

## MAHJONG



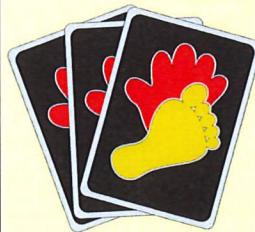
Team up for a game of Mahjong, a Chinese tiles version of Rummy!  
Wednesdays at CAA  
12:30pm

Join us for a casual game of drop-in Pinochle!



Join us every WEDNESDAY  
10:00am - 12:00pm

## Hand & Foot Card Club



Everyone is invited to join us for a fun afternoon to play Hand & Foot

*Don't know how to play?  
We'll show you!*

THURSDAYS  
12:00pm - 3:30pm

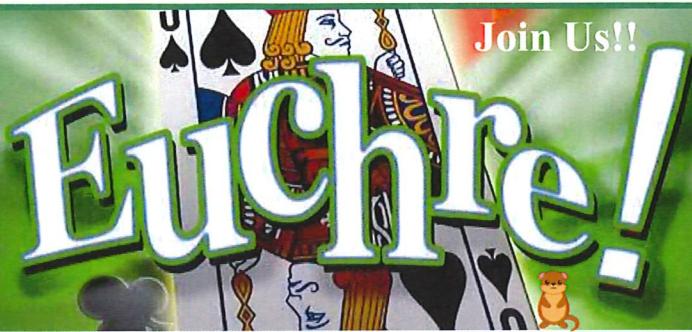
Newcomer? Need a refresher?  
Come in from 11:30am - 12:00pm  
for instruction. Everyone is Welcome!  
Games start at 12:00pm

## MEXICAN TRAIN DOMINOES



Non-competitive, many free train dominoes.  
We will be playing by house rules.  
Stop by and have some fun!

TUESDAYS, 1:00pm - 3:00pm



TUESDAYS 10:00am - 12:00pm

## Scrabble Club



All are Welcome!  
Every Monday  
10:00am - 12:00pm



Tuesdays - 2:00pm - 3:00pm  
Fridays - 12:30pm - 1:45pm

25 cents/card; play multiple cards  
Bring a friend! All Welcome!



## B.Y.O.G.

(Bring Your Own Game)  
Every Wednesday

Bring it on!  
1:00pm - 3:00pm



...and B.Y.O.F.  
(Bring Your Own Friends!)

Please RSVP to the Center

FUN & GAMES

## LEISURE & MISC.

### Jewelry Sale!

June 12th,  
13th and 14th

A variety of  
beautiful, elegant  
and fun styles!



At The Center

### THE CLOSET



A shop filled with goodies, gifts, trinkets & treasures to support the Center for Active Adults. Come in & see what we've got.

Happy Hunting!

*We gratefully accept  
donations!  
Thank You!!*

Please join us for

### Breakfast

Lucas Coney Island

Monday, May 1st  
And Monday, June 5th

Meet at 9:30am



*Our Breakfast Group is a  
very casual, nice way to  
meet new friends & enjoy  
old ones.  
No reservations needed*



Come in for a



**QUICK LUNCH**

11:00am – 1:00pm

June 21st

(no serving in May)

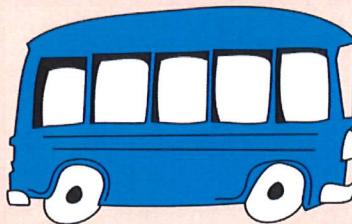


**USED**

**BOOK  
SALE**

Month of June  
Buy 4 get 5th Free!

**NEED HELP  
GETTING TO THE CENTER?**



Livingston County Residents:  
**L.E.T.S Transportation**

To schedule, call: 517-546-6600  
8:30am - 3:30pm, M-F

For more info: [www.livgov.com/lets](http://www.livgov.com/lets)  
**Oakland County Residents:**

**People's Express**

To schedule, call: 877-214-6073  
10:00am - 7:00pm, M-F

For more info: [peoplesexpressmi.com](http://peoplesexpressmi.com)

**AARP INCOME TAX PREP**

**TAX TIME**

THANK YOU to our wonderful volunteers  
Mike, Kathie, Bev, Dee and Karen for  
another great year!

Over 350 tax returns completed! Wow!

