



Prompt design for medical question answering with Large Language Models

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ABSTRACT

The combination of prompting technique and the choice of a foundational model determines end-to-end workflow performance on a given task. We aim to provide comprehensive guidance for the best-performing prompting techniques for various LLMs for medical question-answering. We aim to provide comprehensive guidance for the best-performing prompting techniques for a variety of LLM for medical question-answering. We evaluated 15 large LLMs (incl. Claude 3.5 Sonnet, Gemini pro, Llama, Mistral, OpenAI GPT-4o and 4.1) and 6 smaller models (incl. Gemma, Mistral Nemo, Llama 3.1, Gemini flash) across five prompting techniques on neuro-oncology exam questions. Using the established MedQA dataset and a novel neuro-oncology question set, we compared basic prompting, chain-of-thought reasoning, and more complex agent-based methods incorporating external search capabilities. Results showed that the Reasoning and Acting (ReAct) approach combined with giving LLM access to Google Search performed best on large models like Claude 3.5 Sonnet (81.7% accuracy and 85.5% for v2). We also showed that large models significantly outperformed smaller ones on the MedQA dataset (79.3% vs. 51.2% accuracy) and that complex agentic patterns like Language Agent Tree Search provided minimal benefits despite 5x higher latency. We recommend practitioners to experiment with various techniques given their specific use case and foundational model, and favor simple prompting patterns with large models, as they offer the best balance of accuracy and efficiency.

1. Introduction

Large Language Models (LLMs) are increasingly utilized in natural language processing tasks. They have demonstrated in-context learning capabilities, performing strongly in tasks that they were not explicitly trained on, and often matching or exceeding the capabilities of state-of-the-art machine learning models (Brown et al., 2020; Lewis et al., 2020). This versatility is mainly due to new architectures such as transformers or mixture-of-experts and hardware innovations that allow scaling on two dimensions: the model size (amount of trainable weights) and the size of datasets used for training. One of the emergent capabilities is the high performance of LLMs in professional and

certification exams in fields such as medicine and law, particularly for multiple-choice formats (Brown et al., 2020).

Despite this performance, extracting knowledge from LLMs presents distinct challenges, and improvements can be broadly categorized as model-level (e.g., scaling size, instruction-tuning, training a better model) and technique-level (e.g., prompt engineering). The most straightforward approach relies on the model's internal parametric memory. However, this method is prone to errors, such as hallucinations, and updating the model's knowledge (to incorporate domain knowledge or fresh facts) requires extensive retraining. To address these limitations, particularly in domains such as medicine that require

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up-to-date or highly specialized knowledge, alternative approaches have been developed. These include Retrieval-Augmented Generation (RAG), which integrates information retrieval from external sources (Brown et al., 2020; Lammert et al., 2024; Lewis et al., 2020), as well as various prompt engineering strategies.

Prompt design explores general prompts that improve LLM performance on various tasks (Li, Al Kader Hammoud, Itani, Khizbullin, & Ghanem, 2023; Wei et al., 2022). One of the first demonstrations of LLM performance improvement through prompt design was Chain-of-Thought (CoT) prompting. With CoT prompting, instead of generating an immediate answer, an LLM is asked to include a series of intermediate reasoning steps in the output, replicating the reasoning process of a human (Nair, Schumacher, Tso, & Kannan, 2024). Another approach is self-consistency, where the model generates the same output multiple times with increased variability, and the final answer is determined through mechanisms such as majority voting or weighted selection (Nair et al., 2024; Wang, Wei et al., 2023).

More advanced multi-step reasoning frameworks have also emerged. The ReAct (Reason-Act) framework, for instance, enhances the ability of LLMs to solve complex tasks by synergizing internal reasoning steps with interactions with external environments or tools (Yao et al. 2022). Further enhancements include task decomposition, (Liu et al., 2025; Schlag et al., 2023; Wang, Xu, et al., 2023; Yang et al., 2025), fostering interaction between LLMs through natural language dialogue (Liu et al., 2025; Wu et al., 2023) or building and exploring a tree of alternative solutions, as seen in Language Agent Tree Search (LATS), which unifies reasoning, acting, and planning within a single framework (Long, 2023; Zhou, Yan, Shlapentokh-Rothman, Wang, & Wang, 2024).

In the medical domain, combining instruction prompt-tuning with larger model sizes has shown promise for improving comprehension, knowledge recall, and reasoning on medical question-answering (Q&A) tasks (Singhal et al. 2023). Performance is often evaluated using datasets like MedQA, a large-scale open-domain Q&A dataset derived from the United States Medical Licensing Exam (USMLE) (Jin et al., 2021). However, such multiple-choice benchmarks may not capture the full complexity of medical reasoning, and evaluating open-ended tasks remains a challenge (Hosseini et al., 2024; Singhal et al., 2025).

While various prompting techniques (CoT, ReAct, LATS) and model types exist, a comprehensive evaluation of their comparative effectiveness for specialized medical Q&A is lacking. It remains unclear how these different strategies — ranging from simple reasoning steps to complex tool-augmented search — perform relative to one another, especially when applied to both general medical knowledge and niche sub-specialties.

This study aims to address this gap. Our primary objective is to conduct a comprehensive evaluation of the influence of different prompt engineering strategies on LLM performance in medical contexts and the choice of foundational models. We explicitly assess established techniques like CoT alongside emerging agentic approaches such as LATS that leverage external tools and knowledge retrieval. Our analysis encompasses ten top-performant foundational models and six smaller alternatives, evaluated across the MedQA dataset and a novel neuro-oncology question set developed to probe specialized medical reasoning. We define a “small” LLM as a distilled version of a larger model that is optimized for latency and cost. We analyze these models as a separate category given their different performance characteristics. This study was performed in two phases: one in September–October 2024 and another in April 2025. In April 2025, we added newly released foundational models, including models from OpenAI and DeepSeek.

