

3. Regression Fundamentals

Part 1: Simple Linear Regression

LPO.7870: Research Design and Data Analysis II

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Last time

Describing data

- Quantitative vs. categorical variables; discrete vs. continuous
- Histograms and densities for continuous variables
- Measures of central tendency (mean, median), location (percentiles), variability (variance, standard deviation)

Inferential statistics

- The importance of *quantifying uncertainty*: confidence intervals and significance testing
- Sampling distributions: what you would expect to see from an estimator (like \bar{x}) over *repeated sampling*.
- *Standard error*: a measure of variability in the sampling distribution.

Tonight

Describing the relationship between two variables:

- Scatterplots
- Covariance and correlation
- Linear regression

Tonight's sample datasets

We will refer to two datasets tonight (both found on Github):

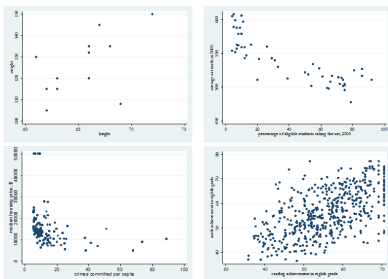
- 1 `caschool.dta`: data on test performance, school characteristics, and student demographics for California school districts, 1998-99 (N=420). From Stock & Watson text.
- 2 `TN-lettergrades-2022-23.dta`: letter grades and component scores for Tennessee schools, 2022-23 (N=1,900)

Source of TN data: <https://www.tn.gov/education/districts/federal-programs-and-oversight/data/data-downloads.html>

Scatterplots

Scatterplots

The easiest way to see how two variables are related is a **scatter diagram** or **scatterplot**. In Stata: `scatter yvar xvar`



Scatterplots

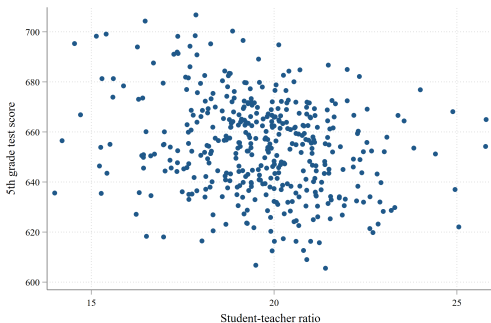
Scatterplots can provide a sense of the *direction* of relationship (if any), *linearity*, and *strength* of association.

Often with scatterplots there are natural **outcome** and **explanatory** variables. We may have in mind a theory in which variation in the outcome is at least in part explained by variation in the explanatory variable.

- Denote the outcome as Y and explanatory variable as X .
- These are also called **dependent** (Y) and **independent** (X) variables, although I avoid these terms, since they have other meanings in statistics.

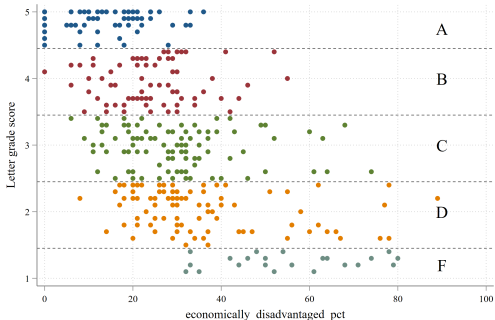
Example 1

From the *caschool* data (California school districts in 1998-99): 5th grade test scores vs. student-teacher ratio



Example 2

From the *TN-lettergrades* data: overall scores vs. percent economically disadvantaged, Tennessee high schools in 2022-23.

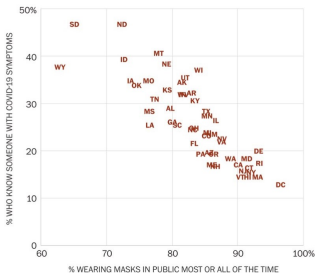


Example 3

COVID symptom reporting and mask-wearing:

Masking up

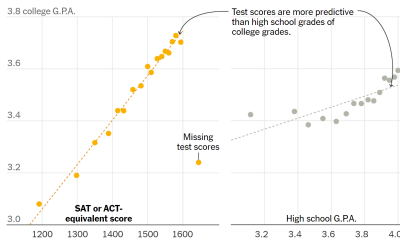
Fewer covid-19 symptoms reported in states with higher rates of mask use (data as of October 19, 2020)



Example 4

Predictors of college performance (SAT/ACT vs. high school GPA)

Test scores are strong predictors of college performance



Note: Data is for students who entered college from 2017 to 2022, excluding 2020. - Source: Opportunity Insights and Friedman, Sacerdote and Tine (2024) - By Ashley Wu

Source: David Leonhardt, "The Misguided War on the SAT," *The New York Times*, January 7, 2024. Note: these are binned, not raw, data. The data come from highly selective universities.

