



PROGRESS REPORT

Student Name: Rose
Class: Snowplow Sam 1
Date: 2024-07-20

Onompion Cami			<u>, </u>	
LIONS & CUBS	Good	Needs Work		
Sit and Stand Up (off-ice)				
Sit and Stand Up (on-ice)				
March in Place				
March Forward (8-10 steps)				
March and Glide on Two Feet				
Dip in Place				
SNOWPLOW SAM 1				
Sit and Stand Up (Off-Ice)				
Sit and Stand Up (On-Ice)				
March in Place				
March Forward (8-10 Steps)				
March, then glide on two feet				
Dip in Place				
SNOWPLOW SAM 2				
March followed by a long glide				
Dip while Moving				
Backward Walking (4-6 Steps)				
Backwards Wiggles				
Forward Swizzles				
Beginning Snowplow Stop in Motion				
Two-foot Hop, In Place				
Notes:				

Instructor: CONNOR

Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245

LEARN TO SKATE

PROGRESS REPORT

Student Name: Solomon Pritsker

Class: Snowplow Sam 1		Date: 2024	<u>-07-2</u> (
LIONS & CUBS	Good	Needs Work	
Sit and Stand Up (off-ice)			
Sit and Stand Up (on-ice)			
March in Place			
March Forward (8-10 steps)			
March and Glide on Two Feet			
Dip in Place			
SNOWPLOW SAM 1			
Sit and Stand Up (Off-Ice)			
Sit and Stand Up (On-Ice)			
March in Place			
March Forward (8-10 Steps)			
March, then glide on two feet			
Dip in Place			
SNOWPLOW SAM 2			
March followed by a long glide			
Dip while Moving			
Backward Walking (4-6 Steps)			
Backwards Wiggles			
Forward Swizzles			
Beginning Snowplow Stop in Motion			
Two-foot Hop, In Place			
Notes:			

Instructor:	CONNOR
Skating Director:	Gabriella Weissmann





PROGRESS REPORT

Student Name: Cadence Hopper
Class: Snowplow Sam 1
Date: 2024-07-20

•			
LIONS & CUBS	Good	Needs Work	
Sit and Stand Up (off-ice)			
Sit and Stand Up (on-ice)			
March in Place			
March Forward (8-10 steps)			
March and Glide on Two Feet			
Dip in Place			
SNOWPLOW SAM 1			
Sit and Stand Up (Off-Ice)			
Sit and Stand Up (On-Ice)			
March in Place			
March Forward (8-10 Steps)			
March, then glide on two feet			
Dip in Place			
SNOWPLOW SAM 2			
March followed by a long glide			
Dip while Moving			
Backward Walking (4-6 Steps)			
Backwards Wiggles			
Forward Swizzles			
Beginning Snowplow Stop in Motion			
Two-foot Hop, In Place			
Notes:			

Instructor: CONNOR

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Student Name: August Lazor
Class: Snowplow Sam 1 Date: 2024-07-20 **LIONS & CUBS Needs Work** Good Sit and Stand Up (off-ice) Sit and Stand Up (on-ice) March in Place \Box March Forward (8-10 steps) March and Glide on Two Feet Dip in Place **SNOWPLOW SAM 1** Sit and Stand Up (Off-Ice) Sit and Stand Up (On-Ice) March in Place March Forward (8-10 Steps) March, then glide on two feet Dip in Place **SNOWPLOW SAM 2** March followed by a long glide Dip while Moving Backward Walking (4-6 Steps) Backwards Wiggles Forward Swizzles Beginning Snowplow Stop in Motion Two-foot Hop, In Place Notes:

Instructor: CONNOR
Skating Director: Gabriella Weissmann





PROGRESS REPORT

Data: 2024 07

Student Name: Charles Potter

class: Showplow Sam i		Date: 2024-0	<u> </u>
LIONS & CUBS	Good	Needs Work	
Sit and Stand Up (off-ice)			
Sit and Stand Up (on-ice)			
March in Place			
March Forward (8-10 steps)			
March and Glide on Two Feet			
Dip in Place			
SNOWPLOW SAM 1			
Sit and Stand Up (Off-Ice)			
Sit and Stand Up (On-Ice)			
March in Place			
March Forward (8-10 Steps)			
March, then glide on two feet			
Dip in Place			
SNOWPLOW SAM 2			
March followed by a long glide			
Dip while Moving			
Backward Walking (4-6 Steps)			
Backwards Wiggles			
Forward Swizzles			
Beginning Snowplow Stop in Motion			
Two-foot Hop, In Place			
Notes:			

Instructor: CONNOR

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Student Name: Arley Huitorn
Class: Snowplow Sam 2 Date: 2024-07-20 **LIONS & CUBS Needs Work** Good Sit and Stand Up (off-ice) Sit and Stand Up (on-ice) March in Place March Forward (8-10 steps) March and Glide on Two Feet Dip in Place **SNOWPLOW SAM 1** Sit and Stand Up (Off-Ice) Sit and Stand Up (On-Ice) March in Place March Forward (8-10 Steps) March, then glide on two feet Dip in Place **SNOWPLOW SAM 2** March followed by a long glide Dip while Moving Backward Walking (4-6 Steps) Backwards Wiggles Forward Swizzles Beginning Snowplow Stop in Motion Two-foot Hop, In Place Notes:

Instructor:	MAX/DANIELLE	
Skating Direct	tor: Gabriella Weissmann	





PROGRESS REPORT

Student Name: John Corral

class: Snowplow Sam 2		Date: 2024-07-	
LIONS & CUBS	Good	Needs Work	
Sit and Stand Up (off-ice)			
Sit and Stand Up (on-ice)			
March in Place			
March Forward (8-10 steps)			
March and Glide on Two Feet			
Dip in Place			
SNOWPLOW SAM 1			
Sit and Stand Up (Off-Ice)			
Sit and Stand Up (On-Ice)			
March in Place			
March Forward (8-10 Steps)			
March, then glide on two feet			
Dip in Place			
SNOWPLOW SAM 2			
March followed by a long glide			
Dip while Moving			
Backward Walking (4-6 Steps)			
Backwards Wiggles			
Forward Swizzles			
Beginning Snowplow Stop in Motion			
Two-foot Hop, In Place			
Notes:			

Instructor: MAX/DANIELLE

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Student Name: Genisis Corral
Class: Snowplow Sam 2 Date: 2024-07-20 **LIONS & CUBS Needs Work** Good Sit and Stand Up (off-ice) Sit and Stand Up (on-ice) March in Place March Forward (8-10 steps) March and Glide on Two Feet Dip in Place **SNOWPLOW SAM 1** Sit and Stand Up (Off-Ice) Sit and Stand Up (On-Ice) March in Place March Forward (8-10 Steps) March, then glide on two feet Dip in Place **SNOWPLOW SAM 2** March followed by a long glide Dip while Moving Backward Walking (4-6 Steps) Backwards Wiggles Forward Swizzles Beginning Snowplow Stop in Motion Two-foot Hop, In Place Notes:

	MAX/DANIELLE
Skating Director:	Gabriella Weissmann





PROGRESS REPORT

Student Name: Emmett Lombardo

Class: Snowplow Sam 2		Date: <u>2024-07-2</u> 0
LIONS & CUBS	Good	Needs Work
Sit and Stand Up (off-ice)		
Sit and Stand Up (on-ice)		
March in Place		
March Forward (8-10 steps)		
March and Glide on Two Feet		
Dip in Place		
SNOWPLOW SAM 1		
Sit and Stand Up (Off-Ice)		
Sit and Stand Up (On-Ice)		
March in Place		
March Forward (8-10 Steps)		
March, then glide on two feet		
Dip in Place		ā
SNOWPLOW SAM 2		
March followed by a long glide		
Dip while Moving		
Backward Walking (4-6 Steps)		
Backwards Wiggles		
Forward Swizzles		
Beginning Snowplow Stop in Motion		
Two-foot Hop, In Place		
Notes:		

Instructor: MAX/DANIELLE

Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245

LEARN TO SKATE

PROGRESS REPORT

Class:		Date:
LIONS & CUBS	Good	Needs Work
Sit and Stand Up (off-ice)		
Sit and Stand Up (on-ice)		
March in Place		
March Forward (8-10 steps)		
March and Glide on Two Feet		
Dip in Place		
SNOWPLOW SAM 1		
Sit and Stand Up (Off-Ice)		
Sit and Stand Up (On-Ice)		
March in Place		
March Forward (8-10 Steps)		
March, then glide on two feet		
Dip in Place		
SNOWPLOW SAM 2		
March followed by a long glide		
Dip while Moving		
Backward Walking (4-6 Steps)		
Backwards Wiggles		
Forward Swizzles		
Beginning Snowplow Stop in Motion		
Two-foot Hop, In Place		
Notes:		

Instructor:

555 N Nash Street, El Segundo, CA 90245

Skating Director: Gabriella Weissmann





PROGRESS REPORT

Student Name: Masimeke Thorrington

class: Snowplow Sam 3		Date: 2024	<u>07-2</u> (
SNOWPLOW SAM 3	Good	Needs Work	
Forward skating (8-10 Steps)			
Forward One-Foot Glide (R and L)			
Forward Swizzles (4-6 in a row)			
Backward Two-Foot Glide			
Backward Swizzles (2-3 in a row)			
Moving Forward Snowplow Stop (1 or 2 feet)			
Curves			
SNOWPLOW SAM 4			
Forward Skating			
Advanced One-Foot Glide			
Backwards Swizzles (4-6 in a row)			
Rocking Horse - One Forward, One Backward, Repeat Twic	е 🔲		
Two-Foot turns - Forward to Backward (Both Directions)			
Two-Foot Hop in Place			
Notes:			
Instruct		IITRA	
Skating	Director: 9	Pabriella Weissm	ann

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PROGRESS REPORT

Student Name: Phoenix Solano

Class: Snowplow Sam	Date: 202	Date: 2024-07-	
SNOWPLOW SAM 3	Good	Needs Work	
Forward skating (8-10 Steps)			
Forward One-Foot Glide (R and L)			
Forward Swizzles (4-6 in a row)			
Backward Two-Foot Glide		ā	
Backward Swizzles (2-3 in a row)			
Moving Forward Snowplow Stop (1 or 2 feet)		Ō	
Curves			
SNOWPLOW SAM 4	_		
Forward Skating			
Advanced One-Foot Glide			
Backwards Swizzles (4-6 in a row)			
Rocking Horse - One Forward, One Backward, Repe	eat Twice	ō	
Two-Foot turns - Forward to Backward (Both Direc	ctions)	ā	
Two-Foot Hop in Place	ā		
Notes:			
In	structor:	MITRA	
S	kating Director:	abriella Weissn	nann





PROGRESS REPORT

Nari Elsea Student Name: **Snowplow Sam 4** Date: 2024-07-20 Class: **SNOWPLOW SAM 3** Good Needs Work Forward skating (8-10 Steps) Forward One-Foot Glide (R and L) Forward Swizzles (4-6 in a row) Backward Two-Foot Glide Backward Swizzles (2-3 in a row) Moving Forward Snowplow Stop (1 or 2 feet) Curves SNOWPLOW SAM 4 Forward Skating Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Rocking Horse - One Forward, One Backward, Repeat Twice Two-Foot turns - Forward to Backward (Both Directions) Two-Foot Hop in Place Notes:

Instructor:

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Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Forward skating (8-10 Steps) Forward One-Foot Glide (R and L) Forward Swizzles (4-6 in a row) Backward Two-Foot Glide Backward Swizzles (2-3 in a row) Moving Forward Snowplow Stop (1 or 2 feet) Curves SNOWPLOW SAM 4 Forward Skating Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Rocking Horse - One Forward, One Backward, Repeat Twice	Class:		Date:
Forward One-Foot Glide (R and L) Forward Swizzles (4-6 in a row) Backward Two-Foot Glide Backward Swizzles (2-3 in a row) Moving Forward Snowplow Stop (1 or 2 feet) Curves SNOWPLOW SAM 4 Forward Skating Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Rocking Horse - One Forward, One Backward, Repeat Twice Fivo-Foot Hop in Place	SNOWPLOW SAM 3	Good	Needs Work
Forward Swizzles (4-6 in a row) Backward Two-Foot Glide Backward Swizzles (2-3 in a row) Moving Forward Snowplow Stop (1 or 2 feet) Curves SNOWPLOW SAM 4 Forward Skating Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Rocking Horse - One Forward, One Backward, Repeat Twice Fow-Foot turns - Forward to Backward (Both Directions) Fwo-Foot Hop in Place	Forward skating (8-10 Steps)		
Backward Two-Foot Glide Backward Swizzles (2-3 in a row) Moving Forward Snowplow Stop (1 or 2 feet) Curves SNOWPLOW SAM 4 Forward Skating Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Rocking Horse - One Forward, One Backward, Repeat Twice Fwo-Foot turns - Forward to Backward (Both Directions) Fwo-Foot Hop in Place	Forward One-Foot Glide (R and L)		
Backward Swizzles (2-3 in a row) Moving Forward Snowplow Stop (1 or 2 feet) Curves SNOWPLOW SAM 4 Forward Skating Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Rocking Horse - One Forward, One Backward, Repeat Twice Fow-Foot turns - Forward to Backward (Both Directions) Fiwo-Foot Hop in Place	Forward Swizzles (4-6 in a row)		
Moving Forward Snowplow Stop (1 or 2 feet) Curves SNOWPLOW SAM 4 Forward Skating Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Rocking Horse - One Forward, One Backward, Repeat Twice Fivo-Foot turns - Forward to Backward (Both Directions) Fivo-Foot Hop in Place	Backward Two-Foot Glide		ā
Curves SNOWPLOW SAM 4 Forward Skating Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Cocking Horse - One Forward, One Backward, Repeat Twice Fwo-Foot turns - Forward to Backward (Both Directions) Fwo-Foot Hop in Place	Backward Swizzles (2-3 in a row)		
SNOWPLOW SAM 4 Forward Skating	Moving Forward Snowplow Stop (1 or 2 feet)		ā
Forward Skating Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Cocking Horse - One Forward, One Backward, Repeat Twice Fwo-Foot turns - Forward to Backward (Both Directions) Fwo-Foot Hop in Place	Curves		
Advanced One-Foot Glide Backwards Swizzles (4-6 in a row) Rocking Horse - One Forward, One Backward, Repeat Twice Fwo-Foot turns - Forward to Backward (Both Directions) Fwo-Foot Hop in Place	SNOWPLOW SAM 4		
Backwards Swizzles (4-6 in a row) Rocking Horse - One Forward, One Backward, Repeat Twice Two-Foot turns - Forward to Backward (Both Directions) Two-Foot Hop in Place	Forward Skating		
Rocking Horse - One Forward, One Backward, Repeat Twice	Advanced One-Foot Glide		ā
Two-Foot turns - Forward to Backward (Both Directions)	Backwards Swizzles (4-6 in a row)	ō	ō
wo-Foot Hop in Place	Rocking Horse - One Forward, One Backward, Repeat Twice	ō	ā
	Two-Foot turns - Forward to Backward (Both Directions)	ō	ā
	Two-Foot Hop in Place	$\overline{}$	
	Notes:		
	Instructor	:	
			Tabriella Wei



