

5 Core Aspects of Group Coaching by Blinkist



WALK THIS WAY TO DISCOVER OUR COACHING METHODOLOGY

1

Learning in Cohorts

Discover the strength of collective learning with peers

2

The Coaching Pathway

Navigate through a structured pathway tailored for impactful leadership growth.

3

90' Live Deep-Dive Sessions

You engage with your cohort in focused sessions, each session dedicated to a unique leadership facet

4

Learner Commitments

Commit to the guidelines that ensure a productive and respectful learning environment.

5

Embedded ROI model

Monitor progress in applying knowledge throughout the Coaching Pathway and beyond

—BASED ON—

Values as foundation

Based on our core values that drive every aspect of our coaching journey. environment.

Principles to guide applying knowledge

Leverage foundational principles that steer your learning and ensure a holistic growth experience.



Strong Learner Commitments

To set the baseline for strong outcomes

- **Mandatory Preparation**
- **Active Participation**
- **Confidentiality**
- **Buddy Accountability**
- **Feedback Etiquette**
- **Consistent progress reflection**



Based on Values and Principles

To provide a solid foundation for applying knowledge

VALUES AS FOUNDATION

Impactful leadership

Skills Application

Cooperative Learning

Growth Mindset

PRINCIPLES TO GUIDE

APPLYING KNOWLEDGE

Emotional Resonance

Zone of Proximal
Development

Collaborative Growth

Brain-based Growth

Accountability

Action Oriented
Learning

Purposeful Interaction

Iterative Learning

Safe Environment

Feedback is a Gift



Our current Session Catalogue

Leadership

Building High Performing Teams | Communication Skills Cultivating a Growth Mindset | Leadership Competence | Building Executive Presence
| Self-Development | Strategic Mindset
Visionary Leadership | Resilience Through Change
Navigating Change

Feedback

Giving Feedback | Diving Deeper in Feedback Skills
Establishing a Culture of Feedback | Leading Powerful Conversations
Building Trust & Psychological Safety | Exchanging Fearless Feedback

Personal & Team Skills

Taking Ownership & Self-Direction | Unlocking Your Full Potential
Time Management | Relationship Building | Emotional Intelligence
Efficiency & Productivity | Active Listening

Diversity, Equity, & Inclusion

The Value of Inclusivity | Leading Inclusively | Going Beyond: Belonging
| Systematic Racism & the Black Experience | Sexism & the Woman
Experience | The LGBTQIA+ Experience
Intercultural Competence | Fostering a Confidence Mindset
Staying True to You | Creating the Impact You Want

Team Collaboration

Hybrid Team Work | Conflict Management
Intercultural Competence





GROW YOUR LEADERSHIP SKILLS

WITH GROUP COACHING BY BLINKIST



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