MART 120

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Thoughts on Mindset

The reading for Mindset was very eye opening. Much of it reiterated subconscious thoughts or ideas I've had about intelligence/learning for the last few years of my life, by reading the article brought those thoughts to light and put them into words for the first time. I think Mindset is really important for me to remember for this class. Most subjects throughout my learning have come pretty easy to me, but I've also started each subject with at least a basic knowledge of the subject. With coding, and especially creative or "artistic" coding, I am going in completely blind. I'm studying to become a film director/screenwriter, so while I use computers all the time, coding is such a new concept to me that I might as well be learning Russian. To be honest, it's pretty intimidating, and I've already begun to feel lost in just the first two weeks of class. I'm glad I got the chance to read about Mindset before we delve further into the class material, because now that I am constantly thinking of improving my mindset to a more growth-oriented outlook, it will be easier for me to be confident in learning new things.

(side note: I came out of the Mindset quiz with a prescribed strong "growth mindset," but I was not a fan of the wording of the questions. Each question was literally the same as the one before but phrased differently, so I'm not putting too much stock in my results and instead will focus on cultivating/maintaining a growth-oriented mindset.)