

Week of August 2, 2015

Sunday

Reading 1 Ex 16:2-4, 12-15

The whole Israelite community grumbled against Moses and Aaron.

The Israelites said to them,

“Would that we had died at the LORD’s hand in the land of Egypt,
as we sat by our fleshpots and ate our fill of bread!
But you had to lead us into this desert
to make the whole community die of famine!”

Then the LORD said to Moses,

“I will now rain down bread from heaven for you.
Each day the people are to go out and gather their daily portion;
thus will I test them,
to see whether they follow my instructions or not.

“I have heard the grumbling of the Israelites.
Tell them: In the evening twilight you shall eat flesh,
and in the morning you shall have your fill of bread,
so that you may know that I, the LORD, am your God.”

In the evening quail came up and covered the camp.
In the morning a dew lay all about the camp,
and when the dew evaporated, there on the surface of the desert
were fine flakes like hoarfrost on the ground.
On seeing it, the Israelites asked one another, “What is this?”
for they did not know what it was.
But Moses told them,
“This is the bread that the LORD has given you to eat.”

Responsorial Psalm Ps 78:3-4, 23-24, 25, 54

R. (24b) The Lord gave them bread from heaven.

What we have heard and know,
and what our fathers have declared to us,
We will declare to the generation to come
the glorious deeds of the LORD and his strength
and the wonders that he wrought.

R. The Lord gave them bread from heaven.

He commanded the skies above
and opened the doors of heaven;
he rained manna upon them for food
and gave them heavenly bread.

R. The Lord gave them bread from heaven.

Man ate the bread of angels,
food he sent them in abundance.
And he brought them to his holy land,
to the mountains his right hand had won.

R. The Lord gave them bread from heaven.

Reading 2 Eph 4:17, 20-24

Brothers and sisters:

I declare and testify in the Lord
that you must no longer live as the Gentiles do,
in the futility of their minds;
that is not how you learned Christ,
assuming that you have heard of him and were taught in him,
as truth is in Jesus,
that you should put away the old self of your former way
of life,
corrupted through deceitful desires,
and be renewed in the spirit of your minds,
and put on the new self,
created in God’s way in righteousness and holiness of truth.

Alleluia Mt 4:4b

R. Alleluia, alleluia.

One does not live on bread alone, but by every
word that comes forth from the mouth of God.

R. Alleluia, alleluia.

Gospel Jn 6:24-35

When the crowd saw that neither Jesus nor his disciples
were there,

they themselves got into boats
and came to Capernaum looking for Jesus.

And when they found him across the sea they said to him,

“Rabbi, when did you get here?”

Jesus answered them and said,

“Amen, amen, I say to you,
you are looking for me not because you saw signs
but because you ate the loaves and were filled.

Do not work for food that perishes
but for the food that endures for eternal life,
which the Son of Man will give you.

For on him the Father, God, has set his seal.”

So they said to him,

“What can we do to accomplish the works of God?”

Jesus answered and said to them,

“This is the work of God, that you believe in the one he sent.”

So they said to him,

“What sign can you do, that we may see and believe in you?

What can you do?

Our ancestors ate manna in the desert, as it is written:

He gave them bread from heaven to eat.”

So Jesus said to them,

“Amen, amen, I say to you,

it was not Moses who gave the bread from heaven;
my Father gives you the true bread from heaven.

For the bread of God is that which comes down from heaven

Week of August 2, 2015
and gives life to the world.”

So they said to him,
“Sir, give us this bread always.”
Jesus said to them,
“I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst.”

Monday

Reading 1 Nm 11:4b-15
The children of Israel lamented,
“Would that we had meat for food!
We remember the fish we used to eat without cost in
Egypt,
and the cucumbers, the melons, the leeks,
the onions, and the garlic.
But now we are famished;
we see nothing before us but this manna.”

Manna was like coriander seed and had the color of
resin.
When they had gone about and gathered it up,
the people would grind it between millstones or pound it
in a mortar,
then cook it in a pot and make it into loaves,
which tasted like cakes made with oil.
At night, when the dew fell upon the camp, the manna
also fell.

When Moses heard the people, family after family,
crying at the entrance of their tents,
so that the LORD became very angry, he was grieved.
“Why do you treat your servant so badly?” Moses asked
the LORD.
“Why are you so displeased with me
that you burden me with all this people?
Was it I who conceived all this people?
Or was it I who gave them birth,
that you tell me to carry them at my bosom,
like a foster father carrying an infant,
to the land you have promised under oath to their
fathers?
Where can I get meat to give to all this people?
For they are crying to me,
‘Give us meat for our food.’
I cannot carry all this people by myself,
for they are too heavy for me.
If this is the way you will deal with me,
then please do me the favor of killing me at once,
so that I need no longer face this distress.”