2. Methods

This section details the methodology we employed to evaluate the performance of LLMs on complex medical Q&A tasks.

The core of our methodology involved evaluating various prompting strategies and agentic workflows. We explored four prompting

techniques: vanilla Q&A, self-consistency, CoT, and reflection chains. Furthermore, we investigated five distinct agentic workflows that utilized Google Search to augment LLM reasoning abilities. These workflows included ReACT, Plan-and-solve, Multi-agent collaboration with reflection, Dialogue-based agents, and LATS.

2.1. Benchmark

To effectively evaluate LLMs, we first established our benchmark datasets. Evaluating LLMs for medical Q&A requires assessing the model’s ability to understand medical terminology, reason through complex clinical scenarios, and provide accurate and reliable answers while adhering to ethical guidelines and patient safety considerations (Long, 2023; Xiao et al., 2025; Zhou et al., 2024). Consequently, our evaluation involved diverse benchmark datasets covering a wide range of medical specialties and question types, including factual and reasoning-based questions (Long, 2023; Moreno & Bitterman, 2024; Xiao et al., 2025; Zhou et al., 2024).

2.1.1. Baseline dataset

First, we selected a “baseline” dataset, which is commonly used to evaluate artificial intelligence applications. Such a baseline dataset was required to ensure that an LLM system performs within parameters and will not lead to patient harm (Arora et al., 2023; Long, 2023; Moreno & Bitterman, 2024; Xiao et al., 2025; Zhou et al., 2024). MedQA was selected as the baseline dataset, as it has become an industry standard for testing LLM systems for medical Q&A (Jin et al., 2021). It contains 10,178 free-form English questions with multiple-choice answers based on professional medical board exams. The drawback of using MedQA, which represents a potential limitation to our study, is that it was published 5 years ago and has thus likely been incorporated into LLM training data. Consequently, models may retrieve correct answers from their parametric memory, not due to reasoning (Moreno & Bitterman, 2024).

2.1.2. Oncology Q&A dataset

Creating a custom evaluation dataset was beneficial as it allowed for tailoring the evaluation to specific medical Q&A use cases and addressing the limitations of existing datasets, such as biases, limited scope, and lack of real-world patient data (Bedi et al., 2024). Therefore, we used multiple-choice questions from the book “Neuro-Oncology Explained Through Multiple Choice Questions” (Das, 2023; Moreno & Bitterman, 2024). This is a new proprietary textbook published in 2023; we assume it was not incorporated into LLMs’ training datasets. The book specializes in neuro-oncology and has more than 500 multiple-choice questions on topics such as classification of central nervous system tumors, molecular genetics, and the latest clinical practice therapeutic techniques, such as stem-cell and immunotherapy. We created a custom benchmark with 421 questions collected under fair use. Questions are oriented for a specialized medical examination, hence they are comparable with the MedQA benchmark. They cover 24 neuro-oncology topics from brain tumors and angiogenesis to palliative care. 85% of the questions have four options to choose from, and others have three or five options. Questions are text-only with length varying from 23 to 1049 symbols (with an average of 156 and a median of 98). Answers to choose from are either a full text or a short answer (for example, the correct gene or mutation name, or a chromosome number where the mutation in question is located).

The publisher has not granted permission to share this proprietary dataset. However, to ensure our methodology is verifiable, we are releasing our benchmarking framework and the full code, and it can be reproduced on any private or public datasets. This framework, available in our repository, includes all necessary version control information and parameter settings, allowing our study to be reproduced on any private or public dataset. Please refer to our GitHub repository for the complete code and additional instructions to replicate each prompting strategy.

2.2. Models evaluated

Following dataset selection, we chose models for evaluation. To comprehensively assess the capabilities of LLMs in medical Q&A, we selected a diverse set of models, ranging from large proprietary foundational models to smaller, more accessible open-source models. By including proprietary and open-source models, we aimed to assess each approach's relative strengths and weaknesses.

We evaluated fifteen large foundational models: Gemini 1.5-pro-001 and 002 (Google, 2025), Gemini-2.0-flash (Pichai, 2024), Gemini-2.5-flash and Gemini-2.5-pro (Kavukcuoglu, 2024), gpt4o and gpt 4.1 (OpenAI, 2025), Claude 3.5 Sonnet and Claude 3.5 Sonnet v2 (Anthropic, 2024), DeepSeek v3 (Liu et al., 2024), Mistral large@2407 and @2411 (Mistral, 2024a), and Llama models 3.1 405B, 3.1 70B, 3.2 90B and 3.3 70B (Meta A.I., 2024a). We also included six small foundational models (four of them were open-sourced) – Gemini 1.5-flash-001 (Google, 2025), Mistral Nemo@2407 (Mistral, 2024b), open-sourced Gemma 2 instruct 2B, 9B, 27B (Google, 2024), and Llama 8B (Meta A.I., 2024b). By including these models, we could explore the trade-offs between model size and performance, and the potential for smaller models to achieve reasonable performance on medical Q&A tasks. Some models, particularly the open-weighted ones, offered limited or zero support for tool calling (a structured way to allow LLMs to interact with an external environment by generating requests to APIs or databases). Hence, these models were not evaluated with agentic workflows that require tool-calling support.

2.3. Algorithms

This section explores the prompting techniques used to evaluate LLMs' reasoning capabilities. We investigated knowledge-based prompting, which relies solely on the LLM's internalized knowledge, and agentic workflows, which incorporate external tools like Google Search to augment reasoning.

