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## Change Your Posture! Change Your Life! Affirmation Journal Vol. 3: Peace (Paperback)

By D Nicole Williams

Sh'Shares NETWORK, United States, 2017. Paperback. Condition: New. Language: English. Brand new Book. If you've ever wondered why your daily recitations seemed grossly ineffective, look no further--your solution is HERE! This is no ordinary book of affirmations! Change Your Posture! Change Your LIFE! Affirmation Journals quickly facilitate formidable transition toward betterment by adding interactive tasks and journal prompts into the coaching process. Purpose-driven readers become impactful change agents in their own lives through daily application of this intuitive life guide! This month teaches us about creation of internal peace within ourselves and also throughout various aspects of our lives. We learn to center ourselves by way of The Creator and through conscious practice. PEACE AFFIRMATION (Repeat this aloud) My substantive relationship with God puts me in a peaceful place of inner stability that is undaunted by outside stress. Peace keeps me at rest and poised for a blessing. My inner wholeness creates lasting peace. For more on PEACE, buy the book! A Note From the Author: Hey Hey My Friends! It's ME again! This time, I bring to you a journal that provides even MORE opportunity to connect with your person! J By taking the time to thoroughly introspect, you...



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