



**Aerofit**<sup>®</sup>  
FROM FIT-LESS TO FITNESS

[www.aerofit.co](http://www.aerofit.co)



INDIA'S LEADING FITNESS EQUIPMENT BRAND

**CARDIO / STRENGTH**  
**(2020-21) BUYERS GUIDE**

July 2020 Edition

# About us

## Nityasach Fitness Pvt. Ltd.

### **Birth of Nityasach Fitness Pvt Ltd, a house of imported quality fitness equipment & Sports Goods**

Before proceeding to introduce ourselves, we would like to give prominence to our parent company M/s. Sachdev Sports Co, which was established as early as 1928 by late Shri. Ram Ratan Sachdev, who hailed from Sialkot in Pakistan, who later migrated to India and settled in Hyderabad. He started small sports showroom with a small turnover has grown slowly with his untiring efforts & certain dealings with the customers.

With the passing of the time & with the guidance of the founder, M/s. Sachdev Sports Co has grown up as a well-established supplier of quality sports goods and has been one of the major sports company in Andhra Pradesh & Telangana States catering to all government and educational institutions & not to speak about clubs & individuals. As there was a demand for fitness equipments with the present work atmosphere resulting lack of physical exercise, which is basic for good health, M/s. Sachdev Sports Co decided to establish an exclusive firm in the name of M/s. Sachdev Overseas to import quality fitness equipments in the brand name of "Aerofit" so that the company could cater to the needs of people of various walks of life and at a very affordable prices as well as to give the customer quality after sales service. As the turnover has increased and to have more transparency the Partners decided to convert the partnership firm to Private Ltd Company.

Since new technology and its implementation in the field of Fitness become necessity, Nityesh sachdev one of the directors came up with the idea of starting a new company to import fitness equipments with better technology to cater to the ever expanding markets of commercial and domestic fitness equipment sector , in order to compete with all the other multinational brands by giving similar technology products but at a much reasonable price catering to Indian business environment, as such he floated the new company Nityasach fitness Pvt Ltd. which shall share the brand AEROFIT with upgraded version of the fitness equipment.

Purpose To be a leader in the fitness industry by providing enhanced services, Customer relationship and unique products

Vision To provide quality services that exceeds the expectations of our esteemed customers.

Mission Statement To built long term relationship with our customers and clients and provide exceptional customers services by pursuing business through innovation and advances technology.

# AF 101



## SPECIFICATIONS

DIMENSION	82"(L) X 35"(W) X 62"(H).
MOTOR	AC MOTOR, 4.0 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	1.0 TO 22 KMPH
ELEVATION	0% TO 15%
RUNNING SURFACE	60" (L) X 22" (W).
PROGRAMS	22 PROGRAMS, 18 PRESET, 3 USERS, 1 FAT & 1 MANUAL.
DISPLAY	LED WITH SCROLLING TEXT 7 WINDOW DISPLAY SYSTEM
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HEART RATE CONTROL WITH HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	AUX / USB / SD CARD
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS

# AF 103



## SPECIFICATIONS

DIMENSION	83"(L) X 34"(W) X 58"(H).
MOTOR	AC MOTOR, 4.0 HP CONTINUOUS DUTY, 7.0 HP PEAK DUTY.
SPEED	1 TO 22 KMPH.
ELEVATION	0% TO 15% INCLINE
RUNNING SURFACE	60" (L) X 22" (W).
PROGRAMS	22 PROGRAMS, 18 PRESET, 3 USERS, 1 FAT & 1 MANUAL.
DISPLAY	LED WITH SCROLLING TEXT 7 WINDOW DISPLAY SYSTEM.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HEART RATE CONTROL WITH HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	AUX / USB / SD CARD
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS
EXTRA FEATURES	FAN

# AF 104



## SPECIFICATIONS

DIMENSION	84"(L) X 36"(W) X 60"(H).
MOTOR	AC MOTOR, 4.0 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	0.8 TO 22 KMPH.
ELEVATION	0% TO 15% INCLINE
RUNNING SURFACE	62" (L) X 22" (W).
PROGRAMS	14 PRE-SET PROGRAMS, & 1 MANUAL.
DISPLAY	PROFILE MATRIX LED WITH 5 WINDOW DISPLAY.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HEART RATE CONTROL WITH HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	NO
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS
EXTRA FEATURES	FAN

## AF 7



## SPECIFICATIONS

DIMENSION	84"(L) X 36"(W) X 60"(H).
MOTOR	AC MOTOR, 4.0 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	0.5 TO 24 KMPH.
ELEVATION	0% TO 15% INCLINE
RUNNING SURFACE	62" (L) X 22" (W).
PROGRAMS	10 PROGRAMS, 6 PRESET , 2 H.R.C, 2 USER & 1 MANUAL.
DISPLAY	LCD WITH SCROLLING TEXT SINGLE WINDOW DISPLAY.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	TELEMETRY BELT (WIRELESS HEART RATE TRANSMITTER) WITH EXTRA HAND GRIP PULSE SENSOR.
AUX / USB / SD CARD	AUX / USB
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS
EXTRA FEATURES	FAN

# AF 9



## SPECIFICATIONS

DIMENSION	87"(L) X 38"(W) X 62"(H).
MOTOR	AC MOTOR, 4.0 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	1.5 TO 20 KMPH.
ELEVATION	-3% DECLINE TO 15% INCLINE
RUNNING SURFACE	62" (L) X 23" (W).
PROGRAMS	10 PROGRAMS, 6 PRESET, 3 H.R.C, 1 BODY FAT & 1 MANUAL.
DISPLAY	LED WITH SCROLLING TEXT 6 WINDOWS & 1 BIG MATRIX WINDOW,
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR.
AUX / USB / SD CARD	AUX
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS
EXTRA FEATURES	LUBRICATION SYSTEM: MACHINE AUTOMATICALLY REMINDS FOR LUBRICATION.

# AF 111



## SPECIFICATIONS

DIMENSION	91"(L) X 36"(W) X 60"(H).
MOTOR	AC MOTOR, 5.5 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	1 TO 24 KMPH.
ELEVATION	0% TO 15% INCLINE
RUNNING SURFACE	68" (L) X 24" (W).
PROGRAMS	16 PRE-SET PROGRAMS, BODY FAT, 3 USER PROGRAMS, 3 HRC & 1 MANUAL.
DISPLAY	PROFILE MATRIX LED WITH 8 WINDOW DISPLAY.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR.
AUX / USB / SD CARD	AUX
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS

# AF 112



## SPECIFICATIONS

DIMENSION	87"(L) X 41"(W) X 68"(H).
MOTOR	AC MOTOR, 5.0 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	0.8 TO 22 KMPH.
ELEVATION	-3% DECLINE TO 18% INCLINE.
RUNNING SURFACE	64" (L) X 24" (W).
PROGRAMS	12 PRESET PROGRAMS, USER-3, HRC-2,1FAT & 1 MANUAL.
DISPLAY	LED WITH SCROLLING TEXT 6 WINDOW DISPLAY SYSTEM.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR.
AUX / USB / SD CARD	AUX / USB
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS

# AF 114



## SPECIFICATIONS

DIMENSION	88"(L) X 36"(W) X 55"(H).
MOTOR	AC MOTOR, 4 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	0.8 TO 22 KMPH.
ELEVATION	0% TO 15% INCLINE
RUNNING SURFACE	62" (L) X 22" (W).
PROGRAMS	25 PROGRAMS, 7 PRESET, 10 LEVEL, 3HRC, 4 USERS & 1 MANUAL.
DISPLAY	LCD WITH SINGLE WINDOW DISPLAY.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR.
AUX / USB / SD CARD	NO
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS

