

The "Stuck Case" Troubleshooting & Pivot Assessment

Client Name: _____ Date: __

Current Protocol Duration: __ Last Progress Date: _____

Section 1: Identifying the Plateau

Use this section to determine if the client has hit a true "Hidden Obstacle" or a metabolic trap.

Subjective Assessment: - ☐ Client reports <10% improvement over the last 4–8 weeks. - ☐ Client reports "Lab-Client Mismatch" (Labs look better, but symptoms remain). - ☐ New sensitivities have developed (to foods, supplements, or environment). - ☐ Client feels "wired but tired" or hyper-vigilant (Limbic System Impairment).

Objective Observations: - ☐ Standard nutrient markers (D3, B12, etc.) are optimal, but fatigue persists. - ☐ Client is reacting negatively to previously tolerated "Target" protocols (antimicrobials/detox).

Section 2: Hidden Obstacle Checklist

Check all that apply to determine the need for Advanced Reveal Strategies (Provocation Testing).

Potential Obstacle	Indicators (Check if present)	Recommended Action
Occult Infection	<input type="checkbox"/> Migrating joint pain, severe brain fog, cyclic symptoms.	Consider Phage/T-Cell testing.
Mycotoxin Burden	<input type="checkbox"/> History of water-damaged building, mitochondrial fatigue.	Liposomal Glutathione challenge.
Heavy Metals	<input type="checkbox"/> Cognitive decline, metallic taste, history of exposure.	DMSA/EDTA Provocation test.
Biofilm Matrix	<input type="checkbox"/> "Stalled" gut protocols, symptoms return when stopping herbs.	Initiate 3-Step Biofilm Protocol.

Section 3: Drainage & Safety Pre-Check

Crucial: Do NOT proceed to advanced disruption if these boxes are not checked.

- ☐ **Bowel Movements:** Is the client having 1+ complete BM daily? (Yes/No) ____
- ☐ **Hydration:** Is the client consuming adequate electrolytes and water? ☐
- ☐ **Liver/Kidney Support:** Are drainage pathways open and supported? ☐
- ☐ **Sensitivity:** Is the client currently in a state of "High Reactivity"? ☐

Section 4: Cell Danger Response (CDR) & Pivot Matrix

Determine if the body is in "Defense Mode" (CDR Phase 1/2) rather than "Repair Mode."

CDR Signaling Indicators: - ☐ Sensitivity to light, sound, or smells. - ☐ Increased anxiety or insomnia since starting "Target" protocols. - ☐ Feeling "poisoned" or having intense Herxheimer reactions.

The Strategic Pivot Decision: *If 3 or more boxes in Section 4 are checked, or if Section 3 is incomplete, a Strategic Pivot is required.*

Current Decision (Circle One): **STAY THE COURSE** (Minor adjustments) / **ADVANCED REVEAL** (Testing) / **PIVOT TO OPTIMIZE** (Foundation)

Section 5: Reflection & Next Steps

Practitioner Observations:

Immediate Protocol Adjustments: 1. _____ 2. _____ 3. _____

Client Communication Note: *"Your body is currently in 'Survival Mode.' It's not that the protocol isn't working; it's that your cells are prioritizing defense over repair. We are shifting focus to signal safety to your mitochondria."*

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