aura also contains information of one's personality. It consists of the electricity spent that one's body has used in order to function. Spent electricity cannot be stored in an individual and it cannot be discharged into the ground, so when it is discharged into the air, it is referred to as the aura.

#### BRIEF DESCRIPTION OF THE DRAWINGS

The present invention is schematically illustrated in the accompanying drawings that are attached herein

FIG. 1a is a circuit schematic for the therapeutic stimulating healing apparatus of the present invention

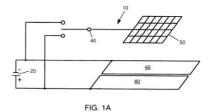


FIG. 1b is an partially cut-away perspective showing the batteries compressed between the plates

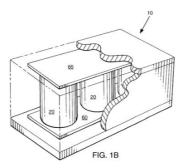


FIG. 2 is a prior art schematic drawing of the apparatus designed and used by Nikola Tesla for generating high frequency, high voltage, low current, having a visible corona discharge.

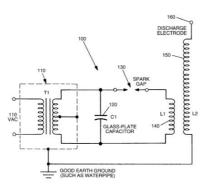


FIG. 2 PRIOR ART

FIG. 3 is a graph illustrating the known range of frequencies for various types of electromagnetic radiation

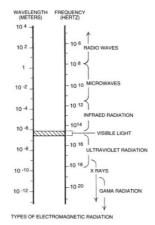


FIG. 3

#### DETAILED DESCRIPTION OF THE INVENTION

In the past, the observation of the aura was only seen by clairvoyants, those who are sensitive in viewing emanations from the aura. It is now believed that the acquired skill of viewing the human aura occurred best when the clairvoyant was having an episode of epilepsy, migraine or other types of neurological disorders.

A method of standardizing the viewing of the human aura was developed using Kirlian photography. Kirlian photography is a technique for photographing objects in the presence of a high frequency, high voltage, low current electrical field. The photographs of which show glowing, multicolored emanations are said to be auras or biofields.

The principle of Kirlian photography and all electrography is the corona discharge phenomenon, which occurs when an electrically grounded object discharges a corona between itself and an electrode generating the electrical field. When the corona discharges are captured on film, they appear as coronas of light.

Various Kirlian techniques have been developed, but the most basic uses a Tesla coil connected to a metal plate. The subject is typically in a darkened room, such a photographer's dark room, and a photographic film is placed adjacent or behind to the subject. The corona discharge produces illumination in the visible light spectrum that is captured on film.

The Tesla coil that is employed is an air-core transformer that is used as a source of high-frequency power, such as for use with x-ray tubes. It was invented by Nikola Tesla, a prominent Serbian-born American electrical engineer and physicist who discovered the principles of alternating current in 1881 and invented numerous devices and procedures that were seminal to the development of radio and the harnessing of electricity. He was a pioneer in high-tension electricity. His many discoveries and inventions were of great value to the development of radio transmission and to the field of electricity, including an arc-lighting system, the Tesla induction motor, the Tesla coil, and various generators and transformers.

The Tesla coil 100 is best illustrated by referring to the schematic drawing of FIG. 2. An input transformer 110 steps the applied voltage from 110 VAC to approximately 17,000 VAC. Immediately connected across the secondary is a glass-plate capacitor 120. The capacitor serves as an energy storage device, charging up to the voltage of the secondary of step-up transformer 110. When the instantaneous voltage exceeds the breakdown voltage of the air spark gap 130, current flows through the primary coil 140 (L1) of the air core transformer 150. The discharging of capacitor is through the spark gap into the primary coil L1. The larger the capacitor, the greater the current flowing through L1. The resulting voltage appears across the secondary winding 150 (L2) of the air core transformer, which can range from 75,000 to 250,000 volts.

Discharges across the spark gap produces extremely jagged and random pulses of power that are extremely rich in r.f. harmonics. The output voltage is maximum when the primary winding and capacitor are tuned to the resonant frequency of the secondary coil co-acting with its distributed capacitance (not shown). The corona discharge is available at terminal 160, where it can be observed usually in the violet region.

The visible light spectrum ranges from 400 to 700 millimicrons. For example, the three primary colors differ in frequency; where red is between 610 and 700 millimicrons, green is between 500 to 570, and blue, between

The visual effect that results is from the eye's ability to distinguish the different wavelengths or frequencies of light. The apparent color of an object depends on the wavelength of the light that it reflects. In white light, an opaque object that reflects all wavelengths appears white and one that absorbs all wavelengths appears black. Any three primary, or spectral, colors can be combined in various proportions to produce any other color sensation. Beams of light are combined "additively," and red, blue, and green are typically chosen as primaries.

It is known that the aura cannot be viewed directly by most persons, except for those whose are sensitive to these emanations, such as clairvoyants. As shown in FIG. 3, there numerous electromagnetic radiation's that cannot be directly observed; radio waves require r.f. receivers to be detected, as do microwave sensors and infrared sensors.

