### **General Dial Pop-ups**

### **Current Air Quality**

Current Air Quality is the most recent air quality in your area. It's updated hourly. Check your current air quality to see if now is a good time for outdoor activities. More about Current Air Quality.

Planning the whole day? Check the air quality forecast.

### Carrent/iii Quanty

### **Air Quality Index**

The U.S. Air Quality Index (AQI) is a color-coded scale from 0 to 500 used to communicate air quality. More about the AQI.

"NowCast" is an estimate of the AQI to show the current air quality. Check your current air quality to see if now is a good time for outdoor activities.

More about the NowCast.

ir Quality Forecast

25

PM2.5

NowCast AQI Particle Pollution

### PM2.5 - Particle Pollution

Extremely small particles that can harm the heart and lungs.

More about particle pollution.

25

**PM2.5** 

NowCast AQI

Particle Pollution

### Ozone

Ozone, which forms in the air mostly on hot sunny days, can trigger harmful respiratory effects.

More about ozone.

25 | OZONE

LJ | ULUIVE

### Air Quality Forecast

The Air Quality Forecast is a prediction of the day's AQI in your area. Use it to plan your day.

More about the air quality forecast

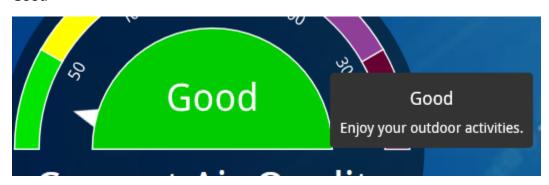
More about Action Days.

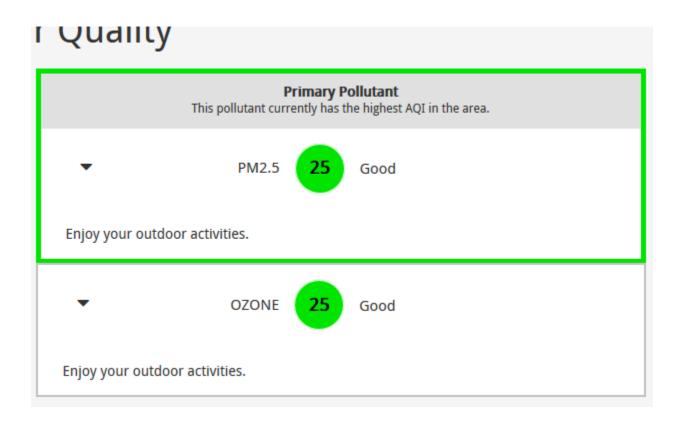
First page is the Dial and then the "Current Air Quality" Band.

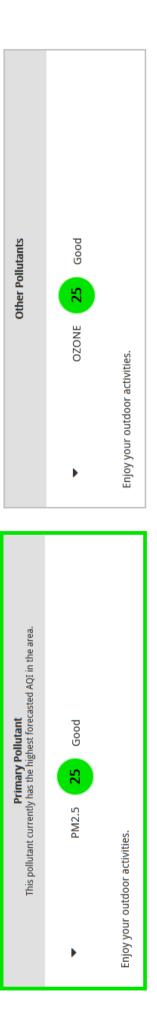
**Second Page** is the "Air Quality Forecast" Band.

Some images are reduced 75% of original.

### Good



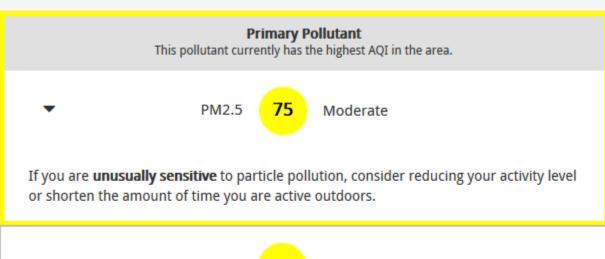




#### **Moderate**



### ıı Quality



▼ OZONE <mark>75</mark> Moderate

If you are **unusually sensitive** to ozone, consider reducing your activity level or shorten the amount of time you are active outdoors.

### If you are unusually sensitive to ozone, consider reducing your activity level or shorten OZONE 75 Moderate Other Pollutants the amount of time you are active outdoors. If you are unusually sensitive to particle pollution, consider reducing your activity level $\label{eq:pollutant} \textbf{Primary Pollutant}$ This pollutant currently has the highest forecasted AQI in the area. PM2.5 **75** Moderate or shorten the amount of time you are active outdoors.

### **Unhealthy for Sensitive Groups**



### ir Quality

### **Primary Pollutant**

This pollutant currently has the highest AQI in the area.

PM2.5

125

Unhealthy for Sensitive Groups

**People with heart or lung disease, older adults, children and teens** – take any of these steps to reduce your exposure:

- Choose less strenuous activities (like walking instead of running) so you don't breathe as hard.
- Shorten the amount of time you are active outdoors.
- · Be active outdoors when air quality is better.

