

South Lyon Center for Active Adults

T.O.P.S
Take off Pounds Sensibly
EVERY FRIDAY

Weigh-In: 8:30am - 9:15am
Meeting: 9:30am -10:15am

\$45 New Members • \$37 Existing members

TOPS is a non-profit weight-loss
organization that helps people meet
individual needs through group support.

1000 N. Lafayette, South Lyon, MI
Enter through Door #32