



COMPANY PROFILE

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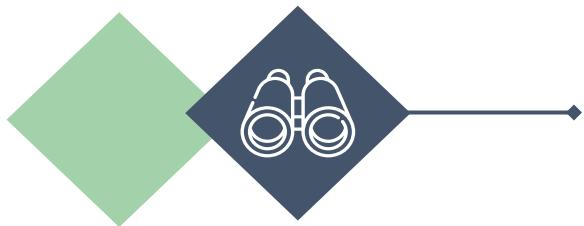
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ABOUT US

SpeakToUs (STU) is a non-profit organization that provides an online support platform for Malaysian students, whether they are studying abroad or locally.



Our organization, STU, offers
a platform

by which STUDENTS can talk to and share their concerns with someone who is understanding of their strife and are there to listen to them. Furthermore, we keep our services entirely

CONFIDENTIAL,

meaning that individuals can chat with us while remaining fully anonymous

ABOUT US



We are dedicated individuals who are **passionate** to improve the mental health environment of Malaysia and to provide their support for those who need it

We aim to normalize mental health conversation among Malaysians and to reduce the stigma behind mental health. We plan to one day be a platform where individuals feel free and comfortable to discuss mental health with us.



STORY BEHIND SPEAKTOUS

SpeakToUs started with an idea. Or rather, a wish:

"What if there was someone who we can comfortably confide in about our struggles... someone who can relate to and understand what we're going through?"

For a long time, that was the wish our two founders had. Granted they did find each other during their first year and supported each other through the gruelling demands of University life so far away from home. As their life at UW-Madison went on, their responsibilities grew with them. They were juggling their academic, career, social and personal life all at once. The pressure was on and though they still confided with each other from time to time, they both opted to deal with the much heavier problems on their own for fear of burdening the other.

One founder clenched her teeth and toughed it out, enduring all that life threw at her without complaint which of course, took a tremendous toll on her already declining mental health. The other founder decided to go for some counselling in hopes of easing a little bit of her own burden so she can in turn be there for her friend.

STORY BEHIND SPEAKTOUS

SpeakToUs started with an idea. Or rather, a wish:

However her time at the local University Health Centre didn't do as much as she hoped for as although the centre was fully equipped to handle her mental health concerns, one very crucial thing was missing. Their counsellors, although very insightful, kind and caring, were unable to truly relate to her cultural background, often providing insight that contradicts the founder's beliefs and limiting the connection she feels with them.

One day, the founders confided in each other regarding their struggles and then one of them proposed a plan to the other. In hushed tones at the library the wish formed an idea:

"What if we provide a platform where people like us can comfortably confide about our struggles to those who can relate to and understand what we're going through?"

And that idea formed the platform.

STORY BEHIND SPEAKTOUS

SpeakToUs started with an idea. Or rather, a wish:

SpeakToUs began with two people, who then recruited: a few friends who are Computer Science majors to help them create the website, a few more friends who are Psychology majors to become the very first Listeners and even a few more friends to help out with managing and marketing for the organization.

Malaysian students studying abroad have faced a lot of difficulties regarding their mental health.

Problems range from stress, homesickness, culture shock, and peer pressure that could often lead to more serious issues such as anxiety, depression and suicide. Due to this persisting issue, the founders wanted to make a difference to bring a positive change for their fellow Malaysians.

The founders both knew what they wanted the platform to be: Safe, accepting, kind and culturally relevant to Malaysian students.

Mission, Vision, and Motto

Our Mission and Vision

Mission

Provide a platform for individuals to express themselves freely regarding mental health

Vision

Create an environment where individuals can discuss comfortably about mental health





Mission, Vision, and Motto

Our Motto

You share, We Care

We want to emphasize that listening to students in need are not enough.

They need **care** and **support**.

As opening up need courage and strength, we want to make the most of it by showing care and giving support.

Objectives

STU objectives are the breakdown in detail on how we are aiming to achieve our mission and vision.

- a. To provide mental health support to Malaysians by giving them the best recommendations and aid needed for them to improve and overcome issues such as, but not limited to, stress, anxiety, burnout, depression, and homesickness while keeping them anonymous.
- a. To ensure Malaysian know that there are people who want to listen and help them during these moments.
- a. To eliminate the stigma of a suicidal topic as something that they should be afraid of to share.
- a. Allow them to have someone from the same culture, beliefs, and also first language as a supporter.