Electromagnetic radiation is the result of the acceleration of a charged particle. It does not require a material medium, and can travel through a vacuum. In order of decreasing wavelength and increasing frequency, the various types of electromagnetic radiation are radio waves, microwaves, infrared radiation, visible light, ultraviolet radiation, x rays, and gamma radiation. The possible sources of electromagnetic radiation are directly related to wavelength; long radio waves are produced by large antennas such as those used by broadcasting stations; much shorter visible light waves are produced by the motions of charges within atoms; the shortest waves, those of gamma radiation, result from changes within the nucleus of the atom.

It is theorized that the wavelength of the aura may reside in the frequency domain within the gamma region or beyond. By using the Tesla coil in conjunction with the Kirlian photography, the harmonics generated by the Tesla coil combine in such a manner with one's aura to produce different frequencies that lie within the visible light spectrum, allowing the colored corona discharge to be photographed.

Once the colored photograph of the aura is produced, trained technicians can effectively determine the nature of a malfunction should one be present

The present invention provides a novel tool to aid in the determining the location of a malfunctioning area within the body. This is accomplished by using a means of photographing one's aura so that it remains as a permanent record, in such a manner, much like that of an x-ray. In addition, the present invention also provides for a novel apparatus to stimulate the therapeutic healing of the damaged living tissue.

The aura, once detected, shows one's life force energy, which is an electrical field that surrounds the body. When an aura photograph is taken, there are spots of light that show up in front of the body, which are the energy centers where the nerves come together. An aura camera records the energy density at these energy center locations because there is more energy radiated from these points.

The colors associated with one's aura show the condition of one's body and reveal the location of the problematic condition. When the human body's energy become visible, the colors that are shown depend upon the speed. The slower the energy, the stronger the color will be. For example, the slowest vibration is red and the fastest white.

One can also combine the meaning of the aura colors with that of the chakra colors. Chakras are the energy centers in our body. If the energy is a certain color, it means that the attention is mainly centered in a certain part of the body. For example, if one vibrates in yellow, they are sensitive in the stomach area and the third chakra is open or opens up at this time; they may also be involved yellow themes like trying to be independent.

When one's energy system malfunctions, and a part of the body stops functioning properly, it is not receiving the signals that it should and the aura will have a hole in it. Once the healing process is completed and the body healed, the aura becomes complete, where one once treated will feel good again.

Reading an aura photograph requires that it be interpreted as a whole, the combined area of it's many different parts: the shape of the aura, the energy positions and the color of the aura.

Trained therapists can restore the electrical system of the body and open up the channels of energy that runs through us. When part of our body becomes clogged or stagnant, it presents itself as pain in that area.

The electrical system of one's body can be modified by stimulating the healing process using the apparatus, as shown in FIG. 1A and FIG. 1B. The present invention is comprised of two low voltage direct current sources, each having opposite polarities, the current direction being controlled by a polarity switch. A conductive wire mesh electrode is placed within a distance of 2 to 12 inches above the area to be treated.

The apparatus performs by alternately charging and discharging the cells over periods time from 1 to 12 hours. The static charge is removed by an electric discharge that resulted from the accumulation of electric charge on an insulated body. The accumulated charge manifests itself in one's aura. The healing of a malfunctioning area can be stimulated by a plurality of polarity reversals in a therapeutic application.

In a typical therapeutic session, the patient lies upon the conductive treatment surface plates 60 and 65. The conductive mesh electrode 50 is placed over the area to be treated, at a distance preferably ranging from 2 to 12 inches. The polarity switch 40 is maintained in the uppermost position for an elapsed period of approximately 15 minutes. During this interval the wire mesh 50 is connected to a negative direct current source, having a low potential. At the end of 15 minutes, the switch 40 is toggled to its lower position, connecting a positive direct current source, having a low potential to the wire mesh electrode 60, again for a period of about 15 minutes. The revered sequence is repeated several times until the therapeutic session is completed.

The placement of the electrode generally corresponds to one of the seven major areas that correspond to the chakra. The therapy, using the apparatus of the present invention, finds usefulness in soft tissue therapy; however it does not prove effective in the treatment of skeletal formations.

In the preferred embodiment, the voltage sources 20 and 30 are 10 "D" cell batteries, all connected in parallel. The voltage can range from the preferred 1.5 DC volts to about three-quarters of a volt. Treatment times can range from as little as one and one-quarter hour to as much as 12 hours of 6 hours per session.

#### THE USE OF THE CHAKRA IN DETERMINING PHYSICAL HEALTH

There are seven major chakras and hundreds of minor ones. In the aura the etheric, astral, and mental bodies are said to each have seven major chakras. The seven major etheric centers, which are most directly concerned with physical health, lie along the spinal column. Each is associated with a major endocrine gland, a major nerve plexus, a physiological function, and a psychic function. The higher the position along the spinal column, the more complex the chakra and the higher its functions.

