"Night to His Day": The Social Construction of Gender

Judith Lorber

Talking about gender for most people is the equivalent of fish talking about water. Gender is so much the routine ground of everyday activities that questioning its taken-for-granted assumptions and presuppositions is like thinking about whether the sun will come up.1 Gender is so pervasive that in our society we assume it is bred into our genes. Most people find it hard to believe that gender is constantly created and re-created out of human interaction, out of social life, and is the texture and order of that social life. Yet gender, like culture, is a human production that depends on everyone constantly "doing gender" (West and Zimmerman 1987).

And everyone "does gender" without thinking about it. Today, on the subway, I saw a well-dressed man with a year-old child in a stroller. Yesterday, on a bus, I saw a man with a tiny baby in a carrier on his chest. Seeing men taking care of small children in public is increasingly common-at least in New York City. But both men were quite obviously stared at-and smiled at, approvingly. Everyone was doing gender—the men who were changing the role of fathers and the other passengers, who were applauding them silently. But there was more gendering going on that probably fewer people noticed. The baby was wearing a white crocheted cap and white clothes. You couldn't tell if it was a boy or a girl. The child in the stroller was wearing a dark blue T-shirt and dark print pants. As they started to leave the train, the father put a Yankee baseball cap on the child's head. Ah, a boy, I thought. Then I noticed the gleam of tiny earrings in the child's ears, and as they got off, I saw the little flowered sneakers and lace-trimmed socks. Not a boy after all. Gender done.

Gender is such a familiar part of daily life that it usually takes a deliberate disruption of our expectations of how women and men are supposed to act to pay attention to how it is produced. Gender signs and signals are so ubiquitous that we usually fail to note them—unless they are missing or ambiguous. Then we are uncomfortable until we have successfully placed the other person in a gender status; otherwise, we feel socially dislocated. . . .

From "'Night to His Day': The Social Construction of Gender," in Paradoxes of Gender, pp. 13-36. Copyright 1994. Reprinted by permission of Yale University Press.

For the individual, gender construction starts with assignment to a sex category on the basis of what the genitalia look like at birth.2 Then babies are dressed or adorned in a way that displays the category because parents don't want to be constantly asked whether their baby is a girl or a boy. A sex category becomes a gender status through naming, dress, and the use of other gender markers. Once a child's gender is evident, others treat those in one gender differently from those in the other, and the children respond to the different treatment by feeling different and behaving differently. As soon as they can talk, they start to refer to themselves as members of their gender. Sex doesn't come into play again until puberty, but by that time, sexual feelings and desires and practices have been shaped by gendered norms and expectations. Adolescent boys and girls approach and avoid each other in an elaborately scripted and gendered mating dance. Parenting is gendered, with different expectations for mothers and for fathers, and people of different genders work at different kinds of jobs. The work adults do as mothers and fathers and as low-level workers and high-level bosses, shapes women's and men's life experiences, and these experiences produce different feelings, consciousness, relationships, skills-ways of being that we call feminine or masculine.3 All of these processes constitute the social construction of gender.

Gendered roles change-today fathers are taking care of little children, girls and boys are wearing unisex clothing and getting the same education, women and men are working at the same jobs. Although many traditional social groups are quite strict about maintaining gender differences, in other social groups they seem to be blurring. Then why the one-year-old's earnings? Why is it still so important to mark a child as a girl or a boy, to make sure she is not taken for a boy or he for a girl? What would happen if they were? They would, quite literally, have changed places in their social world.

To explain why gendering is done from birth, constantly and by everyone, we have to look not only at the way individuals experience gender but at gender as a social institution. As a social institution, gender is one of the major ways that human beings organize their lives. Human society depends on a predictable division of labor, a designated allocation of scarce goods, assigned responsibility for children and others who cannot care for themselves, common values and their systematic transmission to new members, legitimate leadership, music, art, stories, games, and other symbolic productions. One way of choosing people for the different tasks of society is on the basis of their talents, motivations, and competence—their demonstrated achievements. The other way is on the basis of gender, race, ethnicity—ascribed membership in a category of people. Although societies vary in the extent to which they use one or the other of these ways of allocating people to work and to carry out other responsibilities, every society uses gender and age grades. Every society classifies people as "girl and boy children," "girls and boys ready to be married," and "fully adult women and men," constructs similarities among them and differences between them, and assigns them to different roles and responsibilities. Personality characteristics, feelings, motivations, and ambitions flow from these different life experiences so that the members of these different groups become different kinds of people. The process of gendering and its outcome are legitimated by religion, law, science, and the society's entire set of values. . . .