# AF 116



## SPECIFICATIONS

DIMENSION	82"(L) X 32"(W) X 56"(H).
MOTOR	AC MOTOR, 3.0 HP CONTINUOUS DUTY, 6.0 HP PEAK DUTY.
SPEED	1.0 TO 20 KMPH.
ELEVATION	0% TO 15% INCLINE
RUNNING SURFACE	61" (L) X 22" (W).
PROGRAMS	20 PROGRAMS, 16 PRESET, 3 USERS, 1 FAT & 1 MANUAL.
DISPLAY	LED WITH SCROLLING TEXT 7 WINDOW DISPLAY SYSTEM.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR.
AUX / USB / SD CARD	AUX
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	150 KGS

# AF 117



## SPECIFICATIONS

DIMENSION	81"(L) X 35"(W) X 61"(H).
MOTOR	AC MOTOR, 4.0 HP CONTINUOUS DUTY, 7.0 HP PEAK DUTY
SPEED	1.0 TO 22 KMPH.
ELEVATION	0% TO 15% INCLINE
RUNNING SURFACE	60" (L) X 22" (W).
PROGRAMS	18 PRE-SET PROGRAMS, 3 USER, 1 FAT & 1 MANUAL.
DISPLAY	PROFILE MATRIX LED WITH 5 WINDOW DISPLAY.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED AND CALORIES
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	AUX
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	160 KGS
EXTRA FEATURES	IN-BUILT WIRELESS BLUETOOTH CONNECTIVITY.

# AF 118



## SPECIFICATIONS

DIMENSION	84"(L) X 36"(W) X 57"(H).
MOTOR	AC MOTOR, 4.0 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	0.8 TO 20 KMPH.
ELEVATION	0% TO 15% INCLINE.
RUNNING SURFACE	61" (L) X 22" (W).
PROGRAMS	6 PRE-SET PROGRAMS & 1 MANUAL.
DISPLAY	LED SINGLE LARGE WINDOW DISPLAY.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR.
AUX / USB / SD CARD	AUX
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS

# AF 119



## SPECIFICATIONS

DIMENSION	82"(L) X 37"(W) X 69"(H).
MOTOR	AC MOTOR, 4.5 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	0.8 TO 20 KMPH.
ELEVATION	0% TO 21% INCLINE
RUNNING SURFACE	60" (L) X 23" (W).
PROGRAMS	12 PRESET PROGRAMS, HRC-2, USER-3 & 1 MANUAL.
DISPLAY	LED WITH SCROLLING TEXT 7 WINDOW DISPLAY SYSTEM.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED & CALORIES.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR.
AUX / USB / SD CARD	AUX / USB
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS
EXTRA FEATURES	FAN

## AF 122



## SPECIFICATIONS

DIMENSION	84"(L) X 36"(W) X 72"(H).
MOTOR	AC MOTOR, 4.5 HP CONTINUOUS DUTY, 9.0 HP PEAK DUTY.
SPEED	1.0 TO 20 KMPH.
ELEVATION	-3% TO 15%
RUNNING SURFACE	62" (L) X 22" (W).
PROGRAMS	9 PRESET PROGRAMS & 1 MANUAL.
DISPLAY	LED WITH SCROLLING TEXT 7 WINDOW DISPLAY SYSTEM.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED AND CALORIES
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR.
AUX / USB / SD CARD	NO
POWER REQUIREMENTS	220V AC.
MAX USER WEIGHT	180 KGS.

# AF 123



## SPECIFICATIONS

DIMENSION	87"(L) X 38"(W) X 58"(H).
MOTOR	AC MOTOR, 4.5 HP CONTINUOUS DUTY, 9.0 HP PEAK DUTY.
SPEED	1.0 TO 25 KMPH
ELEVATION	0% TO 18% INCLINE
RUNNING SURFACE	65" (L) X 24" (W).
PROGRAMS	13 PROGRAMS, 12 PRESET, 1 BODY FAT & 1 MANUAL..
DISPLAY	LED WITH SCROLLING TEXT 7 WINDOWS, & 1 BIG MATRIX,
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED AND CALORIES
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	AUX
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS

# AF 128



**SIEMENS  
INVERTER**

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## SPECIFICATIONS

DIMENSION	87"(L) X 38"(W) X 62"(H).
MOTOR	AC MOTOR, 4.5 HP CONTINUOUS DUTY, 9.0 HP PEAK DUTY.
SPEED	1 TO 20 KMPH.
ELEVATION	0% TO 15% INCLINE.
RUNNING SURFACE	61" (L) X 23" (W).
PROGRAMS	8 PRE-SET PROGRAMS & 1 MANUAL.
DISPLAY	PROFILE MATRIX LED WITH 4 WINDOW DISPLAY.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED AND CALORIES
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	NO
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	170 KGS

# AF 129



## SPECIFICATIONS

DIMENSION	84"(L) X 36"(W) X 63"(H).
MOTOR	AC MOTOR, 4.5 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	1 TO 22 KMPH.
ELEVATION	0% TO 15% INCLINE.
RUNNING SURFACE	63" (L) X 23.5" (W).
PROGRAMS	64 PRESET PROGRAMS FOR 8 DIFFERENT TRAINING GOALS.
DISPLAY	LCD DISPLAY, SCROLLING TEXT WITH 1 DOT MATRIX & 6 SMALL WINDOWS
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED AND CALORIES
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	NO
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	170 KGS
EXTRA FEATURE	IN-BUILT WIRELESS BLUETOOTH CONNECTIVITY.

# AF 130



## SPECIFICATIONS

DIMENSION	87"(L) X 38"(W) X 62"(H).
MOTOR	AC MOTOR, 5.0 HP CONTINUOUS DUTY, 9.0 HP PEAK DUTY.
SPEED	1 TO 24 KMPH.
ELEVATION	-3% DECLINE TO 15% INCLINE.
RUNNING SURFACE	61" (L) X 22 " (W).
PROGRAMS	8 PRE-SET PROGRAMS & 1 MANUAL.
DISPLAY	PROFILE MATRIX LED WITH 3 WINDOW DISPLAY.
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED AND CALORIES
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	AUX
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS

# AF 133



## SPECIFICATIONS

DIMENSION	90" (L) X 41" (W) X 66" (H).
MOTOR	AC MOTOR, 4.5 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	1 TO 22 KMPH.
ELEVATION	0% TO 15% INCLINE.
RUNNING SURFACE	66 " (L) X 23 " (W).
PROGRAMS	18 PRESET PROGRAMS , 3 USER SETTING PROGRAMS, H1-H2-H3, 1 BODY FAT & 1 MANUAL.
DISPLAY	1 DOT MATRIX WINDOW WITH SCROLLING TEXT & 6 SMALL WINDOWS
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED AND CALORIES
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	AUX
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	175 KGS

# AF 134



## SPECIFICATIONS

DIMENSION	84"(L) X 36"(W) X 70"(H).
MOTOR	AC MOTOR, 4.5 HP CONTINUOUS DUTY, 8.0 HP PEAK DUTY.
SPEED	1.0TO 20 KMPH.
ELEVATION	0% TO 15% INCLINE.
RUNNING SURFACE	64" (L) X 22.5" (W).
PROGRAMS	5 PROGRAMS & 1 MANUAL.
DISPLAY	1 DOT MATRIX WITH SCROLLING TEXT & 6 SMALL LCD WINDOWS
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED AND CALORIES
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	NO
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	180 KGS