The chakras are connected to each other and to the body through the nadis, channels of subtle energy. There are thousands of nadis, of which three are the most important. The "sushumna," the central channel, originates at the base of the spine and rises to the medulla oblongata at the base of the brain; it processes energy coming in from the etheric field. The "ida"and "pingala" also extend from the base of the spine to the brow and end at the left and right nostrils. They crisscross the sushumna in a spiral that resembles the shape of a caduceus. They wrap around, but do not penetrate the chakras, and are concerned with the outflow of energy.

The universal life force is said to enter the aura through the chakra at the top of the head, and is filtered down to the other chakras, each of which transforms the energy into usable form for the functions it governs. When "kundalini," the universal life force, is aroused, it rises up the chakra system through the sushumna.

Each chakra has its own coloration, number of petal "spokes," and speed of vibration. When the chakras are balanced and healthy, their colors are clear and luminous and their rotation is smooth. In poor health they become cloudy and irregular or sluggish in rotation. Chakras that are blocked are believed to adversely influence the body functions they govern. In alternative healing there are techniques for clearing chakra blockages and stimulating rotation.

The seven major etheric chakras are the root, the sacral, the solar plexus, the heart, the throat, the brow, and the crowns

- 1. The root (muladhara) is located at the base of the spine and is the seat of kundalini. It is concerned with self-preservation, one's animal nature, taste, and smell. It is the least complex of the seven centers, divided by only four spokes. It is red in color.
- 2. The sacral (svadhisthana) lies near the genitals and governs sexuality and reproduction. It has six spokes and is primarily orange. In some systems the root chakra is ascribed reproductive functions, and the sacral chakra is overlooked in favor of the spleen chakra, a rosy pink and yellow sun with six spokes located halfway between the pubis and navel. It influences overall health and in particular governs digestion and functions of the liver, pancreas, and spleen. The spleen chakra is seen as minor in other systems.
- 3. The solar plexus (manipura) rests just above the navel. It has ten spokes and is predominantly yellow. It is associated with the emotions, and is the point where astral energy enters the etheric field. The solar plexus affects the adrenals, pancreas, liver, and stomach. Most trance mediums work through this chakra.
- 4. The heart (anahata) has twelve glowing golden petals and is located midway between the shoulder blades, in the center of the chest, where the color green predominates. It governs the thymus gland and influences immunity to disease. It is linked to higher consciousness and unconditional love.
- 5. The throat (vishuddha) is a sixteen spoke wheel of silvery blue that is associated with creativity and self-expression and the search for truth. It is prominent in musicians, singers, composers, and public speakers. This chakra also influences the thyroid and parathyroid glands and metabolism, and is associated with certain states of expanded consciousness.
- 6. The brow (ajna), located between the eyebrows, is called the third eye for its influence over psychic sense and spiritual enlightenment. It has ninety-six spokes, half of which radiate a yellow-rose color and half of which radiate a violet color in blue and purple. This chakra is associated with the pituitary gland the pineal gland, intelligence intuition, and psychic powers, called siddhis in Hindu yoga.
- 7. The crown (sahasrara) whirls just above the top of the head. Its 972 spokes radiate a glowing white. It is not associated with any glands, but reveals the individual's level of conscious evolution. The crown cannot be activated until all the other chakras are refined and balanced; when activated it brings supreme enlightenment and cosmic consciousness. While other chakras rotate in slight depressions, the crown chakra whirls in a dome. In religious art deities saints, and mystics are portrayed with radiant crown chakras in the form of halos or domed headdresses.

## Chakras--Our Energy centers

#### TABLE 1

	Chakra position effect	Body position	Color	Effect by activation
1	Basis of Root Chakra Coccyx between anus and genitals Life energy	spinal column, bones, legs, intestine, blood	red	reinforce life energy sexual potence power of enforcement
2	Sacral Chakra 3 inches under navel creativity & relationship	genitals kidney, lymphatic system, digestion	orange	stimulate creativity, eroticism, appetite and digestion
3	Solar plexus Chakra 3 inches above navel wisdom	liver, stomach, gall vegetative nerve system	yellow	redeem emotions, help by depression, helps forget bad feelings

#### TABLE 1-continued

Π	Chakra position effect	Body position	Color	Effect by activation
		71 77		and experiences
4	Heart Chakra middle of breast	heart, lung circulation	green	balances mind, body, soul, supports, love,
	harmony and love	skin, hands		compassion, healing
5	Throat Chakra	voice, throat	blue	active communication,

middle of throat inspiration

6 3rd eye Chakra forehead intuition

7 Crown Chakra middle of the head spirituality

bronchiai lung nose, eyes, ears, face, brain cranium, brain

seit expression, and independence stimulates mind power violet

activates spiritual growth, self realization