# Transfer from Inpatient Psychiatry to Medical/Surgical Service: St. Paul's Hospital

## Site Applicability

SPH - 9A, 8C, 2N, and PASU

## **Practice Level**

RN/RPN, Physician

#### **Need to Know**

Patient safety and quality of care is of the highest priority. This protocol outlines the process for transferring a patient from inpatient psychiatry (9A, 8C, 2N, and PASU) to a medical/surgical area should their medical condition deteriorate. The decision to transfer is a collective decision based on the patient's care needs.

## Guideline

If an admitted psychiatric patient's medical condition is compromised and the patient requires acute medical assessment and treatment the following process should be followed:

Monday to Friday 0800 – 1700					
Decision to Transfer	Psychiatrist/MRP  If it is deemed that the patient's care needs are beyond the scope and resources of a mental health inpatient unit, the MRP will contact the appropriate service* (ICU, CTU or surgical team) based on the patient's presentation, to request a consult for potential transfer.	Nursing (RN/RPN)  The patient's psychiatrist/MRP should be contacted to assess the patient.  The patient's primary nurse can contact the Clinical Resource Nurse (CRN) or the Clinical Coordinator (CC) for assistance and guidance regarding appropriate escalation of care/consultation.			

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#### **After Transfer** Psychiatrist/MRP Nursing (RN/RPN) Psychiatric follow-up of the patient will be The sending unit's Clinical Nurse Leader provided by the Consultation Liaison (CNL) or charge nurse will inform the mental health bed coordinator of Psychiatry Service (CLPS). transfer. The sending MRP (PASU, 2N, 8C, and 9A) must contact the CLPS team PRIOR When psychiatric follow-up of the to the transfer to provide verbal patient is transferred to the CLPS handover (See Appendix A for contact team, the sending unit's CNL or the mental health bed coordinator will details). notify the Consultation Liaison Nurse Educator of the transfer (See Appendix A for contact details). Once a patient is transferred to a medical/surgical bed the receiving service assumes the primary care of the patient. Monday to Friday 1700 – 0800 and Weekends/Holidays **Decision to On-Call Psychiatrist (Stream Service)** Nursing (RN/RPN) **Transfer** The appropriate stream service If the patient's care needs are deemed beyond the scope and resources of a (psychiatry on-call, see *Appendix A*) or the resident on-call should be contacted mental health inpatient unit, the psychiatrist on-call or the resident on-call to assess the patient. who assessed the patient will consult the The patient's primary nurse can appropriate service\* (ICU, CTU or surgical contact the CRN or CC for assistance team) to determine a treatment plan and and guidance regarding appropriate arrange transfer of the patient. escalation of care/consultation. After Transfer **On-Call Psychiatrist (Stream Service)** Nursing (RN/RPN) The stream service on-call will be Once the transfer has been arranged responsible for psychiatric follow-up of the the sending unit will inform the patient until the next business day (Mon to PASU charge nurse of transfer. Fri 0800 - 1700). When psychiatric follow-up of the The psychiatrist involved in the patient is transferred to the CLPS transfer should provide a handover to team, the sending unit's primary the day time stream service to ensure nurse will notify the Consultation next day assessment. (Refer to the Liaison Nurse Educator of the monthly psychiatrist on-call list to transfer (See Appendix A for contact notify the correct psychiatrist.) details).

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On the next business day (Mon to Fri 0800 – 1700), psychiatric follow-up of the

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patient will be provided by the Consultation Liaison Psychiatry Service (CLPS).

- To transfer the psychiatric follow-up to the CLPS the Stream service will call the CLPS team to provide a voice message with a patient handover (See Appendix A for contact details), including details:
  - The patient's name
  - o The MRN #
  - Primary psychiatric diagnosis
  - The reason for transfer
  - Certification status

Once a patient is transferred to a medical/surgical bed, the receiving service assumes the primary care of the patient

\*Note: If the consulted team is unable to assist, the MRP is responsible for escalating care to the next most appropriate service. For a list of available medical consultative services – see Appendix B.

