

**Temple College**  
**Vocational Nursing Program**  
**VNSG 1409: Nursing in Health and Illness II**  
**Module I Objectives**

Upon completion of this module the student will be able to:

**Complementary and Alternative Medicine: DeWitt Chapter 32 and Williams/Hopper Chapter 5**

1. Define and provide examples of complementary and alternative therapies or modalities; including: Allopathic, Ayurvedic, Traditional Chinese, Chiropractic, Homeopathic, Naturopathic, American Indian, Folk Medicine, and Osteopathic Medicine.
2. Identify common herbs and their intended properties and uses.
3. Discuss LVN's role in assisting a patient with complementary or alternative therapies, keeping in mind safety issues surrounding their use.

**Nursing Care of Patients in Pain: Williams/Hopper Chapter 10**

1. Define pain, addiction, physical dependence, and tolerance while identifying common myths and barriers to effective management of pain.
2. Know how to perform a basic pain assessment, identify pain medication treatment modalities, and use of non-pharmacological pain management techniques.

**Nursing Care of Patients at the End of Life: Williams/Hopper Chapter 17**

1. Identify patient's end of life choices and necessary legal documents for patients with life-limiting illness.
2. Describe physical changes to expect during the dying process, nursing interventions for patients at the end of life, and postmortem care.