2.3.1. Prompt engineering

We started with knowledge-based prompting, which only relies on knowledge that an LLM has memorized during the training phase. Our rationale for choosing these particular techniques was their prevalence in the literature and their representation of a clear progression in reasoning complexity, from direct answers to multi-step deliberation and self-correction (Vatsal & Dubey, 2024):

Q&A prompt with question rewriting. Our first Q&A system used a two-step pipeline. First, we used a “classical” Q&A prompt by appending the question and potential answers to the provided context. Then, LLM generates the final output based on this prompt. Subsequently, a second call to an LLM is made, specifically for answer parsing. This step aims to mitigate the variability in the model output and ensure accurate extraction of the chosen answer, regardless of its phrasing. Please, refer to 1 for more details.

Self-consistency. The self-consistency prompting technique leverages repeated sampling to enhance the reliability of LLM outputs. By increasing the temperature parameter during generation, we obtain a diverse set of answers or reasoning paths. We identify the most frequent response through majority voting, assuming it to be the most probable and consistent solution. This approach aims to mitigate the stochasticity inherent in LLMs and improve the accuracy of their outputs (Wang, Wei et al., 2023).

CoT. CoT seeks to improve the reasoning abilities of LLMs by explicitly guiding them to generate intermediate reasoning steps. This is achieved by providing examples of questions with corresponding chains of thought leading to the final answer within the prompt. By incorporating these reasoning steps, the model is directed to break down complex problems into smaller, more manageable components, enhancing its ability to derive accurate solutions (Wei et al., 2022).

Reflection. Building upon the CoT prompting technique, reflection prompting introduces an additional layer of self-critique. After generating a CoT response, an LLM is prompted to evaluate its reasoning, identify potential flaws, and refine its initial answer. This reflective process encourages the model to engage in deeper reasoning and self-correction, potentially leading to more accurate and robust solutions (Yu, He, Wu, Dai, & Chen, 2023).

2.3.2. Agentic workflows with search grounding

It has been demonstrated that LLM reasoning capabilities can be increased significantly with so-called agentic workflows. In an agentic workflow, the state is maintained by an external orchestrator, and the flow itself is partially controlled by an LLM (Lewis et al., 2020; Schlag et al., 2023; Yu et al., 2023). Additionally, agentic patterns enable external data sources such as PubMed to enhance LLM systems with information that is not present in their training data. This has been shown to improve LLM task performance for medical Q&A use cases (Das, 2023; Lammert et al., 2024; Moreno & Bitterman, 2024). In this work, we focused on five architectural patterns. Our rationale for selecting these specific workflows was to evaluate a range of strategies for integrating external information, from simple tool use to complex multi-agent collaboration. All agentic workflows were executed on a standard cloud virtual machine (specific hardware/software configurations are detailed in our repository), with computational constraints chiefly relating to API rate limits and overall latency.

ReAct agent. ReAct prompts an LLM to “think” before it “acts”. An LLM is prompted to generate a reasoning trace and an action plan. This can be as simple as prompting the model to list the steps to solve a problem or as complex as generating a detailed plan for interacting with a user. ReAct has been shown to improve the performance of LLMs on various tasks, including Q&A, code generation, and task-oriented dialogue (Yao et al., 2023). In our example, we asked an LLM to perform a Google Search, which requires the use of tool calling described in the introduction.

Plan-and-solve agent. Plan-and-solve prompting is a technique used to enhance the problem-solving abilities of LLMs. It involves explicitly prompting the model to generate a plan before attempting to solve a problem. This plan can be a simple list of steps or a more complex, structured plan. The model then executes the plan, step-by-step, refining it as needed based on the outcomes of each step. This approach encourages an LLM to break down complex tasks into smaller, more manageable sub-tasks, leading to improved performance and a more systematic approach to problem-solving (Wang, Xu, et al., 2023; Yao et al., 2023). Our system employed a four-phase iterative process, wherein an LLM leveraged Google Search as its tool to generate a solution. An LLM alternated between planning (generating search queries or final answers), searching (retrieving and summarizing relevant information), and parsing (refining the answer), being forced to respond to the user after n iterations, which terminated the process. In this work, we empirically decided on $n=5$. This hyperparameter was chosen as a balance between allowing sufficient reasoning steps and managing computational costs and latency; a higher n might yield marginal gains but at a significant cost.

Multi-agent collaboration. Our multi-agent collaboration framework employs two LLMs to collaborate to generate a solution (Renze & Guven, 2024). A ReAct agent, equipped with Google Search access, iteratively plans, searches, and parses information to formulate an initial answer. Concurrently, a “reflecting” LLM analyzes the initial question, the proposed answer, and the ReAct agent's reasoning trace to generate a critique or approval of the answer. A forced response mechanism (a special instruction that forces an LLM to call a tool) ensures termination after $n=5$ iterations, and a final parsing stage prepares the output for evaluation. This collaborative approach leverages the strengths of both agents, combining the ReAct agent's information-gathering capabilities with the reflecting LLM's critical analysis skills.

