



Take Command of your Mental Health

Faro10 is an easy-to use mobile app that offers a way for veterans, their families, and mental health providers to better measure, track, and treat mental health challenges so they see improved results, sooner.

Veterans can quickly, securely and privately track their moods, medications, symptoms, and treatment activities as well as make journal entries on the app on a regular basis while they are at home, at work, or anywhere else. Family members that are invited by veterans to share their feedback can also input observations privately and securely.

All information is sent privately to approved Clinician(s), anywhere they are located. Clinicians can review patient and family input in real time, administer computer-based therapy exercises, collaborate with other providers and make more informed, timely treatment decisions.

“The app lets me easily share how I’m feeling with my therapist, and I like how I can go back and see how I was feeling each day over the past few months.”

-Faro10 User



Share your story on social media with **#mentalhealthanalytics**

Faro10

Mental Health Monitoring & Analytics

Key Features & Benefits

Use Your Support Team to Improve Your Wellness

We built Faro10 so you won't have to fight mental health alone. Family and friends, are also able to weigh in with their input, which can offer insight into medication effectiveness, as well as triggers and other reactions to get a more complete picture of your wellness.

The mobile app provides an easy way to track prescriptions, document mood or symptom changes, and report on key signals of mental health, including social, family or workplace behavior.

We also built-in unique ways to monitor higher-risk mental health conditions, which can provide notifications to Support Team for early intervention during crisis.



Benefits of the Faro10 Mobile App



Measure progress and advance treatment plan



Quickly and conveniently track symptoms on your mobile device



Record mood vitals like anxiety, energy and concentration with touch-sensitive sliding scales



Track medication amounts and any side effects



Record and save journal entries, anywhere and at any time



Easily transfer your treatment history when changing providers

20%

of Veterans who served in OIF and OEF suffer from PTSD

14

out of every 20 Veteran Suicides were not receiving treatment by the VA

20

Average Veteran Suicides each day according to the US Dept of Veteran Affairs

Faro10

Mental Health Monitoring & Analytics

Tools for Veterans, Families and Providers



How Faro10 Solution Works

Faro10 allows veterans and family to record mental health vitals any time and anywhere. Data is sent privately to providers for analysis in real time.



Key Clinician Benefits

- Improved symptom tracking and analysis
- Real-time symptom visibility and crisis alerts
- Richer data and integration of family feedback
- Easier collaboration among providers
- Better recordkeeping and record portability

“ Faro10 is the cutting edge that mental health has needed throughout the military and VA. It's a user and clinical friendly app that can be used to catch PTSD early and get our men and women to PTG quicker and more efficiently. ”

-D. Joi Haines, MA, U.S. ARMY