

## POSTPARTUM RISK ASSESSMENT FOR VENOUS THROMBOEMBOLISM (VTE) PROPHYLAXIS

**Following delivery the prescriber completes the Postpartum Risk Assessment.**

(✓ Checkmark all tick boxes that apply.)

☐ **No Risk Factors**

**Pre-existing**

- ☐ Age greater than or equal to 35 years
- ☐ Gross varicose veins
- ☐ Obesity, pre-pregnant BMI greater than or equal to 30 kg/m<sup>2</sup>
- ☐ Smoker (current)

**Postpartum**

- ☐ Anticipated immobility
- ☐ Elective cesarean section
- ☐ Forceps with vaginal trauma
- ☐ PPH greater than 1 litre or blood transfusion
- ☐ Prolonged active labour (greater than 24 hours)
- ☐ Surgical procedure in postpartum

- ☐ Antenatal immobility greater than 7 days
- ☐ Cesarean section in active labour
- ☐ Intravenous drug use
- ☐ Obesity, current BMI greater than 40 kg/m<sup>2</sup>
- ☐ Medical co-morbidities including:
  - Acute medical illness/ sepsis
  - Autoimmune disease/ SLE
  - Cancer
  - Current active systemic infection
  - Heart or lung disease
  - Nephrotic syndrome
  - Pre-eclampsia

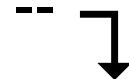
- ☐ Previous DVT/ PE
- ☐ Treatment with therapeutic antenatal LMWH
- ☐ Asymptomatic thrombophilia, consult specialist

**0 to 1 Risk Factor**



**LOW RISK**

**Equal to or greater  
than 2 Risk Factors**



**Any 1 Risk Factor**



**INTERMEDIATE RISK**

**Any 1 Risk Factor**



**HIGH RISK**

Key:

BMI = body mass index

DVT = deep vein thrombosis

kg = kilogram

LMWH = low molecular weight heparin

m = metre

PE = pulmonary edema

PPH = postpartum hemorrhage

SLE = Systemic lupus erythematosus