

## Ambulating with Oxygen – Clarification of Orders -Physiotherapy

The purpose of this document is to provide the care team with guidance on the orders for patients ambulating with oxygen.

	Patient may require oxygen for home	Patients requiring oxygen while in hospital	Any hospitalized patient
<b>What</b>	Home oxygen assessment	Walking oximetry	6 Minute Walk Test
<b>Who</b>	RT	RN/LPN and PT	PT
<b>Why</b>	To assess if patients require oxygen at home	To monitor patients oxygenation during activity	To determine current level of function / mobility but not specific to those using oxygen
<b>When</b>	Up to 72 hrs prior to discharge when SpO <sub>2</sub> greater than 88% not met on room air	At any point / multiple points during hospitalization	At any point during hospitalization
<b>Required information</b>	O <sub>2</sub> sats on room air at rest and/or resting oximetry	Set SpO <sub>2</sub> goals at both rest and exercise e.g. COPD pathway greater than or equal to 88 to 92 %	Activity limitations
<b>How</b>		RT uses a 6 Minute Walk test for Home Oxygen assessment	SpO <sub>2</sub> taken at rest, during ambulation and post ambulation
<b>Criteria</b>	MOH guidelines (less than or equal to 88% for 6 minutes)	None	None

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