Massive Transfusion Protocol (MTP)

Site Applicability

SPH Only

Practice Level

Registered Nurses (RNs), Licensed Practical Nurses (LPN's), Nurse Practitioners (NPs), Physicians, Perfusionists, Anesthesia Assistants (AAs), Medical Laboratory Technologists (MLTs), Porters/Aides and Unit Clerks may all be involved in a MTP (see Roles and Responsibilities chart).

 Licensed Practical Nurses (LPNs) or Registered Psychiatric Nurses (RPNs) may be the second person required for the process of patient/product identification but CANNOT act as the transfusionist.

Requirements

- 1. Consent is required for the transfusion of any blood/blood product.
 - If the patient or substitute decision maker is able, Consent for Transfusion of Blood and/or Blood Products (Form ID-2750) must be completed.
 - If patient/substitute decision maker are unable to provide consent the Certification of Need for Emergency Transfusion of Blood and /or Blood Products: Waiver (Form ID-2749) must be completed.
- 2. Collecting a Group and Screen prior to the administration of any blood should be made a priority during a Massive Transfusion (MT) event.
- 3. All blood/blood products must still be checked and administered as outlined in <u>B-00-12-10065</u> Blood/Blood Product Administration procedure
- 4. Identifying source of blood loss and incorporating damage-control resuscitation measures should be forefront in management.

Need to Know

- 1. **Massive Transfusion (MT) Definition** The rapid transfusion of large volumes of blood. Example:
 - 6 or more units of RBC in one bleeding episode with ongoing losses
 - 3 or more units of RBC in one hour with ongoing losses
- Massive Transfusion Protocol (MTP) is defined as a coordinated plan developed by a
 multidisciplinary team to restore blood volume rapidly and effectively in a massively bleeding
 patient. Initiation of an MTP is declared by a Provider and blood/blood product is ordered by the
 Physician based on clinical assessment. Blood/blood product is NOT provided automatically in
 pre-determined ratios.

This material has been prepared solely for use at Providence Health Care (PHC). PHC accepts no responsibility for use of this material by any person or organization not associated with PHC. A printed copy of this document may not reflect the current electronic version.

Effective date: 28/FEB/2024 Page 1 of 10



- NOTE: As soon as a MTP is called to Transfusion Medicine Laboratory (TML), technical staff will begin to allocate RBCs, platelets, and thaw plasma, however an order for specific blood/blood product types and amounts will still be required
- 3. Initiation criteria: based on clinical judgement, recommend using one of the following tools:
 - **Shock index:** heart rate divided by systolic blood pressure; Initiate MTP if score is 1 or greater.
 - **ABC score:**1 point for each: penetrating injury, blood pressure less than 90 mmHg, heart rate greater than 120 beats per min and positive results of FAST (Focused Assessment with Sonography for Trauma); Initiate MTP if score is 2 or greater.
- 4. **Monitor**: Vital signs (including temperature) at least every 30 minutes.
- 5. **Monitor**: CBC, PT, PTT, fibrinogen, ionized calcium, lactate, electrolytes and ABGs (rapid metabolic panel with venous pH ok in emergency department) every 60 minutes.
- 6. **Aims**:
 - Temperature greater than 36°C
 - pH greater than 7.2
 - Hemoglobin greater than 70 g/L
 - Lactate less than 4 mmol/L
 - Ionized Calcium greater than 1.1 mmol/L
 - Platelets greater than 50
 - INR less than 1.8
 - Fibrinogen greater than 1.5 g/L

Effective date: 28/FEB/2024 Page 2 of 10

7. Order:

Product	Initial order	Goal
RBC (1 unit = 280 mL)	Based on clinical presentation	Target more than 70 g/L
Plasma (1 unit = 200 mL)	Consider 1:1 (or 2:1) PRBC'S to Frozen Plasma and Platelets as	INR less than 1.8
Platelets (1 dose = 4 pooled	needed	Platelets more than 50
units)	4 RBC: 4 Plasma and P latelets as needed	
	RBC/Plasma order in units	
	Platelets order in dose	
If Fibrinogen less than 1.5 g/L (obstetrical patients less than 2 g/L) then consider ordering: Fibrinogen or Cryoprecipitate	Fibrinogen 4 grams OR Cryoprecipitate 1 dose	Fibrinogen more than 1.5 g/L
• Fibrinogen 1 dose = 4 g		
Cryoprecipitate1 dose = 10 pooledunits)		

