| Ecoregion | Biome | Occurrences |
| --- | --- | --- |
| Belizian pine forests | TropConiferForest | 741 |
| Central American Atlantic moist forests | TropMoistForest | 13,141 |
| Central American montane forests | TropMoistForest | 13,194 |
| Central American pine-oak forests | TropConiferForest | 43,271 |
| Chiapas montane forests | TropMoistForest | 6,804 |
| Chimalapas montane forests | TropMoistForest | 2,904 |
| Isthmian-Atlantic moist forests | TropMoistForest | 33,012 |
| Isthmian-Pacific moist forests | TropMoistForest | 25,328 |
| Oaxacan montane forests | TropMoistForest | 22,674 |
| Petén-Veracruz moist forests | TropMoistForest | 51,077 |
| Sierra de los Tuxtlas | TropMoistForest | 12,203 |
| Sierra Madre de Chiapas moist forests | TropMoistForest | 15,690 |
| Sierra Madre de Oaxaca pine-oak forests | TropConiferForest | 8,222 |
| Sierra Madre del Sur pine-oak forests | TropConiferForest | 21,529 |
| Sierra Madre Occidental pine-oak forests | TropConiferForest | 7,443 |
| Sierra Madre Oriental pine-oak forests | TropConiferForest | 8,693 |
| Talamancan montane forests | TropMoistForest | 41,841 |
| Trans-Mexican Volcanic Belt pine-oak forests | TropConiferForest | 36,137 |
| Veracruz moist forests | TropMoistForest | 21,037 |
| Veracruz montane forests | TropMoistForest | 7,408 |