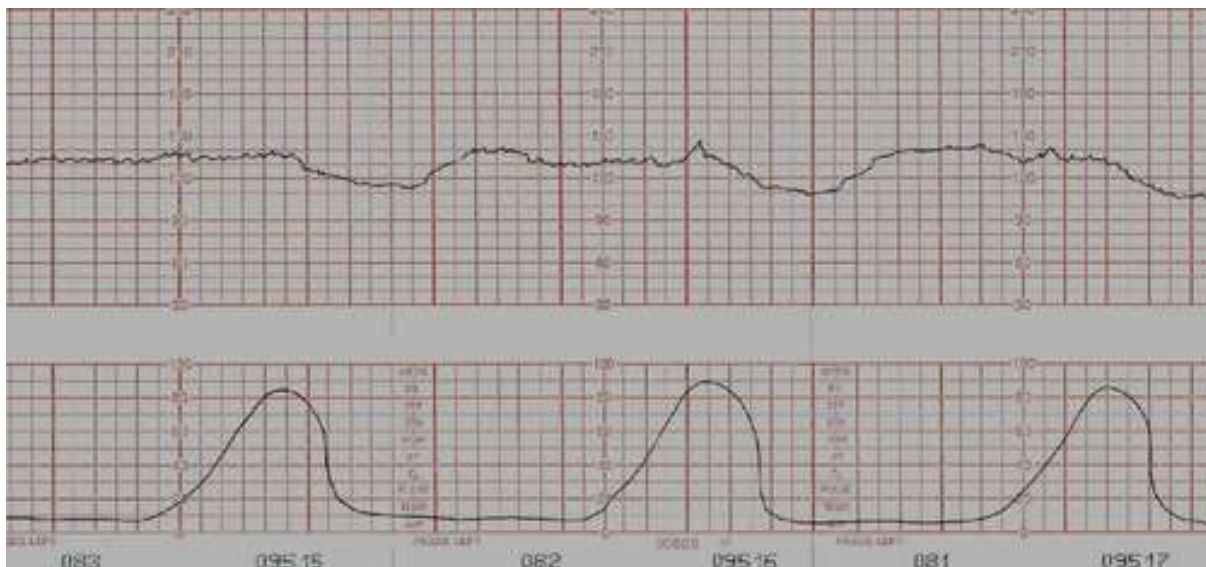
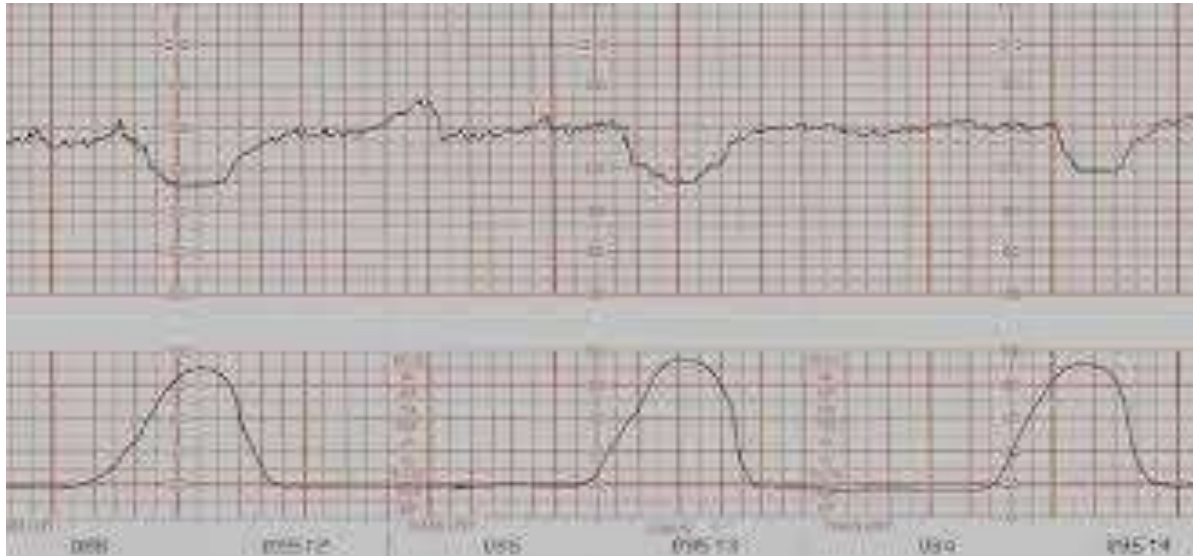


