

# The "Stuck Case" Troubleshooting & Pivot Assessment

Client Name: \_\_\_\_ Date: \_\_

Current Protocol Duration: \_\_ Last Progress Date: \_\_

## Section 1: Identifying the Plateau

*Use this section to determine if the client has hit a true "Hidden Obstacle" or a metabolic trap.*

**Subjective Assessment:** - [ ] Client reports <10% improvement over the last 4–8 weeks. - [ ] Client reports "Lab-Client Mismatch" (Labs look better, but symptoms remain). - [ ] New sensitivities have developed (to foods, supplements, or environment). - [ ] Client feels "wired but tired" or hyper-vigilant (Limbic System Impairment).

**Objective Observations:** - [ ] Standard nutrient markers (D3, B12, etc.) are optimal, but fatigue persists. - [ ] Client is reacting negatively to previously tolerated "Target" protocols (antimicrobials/detox).

## Section 2: Hidden Obstacle Checklist

*Check all that apply to determine the need for Advanced Reveal Strategies (Provocation Testing).*

Potential Obstacle	Indicators (Check if present)	Recommended Action
Occult Infection	[ ] Migrating joint pain, severe brain fog, cyclic symptoms.	Consider Phage/T-Cell testing.
Mycotoxin Burden	[ ] History of water-damaged building, mitochondrial fatigue.	Liposomal Glutathione challenge.
Heavy Metals	[ ] Cognitive decline, metallic taste, history of exposure.	DMSA/EDTA Provocation test.
Biofilm Matrix	[ ] "Stalled" gut protocols, symptoms return when stopping herbs.	Initiate 3-Step Biofilm Protocol.

## Section 3: Drainage & Safety Pre-Check

*Crucial: Do NOT proceed to advanced disruption if these boxes are not checked.*

- [ ] **Bowel Movements:** Is the client having 1+ complete BM daily? (Yes/No) \_\_
- [ ] **Hydration:** Is the client consuming adequate electrolytes and water? [ ]
- [ ] **Liver/Kidney Support:** Are drainage pathways open and supported? [ ]
- [ ] **Sensitivity:** Is the client currently in a state of "High Reactivity"? [ ]

## Section 4: Cell Danger Response (CDR) & Pivot Matrix

*Determine if the body is in "Defense Mode" (CDR Phase 1/2) rather than "Repair Mode."*

**CDR Signaling Indicators:** - [ ] Sensitivity to light, sound, or smells. - [ ] Increased anxiety or insomnia since starting "Target" protocols. - [ ] Feeling "poisoned" or having intense Herxheimer reactions.

**The Strategic Pivot Decision:** *If 3 or more boxes in Section 4 are checked, or if Section 3 is incomplete, a Strategic Pivot is required.*

**Current Decision (Circle One):** STAY THE COURSE (Minor adjustments) / **ADVANCED REVEAL** (Testing) / **PIVOT TO OPTIMIZE** (Foundation)

## Section 5: Reflection & Next Steps

**Practitioner Observations:**

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**Immediate Protocol Adjustments:** 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

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**Client Communication Note:** *"Your body is currently in 'Survival Mode.' It's not that the protocol isn't working; it's that your cells are prioritizing defense over repair. We are shifting focus to signal safety to your mitochondria."*

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