Guideline for Adjusting Morning Insulin Dosing on the Morning of Surgery

Insulin	Morning of Surgery (only order morning dose if it is part of usual dosing regimen)
 Long acting Glargine (LANTUS, BASAGLAR) Detemir (LEVEMIR) Degludec (TRESIBA) 	Instruct patient to take 80% of their usual morning dose
Intermediate-acting • NPH	Instruct patient to take 50% of their usual morning dose
Premixed e.g. humuLIN 30/70, Novolin ge 30/70	Instruct patient to not take their morning dose
Nutritional e.g. regular (Humulin R), lispro (humaLOG), aspart (NOVORAPID), glulisine (APIDRA)	Instruct patient to not take their nutritional insulin

Mar 27, 2023