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Master Index of Written & In-Progress Works By Shane Russell | Social Impact Solutions LLC

✅ Phase 1: Foundational Deployment – Core Entry Path

- **Rebuilding the Family Unit — From Fractured to Unstoppable** *A blueprint for restoring the home as society's strongest foundation by rebuilding truth, rhythm, and safety.* 📘 Workbook: *The Rebuilding Workbook – A 30-Day Family Reset*

- **This for That! — Transactional Truths in Love, Business, and Life** *Reveals the hidden exchanges shaping every relationship and how to reclaim fairness with structure.* 📘 Workbook: *The Interactive Guide to Transactional Clarity*

- **Life is Full of Ups and Downs — Why Growth Never Moves in a Straight Line** *An accessible guide to understanding life's natural rise-and-fall rhythms without losing balance.*

- **Life is a Journey, Not a Destination — Where You Go from Here Is Either by Accident or by Design** *Shows readers how to design their own roadmap instead of drifting through life by chance.* 📘 Workbook: *The Roadmap Journal*

- **The Journey Within — You Are the Map. You Are the Flame. You Are the Destination.** *A deeper exploration of self-awareness, healing, and inner truth as the compass for life.*

- **The System of Life — Breaking Free from the Simulation** *Uncovers the systems shaping our lives and teaches readers how to rewrite their own programming.* 📘 Workbook: *Rewire the System*

- **Life is a Pyramid — Learn to Read, Write, and Climb Your Own Blueprint** *Explains how growth is built layer by layer, just like the unbreakable foundation of a pyramid.*

- **People Don't Plan to Fail — They Fail to Plan** *Empowers readers to build simple systems that prevent collapse and create long-term success.* 📘 Workbook: *Personal Infrastructure Builder*

⚙️ Phase 2: Systemic Identity + Psychological Health

- **Life Out of Balance — Newton's Laws and the Search for Stability** *Uses the laws of motion to explain why imbalance in life always demands correction.*

- **Better Than That — The Version of You That's Been Waiting** *Guides readers through shedding false layers and living as their most authentic self.*

- **Weaponized Innocence — How Control Masquerades as Protection** *Reveals how innocence is manipulated in families, schools, and governments to enable control.*

- **Intel vs Wisdom — Knowing Things vs. Living Truth** *A critical look at information overload versus embodied knowledge that sustains real change.*

- **The Overloaded Mind — Managing Information Overload in the Digital Age** *Practical strategies to prevent burnout and reclaim mental clarity in a hyperconnected world.* 📘 Workbook: *Digital Detox & Clarity Guide*

- **Two Minds, One Body — Integrating Dual Identities for Emotional Health** *Explores how conflicting identities can be reconciled into a stronger, integrated self.*

- **Cyber-Social Anxiety — Tech-Induced Fear & Social Reconnection** *Examines how constant connectivity fuels anxiety and how to rebuild healthy social bonds.*

- **Breaking the Cycle — Ending Generational Dysfunction** *A step-by-step guide to naming, breaking, and replacing inherited family patterns.* 📘 Workbook: *Cycle Breaker Journal*

- **Rejection Confidence — Thriving Beyond "No"** *Teaches readers how to use rejection as a tool for strength, growth, and resilience.*

- **Too Fast to Feel — Slowing Down in a Speed-Obsessed World** *Exposes how modern speed numbs us emotionally and offers tools to reconnect with presence.*

- **Your Mind, Unplugged — Restoring Our Place in the Universe** *Encourages readers to step beyond distraction and rediscover the quiet power of presence.*

📖 Phase 3: Truth, Leadership, and Influence

- **America, Inc. — How the U.S. Became the Lawsuit Capital of the World** *Dissects America's unique legal-industrial system and what it reveals about society's values.*

- **Fact or Fiction — A Memoir, Manifesto, and Manual on Truth** *Part personal story, part guidebook on living in alignment with truth in a world of lies.*

- **Too Many Chefs — Why Systems Fail Without Leadership** *Explains why too many leaders—or none at all—leads to collapse, and how to restore order.*

- **Breaking the Mold — The Professional No One Sees Coming** *Equips outsiders and underdogs with strategies to disrupt industries and lead with impact.*

- **Play My Game — How I Took Control When the World Wouldn't Listen** *A candid account of rewriting the rules when existing systems refused fairness.*

- **Balance for Success — Reframing Work, Family, and Self** *Shows how true success comes from harmony across life's competing demands.*

- **Personal Accountability & Resilience — The Hidden Superpower** *Explains why ownership and resilience are the rarest and most valuable leadership skills.*

- **Strengthening Weakest Links — Building Teams That Don't Break** *Practical strategies for fortifying any team by identifying and supporting its most fragile parts.*

- **Digital Media — Rewiring Perception in the Age of Screens** *Investigates how media shapes attention, belief, and perception in ways most never notice.* 📘 Workbook: *Media Awareness Reset Toolkit*

💰 Phase 4: Economic, Political, and Societal Power

- **Time: The Only Asset You Can't Replace** *Argues why time is the true currency of life and how to protect it at all costs.*

- **What Will You Do When You're Replaced? — Automation and the Next Collapse** *A warning about the speed of automation and how individuals can prepare before it's too late.*

- **Economic Slavery — Breaking Free and Taking Control** *Reveals how modern systems trap people financially and how to reclaim autonomy.*

