## Temple College Vocational Nursing Program VNSG 2461: Clinical-LVN Training III Clinical Self-Evaluation Tool Level III

## How to Perform Self Evaluation

The purpose of self-evaluation is to assist the student to identify strengths and areas for improvement. Self-evaluation is part of the Texas Nursing Practice Act, Rule 217.11, (G) (Obtaining Instruction/Supervision) which states the nurse must "obtain instruction and supervision as necessary when implementing nursing procedures or practices." This requires the nurse performs self-evaluation to determine when instruction and supervision will be needed.

For each criterion on the self-evaluation tool, the student needs to think about their clinical performance for the rotation and rate themselves with a **0**, **1**, **2**, **or 3** (Refer to the Rating Scale of Clinical Performance). The student should provide reasons and rationale for their rating. The student should cite specific clinical examples as part of the rationale. You do not need to complete the gray areas.

## Example:

A. Assessment *		
Performs assessment accurately to assist in identifying health status and monitoring change in patient's condition.	On 1/16/2022 at 0900, assessments completed with instructor assistance on lung sounds and cardiovascular assessment.	

Student information will be reviewed by the faculty for accuracy and depth of self-evaluation. Remember, the faculty probably know the big thing things you did but may not know everything you did. Be sure to document everything you can to support your rating. However, **the student who gives themselves all "3's" is probably not being realistic**. Usually, people are good at things and need to work on others. Be realistic in your self-evaluation. Where are your strengths? What areas need improvement?

In the comment section of the Self-Evaluation tool, discuss HOW you plan to address the areas needing improvement. What things can you do (appointments in the Sim lab, further practice/study on topic) to improve your performance in these areas.

The key is NOT to pretend you are practically perfect in every way. The key is to be realistic and honest with yourself and your clinical instructor. Identify the areas in which you excel and those needing improvement. Identify how to plan to address the areas needing improvement. This is part of being a professional nurse.

## **Rating Scale for Evaluation of Clinical Performance**

Rating Scale	Standards	Description/Quality of Performance
Independent 3 points	Safe and accurate	<ul> <li>♣ Proficient, coordinated, and competent</li> <li>♣ Effectively and efficiently coordinates patient care activities</li> <li>♣ Requires minimal directive cues from instructor</li> <li>♣ Maintains patient safety</li> <li>♣ Applies knowledge base accurately with minimal assistance</li> <li>♣ Consistently demonstrates professional behaviors</li> <li>♣ No disciplinary actions</li> </ul>
Supervised 2 points	Safe and accurate	Competent, coordinated, and confident Performs patient care activities Requires directive or supportive cues from instructor Maintains patient safety Applies knowledge base with some assistance Consistently demonstrates professional behaviors No more than one disciplinary action
Assisted 1 point	Unsafe or inaccurate	<ul> <li>♣ Inefficient, uncoordinated</li> <li>♣ Minimal competence and confidence</li> <li>♣ Requires frequent and supportive cues from instructor</li> <li>♣ Performs safety and accurately with assistance</li> <li>♣ Minimal knowledge base</li> <li>♣ Identifies principles and needs direction to apply</li> <li>♣ Inconsistently demonstrates professional behaviors</li> <li>♣ No more than two disciplinary actions</li> </ul>
<b>Dependent</b> 0 point	Unsafe and inaccurate	Lacks competency, confidence, coordination, and efficiency Nonproductive and disorganized with patient care Requires continuous directive and supportive cues from instructor Unable to demonstrate procedure and behavior, even if prompted Only performs safely with almost continuous assistance Minimal knowledge base, needs continuous assistance to apply Unable to identify principles; unable to repeat previously achieved behaviors/skills Demonstrates unprofessional behaviors More than two disciplinary actions or one major incident