

Questionnaire Items for In-VR Assessment

Overview

Participants will respond to the following items directly within the virtual environment after each spider-related scene. All responses are collected via slider inputs ranging from 0 to 100.

Item Overview

Item	Scale	Timing
1. To what extent did you feel that the body you controlled was your own?	0 = Not at all, 100 = Completely	After each spider scene
2. Did you feel connected to the body you were moving in VR?	0 = Not at all, 100 = Very strongly	After each spider scene
3. How afraid or uncomfortable did you feel during the experience?	0 = Not at all, 100 = Extremely	After each spider scene

Additional Information

All items are phrased in accessible, non-technical English and are presented sequentially across six VR episodes. Responses are stored pseudonymously together with a condition ID and a timestamp for each entry.