# AF 135



## SPECIFICATIONS

DIMENSION	88" (L) X 37" (W) X 72" (H).
MOTOR	AC MOTOR, 4.0 HP CONTINUOUS DUTY, 7.0 HP PEAK DUTY.
SPEED	1 TO 20 KMPH.
ELEVATION	0% TO 20% INCLINE.
RUNNING SURFACE	62" (L) X 23" (W).
PROGRAMS	8 PRESET PROGRAMS , 1 BODY FAT & 1 MANUAL.
DISPLAY TYPE	1 DOT MATRIX WITH SCROLLING TEXT & 7 SMALL LCD WINDOWS
DISPLAY FEEDBACK	PULSE, ELEVATION, TIME, DISTANCE, SPEED AND CALORIES
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR
AUX / USB / SD CARD	NO
POWER REQUIREMENTS	220V AC
MAX USER WEIGHT	170 KGS

## AF 120



## SPECIFICATIONS

DIMENSION	88" (L) X 37" (W) X 72" (H).
RUNNING SURFACE	62" (L) X 23" (W).
RUNNING BELT TYPE	INDIVIDUAL SLATS HIGH QUALITY RUBBER SLATS.
DRIVE SYSTEM	124 PRECISION BALL BEARINGS.
DRIVE MOTOR	SELF-PROPELLED
DISPLAY FEEDBACK	COUNTING OF TIME, DISTANCE, CALORIES, PULSE & SPEED.
MODE/SET OPTION	YES, TIME, DISTANCE AND CALORIE CAN BE SET AS PER USER REQUIREMENT,
HEART RATE TECHNOLOGY	HAND GRIP PULSE SENSOR
POWER REQUIREMENTS	NO POWER REQUIRED
MAX USER WEIGHT	180 KGS

## AF 142 EL



## SPECIFICATIONS

DIMENSION	84" (L) X 30" (W) X 71" (H)
STRIDES	20" NATURAL STRIDES
STRIDES WHEEL	DUAL WHEEL TRACK, FIBER GLASS REINFORCED NYLON WHEEL WITH HIGH-QUALITY BEARING.
RESISTANCE LEVEL	16 LEVELS
RESISTANCE SYSTEM	ELECTRO-MAGNETIC RESISTANCE.
FLY WHEEL	10 KGS PRECISION BALANCED
PROGRAMS	06 PROGRAMS - MANUAL, HRC, RANDOM, WEIGHT LOSS, CV & HILL INTERVALS.
DRIVE SYSTEM	CENTRE DESIGN DRIVE, SUPER SILENT POLY-V BELT DRIVEN.
DISPLAY	LARGE LED SCROLLING TEXT, COMPUTERIZED CONSOLE..
DISPLAY FEEDBACK	TIME, SPEED, DISTANCE, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH T BAR STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
MAXIMUM WATT	250 WATT.
POWER REQUIREMENT	SELF GENERATED POWER SYSTEM.
MAX USER WEIGHT	175 KGS

## AF 144 EL



## SPECIFICATIONS

DIMENSION	88"(L) X 27"(W) X 63"(H)
STRIDES	20" NATURAL STRIDES
RESISTANCE LEVEL	40 LEVELS
RESISTANCE SYSTEM	ELECTRO-MAGNETIC RESISTANCE.
FLY WHEEL	10 KGS PRECISION BALANCED
PROGRAMS	16 PROGRAMS, 4 PRESET, 2 TEST, 4 HRC, 1 MANUAL, 3 GOAL & 2 USERS
DRIVE SYSTEM	CENTRE DESIGN DRIVE, SUPER SILENT POLY-V BELT DRIVEN.
DISPLAY	LARGE COMPUTERIZED CONSOLE..
DISPLAY FEEDBACK	TIME, SPEED, DISTANCE, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH T BAR STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
MAXIMUM WATT	400 WATT.
POWER REQUIREMENT	SELF GENERATED POWER SYSTEM.
MAX USER WEIGHT	175 KGS

## AF 145 EL



## SPECIFICATIONS

DIMENSION	80" (L) X 28"(W) X 70"(H)
STRIDES	20" NATURAL STRIDES
RESISTANCE LEVEL	16 LEVELS
RESISTANCE SYSTEM	ELECTRO-MAGNETIC RESISTANCE.
FLY WHEEL	10 KGS PRECISION BALANCED
PROGRAMS	06 PROGRAMS - MANUAL, HRC, RANDOM, WEIGHT LOSS, CV & HILL INTERVALS
DRIVE SYSTEM	CENTRE DESIGN DRIVE, SUPER SILENT POLY-V BELT DRIVEN.
DISPLAY	LARGE LED TEXT, COMPUTERIZED CONSOLE.
DISPLAY FEEDBACK	TIME, SPEED, DISTANCE, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH T BAR STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
MAXIMUM WATT	250 WATT.
POWER REQUIREMENT	SELF GENERATED POWER SYSTEM.
MAX USER WEIGHT	180 KGS

## AF 147 EL



## SPECIFICATIONS

DIMENSION	84"(L) X 30"(W) X 69"(H).
STRIDES	20" NATURAL STRIDES.
STRIDES WHEEL	FIBRE GLASS REINFORCED NYLON WHEEL WITH HIGH QUALITY BEARING.
RESISTANCE LEVEL	16 LEVELS.
RESISTANCE SYSTEM	MAGNETIC RESISTANCE.
FLY WHEEL	9 KGS PRECISION BALANCED
PROGRAMS	16 PROGRAMS INCLUDING 3 HRC, 4 USER SETTING & 1 MANUAL.
DRIVE SYSTEM	CENTRE DESIGN DRIVE, SUPER SILENT POLY-V BELT DRIVEN.
DISPLAY	LCD DISPLAY, COMPUTERIZED CONSOLE.
DISPLAY FEEDBACK	TIME, SPEED, DISTANCE, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH T BAR STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
MAXIMUM WATT	300 WATT.
POWER REQUIREMENT	6 VOLTS DC ADAPTER FOR POWER CONVENIENCE.
MAX USER WEIGHT	150 KGS

# AF 148 AMT

**SPECIFICATIONS**

DIMENSION	98"(L) X 35"(W) X 73"(H)
STRIDES	22" DUAL ACTION STRIDES
RESISTANCE LEVEL	15 LEVELS
RESISTANCE SYSTEM	ELECTRO-MAGNETIC RESISTANCE.
PROGRAMS	04 PROGRAMS & 1 MANUAL.
DRIVE SYSTEM	FRONT DRIVE SYSTEM.
DISPLAY	LARGE DOT MATRIX WITH 4 WINDOW DISPLAY.
DISPLAY FEEDBACK	TIME, SPEED, DISTANCE, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
POWER REQUIREMENT	SELF GENERATED POWER SYSTEM.
MAX USER WEIGHT	150 KGS

## AF 149 EL



## SPECIFICATIONS

DIMENSION	92"(L) X 35"(W) X 73"(H)
STRIDES	22" NATURAL STRIDES
RESISTANCE LEVEL	15 LEVELS
RESISTANCE SYSTEM	ELECTRO-MAGNETIC RESISTANCE.
PROGRAMS	4 PROGRAMS - MANUAL, HRC, RANDOM, WEIGHT LOSS, CV & HILL INTERVALS.
DRIVE SYSTEM	CENTRE DESIGN DRIVE, SUPER SILENT POLY-V BELT DRIVEN.
DISPLAY	DOT MATRIX LARGE LED SCROLLING TEXT, COMPUTERIZED CONSOLE..
DISPLAY FEEDBACK	PROGRAMME, TIME, DISTANCE, RPM, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH T BAR STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
POWER REQUIREMENT	SELF GENERATED POWER SYSTEM.
MAX USER WEIGHT	170 KGS