Responsorial Psalm PS 81:12-13, 14-15, 16-17

R. (2a) Sing with joy to God our help.

“My people heard not my voice,
and Israel obeyed me not;
So I gave them up to the hardness of their hearts;
they walked according to their own counsels.”

R. Sing with joy to God our help.

“If only my people would hear me,
and Israel walk in my ways,
Quickly would I humble their enemies;
against their foes I would turn my hand.”

R. Sing with joy to God our help.

“Those who hated the LORD would seek to flatter me,
but their fate would endure forever,
While Israel I would feed with the best of wheat,
and with honey from the rock I would fill them.”

R. Sing with joy to God our help.

Alleluia Mt 4:4

R. Alleluia, alleluia.

One does not live on bread alone, but by every
word that comes forth from the mouth of God.

R. Alleluia, alleluia.

Gospel Mt 14:13-21

When Jesus heard of the death of John the Baptist,
he withdrew in a boat to a deserted place by himself.
The crowds heard of this and followed him on foot from
their towns.

When he disembarked and saw the vast crowd,
his heart was moved with pity for them, and he cured
their sick.

When it was evening, the disciples approached him and
said,

“This is a deserted place and it is already late;
dismiss the crowds so that they can go to the villages
and buy food for themselves.”

He said to them, “There is no need for them to go away;
give them some food yourselves.”

But they said to him,

“Five loaves and two fish are all we have here.”

Then he said, “Bring them here to me,”

and he ordered the crowds to sit down on the grass.
Taking the five loaves and the two fish, and looking up
to heaven,

he said the blessing, broke the loaves,
and gave them to the disciples,
who in turn gave them to the crowds.

They all ate and were satisfied,
and they picked up the fragments left over—
twelve wicker baskets full.

Those who ate were about five thousand men,
not counting women and children.

Week of August 2, 2015

Tuesday

Reading 1 Nm 12:1-13

Miriam and Aaron spoke against Moses on the pretext of the marriage he had contracted with a Cushite woman.

They complained, "Is it through Moses alone that the LORD speaks?

Does he not speak through us also?"

And the LORD heard this.

Now, Moses himself was by far the meekest man on the face of the earth.

So at once the LORD said to Moses and Aaron and Miriam,

"Come out, you three, to the meeting tent."

And the three of them went.

Then the LORD came down in the column of cloud, and standing at the entrance of the tent, called Aaron and Miriam.

When both came forward, he said,

"Now listen to the words of the LORD:

Should there be a prophet among you,

in visions will I reveal myself to him,

in dreams will I speak to him;

not so with my servant Moses!

Throughout my house he bears my trust:

face to face I speak to him;

plainly and not in riddles.

The presence of the LORD he beholds.

Why, then, did you not fear to speak against my servant Moses?"

So angry was the LORD against them that when he departed,

and the cloud withdrew from the tent,

there was Miriam, a snow-white leper!

When Aaron turned and saw her a leper, he said to Moses,

"Ah, my lord! Please do not charge us with the sin that we have foolishly committed!

Let her not thus be like the stillborn babe that comes forth from its mother's womb with its flesh half consumed."

Then Moses cried to the LORD, "Please, not this! Pray, heal her!"

Responsorial Psalm PS 51:3-4, 5-6ab, 6cd-7, 12-13

R. (see 3a) Be merciful, O Lord, for we have sinned.

Have mercy on me, O God, in your goodness;

in the greatness of your compassion wipe out my offense.

Thoroughly wash me from my guilt

and of my sin cleanse me.

R. Be merciful, O Lord, for we have sinned.

For I acknowledge my offense;

and my sin is before me always:

"Against you only have I sinned;

and done what is evil in your sight."

R. Be merciful, O Lord, for we have sinned.

That you may be justified in your sentence, vindicated when you condemn.

Indeed, in guilt was I born,

and in sin my mother conceived me.

R. Be merciful, O Lord, for we have sinned.

A clean heart create for me, O God,

and a steadfast spirit renew within me.

Cast me not off from your presence,

and your Holy Spirit take not from me.

R. Be merciful, O Lord, for we have sinned.

Alleluia Jn 1:49b

R. Alleluia, alleluia.

Rabbi, you are the Son of God;

you are the King of Israel.

R. Alleluia, alleluia.

Gospel Mt 14:22-36

Jesus made the disciples get into a boat

and precede him to the other side of the sea,

while he dismissed the crowds.

After doing so, he went up on the mountain by himself to pray.