Everyone else: Enjoy your outdoor activities.

OZONE

125

Unhealthy for Sensitive Groups

People with lung disease such as asthma, children and teens, older adults, and people who are routinely active outdoors for six or more hours a day — take any of these steps to reduce your exposure:

- Choose less strenuous activities (like walking instead of running) so you don't breathe as hard
- Shorten the amount of time you are active outdoors.
- Be active outdoors when air quality is better.

Everyone else: Enjoy your outdoor activities.

### **Primary Pollutant**

This pollutant currently has the highest forecasted AQI in the area.



PM2.5

125 Unhealthy for Sensitive Groups

# Have flexibility in your schedule?

Even if the forecast is Orange (unhealthy for sensitive groups), there may be times during the day when air quality is OK for outdoor activities. Check *current air quality* to see if now is a good time for you to be active outdoors.

# Can't change your schedule?

**People with heart or lung disease, older adults, children and teens:** Reduce your exposure by choosing less strenuous activities or shortening the amount of time you are active outdoors.

Everyone else: Enjoy your outdoor activities.

### Other Pollutants



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125

Unhealthy for Sensitive Groups

# Have flexibility in your schedule?

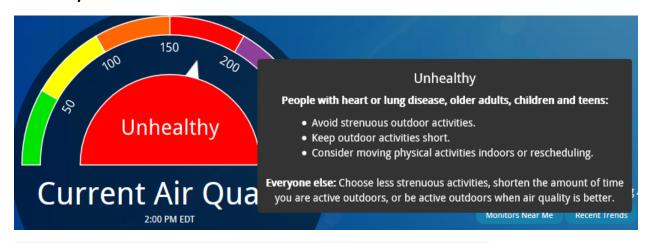
Even if the forecast is Orange (unhealthy for sensitive groups), there may be times during the day when air quality is OK for outdoor activities. Ozone is often lower in the morning. Check *current air quality* to see if now is a good time for you to be active outdoors.

# Can't change your schedule?

People with lung disease such as asthma, children and teens, older adults, and people who are routinely active outdoors for six or more hours a day: Reduce your exposure by choosing less strenuous activities or shortening the amount of time you are active outdoors.

Everyone else: Enjoy your outdoor activities.

### Unhealthy



#### **Primary Pollutant**

This pollutant currently has the highest AQI in the area.

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PM2.5

175

Unhealthy

**People with heart or lung disease, older adults, children and teens** – take any of these steps to reduce your exposure:

- · Avoid strenuous outdoor activities.
- · Keep outdoor activities short.
- · Consider moving physical activities indoors or rescheduling them.

Everyone else - take any of these steps to reduce your exposure:

- Choose less strenuous activities (like walking instead of running) so you don't breathe as hard.
- Shorten the amount of time you are active outdoors.
- · Be active outdoors when air quality is better.

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OZONE

175

Unhealthy

**People with lung disease such as asthma, children and teens, older adults, and people who are routinely active outdoors for six or more hours a day** — take any of these steps to reduce your exposure:

- · Avoid strenuous outdoor activities.
- Keep outdoor activities short.
- Consider moving physical activities indoors or rescheduling them.

Everyone else – take any of these steps to reduce your exposure:

- Choose less strenuous activities (like walking instead of running) so you don't breathe as hard.
- · Shorten the amount of time you are active outdoors.
- Be active outdoors when air quality is better.

### **Primary Pollutant**

This pollutant currently has the highest forecasted AQI in the area.





# Have flexibility in your schedule?

quality is OK for outdoor activities. Check current air quality to see if now is a good If the forecast is Red (unhealthy), there may still be times during the day when air time for you to be active outdoors.

# Can't change your schedule?

exposure by avoiding strenuous outdoor activities or keeping outdoor activities short. People with heart or lung disease, older adults, children and teens: Reduce your Consider moving physical activities indoors.

Everyone else: Reduce your exposure by choosing less strenuous activities or shortening the amount of time you are active outdoors.

### Other Pollutants



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### 175 Unhealthy

# Have flexibility in your schedule?

during the day when air quality is OK for outdoor activities. Ozone is often lower in the morning. Check current air quality to see if now is a good time for you to be active Even if the forecast is Orange (unhealthy for sensitive groups), there may be times outdoors.

# Can't change your schedule?

exposure by avoiding strenuous outdoor activities or keeping outdoor activities short. people who are routinely active outdoors for six or more hours a day: Reduce your People with lung disease such as asthma, children and teens, older adults, and Consider moving physical activities indoors.

Everyone else: Reduce your exposure by choosing less strenuous activities or shortening the amount of time you are active outdoors.

#### Very Unhealthy



#### **Primary Pollutant**

This pollutant currently has the highest AQI in the area.

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PM2.5



Very Unhealthy

#### People with heart or lung disease, older adults, children and teens:

· Avoid physical activities outdoors.

