



COMBOS

- 🌿 **AMERICAN** \$ 140
Fried eggs, scrambled eggs or omelette with 2 ingredients served with pot beans and fine herb baby potatoes, toast, sweet bread, butter, homemade jam, small fruit plate or fresh juice (orange or green) and American coffee or tea.
CHOOSE: Turkey ham, bacon, manchego cheese, goat cheese, parmesan cheese, tomato, bell pepper, mushroom, spinach, jalapeño chili or onion.
- GERMAN** \$ 160
Soft boiled egg, plate with turkey ham and variety of cheeses, toast, sweet bread, homemade jam, mini Lido granola, small fruit plate or fresh juice (orange or green) and American coffee or tea.
- 🌿 **CONTINENTAL** \$ 90
Toast, sweet bread, butter, homemade jam, small fruit plate or fresh juice (orange or green) and American coffee or tea.

HEALTHY

- 🌱 **FRUIT**
Small fruit plate \$ 60
Large fruit bowl \$ 90
- 🌱 **GRANOLA LIDO** \$ 90
Granola with banana, strawberries and toasted coconut.
CHOOSE: Vegan milk, whole milk, lactose free milk or yogurt.

SUPERFOOD SMOOTHIE BOWLS

- 🌱 **LIDO GREEN** \$ 110
Smoothie bowl with matcha, kiwi and banana covered with fruits of the season, pine nuts, shredded coconut and chia seeds.
- 🌱 **LILA** \$ 110
Smoothie bowl with acai, blueberry, strawberry and banana covered with fruits of the season, granola and shredded coconut.
- 🌱 **CHOCO LOVER** \$ 110
Smoothie bowl with cocoa, maca, blueberry and banana covered with fruits of the season, granola and cocoa nibs.
- 🌱 **TROPICALITO** \$ 110
Smoothie bowl with spirulina, pineapple, mango and banana covered with fruits of the season, almonds and shredded coconut.



TODAY IS ♥
A GOOD DAY
TO SMILE

EGGS AND MORE

- 🌿 **ANY STYLE** \$ 100
Fried eggs, scrambled eggs or omelette with 2 ingredients served with pot beans and fine herb baby potatoes.
CHOOSE: Turkey ham, bacon, manchego cheese, goat cheese, parmesan cheese, tomato, bell pepper, mushroom, spinach, jalapeño chili or onion.
- 🌿 **OMELETTE LIDO** \$ 140
Omelette filled with mushroom, spinach, avocado and goat cheese served with basil pesto and fine herb baby potatoes.
- 🌿 **THE DIVORCED RANCHEROS** \$ 120
Fried eggs on corn tortillas with refried pinto beans bathed in a red and green sauce and covered with avocado and fresh cheese.
- MEXA CHILAQUILES** \$ 130
Tortilla chips covered with a red or green sauce with avocado, purple onion, coriander, sour cream and fresh cheese.
CHOOSE: Roasted chicken breast stripes or fried eggs.
- 🌱 **VEGAN CHILAQUILES** \$ 150
Tortilla chips covered with a red or green sauce with avocado, purple onion, coriander and vegan cheese.
CHOOSE: Jackfruit al pastor or portobello carnitas.
- BENEDICT** \$ 150
Poached eggs on english muffin covered with sauce hollandaise served with fine herb baby potatoes.
CHOOSE: Bacon, smoked salmon or spinach.
- 🌿 **SHAKSHUKA** \$ 150
Poached eggs in a roasted tomato and bell pepper sauce, goat cheese and a touch of parsley.

WATER AND SOFT DRINKS

AGUA DE PIEDRA NATURAL WATER / 650 ML	\$ 80
AGUA DE PIEDRA MINERAL WATER / 650 ML	\$ 80
NATURAL WATER	\$ 35
SPARKLING WATER	\$ 40
TONIC WATER	\$ 40
COCA COLA	\$ 40
COCA COLA LIGHT	\$ 40
SPRITE	\$ 40
FANTA	\$ 40
FRESCA	\$ 40
SIDRAL MUNDET	\$ 40
ICE TEA NATURAL	\$ 50
GINGER BEER	\$ 70
RED BULL	\$ 70

BAGELS & SANDWICHES

Served with fine herb baby potatoes.