Western society's values legitimate gendering by claiming that it all comes from physiology—female and male procreative differences. But gender and sex are not equivalent, and gender as a social construction does not flow automatically from genitalia and reproductive organs, the main physiological differences of females and males. In the construction of ascribed social statuses, physiological differences such as sex, stage of development, color of skin, and size are crude markers. They are not the source of the social statuses of gender, age grade, and race. Social statuses are carefully constructed through prescribed processes of teaching, learning, emulation, and enforcement. Whatever genes, hormones, and biological evolution contribute to human social institutions is materially as well as qualitatively transformed by social practices. Every social institution has a material base, but culture and social practices transform that base into something with qualitatively different patterns and constraints. The economy is much more than producing food and goods and distributing them to eaters and users; family and kinship are not the equivalent of having sex and procreating; morals and religions cannot be equated with the fears and ecstasies of the brain; language goes far beyond the sounds produced by tongue and larynx. No one eats "money" or "credit"; the concepts of "god" and "angels" are the subjects of theological disquisitions; not only words but objects, such as their flag, "speak" to the citizens of a country.

Similarly, gender cannot be equated with biological and physiological differences between human females and males. The building blocks of gender are socially constructed statuses. Western societies have only two genders, "man" and "woman." Some societies have three genders—men, women, and berdaches or hijras or xaniths. Berdaches, hijras, and xaniths are biological males who behave, dress, work, and are treated in most respects as social women; they are therefore not men, nor are they female women; they are, in our language, "male women." There are African and American Indian societies that have a gender status called manly hearted women—biological females who work, marry, and parent as men; their social status is "female men" (Amadiume 1987; Blackwood 1984). They do not have to behave or dress as men to have the social responsibilities and prerogatives of husbands and fathers; what makes them men is enough wealth to buy a wife.

Modern Western societies' transsexuals and transvestites are the nearest equivalent of these crossover genders, but they are not institutionalized as third genders (Bolin 1987). Transsexuals are biological males and females who have sex-change operations to alter their genitalia. They do so in order to bring their physical anatomy in congruence with the way they want to live and with their own sense of gender identity. They do not become a third gender; they change genders. Transvestites are males who live as women and females who live as men but do not intend to have sex-change surgery. Their dress, appearance, and mannerisms fall within the range of what is expected from members of the opposite gender, so that they "pass." They also change genders, sometimes temporarily, some for most of their lives. Transvestite women have fought in wars as men soldiers as recently as

the nineteenth century; some married women, and others went back to being women and married men once the war was over. Some were discovered when their wounds were treated; others not until they died. In order to work as a jazz musician, a man's occupation, Billy Tipton, a woman, lived most of her life as a man. She died recently at seventy-four, leaving a wife and three adopted sons for whom she was husband and father, and musicians with whom she had played and traveled, for whom she was "one of the boys" (New York Times 1989). There have been many other such occurrences of women passing as men to do more prestigious or lucrative men's work (Matthaei 1982, 192–93).

Genders, therefore, are not attached to a biological substratum. Gender boundaries are breachable, and individual and socially organized shifts from one gender to another call attention to "cultural, social, or aesthetic dissonances" (Garber 1992, 16). These odd or deviant or third genders show us what we ordinarily take for granted—that people have to learn to be women and men...

For Individuals, Gender Means Sameness

Although the possible combinations of genitalia, body shapes, clothing, mannerisms, sexuality, and roles could produce infinite varieties in human beings, the social institution of gender depends on the production and maintenance of a limited number of gender statuses and of making the members of these statuses similar to each other. Individuals are born sexed but not gendered, and they have to be taught to be masculine or feminine.⁸ As Simone de Beauvoir said: "One is not born, but rather becomes, a woman . . . ; it is civilization as a whole that produces this creature . . . which is described as feminine." (1953, 267).

Children learn to walk, talk, and gesture the way their social group says girls and boys should. Ray Birdwhistell, in his analysis of body motion as human communication, calls these learned gender displays tertiary sex characteristics and argues that they are needed to distinguish genders because humans are a weakly dimorphic species—their only sex markers are genitalia (1970, 39–46). Clothing, paradoxically, often hides the sex but displays the gender.

In early childhood, humans develop gendered personality structures and sexual orientations through their interactions with parents of the same and opposite gender. As adolescents, they conduct their sexual behavior according to gendered scripts. Schools, parents, peers, and the mass media guide young people into gendered work and family roles. As adults, they take on a gendered social status in their society's stratification system. Gender is thus both ascribed and achieved (West and Zimmerman 1987). . . .