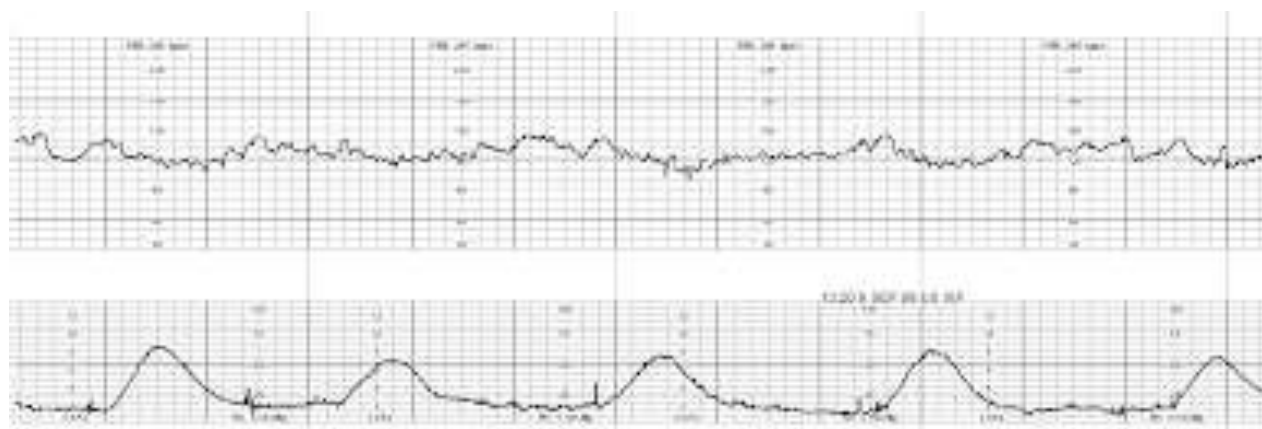
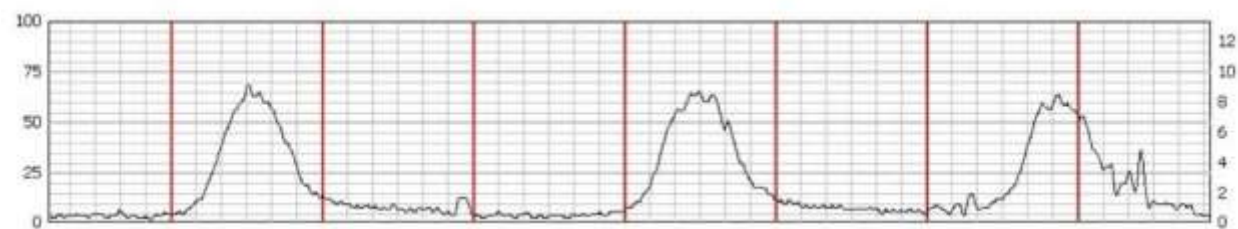
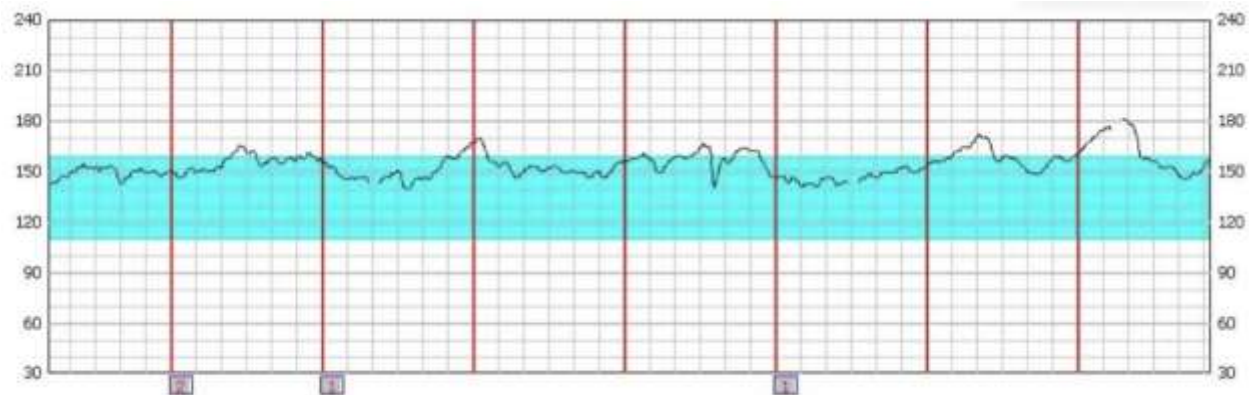
VNSG 123 Maternal Neonatal Nursing

Frequency and Fetal Position Practice

Frequency: The beginning of one contraction to the beginning of the next contraction.

According to the fetal monitoring tracings below, how far apart are the contractions?





List the position of each fetus. Example: OA, OP, ROP, ROA, LOP, LOA, ROT, LOT

The diagram illustrates the four cardinal movements of the fetus during labor, arranged around a central pelvic diagram. The movements are:

- Flexion:** The fetus bends its head and neck towards its chest.
- Internal Rotation:** The fetus rotates its body to align with the pelvic outlet.
- Extension:** The fetus straightens its head and neck, moving it upwards.
- External Rotation:** The fetus rotates its body to align with the pelvic inlet.