- MAÑANERO** \$ 120
Bagel with scrambled eggs, bacon, manchego cheese and chipotle cream cheese.
- 🌿 **POCHADO** \$ 120
Bagel with spinach, avocado, dried tomato and fine herb cream cheese covered with a poached egg on top.
- SAMMY** \$ 150
Bagel with smoked salmon, fine herb cream cheese, cucumber, red onion, capers and dill.
- 🌿 **CABREADO** \$ 120
Toast with mashed avocado, cherry tomato, goat cheese, olive oil and basil.
- 🌿 **CROQUE MADAME** \$ 110
Sandwich with fried egg au gratin with manchego cheese, caramelized onion, bechamel sauce, dijon mustard and coriander spouts.
ADD: Turkey ham + \$ 20
- 🌿 **FRENCH TOAST** \$ 100
French toast served with wild berries and maple syrup.

PANCAKES AND SWEETS

- 🌿 **CLASSIC** \$ 100
Pancakes with fruit of the season and maple syrup.
- SPECIAL** \$ 130
Pancakes with fried eggs, bacon and maple syrup.
- 🌿 **LOS GOLOSOS** \$ 120
Pancakes with peanut butter, banana, strawberry and almonds covered with chocolate sauce.
- 🌱 **MATCHA** \$ 140
Pancakes with matcha covered with fruits of the season.
- 🌱 **CHOCO BANANA HOT CAKES** \$ 140
Pancakes with cocoa and banana covered with fruits of the season.
- 🌿 **BROWNIE** \$ 70
Brownie served with fruits of the season.

EXTRAS

- SWEET BREAD (3)** \$ 40
TOAST (3) \$ 30
PLATE WITH TURKEY HAM AND VARIETY OF CHEESES \$ 80
POT BEANS \$ 50
CAMBRAY POTATOES \$ 50
EXTRA INGREDIENT \$ 30

DRINKS

- MIMOSA** \$ 120
A socially acceptable way to start partying in the morning!
Sparkling wine with orange juice.

JUGOS Y SMOOTHIES

- FRESH JUICE** \$ 60
Orange, pineapple, mango, soursop, grapefruit, watermelon, kiwi, cantaloupe, strawberry or passion fruit.
- COMBINED JUICE** \$ 70
- SMOOTHIE** \$ 70
Orange, pineapple, mango, soursop, grapefruit, watermelon, kiwi, cantaloupe, strawberry, passion or banana.
- COMBINED SMOOTHIE** \$ 80
- VERDE PRANA** \$ 70
Spinach, cucumber, pineapple, celery, nopal and orange juice.
- PURA VIDA** \$ 70
Passion fruit, mango, orange juice and coconut water.
- PIÑA FIZZ** \$ 70
Pineapple, ginger, lime juice and soda.
- FRESCO AMOR** \$ 70
Watermelon, basil and lime juice.
- ROJO TROPICAL** \$ 70
Hibiscus, mint and lime juice.
- FRESH COCONUT** \$ 60
LEMON-MINT \$ 70
LEMONADE \$ 50
ORANGEADE \$ 50
PREPARED CLAMATO \$ 50

SUPERFOOD SMOOTHIES

- Order it with natural coconut water or vegan milk!
ADD: Protein + \$ 30
- DARK N' FROSTY ACAI** \$ 90
Acai, blueberry, banana and date.
- MANGO MATCHA** \$ 90
Matcha, maca, mango, avocado, spinach and shredded coconut.
- PIÑA ESPIRULINA** \$ 90
Spirulina, pineapple, mango, banana and date.
- PEANUT BUTTER MACA** \$ 90
Maca, cocoa, peanut butter, banana and vanilla.
- LECHE DORADA** \$ 80
Turmeric, ginger, cinnamon, pepper, vanilla and maple syrup.

COFFEE AND TEA

- AMERICANO** \$ 40
ESPRESSO \$ 40
ESPRESSO MACCHIATO \$ 50
CAPPUCCINO \$ 70
FROZEN FRAPUCCINO \$ 80
MATCHA LATTE \$ 80
FROZEN MATCHACCINO \$ 90
HOT CHOCOLATE \$ 70
FROZEN CHOCOLATE FRAPPE \$ 80
TEA Ask for our selection! \$ 40

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