

Mentee Case Supervision & IVC Feedback Worksheet

Mentee Name: _____ Date: ___ Case Reference (Initials): ___ Session #: ___

Section 1: Case Presentation & Reasoning

To be completed by the Mentee or during the initial presentation phase.

Primary Concern: _____ **Current Protocol:** - [] **Supplementation:** _____ - [] **Dietary Intervention:** _____ - [] **Lifestyle/Stress:** _____

The "Stall" (The Challenge): - [] Labs are improving, but symptoms are worsening. - [] Client is non-compliant/resistant. - [] New symptoms have emerged (e.g., anxiety, palpitations). - [] Mentee feels "frozen" or lacks a clear next step.

Section 2: Systemic "Blind Spot" Analysis

Master Practitioner: Guide the mentee from Linear thinking to Systemic thinking.

Observation Level	Mentee View (Linear)	Master View (Systemic)
Focus	Lab Markers (e.g., TSH)	Symptom-Lab Correlation
Reasoning	Protocol-driven (If X, then Y)	Feedback Loops (HPA-Thyroid-Gut)
Conclusion	"The protocol failed."	"The body is signaling a mismatch."

Identified Blind Spot: _____ (e.g., *Supporting thyroid without addressing HPA Axis; ignoring gut-brain signaling*)

Section 3: The IVC Feedback Framework

Master Practitioner: Use this section to structure your verbal or written feedback.

1. IDENTIFY (Specific Competence): Name what the mentee did correctly to build clinical confidence.

"I noticed you were very thorough in..." _____

2. VALIDATE (Normalization): Normalize the difficulty to reduce imposter syndrome.

"It is very common for clients to feel [Symptom] when we [Action]. I've seen this..." _____

3. CHALLENGE (The "Next Level" Shift): *Prompt the mentee to connect the dots themselves.*

"Based on the new symptoms, what does that suggest about the [System]? What if we..." _____

Section 4: Mentee Development Goals

Confidence Score (1-10): __ (Mentee's self-assessment post-session)

Clinical Action Items: 1. _____ 2. _____

Mentorship Reflection: - [] Mentee identified the systemic link independently. - [] Mentee requires further training on: _____

Master Practitioner Signature: _____ *AccrediPro Standards Institute™ Certified Tool | Module 29: L3 Master Integration*
