



Professional Pathways & Progression

Understanding Your Options Beyond Level 0

Purpose: This guide helps you understand where your Level 0 Foundations credential fits within the broader professional landscape, and what paths are available to you based on your goals.

Three Professional Pathways

A Personal & Informal Use

Level 0 Sufficient

Apply your knowledge to your own life and share informally with friends and family. No professional practice.

TIME INVESTMENT

Minimal

ENERGY

Low

IMPACT

Personal

⚡ **Responsibility Level:** Personal application only. No client relationships or professional obligations.

✓ **Support Needed:** Self-directed learning. Community access for ongoing education.

B Structured Support & Education

Level 1 Required

Provide educational support and structured guidance to others. Work with clients in an educational capacity.

TIME INVESTMENT

Moderate

ENERGY

Medium

IMPACT

Others

⚡ **Responsibility Level:** Client-facing work within scope. Documentation and ethical boundaries required.

✓ **Support Needed:** Certification training, business foundations, peer community, ongoing CE.

C Practitioner & Consultant

Level 2+ Required

Operate as a professional practitioner or consultant. Build a practice, work with complex cases, potentially supervise others.

TIME INVESTMENT

Significant

ENERGY

High

IMPACT

Transformative

⚡ **Responsibility Level:** Full professional practice. Complex cases, business management, continuing education, potential supervision.

✓ **Support Needed:** Advanced certification, mentorship, practice support, supervision network, legal/insurance.

ASI Level Comparison

Capability	Level 0	Level 1	Level 2+
Client Work	No	Yes (educational)	Yes (comprehensive)
Charge Fees	No	Yes	Yes
Title Use	Foundations	Certified	Practitioner/Board
Scope	Personal	Educational	Professional
Renewal	None	Annual CE	Annual CE + Review

Why Level 0 Is Not Sufficient for Practice

- Level 0 is an **educational credential**, not a professional license
- Client work requires additional training in **scope, ethics, and safety**
- Professional practice requires **supervision and accountability structures**
- Charging fees without proper credentialing creates **legal and ethical risks**
- Moving too fast without proper support leads to **burnout and poor outcomes**

This is not a limitation — it's a protection for you and those you serve.

Which Path Fits You?

Reflect on these questions to clarify your direction:

1. What do I want to do with this knowledge?

Personal growth? Support others? Build a career?

2. How much time and energy am I ready to invest?

Be honest about your current capacity and season of life.

3. What kind of impact do I want to create?

Personal transformation? Helping others one-on-one? Broader reach?

4. What support do I need to do this well?

Training? Community? Mentorship? Business structure?

Your Next Step

If you're considering Path B or C, the Practitioner Certification provides the training, structure, and support needed to serve others professionally.

Complete your Level 0 Foundations first. Then, if professional practice calls to you, we'll be here.



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