

Mentee Case Supervision & IVC Feedback Worksheet

Mentee Name: _____ Date: ____ Case Reference (Initials): ____ Session #: ____

Section 1: Case Presentation & Reasoning

To be completed by the Mentee or during the initial presentation phase.

Primary Concern: _____ Current Protocol: - ☐ Supplementation: _____ - ☐ Dietary Intervention: _____ - ☐ Lifestyle/Stress: _____

The "Stall" (The Challenge): - ☐ Labs are improving, but symptoms are worsening. - ☐ Client is non-compliant/resistant. - ☐ New symptoms have emerged (e.g., anxiety, palpitations). - ☐ Mentee feels "frozen" or lacks a clear next step.

Section 2: Systemic "Blind Spot" Analysis

Master Practitioner: Guide the mentee from Linear thinking to Systemic thinking.

| Observation Level | Mentee View (Linear) | Master View (Systemic) |
|-------------------|--------------------------------|-------------------------------------|
| Focus | Lab Markers (e.g., TSH) | Symptom-Lab Correlation |
| Reasoning | Protocol-driven (If X, then Y) | Feedback Loops (HPA-Thyroid-Gut) |
| Conclusion | "The protocol failed." | "The body is signaling a mismatch." |

Identified Blind Spot: _____ (e.g., Supporting thyroid without addressing HPA Axis; ignoring gut-brain signaling)

Section 3: The IVC Feedback Framework

Master Practitioner: Use this section to structure your verbal or written feedback.

1. IDENTIFY (Specific Competence): Name what the mentee did correctly to build clinical confidence.

"I noticed you were very thorough in..." _____

2. VALIDATE (Normalization): Normalize the difficulty to reduce imposter syndrome.

"It is very common for clients to feel [Symptom] when we [Action]. I've seen this..." _____

3. CHALLENGE (The "Next Level" Shift): *Prompt the mentee to connect the dots themselves.*

"Based on the new symptoms, what does that suggest about the [System]? What if we..." _____

Section 4: Mentee Development Goals

Confidence Score (1-10): ____ (Mentee's self-assessment post-session)

Clinical Action Items: 1. _____ 2. _____

Mentorship Reflection: - ☐ Mentee identified the systemic link independently. - ☐ Mentee requires further training on: _____

Master Practitioner Signature: _____ *AccrediPro Standards Institute™ Certified Tool | Module 29: L3 Master Integration*
