STANDARD OPERATING PROCEDURE

Physiotherapy – Role in Inpatient Mental Health at SPH

SPH Physiotherapy Department provides consult service only for Inpatient Mental Health referrals. There is no staff specifically allocated to this area.

Appropriate Reasons for Referring Patients:

- <u>Falls risk</u> to review and recommend interventions to aid in the prevention of further falls or to reduce injury.
- <u>Safe Transfers and Ambulation</u> to assess the transfer/ambulatory status of the patient and recommend/allocate appropriate gait aids.
- <u>Discharge Planning</u> to liaise with the Occupational Therapist to ensure appropriate mobility and home safety equipment is in place for safe discharge and to assess the patient's ability to climb stairs, if appropriate.
- <u>Acute Orthopedic Conditions</u> If assessment is required for a patient with an acute orthopedic condition (e.g. recent fracture, recent joint replacement) orders from a physician are required (e.g. weight bearing status, ROM).

Reasons referrals may not be appropriate:

- Chronic musculoskeletal conditions (e.g. sore back). Please refer to private physiotherapy (http://bcphysio.org/find-a-physio) or Community Mental Health Team on discharge, as appropriate.
- Unstable mental health status, which prevents physical assessment.

Please contact our Physiotherapist if you would like to screen a potential referral for appropriateness.

- Pager: 34669
- Main Physiotherapy Department: 68115

Please refer to PHC Physiotherapy Priority Intervention Criteria for further details

Ensure that walkers, wheelchairs and other mobility equipment that belong to Providence Health Care

ARE NOT SENT HOME with patient on discharge!

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Approved By:	Professional Practice Leader Physiotherapy
	PHC
Owners:	Physiotherapy
	Professional Practice Leader Physiotherapy

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