#### Everyone else:

- · Avoid strenuous outdoor activities.
- Keep outdoor activities short.
- Consider moving physical activities indoors or rescheduling them.

Stay tuned to local news media for advisories.

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OZONE



Very Unhealthy

People with lung disease such as asthma, children and teens, older adults, and people who are routinely active outdoors for six or more hours a day:

· Avoid physical activities outdoors.

#### Everyone else:

- · Avoid strenuous outdoor activities.
- Keep outdoor activities short.
- · Consider moving physical activities indoors or rescheduling them.

Stay tuned to local news media for advisories.

# Primary Pollutant

This pollutant currently has the highest forecasted AQI in the area.

PM2.5 250

250 Very

Very Unhealthy

When the forecast is Purple (very unhealthy), **everyone** needs to cut back on outdoor activities. Stay tuned to local news media for advisories.

**People with heart or lung disease, older adults, children and teens:** Avoid physical activities outdoors.

**Everyone else:** Avoid strenuous outdoor activities or keep physical activities short. Consider moving physical activities indoors or rescheduling them.

### Other Pollutants

OZONE

250

Very Unhealthy

When the forecast is Purple (very unhealthy), **everyone** needs to cut back on outdoor activities. Stay tuned to local news media for advisories.

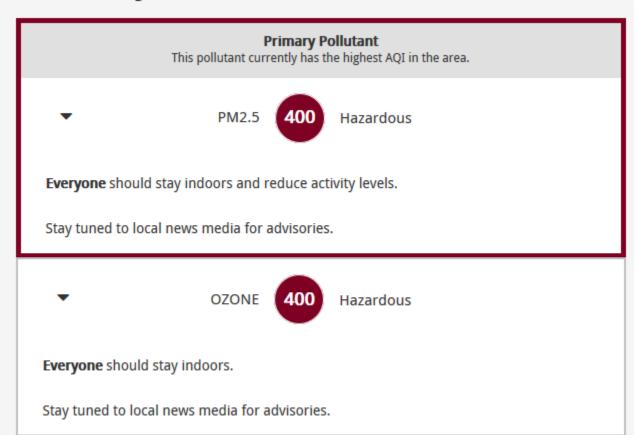
People with lung disease such as asthma, children and teens, older adults, and people who are routinely active outdoors for six or more hours a day: Avoid physical activities outdoors.

**Everyone else:** Avoid strenuous outdoor activities or keep physical activities short. Consider moving physical activities indoors or rescheduling them.

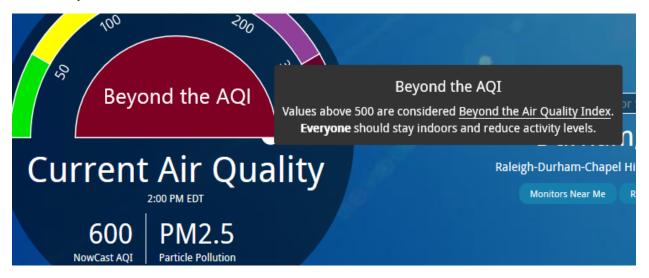
#### **Hazardous**



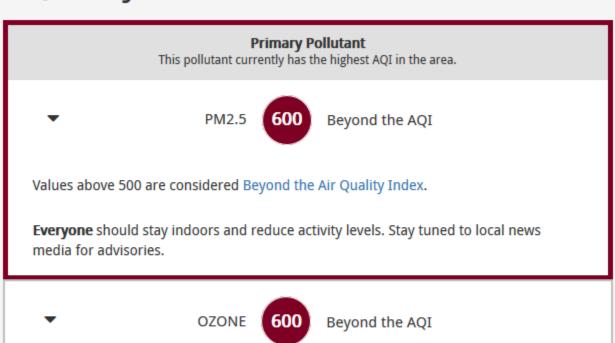
### ar Quality



### When the forecast is Maroon (hazardous), everyone should stay indoors. OZONE 400 Hazardous Other Pollutants Stay tuned to local news media for advisories. When the forecast is Maroon (hazardous), everyone should stay indoors and reduce **Primary Pollutant**This pollutant currently has the highest forecasted AQI in the area. Hazardous Stay tuned to local news media for advisories. 400 PM2.5 activity levels.



### ir Quality



Values above 500 are considered Beyond the Air Quality Index.

**Everyone** should stay indoors. Stay tuned to local news media for advisories.

# $\label{eq:pollutant} \textbf{Primary Pollutant}$ This pollutant currently has the highest forecasted AQI in the area.

Beyond the AQI

PM2.5

Values above 500 are considered Beyond the Air Quality Index.

Everyone should stay indoors and reduce activity levels. Stay tuned to local news media for advisories.

### Other Pollutants

OZONE **600** Beyond the AQI

Values above 500 are considered Beyond the Air Quality Index.

Everyone should stay indoors. Stay tuned to local news media for advisories.