

Clinical Outcomes & ROI Progress Tracker

Client Name: _____ Program Start Date: ____ Practitioner: ____ Target Re-test Date: _____

Section 1: The Anchor Marker & Goal

Identify the one biomarker or symptom that carries the most emotional weight for the client (e.g., Fasting Insulin = Brain Fog/Focus).

Primary Anchor Marker: _____ Life Impact Goal: (e.g., Energy for family, productivity at work) _____

Section 2: Objective Biomarker Tracking (KPIs)

Select 3–5 high-impact markers. Do not over-track to avoid data fatigue.

Key Performance Indicator (KPI)	Baseline Value	Date	Follow-up Value	Date	Change (+/-)
1. (Anchor) _____					
2. ____					
3. ____					
4. ____					
5. ____					

Biological Re-testing Reminders: * **hs-CRP:** Can be re-tested every 3–6 weeks. * **HbA1c / Lipid Panels:** Wait 12 weeks (RBC lifespan/metabolic shift). * **Nutrient Status (Vit D/Iron):** Wait 12 weeks for steady-state changes.

Section 3: Subjective Outcome Integration (MSQ)

Use the Medical Symptoms Questionnaire (MSQ) to quantify the lived experience.

Assessment Phase	MSQ Total Score	Top 3 Symptom Clusters
Baseline (Day 1)	____	1. _ 2. _ 3. ____

Assessment Phase	MSQ Total Score	Top 3 Symptom Clusters
Mid-Point (Week 6)	___	1. _ 2. _ 3. ___
Follow-up (Week 12)	___	1. _ 2. _ 3. ___

The "Look Back" Reflection: Compare the current MSQ to Day 1. Which symptom has the client "forgotten" they used to have?

Section 4: Clinical Decision: Pivot or Persist?

Evaluation at the 12-week mark based on 90% protocol compliance.

- [] **PERSIST:** Biomarkers/MSQ moving in the right direction. **Action:** Stay the course; reinforce habits.
 - [] **PIVOT:** Stagnant data or worsening symptoms. **Action:** Investigate hidden stressors (Mold, Metals, Infections).
-

Section 5: The ROI of Vitality

Healthspan ROI Calculation: 1. **Productivity Gain:** (Estimated hours saved per week from improved energy/focus) _ 2. **Cost Avoidance:** (Medications, supplements, or outsourced labor no longer needed) \$_ 3. **Intangible Value:** (Quality of life, mood stability, presence with family) _____

Practitioner Observations:

AccrediPro Standards Institute Clinical Excellence Framework
