

Parakram – Basketball Rules

Team Composition

- Each team shall have **five players on the court** at all times.
- A player may represent **only one team** during the tournament.
- Each team may **enter the competition only once**.

Scoring & League Points

- Match points will be awarded as follows:
 - **Win:** 2 points
 - **Draw:** 1 point
 - **Loss:** 0 points
- In case of a tie in the league stage:
 1. **Points difference** will be considered first.
 2. If still tied, **total points scored** will be considered.

Gameplay Rules

- Teams must attempt a shot **within the shot clock** during each possession.
- Players may advance the ball **only by passing or dribbling**.
- After a basket is scored, the **opposing team gains possession** and must **inbound the ball from the designated sideline**.
- The offensive team has **five seconds** to inbound the ball.
- Once the offense advances the ball **beyond the half-court line**, the ball **may not be taken back** across the line. Doing so will result in a **turnover**.

Defense

- Defenders may **legally block or steal** the ball.
- The defending team's objective is to prevent scoring by **stealing the ball or forcing errors**.

Fouls & Penalties

- **Illegal contact** will be penalised as a **foul**.
- Each team is allowed a **limited number of fouls per quarter**.
 - As per NBA rules, teams are allowed **five fouls per quarter**.
 - Once a team exceeds this limit, they enter the **bonus**, and the opposing team will be awarded **free throws** for subsequent fouls in that quarter.
- Certain violations of administrative or conduct rules will result in **technical fouls**.