

Temple College
Vocational Nursing Program
VNSG 2331: Advanced Nursing Skills
MODULE II: Sleep & Oxygenation Objectives

Chapter 31 (pgs. 608-612 deWit & O'Neill)

1. Identify characteristics of NREM and REM sleep.
2. Recognize how the need for sleep changes over the life span.
3. Identify factors that can interfere with sleep and interventions you might use to promote sleep.
4. Recognize the sleep disorders insomnia, sleep apnea, and narcolepsy.

Chapter 28 (deWit & O'Neill)

1. Identify causes, the nursing care and education for the client with impaired oxygenation.
2. Identify various methods used for oxygen delivery and the nursing care associated with each.
3. Describe various artificial airways and how to suction the client with the airway in place.
4. Describe a tracheostomy tube and the nursing care required to keep it patent.
5. Discuss nursing care of clients with chest tubes.

Chapter 21 (Roach & Ford)

1. Identify the uses, on-going nurse assessment, general drug actions, adverse reactions, contraindications, precautions, and interactions of sedatives and hypnotics.
2. Discuss ways to promote an optimal response to therapy and important points to keep in mind when educating clients about the use of a sedative or hypnotic.