

Your Path to a Purposeful Career in Functional Medicine

What is a Functional Medicine Career?

A career in Functional Medicine is about helping people find the "root cause" of their health problems instead of just covering up symptoms. It is a fast-growing field where you use your passion for wellness to build a professional, high-income business that fits your lifestyle.

Why This Matters For You

- **Financial Freedom:** You can earn a significant income (often \$100k+ per year) by providing deep value that saves your clients money on long-term medical bills.
- **Work-Life Balance:** Whether you want to work from home, start a virtual practice, or lead group classes, you have the power to set your own hours and spend more time with your family.
- **True Impact:** You get to move away from "quick-fix" health and actually watch people transform their lives, giving you a sense of professional pride and joy.

What You Can Do Today

1. **Pick Your Path:** Think about how you like to work. Do you prefer working one-on-one with people, leading small groups, or perhaps creating an online course you can sell while you sleep?
2. **Do the "Math of Success":** Don't let big numbers scare you. Remember that reaching a six-figure goal often only requires helping about 14–15 steady clients at a time. It is much more achievable than it sounds!
3. **Create Your 90-Day Vision:** Close your eyes and picture your life three months from now. Where are you working? Who are you helping? Write down one specific financial goal you want to hit by then.

Questions to Discuss with Your Coach or Mentor

- Based on my background (nursing, teaching, or stay-at-home parent), which of the 8 career paths feels like the best "fit" for me right now?
- What is the "small voice" of doubt telling me, and what data can I use to answer it?
- What is one "beta" step I can take this month to start building my confidence?

AccrediPro Standards Institute Verified Resource

AccrediPro Standards Institute Verified | Confidential Client Resource