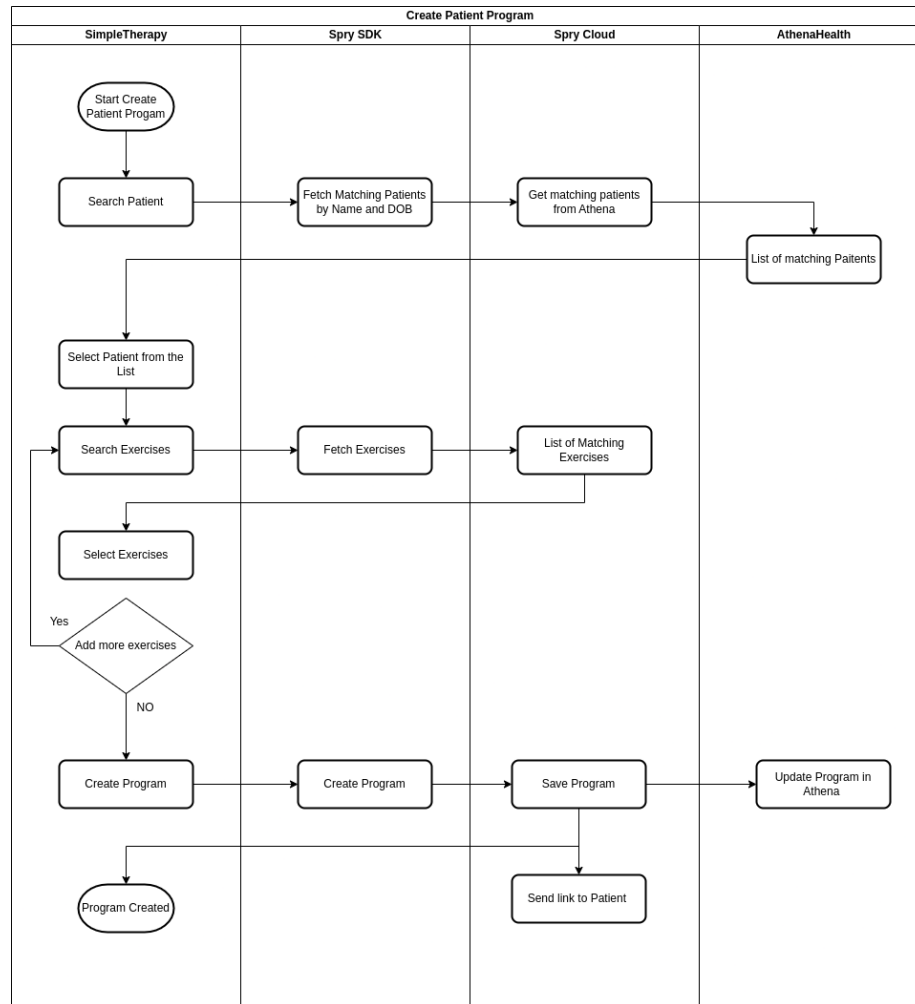


The below flow presents how the therapists will add a custom exercise program to the patient.



The following steps are involved in creating a customized exercise program

1. User (i.e. Therapist) searches for the patient using **Name** and **Date of Birth**
2. Spry SDK will return a list of matching patients.
3. User selects the patient.
4. User proceeds to create a customized program for the patient.
5. User searches for exercises and adds them to the program.
6. User selects the **repetition**, **duration**, and **frequency** for each exercise.
7. The created program is sent to AthenaHealth using Spry Interoperable

Bridge.

8. The patient is notified about the program via email/SMS/push notification.