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Coastal Community of Care part of the Vancouver Coastal Health Authority

# PALLIATIVE CARE BOWEL PROTOCOL WORKSHEET

					Page 1 c	of 2							
ATE:													
. TAKE H	IISTORY:	Date of	of last BM		Current BM pattern 🗌 da			ily 🔲 Q 2 days Other					
					Goal BM patt	ern [	☐ daily [	ly 🔲 Q 2 days Other					
Laxative	es prior to	admissio	on 🗌 No	one OR List laxa	atives and doses								
FOTUS A	TE DDOT	-000	OTED FOL	W/ALENE TO E	DE ADMICOLON	LAVATO	VE 110E						
. ESTIMA				IVALENI TOP	PRE-ADMISSION			C Boots	al Ma	001100			
Step 0	No laxati	Stim ves	uiani	No laxatives	B - Osmotio	,		C - Rectal Measures No intervention					
			lactulose 10	g (15 mL) PO dail	ly OR	alves	alveerin auno sitemuv 1 reetal						
Step 1 sennosides 12 mg PO BID			7 g (1 sachet) PO o o patient preference		gryce	glycerin suppository x 1 rectal							
Step 2	sennosid	es24 mg	POBID	lactulose 10	g (15 mL) PO BID		bisac	bisacodyl suppository 10 mg x 1 rectal					
-				PEG 3350 1	) g (30 mL) PO BID	OR		glygerin suppository x 1 followed by					
Step 3	sennosides 36 mg PO BID			PEG 3350 1	17 g PO BID		bisac	bisacodyl suppository x 1					
Step 4	sennosides 36 mg PO BID AND lactulose 20 g (30 mL) PO BID			ID lactulose 20	g (30 mL) PO BID AND sennosides:			SODIUM phosphates (FLEET ENEMA EQUIV) enema x 1 rectal					
Step 5					N rectal medicatio			Disimpaction					
								(if on		quivalent Step (xatives, Step 0)			
CHOOS	E MOST		DIATE -	OWEL PROTOC	COL FOR HOOR	ITAL 074	v.	(11 011		00, Otop 0)			
					COL FOR HOSPI	IIAL SIA	41:						
		-	dard ward	•	ring adaquata flu	ida)							
		•		no oral intake)	king adequate flu	ias)			Drof	tocol A, B or C			
C	= Rectai i	vieasure	s (minimavi	no oral intake)					PIOL	locol A, B of C			
DETERM	IINE <u>CU</u>	RRENT	BOWEL P	ERFORM ANCE:	BOWEL PERFO	ORMANC	E SCALE						
- 4		-3	- 2	- 1	GOAL (G)	+ 1	+ 2	+	- 3	+ 4			
<b>←</b>			Constipatio	n	<u> </u>		Diarrhea	a	$\longrightarrow$	<u> </u>			
Immonto	d av Eo	rmod								_			
Impacte Obstruct	ted Har	Hard with		Formed Solid	Characteristic	Formed Soft	Unform Loose			Unformed Liquid			
± sma leakag		ellets	riara	Solid	Formed		paste-li	٠.		± mucus			
leakag			H	STE	Semi-solid			S0 5	N:	5.00			
				متنا				1167					
	No Stool Goal plus Goal plus		Pt's Goal	Pattern	Pt's Goal	more	M	lore	More				
after Goal 3 or more			1-2 days	frequency occurs	Pt's Goal for	frequency occurs	freque	frequent than go		frequent than goal			
plus 3 days delay delay			occurs	frequency	Julia	than g	oal I I I I I I	, Poul	Giali guai				
Unable defeca	to N	lajor	Moderate	Minimal or		Minimal o	Mod of		difficult				
despit	e l	ort or aining	effort or straining	no effort	no effe		required	l to	ontrol ency &	or explosive - unable to			
maxim	aı regu	ired to	required to	required to	Control		Contro	) ma	ay be	control or			
effort o	l dei	ecate	defecate	defecate		urgency	urgeno		losive	unaware			
		ch, Black B	PS revised sca	ale 2009 (© Victoria H	ospice Society)		ı						
NOW C	AI CIII A7	E BOW		OCOL STARTIN	IC STED.		Во	welPerfor	manc	e Scale (BPS) =			
BPS sco		-4	<u> </u>	-3	-2		G or +1	+2		+3/+4			
Change f	rom	Go up		ıp one Step +/-	Go up 1 Step	Stay at	Equivalent	Go down	1	Go down to			
equivale		Step 4		tal intervention		Step	•	Step		Step 0			
									ST	ARTING STEP			
							_						
rinted Nan	ne		Signa	iture	Colleg	e ID	NURSI	E TO FAX TO	) PHAI	RMACY L			

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Initials

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#### Determine <u>DAILY</u> bowel performance scale:

- 4	-3	- 2	- 1 GOAL (G)		+ 1	+ 2	+ 3	+ 4
+		Constipation				Diarrhea		
Impacted or Obstructed ± small leakage	Formed Hard with pellets	Formed Hard	Formed Solid	Characteristic Formed Semi-solid	Formed Soft	Unformed Loose or paste-like	Unformed Liquid ± mucus	Unformed Liquid ± mucus
No Stool produced after Goal plus 3 days	Goal plus 3 or more days delay	Goal plus 1-2 days delay	Pt's Goal frequency occurs	Pattern Pt's Goal for frequency	Pt's Goal frequency occurs	Goal or more frequent than goal	More frequent than goal	More frequent than goal
Unable to defecate despite maximal effort or straining	Major effort or straining required to defecate	Moderate effort or straining required to defecate	Minimal or no effort required to defecate	Control	Minimal or no effort required to control urgency	Mod. effort required to control urgency	Very difficult to control urgency & may be explosive	Incontinent or explosive - unable to control or unaware

Downing, Hawley, Barwich, Black BPS revised scale 2009 (© Victoria Hospice Society)

BPS score	ore -4		-3			-2		-1, G or +1			+2		+3/+4		1
Change from equivalent step	Go up to Step 4	Go Red	Go up one Step +/- Rectal intervention			Go up 1 Step		Stay at Equivalent Step		ent (	Go down 1 Step		Go down to Step 0		_
Date (DD/MMM)															
BPS															
Step															
Comments															
Initials															Ī
												1	1	1	
Date (DD/MMM)															
BPS															Ī
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