Covariance and correlation

Covariance

A picture can be worth a thousand words, but we might like a summary measure of how two variables are associated.

The **sample covariance** between two variables x and y is:

$$s_{xy} = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{n - 1}$$

Covariance

The covariance is an average, where—for each observation—we multiply x 's deviation from the mean of x by y 's deviation from the mean of y .

- If y tends to be higher than average when x is higher than average, these products will tend to be positive (a **positive covariance**).
- If y tends to be *lower* than average when x is higher than average, these products will tend to be negative (a **negative covariance**).

Like the variance, units of covariance are not easily interpreted.

Correlation

The **sample correlation coefficient** is:

$$r_{xy} = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{s_x s_y (n - 1)} = \frac{s_{xy}}{s_x s_y}$$

Correlation is a standardized or unit-free measure of association:

- It ranges between -1 and +1
 - ▶ $r_{xy} = +1$ is a **perfect positive correlation**
 - ▶ $r_{xy} = -1$ is a **perfect negative correlation**
 - ▶ $r_{xy} = 0$ is **no correlation**
- r is a measure of *linear* association—it is not appropriate for use with non-linear relationships.

Covariance and correlation in Stata

To obtain correlation coefficients in Stata, use `corr yvar xvar`. You can include a list of variables in this command.

- Be aware of how Stata handles missing values:
 - ▶ **listwise deletion** means observations are not used if *any* of the listed variables in the command are missing.
 - ▶ **pairwise deletion** means correlations of pairs of variables are considered in isolation.
- `pwcorr yvar xvar` uses pairwise deletion. `corr` uses listwise deletion.

To obtain the covariance in Stata, use `corr` with `cov` option. The result is called a **variance-covariance matrix**. This is used less often.

Exercise: California school district data

Open the *caschool* data and do the following:

- ➊ Create scatterplots between district average 5th grade test scores (*testscr*) and:
 - ▶ The percent of low-income students (*meal_pct*)
 - ▶ The percent of English language learners (*el_pct*)
 - ▶ Expenditures per student (*expn_stu*)
- ➋ Calculate the correlation and covariance between each of the above pairs of variables.

How would you describe the association between these pairs of variables? Positive/negative? Strong/weak? Linear/non-linear?

Strength of correlation

What is a “strong correlation?” It depends on the context. (How strong would you expect the correlation to be? Is there a theoretical reason why the correlation should be particularly strong or weak?)

Rule of thumb (“Cohen’s scale”) based on the absolute value $|r_{xy}|$:

- $|r_{xy}| < 0.1$: zero to weak correlation
- $0.1 < |r_{xy}| < 0.3$: weak to moderate correlation
- $0.3 < |r_{xy}| < 0.5$: moderately strong correlation
- $|r_{xy}| > 0.5$: strong correlation

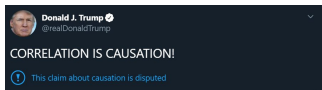
Try “guess the correlation:”

<https://istats.shinyapps.io/guesscorr/>

Correlation vs. causation

Important: *correlation does not imply causation!*

- *Correlation* means two variables move together.
- *Causation* means that change in one variable is causing change in the other.

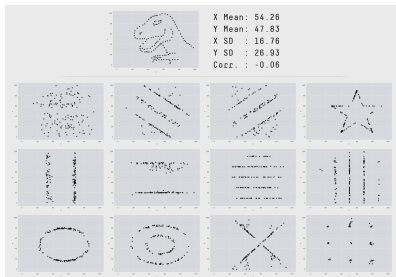


For fun, check out this collection of spurious correlations:

<https://tylervigen.com/spurious-correlations>

The importance of visualizing your data

Never trust summary statistics alone! All of the datasets used below have the same \bar{x} , \bar{y} , s_x , s_y , and r_{xy} .



Source:

<https://www.autodesk.com/research/publications/same-stats-different-graphs>

Linear regression

Regression

Another way to quantify the relationship between two variables Y and X :

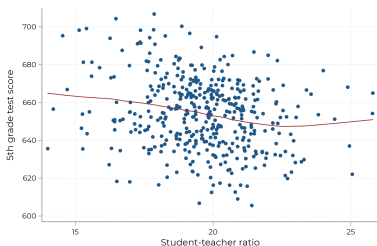
- *How much* does Y change when X changes by one unit?
- How does the *average* level of Y vary with X ?

