

INSTRUCTIONS: The items listed below describe painful experiences. Please look at each item and think about how FEARFUL you are of experiencing the PAIN associated with each item. If you have never experienced the PAIN of a particular item, please answer on the basis of how FEARFUL you expect you would be if you had such an experience. Choose one rating per item to rate your FEAR OF PAIN in relation to each event.

AMOUNT OF FEAR

	not at all	a little	a fair amount	very much	extreme	no answer
Being in an automobile accident	1	2	3	4	5	0
Biting your tongue while eating	1	2	3	4	5	0
Breaking your arm	1	2	3	4	5	0
Cutting your tongue licking an envelope	1	2	3	4	5	0
Having a heavy object hit you in the head	1	2	3	4	5	0
Breaking your leg	1	2	3	4	5	0
Hitting a sensitive bone in your elbow, your "funny bone"	1	2	3	4	5	0
Having a blood sample drawn with a hypodermic needle	1	2	3	4	5	0
Having someone slam a heavy car door on your hand	1	2	3	4	5	0
Falling down a flight of concrete stairs	1	2	3	4	5	0
Receiving an injection in your arm	1	2	3	4	5	0
Burning your fingers with a match	1	2	3	4	5	0
Breaking your neck	1	2	3	4	5	0
Receiving an injection in your hip/buttocks	1	2	3	4	5	0
Having a deep splinter in the sole of your foot probed and removed with tweezers	1	2	3	4	5	0
Having an eye doctor remove a foreign particle stuck in your eye	1	2	3	4	5	0
Receiving an injection in your mouth	1	2	3	4	5	0
Being burned on your face by a lit cigarette	1	2	3	4	5	0
Getting a paper cut on your finger	1	2	3	4	5	0
Receiving stitches in your lip	1	2	3	4	5	0
Having a foot doctor remove a wart from your foot with a sharp instrument	1	2	3	4	5	0
Cutting yourself while shaving with a sharp razor	1	2	3	4	5	0

Gulping a hot drink before it has cooled	1	2	3	4	5	0
Getting strong soap in both of your eyes while bathing or showering	1	2	3	4	5	0
Having a terminal illness that causes you daily pain	1	2	3	4	5	0
Having a tooth pulled	1	2	3	4	5	0
Vomiting repeatedly because of food poisoning	1	2	3	4	5	0
Having sand or dust blow into your eyes	1	2	3	4	5	0
Having one of your teeth drilled	1	2	3	4	5	0
Having a muscle cramp	1	2	3	4	5	0