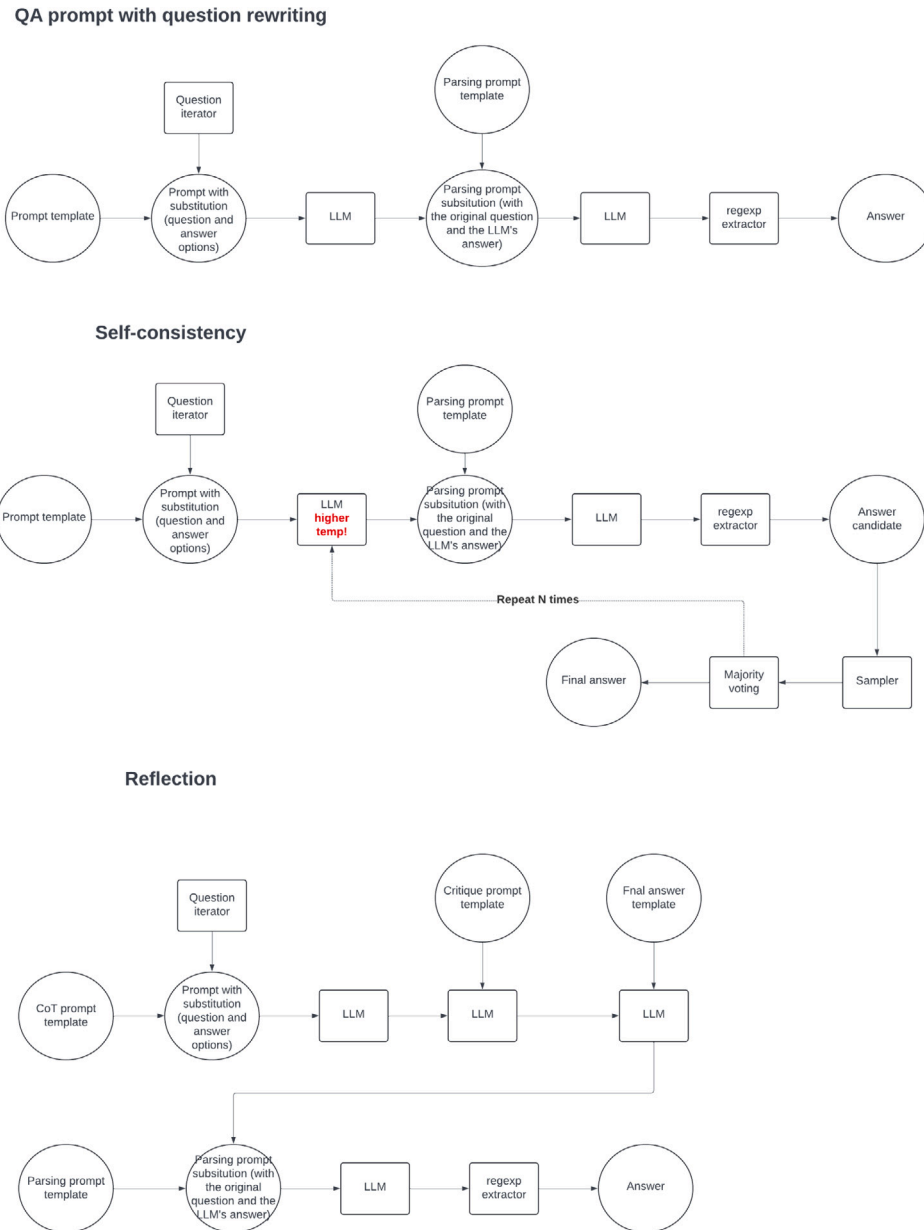


Fig. 1. Prompt design techniques used for enhanced medical Q&A.

Dialogue-based agent. Next, we implemented a dialogue-based agent, which has been shown to increase LLM task performance (Li et al., 2023; Nair et al., 2024). We employed two LLM instances, designated as a “professor” and a “student,” to solve tasks collaboratively through guided interaction. Using a communicative approach, the professor breaks down complex problems into sub-tasks and delegates them to the student. The student executes these sub-tasks and provides feedback, enabling the professor to monitor progress and refine the plan as needed. This iterative communication loop facilitates efficient problem-solving by leveraging the specialized capabilities of each agent.

LATS. LATS is an approach that expands a tree search approach. It employs a Monte Carlo Tree Search (MCTS) algorithm to explore a space of potential reasoning and acting steps and uses an LLM to evaluate alternatives and refine strategies through self-reflection (Zhou et al., 2024).. This method has demonstrated effectiveness in programming, interactive Q&A, and solving complex mathematical problems (Long, 2023). This solution is expected to have high latency and cost.

2.4. Evaluation approach

After executing the algorithms, we evaluated their outputs. Evaluating Q&A on multiple-choice questions is relatively easy since you can algorithmically decide whether the answer is correct or incorrect. A key limitation of our methodology is that we did not assess the reasoning behind the answer, only the answer itself; precise evaluation metrics for open-ended reasoning chains remain an open challenge. As can be seen from the flows above (Figs. 1 and 2), we added a post-processing step to extract the decided answer from the final one produced by an LLM (and we used both an extraction based on regular expressions and LLM prompting).

We evaluated the percentage of correct answers, but when running agentic workloads, we also looked at additional metrics, such as the total number of input and output tokens consumed, the average latency of running an end-to-end workflow and a cost per answer (but only for models available as an API since it is impossible to estimate actual cost per answer for models that require deployment to your own infrastructure because of many different factors that would influence