## AF 150 EL



## SPECIFICATIONS

DIMENSION	59"(L) X 32"(W) X 66"(H)
STRIDES	5 SECTION MOTORIZED STRIDE ADJUSTABLE (18", 20", 22", 24" & 26")
RESISTANCE LEVEL	16 LEVELS
RESISTANCE SYSTEM	ELECTRO-MAGNETIC RESISTANCE.
FLY WHEEL	12 KGS PRECISION BALANCED
PROGRAMS	12 PROGRAMS, USER, WATT, HRC & RECOVERY.
DRIVE SYSTEM	CENTRE DESIGN DRIVE, SUPER SILENT POLY-V BELT DRIVEN.
DISPLAY	LARGE LCD COMPUTERIZED CONSOLE..
DISPLAY FEEDBACK	TIME, RPM, LOAD, WATT, DISTANCE, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH T BAR STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
MAXIMUM WATT	250 WATT.
POWER REQUIREMENT	SELF GENERATED POWER SYSTEM.
MAX USER WEIGHT	150 KGS

## AF 151 EL



## SPECIFICATIONS

DIMENSION	83"(L) X 34"(W) X 58"(H)
STRIDES	5 SECTION MANUAL STRIDE ADJUSTABLE (18", 20", 22", 24" & 26")
RESISTANCE LEVEL	16 LEVELS
RESISTANCE SYSTEM	MAGNETIC RESISTANCE.
FLY WHEEL	12 KGS PRECISION BALANCED
PROGRAMS	12 PROGRAMS & 1 MANUAL
DRIVE SYSTEM	CENTRE DESIGN DRIVE, SUPER SILENT POLY-V BELT DRIVEN.
DISPLAY	LARGE LCD COMPUTERIZED CONSOLE..
DISPLAY FEEDBACK	PROGRAM, TIME, DISTANCE, RPM, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH T BAR STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
MAXIMUM WATT	250 WATT.
POWER REQUIREMENT	12 VOLTS DC ADAPTER FOR POWER CONVENIENCE.
MAX USER WEIGHT	150 KGS

## AF 154 EL



## SPECIFICATIONS

DIMENSION	72" (L) X 30"(W) X 68"(H)
STRIDES	3 LEVEL MANUAL STRIDE ADJUSTABLE
STRIDES WHEEL	DUAL WHEEL TRACK, FIBER GLASS REINFORCED NYLON WHEEL WITH HIGH-QUALITY BEARING.
RESISTANCE LEVEL	24 LEVELS.
RESISTANCE SYSTEM	MAGNETIC RESISTANCE.
FLY WHEEL	10 KGS PRECISION BALANCED
PROGRAMS	12 PRESET INCLUDING 3 USER, 3 HRC & 1 MANUAL.
DRIVE SYSTEM	CENTRE DESIGN DRIVE, SUPER SILENT POLY-V BELT DRIVEN.
DISPLAY	DOT MATRIX LARGE LED SCROLLING TEXT, COMPUTERIZED CONSOLE..
DISPLAY FEEDBACK	TIME, DISTANCE, RPM, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH T BAR STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
POWER REQUIREMENT	9 VOLTS DC ADAPTER FOR POWER CONVENIENCE.
MAX USER WEIGHT	150 KGS

## AF 155 EL



## SPECIFICATIONS

DIMENSION	84" (L) X 30" (W) X 69" (H).
STRIDES	3 LEVEL MANUAL STRIDE ADJUSTABLE
STRIDES WHEEL	DUAL WHEEL TRACK, FIBER GLASS REINFORCED NYLON WHEEL WITH HIGH-QUALITY BEARING.
RESISTANCE LEVEL	24 LEVELS OF MAGNETIC RESISTANCE.
RESISTANCE SYSTEM	ELECTRO-MAGNETIC RESISTANCE.
FLY WHEEL	10 KGS PRECISION BALANCED
PROGRAMS	12 PRESET INCLUDING 3 USER, 3 HRC & 1 MANUAL.
DRIVE SYSTEM	CENTRE DESIGN DRIVE, SUPER SILENT POLY-V BELT DRIVEN.
DISPLAY	DOT MATRIX LARGE LED SCROLLING TEXT, COMPUTERIZED CONSOLE..
DISPLAY FEEDBACK	TIME, DISTANCE, RPM, CALORIES & PULSE.
CARDIO MONITER	IN BUILT METALLIC PULSE SENSOR PROVIDED WITH T BAR STYLE HANDLE GRIPS.
PEDALS	SELF BALANCING, CLOSE SPACING, ENLARGE & IMPACT ABSORBING.
MAXIMUM WATT	250 WATT.
POWER REQUIREMENT	SELF GENERATED POWER SYSTEM.
MAX USER WEIGHT	150 KGS

# AF 675



## SPECIFICATIONS

DIMENSION	49"(L) X 30"(W) X 57"(H).
RESISTANCE SYSTEM	AIR-RESISTANCE,
PROGRAMS	INTERVAL AND CAN TARGET TIME, HEART RATE, CALORIES & DISTANCE
DRIVE SYSTEM	BELT DRIVE SYSTEM AND LCD CONSOLE.
DISPLAY FEEDBACK	SPEED, TIME, DISTANCE, CALORIES, RPM AND WATTS.
SEAT	MICRO ADJUSTMENT ON THE SEAT UP AND DOWN AND BACK AND FORWARD.
POWER REQUIREMENT	1.5 VOLT X 2, AA SIZE BATTERY.
MAX USER WEIGHT	150 KGS

**AF 677****SPECIFICATIONS**

DIMENSION	42"(L) X 29"(W) X 57"(H).
RESISTANCE SYSTEM	AIR-RESISTANCE,
PROGRAMS	INTERVAL AND CAN TARGET TIME, HEART RATE, CALORIES & DISTANCE
DRIVE SYSTEM	BELT DRIVE SYSTEM AND LCD CONSOLE.
DISPLAY FEEDBACK	SPEED, TIME, DISTANCE, CALORIES, RPM AND WATTS.
SEAT	MICRO ADJUSTMENT ON THE SEAT UP AND DOWN AND BACK AND FORWARD.
POWER REQUIREMENT	1.5 VOLT X 2, AA SIZE BATTERY.
MAX USER WEIGHT	150 KGS

