



Universiteit  
Leiden

Oct 12, 2025

Oskar Hamerski

has successfully completed

De-Mystifying Mindfulness

an online non-credit course authorized by Universiteit Leiden and offered through  
Coursera

A handwritten signature in black ink, reading "Chris Goto-Jones".

Prof. dr. Chris Goto-Jones  
Honours Academy  
Leiden University

COURSE  
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