QUICK REFERENCE MATERIAL

Posey Reusable Double-Padded Mitts (Mittens) – One Size RESTRAINT



Indications:

- Used as a hand restraint for patients who are picking, pulling, scratching or peeling where it exacerbates skin condition, causes self-injury, or disrupts wound site integrity or disrupts life sustaining medical treatment
- Depending on degree of restlessness and agitation, may be a good first option

Supply Details

Mittens

ITEM ID: 00011537

VENDOR ITEM ID: Bowers/Posey 2819

Manufacturer web site (video and other information)

http://www.tidiproducts.com/productlisting/posey-mitts

Considerations:

- Mitten is a less restrictive device that should be considered before more restrictive devices are used
- Mitten is universal size, padded on both sides, has no finger separators and has a Velcro closure
- Machine washable between patient use
- Do NOT use with any kind of restraining strap, if the patient requires control of the limb and not just the hand, then an approved limb restraint device must be used
- Mitten must be removed according to the standard to assess skin condition and circulation
- DO NOT
 - Place over watches or jewellery
 - Use if an IV site could be compromised
 - Use on patients with dislocations, fractures or open wounds on the affected limb
 - Apply the mitt too tightly or too loosely, you should be able to insert one finger under the mitten.

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