

# Physiotherapy – Transfers and Discharges SPH

## Outpatient Programs at PHC

- **SPH OP PT (Adult MSK)**
  - Complete a D/C summary in Cerner with info including:
    - **D/C ROM and Strength, D/C mobility, Goals of rehab**
  - Enter order into Cerner: “Referral to Outpatient Physical Therapy”
    - Choose SPH from drop down list
    - Next available appointment
    - Include diagnosis in order details e.g. Post THR)
  - Contact department for eligibility
- **SPH Pulmonary Rehab**
  - Enter order into Cerner: “Referral to Outpatient Physical Therapy”
    - Choose “SPH” from drop down list
    - Next available appointment
    - Indicate “pulmonary rehab” in order details
  - Note: for pulmonary rehab outside PHC, a respirologist referral is required
- **SPH and MSJ Elder Care (Geriatric Balance, Mobility, Vestibular)**
  - Enter order into Cerner: “referral to PHC Elder Care”
    - Indicate reason for referral e.g. “Balance exercises” in order details
- **HFH OP PT (Adult 55+ MSK & Neurology)**
  - Complete a D/C summary in Cerner with info including:
    - **D/C ROM and Strength, D/C mobility, Goals of rehab**
  - Enter order into Cerner: “Referral to Outpatient Physical Therapy”
    - Choose “HFH” from drop down list
    - Next available appointment
    - Include diagnosis in order details (e.g. Post THR)

## Out-patient programs outside PHC

Fax D/C summary, relevant documentation, and program specific referral forms as needed

- Lions Gate Hospital
  - [Referral Form](#)

- Richmond General Hospital
  - [Referral Form](#)
- Mary Pack Arthritis Centre
  - [Referral Form](#)
- GF Strong Rehabilitation Center
  - [Outpatient Referral Form](#)
  - Admission criteria can be found [here](#)
- Fraser Health (all sites)
  - [Referral Form](#)
  - Guidelines can be found [here](#)
- TIDES: Telehealth Innovation Deployment Education & Sustainment
  - Based in Sechelt, provides service to Sunshine Coast, Powell River, Bella Bella, Bella Coola and Sea to Sky communities via Telehealth
  - Complete [Referral Form](#)
  - Criteria can be found [here](#)
- Private PT
  - Provide handout How to [Find a Physio in BC](#)

### **Community based programs**

- Home Care PT (VCH) - Enter Order “TST Consult” in Cerner (if TST is not already involved)
  - Indicate “HCPT referral” in order details ; Complete a D/C Summary
  - Print and Complete Form Fast referral form as needed
- Personalized Support and Stabilization (PSS) Team
  - Re-ablement care provided by and ID team in patient’s home (up to 8 weeks)
  - Referral made from Acute care
  - PSS team will review patient while still in acute, admission on case by case basis
  - [Referral Form](#)
- VGH Elder Care Student Led Clinic
  - [Referral form](#)
  - [Admission Criteria](#)

**Inpatient programs (All authorities)**

- HFH
  - Print from FormFast: HFH Inpatient Rehabilitation Referral
    - Complete and fax referral form to HFH Central Intake (604-321-6886)
    - A physiatry consult is required for neuro, amputee, and complex referrals (not required for hip fracture, or TJA)
  - Admission guidelines can be found [here](#)
- GFS
  - Complete and fax [Inpatient referral Form](#)
    - Send supporting documents (PT notes, D/C Summary)
  - Physiatrist's consult required
  - Admission criteria can be found [here](#)
- Fraser Health
  - Referral should be sent to each facility depending on patient's location
  - Call Central line to know where to send referral (see contact below)
  - [Referral Form](#)

**Equipment for Discharge**

**Medical Equipment Provisional Program** - Print forms from FormFast o See [MEPP Steps](#) for more details

- Private Vendor List - See [here](#)

### Summary of Lower Mainland Referrals

Discharge Destination	Service	Population/Specialty	Contact Number
Home	SPH OP PT	Adult MSK	604-806-8115
	HFH OP PT	Adult 55+ MSK and Neuro	604-322-2653
	SPH and MSJ Elder Care	Geriatric balance, vestibular, and mobility	604-806-9827 604-877-8371
	SPH Pulmonary Rehab	Adult Chronic lung conditions	604-806-8115
	PSS	Geriatric mobility progression and safety assessments	604-690-0581
	LGH	Post op arthroplasty	604-984-5809
	RGH	Post-surgical conditions and complex orthopedic trauma	604-675-3644
	GFS	Adult Neuro, TBI	604-734-1313
	Mary Pack	Inflammatory Arthritis, Complex OA	604-875-4040
	Fraser Health	Post op arthroplasty	604-587-4621
	TIDES	Neuro, ABI (specific to Sunshine coast/Sea-tosky/Powell River residents)	604-885-8690
	Home Care PT	Home bound individuals, mobility, safety assessment	604-986-7111 (Vancouver)
Rehab	HFH IP Rehab	Geriatric MSK and Neuro	604-322-2653
	GFS IP Rehab	Adult Neuro, SCI	604-734-1313
	FH IP Rehab	TBI, MSK, Neuro rehab	236-332-1033 (Queen's Park)
Transitional Care	CTCT	At risk populations (IVDU, NFA)	N/A

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