

DIGITAL HEALTH & TELEHEALTH SAFETY PROTOCOL

Client Name: _____ Date: _____

Practitioner Name: _____ Session Mode: ☐ Video ☐ Phone

Section 1: Telehealth Safety (The "Safety Gap" Mitigation)

To be completed at the start of every remote session or updated if the client is traveling.

- **Current Physical Location:** _____ (Full address of where you are sitting right now)
 - **Local Emergency Services Number:** _____ (If different from 911)
 - **Nearest 24-Hour Emergency Room:** _____ (Name and Address)
 - **Emergency Contact Person:** _____ **Phone:** _____
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Section 2: Data Privacy & Digital Boundaries

Establishing how your intimate health data (Functional Matrix, Labs, Wearables) will be handled.

Communication Preferences: * ☐ I understand that all health data must be shared via the **HIPAA-compliant portal** and not via standard email or SMS. * ☐ I agree to the use of AI-assisted lab interpretation tools, acknowledging that my practitioner provides the final clinical context.

Wearable Data Agreement (CGM, Oura, etc.): * **Frequency of Review:** Practitioner will review data ☐ Weekly ☐ Bi-weekly ☐ During sessions only. * **Data Anxiety Check:** On a scale of 1-10, how much does checking your health data stress you out? __ * **Boundary:** I agree not to expect real-time feedback on wearable alerts outside of scheduled review times.

Social Media & Education: * ☐ I grant permission to use my case (anonymized/composite) for educational purposes. * ☐ I prefer that my specific data points never be used in educational content.

Section 3: Digital Health Reflection

Area of Concern	Client Comfort Level (1-5)	Practitioner Notes
Security of my "Organize" Matrix		
AI Interpretation of my Labs		
Remote Emergency Procedures		
Wearable Device "Data Fatigue"		

Section 4: Practitioner/Client Agreement

Observations & Boundary Adjustments:

Next Review Date for Digital Protocol: _____

Client Signature: _____ Date: _____

Practitioner Signature: _____ Date: _____

AccrediPro Standards Institute Certified Tool | Lesson 6: Digital Health Ethics