SEAN GILMORE

 ADDRESS — EMAIL — PHONE NUMBER— (omitted for posting publicly to Github)

WORK EXPERIENCE

Residential Supervisor

Cardinal Cushing Centers - Hanover, MA

March 2020 - Present

- Pick from locations from automated headset direction
- Palletize and wrap freight in a cold storage warehouse for frozen foods and ice cream
- Load pallets onto truck using electric ride-on pallet jack

Residential Life Skills Instructor

Cardinal Cushing Centers - Hanover, MA

November 2015 - March 2020

- Assist in the daily lives of and maintain the health and wellbeing of special needs residential students
- Cover supervisor shifts when requested

Warehouse Worker

Americold - Taunton, MA

May 2015 – October 2015

- Pick from locations from automated headset direction
- Palletize and wrap freight in a cold storage warehouse for frozen foods and ice cream
- Load pallets onto truck using electric ride-on pallet jack

Cashier, Production, Supervisor of Operations

Savers - Hanover, MA

March 2013 – April 2015

- Supervise operations staff
- Provide quality customer service when cashing out customers
- Maintain store displays and cleanliness of store
- Assist the staff in their regular duties
- Balance out registers at the end of scheduled shift
- Unload trucks
- Bail recyclable materials
- Operate compactor
- Use electric forklift

Dishwasher/Food Prep

Outback Steakhouse - Hanover, MA

March 2012 - March 2013

- Ensure the cleanliness of glassware, cookware, and silverware allowing for optimal guest satisfaction.
- Prepare food for use by line cooks.

Backroom Associate

Ocean State Job Lot - Rockland, MA

May 2009 – August 2009

- Unload trucks using manual pallet jack
- Stock shelves while maintaining a safe environment for employees and customers
- Make use of organizational skills to present merchandise in an aesthetically pleasing fashion

Instock Associate

Wal*mart - Hanover, MA

May 2007 – March 2012

- Maintain the backroom using the POS system
- Loaded/unloaded trucks
- Stocked shelves while taking care of the needs of customers
- Operate both electrical and propane powered forklift
- Operate both baler and compactor

Food Service Worker/Cashier

Dunkin' Donuts - Abington, MA

April 2005 – August 2005

- Provide food and drink to the customer in a timely fashion
- Take orders and manage all register transactions

EDUCATION

Bachelor of Science degree in Computer Science

Bridgewater State University - Bridgewater, MA

January 2019 - Present

Associate of Science degree in Computer Science (Programming Option)

Massasoit Community College - Brockton, MA

May 2013

CERTIFICATIONS

CPR, First Aid, Medication Administration and Safety-Care

SKILLS

Detail-oriented working professional with strong technical aptitude and the ability to use communication and interpersonal skills to quickly learn concepts. Achieves continuous sales growth. Effectively capitalizes on strengths. Emulated by peers and subordinates. Excels in innovative thinking. Keeps alert to current practices. Maintains high professional ethics. Meticulous with detail. Recognizes the needs of others. Very orderly and systematic.

Adept in technical aspects. Took in depth classes on functions of the Microsoft Office Suite including Word, Excel, PowerPoint, and Access. Classes in HTML, C++, Visual Basic, Kotlin, Python, R, and Java.