

Standardized Bed Make-Up (Non-Specialty Mattress)

1. Introduction

Description

The purpose of this policy is to establish a common provincial procedure for the appropriate application and utilization of bed linen products when preparing standard Client care beds and to ensure the comfort and safety of Staff and Clients.

This policy is NOT intended to establish or provide the frequency to which bed linens should be changed. The change out of bed linens is varied based on Client care needs and their length of stay.

Background

Adding extra linen items can affect Client care, comfort and safety.

Placing items on beds that are not necessary also creates clutter, additional linen handling and increased laundering costs.

Scope

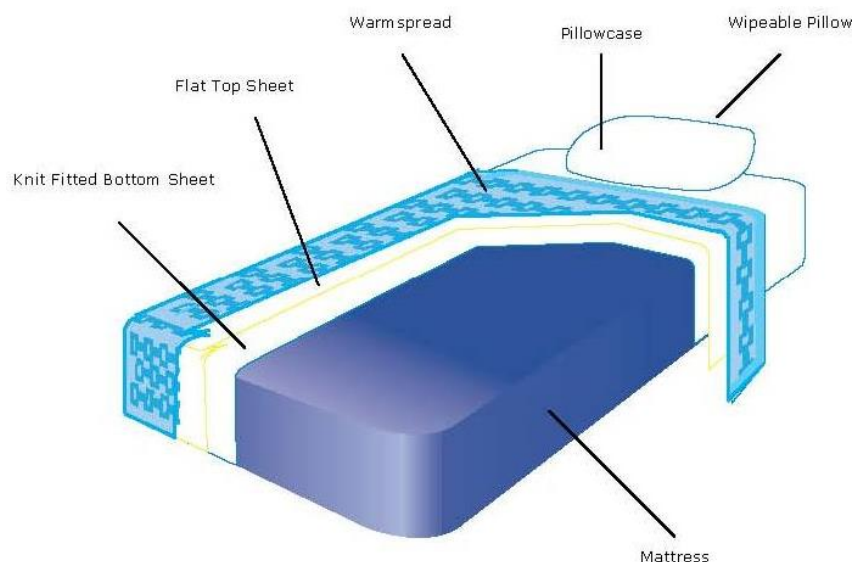
This policy applies to all VCH Staff directly involved in preparing beds with non-specialty mattresses for Client use. The policy does not apply to beds with specialty mattresses.

2. Policy

2.1. Basic Bed Linen Items

The Provincial Standard for regular non-specialty mattress bed make up across all health care facilities shall consist of the following basic bed linen items:

- 1 Knit Fitted Bottom Sheet;
- 1 Top Sheet (Flat or Semi fitted);
- 1 Breathable Wipeable Pillow;
- 1 Pillow case; and
- 1 Warmspread.



2.2. Additional Linen Items

After clinical consultation and assessment of the individual Client needs to determine care requirements, the following additional linen items can be added only when necessary:

- 1 Flannel for warmth or additional Flat Sheet if required (not both).
- 1 Underpad – used for incontinence only **Not to be used for repositioning**.
- 1 Slider Sheet – used only for repositioning immobile Clients when repositioning slings are unavailable or contraindicated.
- 1 Repositioning Sling – used in conjunction with ceiling life equipment.
- 1 additional Pillow for propping or Client comfort.

3. References

Tools, Forms and Guidelines

- [Falls and Injury Prevention Guideline in Residential Care](#)
- [Safe Patient Handling Procedures](#)
- [WorkSafe BC Bulletin – Patient Handling WS 2010-02](#)

Related Policies

- [Safe Patient Handling](#)

Keywords

bed, bed-making, laundry, linen, mattress, sheets

Definitions

“**Client**” means anyone receiving care or services from VCH and includes patients and residents.

“**Staff**” means all employees (including management and leadership), medical staff (including physicians, midwives, dentists and nurses), residents, fellows and trainees, health care professionals, students, volunteers, contractors, researchers and other service providers engaged by VCH.

Questions

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