MSSU/OPAT (8D): Discharge from Facility Criteria

Site Applicability
Medical Short Stay Unit (MSSU) / Outpatient Ambulatory Therapy (OPAT) at SPH only

Skill Level Basic RN

Related Guidelines and Resources:
1. B-00-12-10135 – BCG Bladder Instillation Procedure for the Medical Short Stay Unit
2. B-00-13-10016 – Liver Biopsy (Medical Short Stay Unit): Care of Patient
3. B-00-13-10046 – Procedural Sedation and Analgesia in Clinics and Procedure Rooms
4. B-00-13-10148 – Chemotherapy: Administration of Parenteral Chemotherapy

Clinical Indication:
Patient assessment prior to discharge from ambulatory care MSSU and OPAT at SPH when a prescriber has ordered "Discharge when criteria met"

Need To Know:
An order from a prescriber overrides the use of this protocol

The discharge assessment and documentation will be done within 30 minutes before the patient leaves the MSSU and/or OPAT on 8D.

PRACTICE GUIDELINE

Assessment and Discharge Criteria:
Patient's receiving procedural sedation will be assessed as per the Procedural Sedation and Analgesia protocol.

Assessment	Criteria
CNS	• Orientated to person place, time or orientation equivalent to patients admission status • Strength and ROM in all limbs equivalent to patients admission status
Respiratory	• Respiratory rate 10 to 20 breaths/ minute • SpO_2 92% or more on room air **OR** within +/- 20% of admission level and/or patients usual values. • Intact protective airway reflexes present (gag, swallow, cough and ability to clear secretions).

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Assessment	Criteria
Cardiovascular:	• BP, HR (heart rate) within +/- 20% of admission level and/or patients usual values. • Skin warm and dry with evidence of adequate tissue perfusion, temperature below 37.5^{O}C
Gastrointestinal:	• No or mild nausea
Genitourinary:	• No bladder distension or evidence of urinary retention
Vascular Access	Peripheral IV – Discontinued **OR** as below: Venous Access Devices (includes PIV and CVC/PICC) • Secured in place • Dressing dry and intact • Patient has received instruction on line/site care.
Dressings	• Dry and intact, no signs of bleeding • Patient has received instruction on dressing/site care
Medications:	**1. Oral medications** • May be discharged immediately following administration of medication. **2. IV Medications** including IV Direct (push); first dose of antibiotics; antiemetics and analgesia • MSSU minimum stay 15 minutes following dose • OPAT – Ensure patient education completed prior to patient leaving (see below) **3. Subcutaneous narcotic** • Minimum stay 30 minutes following administration of medication
Pain	No pain or mild pain (0 to 3 on pain scale) OR a pain management plan is in place.
Blood and blood products	• Transfusion complete, no signs or symptoms of transfusion reaction • Patient has received instruction on what to do if any symptoms of a delayed reaction
Miscellaneous	• Patient education material (e.g. chemotherapy fever card, Neutropenia information, post procedure care information), prescriptions, lab requisitions etc have been given to patient/family • Verbal discharge teaching completed as applicable (patient and where possible family), including what to do in case of ongoing pain, delayed allergic reaction, bleeding or other adverse reaction

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Patient/Family Education:

Provide Patient and/or family member written and verbal instructions (see above) as needed. Ensure that they understand what they have been told and have had an opportunity to ask questions/clarify information.

Prior to the patient leaving the unit, ensure they are aware of signs and symptoms of adverse reaction to medication and what to do if they suspect a reaction (call physician, go to Emergency Department).

Documentation:

1. MSSU/OPAT Flow sheet – assessments and interventions, patient status at discharge

References:

1. Kingdon, B, Newman, K. (2006) Determining Patient Discharge Criteria in an Outpatient Surgery Setting. AORN, April Vol. 83:4 989-904

Persons/Groups Consulted:

Clinical Nurse Specialist, Chemotherapy
Nurse Educator Medicine SPH
Immunologist SPH

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