When it was evening he was there alone.

Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it.

During the fourth watch of the night,

he came toward them, walking on the sea.

When the disciples saw him walking on the sea they were terrified.

"It is a ghost," they said, and they cried out in fear.

At once Jesus spoke to them, "Take courage, it is I; do not be afraid."

Peter said to him in reply,

"Lord, if it is you, command me to come to you on the water."

He said, "Come."

Peter got out of the boat and began to walk on the water toward Jesus.

But when he saw how strong the wind was he became frightened;

and, beginning to sink, he cried out, "Lord, save me!"

Immediately Jesus stretched out his hand and caught him,

and said to him, "O you of little faith, why did you doubt?"

After they got into the boat, the wind died down.

Those who were in the boat did him homage, saying,

Week of August 2, 2015

“Truly, you are the Son of God.”

After making the crossing, they came to land at Gennesaret.

When the men of that place recognized him, they sent word to all the surrounding country. People brought to him all those who were sick and begged him that they might touch only the tassel on his cloak,

and as many as touched it were healed.

Or Mt 15:1-2, 10-14

Some Pharisees and scribes came to Jesus from Jerusalem and said,

“Why do your disciples break the tradition of the elders?

They do not wash their hands when they eat a meal.”

He summoned the crowd and said to them, “Hear and understand.

It is not what enters one’s mouth that defiles the man; but what comes out of the mouth is what defiles one.”

Then his disciples approached and said to him,

“Do you know that the Pharisees took offense when they heard what you said?”

He said in reply, “Every plant that my heavenly Father has not planted will be uprooted.

Let them alone; they are blind guides of the blind.

If a blind man leads a blind man, both will fall into a pit.”

Wednesday

Reading 1 Nm 13:1-2, 25–14:1, 26a-29a, 34-35

The LORD said to Moses [in the desert of Paran,]

“Send men to reconnoiter the land of Canaan, which I am giving the children of Israel.

You shall send one man from each ancestral tribe, all of them princes.”

After reconnoitering the land for forty days they returned,

met Moses and Aaron and the whole congregation of the children of Israel

in the desert of Paran at Kadesh,

made a report to them all,

and showed the fruit of the country

to the whole congregation.

They told Moses: “We went into the land to which you sent us.

It does indeed flow with milk and honey, and here is its fruit.

However, the people who are living in the land are fierce,

and the towns are fortified and very strong.

Besides, we saw descendants of the Anakim there.

Amalekites live in the region of the Negeb;

Hittites, Jebusites, and Amorites dwell in the highlands, and Canaanites along the seacoast and the banks of the Jordan.”

Caleb, however, to quiet the people toward Moses, said,

“We ought to go up and seize the land, for we can certainly do so.”

But the men who had gone up with him said,

“We cannot attack these people; they are too strong for us.”

So they spread discouraging reports among the children of Israel

about the land they had scouted, saying,

“The land that we explored is a country that consumes its inhabitants.

And all the people we saw there are huge, veritable giants

(the Anakim were a race of giants);

we felt like mere grasshoppers, and so we must have seemed to them.”

At this, the whole community broke out with loud cries, and even in the night the people wailed.

The LORD said to Moses and Aaron:

“How long will this wicked assembly grumble against me?

I have heard the grumblings of the children of Israel against me.

Tell them: By my life, says the LORD,

I will do to you just what I have heard you say.

Here in the desert shall your dead bodies fall.

Forty days you spent in scouting the land;

forty years shall you suffer for your crimes:

one year for each day.

Thus you will realize what it means to oppose me.

I, the LORD, have sworn to do this

to all this wicked assembly that conspired against me:

here in the desert they shall die to the last man.”

Responsorial Psalm PS 106:6-7ab, 13-14, 21-22, 23

R. (4a) Remember us, O Lord, as you favor your people.

We have sinned, we and our fathers;

we have committed crimes; we have done wrong.

Our fathers in Egypt

considered not your wonders.

R. Remember us, O Lord, as you favor your people.

But soon they forgot his works;

they waited not for his counsel.

They gave way to craving in the desert

and tempted God in the wilderness.

R. Remember us, O Lord, as you favor your people.

Week of August 2, 2015

They forgot the God who had saved them,
who had done great deeds in Egypt,
Wondrous deeds in the land of Ham,
terrible things at the Red Sea.

R. Remember us, O Lord, as you favor your people.
Then he spoke of exterminating them,
but Moses, his chosen one,
Withstood him in the breach
to turn back his destructive wrath.

R. Remember us, O Lord, as you favor your people.
Alleluia Lk 7:16

R. Alleluia, alleluia.

A great prophet has arisen in our midst
and God has visited his people.