# RECUMBENT BIKES



**AF-162 R**

RESISTANCE LEVEL: 16	PROGRAMS: 17	USER WEIGHT: 180 KGS
60" L	25" W	46" H



**AF-163 R**

RESISTANCE LEVEL: 16	PROGRAMS: 16	USER WEIGHT: 120 KGS
60" W	26" W	51" H



**AF-166 R**

RESISTANCE LEVEL: 15	PROGRAMS: 8	USER WEIGHT: 200 KGS
69" L	25" W	55" H

# UPRIGHT BIKES



**AF-176U**

RESISTANCE LEVEL: 16	PROGRAMS: 16	USER WEIGHT: 180 KGS
42" L	24" W	58" H



**AF-177U**

RESISTANCE LEVEL: 16	PROGRAMS: 17	USER WEIGHT: 180 KGS
44" L	22" W	59" H



**AF-178 U**

RESISTANCE LEVEL: 15	PROGRAMS: 8	USER WEIGHT: 180 KGS
49" L	24" W	61" H



**AF-880 UG**

RESISTANCE LEVEL: 16	PROGRAMS: 23	USER WEIGHT: 120 KGS
43" L	24" W	60" H



**AF-980 U**

RESISTANCE LEVEL: 16	PROGRAMS: 17	USER WEIGHT: 180 KGS
44" L	24" W	53" H



**AF-191**

SPIN WHEEL : 20 KGS	3 PC CRANK	USER WEIGHT: 200 KGS
48" L	24" W	52" H



**AF-192**

SPIN WHEEL: 17 KGS	3 PC CRANK	USER WEIGHT: 200 KGS
52" L	25" W	50" H



**AF-193**

SPIN WHEEL : 21 KGS	3 PC CRANK	USER WEIGHT: 150 KGS
45" L	21" W	47" H



**AF-194**

SPIN WHEEL: 16 KGS	3 PC CRANK	USER WEIGHT: 150 KGS
48" L	24" W	45" H



**AF-196**

SPIN WHEEL : 4 KGS	3 PC CRANK	USER WEIGHT: 160 KGS
49" L	25" W	53" H



**AF-197**

SPIN WHEEL : 18 KGS	3 PC CRANK	USER WEIGHT: 180 KGS
60" L	24" W	46" H



COLOUR OPTION  
GREEN / BLACK

## AF-7033

SPIN WHEEL: 16 KGS	3 PC CRANK	USER WEIGHT: 150 KGS
48" L	26" W	46" H



## AF-7044

SPIN WHEEL: 18.5 KGS	3 PC CRANK	USER WEIGHT: 180 KGS
46" L	21" W	48" H

## FR-E-316



SPECIFICATIONS	
DIMENSION	83.5" (L) X 32"(W) X 41"(H).
RESISTANCE SYSTEM	FLUID RESISTANCE
RESISTANCE LEVELS	16 LEVELS
MONITER	INTERACTIVE PERFORMANCE MONITOR (IPM) WITH USB PORT.
DISPLAY FEEDBACK	TIME; SPEED; DISTANCE; STROKE RATE; CALORIES PER HOUR; WATTS; 16 LEVEL ADJUSTMENT, PACER.
TANK	TWIN TANK DESIGN WITH STAINLESS STEEL FLYWHEEL.
RAIL	AIR GLIDE LOW FRICTION SEAT ROLLERS, CONCEALED FOR CLEANER, SAFER & SMOOTHER RIDE.
FOOT BOARD	HEIGHT ADJUSTABLE FOOT PLATES WITH STRAPS.
POWER REQUIREMENT	2 X 1.5 VOLT AA SIZE BATTERY.
MAX USER WEIGHT	185 KGS



TRIAR



## SPECIFICATIONS

DIMENSION	84.6" (L) X 31.5" (W) X 39.4" (H).
RESISTANCE SYSTEM	FLUID RESISTANCE.
RESISTANCE LEVELS	ADJUSTABLE FLUID RESISTANCE FROM MIN TO MAX.
MONITER	MULTILEVEL COMPUTER COMPLETE WITH USB PORT DISPLAYS.
DISPLAY FEEDBACK	TIME; SPEED; DISTANCE; STROKE RATE; CALORIES PER HOUR; WATTS; 16 LEVEL ADJUSTMENT, PACER.
FLUID TANK	TOUCH POLY-CARBONATE TANK SHELL WITH A TRIPLE-BLADED STAINLESS STEEL PADDLE.
RAIL	DUAL SEAT RAILS PROVIDE ENCLOSED ROLLER SURFACES FOR A CLEAN, SMOOTH AND SAFE ACTION.
FOOT BOARD	HEIGHT ADJUSTABLE FOOT PLATES WITH STRAPS.
POWER REQUIREMENT	2 X 1.5 VOLT AA SIZE BATTERY.
MAX USER WEIGHT	150 KGS.

## AF 805



## SPECIFICATIONS

DIMENSION	85" (L) X 32"(W) X 44"(H)
RESISTANCE SYSTEM	AIR RESISTANCE.
RESISTANCE LEVELS	9 LEVELS.
PROGRAMS	PRE-SET WORKOUTS AND GAMES.
MONITOR	BACK-LIT LCD MONITOR, COMPLETE WITH 8 PRE-PROGRAMMED ROWING ROUTINES
DISPLAY FEEDBACK	DIST. / CYCLE, MTRS PER STROKE / FREQ. MIN, CAL, TIME, WATTS, PEDAL WIDTH & HEART RATE.
PEDAL	HIGH STRENGTH NYLON PEDAL STRAP FOR A SMOOTH & QUIET PULL.
POWER REQUIREMENT	POWER NOT REQUIRED
MAX USER WEIGHT	130 KGS.

AF 678



## SPECIFICATIONS

DIMENSION	53" (L) X 24"(W) X 85"(H)
RESISTANCE SYSTEM	AIR RESISTANCE.
RESISTANCE LEVELS	9 LEVELS.
PROGRAMS	HIGH-STRENGTH, EXTREMELY LIGHTWEIGHT CORDS ON DRIVE SYSTEM FOR SMOOTH FEEL.
MONITER	BACK-LIT LCD MONITOR.
DISPLAY FEEDBACK	STROKE/RATE, TIME, DISTANCE/CYCLE, PULSE, CALORIES, WATTS; PADDLE WIDTH.
HANDLES	ERGONOMIC, STRAPLESS HANDLES PROVIDE FOR A COMFORTABLE, SECURE GRIP.
POWER REQUIREMENT	POWER NOT REQUIRED
MAX USER WEIGHT	180 KGS.



**AF-2901**

CHEST PRESS

48" L	67" W	69" H
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**AF-2902**

INCLINE CHEST PRESS

42" L	75" W	67" H
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**AF-2903**

SHOULDER PRESS

60" L	63" W	60" H
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**AF-2904**

LOW ROW

53" L	52" W	65" H
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**AF-2905**

WIDE CHEST PRESS

48" L	69" W	70" H
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**AF-2906**

INCLINE LEVEL ROW

58" L	59" W	51" H
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**AF-2907**

**PULL DOWN**

71" L	47" W	76" H
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**AF-2908**

**90 DEGREE LEG PRESS**

54" L	68" W	71" H
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**AF-2909**

**45 DEGREE ANGLE LEG PRESS**

83" L	60" W	65" H
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**AF-2910**

**FORE ARM MACHINE**

21" L	26" W	37" H
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**AF-2911**

**FLAT / INCL / DEC BENCH PRESS**

82" L	90" W	59" H
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**AF-2912**

**SMITH & SQUAT**

82" L	77" W	87" H
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**AF-2913**

**BICEPS**

43" L	68" W	40" H
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**AF-2914**

**STANDING LEG CURL**

54" L	45" W	52" H
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**AF-2915**

**3D SMITH MACHINE**

72" L	87" W	85" H
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**AF-2916**

**LEG PRESS / HACK SLIDE**

96" L	65" W	58" H
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**AF-2920**

**TYRE MACHINE**

46" L	65" W	22" H
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**AF-2921**

**TANK**

53" L	33" W	41" H
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**AF-5701**

ISOLATERAL SUPER INCLINE PRESS

63" L

51" W

71" H



**AF-5703**

ISOLAT WIDE LAT PULL DOWN

80" L

42" W

71" H



**AF-5704**

LINEAR LEG PRESS

65" L

56" W

95" H



**AF-5706**

ISOLATERAL INCLINE PEC FLY

54" L

49" W

72" H



**AF-5707**

REV FRONT LAT PULL / INC CHEST

72" L

52" W

82" H



**AF-5710**

REV FRONT LAT PULL DOWN

64" L

44" W

82" H



**AF-5712**

ISO FLAT BENCH PRESS

66" L	61" W	42" H
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**AF-5714**

