

## Vancouver General Hospital Tuberculosis Isolation Unit Recreation Therapy Informed Practice Guidelines

\*\* See full policy in Infection Control Manual \*\*

**Physicians to assess** all patients for physical activity readiness.

After a minimum of **three (3) days** of appropriate medication, **fully sensitive or low risk of drug resistant TB patients** are eligible for:

- 1:1 intervention in room
- 1:1 intervention outside of patient room on the TB unit

After a minimum of **fourteen (14) days** of appropriate medication, **fully sensitive or low risk of drug resistant TB patients** are also eligible for:

- Group activities on the TB unit
- Group activities off the TB unit if capable of an RPE of more than 2 for at least 60 minutes.

After a minimum of **fourteen (14) days** of appropriate medication, **drug resistant or MDR-TB patients** who are **smear positive and culture positive** are eligible for:

- 1:1 intervention in room

After a minimum of **fourteen (14) days** of appropriate medication, **drug resistant or MDR-TB patients** who are **smear negative x2 and culture positive** are eligible for:

- 1:1 intervention in room
- 1:1 intervention outside room on the TB unit
- Group activities on the TB unit
- Group activities off the TB unit if capable of an RPE 3 or more for at least 60 minutes.

### PROTOCOLS FOR PATIENTS LEAVING UNIT

#### Patients OFF Airborne Precautions

Patient can use public elevators and access any public space, indoors or outdoors, **with no restrictions**.

#### Patients ON Airborne Precautions Leaving Unit with Staff, Friends / Family or Independently

Patients must complete **Patient Agreement for Safe Outside Access** waiver **prior to leaving unit the first time**.

Patients leaving unit without a staff member should also take a copy of **Patient Access to Service Elevator** letter. Waiver and letter located in NUA filing cabinet under "WAIVERS – Outdoor Access."

Staff and patients leaving unit with family / friends or independently **will need an access pass** for freight elevator / building access Use access pass #463861 or #463862 in top drawer of grey cabinet to the right of unit clerk's computer.

#### Patients must agree to:

- Notify staff of intended destination and provide phone number for emergency purposes prior to leaving the unit.
- Avoid entering all indoor spaces including vehicles, houses, shops, restaurants, banks, etc.
- Wear a mask at all times while indoors.
- Wear a mask at all times while outside unless more than 10 meters (30 feet) from other people.
- Stay at least 10 meters (30 feet) from other people, both indoors and outdoors.
- Go directly from the unit to outside by:
  - Always travelling in the freight elevator, never in the public elevator.
  - Not allowing any other persons into the freight elevator with them.
  - Only using the entrances to Blackmore Pavilion to leave / enter the hospital.
  - Not stopping / resting in any public spaces except when waiting for the freight elevator.
- As is standard practice on the unit, staff, family and friends accompanying a patient on airborne precautions are expected to wear an N95 mask at all times.
- Patients on airborne precautions are expected to wear a surgical mask at all times. N95 masks are NOT recommended for patients on airborne precautions.

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