

Appendix B: STOP BANG Questionnaire: Screening Tool for OSA

		YES	NO		
S	Do you snore (loud enough to be heard through closed doors)?)	
Т	Do you often feel tired , sleepy or fatigued during daytime?				
0	Has anyone observed you stop breathing during your sleep?				
Р	Do you have or are you being treated for high blood pressure?				TOTAL "YES" equal to or greater than 5:
В	BMI greater than 35 kgm/m ² ?				high probability of OSA
Α	Age greater than 50 years old?				OI OOA
N	Neck circumference greater than 40 cm?				
G	Male gender?				