OUR ORGANIZATION

AN ORGANIZATION BUILD TO SERVE STUDENTS

01 MANAGEMENT

UNITS :

- SECRETARY
- FINANCE
- HUMAN RESOURCES
- BOARD MEMBERS



02 MARKETING

UNITS:

- SOCIAL MEDIA
- PUBLIC RELATION
- CREATIVE CONTENT

03 OPERATIONS

UNITS:

- LISTENERS
- CONFESSION JAR
- PODCASTS
- WEB DEVELOPMENT

OUR ORGANIZATION TASK

AN ORGANIZATION BUILD TO SERVE STUDENTS

01 MANAGEMENT

Oversee the entire organization growth. It also includes data privacy, members wellness



02 MARKETING

Manage STU Social media and liaison STU with other organization

03 OPERATIONS

The Heart of the Organization

Manage the STU chat system and provide the chat services while maintaining the quality.

COMPANY VALUES

THE VALUES STU LIVE WITH

Confidentiality is what we offer for all STU users. We adhere to the saying "we see no evil, we hear no evil, and we hear no evil".

Confidentiality

Respect

We practice respect to the users and for all STU members. Within the organization, we respect all members opinions.

All members are nurtured with the value dedication in improving oneself.

Dedication

Open Communication

Open communication is practiced in STU. We have a general page for all members to provide feedback and give suggestion for improvement.

SERVICES

Overview

This section is divided into three parts : overview, services explanation, and ways to contribute



ONLINE CHAT SERVICE

Allow students to communicate with our listeners



PODCAST

Open a window for students to discuss on current issues



CONFESS JAR

A platform for students to rant freely without judgment



EMAIL SERVICE

Build a friendship with student in need of support through email

SERVICES

Services Explanation



ONLINE CHAT SERVICE

Allow students to communicate with our listeners

Have a lot on your mind? Anything you want to share? Need someone to talk to?

[Our Online Chat Service](#) is where individuals can talk with us in real time. When using our services, we keep things fully anonymous and confidential so you can feel comfortable with sharing your story with us.

Start by visiting our website (<https://www.speaktous.online/chat>) during our online chat times



Click the “chat now” button



Read through our disclaimer and continue on to the chat site



Tell them what's on your mind

SERVICES

Services Explanation



CONFESS JAR

A platform for students
to rant freely without
judgment

Our Confession Jar Service
is where individuals can
write out their thoughts to
be shared anonymously
with others.

Don't worry, you are
anonymous. Your
anonymous confession
will be posted on our
Instagram and if you
wanted to be replied to,
our Listeners will write
you a short response
along with the confession.

Start by visiting our Instagram
(@_speaktous_)



Click the link on the bio



Write out your confession there
to your heart's content



Your confession will be shared
on our Instagram together with
the response
(if choose to receive response)

SERVICES

Services Explanation



EMAIL SERVICE

Build a friendship with student in need of support through email

Our Email Service is where individuals can write to us privately.

Write to us and send it through our website and we will respond to you in a couple days.

Start by visiting our website (<https://www.speaktous.online/chat>) anytime



Enter your email address and message



Your email address will be encrypted before sending to the listeners for response. You'll stay anonymous.



You'll receive a response in less than 48 hours.

SERVICES

Services Explanation



PODCAST

Open a window for students to discuss on current issues

Our Podcast is where individuals can call us to share their experiences on the current issues.

We are here for students who would love to share and inspire other students.

Start by visiting our Instagram , Twitter (@_speaktous_) , and our Facebook (Speak To Us official)



Follow our Instagram and Facebook



Invitation link will be available once a podcast is scheduled.



You may call the number available on the screen during a FB live session.

SERVICES

Ways to Contribute

This section explains on how a new party can contribute to SpeakToUS.

1

STU Ambassador

If you are currently a student in a education institution, you can sign up to be our ambassador!
Easy and fast way to contribute.

2

STU Branch Manager

Interested for an leadership position? Recruit one or more listeners to lead a chat session for your own institution.

3

STU Listeners

Leading is such a huge commitment? Sign up to be our listeners. Training will be provided and we have our support system after heavy chat session.

STU Team Members



Three important pioneers are missing. They are equally important

THE PIONEERS OF SPEAKTOUS Est 2019

This is the team who created the SpeakToUs from the founders' idea and vision. We are students from the University of Wisconsin. We share the same vision and share the same dedication.

We understand how it feels to feel lost, but we are here, to listen so please SpeakToUs.

STU Team Members

SpeakToUs has grown from 12 members to 21 members in a year.

This page is created to send our gratitude to all our current and potential members.

Dear SpeakToUs members,

You are important for the SpeaktoUs well being and development. We thank you and we need you

So does the students.

Thank you for making STU alive.

Contact Us



THANKS

Does anyone have any questions?

Email us at speaktousofficial@gmail.com

Or

Email to our representative

Representative email address:



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