Why might you want to know this?

- **Description:** it's a useful way to describe how variables are related.
- **Prediction:** if you know X , what is your best prediction of Y ?
Examples: SAT and GPA; class size and test scores.
- **Causal inference:** in some cases, this relationship describes the *causal* effect of X on Y . Example: class size.

Fitting lines using loess

This graph fits a **loess curve** (“locally estimated scatterplot smoothing”) to the *caschool* data. In Stata: `lowess yvar xvar`.



This calculates the mean of Y “locally”—at small intervals around each X .

Simple linear regression

This graph is nice, but it's hard to describe the relationship any other way but visually. What if we could approximate it with a *line*? A line is defined entirely by its *slope* (b) and *intercept* (a):

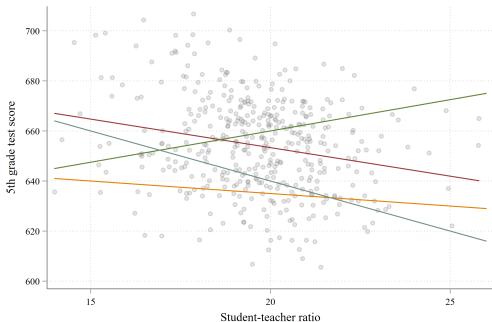
$$y = a + bx$$

The slope of a line tells you how much y changes when x changes by one unit $\Delta Y / \Delta X$.

Simple linear regression finds the **line of best fit**.

Finding the best fit line

What makes a particular line the “best fit”? There are many possibilities, with different values of a and b . Which is the “best”?



Line of best fit

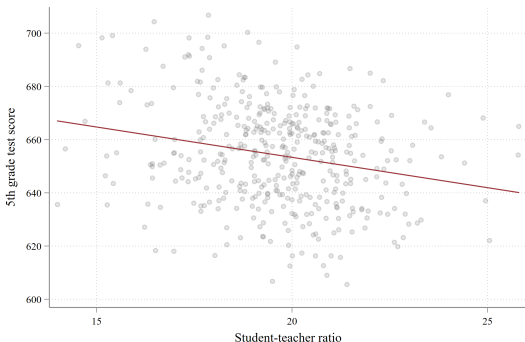
Stata can provide a line of best fit, using two overlaying graphs (`scatter` and `lfit`). Using the *caschool* data:

```
twoway (scatter testscr str) (lfit testscr str)
```

It is conventional to put the outcome variable on the vertical (y) axis, and the explanatory variable on the horizontal (x) axis.

Line of best fit

Overlaid graphs scatter and lfit:



Line of best fit

In this case, the best fit line has an intercept of 698.93, and a slope of -2.28: $\hat{y} = 698.93 - 2.28x$

- The best fit line is also called a **prediction equation**
- \hat{y} is the **predicted value** for y , given a value of x .

We can use the prediction equation to predict y for a specific x value (here, the student-teacher ratio):

- Example: suppose $x = 20$ students
- $\hat{y} = 698.93 - (2.28 * 20) = 653.33$
- Predicted 5th grade test score is 653.03 for a class size of 20

Line of best fit

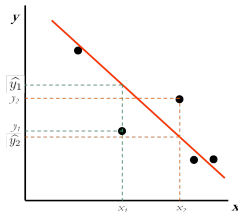
Interpreting the prediction equation: $\hat{y} = 698.93 - 2.28x$

- 698.93: the predicted 5th grade test score when student-teacher ratio is $x = 0$
- -2.28: the predicted *change* in 5th grade test scores when the student-teacher ratio increases by one year.
- Note 5 additional students per teacher would be predicted to change test scores by: $-2.28 * 5 = -11.4$

Least squares

How does one determine the line of “best fit”? For a given line, we have a set of predictions for y , one for every value of x in the data:

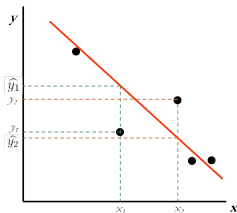
- \hat{y}_1 is the predicted value of y when x is x_1
- \hat{y}_2 is the predicted value of y when x is x_2
- ...and so on, up to \hat{y}_n



