

## INTERDISCIPLINARY GUIDELINE

**B-00-16-10009 – Transfer from 4NW, protocol**

### **Transfer Protocol: From 4NW Eating Disorders Unit to Medical/Surgical Service: St Paul's Hospital**

**Site Applicability:** SPH

**Skill Level:** Basic

All Staff

#### **Related Resources:**

1. [CPV1400](#) - Medication Reconciliation Policy (Pharmacy Services web pages)
2. [Medication Reconciliation](#) (Pharmacy Services web pages)
3. [B-00-16-10020](#) - Transfer of Patients from the Mental Health Program to Urban Health Program on 10C
4. [B-00-13-10080](#) - Code Blue Team Responsibilities and Response to Cardiac Arrest Calls (SPH – Only)
5. [B-00-13-10059](#) - Managing Unsettled/Challenging Behaviours: Least Restraint Approach/PHC Non-Residential Sites, protocol
6. [B-00-07-10067](#) - Maternity Patients Requiring Mental Health Services within the Maternity Centre; Care Approach
7. [B-00-13-10081](#) – Close or Constant Care –Decision Making – Appendix A: Constant Care for Patients with Eating Disorders

#### **Clinical Indication:**

Patient safety and quality of care is of the highest priority. These guidelines outline the process for transferring a patient from the Eating Disorders unit (4NW) should their medical condition deteriorate to the point where they require acute medical and/or surgical intervention and support. The decision to transfer and the unit to transfer the patient to is a collective decision based on the patient's care needs.

#### **Expected Outcomes:**

1. To provide safe and timely care to admitted psychiatry patients who require medical and/or surgical support and intervention.
2. To ensure that health professionals have a process in place to ensure that patients are transferred to the most appropriate level of care and that the most responsible care providers are involved in the decision making process.

#### **Practice Guideline**

If an admitted eating disorder program patient's medical condition is compromised and the patient requires acute medical treatment the following process should be followed:

#### **During Business Hours:**

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The patient's psychiatrist/most responsible physician (MRP) and a General Internal Medicine (GIM) physician should be contacted to assess the patient. If the patient's care team is unable to provide the required medical treatment, (i.e. beyond scope and resources of 4NW) the MRP and/or GIM physician will contact the appropriate service (ICU, CTU or surgical team), based on the patient's presentation, to request a consult for potential transfer.

If the consulted team is unable to assist, the MRP and/or GIM are responsible for escalating care to the next most appropriate service.

If the patient requires continued psychiatric follow-up the receiving unit will put an SCM referral to the Consultation Liaison Psychiatry Service (CLPS). Additionally the receiving unit will put in an SCM referral for an EDP Nurse Educator Consult. If requested, psychiatric follow-up of the patient will be provided by the CLPS while the patient remains in the medical/surgical bed

#### **After Business Hours:**

The GIM physician on-call for 4NW will be contacted to assess the patient. The patient's primary nurse can contact the Clinical Resource Nurse (CRN) or Clinical Coordinator (CC) for assistance and guidance regarding appropriate escalation of care/consultation. If the patient's care needs are deemed beyond the scope and resources of 4NW, the GIM physician will contact the appropriate service (ICU, CTU or surgical team), based on the patient's presentation, to request a consult for potential transfer.

If the consulted team is unable to assist, the MRP and/or GIM are responsible for escalating care to the next most appropriate service

If transfer occurs, the GIM physician will provide a report on the patient's status to the receiving team. In addition, the patient's primary nurse on 4NW will to contact the resident on-call for psychiatry and the on-call staff psychiatrist and provide an update on the patient's status and transfer.

If the patient requires continued psychiatric follow-up the receiving unit will put an SCM referral to the CLPS. Additionally the receiving unit will put in an SCM referral for an EDP Nurse Educator Consult (will follow-up during business hours). If requested, psychiatric follow-up of the patient will be provided by the CLPS while the patient remains in the medical/surgical bed

#### **Documentation and Information Transfer**

- Document assessments which lead up to the patient transfer and interventions on the appropriate clinical forms
- Complete SBAR and fax to receiving unit prior to transfer
- Ensure transfer completed in SCM
- The sending unit provides the receiving unit the patient's complete chart and MAR
- The sending unit will provide verbal hand overs to the appropriate disciplines of the receiving unit

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- The sending unit's MRP will provide verbal hand over to consulted service physicians
- The primary nurse from sending unit will provide verbal hand over to receiving unit nurse
  - Will consult the constant Care for Patients with Eating Disorders on Medicine flowchart as appropriate
- The sending unit's Dietician (or primary nurse) will notify the Provincial Eating Disorder Dietician (PEDD)

#### **Developed By**

Project Leader, Urban Health Mental Health and Substance Use

4NW Clinical Nurse Leader

Clinical Nurse Educator, Urban Health Mental Health and Substance Use

#### **Persons/Groups Consulted**

Staff Nurses – 4NW SPH

Consult Liaison Nurse Educator, SPH

Eating Disorder Dietitian

Nurse Educator, Eating Disorders

Psychiatrist, SPH

Internal Medicine Physician, SPH

#### **Approved By:**

Mental Health Quality and Practice Improvement Committee (QPIC)

Providence Health Care Professional Practice Standards Committee

#### **Date of Creation/Review/Revision:**

March 2018

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<b>Consultation Liaison Psychiatry Service Contact Details</b>	
Consultation Liaison Psychiatric Service psychiatrist contact during regular hours	Pager: 34391
Consultation Liaison Nurse Educator	Pager: 33221 Local: 62006
Consultation Liaison Psychiatric Service team Voicemail	Local: 62414

**Appendix B**

<b>Provincial Adult Tertiary Eating Disorder Program Contact Details</b>	
Dietician	Phone: 604-806-8322