R. Alleluia, alleluia.

Gospel Mt 15: 21-28

At that time Jesus withdrew to the region of Tyre and Sidon.

And behold, a Canaanite woman of that district came
and called out,

“Have pity on me, Lord, Son of David!

My daughter is tormented by a demon.”

But he did not say a word in answer to her.

His disciples came and asked him,

“Send her away, for she keeps calling out after us.”

He said in reply,

“I was sent only to the lost sheep of the house of Israel.”

But the woman came and did him homage, saying,

“Lord, help me.”

He said in reply,

“It is not right to take the food of the children
and throw it to the dogs.”

She said, “Please, Lord, for even the dogs eat the scraps
that fall from the table of their masters.”

Then Jesus said to her in reply,

“O woman, great is your faith!

Let it be done for you as you wish.”

And her daughter was healed from that hour.

Thursday

Reading 1 Dn 7:9-10, 13-14

As I watched:

Thrones were set up
and the Ancient One took his throne.

His clothing was bright as snow,
and the hair on his head as white as wool;
his throne was flames of fire,
with wheels of burning fire.

A surging stream of fire
flowed out from where he sat;

Thousands upon thousands were ministering to him,
and myriads upon myriads attended him.
The court was convened and the books were opened.

As the visions during the night continued, I saw:

One like a Son of man coming,
on the clouds of heaven;

When he reached the Ancient One

and was presented before him,

The one like a Son of man received dominion, glory, and
kingship;

all peoples, nations, and languages serve him.

His dominion is an everlasting dominion

that shall not be taken away,

his kingship shall not be destroyed.

Responsorial Psalm PS 97:1-2, 5-6, 9

R. (1a and 9a) The Lord is king, the Most High over all
the earth.

The LORD is king; let the earth rejoice;

let the many islands be glad.

Clouds and darkness are round about him,

justice and judgment are the foundation of his throne.

R. The Lord is king, the Most High over all the earth.

The mountains melt like wax before the LORD,

before the LORD of all the earth.

The heavens proclaim his justice,

and all peoples see his glory.

R. The Lord is king, the Most High over all the earth.

Because you, O LORD, are the Most High over all the
earth,

exalted far above all gods.

R. The Lord is king, the Most High over all the earth.

Reading 2 2 Pt 1:16-19

Beloved:

We did not follow cleverly devised myths

when we made known to you

the power and coming of our Lord Jesus Christ,

but we had been eyewitnesses of his majesty.

For he received honor and glory from God the Father

when that unique declaration came to him from the

majestic glory,

“This is my Son, my beloved, with whom I am well
pleased.”

We ourselves heard this voice come from heaven

while we were with him on the holy mountain.

Moreover, we possess the prophetic message that is
altogether reliable.

You will do well to be attentive to it,

as to a lamp shining in a dark place,

until day dawns and the morning star rises in your
hearts.

Alleluia Mt 17:5c

R. Alleluia, alleluia.

Week of August 2, 2015

This is my beloved Son, with whom I am well pleased;
listen to him.

R. Alleluia, alleluia.

Gospel Mk 9:2-10

Jesus took Peter, James, and his brother John,
and led them up a high mountain apart by themselves.

And he was transfigured before them,
and his clothes became dazzling white,
such as no fuller on earth could bleach them.

Then Elijah appeared to them along with Moses,
and they were conversing with Jesus.

Then Peter said to Jesus in reply,
“Rabbi, it is good that we are here!

Let us make three tents:

one for you, one for Moses, and one for Elijah.”

He hardly knew what to say, they were so terrified.

Then a cloud came, casting a shadow over them;
from the cloud came a voice,

“This is my beloved Son. Listen to him.”

Suddenly, looking around, they no longer saw anyone
but Jesus alone with them.

As they were coming down from the mountain,
he charged them not to relate what they had seen to
anyone,
except when the Son of Man had risen from the dead.
So they kept the matter to themselves,
questioning what rising from the dead meant.

Friday

Reading 1 Dt 4:32-40

Moses said to the people:

“Ask now of the days of old, before your time,
ever since God created man upon the earth;

ask from one end of the sky to the other:

Did anything so great ever happen before?

Was it ever heard of?

Did a people ever hear the voice of God
speaking from the midst of fire, as you did, and live?
Or did any god venture to go and take a nation for
himself

from the midst of another nation,
by testings, by signs and wonders, by war,
with his strong hand and outstretched arm, and by great
terrors,

all of which the LORD, your God,
did for you in Egypt before your very eyes?

All this you were allowed to see
that you might know the LORD is God and there is no
other.

