

TAKE HOME NALOXONE: DISTRIBUTION RECORD





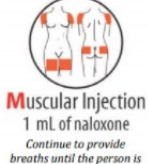
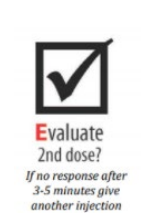
Fax/email this form **monthly** to 604-707-2516 or
naloxone@bccdc.ca

Site ID# 198 Full Site Name _____ City _____

DATE KIT GIVEN OUT	KIT RECIPIENT DESCRIPTION				NOTES **Optional Site Use** (not required by BCCDC)
	OD RISK	GENDER	AGE RANGE (Years)		
MM/DD/YYYY	<input type="checkbox"/> At risk of OD <input type="checkbox"/> Not at Risk	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other	<input type="checkbox"/> under 19 <input type="checkbox"/> 31-60	<input type="checkbox"/> 19-30 <input type="checkbox"/> over 60	<input type="checkbox"/> 1st Kit <input type="checkbox"/> Replacement (Last Kit Used) <input type="checkbox"/> Replacement (Other Reason)
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Dispensing Take Home Naloxone Education Tool for Nurses to use when Educating Patients/Clients/Residents

Signs of a typical opioid overdose: Not moving and can't be woken, slow or no breathing, choking, gurgling sounds or snoring, tiny or pinpoint pupils, blue or grey/ashen lips and nails, cold or clammy skin (*Note: drug supply is unpredictable & not all overdoses look the same – **when in doubt, use naloxone***)

SAVE ME steps	Client must demonstrate knowledge of:	Tips for trainers
	S Stimulate “Shake and shout” Try to wake them up. Call their name, squeeze/pinch their shoulders (trapezius squeeze). Check if they are breathing – at least one breath per 5 seconds. If you cannot wake them call 911. If you have to leave the person unattended, put them in the recovery position.	Advise person to say out loud the actions that they are doing before they do them, especially if approaching a stranger (<i>e.g.</i> , “ <i>I am going to squeeze your shoulders</i> ”). Have the person demonstrate a trapezius squeeze. Explain the importance of calling 911 at this time because the naloxone in the kit may not be adequate to reverse the overdose, the person might not be having an overdose and require additional medical care, and that the overdose can return when naloxone wears off.
	A Airway Look, listen, and feel if they are breathing. With your head above their mouth, look towards their chest for rising and falling. Check airway. Make sure there is nothing in their mouth that might keep them from breathing (<i>e.g.</i> , gum, syringe cap). Tilt head and lift the chin to open airway.	Ask person to tuck chin down to chest and try to breathe – demonstrating how a relaxed tongue can block their airway. Demonstrate how moving their head can sometimes get them breathing again. Important: do not put fingers in the mouth! Can use the back of one of the capped syringes to remove debris from the mouth.
	V Ventilate Tilt head back, place barrier mask over mouth, plug nose, and give 2 breaths. Breath should be big enough to make person's chest rise. Continue to breathe for the person – one breath every 5 seconds (and ongoing).	Have the person demonstrate head tilt, chin lift, and how to open and use breathing mask. Point out that there are instructions written on the mask. Explain that HIV cannot be transmitted through mouth to mouth.
	E Evaluate Check if they have started breathing or have become responsive. If not, prepare the naloxone. If you are the only responder, give breaths as best as you can every 5 seconds while you prepare the medication. If there is another responder, have them continue breaths every 5 seconds.	If there is no naloxone, advise them to continue to breathe for the person – this is very important and can be very effective. Explain that brain damage can occur within minutes without oxygen. Advise to give a breath in between every step of medication preparation if responding alone.
	M Medication Inject 1ml (1 ampoule, 0.4mg) of naloxone into a muscle at a 90 degree angle (<u>check the time</u>). Inject into the outer thigh, upper outer buttock, or meaty part of the shoulder. The needles in the kit can penetrate through clothing. The kits contain VanishPoint syringes which should be placed in a pop bottle or sharps container as soon as possible.	Using the mock training supplies, have the person demonstrate how to break the ampoule and draw up medication. Have person describe or demonstrate instructions back to you. Explain to check expiry date on the kit/medication and keep medication stored away from any light.
	E Evaluate & Support Wait 3-5 minutes while continuing to give breaths (about 40 breaths). Check for breathing and responsiveness. If no change, administer another dose. Repeat with 3 rd dose in another 3-5 minutes if needed. If they become responsive, wait with them until the ambulance arrives - their overdose could return after 20-90 minutes and they may need another dose of naloxone. They may feel dope sick, advise them not to use any more drugs. Tell the paramedics what the person has taken (if known) and what actions you have taken. Arrange for someone to stay with the person for 2 hours if they decline to go with paramedics.	Remind the person to continue providing breaths if the person has not responded to the medication. Explain that naloxone takes 2-5 minutes to start working and it only temporarily reverses an overdose wearing off in 20-90 minutes. When naloxone wears off, an overdose can return . Remind them of the importance of calling 911 and staying with the person until the ambulance arrives.