



Provincial Health Services Authority

Measure & Recording Patient's Height & Weight POLICY

Summary of Changes

NEW		Previous
BC Cancer		Work Standard – Measuring & Recording Patient's Height & Weight (BC Cancer Abbotsford)
		Work Standard – Measuring & Recording Patient's Height & Weight (BC Cancer Kelowna)
		Work Standard – Measuring & Recording Patient's Height & Weight (BC Cancer Vancouver)
		Work Standard – Measuring & Recording Patient's Height & Weight (BC Cancer Victoria)

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Measuring & Recording Patient's Height & Weight POLICY

1. Introduction

1.1. Focus

To outline the minimum requirement for obtaining and documenting height and weight measurement at BC Cancer centres.

1.2. Health Organization Site Applicability

This procedure applies to patients whom are provided care at all BC Cancer Regional Centres – Abbotsford, Kelowna, Prince George, Surrey, Vancouver and Victoria.

1.3. Practice Level

This procedure applies to all providers and staff providing care to BC Cancer patients.

1.4. Definitions

Dosing Weight – weight used to prescribe a medication dose

HCP – Health Care Professional

IDC – Independent Double Check

Measured Weight – weight obtained by HCP

RT – Radiation Therapy

ST – Systemic Therapy

1.5. Need to Know

1. Co-signature for IDC height and weight at BC Cancer on the BC Cancer Height, Weight & BSA Record in the paper health record or in the electronic health record is required for those patients who are:
 - New patients to BC Cancer centre who are prescribed Systemic Therapy.
2. A weight is required to be obtained and document for:
 - Systemic Therapy
 - Patient's weight is obtained and documented in patient's medical record upon each cycle or as clinically indicated (e.g. per protocol requirement and resulting

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- clinic booking schedule). Any significant changes (greater than 10%) are communicated to the prescriber.
- When a weight is required based on patient assessment across all disciplines (for example nutrition services and RT). This weight would be recorded as a measured weight and does not require IDC.
- 3. Patient reported weights are not accepted for prescribing, including dosing, of ST.
- 4. For virtual visits weights must be validated prior to ST treatment when return to BC Cancer.
- 5. The most recent validated weight should from BC Cancer Height, Weight & BSA Record.

1.6. Equipment and Supplies

Paper or Electronic Health Record

- Paper Record is the BC Cancer Height, Weight & BSA Record.

Automatic Scale

- The scale is to be locked in kilograms and calibrated on a routine basis.

Wheelchair scale for patients in wheelchairs

Stadiometer

2. Appendices



Height and Weight
Processes Canada 07

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	Height & Weight Working Group (Led by Mary Lou Hurley)	Quality, Safety & Accreditation	BC Cancer
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