PROGRESS REPORT

Student Name: Isabel Cortez

Class: Basic 2	<u>2 </u>			te:	<u> 20</u>	<u> 24-07-2</u>
BASIC 1	Good	Needs Work	BASIC 3		Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward Strok	ing		
March Forward Across Ice			Forward Pumps on a Circ	cle		
Forward Two-Foot Glide			(Both Directions)			_
Dip			Moving Forward to Backward Two-Foot Turn	ns		
Forward Swizzles (6-8 in a row)			(Both Directions)			
Backwards Wiggles			Beginning Backward One Foot Glides)-		
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Sto (R and L)	р		
★ Bonus: Two-Foot Hop			Forward Slalom			
BASIC 2			★ Bonus: Forward Pivots (Both Directions)	S		
Scooter Pushes			BASIC 4			
Forward One-Foot Glide (R and L)			Forward Outside Edge or	n a		
Backward Two-Foot Glide			Circle (R and L)		ч	
Rocking Horse -		_	Forward Inside Edge on a Circle (R and L)	a		
Forward/Backward Swizzle, (Repeat Twice)	Ч		Forward Crossovers (Bot	th		
Backward Swizzle (6-8 in a row)			Directions) Backward Pumps on a		_	_
Two-foot turns from			Circle (Both Directions)		ч	Ш
Forward to Backward in Place (Both Directions)			Backward One-Foot Glide (R and L)	es		
Moving Snowplow Stop	П		Beginning Two-Foot Spin	1		
	_		★ Bonus: Forward Lunge	es		
★ Bonus: Curves	Ш	Ц			_	
Notes:						

Instructor: SAORI

Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245



LEARN TO SKATE

PROGRESS REPORT

Student Name: Camilla Palencia
Class: Basic 2

Date: 2024-07-20

BASIC 1	Good	Needs Work		BASIC 3	Good	Needs Work
Sit On Ice and Stand Up			-	Beginning Forward Stroking		
March Forward Across Ice				Forward Pumps on a Circle	$\overline{\Box}$	_
Forward Two-Foot Glide				(Both Directions)	_	
Dip				Moving Forward to Backward Two-Foot Turns	П	П
Forward Swizzles (6-8 in a row)				(Both Directions) Beginning Backward One-	_	_
Backwards Wiggles				Foot Glides	ш	
Beginning Snowplow Stop (1 or 2 Feet)				Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop				Forward Slalom		
BASIC 2				★ Bonus: Forward Pivots		
Scooter Pushes			•	(Both Directions) BASIC 4		
Forward One-Foot Glide (R and L)				Forward Outside Edge on a		
Backward Two-Foot Glide				Circle (R and L)		
Rocking Horse -		_		Forward Inside Edge on a Circle (R and L)		
Forward/Backward Swizzle, (Repeat Twice)				Forward Crossovers (Both		
Backward Swizzle (6-8 in a				Directions) Backward Pumps on a	_	_
row) Two-foot turns from				Circle (Both Directions)	ш	Ш
Forward to Backward in Place (Both Directions)				Backward One-Foot Glides (R and L)		
Moving Snowplow Stop	П			Beginning Two-Foot Spin		
	_			★ Bonus: Forward Lunges		
★ Bonus: Curves	Ш	Ш				_
Notes:						

Instructor:	SAOF	₹I
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Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Alvin Yeh

Class: Basic 2	<u> </u>		Dat	e: 20	<u> 24-07-</u>
BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward Stroki	ng 🔲	
March Forward Across Ice			Forward Pumps on a Circ (Both Directions)	le 🔲	
Forward Two-Foot Glide	ᆜ	Ľ	Moving Forward to		
Dip	ш	Ш	Backward Two-Foot Turn	s 🔲	
Forward Swizzles (6-8 in a row)			(Both Directions) Beginning Backward One-	_	_
Backwards Wiggles			Foot Glides	Ш	ш
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)	, <u> </u>	
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots (Both Directions)		
Scooter Pushes			BASIC 4		
Forward One-Foot Glide (R and L)			Forward Outside Edge on	a 🗖	
Backward Two-Foot Glide			Circle (R and L)		
Rocking Horse - Forward/Backward Swizzle,	П	_	Forward Inside Edge on a Circle (R and L)		
(Repeat Twice)	_	ш	Forward Crossovers (Both	¹ П	
Backward Swizzle (6-8 in a row)			Directions) Backward Pumps on a	_	_
Two-foot turns from			Circle (Both Directions)		
Forward to Backward in Place (Both Directions)			Backward One-Foot Glide (R and L)	s 🔲	
Moving Snowplow Stop	П	П	Beginning Two-Foot Spin		
3 ' '	_		★ Bonus: Forward Lunge	s 🔲	
★ Bonus: Curves	Ц	Ц			
Notes:					

Instructor: SAORI

Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245



LEARN TO SKATE

PROGRESS REPORT

Student Name: Ramon Perez

Class: Basic 2

Date: 2024-07-20

BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward Stroking		
March Forward Across Ice			Forward Pumps on a Circle		
Forward Two-Foot Glide			(Both Directions)		_
Dip			Moving Forward to Backward Two-Foot Turns		П
Forward Swizzles (6-8 in a row)			(Both Directions)	_	_
Backwards Wiggles			Beginning Backward One- Foot Glides		
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots (Both Directions)		
Scooter Pushes			BASIC 4		
Forward One-Foot Glide (R			Forward Outside Edge on a		
and L) Backward Two-Foot Glide	_	_	Circle (R and L)		
Rocking Horse -			Forward Inside Edge on a		
Forward/Backward Swizzle,			Circle (R and L)	_	_
(Repeat Twice)		_	Forward Crossovers (Both Directions)		
Backward Swizzle (6-8 in a row)			Backward Pumps on a		_
Two-foot turns from			Circle (Both Directions)	ш	ш
Forward to Backward in Place (Both Directions)			Backward One-Foot Glides (R and L)		
,	_		Beginning Two-Foot Spin		
Moving Snowplow Stop	ч		★ Bonus: Forward Lunges		П
★ Bonus: Curves				_	_

Instructor: SAORI

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Laura Baird

Class: Basic 2

Date: 2024-07-20

BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward Stroking		
March Forward Across Ice			Forward Pumps on a Circle		
Forward Two-Foot Glide			(Both Directions)		_
Dip			Moving Forward to Backward Two-Foot Turns		
Forward Swizzles (6-8 in a row)			(Both Directions)	_	_
Backwards Wiggles			Beginning Backward One- Foot Glides		
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots (Both Directions)		
Scooter Pushes			BASIC 4		
Forward One-Foot Glide (R and L)			Forward Outside Edge on a		
Backward Two-Foot Glide			Circle (R and L)		ч
Rocking Horse - Forward/Backward Swizzle,	П	_	Forward Inside Edge on a Circle (R and L)		
(Repeat Twice)	_		Forward Crossovers (Both		
Backward Swizzle (6-8 in a row)			Directions) Backward Pumps on a		
Two-foot turns from Forward to Backward in	П		Circle (Both Directions) Backward One-Foot Glides	_	_
Place (Both Directions)	_	ч	(R and L)	Ш	Ц
Moving Snowplow Stop	П	П	Beginning Two-Foot Spin		
	_	_	★ Bonus: Forward Lunges		
★ Bonus: Curves	Ц	Ш			
Notes:					
Notes:					

Instructor: SAORI

Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245



LEARN TO SKATE

PROGRESS REPORT

Student Name: Jazmyn Fernandez
Class: Basic 3
Date: 2024-07-20

BASIC 1	Good	Needs Work	BASIC 3		Good	Needs Work
Sit On Ice and Stand Up			Beginning Forw	ard Stroking		
March Forward Across Ice			Forward Pumps			
Forward Two-Foot Glide			(Both Direction	,		_
Dip			Moving Forward Backward Two-			
Forward Swizzles (6-8 in a row)			(Both Direction:	,	_	
Backwards Wiggles			Foot Glides	waru One-	ш	Ш
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snov (R and L)	vplow Stop		
★ Bonus: Two-Foot Hop			Forward Slalon	n		
BASIC 2			★ Bonus: Forw			
Scooter Pushes			(Both Direction:	S)		
Forward One-Foot Glide (R and L)			Forward Outside	le Edge on a		
Backward Two-Foot Glide	П	_	Circle (R and L)	•		
Rocking Horse -	_		Forward Inside	Edge on a		
Forward/Backward Swizzle, (Repeat Twice)			Circle (R and L) Forward Crosso		_	_
Backward Swizzle (6-8 in a	_	_	Directions)			
row)	Ц	ч	Backward Pum Circle (Both Dir	•		
Two-foot turns from Forward to Backward in	П	_	Backward One-	,	_	_
Place (Both Directions)	_	ч	(R and L)	. oor ondoo	ш	ш
Moving Snowplow Stop		П	Beginning Two-	-Foot Spin		
	_	_	★ Bonus: Forw	ard Lunges		
★ Bonus: Curves	Ш	Ш			_	
Notes:						

Instructor: TANYA

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Stella Enger
Class: Basic 3

Date: 2024-07-20

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BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward Stroking	, 🔲	
March Forward Across Ice			Forward Pumps on a Circle	П	
Forward Two-Foot Glide			(Both Directions)	_	_
Dip			Moving Forward to Backward Two-Foot Turns		
Forward Swizzles (6-8 in a row)			(Both Directions) Beginning Backward One-	_	
Backwards Wiggles			Foot Glides		
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots (Both Directions)		
Scooter Pushes			BASIC 4		
Forward One-Foot Glide (R and L)			Forward Outside Edge on a		
Backward Two-Foot Glide			Circle (R and L)		
Rocking Horse - Forward/Backward Swizzle,	П	П	Forward Inside Edge on a Circle (R and L)		
(Repeat Twice)	_	_	Forward Crossovers (Both Directions)		
Backward Swizzle (6-8 in a row)			Backward Pumps on a		
Two-foot turns from	_		Circle (Both Directions) Backward One-Foot Glides	_	_
Forward to Backward in Place (Both Directions)	_	Ш	(R and L)	Ц	Ц
Moving Snowplow Stop			Beginning Two-Foot Spin		
★ Bonus: Curves			★ Bonus: Forward Lunges		
Notes:					

Instructor: TANYA

Skating Director: Gabriella Weissmann

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LEARN TO SKATE

PROGRESS REPORT

tudent Name: Valentina Wu

BASIC 1	Good	Needs Work	BASIC 3	6	Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward	l Stroking		
March Forward Across Ice			Forward Pumps on	a Circle		
Forward Two-Foot Glide			(Both Directions) Moving Forward to			_
Dip			Backward Two-Foo			
Forward Swizzles (6-8 in a row)			(Both Directions) Beginning Backwar	rd One-	_	_
Backwards Wiggles			Foot Glides		ш	ш
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplo (R and L)	ow Stop		
★ Bonus: Two-Foot Hop			Forward Slalom			
BASIC 2			★ Bonus: Forward (Both Directions)	Pivots		
Scooter Pushes			BASIC 4			
Forward One-Foot Glide (R and L)			Forward Outside E	dge on a	_	
Backward Two-Foot Glide			Circle (R and L)		_	
Rocking Horse -			Forward Inside Edg Circle (R and L)	ge on a		
Forward/Backward Swizzle, (Repeat Twice)			Forward Crossover	rs (Both		
Backward Swizzle (6-8 in a			Directions) Backward Pumps of	nn a	_	_
row) Two-foot turns from			Circle (Both Direct		ш	ш
Forward to Backward in Place (Both Directions)			Backward One-Foo (R and L)	ot Glides		
Moving Snowplow Stop	П		Beginning Two-Foo	ot Spin		
			★ Bonus: Forward	Lunges	П	
★ Bonus: Curves						_
Notes:						

Instructor: TANYA

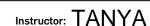
Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Caroline Gillespie

BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up	П	Needs Work	 Beginning Forward Stroking		Needs Work
·	_				
March Forward Across Ice	빞	<u> </u>	Forward Pumps on a Circle (Both Directions)		
Forward Two-Foot Glide	Ľ	<u> </u>	Moving Forward to		
Dip	Ш	ш	Backward Two-Foot Turns		
Forward Swizzles (6-8 in a row)			(Both Directions) Beginning Backward One-	_	-
Backwards Wiggles			Foot Glides	ш	Ш
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots		
Scooter Pushes			(Both Directions)		
Forward One-Foot Glide (R	П		BASIC 4		
and L)	_	_	Forward Outside Edge on a Circle (R and L)		
Backward Two-Foot Glide	ш		Forward Inside Edge on a	_	_
Rocking Horse -	_	_	Circle (R and L)	ч	Ц
Forward/Backward Swizzle, (Repeat Twice)	ч	ш	Forward Crossovers (Both		
Backward Swizzle (6-8 in a	П	п	Directions) Backward Pumps on a	_	<u> </u>
row)	_	_	Circle (Both Directions)		
Two-foot turns from Forward to Backward in			Backward One-Foot Glides		
Place (Both Directions)			(R and L)	_	_
Moving Snowplow Stop			Beginning Two-Foot Spin	Ш	Ц
★ Bonus: Curves	П		★ Bonus: Forward Lunges		
A Bonds. Garves	ш	_			
Notes:					



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LEARN TO SKATE

PROGRESS REPORT

Class: Basic 3

Date: 2024-07-20

BASIC 1	Good	Needs Work		BASIC 3	Good	Needs Work
Sit On Ice and Stand Up				Beginning Forward Stroking		
March Forward Across Ice				Forward Pumps on a Circle		
Forward Two-Foot Glide	<u> </u>			(Both Directions) Moving Forward to		
Dip				Backward Two-Foot Turns		
Forward Swizzles (6-8 in a row)				(Both Directions) Beginning Backward One-	_	_
Backwards Wiggles				Foot Glides	ш	ш
Beginning Snowplow Stop (1 or 2 Feet)				Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop				Forward Slalom		
BASIC 2				★ Bonus: Forward Pivots		
Scooter Pushes				(Both Directions) BASIC 4		
Forward One-Foot Glide (R and L)				Forward Outside Edge on a		
Backward Two-Foot Glide	П			Circle (R and L)		
Rocking Horse -	_			Forward Inside Edge on a		
Forward/Backward Swizzle, (Repeat Twice)				Circle (R and L) Forward Crossovers (Both	П	_ _
Backward Swizzle (6-8 in a	П	П	Directions)		_	_
row) Two-foot turns from	_			Backward Pumps on a Circle (Both Directions)		
Forward to Backward in Place (Both Directions)				Backward One-Foot Glides (R and L)		
,	\neg			Beginning Two-Foot Spin		
Moving Snowplow Stop	ч			★ Bonus: Forward Lunges	П	
★ Bonus: Curves						_
Notes:						