Gender norms are inscribed in the way people move, gesture, and even eat. In one African society, men were supposed to eat with their "whole mouth, whole-heartedly, and not, like women, just with the lips, that is halfheartedly, with reservation and restraint" (Bourdieu [1980] 1990, 70). Men and women in this society learned to walk in ways that proclaimed their different positions in the society:

The manly man . . . stands up straight into the face of the person he approaches, or wishes to welcome. Ever on the alert, because ever threatened, he misses nothing of what happens around him. . . . Conversely, a well brought-up woman . . . is expected to walk with a slight stoop, avoiding every misplaced movement of her body, her head or her arms, looking down, keeping her eyes on the spot where she will next put her foot, especially if she happens to have to walk past the men's assembly. (70)

... For human beings there is no essential femaleness or maleness, femininity or masculinity, womanhood or manhood, but once gender is ascribed, the social order constructs and holds individuals to strongly gendered norms and expectations. Individuals may vary on many of the components of gender and may shift genders temporarily or permanently, but they must fit into the limited number of gender statuses their society recognizes. In the process, they re-create their society's version of women and men: "If we do gender appropriately, we simultaneously sustain, reproduce, and render legitimate the institutional arrangements. . . . If we fail to do gender appropriately, we as individuals-not the institutional arrangements—may be called to account (for our character, motives, and predispositions)" (West and Zimmerman 1987, 146).

The gendered practices of everyday life reproduce a society's view of how women and men should act (Bourdieu [1980] 1990). Gendered social arrangements are justified by religion and cultural productions and backed by law, but the most powerful means of sustaining the moral hegemony of the dominant gender ideology is that the process is made invisible; any possible alternatives are virtually unthinkable (Foucault 1972; Gramsci 1971).9

For Society, Gender Means Difference

The pervasiveness of gender as a way of structuring social life demands that gender statuses be clearly differentiated. Varied talents, sexual preferences, identities, personalities, interests, and ways of interacting fragment the individual's bodily and social experiences. Nonetheless, these are organized in Western cultures into two and only two socially and legally recognized gender statuses, "man" and "woman." In the social construction of gender, it does not matter what men and women actually do; it does not even matter if they do exactly the same thing. The social institution of gender insists only that what they do is perceived as different.

If men and women are doing the same tasks, they are usually spatially segregated to maintain gender separation, and often the tasks are given different job titles as well, such as executive secretary and administrative assistant (Reskin 1988). If the differences between women and men begin to blur, society's "sameness taboo" goes into action (Rubin 1975, 178). At a rock and roll dance at West Point in 1976, the year women were admitted to the prestigious military academy for the first time, the school's administrators "were reportedly perturbed by the sight of mirror-image couples dancing in short hair and dress gray trousers," and a rule was

established that women cadets could dance at these events only if they wore skirts (Barkalow and Raab 1990, 53). 11 Women recruits in the U.S. Marine Corps are required to wear makeup—at a minimum, lipstick and eye shadow—and they have to take classes in makeup, hair care, poise, and etiquette. This feminization is part of a deliberate policy of making them clearly distinguishable from men Marines. Christine Williams quotes a twenty-five-year-old woman drill instructor as saying: "A lot of the recruits who come here don't wear makeup; they're tomboyish or athletic. A lot of them have the preconceived idea that going into the military means they can still be a tomboy. They don't realize that you are a Woman Marine" $(1989, 76-77)^{12}$

If gender differences were genetic, physiological, or hormonal, gender bending and gender ambiguity would occur only in hermaphrodites, who are born with chromosomes and genitalia that are not clearly female or male. Since gender differences are socially constructed, all men and all women can enact the behavior of the other, because they know the other's social script: "'Man' and 'woman' are at once empty and overflowing categories. Empty because they have no ultimate, transcendental meaning. Overflowing because even when they appear to be fixed, they still contain within them alternative, denied, or suppressed definitions." (Scott 1988, 49)....

For one transsexual man-to-woman, the experience of living as a woman changed his/her whole personality. As James, Morris had been a soldier, foreign correspondent, and mountain climber; as Jan, Morris is a successful travel writer. But socially, James was superior to Jan, and so Jan developed the "learned helplessness" that is supposed to characterize women in Western society:

We are told that the social gap between the sexes is narrowing, but I can only report that having, in the second half of the twentieth century, experienced life in both roles, there seems to me no aspect of existence, no moment of the day, no contact, no arrangement, no response, which is not different for men and for women. The very tone of voice in which I was now addressed, the very posture of the person next in the queue, the very feel in the air when I entered a room or sat at a restaurant table, constantly emphasized my change of status.