## Medical Loan Closet

Do you have old medical equipment collecting dust? The CAA will gladly take donations of wheelchairs, walkers, shower/commode chairs, transfer benches, unopened packages of briefs, and other durable medical equipment. All items are stored at the center and loaned to your fellow community members in need!



**NOTE:** We cannot accept clothing, shoes, or opened brief packages.

In need of medical equipment? Just ask!  
We will do our best to help!

## SOUTH LYON UNITED METHODIST CHURCH MEDICAL LOAN CLOSET *NOW UP and RUNNING!*



Please contact: Jen Denny to donate or loan equipment.

[jendenny@southlyonumc.org](mailto:jendenny@southlyonumc.org)

## WANTED: BINGO PRIZES for CAMP CIVITAN



Camp Civitan is a 4-day summer camp for individuals with mild to moderate developmental disabilities in June.

Items needed are: *flashlights, hats, sunglasses, coloring books, crayons, beads, playing cards, craft items, standard size personal care items (shampoo, conditioner, body wash, deodorant), hair brushes/combs, costume jewelry, puzzle books, cologne, gently used purses, make-up bags, small stuffed animals.*

There will be a donation box at the Center for Active Adults. Thank you!



Kensington Valley  
Civitan Club

## CENTER CLOSINGS

**Memorial Day Weekend**  
Friday May 26th and  
Monday May 29th

**Summer Maintenance**  
July 3rd - July 14th  
See you July 17th!

**DAV**  
DISABLED AMERICAN VETERANS

Call The Center to schedule  
a personal conference  
with Rick

## Be an Angel! Support The Center for Active Adults

Your \$25 donation will not only earn you Angel Wings, but also help us to continue to offer the extensive programming and vibrant community that our center is known for!

### Thank You to the following contributors:

Debbie M.	Ruth W.	Roger L.
Nick D.	James W.	Pat L.
Eileen & Terry T.	Pam J.	Adele T.
Shirley G.	Jan B.	Clementine F.
Janet H.	Rhonda P.	Lois F.
Terry C.	Heidi S.	Yvonne B.
Phil A.	Al M.	William G.
Sally K.	Janet H.	Richard B.
Wendy L.	Phil S.	Archie S.
Lois G.	Harris C.	Julius K.
William M.	Monica P.	Joyce S.
Carol B.	Catherine C.	Theresa O.
Susan W.	Ella F.	Liz A.
Sharon D.	Marian J.	Linda U.
Judy C.	Joseph G.	Barb C.
Elizabeth C.	Mary G.	Danny C.
Jackie P.	Dorothy M.	Larry H.
Kathie S.	Joan S.	Donna H.
Judith S.	Linda L.	Barb Z.
Don S.	Pauline W.	Norm M.
Bonnie O.	Mary R.	Sandra O.
William O.	Rosemary G.	
Dawn W.	Michelle D.	
Sharon H.	Bob H.	
Don H.	Suzanne H.	



### DISCLAIMER!

Although the Senior Center provides information through workshops, seminars and referrals for senior services, we do not endorse any private company; we merely inform consumers of the availability of services that may enhance the lives of seniors outside of the Center for Active Adults. As a consumer, you are encouraged to independently research and ask for references.

### From Your CAA Director

Thank you!

The Center for Active Adults now has 4,880 members.

So very grateful for everyone who continues to make our center this vibrant community!

Warmest regards,  
*Carrie*

## Celebrating 150 years

The City of South Lyon Presents  
2023 Summer Concert Series  
McHattie Park Historic Village

6/23	Joyriders	60s-90s Hits
7/07	Detroit Social Club	Blues/Motown
7/14	One Love Reggae	Reggae
7/21	Fast Eddie	Oldies Rock
7/28	Judy Banker Band	Old-time Country
8/04	Leaky Tiki's	Jimmy Buffet Trib.
8/11	Nobody's Business	Rock-a-Billy
8/18	Gemini	Family Entertain.
8/25	Randy Brock Group	Classic Rock



Bring your lawn chairs or  
blankets & join us at  
**Inspiration Park**  
Wednesdays, 6pm-8pm  
56730 Grand River Ave.

