



# Professional Scope & Boundaries

ASI LEVEL

**0***Understanding Your Role at Level 0 Foundations*

**Key Principle:** As a Level 0 Foundations credential holder, you have completed educational training in your specialty area. This credential demonstrates foundational knowledge and personal development — it does **not** authorize clinical practice, diagnosis, or treatment.

## 1 Your Role at Level 0

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Level 0 is an educational credential. You are equipped to apply knowledge in your own life, support others informally, and prepare for professional-level certification. This foundational understanding positions you for growth while maintaining clear professional boundaries.

## 2 What Is Permitted vs. Not Permitted

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#### ✓ PERMITTED at Level 0

- Sharing educational information
- Supporting friends and family informally
- Applying knowledge to your own life
- Discussing general concepts
- Referring to qualified professionals
- Participating in learning communities
- Preparing for professional certification

#### ✗ NOT PERMITTED at Level 0

- Charging for services
- Diagnosing conditions
- Creating treatment protocols
- Claiming professional status
- Replacing medical care
- Providing clinical recommendations
- Using "Certified Practitioner" title

3

## Understanding the Professional Spectrum

Category	What It Means	Who Does This
Education	Sharing knowledge, concepts, information	Anyone with knowledge
Support	Listening, encouraging, holding space	Friends, mentors, peers
Coaching	Goal-setting, accountability, guidance	Certified coaches (Level 1+)
Therapy	Treating mental health conditions	Licensed therapists only
Clinical Practice	Diagnosing, treating, prescribing	Licensed clinicians only

4

## When to Refer

Always refer when you encounter:

- **Medical symptoms** requiring diagnosis or treatment
- **Mental health concerns** such as depression, anxiety, trauma
- **Safety concerns** including self-harm, abuse, crisis situations

- **Requests outside your scope** — anything requiring professional licensure
- **Situations beyond your comfort level** — trust your instincts

**Remember:** Referral is not failure. It is a sign of professional integrity. The most respected practitioners know their limits and build networks of trusted professionals.

## 5 Professional Language Guide

### Safe Phrases to Use

*"Based on what I've learned..."*

*"You might consider exploring..."*

*"Some people find it helpful to..."*

*"Have you thought about..."*

*"From an educational perspective..."*

*"I can share information about..."*

*"This is something to discuss with your doctor..."*

*"I'm not qualified to advise on that, but..."*

### Never Promise:

- Specific outcomes or results
- Cures or healing
- Diagnosis or clinical assessment
- Replacement for professional care
- Anything you cannot ethically deliver

## 6 Escalation Protocol

1. **Recognize** — Notice when a situation exceeds your scope
2. **Acknowledge** — "This sounds like something that needs professional support"
3. **Refer** — Provide appropriate resources or professional contacts
4. **Support** — Continue offering appropriate educational support
5. **Document** — Keep notes on referrals made (for your own records)

### ◆ Professional Alignment Statement ◆

By continuing with this credential program, I acknowledge that I have read, understood, and agree to operate within the professional scope and boundaries outlined in this document. I understand that Level 0 is an educational credential and does not authorize clinical practice.

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