# KEY Blood Drives 2022–2023

#### All about blood!

• Blood transfers oxygen and important nutrients throughout your body!

RED BLOOD CELLS = 40–45% blood vol

PLATELETS= control bleeding and plug wounds

PLASMA= transfers water and nutrients

WHITE BLOOD CELLS: fight disease

#### Why Donate?

- Save lives! Blood is needed every single day!
   Blood has a limited shelf life and cannot be produced outside of the body
- Get a free check-up before donating
- Learn about your blood type, cholesterol and more
- Get cool One Blood merch
- Snacks and drinks:)

YOU can make a difference

## Dates & Announcing

FIRST DRIVE!! Sept 29th

note: 2 pts for whole blood, 3 pts for platelets:)

Other drive dates: 12/5/22 2/9/23

4/20/23

I will send out drive info on Key Club Facebook 2 weeks in advance! You will find:
Sign-ups for volunteering Information about donating
Points awarded

### Volunteering

- Sign up for slots through Sign-Up Genius- 2/3 people per slot
- 2 days of sign-ups before drive, plus on day of drive
- Visiting more traditional rooms— the more donors the better
- Points awarded: 1 for each volunteer period
- Volunteering is a fun and easy way to get points!

#### QUESTIONS?



Refer to OneBlood for more info