Instructor: TANYA

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Sarai Talavera

Class: Basic 3

Date: 2024-07-20

Good	Needs Work	BASIC	3	Good	Needs Work
		Beginnir	ng Forward Stroking		
			· ·		
		(,	_	_
		5			
			,	_	_
		9	9		
		Forward	l Slalom		
		,	,		
П			•		
_			•		
Ц	Ц	,			
П			•	ч	ш
_	Ш		,	П	
П			•	_	_
_					
П		,		_	\neg
_		(R and L	_)	ч	Ч
П		Beginnin	ng Two-Foot Spin		
ч		★ Bonu	s: Forward Lunges		
				_	_
			Beginnin	Beginning Forward Stroking Forward Pumps on a Circle (Both Directions) Moving Forward to Backward Two-Foot Turns (Both Directions) Beginning Backward One- Foot Glides Backward Snowplow Stop (R and L) Forward Slalom Bonus: Forward Pivots (Both Directions) BASIC 4 Forward Outside Edge on a Circle (R and L) Forward Inside Edge on a	Beginning Forward Stroking Forward Pumps on a Circle (Both Directions) Moving Forward to Backward Two-Foot Turns (Both Directions) Beginning Backward One- Foot Glides Backward Snowplow Stop (R and L) Forward Slalom **Bonus: Forward Pivots (Both Directions) **BASIC 4 Forward Outside Edge on a Circle (R and L) Forward Inside Edge on a Circle (R and L) Forward Crossovers (Both Directions) Backward Pumps on a Circle (Both Directions) Backward One-Foot Glides (R and L) Beginning Two-Foot Spin

Instructor: TANYA

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Student Name: Jasmine Sarmiento
Class: Basic 3

Date: 2024-07-20

BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward Stroking		
March Forward Across Ice			Forward Pumps on a Circle	П	
Forward Two-Foot Glide			(Both Directions)	_	_
Dip			Moving Forward to Backward Two-Foot Turns		
Forward Swizzles (6-8 in a row)			(Both Directions) Beginning Backward One-	_	_
Backwards Wiggles			Foot Glides	ш	Ш
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots		
Scooter Pushes			(Both Directions) BASIC 4		
Forward One-Foot Glide (R and L)			Forward Outside Edge on a		
Backward Two-Foot Glide			Circle (R and L)		
Rocking Horse -	_		Forward Inside Edge on a Circle (R and L)		
Forward/Backward Swizzle, (Repeat Twice)			Forward Crossovers (Both Directions)		
Backward Swizzle (6-8 in a			Backward Pumps on a	_	_
row) Two-foot turns from			Circle (Both Directions)	ш	Ш
Forward to Backward in Place (Both Directions)			Backward One-Foot Glides (R and L)		
Moving Snowplow Stop	П		Beginning Two-Foot Spin		
	_		★ Bonus: Forward Lunges		
★ Bonus: Curves					
Notes:					

Instructor: TANYA

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Violet Gonzalez

Class: Basic 3	3				Date:	20	24-07-2
BASIC 1	Good	Needs Work		BASIC 3		Good	Needs Work
Sit On Ice and Stand Up			-	Beginning Forward St	troking		
March Forward Across Ice				Forward Pumps on a	Circle	П	п
Forward Two-Foot Glide				(Both Directions)			_
Dip				Moving Forward to Backward Two-Foot	Turns	П	
Forward Swizzles (6-8 in a row)				(Both Directions) Beginning Backward		_	_
Backwards Wiggles				Foot Glides	Onc	Ш	ш
Beginning Snowplow Stop (1 or 2 Feet)				Backward Snowplow (R and L)	Stop		
★ Bonus: Two-Foot Hop				Forward Slalom			
BASIC 2				★ Bonus: Forward Pi	vots		
Scooter Pushes				(Both Directions) BASIC 4			
Forward One-Foot Glide (R							
and L) Backward Two-Foot Glide	_	_		Forward Outside Edg Circle (R and L)	e on a		
Rocking Horse -		Ш		Forward Inside Edge	on a	П	П
Forward/Backward Swizzle,				Circle (R and L)	·5 · ·	_	_
(Repeat Twice)		_		Forward Crossovers (Directions)	(Both		
Backward Swizzle (6-8 in a row)				Backward Pumps on	а	П	П
Two-foot turns from				Circle (Both Direction	,	_	_
Forward to Backward in Place (Both Directions)	ш			Backward One-Foot ((R and L)	Glides		
Moving Snowplow Stop		П		Beginning Two-Foot S	Spin		
	_			★ Bonus: Forward Lu	unges		
★ Bonus: Curves							_
Notes:							

Instructor: TANYA

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Student Name: Oliver Gonzalez

Beginning Forward Forward Pumps on (Both Directions) Moving Forward to Backward Two-Foo (Both Directions) Beginning Backwar Foot Glides Backward Snowplo (R and L) Forward Stalom Bonus: Forward (Both Directions) BASIC 4	a Circle ont Turns ont Turns ont Turns ont Stop ont	
(Both Directions) Moving Forward to Backward Two-Foo (Both Directions) Beginning Backwar Foot Glides Backward Snowplo (R and L) Forward Slalom ★ Bonus: Forward (Both Directions)	ot Turns ord One- ow Stop	
Moving Forward to Backward Two-Foo (Both Directions) Beginning Backwar Foot Glides Backward Snowplo (R and L) Forward Slalom ★ Bonus: Forward (Both Directions)	ot Turns	
Backward Two-Foo (Both Directions) Beginning Backwar Foot Glides Backward Snowplo (R and L) Forward Slalom ★ Bonus: Forward (Both Directions)	ot Turns	
Beginning Backwar Foot Glides Backward Snowplo (R and L) Forward Slalom ★ Bonus: Forward (Both Directions)	ow Stop	0
Foot Glides Backward Snowplo (R and L) Forward Slalom Bonus: Forward (Both Directions)	ow Stop	
(R and L) Forward Slalom ★ Bonus: Forward (Both Directions)		_
★ Bonus: Forward (Both Directions)	Pivots	_
(Both Directions)	Pivots	
·		
DAJIC 4		
Forward Outside Ed	dge on a	
Circle (R and L)		
Forward Inside Edg Circle (R and L)	ge on a	
Forward Crossover	rs (Both	
Backward Pumps o		_
Circle (Both Direction	,	_
Backward One-Foo (R and L)	ot Glides	
★ Bonus: Forward	Lunges	
_		
C	Beginning Two-Foo	Beginning Two-Foot Spin ★ Bonus: Forward Lunges

Instructor: TANYA

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Alaia Garcia

Class: Basic	4		Date:	20	<u> 24-07-2</u>
BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward Stroking		
March Forward Across Ice			Forward Pumps on a Circle	П	П
Forward Two-Foot Glide			(Both Directions)		_
Dip			Moving Forward to Backward Two-Foot Turns	П	
Forward Swizzles (6-8 in a row)			(Both Directions) Beginning Backward One-	_	_
Backwards Wiggles			Foot Glides	Ш	ш
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots		
Scooter Pushes			(Both Directions) BASIC 4		
Forward One-Foot Glide (R and L)			Forward Outside Edge on a		
Backward Two-Foot Glide			Circle (R and L)		
Rocking Horse -	_	_	Forward Inside Edge on a Circle (R and L)		
Forward/Backward Swizzle (Repeat Twice)	. 🔲		Forward Crossovers (Both	П	П
Backward Swizzle (6-8 in a	П	П	Directions)	_	_
row)	_	_	Backward Pumps on a Circle (Both Directions)		
Two-foot turns from Forward to Backward in Place (Both Directions)			Backward One-Foot Glides (R and L)		
Moving Snowplow Stop			Beginning Two-Foot Spin		
Moving Snowptow Stop	ч		★ Bonus: Forward Lunges	П	
★ Bonus: Curves				_	_
Notes:					
_					

Instructor: HARRISON

Skating Director: Gabriella Weissmann

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LEARN TO SKATE

PROGRESS REPORT

Student Name: Delilah Hernandez
Class: Basic 4

Date: 2024-07-20

BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward Stroking		
March Forward Across Ice			Forward Pumps on a Circle	П	
Forward Two-Foot Glide			(Both Directions)		_
Dip			Moving Forward to Backward Two-Foot Turns		
Forward Swizzles (6-8 in a row)			(Both Directions)		_
Backwards Wiggles			Beginning Backward One- Foot Glides		
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots		
Scooter Pushes			(Both Directions)		
Forward One-Foot Glide (R	П		BASIC 4		
and L)	_	_	Forward Outside Edge on a Circle (R and L)		
Backward Two-Foot Glide	ч	Ц	Forward Inside Edge on a		
Rocking Horse - Forward/Backward Swizzle,			Circle (R and L)	ш	ч
(Repeat Twice)		_	Forward Crossovers (Both Directions)		
Backward Swizzle (6-8 in a row)			Backward Pumps on a		
Two-foot turns from	_		Circle (Both Directions) Backward One-Foot Glides	_	_
Forward to Backward in Place (Both Directions)			(R and L)	Ц	Ц
Moving Snowplow Stop	П		Beginning Two-Foot Spin		
	_		★ Bonus: Forward Lunges		
★ Bonus: Curves				_	_
Notes:					

Instructor: HARRISON

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Valentina isabel
Class: Basic 4

Date: 2024-07-20

BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up		Needs Work	 Beginning Forward Stroking		TI TI
March Forward Across Ice	$\overline{\Box}$	$\overline{}$	Forward Pumps on a Circle	_	_
Forward Two-Foot Glide	_		(Both Directions)		ш
Dip	ō	ō	Moving Forward to Backward Two-Foot Turns		
Forward Swizzles (6-8 in a row)			(Both Directions)	_	
Backwards Wiggles			Beginning Backward One- Foot Glides		
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots		
Scooter Pushes			(Both Directions) BASIC 4		
Forward One-Foot Glide (R			Forward Outside Edge on a		
and L) Backward Two-Foot Glide	\Box	_	Circle (R and L)		
Rocking Horse -			Forward Inside Edge on a	П	П
Forward/Backward Swizzle, (Repeat Twice)			Circle (R and L) Forward Crossovers (Both	_	_
Backward Swizzle (6-8 in a			Directions)	_	
row)	_		Backward Pumps on a Circle (Both Directions)		
Two-foot turns from Forward to Backward in Place (Both Directions)			Backward One-Foot Glides (R and L)		
,	_	_	Beginning Two-Foot Spin		
Moving Snowplow Stop	ч		★ Bonus: Forward Lunges		П
★ Bonus: Curves				_	_
Notes:					

Instructor: HARRISON

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

<u> auren Mata</u> Student Name: 2024-07-20 Basic 4 Class: Date: BASIC 1 Needs Work BASIC 3 Good Needs Work Good Sit On Ice and Stand Up Beginning Forward Stroking March Forward Across Ice Forward Pumps on a Circle (Both Directions) Forward Two-Foot Glide Moving Forward to Dip Backward Two-Foot Turns Forward Swizzles (6-8 in a (Both Directions) row) Beginning Backward One-Backwards Wiggles Foot Glides Beginning Snowplow Stop Backward Snowplow Stop (R and L) (1 or 2 Feet) ★ Bonus: Two-Foot Hop Forward Slalom ★ Bonus: Forward Pivots BASIC 2 (Both Directions) Scooter Pushes **BASIC 4** Forward One-Foot Glide (R Forward Outside Edge on a and L) Circle (R and L) Backward Two-Foot Glide Forward Inside Edge on a Rocking Horse -Circle (R and L) Forward/Backward Swizzle, Forward Crossovers (Both (Repeat Twice) Directions) Backward Swizzle (6-8 in a Backward Pumps on a row) Circle (Both Directions) Two-foot turns from Backward One-Foot Glides Forward to Backward in (R and L) Place (Both Directions) Beginning Two-Foot Spin Moving Snowplow Stop ★ Bonus: Forward Lunges ★ Bonus: Curves Notes:

Instructor: HARRISON

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Sofia Lozano

Class: Basic 4	4		Date:	20	<u> 24-07-2</u>
BASIC 1	Good	Needs Work	BASIC 3	Good	Needs Work
Sit On Ice and Stand Up			Beginning Forward Stroking		
March Forward Across Ice			Forward Pumps on a Circle	П	
Forward Two-Foot Glide			(Both Directions)	_	_
Dip			Moving Forward to Backward Two-Foot Turns		
Forward Swizzles (6-8 in a row)			(Both Directions) Beginning Backward One-	_	_
Backwards Wiggles			Foot Glides	Ц	ш
Beginning Snowplow Stop (1 or 2 Feet)			Backward Snowplow Stop (R and L)		
★ Bonus: Two-Foot Hop			Forward Slalom		
BASIC 2			★ Bonus: Forward Pivots		
Scooter Pushes			(Both Directions) BASIC 4		
Forward One-Foot Glide (R and L) $$			Forward Outside Edge on a		
Backward Two-Foot Glide			Circle (R and L)	_	
Rocking Horse - Forward/Backward Swizzle,			Forward Inside Edge on a Circle (R and L) Forward Crossovers (Both		
(Repeat Twice) Backward Swizzle (6-8 in a			Directions)		
row)			Backward Pumps on a Circle (Both Directions)		
Two-foot turns from Forward to Backward in Place (Both Directions)			Backward One-Foot Glides (R and L)		
Moving Snowplow Stop	П		Beginning Two-Foot Spin		
Moving Snowptow Stop			★ Bonus: Forward Lunges	П	
★ Bonus: Curves				_	_
Notes:					

Instructor: HARRISON

Skating Director: Gabriella'