And if other's responses shifted, so did my own. The more I was treated as woman, the more woman I became. I adapted willy-nilly. If I was assumed to be incompetent at reversing cars, or opening bottles, oddly incompetent I found myself becoming. If a case was thought too heavy for me, inexplicably I found it so myself. . . . Women treated me with a frankness which, while it was one of the happiest discoveries of my metamorphosis, did imply membership of a camp, a faction, or at least a school of thought; so I found myself gravitating always towards the female, whether in sharing a railway compartment or supporting a political cause. Men treated me more and more as junior, . . . and so, addressed every day of my life as an inferior, involuntarily, month by month I accepted the condition. I discovered that even now men prefer women to be less informed, less able, less talkative, and certainly less self-centered than they are themselves; so I generally obliged them. (1975, 165-66)13

Gender as Process, Stratification, and Structure

As a social institution, gender is a process of creating distinguishable social statuses for the assignment of rights and responsibilities. As part of a stratification system that ranks these statuses unequally, gender is a major building block in the social structures built on these unequal statuses.

As a process, gender creates the social differences that define "woman" and "man." In social interaction throughout their lives, individuals learn what is expected, see what is expected, act and react in expected ways, and thus simultaneously construct and maintain the gender order: "The very injunction to be a given gender takes place through discursive routes: to be a good mother, to be a heterosexually desirable object, to be a fit worker, in sum, to signify a multiplicity of guarantees in response to a variety of different demands all at once" (Butler 1990, 145). Members of a social group neither make up gender as they go along nor exactly replicate in rote fashion what was done before. In almost every encounter, human beings produce gender, behaving in the ways they learned were appropriate for their status, or resisting or rebelling against these norms. Resistance and rebellion have altered gender norms, but so far they have rarely eroded the statuses.

Gendered patterns of interaction acquire additional layers of gendered sexuality, parenting, and work behaviors in childhood, adolescence, and adulthood. Gendered norms and expectations are enforced through informal sanctions of gender-inappropriate behavior by peers and by formal punishment or threat of punishment by those in authority should behavior deviate too far from socially imposed standards for women and men. . . .

As part of a stratification system, gender ranks men above women of the same race and class. Women and men could be different but equal. In practice, the process of creating difference depends to a great extent on differential evaluation. As Nancy Jay (1981) says: "That which is defined, separated out, isolated from all else is A and pure. Not-A is necessarily impure, a random catchall, to which nothing is external except A and the principle of order that separates it from Not-A" (45). From the individual's point of view, whichever gender is A, the other is Not-A; gender boundaries tell the individual who is like him or her, and all the rest are unlike. From society's point of view, however, one gender is usually the touchstone, the normal, the dominant, and the other is different, deviant, and subordinate. In Western society, "man" is A, "wo-man" is Not-A. (Consider what a society would be like where woman was A and man Not-A.)

The further dichotomization by race and class constructs the gradations of a heterogeneous society's stratification scheme. Thus, in the United States, white is A, African American is Not-A; middle class is A, working class is Not-A, and "African-American women occupy a position whereby the inferior half of a series of these dichotomies converge" (Collins 1990, 70). The dominant categories are the hegemonic ideals, taken so for granted as the way things should be that white is not ordinarily thought of as a race, middle class as a class, or men as a gender. The characteristics of these categories define the Other as that which lacks the valuable qualities the dominants exhibit.

In a gender-stratified society, what men do is usually valued more highly than what women do because men do it, even when their activities are very similar or the same. In different regions of southern India, for example, harvesting rice is men's work, shared work, or women's work: "Wherever a task is done by women it is considered easy, and where it is done by [men] it is considered difficult" (Mencher 1988, 104). A gathering and hunting society's survival usually depends on the nuts, grubs, and small animals brought in by the women's foraging trips, but when the men's hunt is successful, it is the occasion for a celebration. Conversely, because they are the superior group, white men do not have to do the "dirty work," such as housework; the most inferior group does it, usually poor women of color (Palmer 1989)....

Societies vary in the extent of the inequality in social status of their women and men members, but where there is inequality, the status "woman" (and its attendant behavior and role allocations) is usually held in lesser esteem than the status "man." Since gender is also intertwined with a society's other constructed statuses of differential evaluation-race, religion, occupation, class, country of origin, and so on-men and women members of the favored groups command more power, more prestige, and more property than the members of the disfavored groups. Within many social groups, however, men are advantaged over women. The more economic resources, such as education and job opportunities, are available to a group, the more they tend to be monopolized by men. In poorer groups that have few resources (such as working-class African Americans in the United States), women and men are more nearly equal, and the women may even outstrip the men in education and occupational status (Almquist 1987).