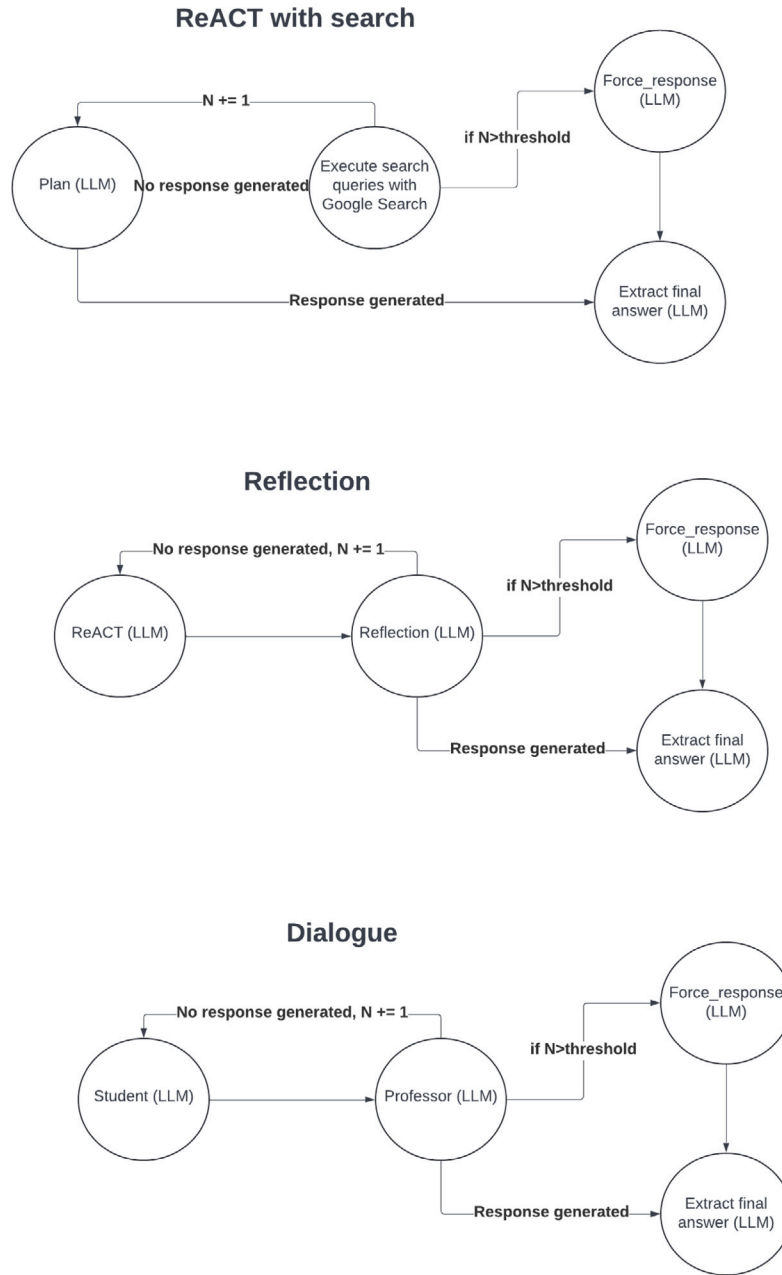


Fig. 2. Agentic workflows used for enhanced medical Q&A.

the final cost). A relatively small performance gain may not always justify the additional costs and latency.

2.4.1. Significance and error analysis

Statistical significance was assessed for each LLM using a one-sided Z-test for comparing two proportions (Kanji, 1999). Our rationale for this methodology was to provide a robust statistical basis for comparing the efficacy of different prompting strategies, moving beyond simple accuracy percentages. This test evaluated whether observed differences in performance between prompting strategies were statistically significant.

For each LLM, we tested:

Null-hypothesis. $p_0 = p$

Alternative hypothesis. $p_0 > p_1$ where p_0 represents the proportion of correct responses achieved by the highest-performing prompting

technique, and p_1 represents the proportion achieved by the lowest-performing technique for the given LLM. We adopted the conventional threshold of $\alpha = 0.05$ to determine statistical significance.

To examine error consistency across experimental conditions, we analyzed the distribution of error frequencies. Specifically, we calculated the frequency of incorrect responses for each question across all experimental trials, encompassing both different prompting techniques and different LLMs. This analysis allowed us to determine whether certain questions consistently elicited errors regardless of the prompting strategy or model architecture employed.

3. Results

3.1. Prompt engineering on the MedQA dataset

Our initial analysis on the MedQA dataset revealed that large foundational models consistently outperformed smaller models, and that

Table 1
LLM performance on the MedQA dataset.

foundational model	weights	model	% correct answers	the best prompt design algorithm	p-value
Claude 3.5-Sonnet	n/a	large, proprietary	79.9%	CoT	< 0.01*
Gemini 1.5-pro-001	n/a	large, proprietary	67.0%	CoT	< 0.01*
Gemini 1.5-pro-002	n/a	large, proprietary	76.0%	CoT	< 0.01*
Llama 3.1 70B	70B	large, OSS	87.1%	self-consistency sampling	0.01*
Llama 3.1 405B	405B	large, OSS	90.3%	self-consistency sampling	< 0.01*
Llama 3.2 90B	90B	large, OSS	84.8%	self-consistency sampling	0.11*
Mistral Large@2407	123B	large, proprietary	76.2%	CoT	< 0.01*
Gemma 2 2B instruct	2B	small, OSS	38.8%	vanilla	N/A
Gemma 2 9B instruct	9B	small, OSS	52.2%	self-consistency sampling	< 0.01*
Gemma 2 27B instruct	27B	small, OSS	54.3%	self-consistency sampling	< 0.01*
Gemini 1.5-flash-001	n/a	small, proprietary	59.1%	CoT	< 0.01*
Gemini 1.5-flash-001	n/a	small, proprietary	59.1%	CoT	< 0.01*
Llama 3.1 8B	8B	small, OSS	66.9%	CoT	< 0.01*
Mistral Nemo@2407	12B	small, OSS	53.7%	CoT	< 0.01*

* Results are statistically significant at a p-value of ≤ 0.05 .

