

Your Care Team: Our Commitment to Excellence and Ethics

What are Professional Boundaries?

In Functional Medicine, we value a deep, personal connection with you. Professional boundaries are the "rules of the road" that keep our relationship safe, clear, and focused entirely on your health. It means that while we care for you deeply, we maintain a professional distance so we can give you the most honest, objective, and expert advice possible.

Why This Matters For You

- **You Get Honest Advice:** Our "Patient-First" model means we only suggest supplements or tests that you truly need. You can trust that our recommendations are based on your health goals, not on sales.
- **Your Privacy is Protected:** We use high-level security to keep your health data safe. Whether we are talking in person or online, your private information stays private.
- **You Have a Focused Team:** By having clear roles for everyone on your care team (like your health coach, nutritionist, and practitioner), you receive specialized expert care without any confusion about who is doing what.

What You Can Do Today

1. **Ask the "Why":** Whenever a new test or supplement is suggested, feel free to ask, "How will this specific information change my plan?" We love when you stay curious!
2. **Know Your Options:** Remember that you always have a choice. If we recommend a supplement, you are welcome to buy it through our office or use our "quality checklist" to find it on your own.
3. **Respect the Space:** To give you our best energy, we keep our sessions focused on your clinical goals. This professional space allows us to be the best possible guides for your healing journey.

Questions to Discuss with Your Practitioner

- "Can you explain the different roles of the people on my care team and how they work together for me?"

- "If I have questions about a lab test or a supplement cost, who is the best person to talk to?"
 - "How do you ensure my digital health records and lab results stay secure?"
-

AccrediPro Standards Institute Verified Resource

AccrediPro Standards Institute Verified | Confidential Client Resource