555 N Nash Street, El Segundo, CA 90245



PROGRESS REPORT

Katherine Wilson

Class: Basic 4	1			Date	e: <u>2</u>	<u>024-07</u>
BASIC 1	Good	Needs Work	В	ASIC 3	Good	Needs Work
Sit On Ice and Stand Up			В	eginning Forward Strokir	ng 🔲	
March Forward Across Ice				orward Pumps on a Circl	е П	П
Forward Two-Foot Glide			,	oth Directions)		_
Dip				oving Forward to ackward Two-Foot Turns	. П	П
Forward Swizzles (6-8 in a row)			,	oth Directions)	_	_
Backwards Wiggles				oot Glides	Ц	Ш
Beginning Snowplow Stop (1 or 2 Feet)				ackward Snowplow Stop and L)		
★ Bonus: Two-Foot Hop			Fo	orward Slalom		
BASIC 2				Bonus: Forward Pivots		
Scooter Pushes			,	oth Directions)		
Forward One-Foot Glide (R and L)				orward Outside Edge on	a 🖵	
Backward Two-Foot Glide	П			rcle (R and L)	_ _	Ш
Rocking Horse -	_	_		orward Inside Edge on a		
Forward/Backward Swizzle, (Repeat Twice)			Fo	rcle (R and L) orward Crossovers (Both	· 🗖	_
Backward Swizzle (6-8 in a				rections)		
row)	_			ackward Pumps on a rcle (Both Directions)		
Two-foot turns from Forward to Backward in Place (Both Directions)				ackward One-Foot Glides and L)		
Moving Snowplow Stop		\Box	В	eginning Two-Foot Spin		
	_		*	Bonus: Forward Lunges	· 🗖	
★ Bonus: Curves	Ш	Ц				_

HARRISON Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245

Instructor:





PROGRESS REPORT

Student Name: Madeline Abskharon
Class: Snowplow Sam 1
Date: 20

Class: Snowplow Sam 1		Date: 2024	<u>4-07-2</u> 0
LIONS & CUBS	Good	Needs Work	
Sit and Stand Up (off-ice)			
Sit and Stand Up (on-ice)			
March in Place			
March Forward (8-10 steps)			
March and Glide on Two Feet			
Dip in Place			
SNOWPLOW SAM 1			
Sit and Stand Up (Off-Ice)			
Sit and Stand Up (On-Ice)			
March in Place			
March Forward (8-10 Steps)			
March, then glide on two feet			
Dip in Place			
SNOWPLOW SAM 2			
March followed by a long glide			
Dip while Moving			
Backward Walking (4-6 Steps)			
Backwards Wiggles			
Forward Swizzles			
Beginning Snowplow Stop in Motion			
Two-foot Hop, In Place			
Notes:			

Instructor: MAX/DANIELLE

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Good	Needs Work
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Instructor:

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Sophia Martinez

class: Basic 5	Date: 2024-07-2			
BASIC 5	Good	Needs Work		
Backward Outside Edge on a Circle (R and L)				
Backward Inside Edge on a Circle (R and L)				
Backward Crossovers (Both Directions)				
Forward Outside Three-Turns (R and L)				
Advanced Two-Foot Spin				
Hockey Stop (Both Directions)				
★ Bonus: Side Toe Hop (R and L)				
BASIC 6				
Forward Inside Open Mohawk (Both Sides)				
Forward Inside Three-Turn (R and L)				
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)				
Backward Stroking				
Beginning One-Foot Spin				
T-Stops (R and L)				
Forward Spiral on a Straight Line (R and L)				
Bunny Hop				
★ Bonus: Shoot the Duck (R and L)				
Notes:				
Instructor: BFI	ι Λ			

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Student Name: Elinor Suh Class: Basic 5	Date	: 2024-07-2	20
<u> </u>		<u> </u>	
BASIC 5	Good	Needs Work	
Backward Outside Edge on a Circle (R and L)			
Backward Inside Edge on a Circle (R and L)			
Backward Crossovers (Both Directions)			
Forward Outside Three-Turns (R and L)			
Advanced Two-Foot Spin			
Hockey Stop (Both Directions)			
★ Bonus: Side Toe Hop (R and L)			
BASIC 6			
Forward Inside Open Mohawk (Both Sides)			
Forward Inside Three-Turn (R and L)			
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)			
Backward Stroking			
Beginning One-Foot Spin			
T-Stops (R and L)			
Forward Spiral on a Straight Line (R and L)			
Bunny Hop			
★ Bonus: Shoot the Duck (R and L)			
Notes:			

Instructor:	BELLA
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Skating Director: Gabriella Weissmann



PROGRESS REPORT

Class: Basic 5	Date	<u>: 2024-07</u>
BASIC 5	Good	Needs Work
Backward Outside Edge on a Circle (R and L)		
Backward Inside Edge on a Circle (R and L)		
Backward Crossovers (Both Directions)		
Forward Outside Three-Turns (R and L)		
Advanced Two-Foot Spin		
Hockey Stop (Both Directions)		
★ Bonus: Side Toe Hop (R and L)		
BASIC 6		
Forward Inside Open Mohawk (Both Sides)		
Forward Inside Three-Turn (R and L)		
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)		
Backward Stroking		
Beginning One-Foot Spin		
T-Stops (R and L)		
Forward Spiral on a Straight Line (R and L)		
Bunny Hop		
★ Bonus: Shoot the Duck (R and L)		

Instructor:

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Skating Director: Gabriella Weissmann



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PROGRESS REPORT

Student Name: Giulia Coman

Class: Basic 5	Date	<u> 2024-07-</u> 2
BASIC 5	Good	Needs Work
Backward Outside Edge on a Circle (R and L)		
Backward Inside Edge on a Circle (R and L)		
Backward Crossovers (Both Directions)		
Forward Outside Three-Turns (R and L)		
Advanced Two-Foot Spin		
Hockey Stop (Both Directions)		
★ Bonus: Side Toe Hop (R and L)		
BASIC 6		
Forward Inside Open Mohawk (Both Sides)		
Forward Inside Three-Turn (R and L)		
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)		
Backward Stroking		
Beginning One-Foot Spin		
T-Stops (R and L)		
Forward Spiral on a Straight Line (R and L)		
Bunny Hop		
★ Bonus: Shoot the Duck (R and L)		
Notes:		

Instructor:	BELLA	١
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Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Abigail Mross

Class: Basic 6	Date: 2024-07-	
BASIC 5	Good	Needs Work
Backward Outside Edge on a Circle (R and L)		
Backward Inside Edge on a Circle (R and L)		
Backward Crossovers (Both Directions)		
Forward Outside Three-Turns (R and L)		
Advanced Two-Foot Spin		
Hockey Stop (Both Directions)		
★ Bonus: Side Toe Hop (R and L)		
BASIC 6		
Forward Inside Open Mohawk (Both Sides)		
Forward Inside Three-Turn (R and L)		
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)		
Backward Stroking		
Beginning One-Foot Spin		
T-Stops (R and L)		
Forward Spiral on a Straight Line (R and L)		
Bunny Hop		
★ Bonus: Shoot the Duck (R and L)		
Notes:		
DAN		
Instructor: DAN	IIELLI	

Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245



LEARN TO SKATE

PROGRESS REPORT

Student Name: Emelia Abskharon

Basic 6	_ Date	<u> </u>
BASIC 5	Good	Needs Work
Backward Outside Edge on a Circle (R and L)		
Backward Inside Edge on a Circle (R and L)		
Backward Crossovers (Both Directions)		
Forward Outside Three-Turns (R and L)		
Advanced Two-Foot Spin		
Hockey Stop (Both Directions)		
▶ Bonus: Side Toe Hop (R and L)		
BASIC 6		
Forward Inside Open Mohawk (Both Sides)		
Forward Inside Three-Turn (R and L)		
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)		
Backward Stroking		
Beginning One-Foot Spin		
T-Stops (R and L)		
Forward Spiral on a Straight Line (R and L)		
Bunny Hop		
♦ Bonus: Shoot the Duck (R and L)		
lotes:		

Instructor: DANIELLE

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Zoe Covarrubias

Class: Basic 6	Date -	<u> 2024-07-</u>
BASIC 5	Good	Needs Work
Backward Outside Edge on a Circle (R and L)		
Backward Inside Edge on a Circle (R and L)		
Backward Crossovers (Both Directions)		
Forward Outside Three-Turns (R and L)		
Advanced Two-Foot Spin		
Hockey Stop (Both Directions)		
★ Bonus: Side Toe Hop (R and L)		
BASIC 6		
Forward Inside Open Mohawk (Both Sides)		
Forward Inside Three-Turn (R and L)		
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)		
Backward Stroking		
Beginning One-Foot Spin		
T-Stops (R and L)		
Forward Spiral on a Straight Line (R and L)		
Bunny Hop		
★ Bonus: Shoot the Duck (R and L)		
Notes:		
Instructor: DAN	IIELLE	=

Skating Director: Gabriella Weissmann

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LEARN TO SKATE

PROGRESS REPORT

Xyel Haynes Student Name: Basic 6 2024-07-20 Class: Date: BASIC 5 Good Needs Work Backward Outside Edge on a Circle (R and L) Backward Inside Edge on a Circle (R and L) Backward Crossovers (Both Directions) Forward Outside Three-Turns (R and L) Advanced Two-Foot Spin Hockey Stop (Both Directions) ★ Bonus: Side Toe Hop (R and L) BASIC 6 Forward Inside Open Mohawk (Both Sides) Forward Inside Three-Turn (R and L) Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions) **Backward Stroking** Beginning One-Foot Spin T-Stops (R and L) Forward Spiral on a Straight Line (R and L) Bunny Hop ★ Bonus: Shoot the Duck (R and L) Notes:

Instructor:	DAN	IELLE
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Skating Director: Gabriella Weissmann



PROGRESS REPORT

Lynn Eto

Student Name:

Forward Spiral on a Straight Line (R and L)

★ Bonus: Shoot the Duck (R and L)

Bunny Hop

Date: 2024-07-20 Basic 6 Class: BASIC 5 Good Needs Work Backward Outside Edge on a Circle (R and L) Backward Inside Edge on a Circle (R and L) Backward Crossovers (Both Directions) Forward Outside Three-Turns (R and L) Advanced Two-Foot Spin Hockey Stop (Both Directions) ★ Bonus: Side Toe Hop (R and L) BASIC 6 Forward Inside Open Mohawk (Both Sides) Forward Inside Three-Turn (R and L) Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions) **Backward Stroking** Beginning One-Foot Spin T-Stops (R and L)

Notes:			
			_

Instructor: DANIELLE

Skating Director: Gabriella Weissmann

П

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LEARN TO SKATE

PROGRESS REPORT

Student Name: Isabella Delgado

Class: Pre Freeskate	Date: 2024-07-2	
BASIC 5	Good	Needs Work
Backward Outside Edge on a Circle (R and L)		
Backward Inside Edge on a Circle (R and L)		
Backward Crossovers (Both Directions)		
Forward Outside Three-Turns (R and L)		
Advanced Two-Foot Spin		
Hockey Stop (Both Directions)		
★ Bonus: Side Toe Hop (R and L)		
BASIC 6		
Forward Inside Open Mohawk (Both Sides)		
Forward Inside Three-Turn (R and L)		
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)		
Backward Stroking		
Beginning One-Foot Spin		
T-Stops (R and L)		
Forward Spiral on a Straight Line (R and L)		
Bunny Hop		
\bigstar Bonus: Shoot the Duck (R and L)		
Notes:		

Instructor: TANYA

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Zara Goza Student Name: Date: 2024-07-20 Pre Freeskate Class: BASIC 5 Good Needs Work Backward Outside Edge on a Circle (R and L) Backward Inside Edge on a Circle (R and L) Backward Crossovers (Both Directions) Forward Outside Three-Turns (R and L) Advanced Two-Foot Spin Hockey Stop (Both Directions) ★ Bonus: Side Toe Hop (R and L) BASIC 6 Forward Inside Open Mohawk (Both Sides) Forward Inside Three-Turn (R and L) Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions) **Backward Stroking** Beginning One-Foot Spin T-Stops (R and L) Forward Spiral on a Straight Line (R and L) Bunny Hop П ★ Bonus: Shoot the Duck (R and L) Notes:

nstructor:	TANYA
Skating Dire	ctor: Gabriella Weissmann

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Notes:



LEARN TO SKATE

PROGRESS REPORT

Student Name: Paige Haynes

Class: Pre Freeskate

Date: 2024-07-2

BASIC 5	Good	Needs Work
Backward Outside Edge on a Circle (R and L)		
Backward Inside Edge on a Circle (R and L)		
Backward Crossovers (Both Directions)		
Forward Outside Three-Turns (R and L)		
Advanced Two-Foot Spin		
Hockey Stop (Both Directions)		
★ Bonus: Side Toe Hop (R and L)		
BASIC 6		
Forward Inside Open Mohawk (Both Sides)		
Forward Inside Three-Turn (R and L)		
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)		
Backward Stroking		
Beginning One-Foot Spin		
T-Stops (R and L)		
Forward Spiral on a Straight Line (R and L)		
Bunny Hop		
★ Bonus: Shoot the Duck (R and L)		

Instructor:	TANYA	

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Student Name: Mila Umer

Class: Pre Freeskate	Date: 2024-07-2			
BASIC 5	Good	Needs Work		
Backward Outside Edge on a Circle (R and L)				
Backward Inside Edge on a Circle (R and L)				
Backward Crossovers (Both Directions)				
Forward Outside Three-Turns (R and L)				
Advanced Two-Foot Spin				
Hockey Stop (Both Directions)				
★ Bonus: Side Toe Hop (R and L)				
BASIC 6				
Forward Inside Open Mohawk (Both Sides)				
Forward Inside Three-Turn (R and L)				
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)				
Backward Stroking				
Beginning One-Foot Spin				
T-Stops (R and L)				
Forward Spiral on a Straight Line (R and L)				
Bunny Hop				
★ Bonus: Shoot the Duck (R and L)				
Notes:				
Instructor: TAN	ΥA			
Skating Director: \mathcal{G}_a		Weissmann		

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LEARN TO SKATE

PROGRESS REPORT

Class:	Date	:
BASIC 5	Good	Needs Work
Backward Outside Edge on a Circle (R and L)		
Backward Inside Edge on a Circle (R and L)		
Backward Crossovers (Both Directions)		
Forward Outside Three-Turns (R and L)		
Advanced Two-Foot Spin		
Hockey Stop (Both Directions)		
★ Bonus: Side Toe Hop (R and L)		
BASIC 6		
Forward Inside Open Mohawk (Both Sides)		
Forward Inside Three-Turn (R and L)		
Moving Backward to Forward Two-Foot Turn on a Circle (Both Directions)		
Backward Stroking		
Beginning One-Foot Spin		
T-Stops (R and L)		

Notes:	

Forward Spiral on a Straight Line (R and L)

★ Bonus: Shoot the Duck (R and L)

Bunny Hop

Instructor:

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Valentina Amosa-Levy

			<i></i>
Class:	Freeskate 1	Date: 2024	-07-20

PRE-FREESKATE

PRE-FREESKATE	Good	Needs Work	FREESKA	TE 1	Good	Needs Work
Backward Crossovers to a Backward Outside Edge			Forward Po (Both Direct	ower Stroking ctions)		
Glide (Both Directions) Backward Outside Edge to			Basic Forw Inside Edge	vard Outside and es (4-6)		
Forward Outside Edge Transition on a Circle (R and L)			Backward Turns (R a	Outside Three- nd L)		
Two Forward Crossovers into a forward inside				in, Entry from Crossovers (4 s)		
mohawk, step down and cross behind, step into one	_	_	Half Flip	,		
backward crossover and	Ш	ч	Toe Loop			
step to a forward inside edge, repeat three times both directions				Waltz Jump - p Sequence		
One-Foot Upright Spin (3			FREESKA	TE 2		
Revolutions)	_			g forward outside spirals (2 Sets)		
Mazurka (R and L) Waltz Jump				ward Outside Edges (4-6)		
★ Bonus: Backward Inside Pivots (Both Directions)		_	Backward Turns (R a	Inside Three- nd L)		
,			Beginning Revolution	Back Spin (1-2 s)		
			Half Lutz			
			Salchow			
				Variation of a iral, Skater's		
Notes:						
			nstructor: MA	X		
			Skating Director:	Gabriella	r We	: issmann



PROGRESS REPORT

Verneque Thomas

class: Freeska	ate	1	Date	: 20	24-07-2											
PRE-FREESKATE	Good	Needs Work	FREESKATE 1	Good	Needs Work											
Backward Crossovers to a Backward Outside Edge			Forward Power Stroking (Both Directions)													
Glide (Both Directions) Backward Outside Edge to			Basic Forward Outside and Inside Edges (4-6)													
Forward Outside Edge Transition on a Circle (R and L)			Backward Outside Three- Turns (R and L)													
Two Forward Crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and			Upright Spin, Entry from Backward Crossovers (4 Revolutions)													
	П		Half Flip													
	_		Toe Loop													
step to a forward inside edge, repeat three times both directions			★ Bonus: Waltz Jump - Waltz Jump Sequence													
One-Foot Upright Spin (3	П	П	FREESKATE 2													
Revolutions)	_	_	Alternating forward outsid	е												
Mazurka (R and L)			and inside spirals (2 Sets) Basic Backward Outside	_	_											
Waltz Jump			and Inside Edges (4-6)	ш	Ш											
★ Bonus: Backward Inside Pivots (Both Directions)			Backward Inside Three- Turns (R and L)													
														Beginning Back Spin (1-2 Revolutions)		
			Half Lutz	□												
			Salchow													
			★ Bonus: Variation of a forward spiral, Skater's choice													
Notes:																

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Stella Palencia

Good Needs Work

PRE-FREESKATE

Class:	Freeskate 1	Date: 2024-07-20

FREESKATE 1

Good

Needs Work

Backward Crossovers to a Backward Outside Edge				Forward Power Stroking (Both Directions)		
Glide (Both Directions) Backward Outside Edge to				Basic Forward Outside and Inside Edges (4-6)		
Forward Outside Edge Transition on a Circle (R and L)				Backward Outside Three- Turns (R and L)		
Two Forward Crossovers into a forward inside				Upright Spin, Entry from Backward Crossovers (4 Revolutions)		
mohawk, step down and cross behind, step into one				Half Flip		
backward crossover and	ш	_		Toe Loop		
step to a forward inside edge, repeat three times both directions				★ Bonus: Waltz Jump - Waltz Jump Sequence		
One-Foot Upright Spin (3				FREESKATE 2		
Revolutions)				Alternating forward outside and inside spirals (2 Sets)		
Mazurka (R and L) Waltz Jump				Basic Backward Outside and Inside Edges (4-6)		
★ Bonus: Backward Inside Pivots (Both Directions)				Backward Inside Three- Turns (R and L)		
				Beginning Back Spin (1-2 Revolutions)		
				Half Lutz		
				Salchow		
				★ Bonus: Variation of a forward spiral, Skater's choice		
Notes:						
			Instructo	or: MAX		
			Skating	Director: <i>Gabriella</i>	Weise	smann



LEARN TO SKATE

PROGRESS REPORT

tudent Name: Isabelle Suh

Class: Freeska	ate	1	Da	te: 20	24-07-
PRE-FREESKATE	Good	Needs Work	FREESKATE 1	Good	Needs Work
Backward Crossovers to a Backward Outside Edge			Forward Power Stroking (Both Directions)		
Glide (Both Directions) Backward Outside Edge to			Basic Forward Outside a Inside Edges (4-6)	nd 🔲	
Forward Outside Edge Transition on a Circle (R and L)			Backward Outside Three Turns (R and L)		
Two Forward Crossovers into a forward inside			Upright Spin, Entry from Backward Crossovers (4 Revolutions)		
mohawk, step down and cross behind, step into one		П	Half Flip		
backward crossover and	_		Toe Loop		
step to a forward inside edge, repeat three times both directions			★ Bonus: Waltz Jump - Waltz Jump Sequence		
One-Foot Upright Spin (3	П	П	FREESKATE 2		
Revolutions)	_	_	Alternating forward outs and inside spirals (2 Sets		
Mazurka (R and L)			Basic Backward Outside	-) — —	_
Waltz Jump			and Inside Edges (4-6)	ш	Ш
★ Bonus: Backward Inside Pivots (Both Directions)			Backward Inside Three- Turns (R and L)		
			Beginning Back Spin (1-2 Revolutions)		
			Half Lutz		
			Salchow		
			★ Bonus: Variation of a forward spiral, Skater's choice		
Notes:					

Instructor: MAX

Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Kiara Barrientos

Good Needs Work

PRE-FREESKATE

Class:	Freeskate 1	Date: 2024-07-20

FREESKATE 1

Good Needs Work

Backward Crossovers to a Backward Outside Edge				Forward Power Stroking (Both Directions)		
Glide (Both Directions) Backward Outside Edge to				Basic Forward Outside and Inside Edges (4-6)		
Forward Outside Edge Transition on a Circle (R and L)				Backward Outside Three- Turns (R and L)		
Two Forward Crossovers into a forward inside				Upright Spin, Entry from Backward Crossovers (4 Revolutions)		
mohawk, step down and cross behind, step into one	_	_		Half Flip		
backward crossover and	ч	ч		Toe Loop		
step to a forward inside edge, repeat three times both directions				★ Bonus: Waltz Jump - Waltz Jump Sequence		
One-Foot Upright Spin (3				FREESKATE 2		
Revolutions)	_	_		Alternating forward outside and inside spirals (2 Sets)		
Mazurka (R and L) Waltz Jump				Basic Backward Outside and Inside Edges (4-6)		
★ Bonus: Backward Inside Pivots (Both Directions)	_			Backward Inside Three- Turns (R and L)		
,				Beginning Back Spin (1-2 Revolutions)		
				Half Lutz		
				Salchow		
				★ Bonus: Variation of a forward spiral, Skater's choice		
Notes:						
					•	
			Instruct	or: MAX		
			Skating	Director: Gabriella	Wei	issmann



LEARN TO SKATE

PROGRESS REPORT

Leila Barrientos

Class: Freeska	ite	1		Date: 20	24-07-
PRE-FREESKATE	Good	Needs Work	FREESKATE 1	Good	Needs Work
Backward Crossovers to a Backward Outside Edge			Forward Power Stro (Both Directions)	oking	
Glide (Both Directions) Backward Outside Edge to			Basic Forward Outsi Inside Edges (4-6)	ide and \square	
Forward Outside Edge Transition on a Circle (R and L)			Backward Outside T Turns (R and L)	hree-	
Two Forward Crossovers into a forward inside			Upright Spin, Entry f Backward Crossove Revolutions)		
mohawk, step down and cross behind, step into one	_	_	Half Flip		
backward crossover and	Ч	ш	Toe Loop		
step to a forward inside edge, repeat three times both directions			★ Bonus: Waltz Jur Waltz Jump Sequen	·	
One-Foot Upright Spin (3			FREESKATE 2		
Revolutions)	_		Alternating forward and inside spirals (2		
Mazurka (R and L)	Ц	Ц	Basic Backward Out	side	
Waltz Jump			and Inside Edges (4-	•	
★ Bonus: Backward Inside Pivots (Both Directions)			Backward Inside The Turns (R and L)	ree-	
			Beginning Back Spin Revolutions)	1 (1-2	
			Half Lutz		
			Salchow		
			★ Bonus: Variation of forward spiral, Skate choice		
Notes:					

Instructor: MAX

Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245



PROGRESS REPORT

Talani Batiste

Class:	Freeskate 2	Date: 2024-07-20

PRE-FREESKATE	Good	Needs Work		FREESKATE 1	Good	Needs Work
Backward Crossovers to a Backward Outside Edge				Forward Power Stroking (Both Directions)		
Glide (Both Directions) Backward Outside Edge to				Basic Forward Outside and Inside Edges (4-6)		
Forward Outside Edge Transition on a Circle (R and L)				Backward Outside Three- Turns (R and L)		
Two Forward Crossovers into a forward inside				Upright Spin, Entry from Backward Crossovers (4 Revolutions)		
mohawk, step down and cross behind, step into one	_	_		Half Flip		
backward crossover and	Ч	ш		Toe Loop		
step to a forward inside edge, repeat three times both directions				★ Bonus: Waltz Jump - Waltz Jump Sequence		
One-Foot Upright Spin (3				FREESKATE 2		
Revolutions)	_			Alternating forward outside and inside spirals (2 Sets)		
Mazurka (R and L) Waltz Jump				Basic Backward Outside and Inside Edges (4-6)		
★ Bonus: Backward Inside Pivots (Both Directions)	_			Backward Inside Three- Turns (R and L)		
				Beginning Back Spin (1-2 Revolutions)		
				Half Lutz		
				Salchow		
				★ Bonus: Variation of a forward spiral, Skater's choice		
Notes:						
					N I	



Skating Director: Gabriella Weissmann

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PROGRESS REPORT

Nicoletta Pelonis

PRE-FREESKATE	Good	Needs Work		FREESKATE 1	Good	Needs Work
Backward Crossovers to a Backward Outside Edge				Forward Power Stroking (Both Directions)		
Glide (Both Directions) Backward Outside Edge to				Basic Forward Outside a Inside Edges (4-6)	ind 🔲	
Forward Outside Edge Transition on a Circle (R and L)				Backward Outside Three Turns (R and L)	· 🗖	
Two Forward Crossovers into a forward inside				Upright Spin, Entry from Backward Crossovers (4 Revolutions)		
mohawk, step down and cross behind, step into one	_			Half Flip		
backward crossover and	Ч	ч ч		Toe Loop		
step to a forward inside edge, repeat three times both directions				★ Bonus: Waltz Jump - Waltz Jump Sequence		
One-Foot Upright Spin (3				FREESKATE 2		
Revolutions)	_			Alternating forward outs and inside spirals (2 Sets		
Mazurka (R and L)	Ц	ч	Basic Backward Outs			П
Waltz Jump				and Inside Edges (4-6)		
★ Bonus: Backward Inside Pivots (Both Directions)				Backward Inside Three- Turns (R and L)		
				Beginning Back Spin (1-2 Revolutions)	² 🔲	
				Half Lutz		
				Salchow		
				★ Bonus: Variation of a forward spiral, Skater's choice		
Notes:						

Instructor: HARRISON

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Samantha Hermosillo

^{Class:} Freesk	<u>(ate</u>	: 2		Date:	20	<u> 24-07-2</u>
PRE-FREESKATE	Good	Needs Work	FREESKATE 1		Good	Needs Work
Backward Crossovers to a Backward Outside Edge			 Forward Power Stroki (Both Directions)	ing		
Glide (Both Directions) Backward Outside Edge to			Basic Forward Outside Inside Edges (4-6)	e and		
Forward Outside Edge Transition on a Circle (R and L)			Backward Outside The Turns (R and L)			
Two Forward Crossovers into a forward inside			Upright Spin, Entry from Backward Crossovers Revolutions)			
mohawk, step down and cross behind, step into one	_	_	Half Flip			
backward crossover and	Ц	Ш	Toe Loop			
step to a forward inside edge, repeat three times both directions			★ Bonus: Waltz Jump Waltz Jump Sequence			
One-Foot Upright Spin (3			FREESKATE 2			
Revolutions)		Ц	Alternating forward o			П
Mazurka (R and L)			and inside spirals (2 S Basic Backward Outsi		_	_
Waltz Jump			and Inside Edges (4-6			
★ Bonus: Backward Inside Pivots (Both Directions)			Backward Inside Thre Turns (R and L)	e-		
			Beginning Back Spin (Revolutions)	1-2		
			Half Lutz			
			Salchow			
			★ Bonus: Variation of forward spiral, Skater choice			
Notes:						



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PROGRESS REPORT

tudent Name: Mia Sangrey

PRE-FREESKATE	Good	Needs Work	FREESKATE 1	Good	Needs Work
Backward Crossovers to a Backward Outside Edge			Forward Power Stroking (Both Directions)		
Glide (Both Directions) Backward Outside Edge to			Basic Forward Outside a Inside Edges (4-6)	nd 🔲	
Forward Outside Edge Transition on a Circle (R and L)			Backward Outside Three Turns (R and L)	ч	
Two Forward Crossovers into a forward inside			Upright Spin, Entry from Backward Crossovers (4 Revolutions)		
mohawk, step down and cross behind, step into one	_		Half Flip		
backward crossover and	Ч	Ц	Toe Loop		
step to a forward inside edge, repeat three times both directions			★ Bonus: Waltz Jump - Waltz Jump Sequence		
One-Foot Upright Spin (3			FREESKATE 2		
Revolutions)	ш	ч	Alternating forward outs		
Mazurka (R and L)			and inside spirals (2 Sets Basic Backward Outside		_
Waltz Jump			and Inside Edges (4-6)		
★ Bonus: Backward Inside Pivots (Both Directions)			Backward Inside Three- Turns (R and L)		
			Beginning Back Spin (1-2 Revolutions)		
			Half Lutz		
			Salchow		
			★ Bonus: Variation of a forward spiral, Skater's choice		
Notes:					

Instructor: HARRISON

Skating Director: Gabriella Weissmann

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Instructor: HARRISON

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Georgia Souza Moreira

FREESKATE 3	Good	Needs Work	FREESKATE 5	Good	Needs Work
Alternating Backward Crossovers to Back Outside Edges (4 Sets)		□	Backward Outside Three- Turn, Mohawk (Both Directions)		Treeds Work
Alternating Mohawk/Crossover Sequence (Both Sides)			Five-Step Mohawk Sequence (Both Directions)		
Waltz Three-Turns (Forward Outside Three- Turn, Back Outside Edge Glide) (Both Directions)		٥	Camel Spin (3 Revolutions) Waltz Jump-Loop Jump Combination		
Advanced Back Spin with free foot in crossed leg position (3 Revolutions)			Lutz Jump ★ Bonus: Loop-loop combo)	
Loop Jump					
Waltz Jump-Toe Loop or Salchow-Toe Loop			FREESKATE 6 Forward Power Pulls (R and	t	
★ Bonus: Toe Step Sequence, Skater's choice			L) Choreographic Step Sequence, Variety of Three	_	
FREESKATE 4			Turns, Mohawks, and Toe		
Forward Power Three- Turns (3 Sets) (R and L)			Steps		
Waltz Eight			Camel Sit-Spin Combo (2 Revolutions Each)		
Forward Upright Spin to Backward Upright Spin (3			Layback, attitude or cross foot spin (3 Revolutions)		
Revolutions each)	_		Waltz Jump-Euler-Salchov	1	
Sit Spin (3 Revolutions)			Jump		
Half Loop			Beginning Axel ★ Bonus: Backward Outsid	•	
Flip			Pivot	е	
★ Bonus: Split Jump/Falling Leaf/Stag					
Notes:					