Least squares

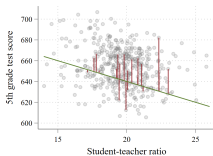
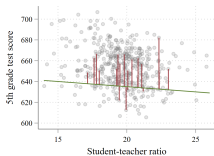
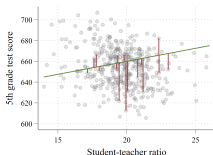
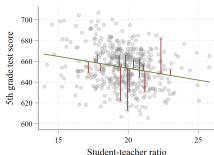
For a given line, we have a **residual** (or **prediction error**) for every value of x in the data: $\hat{u} = y - \hat{y}$:

- \hat{u}_1 is the residual when x is x_1
- \hat{u}_2 is the residual when x is x_2
- ...and so on, up to \hat{u}_n



Least squares

Four candidate lines for the 5th grade test score data:



Least squares

The line that minimizes the *sum of the squared residuals* between the data points y and the line \hat{y} is the **least squares** or **ordinary least squares (OLS)** regression line:

$$\min_{a, b} \sum_{i=1}^n (y_i - \hat{y}_i)^2$$

$$\min_{a, b} \sum_{i=1}^n (y_i - a - bx)^2$$

i.e. choose intercept and slope (a, b) to minimize the sum of the squared residuals ($\hat{u}_i = y_i - \hat{y}_i$)

Least squares

It can be shown that the least squares slope (b) and intercept (a) are as follows:

$$b = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{\sum_{i=1}^n (x_i - \bar{x})^2}$$

$$a = \bar{y} - b\bar{x}$$

Least squares

It is easy to show that the slope b can also be written:

$$b = r_{xy} \frac{s_y}{s_x}$$

The slope coefficient has the same sign (+/−) as the correlation coefficient r_{xy} (re: s_y and s_x are both greater than zero)

Regression in practice

To compute the least squares intercept and slope coefficient in Stata use `regress` or `reg` *yvar xvar* (aka “running a regression”). Example using *caschool* data:

```
. reg testscr str
```

Source	SS	df	MS	Number of obs	=	420
Model	7794.11004	1	7794.11004	F(1, 418)	=	22.58
Residual	144315.484	418	345.252353	Prob > F	=	0.0000
Total	152109.594	419	363.030056	R-squared	=	0.0512
				Adj R-squared	=	0.0490
				Root MSE	=	18.581

testscr	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]
str	-2.279808	4.4798256	-4.75	0.000	-3.22298 -1.336637
_cons	698.933	9.467491	73.82	0.000	680.3231 717.5428

$$\hat{y} = 698.93 - 2.28x$$

Note: “_cons” refers to the intercept, or **constant term**.

Interpreting coefficients

Steps for interpreting a regression slope coefficient—general guidelines:

- 1 Identify the **explanatory** variable and its units (e.g., height in inches, students per teacher).
- 2 Describe a **one-unit increase** in the explanatory variable in everyday language (e.g., one additional student per teacher).
- 3 Identify the **outcome** variable and its units (e.g., weight in pounds, 5th grade test scores).
- 4 Describe the coefficient as the **change in the outcome** predicted for a one-unit change in the explanatory variable (e.g., an additional student per teacher is predicted to decrease 5th grade test scores by 2.28 points).

Note: be sure your interpretation reflects the appropriate unit of observation (e.g., individual, school, district).

Note: Adapted from Remler & Van Ryzin (2011), chapter 8.

Predicted values and residuals

It is possible to have Stata compute the **predicted values** and **residuals** (prediction errors) for each observation after `reg`:

- `predict yhat, xb`
- `predict uhat, resid`

These are called **postestimation** commands in Stata:

- `xb` refers to the predicted value (\hat{y})
- `resid` refers to the residual (\hat{u} , calculated as $y_i - \hat{y}_i$)

Measuring fit

How well does the regression line fit the data?

- Mechanically, the least squares intercept and slope can be calculated for any set of data points (x, y) .
- The line of best fit (OLS) is not necessarily a *good* fit.
- Least squares minimizes the sum of the squared residuals, but performs better with some data than others.

R^2 , the **coefficient of determination**, is a measure of the goodness of fit.

R^2

R^2 is the proportion of the total variation in y from its mean that is “explained” (predicted) by x .