NOTES:

- If in the ED due to cognitive overload the provider cannot determine what products are needed TM will default to preparing products in a 1:1 ratio (PRBC'S: FP'S) and platelets as needed
- If in the OR consider Rotational Thromboelastometry (ROTEM) guided product selection and local processes
- See Appendix A: MTP Quick Reference
- 8. **Optimize** intrinsic coagulation, consider:
 - Tranexamic acid in trauma patients: for ordering consult <u>Parental Drug Therapy Manual</u>
 - Avoiding hypothermia: use warm IV fluids and blood warmer
- 9. Consider Reversal Agents if indicated
- 10. Consider need for Calcium Replacement every 4 units of RBC or based on ionized calcium levels

This material has been prepared solely for use at Providence Health Care (PHC). PHC accepts no responsibility for use of this material by any person or organization not associated with PHC. A printed copy of this document may not reflect the current electronic version.

Effective date: 28/FEB/2024 Page 3 of 10

Protocol Steps

- 1. Physician declares MTP and determines what blood/blood products are required. Physician or delegate calls Transfusion Medicine Laboratory (TML) to verbally order blood/blood products:
 - One person/delegate should remain the TML contact person throughout the MT
 - When calling TML indicate: "massive transfusion", identify reason (e.g., GI bleed), give patient information (name and MRN) and what blood/blood products are required
 - Alternatively, blood/blood products may be entered in Cerner using "TM Massive Transfusion Initial Treatment" Power Plan, but TML notification phone call still required. Blood/blood products SHOULD NOT be ordered in Cerner if already ordered verbally
- 2. TML will prioritize MT patient and notify Transfusion Medicine (TM) physician on call and core lab (to ensure all patient samples are prioritized and results expedited)
- 3. Area initiating MTP sends qualified staff to pick up products from TML
- 4. TML allocates and issues blood/blood product
 - If multiple blood/blood product types ordered TML will prepare blood/blood products based on ease of preparation unless otherwise requested, e.g., RBC then platelet then plasma then cryo/fibrinogen
 - Product preparation time in TML is dependent on blood/blood products ordered, quantity and staffing levels in TML:
 - i. RBC, Platelets: ready in approximately 3 to 5 minutes
 - ii. Plasma, Cryoprecipitate, Fibrinogen: ready in approximately 20 to 30 minutes
- 5. TML issues out product to qualified staff
 - Ideally staff to bring downtime blood/blood product pick up slip(s) with patient label on
 it (or if ordered in Cerner printed product pick up requisition); multiple blood/blood
 products can be requested using the same pick-up slip during a MT
 - Blood/blood product will be released during an MTP without pick up slip providing the
 person picking up blood/blood product knows exactly what blood/blood product is
 needed (type and amount) and has a Cerner patient label
 - If qualified staff arrive with no patient label: TML staff to call patient location and request information, if this cannot be done the only blood that can be released is untagged unmatched group O emergency RBCs
- 6. Blood given to patient
 - Platelets should be given on separate line (not through rapid infuser)
 - RBC and Plasma can be given via rapid infusion interchangeably without flushes between blood units
- 7. If patient remains critical: area to call TML for additional orders and follow step 2 to 6.
- 8. Once patient stabilized, area to call TML and notify them that MT is over; additional orders for blood/blood products to then be ordered in Cerner

This material has been prepared solely for use at Providence Health Care (PHC). PHC accepts no responsibility for use of this material by any person or organization not associated with PHC. A printed copy of this document may not reflect the current electronic version.

Effective date: 28/FEB/2024 Page 4 of 10



- 9. Debrief with local team on how MT and patient care was managed
- 10. Debrief with full team on MT process:
 - TML will send out "Massive Transfusion Protocol Feedback Clinical Team" (<u>Appendix B</u>)
 form to clinical area initiating the MTP (or ICU if initiated on the ward). Once completed,
 the clinical area to return form to TML
 - TML clinician to review MTP including process indicators and report back to all areas involved.

