Direct Resin Composite Veneers

REST 717 2/17/2022

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Objectives

- Review the advantages and disadvantages of RC veneers
- Be able to determine when a tooth needs to be prepared for RC veneers

Objectives

- Review tooth shades: opacities, translucencies, intensities, ...
- Review how to select tooth color shade
- Review composite layering technique
- Learn to place RC veneers

Advantages

 Composite resins can be used in direct procedures to successfully restore function and esthetics

Christensen (1985) . Dent Clin North Am, 29(2)

- Preparation for direct veneers is often conservative, and minimal if any!

 Peyton (2002). PPAD, 14(3)
- Composites are often less aggressive on opposing teeth than porcelain

 Peyton (2002). PPAD, 14(3)

Advantages

- It usually takes a single appointment
- Reversible and easy to repair Chritensen (1985). Dent Clin North Am, 29(2).
- Natural looking restorations
 Fahl (1998). Oral Health, 88.
- More affordable

Disadvantage

 RC veneers do not maintain their appearance as well as porcelain veneers over time

■ The percentage of practitioners providing direct ("free-hand") resin composite veneers has declined over the years with a corresponding increase with the use of porcelain veneer restorations

(Peumans M et al. J Dent 2000)

Tooth Preparation

Tooth Preparation

Depends on tooth position and coloration





Resin Composite Shades

- RC veneers can be produced by:
- using single opacity shades
- layering various shades and opacities

- The decision to use one shade or various shades depends on:
- adjacent teeth
- desired results
- patient expectations















HIGH OPACITY

LOW OPACITY

TRANSLUCENT

Tooth Opacities



ENAMEL (TRANSLUCENT)



DENTIN (OPAQUE)

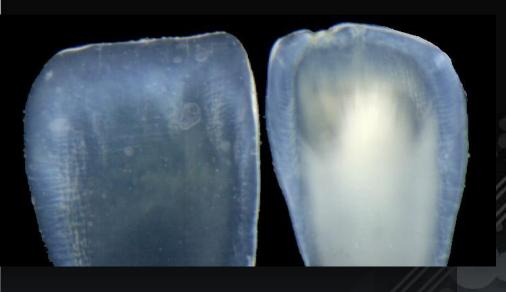
Dr. Marcos Vargas

Tooth Opacities



Opacity is the ability of a material to block out light





Translucency is the ability of a material to allow light to pass through it

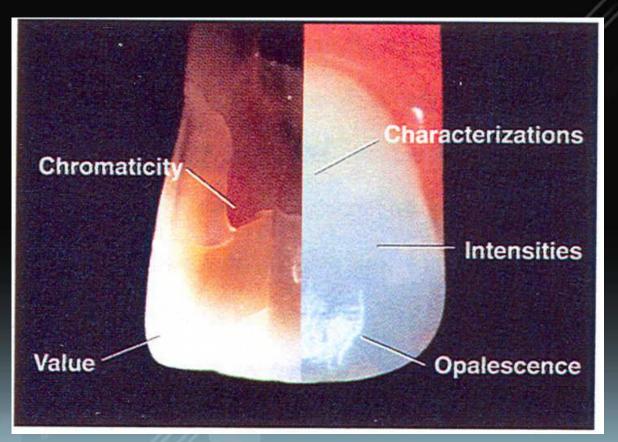
Dr. Marcos Vargas

Three Dimensions of Color

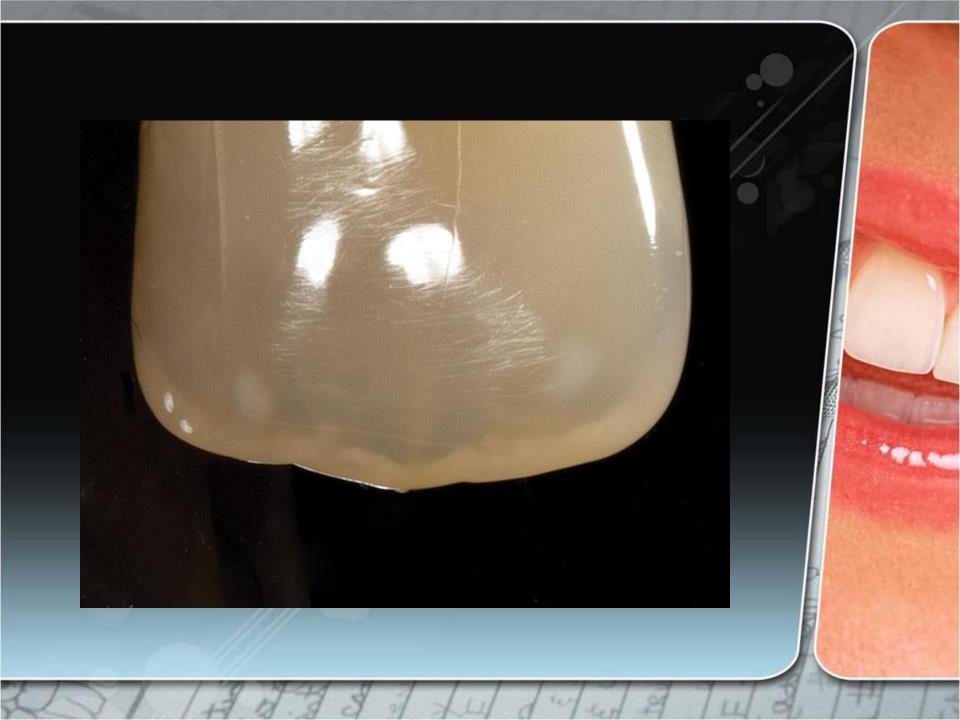
- <u>HUE</u>: actual color of object
- <u>VALUE</u>: is the lightness-brightness of the color (hue). The higher the value, the higher is the lightness. It is the luminosity of the enamel
- <u>CHROMA</u>: saturation of pigment, intensity of the color (hue)