As a structure, gender divides work in the home and in economic production, legitimates those in authority, and organizes sexuality and emotional life (Connell 1987, 91-142). As primary parents, women significantly influence children's psychological development and emotional attachments, in the process reproducing gender. Emergent sexuality is shaped by heterosexual, homosexual, bisexual, and sadomasochistic patterns that are gendered-different for girls and boys, and for women and men - so that sexual statuses reflect gender statuses.

When gender is a major component of structured inequality, the devalued genders have less power, prestige, and economic rewards than the valued genders. In countries that discourage gender discrimination, many major roles are still gendered; women still do most of the domestic labor and child rearing, even while doing fulltime paid work; women and men are segregated on the job and each does work considered "appropriate"; women's work is usually paid less than men's work. Men dominate the positions of authority and leadership in government, the military, and the law; cultural productions, religions, and sports reflect men's interests.

In societies that create the greatest gender difference, such as Saudi Arabia, women are kept out of sight behind walls or veils, have no civil rights, and often create a cultural and emotional world of their own (Bernard 1981). But even in societies with less rigid gender boundaries, women and men spend much of their time with people of their own gender because of the way work and family are organized. This spatial separation of women and men reinforces gendered differentness, identity, and ways of thinking and behaving (Coser 1986).

Gender inequality—the devaluation of "women" and the social domination of "men"—has social functions and a social history. It is not the result of sex, procreation, physiology, anatomy, hormones, or genetic predispositions. It is produced and maintained by identifiable social processes and built into the general social structure and individual identities deliberately and purposefully. The social order as we know it in Western societies is organized around racial ethnic, class, and gender inequality. I contend, therefore, that the continuing purpose of gender as a modern social institution is to construct women as a group to be the subordinates of men as a group. The life of everyone placed in the status "woman" is "night to his day—that has forever been the fantasy. Black to his white. Shut out of his system's space, she is the repressed that ensures the system's functioning" (Cixous and Clément [1975] 1986, 67).

NOTES

- 1. Gender is, in Erving Goffman's words, an aspect of Felicity's Condition: "any arrangement which leads us to judge an individual's . . . acts not to be a manifestation of strangeness. Behind Felicity's Condition is our sense of what it is to be sane" (1983, 27). Also see Bem 1993; Frye 1983, 17-40; Goffman 1977.
- 2. In cases of ambiguity in countries with modern medicine, surgery is usually performed to make the genitalia more clearly male or female.
 - 3. See Butler 1990 for an analysis of how doing gender is gender identity.
- 4. On the hijras of India, see Nanda 1990; on the xaniths of Oman, Wikan 1982, 168-86; on the American Indian berdaches, W. L. Williams 1986. Other societies that have similar institutionalized third-gender men are the Koniag of Alaska, the Tanala of Madagascar, the Mesakin of Nuba, and the Chukchee of Siberia (Wikan 1982, 170).
 - 5. Durova 1989; Freeman and Bond 1992; Wheelwright 1989.
- 6. Gender segregation of work in popular music still has not changed very much, according to Groce and Cooper 1990, despite considerable androgyny in some very popular figures. See Garber 1992 on the androgyny. She discusses Tipton on pp. 67-70.
- 7. In the nineteenth century, not only did these women get men's wages, but they also "had male privileges and could do all manner of things other women could not: open a bank account, write checks, own property, go anywhere unaccompanied, vote in elections" (Faderman 1991, 44).
- 8. For an account of how a potential man-to-woman transsexual learned to be feminine, see Garfinkel 1967, 116-85, 285-88. For a gloss on this account that points out how, throughout his encounters with Agnes, Garfinkel failed to see how he himself was constructing his own masculinity, see Rogers 1992.
- 9. The concepts of moral hegemony, the effects of everyday activities (praxis) on thought and personality, and the necessity of consciousness of these processes before political change can occur are all based on Marx's analysis of class relations.

