

## Pain Management: Acute Mild (Pediatric age less than 17 years)

### Site Applicability

All VCH & PHC Emergency Departments & Urgent Care Centres

### Practice Level

Profession	Setting	Advanced Skill (requiring additional education)
RN	Emergency & Urgent Care	<b>Nurse Independent Activity:</b> <ul style="list-style-type: none"> <li>The following NIAs have been approved for use as noted in the site applicability above. <ul style="list-style-type: none"> <li>Administration of medication: <ul style="list-style-type: none"> <li>Acetaminophen (one dose only) - only for pediatric patient at or greater than 3 months of age</li> <li>Ibuprofen (one dose only) - only for pediatric patient at or greater than 6 months of age</li> </ul> </li> </ul> </li> </ul>

### Policy

- VCH & PHC clinicians will follow the Decision Support tool (DST) developed by the Provincial Health Services Authority (see guideline link below) when providing care for pediatric patients who present with acute mild pain.
- The use of NIA is supported within VCH/PHC and is defined:
  - Policy: [Nurse Independent Activities \(NIA\) and Nurse-Initiated Protocols \(NIP\)](#).  
Education includes: LearningHub [NIA Course](#)
- Physician/NP orders override the use of a NIA.

### Practice Guideline

**BCCH NIA:** [Treatment of Acute Mild Pain \(peds\) Registered Nurse Initiated Activity \(RNIA\)](#) (CM.04.12)

### Documentation

- As per site documentation practices.
- NIA Documentation (in the 'Orders' section of the client chart) – should be in accordance with Health Authority NIA Policy:
  - [Nurse Independent Activities \(NIA\) and Nurse-Initiated Protocols \(NIP\)](#)
- Document medication administration as per unit and site practices.

### References

British Columbia Children's Hospital (2009): *Parenteral Drug Manual – Acetaminophen and Ibuprofen monographs*. British Columbia: Author.

College of Registered Nurses of British Columbia (2009). *Scope of Practice for Registered Nurses: Standards Limits Conditions*. Publication Number 433. British Columbia: Author. Retrieved from: <https://www.crnbc.ca/downloads/433-scope.pdf>.

College of Registered Nurses of British Columbia (2007). *Practice Standard for Registered Nurses and Nurse Practitioners: Medications*. Pub. No. 408. British Columbia: Author. Retrieved from:

<https://www.crnbc.ca/downloads/408.pdf>.

College of Pharmacists of British Columbia (2006). *Drug Product Distribution Requirements: Pharmacy and Nonpharmacy outlets*. British Columbia: Author.

Institute for Clinical Systems Improvement (ICSI). (2011). *Assessment and management of chronic pain*. Retrieved from: <http://www.guideline.gov/content.aspx?id=36064&search=chronic+pain#Section420>

## Developed by

Adopted from [BC Children's Hospital ePOPS \(Electronic Policies, Order Sets, Procedures & Standards\)](#)

### CPD Developer Lead(s):

VCH/PHC Regional Emergency Department Nurse Educator Team  
Director Regional Emergency/Trauma Services, VCH/PHC  
Regional Lead, Emergency and Trauma Services, VCH

### Other Members:

Acute Services Manager, PRGH  
Clinical Educator, Emergency, LGH  
Clinical Educator, Emergency, RH  
Clinical Educator, SGH  
Clinical Educator, SH  
Nurse Educator, Emergency, MSJ  
Nurse Educator, Emergency, SPH  
Patient Care Coordinator, Urgent Care Centre, UBCH  
Patient Services Manager, Urgent Care Centre, UBCH

## Reviewed by

Health Authority Medication Advisory Council (HAMAC)

## Endorsed by

VCH: (*Regional SharePoint 2<sup>nd</sup> Reading*)

Health Authority Profession Specific Advisory Council Chairs (HAPSAC)  
Health Authority & Area Specific Interprofessional Advisory Council Chairs (HAIAC)  
Regional Pharmacy & Therapeutics Council (VCH-PHC)  
Operations Directors  
Professional Practice Directors

PHC: Professional Practice Standards Committee

## Final Sign-off & Approved for Posting by

VP Professional Practice & Chief Clinical Information Officer, VCH  
Professional Practice Standards Committee, PHC

## Date of Approval/Review/Revision

Approved: December 14, 2017

Posted: January 8, 2018