LOW ROW

48" L	47" W	67" H
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**AF-5716**

ISO SUPER INC SHOULDER PRESS

59" L	50" W	51" H
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**AF-5717**

MID ROW

51" L	58" W	74" H
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**AF-5718**

ISOLATERAL WIDE CHEST PRESS

45" L	69" W	69" H
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**AF-5719**

LATERAL RAISE

41" L	55" W	48" H
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**AF-5720**

PULL OVER

54" L	51" W	59" H
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**AF-5721**

SEATED DIP

67" L	38" W	42" H
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**AF-5724**

LATERAL LEG CURL

71" L	53" W	35" H
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**AF-5726**

ISOLATERAL LEG PRESS

70" L	61" W	59" H
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**AF-5727**

LEG EXTENSION

56" L	54" W	57" H
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**AF-5730**

JAMMER

81" L	71" W	95" H
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**AF-5731**

STANDING SHRUG

38" L	53" W	47" H
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**AF-5732**

KNEELING LEG CURL

43" L	50" W	57" H
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**AF-5734**

HIP THRUST

61" L	65" W	37" H
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**AF-5737**

INCLINE CHEST PRESS

71" L	66" W	44" H
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**AF-5739**

SHOULDER PRESS

60" L	51" W	60" H
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**AF-5742**

3D SMITH MACHINE

107" L	97" W	104" H
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**AF-5746**

SEATED BICEPS

47" L

59" W

40" H



**AF-5747**

ISOLATERAL DYL ROW

64" L

58" W

78" H



**AF-5748**

ABDOMINAL CRUNCH

65" L

45" W

62" H



**AF-5760**

LAT PULL DOWN

46" L	59" W	89" H
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**AF-5761**

PEC FLY / REAR DELT

55" L	57" W	81" H
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**AF-5762**

LAT PULL & SEATED ROW COMBO

91" L	46" W	89" H
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**AF-5740**

SHOULDER & CHEST

44" L	66" W	64" H
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**AF-5741**

PULL DOWN & LOW ROW

56" L	50" W	86" H
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**AF-5729**

DUAL CABLE CROSS

102" L	56" W	74" H
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**AF-7901**

INCLINE CHEST PRESS

63" L	39" W	64" H
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**AF-7902**

CHEST PRESS

69" L	47" W	64" H
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**AF-7903**

SHOULDER PRESS

45" L	51" W	64" H
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**AF-7904**

LAT PULL DOWN

63" L	39" W	64" H
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**AF-7905**

TRICEPS CURL

69" L	47" W	64" H
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**AF-7906**

SQUAT MACHINE

45" L	51" W	64" H
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**AF-7907**

COMPOUND ROW

63" L	39" W	64" H
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**AF-7908**

LOW ROW MACHINE

69" L	47" W	64" H
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**AF-7909**

LEG EXTENSION

45" L	51" W	64" H
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**AF-7910**

AB CRUNCH

63" L	39" W	64" H
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**AF-7911**

HORIZONTAL & PARALLEL BAR RACK

69" L	47" W	64" H
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**AF-7912**

FLAT BENCH PRESS

45" L	51" W	64" H
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**AF-7913**

INCLINE BENCH PRESS

63" L	39" W	64" H
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**AF-7914**

DECLINE BENCH PRESS

69" L	47" W	64" H
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**AF-7915**

MULTI FUNCTIONAL BENCH

45" L	51" W	64" H
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**AF-7918**

SMITH & FUNCTIONAL TRAINER

63" L	39" W	64" H
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**AF-7919**

FUNCTIONAL TRAINER

69" L	47" W	64" H
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**AF-4701**

PRONE LEG CURL

72" L	36" W	60" H
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**AF-4702**

LEG EXTENSION

63" L	43" W	60" H
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**AF-4703**

LEG PRESS

72" L	48" W	60" H
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**AF-4705**

LATERAL RAISE

36" L	49" W	60" H
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**AF-4706**

SHOULDER PRESS

72" L	60" W	60" H
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**AF-4707**

PEC-FLY / REAR DELT

48" L	74" W	60" H
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**AF-4708**

VERTICAL PRESS

55" L	53" W	60" H
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**AF-4709**

CHIN ASSISTED

36" L	66" W	89" H
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**AF-4713**

INCLINE PRESS

72" L	60" W	60" H
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**AF-4718**

ROTORY TORSO

36" L	48" W	60" H
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**AF-4723**

SEATED LEG CURL

63" L	41" W	60" H
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**AF-4724**

GLUTE ISOLATER

72" L	36" W	60" H
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**AF-4726**

SEATED DIP

60" L	48" W	60" H
-------	-------	-------



**AF-4730**

CAMBER CURL

55" L	36" W	60" H
-------	-------	-------



**AF-4734**

VERTICAL ROW

63" L	50" W	60" H
-------	-------	-------



**AF-4735**

PULL DOWN

60" L	51" W	78" H
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**AF-4784**

CHEST & SHOULDER PRESS

72" L	60" W	60" H
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**AF-4785**

LAT PULL & SEATED ROW

75" L	60" W	60" H
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**AF-4786**

LEG EXTN & LEG CURL

62" L	43" W	60" H
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**AF-4787**

CAMBER CURL & TRICEPS

64" L	42" W	60" H
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**AF-4788**

ABDOMINAL ISO LATERAL & BACK

60" L	40" W	60" H
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**AF-4789**

Abductor / Adductor

65" L	64" W	60" H
-------	-------	-------



**AF-9901**

CHEST PRESS

41" L	53" W	64" H
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**AF-9902**

MILITARY PRESS

61" L	50" W	64" H
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**AF-9903**

LAT PULL DOWN

60" L	50" W	75" H
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**AF-9904**

BICEP CURL

56" L	38" W	64" H
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**AF-9905**

MID ROW

51" L	46" W	64" H
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**AF-9906**

LEG EXTENSION

52" L	39" W	64" H
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**AF-9907**

SEATED LEG CURL

63" L	39" W	64" H
-------	-------	-------



**AF-9908**

SEATED LEG PRESS

69" L	47" W	64" H
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**AF-9909**

LATERAL RAISE

45" L	51" W	64" H
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**AF-9910**

HORIZONTAL LEG CURL

67" L	37" W	64" H
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**AF-9911**

ASSISTED CHIN UP

71" L	43" W	93" H
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**AF-9913**

45 INCLINE EXERCISE

96" L	67" W	65" H
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**AF-9950**

LAT PULL DOWN/SEATED ROW

77" L	49" W	90" H
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**AF-9951**

PEC-FLY / REAR DELT

50" L	56" W	78" H
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**AF-9952**

MULTI PRESS

76" L	57" W	64" H
-------	-------	-------



**AF-9953**

LEG EXTENSION/LEG CURL

63" L	39" W	64" H
-------	-------	-------



**AF-9954**

BICEPS-TRICEPS COMBO

56" L	38" W	64" H
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**AF-9955**

INNER OUTER THIGH

52" L	45" W	64" H
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**AF-9912**

SMITH MACHINE

55" L	89" W	90" H
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**AF-9914**

FUNCTIONAL TRAINER

61" L	41" W	89" H
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**AF-9928**

MULTI FUNCTIONAL TRAINER

108" L	57" W	89" H
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**AF-9929**