- 10. Other societies recognize more than two categories, but usually no more than three or four (Jacobs and Roberts 1989).
- 11. Carol Barkalow's book has a photograph of eleven first-year West Pointers in a math class, who are dressed in regulation pants, shirts, and sweaters, with short haircuts. The caption challenges the reader to locate the only woman in the room.
- 12. The taboo on males and females looking alike reflects the U.S. military's homophobia (Bérubé 1989). If you can't tell those with a penis from those with a vagina, how are you going to determine whether their sexual interest is heterosexual or homosexual unless you watch them having sexual relations?
- 13. See Bolin 1988, 149-50, for transsexual men-to-women's discovery of the dangers of rape and sexual harassment. Devor's "gender blenders" went in the opposite direction. Because they found that it was an advantage to be taken for men, they did not deliberately cross-dress, but they did not feminize themselves either (1989, 126-40).

REFERENCES

Almquist, Elizabeth M. 1987. Labor market gendered inequality in minority groups. Gender & Society 1:400-14.

Amadiume, Ifi. 1987. Male daughters, female husbands: Gender and sex in an African society. London: Zed Books.

Barkalow, Carol, with Andrea Raab. 1990. In the men's house. New York: Poseidon Press. Bem, Sandra Lipsitz. 1993. The lenses of gender: Transforming the debate on sexual inequality. New Haven: Yale University Press.

Bernard, Jessie. 1981. The female world. New York: Free Press.

Bérubé, Allan. 1989. Marching to a different drummer: Gay and lesbian GIs in World War II. In Duberman, Vicinus, and Chauncey.

Birdwhistell, Ray L. 1970. Kinesics and context: Essays on body motion communication. Philadelphia: University of Pennsylvania Press.

Blackwood, Evelyn. 1984. Sexuality and gender in certain Native American tribes: The case of cross-gender females. Signs: Journal of Women in Culture and Society 10:27-42.

Bolin, Anne. 1987. Transsexualism and the limits of traditional analysis. American Behavioral Scientist 31:41-65.

_____. 1988. In search of Eve: Transsexual rites of passage. South Hadley, Mass.: Bergin & Garvey.

Bourdieu, Pierre. [1980] 1990. The logic of practice. Stanford, Calif.: Stanford University Press.

Butler, Judith. 1990. Gender trouble: Feminism and the subversion of identity. New York and London: Routledge.

Cixous, Hélène, and Catherine Clément. [1975] 1986. The newly born woman, translated by Betsy Wing. Minneapolis: University of Minnesota Press.

Collins, Patricia Hill. 1990. Black feminist thought: Knowledge, consciousness, and the politics of empowerment. Boston: Unwin Hyman.

Connell, R. [Robert] W. 1987. Gender and power: Society, the person, and sexual politics. Stanford, Calif.: Stanford University Press.

Coser, Rose Laub. 1986. Cognitive structure and the use of social space. Sociological Forum 1:1-26.

De Beauvoir, Simone. 1953. The second sex, translated by H. M. Parshley. New York: Knopf.

Devor, Holly. 1989. Gender blending: Confronting the limits of duality. Bloomington: Indiana University Press.

Duberman, Martin Bauml, Martha Vicinus, and George Chauncey, Jr. (eds.). 1989. Hidden from history: Reclaiming the gay and lesbian past. New York: New American

Durova, Nadezhda. 1989. The cavalry maiden: Journals of a Russian officer in the Napoleonic Wars, translated by Mary Fleming Zirin. Bloomington: Indiana University

Dwyer, Daisy, and Judith Bruce (eds.). 1988. A home divided: Women and income in the Third World. Palo Alto, Calif.: Stanford University Press.

Faderman, Lillian. 1991. Odd girls and twilight lovers: A history of lesbian life in twentieth-century America. New York: Columbia University Press.

Foucault, Michel. 1972. The archeology of knowledge and the discourse on language, translated by A.M. Sheridan Smith. New York: Pantheon.

Freeman, Lucy, and Alma Halbert Bond. 1992. America's first woman warrior: The courage of Deborah Sampson. New York: Paragon.

Frye, Marilyn. 1983. The politics of reality: Essays in feminist theory. Trumansburg, N.Y.: Crossing Press.

Garber, Marjorie. 1992. Vested interests: Cross-dressing and cultural anxiety. New York and London: Routledge.

Garfinkel, Harold. 1967. Studies in ethnomethodology. Englewood Cliffs, N.J.: Prentice-Hall.

Goffman, Erving. 1977. The arrangement between the sexes. Theory and Society

_____. 1983. Felicity's condition. American Journal of Sociology 89:1-53.

Gramsci, Antonio. 1971. Selections from the prison notebooks, translated and edited by Quintin Hoare and Geoffrey Nowell Smith. New York: International Publishers.

Groce, Stephen B., and Margaret Cooper. 1990. Just me and the boys? Women in local-level rock and roll. Gender & Society 4:220-29.