- June 7 Five Become West
- June 21 Wag the Dog
- July 5 Mr. Moody
- July 19 Toppermost Beatles Tribute
- Aug. 2 One Love Reggae Band
- Aug. 16 August Scott Band

For more info and complete flyer, please check out  
[www.lyontwp.org](http://www.lyontwp.org) or call 248.437.2240



### FREE BUSING to MUSIC on the GRAND!

Want to attend the Music on the Grand Summer Concerts, but don't want to drive? We are now offering free shuttle service from People's Express from the Center for Active Adults AND Abbey Park beginning at 5pm each night. (Shuttle will return to each site throughout the night!) See list above.

For more info: [www.funonthegrand.com](http://www.funonthegrand.com)

Transportation sponsored by:  
Law Office of  
Julie A. Paquette



<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>					
9:00 Massage by Appt. 9:15 Easy Flow Yoga 9:30 Breakfast at Lucas 10:00 Scrabble/Wood Carving <b>10:00 Matter of Balance</b> 11:40 Pilates Class 12:45 Ageless Strength 5:30 Pickle Ball	1	9:15 Kaitut All Level 10:00 Euchre 10:30 Fitness w/Paul 10:30 Chair Kaitut Yoga 1:00 Dominoes 2:00 BINGO 5:30 Pickle Ball 7:15 Evening Kaitut	2	9:15 Kaitut All Level 10:00 Pinochle 10:30 Kaitut Beg + Chair 11:00 Card Making 11:45 Exercise w/Carol 12:30 Mahjong 1:00 Fun & Games 5:30 Pickle Ball	3	9:15 All Level Yoga 10:00 Wood Carving 10:30 Chair Kaitut 11:30 Intro to Hand and Foot 12:00 Hand & Foot 5:30 Pickle Ball 7:15 Evening Kaitut	4	9:15 T.O.P.S. Weigh-in/Mtg. 9:15 Yoga with Thad 10:00 Knit & Crochet 10:30 Kaitut 10:30 Fitness w/Carol 11:45 Exercise w/Carol 12:30 BINGO	5
9:00 Massage by Appt. 9:15 Easy Flow Yoga 10:00 Scrabble/Wood Carving <b>10:00 Matter of Balance</b> 11:40 Pilates Class 12:45 Ageless Strength 5:30 Pickle Ball	8	9:15 Kaitut All Level 10:00 Euchre 10:30 Fitness w/Paul 10:30 Chair Kaitut Yoga 1:00 Dominoes 2:00 BINGO 5:30 Pickle Ball 7:15 Evening Kaitut	9	9:15 Kaitut All Level 10:00 Pinochle 10:30 Kaitut Beg + Chair 11:00 Card Making 11:45 Exercise w/Carol 12:30 Mahjong <b>1:00 Drawing Class</b> 1:00 Fun & Games 5:30 Pickle Ball	10	9:15 All Level Yoga 10:00 Wood Carving 10:30 Chair Kaitut 11:30 Intro to Hand and Foot 12:00 Hand & Foot 5:30 Line Dancing 5:30 Pickle Ball 7:15 Evening Kaitut	11	8:30 T.O.P.S. Weigh-in/Mtg. 9:15 Yoga with Thad 10:00 Knit & Crochet 10:30 Kaitut All Level 10:30 Fitness w/Carol 11:45 Exercise w/Carol 12:30 BINGO	12
9:00 Massage by Appt. 9:15 Easy Flow Yoga 10:00 Scrabble/Wood Carving <b>10:00 Matter of Balance</b> 11:40 Pilates Class 12:45 Ageless Strength 5:30 Pickle Ball 7:15 Evening Yin	15	9:15 Kaitut All Level 10:00 Euchre 10:30 Fitness w/Paul 10:30 Chair Kaitut Yoga <b>12:00 Sport Cards Preview</b> 1:00 Dominoes 2:00 BINGO 5:30 Pickle Ball 7:15 Evening Kaitut	16	9:15 Kaitut All Level 10:00 Pinochle 10:30 Kaitut Beg + Chair 11:00 Card Making 11:30 Book Club -DIA Trip 11:45 Exercise w/Carol 12:30 Mahjong/Watercolor <b>1:00 Tech Talk w/Andrew</b> 1:00 Fun & Games	17	9:15 All Level Yoga 10:00 Wood Carving 10:30 Chair Kaitut 4:00 DIA Trip-(on 17th) 12:00 Sport Cards Preview 12:00 Hand & Foot 12:00 Line Dancing 5:30 Pickle Ball 7:15 Evening Kaitut	18	8:30 T.O.P.S. Weigh-in 9:30 T.O.P.S. Meeting 9:15 Yoga with Thad 10:00 Knit & Crochet 10:30 Kaitut All Level 10:30 Fitness w/Carol 11:45 Exercise w/Carol <b>12:00 Salad Luncheon</b>	19
9:00 Massage by Appt. 9:15 Easy Flow Yoga 10:00 Scrabble 10:00 Wood Carving 10:00 Matter of Balance 11:40 Pilates 12:45 Ageless Strength 5:30 Pickle Ball	22	9:15 Kaitut All Level 10:00 Euchre 10:00 Anyone Can Paint 10:30 Fitness w/Paul—C.Yoga 11:45 Senior Swim 1:00 Dominoes 2:00 BINGO 5:30 Pickle Ball 7:15 Evening Kaitut	23	9:15 Kaitut All Level 10:00 Pinochle 10:30 Kaitut Beg + Chair 11:00 Card Making 11:45 Exercise w/Carol 12:30 Mahjong 1:00 Fun & Games	24	9:15 All Level Yoga 10:00 Wood Carving 10:30 Chair Kaitut 11:30 Intro to Hand and Foot 11:45 Senior Swim 12:00 Hand & Foot 12:00 Line Dancing 5:30 Pickle Ball 7:15 Evening Kaitut	25	THE CENTER IS CLOSED <b>memorial DAY</b>	26
The CENTER is CLOSED	29	9:15 Kaitut All Level 10:00 Euchre 10:30 Fitness w/Paul 11:45 Senior Swim 1:00 Dominoes 2:00 BINGO 5:30 Pickle Ball	30	9:15 Kaitut All Level 10:00 Pinochle 10:30 Kaitut Beg + Chair 11:00 Card Making 11:45 Exercise w/Carol 12:30 Mahjong 1:00 Fun & Games	31	9:15 Kaitut All Level 10:00 Wood Carving 10:30 Chair Kaitut 11:30 Intro to Hand and Foot 11:45 Senior Swim 12:00 Hand & Foot 12:00 Line Dancing 5:30 Pickle Ball 7:15 Evening Kaitut	MAY <b>memorial DAY</b>	2023	