The total variation in y around its mean is the **total sum of squares (TSS)**:

$$TSS = \sum_{i=1}^n (y_i - \bar{y})^2$$

Using the predicted y instead of the actual, the **explained sum of squares (ESS)** is:

$$ESS = \sum_{i=1}^n (\hat{y}_i - \bar{y})^2$$

The R^2 is therefore:

$$R^2 = \frac{ESS}{TSS}$$

R^2 is **always between 0 and 1**

The explained sum of squares (ESS) is sometimes called the “model” sum of squares (see Stata output).

The “unexplained” variation in y is the **sum of squared residuals (SSR)** (a.k.a. the error sum of squares):

$$SSR = \sum_{i=1}^n (y_i - \hat{y}_i)^2$$

It makes sense that the R^2 should be related to the SSR, which we aim to minimize when finding the best fit line. In fact, we can write R^2 as:

$$R^2 = 1 - \frac{SSR}{TSS}$$

R^2 for class size regression

Example using 5th grade test scores and student-teacher ratio:

```
. reg testscr str
```

Source	SS	df	MS	Number of obs	=	420
Model	7794.11004	1	7794.11004	F(1, 418)	=	22.58
Residual	144315.484	418	345.252353	Prob > F	=	0.0000
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_cons	698.933	9.467491	73.82	0.000	680.3231	717.5428

$$R^2 = \frac{ESS}{TSS} = 0.0512$$

Mean squared error

A related measure is the **mean squared error (MSE)**:

$$MSE = \frac{\sum_{i=1}^n (y_i - \hat{y}_i)^2}{n - 2} = \frac{\sum_{i=1}^n \hat{u}_i^2}{n - 2} = \frac{SSR}{n - 2}$$

The MSE is the *average* squared deviation of the predicted y from the actual y (uses $n - 2$ in the denominator). Note the numerator is the residual sum of squares (SSR).

Note: least squares minimizes SSR so it also minimizes *MSE*

Standard error of the regression

The square root of the MSE is the **standard error of the regression (SER)** a.k.a. root mean squared error (RMSE):

$$SER = \sqrt{\frac{\sum_{i=1}^n (y_i - \hat{y}_i)^2}{n-2}} = \sqrt{\frac{\sum_{i=1}^n \hat{u}_i^2}{n-2}} = \sqrt{\frac{RSS}{n-2}}$$

Just as the standard deviation can be interpreted (intuitively, not literally) as the average deviation of y from its mean, the SER can be interpreted (intuitively, not literally) as the average deviation of y from its *predicted value*. I.e., “how close,” on average, is your prediction?

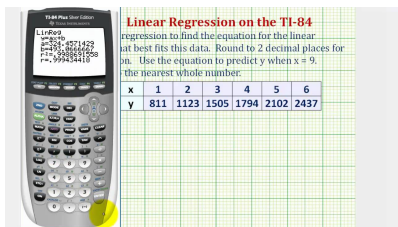
Exercise: Tennessee letter grade data

Open the *TN-lettergrades* data and do the following:

- 1 Create a scatterplot and best fit line (`lfit`) between the letter grade score (`lg_score`) and the percent economically disadvantaged.
- 2 Calculate the least squares slope and intercept for the best fit line, and interpret.
- 3 Interpret the R^2 from the above regression line.
- 4 Interpret the SER (aka RMSE) from the above regression line.
- 5 Have Stata save the predicted values and residuals from the above regression. You can view these using `browse`.

Moving beyond best fit lines

Finding “best-fit” lines is easy—you could do this all day. Even your TI-84 calculator can do it!



Can we take things a little further?

Conditional mean interpretation

Suppose we are willing to assume that the relationship between the mean of y in the population is related in a **linear** way to x . That is, the **conditional mean** of y given x is:

$$E(y|x) = \beta_0 + \beta_1 x$$

This is called the **population regression function**. I am switching from a and b to β_0 and β_1 because they are now unknown population parameters to be estimated. One can use a and b as *estimators* of β_0 and β_1 .

Note $E()$ refers to the expectation or population mean.

Inferences about β_1

If we are using a sample of y and x to *estimate* the population intercept and slope coefficients in the population, we need to quantify our uncertainty in the same way we did for \bar{x} :

- Confidence intervals for β_1
- Hypothesis tests about β_1

To do so we need to know the *sampling distribution* of the slope estimator (b). As with \bar{x} , this will require some assumptions (next week).

Next time

Inferences about β_1

- Read: Stock & Watson chapter 4 (sections 4.4–4.5) and 5
- Familiarize yourself with the three sample articles: Magnuson et al. (2004), Gershenson & Holt (2015), and Reber & Smith (2023).