Jacobs, Sue-Ellen, and Christine Roberts. 1989. Sex, sexuality, gender, and gender variance. In Gender and anthropology, edited by Sandra Morgen. Washington, D.C.: American Anthropological Association.

Jay, Nancy. 1981. Gender and dichotomy. Feminist Studies 7:38-56.

Matthaei, Julie A. 1982. An economic history of women's work in America. New York: Schocken.

Mencher, Joan. 1988. Women's work and poverty: Women's contribution to household maintenance in South India. In Dwyer and Bruce.

Morris, Jan. 1975. Conundrum. New York: Signet.

Nanda, Serena. 1990. Neither man nor woman: The hijras of India. Belmont, Calif.: Wadsworth.

New York Times. 1989. Musician's death at 74 reveals he was a woman. 2 February.

Palmer, Phyllis. 1989. Domesticity and dirt: Housewives and domestic servants in the United States, 1920–1945. Philadelphia: Temple University Press.

Reskin, Barbara F. 1988. Bringing the men back in: Sex differentiation and the devaluation of women's work. Gender & Society 2:58-81.

Rogers, Mary F. 1992. They were all passing: Agnes, Garfinkel, and company. Gender & Society 6:169-91.

Rubin, Gayle. 1975. The traffic in women: Notes on the political economy of sex. In Toward an anthropology of women, edited by Rayna R[app] Reiter. New York: Monthly Review Press.

Scott, Joan Wallach. 1988. Gender and the politics of history. New York: Columbia University Press.

West, Candace, and Don Zimmerman. 1987. Doing gender. Gender & Society 1:125-51.

Wheelwright, Julie. 1989. Amazons and military maids: Women who cross-dressed in pursuit of life, liberty and happiness. London: Pandora Press.

Wikan, Unni. 1982. Behind the veil in Arabia: Women in Oman. Baltimore, Md.: Johns Hopkins University Press.

Williams, Christine L. 1989. Gender differences at work: Women and men in nontraditional occupations. Berkeley: University of California Press.

Williams, Walter L. 1986. The spirit and the flesh: Sexual diversity in American Indian culture. Boston: Beacon Press.

The Social Construction of Sexuality

Ruth Hubbard

There is no "natural" human sexuality. This is not to say that our sexual feelings are "unnatural" but that whatever feelings and activities our society interprets as sexual are channeled from birth into socially acceptable forms of expression.

Western thinking about sexuality is based on the Christian equation of sexuality with sin, which must be redeemed through making babies. To fulfill the Christian mandate, sexuality must be intended for procreation, and thus all forms of sexual expression and enjoyment other than heterosexuality are invalidated. Actually, for most Christians nowadays just plain heterosexuality will do, irrespective of whether it is intended to generate offspring.

From Ruth Hubbard, The Politics of Women's Biology. Copyright @ 1991 by Rutgers, The State University. Reprinted by permission of Rutgers University Press.

These ideas about sexuality set up a major contradiction in what we tell children about sex and procreation. We teach them that sex and sexuality are about becoming mommies and daddies and warn them not to explore sex by themselves or with playmates of either sex until they are old enough to have babies. Then, when they reach adolescence and the entire culture pressures them into heterosexual activity, whether they themselves feel ready for it or not, the more "enlightened" among us tell them how to be sexually (meaning heterosexually) active without having babies. Surprise: It doesn't work very well. Teenagers do not act "responsibly"—teenage pregnancies and abortions are on the rise and teenage fathers do not acknowledge and support their partners and babies. Somewhere we forget that we have been telling lies. Sexuality and procreation are not linked in societies like ours. On the contrary, we expect youngsters to be heterosexually active from their teens on but to put off having children until they are economically independent and married, and even then to have only two or, at most, three children.

Other contradictions: This society, on the whole, accepts Freud's assumption that children are sexual beings from birth and that society channels their polymorphously perverse childhood sexuality into the accepted forms. Yet we expect our children to be asexual. We raise girls and boys together more than is done in many societies while insisting that they must not explore their own or each other's sexual parts or feelings.

What if we acknowledged the separation of sexuality from procreation and encouraged our children to express themselves sexually if they were so inclined? What if we, further, encouraged them to explore their own bodies as well as those of friends of the same and the other sex when they felt like it? They might then be able to feel at home with their sexuality, have some sense of their own and other people's sexual needs, and know how to talk about sexuality and procreation with their friends and sexual partners before their ability to procreate becomes an issue for them. In this age of AIDS and other serious sexually transmitted infections, such a course of action seems like essential preventive hygiene. Without the embarrassment of unexplored and unacknowledged sexual needs, contraceptive needs would be much easier to confront when they arise. So, of course, would same-sex love relationships.

