

Frostbite Injury: Guideline

Site Applicability

VCH and PHC Sites

Practice Level

Profession	Basic Skill	Advanced Skill (with Additional Education)
NP, RN, RPN, NSWOC	<ul style="list-style-type: none"> Assessment and treatment of Frostbite including determining the wound treatment plan 	<ul style="list-style-type: none"> Debridement of clear serum blisters; Conservative Sharp Wound Debridement (refer to DST: BD-00-07-40104)
LPN	<ul style="list-style-type: none"> Assessment and treatment of Frostbite, following an RN/RPN established wound treatment plan 	

Need to Know

- The Provincial Nursing Skin and Wound Committee (PNSWC) developed this Guideline to provide a provincial standard for all patients/clients/residents who require prevention, assessment and treatment of Frostbite Injuries.
- The client with frostbite injury(s) requires an interprofessional team approach to manage the medical complication of the injury, as well as, any mobility/functional concerns.
- In accordance with health authority/agency policy, this provincial guideline and its Quick Reference Guide (QRG) can be used with the health authority's frostbite protocol /Prescribers Pre-Printed Orders

Guideline

[Frostbite Injury: Guideline](#)

[QRG: Wound Care Management for Frostbite Injury](#)

[Assessment Form](#)

[Aloe Vesta Protective Ointment for Frostbite Treatment PI Sheet](#)

Documentation

As per VCH and PHC documentation guidelines.

NOTE: Cerner sites: print the assessment form for documentation and attach it to the chartlet.

Related Documents

[Wound Management: Guideline](#)

[Conservative Sharps Wound Debridement \(CSWD\)](#)

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References

See [Provincial Guideline](#)

[Whitehorse frostbite protocol](#) | [Government of Yukon](#)

Effective Date:	5-APRIL-2023	
Posted Date:	23-JAN-2024	
Last Revised:	23-JAN-2024	
Last Reviewed:	5-APRIL-2023	
Approved By: <i>(committee or position)</i>	PHC	VCH
	Practice Consultant, Professional Practice	Director, Professional Practice for Nursing & Allied Health, Professional Practice Prof Prac Dir, Nrsg & Alld Hlth, Office of the CNO Prof Prac Dir, Nrsg & Alld Hlth, Reg-LTC_AL & Supp House Prof Prac Dir, Nrsg & Alld Hlth, Office of the CNO Director Professional Practice Nursing and Allied Health, Professional Practice Leaders VP Professional Practice & Chief Clinical Information Officer, Professional Practice
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