Out of the heavens he let you hear his voice to discipline

you;

on earth he let you see his great fire,
and you heard him speaking out of the fire.

For love of your fathers he chose their descendants
and personally led you out of Egypt by his great power,
driving out of your way nations greater and mightier
than you,

so as to bring you in

and to make their land your heritage, as it is today.

This is why you must now know, and fix in your heart,
that the LORD is God in the heavens above and on earth
below,

and that there is no other.

You must keep his statutes and commandments which I
enjoin on you today,

that you and your children after you may prosper,

and that you may have long life on the land
which the LORD, your God, is giving you forever.”

Responsorial Psalm PS 77:12-13, 14-15, 16 and 21

R. (12a) I remember the deeds of the Lord.

I remember the deeds of the LORD;

yes, I remember your wonders of old.

And I meditate on your works;

your exploits I ponder.

R. I remember the deeds of the Lord.

O God, your way is holy;

what great god is there like our God?

You are the God who works wonders;

among the peoples you have made known your power.

R. I remember the deeds of the Lord.

With your strong arm you redeemed your people,

the sons of Jacob and Joseph.

You led your people like a flock

under the care of Moses and Aaron.

R. I remember the deeds of the Lord.

Alleluia Mt 5:10

R. Alleluia, alleluia.

Blessed are they who are persecuted for the sake of
righteousness;

for theirs is the Kingdom of heaven.

R. Alleluia, alleluia.

Gospel Mt 16:24-28

Jesus said to his disciples,

“Whoever wishes to come after me must deny himself,
take up his cross, and follow me.

For whoever wishes to save his life will lose it,

but whoever loses his life for my sake will find it.

What profit would there be for one to gain the whole
world

and forfeit his life?

Or what can one give in exchange for his life?

For the Son of Man will come with his angels in his
Father's glory,

Week of August 2, 2015

and then he will repay each according to his conduct.
Amen, I say to you, there are some standing here
who will not taste death
until they see the Son of Man coming in his Kingdom.”

Saturday

Reading 1 Dt 6:4-13

Moses said to the people:

“Hear, O Israel! The LORD is our God, the LORD
alone!

Therefore, you shall love the LORD, your God,
with all your heart,
and with all your soul,
and with all your strength.

Take to heart these words which I enjoin on you today.
Drill them into your children.

Speak of them at home and abroad, whether you are
busy or at rest.

Bind them at your wrist as a sign

and let them be as a pendant on your forehead.

Write them on the doorposts of your houses and on your
gates.

“When the LORD, your God, brings you into the land
which he swore
to your fathers: Abraham, Isaac and Jacob,
that he would give you,
a land with fine, large cities that you did not build,
with houses full of goods of all sorts that you did not
garner,
with cisterns that you did not dig,
with vineyards and olive groves that you did not plant;
and when, therefore, you eat your fill,
take care not to forget the LORD,
who brought you out of the land of Egypt, that place of
slavery.

The LORD, your God, shall you fear;
him shall you serve, and by his name shall you swear.”

Responsorial Psalm PS 18:2-3a, 3bc-4, 47 and 51

R. (2) I love you, Lord, my strength.

I love you, O LORD, my strength,

O LORD, my rock, my fortress, my deliverer.

R. I love you, Lord, my strength.

My God, my rock of refuge,

my shield, the horn of my salvation, my stronghold!

Praised be the LORD, I exclaim!

And I am safe from my enemies.

R. I love you, Lord, my strength.

The LORD live! And blessed be my Rock!

Extolled be God my savior!

You who gave great victories to your king,

and showed kindness to your anointed,
to David and his posterity forever.

R. I love you, Lord, my strength.

Alleluia See 2 Tm 1:10

R. Alleluia, alleluia.

Our Savior Jesus Christ has destroyed death
and brought life to light through the Gospel.

R. Alleluia, alleluia.

Gospel Mt 17:14-20

A man came up to Jesus, knelt down before him, and
said,

“Lord, have pity on my son, who is a lunatic and suffers
severely;

often he falls into fire, and often into water.

I brought him to your disciples, but they could not cure
him.”

Jesus said in reply,

“O faithless and perverse generation, how long will I be
with you?

How long will I endure you?

Bring the boy here to me.”

Jesus rebuked him and the demon came out of him,
and from that hour the boy was cured.

Then the disciples approached Jesus in private and said,
“Why could we not drive it out?”

He said to them, “Because of your little faith.

Amen, I say to you, if you have faith the size of a
mustard seed,

you will say to this mountain,

‘Move from here to there,’ and it will move.

Nothing will be impossible for you.”
