

■ Morning:

- Get eyebrows shape done (high priority)
- Cook chicken (high priority)

■ Afternoon:

- Drink bubble tea (medium priority)
- Watch movie (medium priority)

■ Evening:

- Free time or relaxation (optional activities)

■ Tips:

1. Start your day with high-priority tasks to build momentum and motivation.
2. Schedule breaks between tasks to maintain energy and focus.
3. Set a specific time for watching the movie to avoid distractions and ensure you enjoy your downtime.