Table 2
LLM performance on the custom neuro-oncology Q&A dataset.

model	% correct	best chain	avg latency, sec	input + output tokens	\$/request	p-value T1	p-value T2
Claude 3.5-Sonnet	78.6%	CoT	7.1	1006 + 517	\$0.01	<0.01	0.26
Gemini 1.5-pro-001	69.6%	vanilla	0.63	104 + 3	\$0.0001	<0.01	0.48
Gemini 1.5-pro-002	70.8%	vanilla	0.55	104 + 2	\$0.0001	<0.01	0.99
Llama 3.1 405B	77.7%	SCS*	11	1032 + 12	\$0.005	0.025	0.35
Llama 3.2 90B	70.3%	CoT	20	890 + 489	\$0.01	0.19	0.28
Mistral Large@2407	76.0%	SR*	26	3218 + 1656	N/A	0.17	0.27
<i>New generation of models (update April 2025)</i>							
Gemini 2.0-flash-001	72.2%	vanilla	0.36	103 + 2	\$0.00001	0.13	0.99
Claude 3.5-Sonnet v2	81.5%	CoT	7.34	937+385	\$0.02	<0.01	0.25
Gemini 2.5-flash-exp	81.9%	SCS*	14	1034+61	\$0.0002	<0.01	N/A
Gemini 2.5-pro-exp	86.7%	SCS*	81	1039+18	\$0.0015	<0.01	0.99
DeepSeek v3	72.7%	vanilla	1.3	100+2	N/A	<0.01	N/A
gpt-4o	78.4%	vanilla	26	1079+25	\$0.0004	0.01	N/A
gpt-4.1	81.7%	CoT	38	4400+2102	\$0.007	<0.01	<0.01
Mistral large @2411	81.7%	CoT	13.9	986+516	\$0.05	0.01	0.43
Llama 3.3 70B	73.4%	SR*	48.9	3563+1977	\$0.001	0.13	0.13

* SCS stands for self-consistency sampling, and SR stands for self-reflection.

advanced prompting strategies like CoT and self-consistency sampling yielded the best results for most models.

We evaluated LLM performance across various prompt design algorithms and reported the best experiment for every LLM (Table 1). “Large” LLMs significantly outperformed small ones. With standard (“vanilla”) prompting, large LLMs achieved 77.1% accuracy (compared to just 50.1% for small ones). When using self-consistency sampling, accuracy slightly improved for both: 77.9% for foundational models and 51.2% for smaller models. CoT further boosted large LLMs’ accuracy to 79.3%, while it slightly reduced the accuracy of smaller ones to 49.6%.

3.2. Prompt engineering on oncology Q&A dataset

On the specialized neuro-oncology dataset, models showed similar performance patterns to MedQA, but we observed significant trade-offs between accuracy and computational efficiency. Newer generation models introduced in April 2025 generally surpassed the accuracy of earlier models (Table 2).

Claude 3.5-Sonnet demonstrated superior performance (78.6% accuracy) utilizing CoT prompting while requiring moderate computational resources (7.1s average latency, 1,523 total tokens). Gemini models (1.5-pro-001/002) achieved lower accuracy (69.6% and 70.8% respectively) but demonstrated superior computational efficiency, with sub-second latency and minimal token utilization. Costs are based on API pricing as of July 2025. The “new” generation of models (e.g., Gemini 2.5-pro-exp, Claude 3.5-Sonnet v2, gpt-4.1) consistently posted higher accuracy scores than their predecessors, with several models exceeding 81% accuracy using CoT or SCS prompting.

In most cases, there is a statistically significant difference between the best and the worst performing strategy for each given foundational model (T1). However, we often found no significant difference between the best-performing prompting strategy and the baseline vanilla prompt (T2).

Test 1 (T1) null: there is no difference between the best and the worst prompting strategies Test 2 (T2) null: there is no difference between the best prompting strategy and the vanilla one

Performance analysis reveals a consistent but marginally reduced accuracy compared to the MedQA dataset. This is likely attributable to two primary factors. Firstly, the increased complexity of specialized neuro-oncology content. Secondly, potential dataset contamination in MedQA training data affects baseline performance metrics.

3.3. Agentic workflows with search grounding on oncology Q&A dataset

Integrating agentic workflows with external knowledge sources yielded variable performance improvements, with some architectures (e.g., LATS) boosting accuracy but at a substantial computational cost (Table 3). Model response to tested architectures was inconsistent; for instance, some Gemini models showed performance degradation, while Claude models consistently improved. It might be attributed to the fact that reasoning models incorporate certain agentic patterns, and hence wrapping the model with such architecture additionally decreases the performance, but we do not have clear evidence for this statement.

LATS achieved peak accuracy with Claude 3.5-Sonnet (82.9%), while ReACT and ReACT-reflect methodologies demonstrated comparable performance improvements (81.7%). However, these accuracy gains necessitated substantial computational overhead, with LATS requiring

Table 3

LLM performance on MedQA dataset on the custom neuro-oncology Q&A dataset with agentic workflows.

model	ReACT	Plan	ReAct-reflect	ReAct-reflect ($\uparrow T$)	Dialogue	LATS
Claude 3.5-Sonnet	81.7%	81.2%	81.7%	79.8%	81.0%	82.9%
Gemini 1.5-pro-001	63.4%	62.2%	40.4%	41.8%	47.7%	71.5%
Gemini 1.5-pro-002	59.4%	61.3%	68.4%	63.2%	67.5%	74.1%
Mistral Large@2407	72.0%	42.8%	67.9%	68.9%	74.6%	75.8%
<i>New generation of models (update April 2025)</i>						
Gemini 2.0-flash-001	69.6%	76.0%	67.2%	69.4%	64.8%	76.2%
Claude 3.5-Sonnet v2	85.5%	81.7%	70.8%	71.3%	81.7%	85.0%
Gemini 2.5-flash-exp	79.6%	76.2%	74.6%	68.6%	77.2%	85.5%
Gemini 2.5-pro-exp	67.5%	85.5%	82.4%	83.4%	84.1%	88.8%
gpt-4o	78.4%	78.9%	75.1%	75.2%	77.4%	77.3%
gpt-4.1	76.5%	82.4%	81.0%	82.4%	83.6%	81.6%

Table 4

Significance analysis of performance difference across different agentic workflows.