Such a more open and accepting approach to sexuality would make life easier for children and adolescents of either sex, but it would be especially advantageous for girls. When a boy discovers his penis as an organ of pleasure, it is the same organ he is taught about as his organ of procreation. A girl exploring her pleasurable sensations finds her clitoris, but when she is taught about making babies, she hears about the functions of the vagina in sex and birthing. Usually, the clitoris goes unmentioned, and she doesn't even learn its name until much later. Therefore for boys there is an obvious link between procreation and their own pleasurable, erotic explorations; for most girls, there isn't.

Individual Sexual Scripts

Each of us writes our own sexual script out of the range of our experiences. None of this script is inborn or biologically given. We construct it out of our diverse life situations, limited by what we are taught or what we can imagine to be permissible and correct. There is no unique female sexual experience, no male sexual experience, no unique heterosexual, lesbian, or gay male experience. We take the experiences of different people and sort and lump them according to socially significant categories. When I hear generalizations about the sexual experience of some particular group, exceptions immediately come to mind. Except that I refuse to call them exceptions: They are part of the range of our sexual experiences. Of course, the similar circumstances in which members of a particular group find themselves will give rise to group similarities. But we tend to exaggerate them when we go looking for similarities within groups or differences between them.

This exaggeration is easy to see when we look at the dichotomy between "the heterosexual" and "the homosexual." The concept of "the homosexual," along with many other human typologies, originated toward the end of the nineteenth century. Certain kinds of behavior stopped being attributed to particular persons and came to define them. A person who had sexual relations with someone of the same sex became a certain kind of person, a "homosexual"; a person who had sexual relations with people of the other sex, a different kind, a "heterosexual."

This way of categorizing people obscured the hitherto accepted fact that many people do not have sexual relations exclusively with persons of one or the other sex. (None of us has sex with a kind of person; we have sex with a person.) This categorization created the stereotypes that were popularized by the sex reformers, such as Havelock Ellis and Edward Carpenter, who biologized the "difference." "The homosexual" became a person who is different by nature and therefore should not be made responsible for his or her so-called deviance. This definition served the purpose of the reformers (although the laws have been slow to change), but it turned same-sex love into a medical problem to be treated by doctors rather than punished by judges—an improvement, perhaps, but not acceptance or liberation. . . .

Toward a Nondeterministic Model of Sexuality

... Some gay men and lesbians feel that they were born "different" and have always been homosexual. They recall feeling strongly attracted to members of their own sex when they were children and adolescents. But many womer, who live with men and think of themselves as heterosexual also had strong affective and erotic ties to girls and women while they were growing up. If they were now in loving relationships with women, they might look back on their earlier loves as proof בונב שטכומו Construction of Difference: Race, Class, Gender, and Sexuality

that they were always lesbians. But if they are now involved with men, they may be tempted to devalue their former feelings as "puppy love" or "crushes."

Even within the preferred sex, most of us feel a greater affinity for certain "types" than for others. Not any man or woman will do. No one has seriously suggested that something in our innate makeup makes us light up in the presence of only certain women or men. We would think it absurd to look to hormone levels or any other simplistic biological cause for our preference for a specific "type" within a sex. In fact, scientists rarely bother to ask what in our psychosocial experience shapes these kinds of tastes and preferences. We assume it must have something to do with our relationship to our parents or with other experiences, but we do not probe deeply unless people prefer the "wrong" sex. Then, suddenly, scientists begin to look for specific causes.

Because of our recent history and political experiences, feminists tend to reject simplistic, causal models of how our sexuality develops. Many women who have thought of themselves as heterosexual for much of their life and who have been married and have had children have fallen in love with a woman (or women) when they have had the opportunity to rethink, refeel, and restructure their lives.

The society in which we live channels, guides, and limits our imagination in sexual as well as other matters. Why some of us give ourselves permission to love people of our own sex whereas others cannot even imagine doing so is an interesting question. But I do not think it will be answered by measuring our hormone levels or by trying to unearth our earliest affectional ties. As women begin to speak freely about our sexual experiences, we are getting a varied range of information with which we can reexamine, reevaluate, and change ourselves. Lately, increasing numbers of women have begun to acknowledge their "bisexuality"—the fact that they can love women and men in succession or simultaneously. People fall in love with individuals, not with a sex. Gender need not be a significant factor in our choice, although for some of us it may be.