Munsell system, 1898

Inside the Tooth



Vanini, 2001



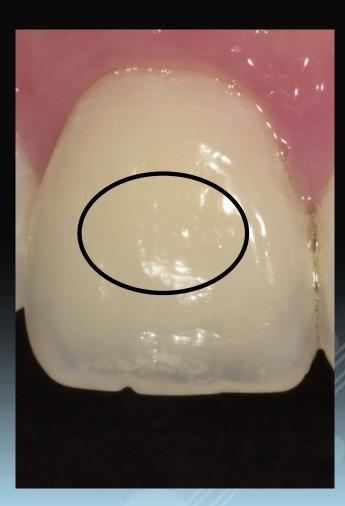
Other Dimensions of Color

DETERMINATION AND
COMMUNICATION OF COLOR
USING THE FIVE COLOR
DIMENSIONS OF TEETH

Lorenzo Vanini, MD, Francesco M. Mangani, MD

Shade Selection

Shade Selection



- The middle site represents tooth color best
- The incisal and cervical sites appear to be more affected by their surroundings

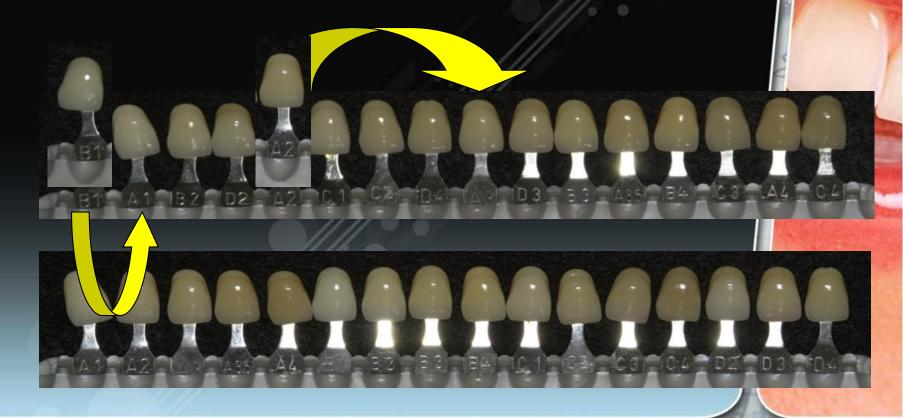
Goodkind, J. of Pros. Dent., 1987



- Classical Vita shade guide
 - 1. Select enamel shade
 - 2. Select dentin shade: one shade darker than enamel shade in the A range



1. Use the shade guide to select the shade



Classical Vita shade guide (value order)

B1 A1 B2 D2 A2 C1 C2 D4 A3 D3 B3 A3.5 B4 C3 A4 C4



Shade guide: enamel and dentin shades

| ENAMEL/BODY | DENTIN |
|------------------------------|---------------|
| B +, WE | B1, A1 |
| B 1 | A1 |
| A1, B2, D2 | A2 |
| A2, C1, C2, D4 | A3 |
| D3, B3, A3.5, B4, C3, A4, C4 | A4 |

- 2. Place a layer of material of the chosen shade, simulating <u>size and depth</u> of the restoration
- 3. Polymerize the material
- 4. Wet the material with saliva or water
- 5. Observe the material with the operatory light off to verify that the shade is correct



Opaque or dentin RC

Regular or enamel RC

Translucent RC

Shade Selection



- White pigments
- Mamelons
- Incisal translucency
- Halo

RC Veneer Technique

























Hand Instruments





















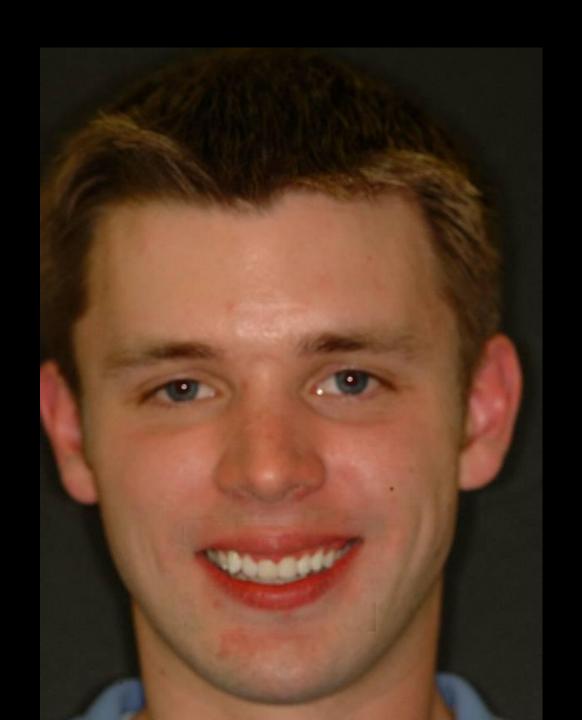






RC Veneers





Conclusions

- Resin composite veneers can be more conservative and affordable than porcelain veneers
- Tooth preparation is dependent upon tooth position and coloration
- The use of single shade or polychromatic shade is dependent upon the tooth

Conclusions

- Shade selection and planning are paramount for the success of the restoration
- Know your instruments
- Know your material
- Know DENTAL ANATOMY