- **Credibility and Knowledge Unleashed — The Word Project** *Shows how truth, credibility, and knowledge are the new engines of influence and wealth.*

- **Universal Laws & Reality — The Power of Framing and Mass Delusion** *Explains how universal laws and mass framing shape collective reality.*

- **Perception is Reality — How Belief Systems Shape Human Behavior** *Demonstrates how perception—not facts—drives most of human decision-making.*

- **Political Polarization — How Division Became the New Normal** *Unpacks how engineered division eroded democracy and what it takes to reunite people.*

- **Consumerism — The Hidden Cage of Want** *Reveals how consumer culture enslaves people by engineering endless desire.*

- **Cycle of Opportunity — Systems that Lift or Lock People Out** *Explains how cycles of privilege and poverty repeat—and how to break free.*

- **Social Impact of Technology — Unmasking the Cost of Innovation** *Investigates how unchecked tech progress erodes human connection and stability.*

- **Digital Dilemma — The Conflict Between Connection and Control** *Explores how technology simultaneously connects and enslaves us—and what we can do.* 📘 Workbook: *Reclaiming Focus & Digital Boundaries*

🧠 Phase 5: Neuroscience, Biology, and Consciousness

- **Dual Minds and Substances — Linking Biology, Psychology, and Spirit** *Shows how mind-altering substances reveal the dual nature of human consciousness.*

- **You Are What You Eat! — Gut Health, Diet, and the Family Unit** *Explains how diet and gut health are inseparable from emotional and family wellbeing.*

- **The Meat of the Matter — What Happens When We Stop Eating Meat** *Examines the societal, ecological, and health consequences of mass vegetarianism/veganism.*

- **Task Overload — Why We Break Under Too Much, Too Fast** *Analyzes why humans collapse under overstimulation and how to recover balance.*

- **Aging Populations — Redesigning Care in a Shifting Society** *Explores the global challenge of aging and the systems required to care sustainably.*

- **Healthcare — Systems That Heal or Harm** *Unmasks how healthcare systems either serve or exploit people depending on design.*

- **Understanding Dreams and Sleep — How Our Brains Are Impacted** *Explains the role of dreams and sleep in memory, healing, and long-term health.*

🦋 Phase 6: Transformation and Ripple Effects

- **The Butterfly Effect — How Small Actions Create Massive Ripples** *Demonstrates how seemingly tiny choices reshape families, communities, and history.*

- **Reclaim Humanity — Restoring What Technology Took Away** *A manifesto for recovering the parts of ourselves lost to hyper-digital living.* 📘 Workbook: *Human Reset Toolkit*

- **Where We've Been — Tracing the Road to Now** *A historical throughline showing how past choices created today's fragile systems.*

- **Digital Discipline — Restructuring Attention in a Fractured World** *Teaches readers how to rebuild attention, focus, and presence in an age of distraction.*

🧠 Phase 7: Codes, Law, and Conscious Awakening

- **Cracking the Codes (Vol. 1) — Truth Hidden in Plain Sight** *Reveals how codes, ciphers, and symbols hold truth that was always visible but ignored.*

- **Cracking the Codes (Vol. 2) — What They Didn't Want You to See** *Shows how hidden codes prove systems of control and how to decode them yourself.*

- **The Timekeepers — How They Stole the Clock — and How We Take It Back** *Explains how society's real "timekeepers" manipulate acceleration and how to reclaim time.*

- **Weaponized Emotion — How Society Hijacked Feeling for Control** *Exposes how emotion is manipulated to control populations and divide people.*

- **Destruction of Reality — When Truth Becomes Optional** *Investigates how truth was devalued and reality itself destabilized in the modern era.*

- **RAS Personal Visibility (Reticular Activating System) — Seeing & Being Seen by Design** *Explains how to train the brain's filter system for clarity, focus, and presence.*

- **Climate Impact — Living in a Changing World** *A plainspoken guide to surviving and adapting in the face of climate disruption.*

- **Food Security — Why Families Can't Thrive Without It** *Explains the fragile global food web and how to protect your family in unstable times.*

- **Urbanization — The Price of Growth Without Roots** *Unpacks the hidden costs of rapid urban growth and the loss of human grounding.*

- **DefCon Threat Growth — Technology, War, and Power in the 21st Century** *A candid look at how accelerating tech escalates global security threats.*

- **Dawn of Crime — How Society Nurtures Its Own Criminals** *Explores how social neglect and fractured systems breed tomorrow's criminals.*

- **Art of Compendium — Collecting, Connecting, and Coding Human Truths** *A conceptual closing piece on how humanity can archive, transmit, and preserve truth.*

🎮 SOFE LLC QR Story Game Books

- *The Forgotten Ticket (Spirit of the Fair #1) — A mysterious lost ticket unlocks a world of hidden magic.*
- *The Shadow Carnival (Spirit of the Fair #2) — The carnival returns darker than before, with secrets to unravel.*
- *Escape from the Red Tent (Spirit of the Fair #3) — A sinister tent conceals a truth too dangerous to ignore.*
- *The Candy Man's Secret (True Crime #1) — The chilling true crime gamebook based on a community predator.*
- *House of Broken Trust (True Crime #2) — A family story of betrayal, secrecy, and survival.*
- *Room 108 (True Crime #3) — One room hides decades of untold trauma waiting to be exposed.*

📘 Each with a Game Companion Workbook.