model	p -value	H_0 rejected	base, \$/request	best, \$/request
Claude 3.5-Sonnet	<0.01	yes	\$0.00043	\$0.15
Gemini 1.5-pro-001	0.21	no	\$0.00010	\$0.0098
Gemini 1.5-pro-002	0.07	no	\$0.00012	\$0.041
Mistral Large@2407	—	—	—	—
<i>New generation of models (update April 2025)</i>				
Gemini 2.0-flash-001	0.035	yes	\$0.000017	\$0.0021
Claude 3.5-Sonnet v2	<0.01	yes	\$0.0011	\$0.0052
Gemini 2.5-flash-exp	0.01	yes	\$0.000016	\$0.0052
Gemini 2.5-pro-exp	0.09	no	\$0.00014	\$1.0
gpt-4o	0.43	no	\$0.00044	\$0.0083
gpt-4.1	<0.01	yes	\$0.00023	\$0.0070

107 s of average latency and consuming 18,628 input tokens compared to baseline prompting's 1-second latency and 114 input tokens. Notably, different model architectures exhibited varying responses to external knowledge integration, with Gemini models showing performance degradation in specific agentic patterns while Claude 3.5-Sonnet maintained consistent improvements across all configurations. The newer generation models (Table 3, April 2025) generally benefited from agentic workflows, with models like Gemini 2.5-pro-exp and Claude 3.5-Sonnet v2 showing significant accuracy gains, though statistical significance varied (Table 4).

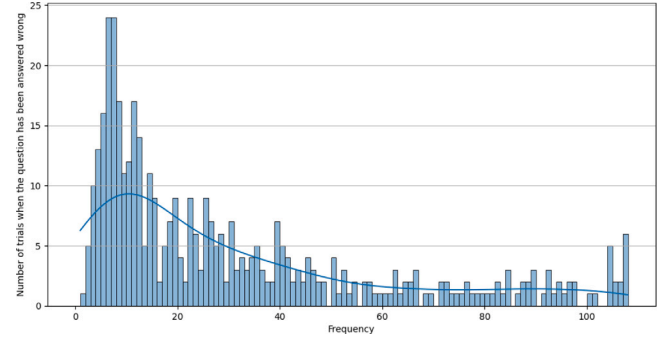
3.4. Error analysis on oncology dataset

An analysis of error distribution showed that errors were not evenly distributed; rather, a small subset of questions was responsible for a large number of errors, while most questions were answered correctly by most models.

The chart below represents a histogram of the error frequency of errors per question across all trials (different foundational models and different prompting techniques). We can clearly observe that the distribution is heavily skewed to the right with a relatively small left tail. In other words, there is a cluster of questions that are “easy to answer” for an LLM, but it is difficult to clearly distinguish a cluster of “hard to answer” questions since we do not observe a significantly high left tail (see Fig. 3).

3.5. Summary of results

The results presented in this section revealed four principal trends. First, large foundational models (e.g., Llama 3.1 405B, Claude 3.5-Sonnet) consistently outperformed smaller models (e.g., Gemma 2 2B) on specialized medical datasets (Section 3.1). Second, advanced prompting strategies like SCS and CoT generally provided a statistically significant, albeit modest, performance uplift for large models but had a neutral or negative effect on smaller models (Section 3.1, 3.2). Third, agentic workflows (Table 5) showed potential to further

**Fig. 3.** Frequency of errors per question across all trials.

increase accuracy, with LATS achieving the highest average performance (79.9%), but this came at a substantial computational cost, increasing latency from 2 s to 110 s and token counts by over 100-fold (Section 3.3). Finally, performance was highly model-dependent, with newer-generation models (e.g., Gemini 2.5-pro-exp) showing superior accuracy, while certain models (e.g., Gemini 1.5-pro) exhibited performance degradation with specific agentic workflows (Table 3). These findings will be interpreted further in the Discussion section.

4. Discussion

This study investigated the differential impact of prompt design methods on complex medical Q&A tasks, using both parametric and non-parametric memory architectures across several basic models. We aimed to determine how prompting strategies, from simple in-context learning to complex agentic workflows, influence performance across LLMs of varying sizes on specialized medical questions. The results confirmed a significant performance advantage for large-scale models over their smaller counterparts, although the effectiveness of specific prompt design strategies varied considerably across model architectures. While complex agentic workflows and tool-augmented LLMs generally achieved superior performance compared to conventional in-context learning approaches, the most significant improvements were observed through integrating external knowledge bases and implementing the ReACT pattern. Notably, more sophisticated agent-based approaches either failed to deliver meaningful performance improvements or showed only marginal benefits, as exemplified by the LATS algorithm, which incurred more than a fivefold increase in computational cost and latency without commensurate performance gains. We suggest that more complex and costly agentic patterns are justified in scenarios where the cost of failure is much higher than the cost of computation. These patterns trade efficiency (low latency, low cost) for robustness (higher accuracy, self-correction, and explainability).

Prior research has extensively investigated medical Q&A performance. Lammert et al. demonstrated the efficacy of RAG in precision oncology, achieving 94.7% concordance with expert recommendations

Table 5
Average performance of agentic workflows on the custom neuro-oncology Q&A dataset.

algorithm	% correct answers	avg latency, sec	avg input tokens	avg output tokens
vanilla	76.7%	2	110	2
self-consistency sampling	76.7%	17	994	29
CoT	74.0%	10	1155	496
self-reflection	70.7%	29	4074	1551
ReACT	73.9%	14	2010	493
plan	72.8%	13	6125	250
ReACT-reflect	71.0%	24	2998	798
ReACT-reflect (($\uparrow T$))	62.9%	25	2985	798
Dialogue	74.0%	27	4032	809
LATS	79.9%	110	16394	3612

through domain-specific knowledge integration (Lammert et al., 2024; Singhal et al., 2023). Similarly, Nair et al. (2024) explored dialogue-enabled resolving agents (DERA) with GPT-4 and found only modest improvements over baseline performance. This aligns with our findings regarding the limited returns of complex agentic approaches. Our results corroborate these findings; while complex agentic workflows and tool-augmented language models generally performed better than conventional in-context learning, the most substantial improvements emerged from external knowledge integration and ReACT pattern implementation.