## Consulting the Emergency Department (ED):

If the care team determines an admitted psychiatric patient requires care/intervention by the ED (see Appendix B):

- The MRP (or on-call psychiatrist or resident) who assessed the patient must contact the ED physician (prior to sending patient) to determine a treatment plan/arrange for intervention
- MRP must notify unit care team of ED treatment plan
- A nurse from the sending unit must accompany the patient to the ED (do not use porter)
- The patients bed must be held, unless otherwise notified by ED or Bed Coordinator

#### **Documentation**

- Document assessments which lead up to the patient transfer and interventions on the appropriate clinical forms
- Complete SBAR (PS170) and fax to receiving unit prior to transfer
- Ensure transfer completed in Sunrise Clinical Manager (SCM)
- The sending unit provides the receiving unit the patient's complete chart and MAR
- The sending unit will provide verbal hand overs to the appropriate disciplines of the receiving unit

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- o The sending unit's MRP will provide verbal hand over to consulted service physicians
- The primary nurse from sending unit will provide verbal hand over to receiving unit nurse

## **Expected Outcomes**

- 1. To provide safe and timely care to admitted psychiatric patients who require medical and/or surgical support and intervention.
- 2. To ensure a process is in place and the most responsible physician (MRP) is consulted when determining the most appropriate level of care for a patient requiring medical and/or surgical support and/or intervention.

## **Related Documents**

- B-00-16-10020 Transfer of Patients from the Mental Health Program to Urban Health Program (10C)
- 2. B-00-07-10060 Cardiac Arrest (Code Blue): Initiating (SPH and MSJ)
- 3. <u>B-00-13-10080</u> Code Blue Team Responsibilities and Response to Cardiac Arrest Calls (SPH)
- 4. <u>B-00-13-10059</u> Managing Unsettled/Challenging Behaviours: Least Restraint
- 5. <u>B-00-07-10067</u> Maternity Patients Requiring Mental Health Services within the Maternity Centre; Care Approach
- 6. BD-00-11-40016 Medication Reconciliation Policy
- 7. <u>Medication Reconciliation</u> (Pharmacy Services web pages)

## **Persons/Groups Consulted**

Consult Liaison Nurse Educator, SPH

Staff nurses - 9A, 8C, 2N and PASU, Mental Health, SPH

Bed Coordinator, Mental Health, SPH

Clinical Nurse Leader, 9A, SPH

Clinical Nurse Leader, 8C, SPH

Clinical Nurse Leader, PASU, SPH

Clinical Nurse Leader - Access and Flow, SPH

Clinical Nurse Specialist, Mental Health, SPH

Program Director, SPH

Psychiatry Department Head, SPH

Emergency Physician, SPH

Chief Medical Resident - CTU

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## **Developed By**

Patient Care Manager, Mental Health, SPH Clinical Nurse Specialist, Mental Health, SPH

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# **Appendix A: Contact Information**

Consultation Liaison Psychiatry Service Contact Details				
Consultation Liaison Psychiatry Service (physicians)	Mon to Fri 0800 – 1700 Pager: 34391			
	Mon to Fri 1700 – 0800 and Weekends/Holidays Local: 62414			
Consultation Liaison Nurse Educator	Mon to Fri 0800 – 1700  Pager: 33221			
	Mon to Fri 1700 – 0800 and Weekends/Holidays Local: 62006			

## Psychiatry On-Call – Steam Service

Stream 1	Stream 2
2300 – 0800 Monday to Sunday	0800 – 1700 Weekends and Holidays

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# **Appendix B: Consultation Services**

Available Medical Consultative Services to Psychiatry					
Family Practice	Medical Consultation Team – Orange CTU	Emergency Department <sup>ii</sup>			
Appropriate for:  • Subacute (non-urgent) medical concerns (e.g., stomach upset, asthma, rash, etc.)	Appropriate for:  • Acute medical decompensation with potential for transfer to medicine	Appropriate for:      Lacerations     Sutures     Fracture			
Available 5/7 as indicated on call schedule	Available 24/7	Available 24/7			

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<sup>&</sup>lt;sup>i</sup> Request for consult is physician to physician

<sup>&</sup>lt;sup>ii</sup> MRP to contact ED physician prior to sending patient for intervention. Nurse from sending unit to accompany patient to ED.