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PROGRESS REPORT

Student Name: Emily Martinez

Class: Freeskate 4

Date: 2024-07-20

1 100010		•	-		
FREESKATE 3	Good	Needs Work	FREESKATE 5	Good	Needs Work
Alternating Backward Crossovers to Back Outside Edges (4 Sets)			Backward Outside Thr Turn, Mohawk (Both Directions)	ree-	
Alternating Mohawk/Crossover Sequence (Both Sides)			Five-Step Mohawk Ser (Both Directions)		
Waltz Three-Turns (Forward Outside Three- Turn, Back Outside Edge Glide) (Both Directions)		<u> </u>	Camel Spin (3 Revolute Waltz Jump-Loop Jur Combination	,	
Advanced Back Spin with free foot in crossed leg position (3 Revolutions)			Lutz Jump ★ Bonus: Loop-loop o	ombo	
Loop Jump					
Waltz Jump-Toe Loop or Salchow-Toe Loop			FREESKATE 6 Forward Power Pulls	(R and	
★ Bonus: Toe Step Sequence, Skater's choice FREESKATE 4			L) Choreographic Step Sequence, Variety of T		
Forward Power Three- Turns (3 Sets) (R and L)			Turns, Mohawks, and Steps		
Waltz Eight			Camel Sit-Spin Combo Revolutions Each)	o (2	
Forward Upright Spin to Backward Upright Spin (3			Layback, attitude or confoot spin (3 Revolution		
Revolutions each)			Waltz Jump-Euler-Sa Jump	lchow	
Sit Spin (3 Revolutions)			·		
Half Loop			Beginning Axel		
Flip			★ Bonus: Backward C Pivot	Outside	
★ Bonus: Split Jump/Falling Leaf/Stag					
Notes:					

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Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Yaretzi Garcia

class: Freeska	te 4	1	<u> </u>	<u> </u>	Date:	20	24-07-
FREESKATE 3	Good	Needs Work	F	REESKATE 5		Good	Needs Work
Alternating Backward Crossovers to Back Outside Edges (4 Sets)			T	ackward Outside T urn, Mohawk (Both irections)			
Alternating Mohawk/Crossover Sequence (Both Sides)			(E	ve-Step Mohawk S Both Directions)	·		
Waltz Three-Turns (Forward Outside Three- Turn, Back Outside Edge Glide) (Both Directions)	0	٥	W	amel Spin (3 Revol altz Jump-Loop Jombination	,		
Advanced Back Spin with free foot in crossed leg position (3 Revolutions)				utz Jump r Bonus: Loop-loop	combo		
Loop Jump							
Waltz Jump-Toe Loop or Salchow-Toe Loop				reeskate 6 orward Power Pull	s (R and		
★ Bonus: Toe Step Sequence, Skater's choice				horeographic Step equence, Variety of			
FREESKATE 4 Forward Power Three-			. Т	urns, Mohawks, an			
Turns (3 Sets) (R and L)				teps amel Sit-Spin Com	ho (2		
Waltz Eight				evolutions Each)	100 (2		
Forward Upright Spin to Backward Upright Spin (3				ayback, attitude or oot spin (3 Revoluti			
Revolutions each)	_	_		/altz Jump-Euler-S ump	Salchow		
Sit Spin (3 Revolutions)	ш	<u> </u>		eginning Axel			
Half Loop				r Bonus: Backward	Outside		
Flip				ivot	_ 4.0.40		
★ Bonus: Split Jump/Falling Leaf/Stag							
Notes:							



LEARN TO SKATE

PROGRESS REPORT

Student Name: Quinn Lawton

Class: Freeskate 4

Date: 2024-07-20

FREESKATE 3	Good	Needs Work	FREESKATE 5 Good Needs Work
Alternating Backward Crossovers to Back Outside Edges (4 Sets)			Backward Outside Three- Turn, Mohawk (Both Directions)
Alternating Mohawk/Crossover Sequence (Both Sides)			Five-Step Mohawk Sequence (Both Directions)
Waltz Three-Turns (Forward Outside Three- Turn, Back Outside Edge Glide) (Both Directions)	0	٥	Camel Spin (3 Revolutions) Waltz Jump-Loop Jump Combination
Advanced Back Spin with free foot in crossed leg position (3 Revolutions)			Lutz Jump ★ Bonus: Loop-loop combo
Loop Jump			FREESKATE 6
Waltz Jump-Toe Loop or Salchow-Toe Loop			Forward Power Pulls (R and
★ Bonus: Toe Step Sequence, Skater's choice FREESKATE 4			L) Choreographic Step Sequence, Variety of Three-
Forward Power Three- Turns (3 Sets) (R and L)			Turns, Mohawks, and Toe Steps
Waltz Eight			Camel Sit-Spin Combo (2 Revolutions Each)
Forward Upright Spin to Backward Upright Spin (3			Layback, attitude or cross foot spin (3 Revolutions)
Revolutions each) Sit Spin (3 Revolutions)		_	Waltz Jump-Euler-Salchow Jump
	닢		Beginning Axel
Half Loop Flip	6		★ Bonus: Backward Outside Pivot
★ Bonus: Split Jump/Falling Leaf/Stag			
Notes:			

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Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245

Instructor: DIMITRA

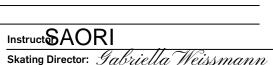
Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Macy Dickson

^{Class:} Freeska	<u>เษ เ</u>)	Date: 2024-07
FREESKATE 3	Good	Needs Work	FREESKATE 5 Good Needs Wo
Alternating Backward Crossovers to Back Outside Edges (4 Sets)			Backward Outside Three- Turn, Mohawk (Both Directions)
Alternating Mohawk/Crossover Sequence (Both Sides)			Five-Step Mohawk Sequence (Both Directions)
Waltz Three-Turns (Forward Outside Three- Turn, Back Outside Edge Glide) (Both Directions)	<u> </u>	٥	Camel Spin (3 Revolutions) Waltz Jump-Loop Jump Combination
Advanced Back Spin with free foot in crossed leg position (3 Revolutions)			Lutz Jump ★ Bonus: Loop-loop combo
Loop Jump			FREESKATE 6
Waltz Jump-Toe Loop or Salchow-Toe Loop			Forward Power Pulls (R and
★ Bonus: Toe Step Sequence, Skater's choice			L) Choreographic Step
FREESKATE 4			Sequence, Variety of Three- Turns, Mohawks, and Toe
Forward Power Three- Turns (3 Sets) (R and L)			Steps Camel Sit-Spin Combo (2
Waltz Eight			Revolutions Each)
Forward Upright Spin to Backward Upright Spin (3			Layback, attitude or cross foot spin (3 Revolutions)
Revolutions each)			Waltz Jump-Euler-Salchow
Sit Spin (3 Revolutions)			Jump Positration Aval
Half Loop			Beginning Axel ★ Bonus: Backward Outside
Flip			₩ Bonus: Backward Outside Pivot
★ Bonus: Split Jump/Falling Leaf/Stag			
Notes:			



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LEARN TO SKATE

PROGRESS REPORT

Student Name: Sebastian Martinez
Class: Freeskate 6

Date: 2024-07-20

FREESKATE 3	Good	Needs Work	FREESKATE 5 Good Needs Work
Alternating Backward Crossovers to Back Outside Edges (4 Sets)			Backward Outside Three- Turn, Mohawk (Both Directions)
Alternating Mohawk/Crossover Sequence (Both Sides)			Five-Step Mohawk Sequence (Both Directions)
Waltz Three-Turns (Forward Outside Three- Turn, Back Outside Edge Glide) (Both Directions)	<u> </u>	0	Camel Spin (3 Revolutions) Waltz Jump-Loop Jump Combination
Advanced Back Spin with free foot in crossed leg	П	П	Lutz Jump
position (3 Revolutions)	_		★ Bonus: Loop-loop combo
Loop Jump			FREESKATE 6
Waltz Jump-Toe Loop or Salchow-Toe Loop			Forward Power Pulls (R and
★ Bonus: Toe Step Sequence, Skater's choice			L) Choreographic Step
FREESKATE 4			Sequence, Variety of Three- Turns, Mohawks, and Toe
Forward Power Three- Turns (3 Sets) (R and L)			Steps
Waltz Eight			Camel Sit-Spin Combo (2 Revolutions Each)
Forward Upright Spin to Backward Upright Spin (3			Layback, attitude or cross foot spin (3 Revolutions)
Revolutions each)			Waltz Jump-Euler-Salchow
Sit Spin (3 Revolutions)			Jump
Half Loop			Beginning Axel
Flip			★ Bonus: Backward Outside Pivot
★ Bonus: Split Jump/Falling Leaf/Stag			
Notes:			

Instructor: SAORI

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Yatziri Garcia

FREESKATE 3	Good	Needs Work	FREESKATE 5	Good	Needs Work
Alternating Backward Crossovers to Back Outside Edges (4 Sets)			Backward Outside Thre Turn, Mohawk (Both Directions)	e-	
Alternating Mohawk/Crossover			Five-Step Mohawk Sequ (Both Directions)		
Sequence (Both Sides) Waltz Three-Turns (Forward Outside Three-Turn, Back Outside Edge Glide) (Both Directions)	<u> </u>	<u> </u>	Camel Spin (3 Revolution Waltz Jump-Loop Jum Combination	·	
Advanced Back Spin with free foot in crossed leg position (3 Revolutions)			Lutz Jump ★ Bonus: Loop-loop co	mbo	
Loop Jump					
Waltz Jump-Toe Loop or Salchow-Toe Loop			FREESKATE 6 Forward Power Pulls (F	R and	
★ Bonus: Toe Step Sequence, Skater's choice FREESKATE 4			L) Choreographic Step Sequence, Variety of Th Turns, Mohawks, and T		
Forward Power Three- Turns (3 Sets) (R and L)			Steps		
Waltz Eight			Camel Sit-Spin Combo Revolutions Each)	(2	
Forward Upright Spin to Backward Upright Spin (3			Layback, attitude or cro foot spin (3 Revolutions		
Revolutions each)		_	Waltz Jump-Euler-Salo	chow	
Sit Spin (3 Revolutions)			Jump Beginning Axel		
Half Loop			★ Bonus: Backward Ou	ıtside	
Flip			Pivot		
★ Bonus: Split Jump/Falling Leaf/Stag					
Notes:					

InstructSAORI

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Skating Director: Gabriella Weissmann



PROGRESS REPORT

Amelia Villafranca Student Name: Class: Freeskate 6

FREESKATE 3	Good	Needs Work	FREESKATE 5	Good	Needs Work
Alternating Backward Crossovers to Back Outside Edges (4 Sets)			Backward Outside Three- Turn, Mohawk (Both Directions)		
Alternating Mohawk/Crossover Sequence (Both Sides)			Five-Step Mohawk Sequence (Both Directions)		
Waltz Three-Turns (Forward Outside Three- Turn, Back Outside Edge Glide) (Both Directions)	<u> </u>	0	Camel Spin (3 Revolutions) Waltz Jump-Loop Jump Combination		
Advanced Back Spin with free foot in crossed leg			Lutz Jump		
position (3 Revolutions)	_	_	★ Bonus: Loop-loop combo	0	
Loop Jump	Ч		FREESKATE 6		
Waltz Jump-Toe Loop or Salchow-Toe Loop			Forward Power Pulls (R an	d	
★ Bonus: Toe Step Sequence, Skater's choice			L) Choreographic Step		
FREESKATE 4			Sequence, Variety of Three Turns, Mohawks, and Toe	-	
Forward Power Three- Turns (3 Sets) (R and L)			Steps		
Waltz Eight			Camel Sit-Spin Combo (2 Revolutions Each)		
Forward Upright Spin to Backward Upright Spin (3	П	П	Layback, attitude or cross foot spin (3 Revolutions)		
Revolutions each)	_		Waltz Jump-Euler-Salchov	v	
Sit Spin (3 Revolutions)			Jump		
Half Loop			Beginning Axel		
Flip			★ Bonus: Backward Outsic Pivot	ie	
★ Bonus: Split Jump/Falling Leaf/Stag					



Skating Director: Gabriella Weissmann





PROGRESS REPORT

Student Name: Kendall Yu

FREESKATE 3	Good	Needs Work	FREESKATE 5	Good	Needs Worl
Alternating Backward Crossovers to Back Outside Edges (4 Sets)		<u> </u>	Backward Outside Three Turn, Mohawk (Both Directions))-	
Alternating Mohawk/Crossover Sequence (Both Sides)			Five-Step Mohawk Seque (Both Directions)		
Waltz Three-Turns (Forward Outside Three- Turn, Back Outside Edge Glide) (Both Directions)	<u> </u>	<u> </u>	Camel Spin (3 Revolution Waltz Jump-Loop Jump Combination	,	
Advanced Back Spin with iree foot in crossed leg position (3 Revolutions)			Lutz Jump ★ Bonus: Loop-loop con	nbo	
Loop Jump					
Waltz Jump-Toe Loop or Salchow-Toe Loop			FREESKATE 6 Forward Power Pulls (R	and	
★ Bonus: Toe Step Sequence, Skater's choice			L) Choreographic Step		
FREESKATE 4			Sequence, Variety of Thr Turns, Mohawks, and To		
Forward Power Three- Turns (3 Sets) (R and L)			Steps Camel Sit-Spin Combo (:		
Waltz Eight			Revolutions Each)	Z	
Forward Upright Spin to Backward Upright Spin (3			Layback, attitude or cros foot spin (3 Revolutions)		
Revolutions each)		_	Waltz Jump-Euler-Salch	now	
Sit Spin (3 Revolutions)			Jump		
Half Loop			Beginning Axel ★ Bonus: Backward Out	side	
Flip			Pivot	JIUC	
★ Bonus: Split Jump/Falling Leaf/Stag					
Notes:					