4 STATION MULTI GYM

182" L	129" W	91" H
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**AF 9932**

Cable Crossover with Combo Stations

130" L	192" W	94" H
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**AF-4400**

PRONE LEG CURL

71" L	38" W	59" H
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**AF-4401**

LEG EXTENSION

55" L	42" W	59" H
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**AF-4402**

SEATED LEG PRESS

73" L	42" W	59" H
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**AF-4403**

LATERAL RAISE

36" L	45" W	59" H
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**AF-4404**

SHOULDER PRESS

75" L	53" W	59" H
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**AF-4405**

VERTICAL PRESS

55" L	53" W	59" H
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**AF-4406**

INCLINE PRESS

83" L	58" W	59" H
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**AF-4407**

ROTARY TORSO

54" L	46" W	59" H
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**AF-4408**

SEATED LEG CURL

62" L	41" W	59" H
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**AF-4409**

SEATED DIP

62" L	47" W	59" H
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**AF-4410**

CAMBER CURL

47" L	36" W	59" H
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**AF-4411**

ANGLED LEG PRESS

84" L	65" W	53" H
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**AF-4414A**

PEC FLY / REAR DELT

50" L	47" W	79" H
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**AF-4415**

SEATED ROWING

75" L	52" W	60" H
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**AF-4416**

PULL DOWN

77" L	88" W	78" H
-------	-------	-------



**AF-4416A**

LAT PULL DOWN

77" L	88" W	92" H
-------	-------	-------



**AF-4423**

SMITH MACHINE

43" L	86" W	91" H
-------	-------	-------



**AF-4432**

CABLE CROSS OVER

177" L	43" W	91" H
--------	-------	-------



**AF-4433**

**GLUTE ISOLATOR**

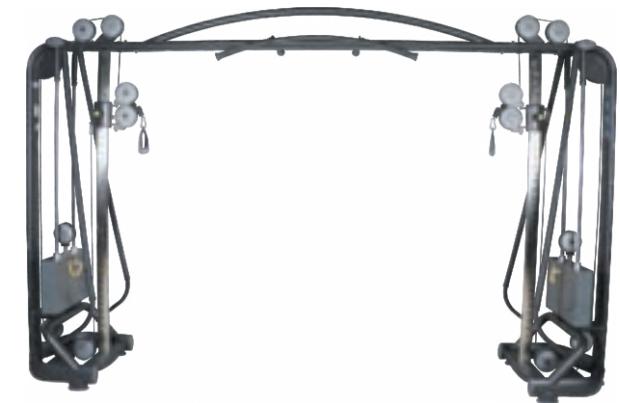
51" L	38" W	59" H
-------	-------	-------



