

# Clinical Outcomes & ROI Progress Tracker

Client Name: \_\_\_\_\_ Program Start Date: \_\_\_\_\_ Practitioner: \_\_\_\_\_ Target Re-test Date: \_\_\_\_\_

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## Section 1: The Anchor Marker & Goal

*Identify the one biomarker or symptom that carries the most emotional weight for the client (e.g., Fasting Insulin = Brain Fog/Focus).*

Primary Anchor Marker: \_\_\_\_\_ Life Impact Goal: (e.g., Energy for family, productivity at work) \_\_\_\_\_

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## Section 2: Objective Biomarker Tracking (KPIs)

Select 3–5 high-impact markers. Do not over-track to avoid data fatigue.

Key Performance Indicator (KPI)	Baseline Value	Date	Follow-up Value	Date	Change (+/-)
1. (Anchor) _____					
2. _____					
3. _____					
4. _____					
5. _____					

**Biological Re-testing Reminders:** \* hs-CRP: Can be re-tested every 3–6 weeks. \* HbA1c /

**Lipid Panels:** Wait 12 weeks (RBC lifespan/metabolic shift). \* Nutrient Status (Vit D/Iron): Wait 12 weeks for steady-state changes.

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## Section 3: Subjective Outcome Integration (MSQ)

*Use the Medical Symptoms Questionnaire (MSQ) to quantify the lived experience.*

Assessment Phase	MSQ Total Score	Top 3 Symptom Clusters
Baseline (Day 1)	—	1. __ 2. __ 3. __

Assessment Phase	MSQ Total Score	Top 3 Symptom Clusters
Mid-Point (Week 6)	—	1. _ 2. _ 3. __
Follow-up (Week 12)	—	1. _ 2. _ 3. __

**The "Look Back" Reflection:** Compare the current MSQ to Day 1. Which symptom has the client "forgotten" they used to have?

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## Section 4: Clinical Decision: Pivot or Persist?

*Evaluation at the 12-week mark based on 90% protocol compliance.*

- [ ] **PERSIST:** Biomarkers/MSQ moving in the right direction. **Action:** Stay the course; reinforce habits.
  - [ ] **PIVOT:** Stagnant data or worsening symptoms. **Action:** Investigate hidden stressors (Mold, Metals, Infections).
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## Section 5: The ROI of Vitality

**Healthspan ROI Calculation:** 1. **Productivity Gain:** (Estimated hours saved per week from improved energy/focus) \_ 2. **Cost Avoidance:** (*Medications, supplements, or outsourced labor no longer needed*) \$ \_ 3. **Intangible Value:** (Quality of life, mood stability, presence with family) \_\_\_\_\_

### Practitioner Observations:

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*AccrediPro Standards Institute Clinical Excellence Framework*

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