

DIGITAL HEALTH & TELEHEALTH SAFETY PROTOCOL

Client Name: _____ Date: _____

Practitioner Name: _____ Session Mode: [] Video [] Phone

Section 1: Telehealth Safety (The "Safety Gap" Mitigation)

To be completed at the start of every remote session or updated if the client is traveling.

- Current Physical Location: _____ (*Full address of where you are sitting right now*)
 - Local Emergency Services Number: _____ (*If different from 911*)
 - Nearest 24-Hour Emergency Room: _____ (*Name and Address*)
 - Emergency Contact Person: _____ Phone: _____
-

Section 2: Data Privacy & Digital Boundaries

Establishing how your intimate health data (Functional Matrix, Labs, Wearables) will be handled.

Communication Preferences: * [] I understand that all health data must be shared via the **HIPAA-compliant portal** and not via standard email or SMS. * [] I agree to the use of AI-assisted lab interpretation tools, acknowledging that my practitioner provides the final clinical context.

Wearable Data Agreement (CGM, Oura, etc.): * **Frequency of Review:** Practitioner will review data [] Weekly [] Bi-weekly [] During sessions only. * **Data Anxiety Check:** On a scale of 1-10, how much does checking your health data stress you out? _ * **Boundary:** I agree not to expect real-time feedback on wearable alerts outside of scheduled review times.

Social Media & Education: * [] I grant permission to use my case (anonymized/composite) for educational purposes. * [] I prefer that my specific data points never be used in educational content.

Section 3: Digital Health Reflection

Area of Concern	Client Comfort Level (1-5)	Practitioner Notes
Security of my "Organize" Matrix		
AI Interpretation of my Labs		
Remote Emergency Procedures		
Wearable Device "Data Fatigue"		

Section 4: Practitioner/Client Agreement

Observations & Boundary Adjustments:

Next Review Date for Digital Protocol: _____

Client Signature: _____ **Date:** _____

Practitioner Signature: _____ **Date:** _____

AccrediPro Standards Institute Certified Tool | Lesson 6: Digital Health Ethics

AccrediPro Standards Institute Verified | Confidential Client Resource