Non-Discrimination Statement

The South Lyon Community School District does not discriminate on the basis of race, color, national origin, sex, disability, weight, religion, or marital status in its programs and activities. The following person has been designated to handle inquiries regarding the nondiscrimination policies:

**Brian Toth**

Assistant Superintendent for Administrative Services  
South Lyon Community Schools  
345 S. Warren, South Lyon  
South Lyon, MI 48178

*Our Mission:*

**"To encourage the art of living well by building a vibrant community of active individuals, 50 & up, through diverse programming and activities."**

Issue: 403  
Months: May/June 2023

Carrie Cavanaugh:  
*Center Director, Newsletter Editor*

Sherry Gjerpen and Pat Mengel and Judy Keeling

Karen Ann Smith:  
*Newsletter Layout & Design*

Find Us Online:  
[www.slcs.us](http://www.slcs.us) (Under "Departments")

**NEWSLETTER OF SOUTH LYON CENTER FOR ACTIVE ADULTS**

Located in SW Corner of South Lyon High School,  
Corner of Lafayette (Pontiac Trail) and Eleven Mile Rd.

**PHONE NUMBER: 248.573.8175**

**OFFICE HOURS: MONDAY - FRIDAY, 9:00am - 3:30pm**  
**SUPERINTENDENT OF SCHOOLS, Steven Archibald**

**SOUTH LYON CENTER FOR ACTIVE ADULTS**  
1000 N. LAFAYETTE  
SOUTH LYON, MI 48178

South Lyon Community Schools  
345 S. Warren  
South Lyon, MI 48178

**POSTAL PATRON**

**NON-PROFIT  
PERMIT  
No. 2  
South Lyon,  
Mich.**