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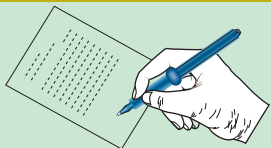
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Nurture Good Thoughts

These days environmental pollution is a subject of universal concern among the thinkers. Various magazines and journals are full of material concerning the subject. The main idea behind it is that the danger posed by environmental pollution is more damaging than that of the atomic blasts. Out of the discussions the idea comes up that the human life pollutes the environment. The trees purify the environment. The environmental pollution affects adversely both human life and trees.

While talking of environmental pollution we centralise our thoughts on the physical life and the things which create pollution. Subtle world or subtle causes of pollution are often ignored. We miss the point that our thoughts affect environment on a wider scale. We often read such conclusions of research that the milch animals yield more milk and trees go better in an atmosphere replete with music and trees also give more fruits. Even then we remain indifferent towards thought pollution.

Thought motivates all actions and also determines the outline of all activities.

Our personality is formed according to our thought so much so that our physical body is deeply affected by our thought power.

Thoughts create vibrations in the atmosphere which affect other persons. How the thought forms affect the other side can be understood with the help of the example given here below. Once a king went in a garden to take rest. Without introducing himself he asked the gardener to give him some water to drink—The gardener plucked a pomegranate and presented its juice in a tumbler to the king. The king was surprised to see that the juice of a pomegranate had filled the whole tumbler. The king made up his mind that he would levy suitable tax on this garden as these fruits must be a source of a great income.

After some time the king called the gardener and said, “give me one more tumbler of juice.” The gardener was surprised to see that this time the juice of the fruit could fill only half the tumbler. He immediately questioned, “Are you a king and have an evil eye on my garden ?” The king had to say yes. The king silently went from there.

We seldom realise that our thoughts affect not only those with whom we come into contact, but also the nature outside. Though vibrations have immense potential of creating bad or good outside environment, thoughts do deeply affect our nervous system. Our evil thoughts will cause harm to us first, somebody else later. In order to have a healthy life, we should nurture good thoughts. We must at all cost stop thought pollution which does no good to anybody, but harms one and all. All of us like to live in an atmosphere free of the negative thoughts like jealousy, cunningness, fraud, deceit, treachery, malice, distrust and fear. Let us inculcate healthy and positive thoughts so as to make the environment livable to all.

Do we ever think that our polluted thoughts may be behind the whirlwind, storms, accidents and other disturbances of nature. Our evil thoughts take us to the evil actions. And for our evil actions they create desired atmosphere also. Jealousy, malice, hatred, class-struggle etc. have created the painful atmosphere of plunder, murder, terror, insecurity etc. The government full of goodwill and without economic inequalities is called the welfare state. The welfare state is

considered to be the gift of the best cultural and political thought of the modern age. The Indian thinkers have visualised the welfare state as Ram-Rajya, which has been beautifully described by Tulsidas in Ramcharit-manas.

The effect of good thoughts is not limited to human life but also it affects the outer atmosphere and the behaviour of nature.

We want to solve these problems on political and social levels, while they are concerned with moral aspect or formation of ideas. Evil thoughts induce evil behaviour. On examining the hearts of cunning people we will find a sea of fraud, tricks and cunningness. The psychologists after examining minutely the human behaviour have come to the conclusion that the thoughts greatly affect the behaviour and health of the person. We know it too well that anger makes the man lose himself and even makes him mad. Jealousy makes a man very narrow-minded. It is said that thoughts of Jealousy and anger even adversely affect the flow of blood and emotions of malice and hatred make the man intolerant and bad tongued. Hundreds of years ago the Upanishads declared that the negative thoughts destroy the power and potential of the person.

The Australian thinker Bishop Lead-Beater in his book, ‘Thought forms’, has dealt with thought forms at length in the book. Persons coming into our contact leave some effect without uttering a word. But why ? It is due to the thought forms created by them.

Evil thoughts create bad effect and healthy thoughts create healthy effect. Our young men will do well to realize the power of thought forms which are our life and blood and they will always try to have healthy thoughts. This would make them lovable and dear to all those who come into their contact.

