

Multi-Morbidity Protocol Prioritization Worksheet

Client Name: _____ Date: _____

Primary Diagnoses/Systems Involved: _____

Section 1: The Multi-Morbidity Map

List all presenting conditions, symptoms, and organ systems currently affected. Identifying the "Clinical Jigsaw" is the first step before applying the hierarchy.

1. _____ (System: _____)
 2. _____ (System: _____)
 3. _____ (System: _____)
 4. _____ (System: _____)
 5. _____ (System: _____)
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Section 2: The Hierarchy of Healing (Prioritization)

Based on the **Hierarchy of Healing**, rank your clinical focus. *Rule: Do not move to Level 3 until Level 1 and 2 are stabilized.*

Priority Level	System Focus	Current Symptoms/Support Needed	Priority (1-4)
1. Foundational	GI / Assimilation		[]
2. Stability	Adrenal / HPA Axis		[]
3. Regulatory	Thyroid / Blood Sugar		[]
4. Specific	Sex Hormones / Immune		[]

Section 3: NEI Cross-Talk & Adaptation Check

Before finalizing the protocol, check for inter-system communication and life-stage requirements.

- **HPA-HPT-HPG Axis Check:** Is high stress (HPA) driving high rT3 or low progesterone?
 - [] Yes [] No *If yes, prioritize HPA before Thyroid/Sex Hormones.*
 - **Life-Stage Adaptation:**
 - [] **Pediatric:** Focus on nutrient density/assimilation; avoid aggressive detox.
 - [] **Geriatric:** Add HCl/Enzyme support for Achlorhydria; increase protein for Anabolic Resistance.
 - [] **Standard Adult:** Follow standard R.O.O.T.S. dosing.
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Section 4: Phase 1 Protocol Plan

Identify the **entry point** for the next 30 days. Focus on no more than TWO systems to avoid a healing crisis.

Primary Focus System: _____ **Key Interventions (Supplements/Lifestyle):** 1.
_____ 2. _____ 3. _____

Section 5: Clinical Pivot Point Tracker (Red Flags)

Monitor these "Red Flags" during the first 14 days. If any are checked, **Pivot the Protocol**.

Red Flag	Present?	Notes
Paradoxical Reaction (e.g., anxiety from calming herbs)	[]	
Detox Stall (Headaches/Breakouts > 7 days)	[]	
Rapid Weight Shift (>5% in 30 days)	[]	
Cognitive Shift (New or increased brain fog)	[]	

Observations/Reflections:

Next Steps:

- [] Schedule follow-up in _____ days.
- [] Client to track daily energy/GI symptoms.

[] If Red Flags appear: Reduce dosage by 50% or remove "Target" phase items.

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