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PROGRESS REPORT

FREESKATE 3 Alternating Backward				ite:	
Alternating Backward	Good	Needs Work	FREESKATE 5	Good	Needs Work
Crossovers to Back Outside Edges (4 Sets)		0	Backward Outside Three Turn, Mohawk (Both Directions)	<u>-</u>	
Alternating Mohawk/Crossover Sequence (Both Sides)			Five-Step Mohawk Sequ (Both Directions)		
Waltz Three-Turns (Forward Outside Three- Turn, Back Outside Edge (Glide) (Both Directions)	0	0	Camel Spin (3 Revolution Waltz Jump-Loop Jump Combination	,	
Advanced Back Spin with free foot in crossed leg position (3 Revolutions)			Lutz Jump ★ Bonus: Loop-loop cor	nbo	
Loop Jump			FREESKATE 6		
Waltz Jump-Toe Loop or Salchow-Toe Loop			Forward Power Pulls (R	and	
★ Bonus: Toe Step Sequence, Skater's choice FREESKATE 4			L) Choreographic Step Sequence, Variety of The Turns, Mohawks, and To		
Forward Power Three- Turns (3 Sets) (R and L)			Steps		
Waltz Eight			Camel Sit-Spin Combo (Revolutions Each)	2	
Forward Upright Spin to Backward Upright Spin (3			Layback, attitude or crost foot spin (3 Revolutions)		
Revolutions each)		_	Waltz Jump-Euler-Salc	now	
Sit Spin (3 Revolutions)			Jump Beginning Axel		
Half Loop			★ Bonus: Backward Out	side	
Flip			Pivot		
★ Bonus: Split Jump/Falling Leaf/Stag					

Instruct SAO	
Skating Director:	Gabriella Weissmann



SKATING SKILLS PROGRESS REPORT

Student Name: Arabella Yang			Student Name: Nicoletta Pelo	<u>onis</u>	
class: Power 1	Date:	2024-07-20	class: Power 1	Date:	2024-07
Power	Good	Needs Work	Power	Good	Needs Wo
	$\bar{\Box}$			$\bar{\Box}$	$\overline{\Box}$
	$\overline{\Box}$	$\overline{\Box}$			$\overline{\Box}$
	$\overline{\Box}$				$\overline{\Box}$
	$\overline{\Box}$				
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Skating Director: *Gabriella Weissmann*555 N Nash Street, El Segundo, CA 90245

Instructor:

Instructor: SOFIA
Skating Director: Gabriella Weissmann

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SKATING SKILLS PROGRESS REPORT



SKATING SKILLS PROGRESS REPORT

Student Name: Stella Palencia	<u> </u>	
class: Power 1	Date:	2024-07-20
Power	Good	Needs Work

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тоуота	CENTER

LEARN TO SKATE SKATING SKILLS PROGRESS REPORT

Student Name: Ariel Yeh		
class: Power 1	Date:	2024-07-2
Power	Good	Needs Work
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	_ 🔲	
	_ 🔲	
	_ 🔲	

Instructor: SOFIA
Skating Director: Gabriella Weissmann

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Instructor: SOFIA
Skating Director: Gabriella Weissmann



SKATING SKILLS PROGRESS REPORT

Student Name: Kendall Yu		
class: Power 2	Date:	2024-07-20
Power	Good	Needs Work

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	тоуота	CENTER

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SKATING SKILLS PROGRESS REPORT

Student Name:		
Class:	Date	:
Power	Good	Needs Work

Instructor: SOFIA

Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245

Instructor:

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Emma Garcia

0000	000	Pı Fc (E	orward Stroking with roper Blade Use orward Pumps on a Circle Both Sides)		0
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			, our oldos,		
		T	loving Forward to Back nd Backward to Forwards wo-Feet on a circle (Both		0
			irections) ackward Glide		
			orward Chasses on a	_	_
ō	ō				
\Box	\Box	В	ackwards Snowplow Stop		
_					
ā				П	
$\overline{\Box}$	$\overline{\Box}$,	_	_
_	_		,		
			· ·		
		Н	ockey Stop		
	<u> </u>	nstructor:	MICHAEL	<u>.</u>	
			CC BB FF SS BB CC H BB AB CC H BB CC H	Circle (Both Directions) Backwards Snowplow Stop Forward Outside/Inside Edge on a Circle (R and L) Forward Crossovers (Both Sides) Backward One-Foot Glide (I and L) Backward Pumps on a Circle (Both Sides) Hockey Stop	Circle (Both Directions) Backwards Snowplow Stop Forward Outside/Inside Edge on a Circle (R and L) Forward Crossovers (Both Sides) Backward One-Foot Glide (R and L) Backward Pumps on a Circle (Both Sides)



LEARN TO SKATE

PROGRESS REPORT

Student Name: Wendy Barrientos

Class: Adult B	ron	<u>ze</u>	Date:	20)24-07·
ADULT BRONZE	Good	Needs Work	ADULT SILVER	Good	Needs Work
Forward Marching			Forward Stroking with		
Forward Two-Foot Glide			Proper Blade Use Forward Pumps on a Circle	_	_
Forward Swizzles			(Both Sides)		ш
Rocking Horse (Forward Swizzle to Backward Swizzle)			Moving Forward to Back and Backward to Forwards, Two-Feet on a circle (Both		<u> </u>
Dip			Directions)	_	_
Forward Snowplow Stop	П	П	Backward Glide	Ш	Ц
Skate Across Ice	ī		Forward Chasses on a Circle (Both Directions)		
Forward One-Foot Glide (R	$\overline{}$	_	Backwards Snowplow Stop		
and L) Forward Slalom	_		Forward Outside/Inside Edge on a Circle (R and L)		
			Forward Crossovers (Both	_	_
Backward Wiggles	<u> </u>	U	Sides)	ш	ш
Backward Swizzles	Ш	Ц	Backward One-Foot Glide (F	[₹] □	П
Two-Foot Turns in Place			and L)	_	_
			Backward Pumps on a Circle (Both Sides)		
			Hockey Stop		
					_
Notes:					

Instructor: MICHAEL

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Callan Howard

ADULT BRONZE	Good	Needs Work	ADULT SILVER	Good	Needs Work
Forward Marching Forward Two-Foot Glide			Forward Stroking with Proper Blade Use		
Forward Swizzles			Forward Pumps on a Circle (Both Sides)		
Rocking Horse (Forward Swizzle to Backward Swizzle)			Moving Forward to Back and Backward to Forwards, Two-Feet on a circle (Both		۵
Dip			Directions)	_	
Forward Snowplow Stop			Backward Glide Forward Chasses on a	<u> </u>	
Skate Across Ice	_	ā	Circle (Both Directions)		
Forward One-Foot Glide (R	П		Backwards Snowplow Stop		
and L) Forward Slalom	$\overline{\Box}$	_	Forward Outside/Inside Edge on a Circle (R and L)		
Backward Wiggles	_	ă	Forward Crossovers (Both	П	
Backward Swizzles	_		Sides) Backward One-Foot Glide (I	- -	
Two-Foot Turns in Place	П	_	and L)	` 🔲	
Two root rums in race	_	_	Backward Pumps on a Circle (Both Sides)		
			Hockey Stop		
Notes:					
		_	nstructor: MICHAEL		
		S	kating Director: ${\it Gabriella}$	r We	rissman.

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LEARN TO SKATE

PROGRESS REPORT

Student Name: Shireen Noori

Forward Two-Foot Glide	ADULT BRONZE	Good	Needs Work	_	ADULT SILVER	Good	Needs Work
Forward Swizzles Cocking Horse (Forward Swizzle to Backward Cocking Horse (Forward Swizzle) Compared Swizzle to Backward Cocking Horse (Forward Swizzle) Compared Shackward Cocking Horse (Forward Swizzle) Compared Shackward Cocking Horse (Forward Shackward Showplow Stop Cocking Horse (Horse) Cocking Horse (Forward to Backward to Forwards, Two-Feet on a circle (Both Directions) Backward Glide Cocking Horse (Horse) Forward Chasses on a Circle (Both Directions) Backward Showplow Stop Cocking Horse (Horse) Forward Outside/Inside Edge on a Circle (R and L) Forward Crossovers (Both Sides) Forward Slade Cocking Horse (Horse) Backward One-Foot Glide (R and L) Backward Pumps on a Circle (Both Sides) Hockey Stop Cocking Horse (Both Sides)	Forward Marching				•		
Rocking Horse (Forward Swizzle to Backward	Forward Two-Foot Glide						<u> </u>
Swizzle to Backward Swizzle) Dip Dip Dip Backward Glide Forward Snowplow Stop Forward One-Foot Glide (R Date L) Forward Slatom Backward Wiggles Backward Swizzles Backward Swizzles Backward Swizzles Backward Swizzles Backward One-Foot Glide (R Date L) Forward Crossovers (Both Sides) Backward Pumps on a Circle (Both Sides) Hockey Stop Directions) Backward to Forwards, Two-Feet on a circle (Both Directions) Backward Glide Forward Chasses on a Circle (Both Directions) Backward Swizdes Shackward Swizzles Backward Swizzles Backward One-Foot Glide (R Date L) Backward Pumps on a Circle (Both Sides) Hockey Stop Directions) Backward Glide Forward Chasses on a Circle (Both Directions) Backward Swizzles Backward One-Foot Glide (R Date L) Backward Pumps on a Circle (Both Sides)	Forward Swizzles				· ·		
Backward Glide Forward Snowplow Stop Skate Across Ice Circle (Both Directions) Backwards Snowplow Stop Forward One-Foot Glide (R and L) Forward Slalom Backward Wiggles Backward Swizzles Backward Swizzles Backward One-Foot Glide (R and L) Forward Crossovers (Both Sides) Backward One-Foot Glide (R and L) Backward One-Foot Glide (R and L) Backward Pumps on a Circle (Both Sides) Hockey Stop	Rocking Horse (Forward Swizzle to Backward Swizzle)				and Backward to Forwards, Two-Feet on a circle (Both		
Forward Snowplow Stop	Dip				,	_	
Skate Across Ice	Forward Snowplow Stop	П	П			Ц	Ц
and L) Forward Statom Backward Wiggles Backward Swizzles Forward Statom Backward Swizzles Forward Crossovers (Both Sides) Backward One-Foot Glide (R and L) Backward Pumps on a Circle (Both Sides) Hockey Stop	Skate Across Ice		n				
Forward Statom Backward Wiggles Backward Swizzles Forward Swizzles Backward One-Foot Glide (R and L) Backward One-Foot Glide (R and L) Backward Pumps on a Circle (Both Sides) Hockey Stop	Forward One-Foot Glide (R	_	_		Backwards Snowplow Stop		
Backward Swizzles Forward Crossovers (Both Sides) Backward One-Foot Glide (R and L) Backward Pumps on a Circle (Both Sides) Hockey Stop	and L)	_			•		П
Sides) Backward Swizzles Fwo-Foot Turns in Place Backward One-Foot Glide (R and L) Backward Pumps on a Circle (Both Sides) Hockey Stop		ᆜ			, ,	_	_
Two-Foot Turns in Place Backward Pumps on a Circle (Both Sides) Hockey Stop	Backward Wiggles	ᆜ	<u> </u>		· ·		
Backward Pumps on a Circle (Both Sides) Hockey Stop	Backward Swizzles						-
Circle (Both Sides) Hockey Stop	Two-Foot Turns in Place					_	
					•		
Notes:					Hockey Stop	П	п
Notes:						_	_
Notes:							
Notes:							
NOTES.	Notes						
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Instructor:

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Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Jade Campana

		Forward Stroking with Proper Blade Use		
Ш	ā	Forward Pumps on a Circl (Both Sides)	е	
		Moving Forward to Back and Backward to Forward Two-Feet on a circle (Both		0
		,		
		Forward Chasses on a		
		Circle (Both Directions)	Ц	Ц
П		Backwards Snowplow Sto	р	
	_	Forward Outside/Inside Edge on a Circle (R and L)		
	ā	Forward Crossovers (Both		
		Backward One-Foot Glide	(R 🔲	
		Backward Pumps on a	_	_
		Circle (Both Sides)	Ш	ш
		Hockey Stop		
) 0 00 0 1		and Backward to Forward Two-Feet on a circle (Both Directions) Backward Glide Forward Chasses on a Circle (Both Directions) Backwards Snowplow Sto Forward Outside/Inside Edge on a Circle (R and L) Forward Crossovers (Both Sides) Backward One-Foot Glide and L) Backward Pumps on a	and Backward to Forwards, Two-Feet on a circle (Both Directions) Backward Glide Forward Chasses on a Circle (Both Directions) Backwards Snowplow Stop Forward Outside/Inside Edge on a Circle (R and L) Forward Crossovers (Both Sides) Backward One-Foot Glide (R and L) Backward Pumps on a Circle (Both Sides)



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PROGRESS REPORT

Student Name: Carling Sugarman

Class: Adult B	ron	ze		Date:	20	<u> 124-07-</u>
ADULT BRONZE	Good	Needs Work	ADULT SILVER		Good	Needs Work
Forward Marching			Forward Stroking wi Proper Blade Use	th		
Forward Two-Foot Glide			Forward Pumps on a	Circle	_	_
Forward Swizzles			(Both Sides)	Ollocc	ш	Ш
Rocking Horse (Forward Swizzle to Backward Swizzle)		•	Moving Forward to B and Backward to For Two-Feet on a circle	rwards,	٥	
Dip			Directions)		_	_
Forward Snowplow Stop	П		Backward Glide		Ш	
Skate Across Ice	H		Forward Chasses on Circle (Both Direction	-		
Forward One-Foot Glide (R	$\overline{\Box}$		Backwards Snowplo	w Stop		
and L) Forward Slalom			Forward Outside/Ins			
		ᆜ	Edge on a Circle (R a		_	_
Backward Wiggles	Ш	Ш	Forward Crossovers Sides)	(Botn		
Backward Swizzles			Backward One-Foot	Glide (R	П	п
Two-Foot Turns in Place			and L)		_	_
		_	Backward Pumps on Circle (Both Sides)	а		
			Hockey Stop			
Notes:						

Instructor:

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Skating Director: Gabriella Weissmann

555 N Nash Street, El Segundo, CA 90245

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Johnnie Grebler

DULT BRONZE	Good	Needs Work	ADULT SILVER	Good	Needs Work
orward Marching			Forward Stroking with Proper Blade Use		
Forward Two-Foot Glide			Forward Pumps on a Circle		
Forward Swizzles			(Both Sides)	ш	
Rocking Horse (Forward Swizzle to Backward Swizzle)			Moving Forward to Back and Backward to Forwards Two-Feet on a circle (Both	· 🗖	
Dip			Directions)	_	
Forward Snowplow Stop			Backward Glide Forward Chasses on a	_	
Skate Across Ice	_		Circle (Both Directions)		
Forward One-Foot Glide (R		П	Backwards Snowplow Stop) 🔲	
and L) Forward Slalom	_	_	Forward Outside/Inside Edge on a Circle (R and L)		
Backward Wiggles			Forward Crossovers (Both		
Backward Swizzles			Sides)	ш	ч
	_		Backward One-Foot Glide (and L)	R 🔲	
Two-Foot Turns in Place	ш	Ш	Backward Pumps on a Circle (Both Sides)		
			Hockey Stop	_	_
					_
Notes:					
		Ir	structor: MICHAEL		
				-	

