

	CLASSES	Day / Days	TIMES
*	AGELESS STRENGTH	Mondays	12:45 - 1:45
	AARP TAX PREPARATION	Tuesdays + Thursdays Feb,Mar,Apr	8:30 - 4:30
	ANYONE CAN PAINT - RSVP	4th Tuesday of the month	10:00 - 12:00
	BINGO - Friday	Fridays	12:30 - 1:45
	BINGO - Tuesday	Tuesdays	2:00 - 3:00
	BOOK CLUB MEETING	3rd Wednesday of the month	11:30 - 12:15
	BREAKFAST BUNCH	1st Monday of each Month	9:30 Lucas'
	BRIDGE	Wednesdays	12:15- - 4:00
	CARD MAKING - RSVP	Wednesdays	11:00 - 12:00
*	DAV - Disabled Am. Veterans Representative	Call CAA to Schedule appt	TBD
	DETROIT INSTITUTE OF ART - TRIPS	- See CAA Newsletter for monthly trips	TBD
*	DIABETES PREVENTION PROGRAM		TBD
*	DIABETES PATH	6 sessions Jan, Feb, Mar	1:00- 3:30
	DOMINOES	Tuesdays	1:00 - 3:00
*	DRAWING w/ Lori	2nd Wednesdays	1:00- 3:00
	EUCHRE	Tuesdays	10:00 - 12:00
*	Exercise w/ Carol - **	Wednesdays + Fridays	11:45 - 12:45
*	FITNESS w/ Gail - **	Tuesdays + Fridays	10:30- 11:30
	HAND & FOOT	Thursdays	12:00 - 3:30
*	HOLIDAY SINGERS	Fridays - Seasonal -see Newsletter	2:00 -3:30
	JEWELRY SALE	Seasonal -4 times per year	TBD
	KNIT & CROCHET	Fridays	10:00 - 12:00
*	LEGAL ADVICE WORKSHOPS	Quarterly Startling Jan 2023	TBD
*	LINE DANCING	Thursdays	12:00 - 1:00
	MAHJONGG	Wednesdays	12:30 - 3:30
	MASSAGE - by Appt.	Mondays	9:00 - 11:00
*	PICKLEBALL @ Ann Dolsen Elementary	Monday, Tuesday, Wednesday + Thursday Evening	5:30 - 7:30 pm
*	PILATES w/ Stephanie	Mondays	11:40 - 12:40
	PINOCHLE - Wednesday	Wednesdays	10:00 - 12:00
	Quick Lunch	3rd Wednesday and Thursday	11:00 - 1:00
	SCRABBLE	Mondays	10:00 - 12:00
	SENIOR SOCIALITES w/ Novi, Northville + Livonia	Throughout the year	TBD
	SOUP'S ON	Last Tuesday of the month	11:00- 1:00
	SPECIAL EVENTS	Throughout the year	TBD
	The Cookie Cupboard - Bake Sale	Decembers	10:00 2:00
*	Fidget Class and Kit	CAA and SL NHS	TBD
	Flu Shot Clinic	Annual Program Rite Aid	TBD
	Get Out and Play - MetroParks	3 trips each summer	TBD
*	Hungry Howies		
*	Identity Theft Prevention Workshop	2x per year	TBD
	Kiwanis Club Dinner	2nd Monday in December	TBD
	Medicare Questions and Answers Workshop	Sept / Oct annually	TBD
*	CAA Parking Lot Trunk Sale	A Saturday in September	TBD
*	Pizza and Pop With The Civitans	On going	TBD
	Spring Salad Lunch	April or May annually	TBD
	St Patrick's Day Party	March each year	TBD
	Twelve Days of Christmas Raffle	November and December each year	TBD
	Valentine's Day Party	February each year	TBD
*	SWIM -now at SL EAST HS	Tuesdays + Thursday	11:45 - 1:45
*	TECHNOLOGY CLASSES - w/ SSLDL Andrew	2X Per Month	1:00 - 2:30
*	TIPS & TECHNIQUES - Swim	1st Tuesday of the Month	1:00- 1:45
	T.O.P.S.	Fridays	9:00 - 10:15
*	CAA PARKING LOT TRUNK SALE	Saturday 9.10 alt 9.17 rain date	9:00 -3:00
*	WALKING CLUB @ Centennial MMS	M, T, W, TH, F November thru March	4:15 - 6:00 pm
*	WATERCOLOR PAINTING	3rd Wednesday of Month	12:30 - 3:00
	WEDNESDAY FUN + GAMES -- RSVP	Wednesdays	1:00 - 3:00
	WOOD CARVING	Mondays + Thursdays	10:00 - 1:00
	YOGA		
*	Morning Flow w/Savita	Mondays	9:15 - 10:15
	Evening Yin w/Star	Monday evenings	7:15 - 8:15 pm
	Kaiut All-Level w/Kymm **	Tuesdays	9:15 - 10:15
	Kaiut Beg +Chair w/Kymm	Tuesdays	10:30 - 11:30
	Evening Kaiut w/ Kymm	Tuesday evenings	7:15 - 8:15 pm
*	Kaiut All-Level w/Kristie **	Wednesdays	9:15 - 10:15
*	Kaiut Beg + Chair w/Kymm	Wednesdays	10:30 - 11:30
	Kaiut All-Level w/Kymm **	Thursdays	9:15 - 10:15
	Kaiut Beg + Chair w/Kymm	Thursdays	10:30 - 11:30
	Evening Kaiut w/Suzanne	Thursday evenings	7:15 - 8:15 pm
	Hatha w/Thad	Fridays	9:15 - 10:15
	Kaiut All-Level w/Suzanne	Fridays	10:30 - 11:30
	**Class sizes are limited		
	Pre-registration is advised		Revised 5.2.2023