

Level of Nicotine Dependence (Brief Fagerström test)	
1. How soon after waking does the patient have their first cigarette?	<input type="checkbox"/> within 5 minutes (3 points) <input type="checkbox"/> 6 to 30 minutes (2 points) <input type="checkbox"/> 31 to 60 minutes (1 point) <input type="checkbox"/> more than 1 hour (0 points)
2. On average, how many cigarettes does the patient smoke per day?	<input type="checkbox"/> more than 30 (3 points) <input type="checkbox"/> 21 to 30 (2 points) <input type="checkbox"/> 11 to 20 (1 point) <input type="checkbox"/> 10 or less (0 points)
3. Assign Score: _____ points	5 to 6 points = high nicotine dependence 3 to 4 points = moderate nicotine dependence 0 to 2 points = low nicotine dependence
4. Does the patient feel they need assistance with smoking abstinence in hospital/facility. (May not be needed if low nicotine dependence)	<input type="checkbox"/> Yes <input type="checkbox"/> No

Heatherton, T.F., Kozlowski, L.T., Frecker, R.C., Fagerstrom, K.O. (1991) Br J Addict 86:1119-27