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LEARN TO SKATE

PROGRESS REPORT

Student Name: Ma Cruz Alvarez

ADULT BRONZE	Good	Needs Work	ADULT SILVER	Good	Needs Work
Forward Marching Forward Two-Foot Glide			Forward Stroking with Proper Blade Use		
Forward Swizzles			Forward Pumps on a Circle (Both Sides)		
Rocking Horse (Forward Swizzle to Backward Swizzle)			Moving Forward to Back and Backward to Forwards Two-Feet on a circle (Both	·	<u> </u>
Dip			Directions)		_
Forward Snowplow Stop			Backward Glide		ш
Skate Across Ice			Forward Chasses on a Circle (Both Directions)		
Forward One-Foot Glide (R	$\overline{}$	_	Backwards Snowplow Stop		
and L) Forward Slalom	_	_	Forward Outside/Inside Edge on a Circle (R and L)		
Backward Wiggles		ū	Forward Crossovers (Both		
Backward Swizzles			Sides) Backward One-Foot Glide (R 🗖	
Two-Foot Turns in Place			and L)		
		_	Backward Pumps on a Circle (Both Sides)		
			Hockey Stop		
Notes:					

Instructor: DANIELLE

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Arianna Perez

ADULT BRONZE	Good	Needs Work	ADULT SILVER	Good	Needs Work
Forward Marching			Forward Stroking wit	h 🔲	
Forward Two-Foot Glide			Proper Blade Use	0: 1	_
Forward Swizzles			Forward Pumps on a (Both Sides)	Circle	
Rocking Horse (Forward Swizzle to Backward Swizzle)			Moving Forward to Ba and Backward to For Two-Feet on a circle	wards,	۵
Dip			Directions)		
Forward Snowplow Stop	П		Backward Glide	Ш	Ц
Skate Across Ice			Forward Chasses on Circle (Both Direction		
Forward One-Foot Glide (R			Backwards Snowplov		
and L)		_	Forward Outside/Insi		_
Forward Slalom	Ш		Edge on a Circle (R a		
Backward Wiggles			Forward Crossovers Sides)	(Both	
Backward Swizzles			Backward One-Foot (Glide (R	
Two-Foot Turns in Place	ч	ш	Backward Pumps on Circle (Both Sides)	a 🔲	
			Hockey Stop		
Notes:					
			structor: DANIEI	LE	
		-	kating Director: <i>Gabru</i>	iella We	rissmann

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LEARN TO SKATE

PROGRESS REPORT

Student Name: Selene Castaneda

	Good	Needs Work	ADULT	SILVER	Good	Needs Work
Forward Marching				d Stroking with		
Forward Two-Foot Glide				Blade Use d Pumps on a Circle		
Forward Swizzles			(Both Si	•		
Rocking Horse (Forward Swizzle to Backward Swizzle)			and Bad	Forward to Back kward to Forwards, et on a circle (Both		
Dip			Directio	ns)		_
Forward Snowplow Stop	\Box			rd Glide		
Skate Across Ice	H			d Chasses on a Both Directions)		
Forward One-Foot Glide (F			·	rds Snowplow Stop		
and L)				d Outside/Inside	$\overline{\Box}$	_
Forward Slalom	Ц		_	a Circle (R and L)		
Backward Wiggles			Forward Sides)	d Crossovers (Both		
Backward Swizzles				rd One-Foot Glide (R		П
Two-Foot Turns in Place			and L)		_	
				rd Pumps on a Both Sides)		
			Hockey	Stop	П	П

Instructor: DANIELLE

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Lillian Hawasli

ADULT BRONZE	Good	Needs Work	ADULT SILVER	Good	Needs Worl
Forward Marching			Forward Stroking with Proper Blade Use		
Forward Two-Foot Glide			Forward Pumps on a Circle		
Forward Swizzles			(Both Sides)	ш	ч
Rocking Horse (Forward Swizzle to Backward Swizzle)			Moving Forward to Back and Backward to Forwards, Two-Feet on a circle (Both		
Dip			Directions) Backward Glide		
Forward Snowplow Stop			Forward Chasses on a		
Skate Across Ice			Circle (Both Directions)	Ш	L
Forward One-Foot Glide (R			Backwards Snowplow Stop		
and L) Forward Slalom			Forward Outside/Inside Edge on a Circle (R and L)		
Backward Wiggles		ō	Forward Crossovers (Both		
Backward Swizzles			Sides) Backward One-Foot Glide (I	R	_
Two-Foot Turns in Place			and L)	ч	u
		_	Backward Pumps on a Circle (Both Sides)		
			Hockey Stop		
Notes:					
			nstructor: DANIELLI	=	
		-			<i>⊳</i> ,
		_	Skating Director: <i>Gabrielli</i>	u me	<u>ussman</u>

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LEARN TO SKATE

PROGRESS REPORT

Student Name: Jacob Consalvi

lass: Adult S	<u>ilve</u>	r		Date: 20	<u>)24-07-</u>
ADULT BRONZE	Good	Needs Work	ADULT SILVER	Good	Needs Work
Forward Marching	0		Forward Stroking wi Proper Blade Use	th 🔲	
Forward Two-Foot Glide Forward Swizzles			Forward Pumps on a (Both Sides)	a Circle	
Rocking Horse (Forward Swizzle to Backward Swizzle)	<u> </u>		Moving Forward to E and Backward to For Two-Feet on a circle Directions)	rwards,	<u> </u>
Dip			Backward Glide		
Forward Snowplow Stop Skate Across Ice			Forward Chasses on Circle (Both Directio	·	<u> </u>
Forward One-Foot Glide (R	$\overline{}$		Backwards Snowplo	w Stop	
and L) Forward Slalom			Forward Outside/Ins Edge on a Circle (R a		
Backward Wiggles	ā		Forward Crossovers Sides)		
Backward Swizzles			Backward One-Foot	Glide (R	п
Two-Foot Turns in Place			and L) Backward Pumps on Circle (Both Sides)	na 🗖	_
			Hockey Stop		
Notes:					

Instructor: DANIELLE

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Emily Gilbert

OULT BRONZE	Good	Needs Work		ADULT SILVER	Good	Needs Wor
orward Marching			-	Forward Stroking with		
Forward Two-Foot Glide				Proper Blade Use Forward Pumps on a Circle		<u>_</u>
Forward Swizzles				(Both Sides)		
Rocking Horse (Forward Swizzle to Backward Swizzle)				Moving Forward to Back and Backward to Forwards, Two-Feet on a circle (Both	۵	
Dip				Directions) Backward Glide		
Forward Snowplow Stop				Forward Chasses on a	_	
Skate Across Ice	ō			Circle (Both Directions)	Ц	Ц
Forward One-Foot Glide (R	$\overline{}$	$\bar{\Box}$		Backwards Snowplow Stop		
and L)				Forward Outside/Inside	П	
Forward Slalom	Ц			Edge on a Circle (R and L) Forward Crossovers (Both	_	_
Backward Wiggles	ᆜ	<u> </u>		Sides)		
Backward Swizzles				Backward One-Foot Glide (F	` □	
Two-Foot Turns in Place	ш	Ц		Backward Pumps on a Circle (Both Sides)		
				Hockey Stop		
Notes:						
				or: DANIELLE	_	

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PROGRESS REPORT

lass:				te:	
ADULT BRONZE	Good	Needs Work	ADULT SILVER	Good	Needs Work
orward Marching			Forward Stroking with		
Forward Two-Foot Glide			Proper Blade Use Forward Pumps on a Circ		
Forward Swizzles			(Both Sides)	cte 🔲	
Rocking Horse (Forward Swizzle to Backward Swizzle)			Moving Forward to Back and Backward to Forwar Two-Feet on a circle (Bo	ds,	
Dip			Directions)	_	_
Forward Snowplow Stop	П		Backward Glide	Ш	Ш
Skate Across Ice	H		Forward Chasses on a Circle (Both Directions)		
Forward One-Foot Glide (R			Backwards Snowplow St	ор 🔲	
and L)	_	_	Forward Outside/Inside	. 🗖	
Forward Slalom	<u> </u>	<u> </u>	Edge on a Circle (R and I	_)	
Backward Wiggles		Ш	Forward Crossovers (Bossides)	ın 🔲	
Backward Swizzles			Backward One-Foot Glid	e (R	
Two-Foot Turns in Place			and L) Backward Pumps on a Circle (Both Sides)		
			Hockey Stop		
Notes:					

Instructor:

Skating Director: Gabriella Weissmann



PROGRESS REPORT

Student Name: Irena Costello

Class: Adult Gold		Date	: 2024-07·
ADULT GOLD		Good	Needs Work
Backward Outside Edge on a Circle (R and L)			
Backward Inside Edge on a Circle (R and L)			
Backward Crossovers (Both Directions)			
Forward Outside Three-Turns (R and L)			
Forward Swing Rolls			
Beginning Two-Foot Spin			
Forward Stroking with Crossover End Pattern			
Backward Stroking with Crossover End Pattern			
Forward Inside Three-Turn (R and L)			
Beginning Power Pull (R and L)			
T-Stop (R or L)			
Lunge			
Two-Foot Spin into One-Foot Spin		u	u
Notes:			
	Instructor: MA	Κ	
	Skating Director:		a Weissmans

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PROGRESS REPORT

Student Name: Christina Edling

Class: Adult Gold		Date	<u> 2024-07-</u> 20
ADULT GOLD		Good	Needs Work
Backward Outside Edge on a Circle (R and L)			
Backward Inside Edge on a Circle (R and L)			
Backward Crossovers (Both Directions)			
Forward Outside Three-Turns (R and L)			
Forward Swing Rolls			
Beginning Two-Foot Spin			
Forward Stroking with Crossover End Pattern			
Backward Stroking with Crossover End Patte			
Forward Inside Three-Turn (R and L)			
Beginning Power Pull (R and L)			
T-Stop (R or L)			
Lunge			
Two-Foot Spin into One-Foot Spin			
Notes:			
	Instructor: MA Skating Director: G_{al}		24/0



PROGRESS REPORT

Anabel Sattler

Class: Adult Gold		Date	<u>: 2024-07-2</u>
ADULT GOLD		Good	Needs Work
Backward Outside Edge on a Circle (R and L)			
Backward Inside Edge on a Circle (R and L)			
Backward Crossovers (Both Directions)			
Forward Outside Three-Turns (R and L)			
Forward Swing Rolls			
Beginning Two-Foot Spin			
Forward Stroking with Crossover End Pattern			
Backward Stroking with Crossover End Pattern			
Forward Inside Three-Turn (R and L)			
Beginning Power Pull (R and L)			
T-Stop (R or L)			
Lunge			ā
Two-Foot Spin into One-Foot Spin			
Notes:			
	Instructor: MA	〈	
	Skating Director:	abriell	a Weissmann

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PROGRESS REPORT

Malia Tirk:

Class: Adult Gold			Date	<u> 2024-0</u>
ADULT GOLD		G	Good	Needs Work
Backward Outside Edge on a Circle (R and L)				
Backward Inside Edge on a Circle (R and L)				
Backward Crossovers (Both Directions)				
Forward Outside Three-Turns (R and L)				
Forward Swing Rolls				
Beginning Two-Foot Spin				
Forward Stroking with Crossover End Pattern				
Backward Stroking with Crossover End Pattern	n			
Forward Inside Three-Turn (R and L)				
Beginning Power Pull (R and L)				
T-Stop (R or L)				
Lunge				
Notes:				-
	Instructor:	MAX Story & A	:.//	Weissmann



PROGRESS REPORT

Student Name: Lin Yang

Class: Adult Gold	Date	Date: 2024-07		
ADULT GOLD	Good	Needs Work		
Backward Outside Edge on a Circle (R and L)				
Backward Inside Edge on a Circle (R and L)				
Backward Crossovers (Both Directions)				
Forward Outside Three-Turns (R and L)				
Forward Swing Rolls				
Beginning Two-Foot Spin				
Forward Stroking with Crossover End Pattern				
Backward Stroking with Crossover End Pattern				
Forward Inside Three-Turn (R and L)				
Beginning Power Pull (R and L)				
T-Stop (R or L)				
Lunge				
Two-Foot Spin into One-Foot Spin				
Notes:				
Instructor:	MAX			



LEARN TO SKATE

PROGRESS REPORT

Student Name: Geoff Bosloy

Class: Adult Gold	,		Dat	e: 2024-07-2
ADULT GOLD		I	Good	Needs Work
Backward Outside Edge on a Circle (R and L)				
Backward Inside Edge on a Circle (R and L)				
Backward Crossovers (Both Directions)				
Forward Outside Three-Turns (R and L)				
Forward Swing Rolls				
Beginning Two-Foot Spin				
Forward Stroking with Crossover End Pattern				
Backward Stroking with Crossover End Pattern				
Forward Inside Three-Turn (R and L)				
Beginning Power Pull (R and L)				
T-Stop (R or L)				
Lunge				
Notes:			_	-
_	nstructor: Skating Direc	MAX		Weissmann



PROGRESS REPORT

Student Name: Samantha Tinney

Class: Adult Gold		Date: 2024-07-2			
ADULT GOLD		Good	Needs Work		
Backward Outside Edge on a Circle (R and L)					
Backward Inside Edge on a Circle (R and L)					
Backward Crossovers (Both Directions)					
Forward Outside Three-Turns (R and L)					
Forward Swing Rolls					
Beginning Two-Foot Spin					
Forward Stroking with Crossover End Pattern					
Backward Stroking with Crossover End Pattern					
Forward Inside Three-Turn (R and L)					
Beginning Power Pull (R and L)					
T-Stop (R or L)					
Lunge					
Two-Foot Spin into One-Foot Spin					
Notes:					
	K 4 /	\ \ \ \			
		tructor: MAX			
	Skating Director:	Gabriell	a Weissmann		

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PROGRESS REPORT

Student Name: Class: Date: ADULT GOLD Good **Needs Work** Backward Outside Edge on a Circle (R and L) Backward Inside Edge on a Circle (R and L) Backward Crossovers (Both Directions) Forward Outside Three-Turns (R and L) Forward Swing Rolls Beginning Two-Foot Spin Forward Stroking with Crossover End Pattern Backward Stroking with Crossover End Pattern Forward Inside Three-Turn (R and L) Beginning Power Pull (R and L) T-Stop (R or L) Lunge

Two-Foot Spin into One-Foot Spin

Instructor:

Skating Director: Gabriella Weissmann