

Group Cohort Clinical Efficacy & Pivot Tool

Practitioner Name: __ Cohort Name: __ Program Phase: Reveal (Weeks 1-3) Target (Weeks 4-8) Sustain (Weeks 9-12)

Section 1: Baseline & Progress Tracking (PROMs)

Use this section to track the Medical Symptoms Questionnaire (MSQ) scores for the group to prove clinical efficacy.

Participant Name	Baseline MSQ (Wk 1)	Mid-Point MSQ (Wk 6)	Final MSQ (Wk 12)	Total Delta (Δ)
1.				
2.				
3.				
4.				
5.				
COHORT AVG:				

Section 2: Cohort Analytics (Identifying the "Common Denominator")

Review intake data/Matrix nodes. Which system is the primary driver for this specific group?

Top 3 Symptom Clusters (Nodes) identified in the cohort: 1. ____ (e.g., Stress/HPA Axis) 2. ____ (e.g., Digestion) 3. ____ (e.g., Energy/Mitochondria)

Clinical Pivot Strategy: Based on the data above, I will adjust the "Target" phase curriculum by: Increasing focus on: _____ Reducing focus on: _____

Section 3: Session "Delta" Log (Documentation Efficiency)

Use this during the group session to capture individual adjustments without full-length charting.

Master Note (Session Topic): _____

Participant	Individual "Delta" (Specific Needs/Adjustments)	Action Step Assigned
Name:		

Section 4: Post-Session Pulse Survey (Quality Iteration)

Aggregate the 1–5 scores from the participant feedback forms.

- **Clarity Score (Avg):** _ / 5 (*Is the clinical concept understood?*)
- **Actionability Score (Avg):** _ / 5 (*Do they feel confident in the "Action Step"?*)
- **Connection Score (Avg):** _ / 5 (*Do they feel supported by the group?*)

Reflection & Iteration: If any score is below 4.0, what specific change will be made for the next session?

Next Clinical Milestone: __ **Date:** _____

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