Adverbs of Frequency

Hello and welcome back, in this lesson we will be looking at adverbs of frequency.

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5* 10* 15* 20*
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Firstly, what is an adverb?

Adverbs modify a verb, an adjective, or another adverb.

Adverbs normally carry out these functions by answering questions such as:

When?

How?

Where?

In what way? To what extent?



She arrives early.



He drives dangerously.



They go everywhere **alone**.



He eats quickly.



It is **terribly** hot.

An adverb of frequency shows you how often something happens. This can be always = 100%, or never = 0%.

For example: I ______ go shopping.

always sometimes

usually occasionally

regularly rarely

normally seldom

often never

For example:

I _____ go shopping.

l _____ play football.

l _____ gamble.

_____ eat vegetables.

_____ drink coffee.











Word order

The order of the words is very important, and the position of the adverb changes depending on the verb.

These adverbs can go before the main verb As the verb is an action verb.

Subject => Auxiliary => Adverb of frequency => Verb => Rest

Subject	Auxiliary	Adverb of frequency	Verb	Rest
T		always	get up	at 6.45.
John	can	usually	play	football
Julie	has	sometimes	got	homework.







Be verbs

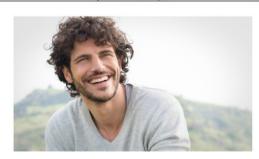
Adverbs of frequency come after a form of to be (am, are, is) - (was, were).

Subject => be verb => Adverb of frequency =>

Rest

Subject	Be verb	Adverb of frequency	Rest
Susan	is	never	late.
1	am	always	happy
they	are	normally	chatty







At the beginning?

The adverbs **often**, **usually**, **sometimes** and **occasionally** can start the sentence.

_____I go swimming.
_____ we surf the internet.
_____ go to school
I visit the doctor









At the end?

Sometimes these adverbs can go at the end of a sentence.

I read	ga)
I swim	
I Play football	
I run	