Roles and Responsibilities

Role	Responsibilities	
Provider (can also be NP)	Initiative MTP	
	Identify Area Delegate	
	Order required blood/blood products including type and volume	
	Continually assess patient and MT requirements	
	End MTP	
Area Delegate (can be RN)	Communicate physician orders to TM	
	Arrange blood/blood product pick up from TM	
	Available to answer TM questions about blood/blood products	
TML Technical Staff (MLTs)	Communicate with area delegate.	
	Prioritize testing and product allocation for MT patient	
	Allocate blood/blood product as ordered	
	Issue blood/blood product as requested	
	Notify on call transfusion physician of MTP	
Porter/Aide (can be other qualified staff)	Pick up blood/blood product from TML and bring directly to MTP area	
Area Staff (can include	Check and administer blood/blood products	
nurses, Perfusionists, AAs)	Document MTP related events and product administration	
	Communicate any changes in patient status to physician	

Effective date: 28/FEB/2024 Page 5 of 10



Documentation

 Document in free text note in Cerner all activates related to MTP including activation, deactivation and product administration if not charted according to B-00-12-10065 <u>Blood/Blood Product Administration</u> procedure

Patient/Family Education

 Provide patient/family with verbal and written information regarding Massive Transfusion, including blood/blood products received and potential delayed adverse reactions. Provide pamphlet "About Blood Transfusions" (Available on the PHEM web site).

Related Documents

- 1. B-00-12-10065 Blood/Blood Product Administration
- 2. <u>B-00-07-10082</u> Blood/Blood Products: Safe Transportation to/from Transfusion Medicine
- 3. Transfusion Medicine: Blood Product Fact Sheet
- 4. Transfusion Medicine: Laboratory Manual
- 5. Nursing Competency: Blood/Blood Product Administration Online Learning Hub

References

- Callum, J. L., Yeh, C. H., Petrosoniak, A., McVey, M. J., Cope, S., Thompson, T., Chin, V., Karkouti, K., Nathens, A. B., Murto, K., Beno, S., Pendergrast, J., McDonald, A., MacDonald, R., Adhikari, N. K. J., Alam, A., Arnold, D., Barratt, L., Beckett, A., Pavenski, K. (2019). A regional massive hemorrhage protocol developed through a modified Delphi technique. CMAJ Open, 7(3), E546–E561. https://doi.org/10.9778/cmajp.20190042
- Trudeau, J., Dawe, P., Shih, A. (2021). Massive Hemorrhage and Emergency Transfusion. In Clinical guide to transfusion (Chapter 11). Retrieved from: https://professionaleducation.blood.ca/en/transfusion/clinical-guide/massive-hemorrhage-and-emergency-transfusion
- Clinical Practice Guidelines for the management of Trauma- Based Massive Hemorrhage. Version 2.0(2023). Retrieved from: http://www.phsa.ca/health-professionals-site/Documents/CPG Massive%20Hemorrhage Algorithm%20removed 2023-09-12.pdf

Appendices

Appendix A: MTP Quick Reference Guide

Appendix B: Massive Transfusion Protocol Feedback – Clinical Team

This material has been prepared solely for use at Providence Health Care (PHC). PHC accepts no responsibility for use of this material by any person or organization not associated with PHC. A printed copy of this document may not reflect the current electronic version.

Effective date: 28/FEB/2024 Page 6 of 10

Appendix A: MTP Quick Reference Guide

Massive Transfusion Protocol (MTP)

Reminders: Establish unequivocal positive patient identification, IV access (2 large bore IVs); initiate crystalloid/blood products where appropriate (use fluid warmer if available)

CRITERIA

- More than 3 units of RBC's in one hour or more than 6 units of RBC's in one bleeding episode with ongoing losses
- Trauma with ABC score 2+ where each of the following is 1 point: penetrating mechanism, SBP 90 mmhg or less in ED, HR 120 bpm or more in ED, positive FAST
- If unsure, activate MTP

1. ACTIVATE MTP

- Call TM lab and notify "Massive Transfusion Protocol"
- Provide patient information: Name, MRN, gender, age
- Designate clinical contact person: Provide name and contact number to TM
- Request blood products: Ask for what you need; all blood product orders are verbal; the person communicating orders to TM lab does not have to be the provider

Suggest starting with:

- o 4 units RBC
- o 3 to 4 units plasma
- o 1 adult dose platelets
- 4 g fibrinogen concentrate (standard dose)

2. BLOOD WORK

- Group and Screen (GRS), ideally collected **before** the first unit of RBCs is initiated
- Baseline: CBC, INR, PTT, Lytes, Ca, Fibrinogen, Lactate

3. OBTAINING PRODUCT

- Delegate an individual for product pick up
- Ensure product request form/down time pick-up slip sent down to TML
- Blood product transfusion must begin within 30 minutes from the time product issued from TML
- If the transfusion is delayed, **RETURN** product to TML

Note: TM may issue out product without a pick-up slip however, a Cerner patient label and quantity of products must be provided at time of pick up

This material has been prepared solely for use at Providence Health Care (PHC). PHC accepts no responsibility for use of this material by any person or organization not associated with PHC. A printed copy of this document may not reflect the current electronic version.