Singhal et al. (2023) established benchmark performance levels for LLMs on medical licensing examination questions, achieving 67.6% accuracy through zero-shot approaches. Our investigation extends these findings by demonstrating comparable performance metrics while emphasizing practical implementation constraints. Notably, Bedi et al. (2024) highlighted significant limitations in current evaluation methodologies, particularly the prevalence of standardized benchmarks over real patient data. While this study introduces a novel evaluation framework, it acknowledges limitations inherent in multiple-choice assessments.

The substantial performance disparity observed between small open-source LLMs and their larger counterparts (51.2% versus 79.3% Q&A accuracy) highlights a critical infrastructure challenge for healthcare institutions. This performance gap presents medical organizations with two strategic alternatives. Organizations can invest in substantial computational infrastructure to support larger open-source models like Llama 405B, though this approach requires significant capital expenditure and technical expertise. Alternatively, institutions may implement cloud-based solutions while developing robust data protection frameworks, a strategy that requires careful consideration of regulatory compliance and security protocols (Singhal et al., 2025; Yang et al., 2025). When implementing AI systems in clinical settings, healthcare institutions must carefully evaluate the trade-offs between model performance, infrastructure costs, and data security requirements.

Beyond accuracy metrics, our analysis revealed critical practical constraints for medical AI deployment. For instance, incorporating self-reflection mechanisms into the prompting algorithm yielded unexpected results, with minimal improvement in performance metrics. This finding, which diverges from previous research suggesting the efficacy of self-reflection, implies that not all complex prompting techniques add clinical value. End-to-end latency and computational costs increased substantially with agentic workflows. These factors, often overlooked in benchmark evaluations, are critical considerations for a system's viability in a clinical setting.

The study has several limitations. First, as noted by previous works, multiple-choice question datasets have inherent limitations for medical AI evaluation, particularly in their inability to assess clinical reasoning depth and contextual understanding. Second, the potential for dataset contamination presents a significant methodological concern. The MedQA dataset's long-term public availability, for example, raises questions about performance inflation through potential training data contamination. Third, the inherent non-deterministic nature of LLM introduces variability in outputs, even when controlling for parameters

such as temperature and using random seeds during answer generation. While these variations likely have minimal impact on overall performance metrics, they affect the strict reproducibility of results. This reproducibility challenge is compounded by the frequent updates to commercial LLMs, which complicates longitudinal performance comparisons. Finally, runtime estimates are hardware-dependent, suggesting that current trade-offs between accuracy and computational overhead will likely diminish as processing capabilities improve.

Future research should prioritize moving beyond the limitations of current benchmarks. We fully acknowledge the need for more sophisticated evaluation datasets that better reflect the complex contexts in which we aim to deploy an LLM as decision-support tools. Concrete directions include developing benchmarks based on long-form clinical narratives, evaluating a model's ability to synthesize information from disparate patient records, or assessing their interaction in simulated diagnostic dialogues. Furthermore, this study evaluated only average Q&A accuracy, without investigating the reasons for an LLM to fail. Future research that explores reasoning traces and tool-calling trajectories could reveal deeper reasons for performance degradation. Additionally, the recently released reasoning models, which were not evaluated in this study, warrant investigation. It would be valuable to determine whether these new architectures benefit from the agentic approaches studied here and how to best enhance them with access to external knowledge bases.

Statement of Significance	
Summary	Description
Problem	LLM performance in specialized medical Q&A
What is Already Known	LLMs show promise in medical Q&A, with various prompting techniques (CoT, RAG) improving accuracy. MedQA is a common benchmark, but has limitations.
What this Paper Adds	A comprehensive comparison of prompting techniques (including novel agentic workflows like LATS) on LLMs of varying sizes in neuro-oncology Q&A. Focuses on trade-offs.

5. Conclusion

This study investigated various prompting strategies for medical Q&A, aiming to identify methods that balance accuracy and efficiency. We demonstrated that approaches combining ReACT patterns with domain knowledge led to superior performance. However, the significant performance disparity between large and small language models presents healthcare institutions with a critical choice. This choice involves balancing infrastructure costs and data protection, particularly when deciding between resource-intensive on-premises deployments to run large open-source models and more accessible cloud-based solutions. Acknowledging this study's limitations, such as the reliance on multiple-choice questions, which may not fully capture real-world

clinical complexity, and not evaluating the underlying reasons for LLM failures, future work should prioritize the development of more diverse clinical evaluation methods. Future research is also needed to develop practical privacy-preserving architectures that maintain model performance while reducing computational overhead. This would enable LLM fine-tuning without centralizing sensitive data. Successfully navigating these trade-offs between performance, cost, and security is essential for the responsible and effective deployment of LLMs as decision-support tools in clinical settings.

CRedit authorship contribution statement

Leonid Kuligin: Writing – review & editing, Writing – original draft, Visualization, Validation, Software, Methodology, Conceptualization. **Jacqueline Lammert:** Conceptualization, Formal analysis, Supervision, Writing – review & editing. **Aleksandr Ostapenko:** Software. **Keno Bressem:** Conceptualization, Supervision, Writing – review & editing. **Martin Boeker:** Conceptualization, Supervision. **Maximilian Tschochohei:** Conceptualization, Formal analysis, Supervision, Writing – review & editing, Validation.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data availability

The authors do not have permission to share data.

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