**AF-4452**

**ABDOMINAL ISOLATOR**

47" L	38" W	54" H
-------	-------	-------



**AF-4453**

**CABLE CROSS OVER**

176" L	43" W	91" H
--------	-------	-------



**AF-4454**

**FUNCTIONAL TRAINER**

41" L	69" W	89" H
-------	-------	-------



**AF-4425**

**INCLINE LEVEL ROW**

73" L	31" W	47" H
-------	-------	-------



**AF-4427**

**SEATED CALF**

59" L	28" W	39" H
-------	-------	-------



**AF-4434**

**FLAT BENCH**

53" L	30" W	17" H
-------	-------	-------

**AF-4435**

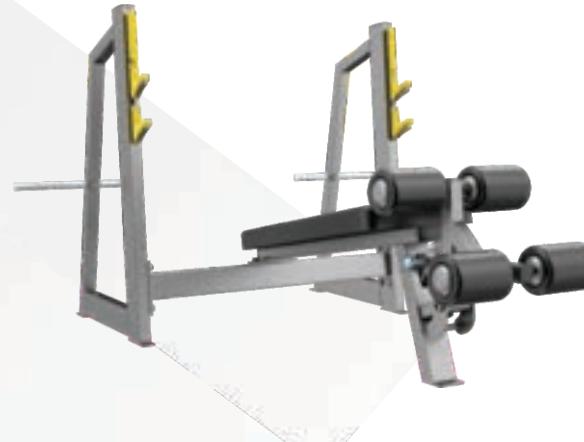
**ADJUSTABLE DECLINE BENCH**

64" L	30" W	32" H
-------	-------	-------

**AF-4436**

**MULTI PURPOSE BENCH**

46" L	30" W	32" H
-------	-------	-------



**AF-4437**

**SUPER BENCH**

64" L	30" W	32" H
-------	-------	-------

**AF-4438**

**OLYMPIC DECLINE BENCH**

81" L	70" W	43" H
-------	-------	-------

**AF-4439**

**OLYMPIC INCLINE BENCH**

79" L	70" W	55" H
-------	-------	-------



**AF-4440**

**OLYMPIC FLAT BENCH**

68" L	70" W	48" H
-------	-------	-------



**AF-4441**

**VERTICAL KNEES UP/DIP**

50" L	28" W	63" H
-------	-------	-------



**AF-4443**

**OLYMPIC SEATED BENCH**

61" L	71" W	69" H
-------	-------	-------



**AF-4444**

**VERTICAL PLATE TREE**

24" L	23" W	49" H
-------	-------	-------



**AF-4445**

**SUPER SQUAT**

91" L	42" W	80" H
-------	-------	-------



**AF-4446**

**DUMBBELL RACK**

29" L	97" W	32" H
-------	-------	-------



**AF-4447**

**BACK EXTENSION**

48" L	34" W	38" H
-------	-------	-------



**AF-4448**

**SEATED PREACHER CURL**

52" L	33" W	38" H
-------	-------	-------



**AF-4449**

**ASSISTED CHIN UP**

48" L	52" W	90" H
-------	-------	-------



**AF-4429**

**POWER CAGE**

50" L	48" W	80" H
-------	-------	-------



**AF-4442**

**SQUAT RACK**

73" L	68" W	71" H
-------	-------	-------



**AF-Y4417Z**

**CHEST PRESS**

59" L	47" W	68" H
-------	-------	-------



**AF-Y4418Z**  
**INCLINE CHEST PRESS**

61" L	41" W	66" H
-------	-------	-------

**AF-Y4419Z**  
**LOW ROW**

52" L	49" W	64" H
-------	-------	-------

**AF-Y4420Z**  
**PULL DOWN**

44" L	69" W	78" H
-------	-------	-------



**AF-Y4421Z**  
**ROW**

47" L	54" W	51" H
-------	-------	-------

**AF-Y4422Z**  
**SOULDER PRESS**

51" L	50" W	59" H
-------	-------	-------

**AF-Y4430Z**  
**WIDE CHEST PRESS**

57" L	47" W	68" H
-------	-------	-------

**AF-Y4431Z**  
**LEG PRESS**

86" L	63" W	61" H
-------	-------	-------



**AF-4500**

LEG EXTENSION / LEG CURL

63" L	44" W	63" H
-------	-------	-------



**AF-4501**

LAT PULL DOWN / SEATED ROW

85" L	39" W	91" H
-------	-------	-------



**AF-4502**

MULTI PRESS

63" L	52" W	63" H
-------	-------	-------



**AF-4503**

ABDUCTOR / ADDUCTOR

63" L	34" W	63" H
-------	-------	-------



**AF-4504**

BICEPS / TRICEPS

48" L	48" W	63" H
-------	-------	-------



**AF-4505**

AB / BACK EXTENSION

39" L	52" W	63" H
-------	-------	-------



**AF-8901**

SHOULDER PRESS

80" L	60" W	56" H
-------	-------	-------



**AF-8902**

SEATED LEG PRESS

72" L	46" W	62" H
-------	-------	-------



**AF-8903**

CHEST PRESS

64" L	57" W	78" H
-------	-------	-------



**AF-8904**

HORIZONTAL LEG CURL

56" L	50" W	56" H
-------	-------	-------



**AF-8905**

ASSISTED CHIN UP

33" L	42" W	88" H
-------	-------	-------



**AF-8906**

BICEPS EXERCISE

53" L	50" W	56" H
-------	-------	-------



**AF-8907**

SEATED LEG EXTENSION

56" L	50" W	56" H
-------	-------	-------



**AF-8908**

SEATED ROWS

63" L	44" W	56" H
-------	-------	-------



**AF-8909**

LAT PULL DOWN

59" L	49" W	77" H
-------	-------	-------



**AF-8910**

AB CRUNCH

39" L	56" W	55" H
-------	-------	-------



**AF-8911**

LATERAL RAISE

44" L	52" W	56" H
-------	-------	-------



**AF-8912**

TRICEPS EXERCISE

70" L	50" W	56" H
-------	-------	-------



**AF-8913**

ROTARY HIP

137" L	31" W	55" H
--------	-------	-------



**AF-8915**

SQUAT RACK

68" L	75" W	94" H
-------	-------	-------



**AF-8916**

MULTI FUNCTIONAL RACK

93" L	82" W	98" H
-------	-------	-------



**AF-8950**

SEATED LEG EXTN / LEG CURL

56" L	63" W	51" H
-------	-------	-------



**AF-8951**

LAT PULL DOWN / SEATED ROW

78" L	48" W	90" H
-------	-------	-------



**AF-8952**

PEC FLY / REAR DELT

55" L	54" W	76" H
-------	-------	-------



**AF-8953**

AB / BACK EXERCISE

47" L	53" W	56" H
-------	-------	-------



**AF-8954**

BICEPS / TRICEPS

56" L	49" W	61" H
-------	-------	-------



**AF-8955**

INNER OUTER THIGH

50" L	49" W	56" H
-------	-------	-------



**AF-8956**

MULTI PRESS

56" L	76" W	59" H
-------	-------	-------

MORE PRODUCTS  
**AVAILABLE**



**AF-4601**

PRONE LEG CURL

64" L	43" W	60" H
-------	-------	-------



**AF-4602**

LEG EXTENSION

56" L	46" W	60" H
-------	-------	-------



**AF-4603**

LEG PRESS

51" L	56" W	81" H
-------	-------	-------



**AF-4604**

SHOULDER PRESS

61" L	61" W	60" H
-------	-------	-------



**AF-4605**

PEARL DELT/PEC FLY

51" L	56" W	82" H
-------	-------	-------



**AF-4606**

VERTICAL PRESS

57" L	44" W	60" H
-------	-------	-------



**AF-4607**

DIP/CHIN ASSIT

76" L	40" W	98" H
-------	-------	-------



**AF-4608**

ABDUCTOR/ADDUCTOR

64" L	32" W	60" H
-------	-------	-------



**AF-4609**

SEATED LEG CURL

66" L	45" W	60" H
-------	-------	-------



**AF-4610**

GLUTE ISOLATOR

85" L	41" W	60" H
-------	-------	-------



**AF-4611**

SEATED DIP

52" L	42" W	60" H
-------	-------	-------



**AF-4612**

CAMBER CURL

59" L	37" W	60" H
-------	-------	-------



**AF-4613**

**BACK EXTENSION**

51" L	42" W	60" H
-------	-------	-------



**AF-4614**

**VERTICAL ROW**

59" L	40" W	60" H
-------	-------	-------



**AF-4615**

**LAT MACHINE**

60" L	57" W	70" H
-------	-------	-------



**AF-4616**

**PREACHER CURL BENCH**

52" L	32" W	40" H
-------	-------	-------



**AF-4617**

**BACK EXTENSION BENCH**

60" L	31" W	33" H
-------	-------	-------



**AF-4618**

**ABDOMINAL ISOLATOR**

45" L	42" W	62" H
-------	-------	-------



**AF-1604G**

LAT PULLDOWN

73" L	43" W	93" H
-------	-------	-------



**AF-1605G**

LONG PULL

44" L	43" W	92" H
-------	-------	-------



**AF-1616A G**

LEG PRESS

75" L	44" W	64" H
-------	-------	-------



**AF-1620G**

VERTICAL CHEST PRESS

52" L	52" W	53" H
-------	-------	-------



**AF-1624G**

SEATED LEG CURL

60" L	42" W	64" H
-------	-------	-------



**AF-1625G**

CAMBER CURL/BICEP

47" L	35" W	53" H
-------	-------	-------



**AF-1626G**

SHOULDER PRESS

73" L	48" W	52" H
-------	-------	-------



**AF-1627G**

LEG EXTENSION

51" L	39" W	52" H
-------	-------	-------



**AF-1630G**

SEATED DIP

55" L	42" W	53" H
-------	-------	-------



**AF-1637G**

PRONE LEG CURL

60" L	39" W	53" H
-------	-------	-------



**AF-1638G**

PEC FLY / REAR DELT

48" L	47" W	83" H
-------	-------	-------



**AF-1639G**

DIP/CHIN ASSIST

61" L	54" W	93" H
-------	-------	-------



**AF-1644G**

LATERAL RAISE

51" L	34" W	53" H
-------	-------	-------

# AF 9930



## *Specifications*

<b>Dimension</b>	191" (L) x 193" (W) x 106" (H)
------------------	--------------------------------

# ATTACHMENTS



**AF 11**  
SHORT BAR



**AF 106 CB**  
CURL BAR



**AF 12**  
CURL BAR



**AF 13**  
ARC HANDLE PULL BAR



**AF 15**  
ARC HANDLE



**AF 126A**  
MULTI EXERCISE BAR



**AF 16**  
LAT BAR



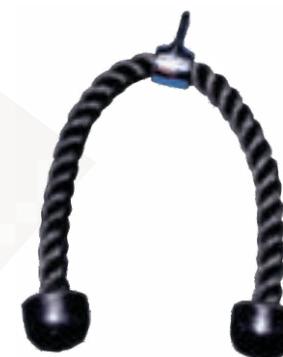
**AF 17**  
LAT BAR



**AF 18**  
HANDLE HOLLOW BAR



**AF 19**  
HANDLE HOLLOW BAR



SHOULDER PRESS



TRICEPS ROPE (SINGLE HAND)

# CROSSFIT ACCESSORIES



**SLAM BALL**

SIZES: 3KG, 4KG, 6KG, 10KG & 12KGS



**WALL BALL - AF 12WB**

SIZES: 6KG, 8KG, 10KG & 12KGS



**MEDICINE BALL - AF01MB**

SIZES: 3KG, 4KG, 5KG, 8KG & 10KGS



**MEDICINE BALL - AF02MB**

SIZES: 3KG, 5KG, 7KG & 9KGS



**BULGARIAN AF BB1**

SIZES: 5KG, 10KG, 15KG & 20KG



**STRENGTH BAGS - AFSB2**

SIZES: 5KG, 10KG, 15KG, 20KG & 25KGS



**SUSPENSION TRAINER**



**SLED - AF 049SLG**



**AF PB04**

3 IN 1 WOODEN PYLO BOX



**AF PB03**

3 IN 1 SOFT PYLO BOX



**BATTLE ROPE**

12 MTRS / 15 MTRS (38MM & 50MM)



**BATTLE ROPE AF 63-9 BR**

9 MTRS

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