Effective date: 28/FEB/2024 Page 7 of 10



4. ONGOING MANAGEMENT	 Keep temperature above 36°C; aggressive re-warming reduces bleeding Continue requesting blood products as required; all blood product orders are verbal; the person communicating orders to TM lab does not have to be the MD Bloodwork every 45 to 60 minutes: CBC, INR, Fibrinogen, ABG (iCa2+) Target: Hemoglobin greater than 70 Platelets greater than 50 pH greater than 7.2 INR less than 1.8 Lactate less than 4 mmol/L Fibrinogen greater than 1.5 g/L (obstetrical patients greater than 2 g/L) lonized Calcium greater than 1.1 mmol/L 	
5. CONSIDER ADJUNCT MEASURES	 Consider tranexamic acid (TXA); DO NOT use for GI bleeds 1 g IV bolus + 1 g IV bolus if required, ideally within 3 hours of injury Empiric calcium administration: Suggest 1 g for every 4 units RBC Consult Transfusion Medicine physician via switchboard for further adjunctive therapy 	
6. TERMINATE MTP	 Call TM lab and notify "cancel MTP" Return all unused blood products to TM lab as soon as possible If emergency supply used, affix patient label to yellow copies of Transfusion Record and return to TM lab 	

^{*}Adapted from: VCH Massive Hemorrhage Protocol, revised October 2023

Effective date: 28/FEB/2024 Page 8 of 10



Appendix B: Massive Transfusion Protocol Feedback - Clinical Team

	Providence Health Care				Place Patien		
MASSIVE TRANSFUSION EVENT POST EVENT EVALUATION							
involve	inually evaluate the m d in the recent massiv sion medicine (tube to	e transfusion activ	vation for the	patient listed	l below complet		
Date M	TP implemented:						
		OR []ICU	☐ csicu	□ cicu	Other:		
1.	Was the initial proce	ss of activating ar	n MTP easy?	YES/NO (plea	se explain)	3	
2.	How would you rate	the communicati	on with the 1	M staff? Circ	le one:		
	EXCELLENT	GOOD	AVER	AGE	POOR	WORST	
3.	Were the blood/bloo YES/NO (Please expl		ered receive:	in a timely n	nanner from Tra	nsfusion Medicine	?
4.	How would you rate	your overall expe	erience durin	g the MTP? Ci	ircle one:		
	Needs Improven	nent	Satisfactory		Well Don	e	
5.	Any additional sugge	estions for improv	ement?				
Comple	eted By:Nar		C	esignation	_ Date Compl	eted:	

 $\textbf{RETURN FORM TO TRANSFUSION MEDICINE} \ (\textbf{Tube station } 04 \ \text{or fax to } 68627)$

Page 1 of 1

This material has been prepared solely for use at Providence Health Care (PHC). PHC accepts no responsibility for use of this material by any person or organization not associated with PHC. A printed copy of this document may not reflect the current electronic version.

Effective date: 28/FEB/2024 Page 9 of 10



Persons/Groups Consulted:

Team Lead Transfusion Medicine Laboratory
Medical Team Lead, Transfusion Medicine
Nurse Educator, - ED SPH
Nurse Educators- ICU
Nurse Educator- OR
Clinical Process Consultant -OR

Developed By:

Nurse Educator- PACU

Regional Transfusion Medicine Clinician

Revised by:

Regional Transfusion Medicine Clinician

Effective Date:	03-SEP-2020	
Posted Date:	28-FEB-2024	
Last Revised:	28-FEB-2024	
Last Reviewed:	28-FEB-2024	
Approved By:	PHC	
	Professional Practice Standards Committee	
Owners:	PHC	
	Transfusion Medicine	

This material has been prepared solely for use at Providence Health Care (PHC). PHC accepts no responsibility for use of this material by any person or organization not associated with PHC. A printed copy of this document may not reflect the current electronic version.

Effective date: 28/FEB/2024 Page 10 of 10