

# ***CALIFORNIA INTERSCHOLASTIC FEDERATION***

## ***2016 TRACK AND FIELD CHAMPIONSHIP HANDBOOK***



**June 3 and 4, 2016**  
**Veterans Memorial Stadium**  
Clovis Unified School District  
**Buchanan High School**  
1560 N. Minnewawa Ave.  
Clovis, CA 93619

**PURSUING VICTORY WITH HONOR**

[www.cifstate.org](http://www.cifstate.org)

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**[CLICK HERE for Paralympic Handbook](#)**

# **2016 CIF STATE TRACK AND FIELD CHAMPIONSHIPS**

## **Advance Information Bulletin**

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4658 Duckhorn Ave., Sacramento, CA 95834  
916-239-4477- Fax: 916-239-4478  
www.cifstate.org*

### **MANAGEMENT**

The State CIF cordially invites you to participate in the 98<sup>th</sup> Annual **CIF STATE HIGH SCHOOL TRACK AND FIELD CHAMPIONSHIPS** to be held at **Veterans Memorial Stadium, Clovis Unified School District, located near the Buchanan High School campus.**

The Meet will be managed by the State CIF Office, which will have final authority and responsibility for the Championships.

### **MEET DIRECTOR**

**Brian Weaver**

Buchanan High School  
1560 N. Minnewawa Ave.  
Clovis, CA 93619  
Tel: 559-327-3281 (O), 559-281-5698 (C)  
Email: brianweaver@cusd.com

### **MEET DIRECTOR (Logistics)**

**Joe Aiello**

Clovis Unified School District Office  
1450 Herndon Avenue  
Clovis, CA 93611  
Tel: 559-327-9380  
Email: joeaiello@cusd.com

### **DATE/TIMES**

The event will be held on Friday, June 3, and Saturday, June 4, 2016

### **QUALIFYING**

#### **FRIDAY, JUNE 3, 2016**

Athletes/Coaches' Gate Opens	12:00 P.M.
Stadium Gates Open	2:00 P.M.
Field Event Qualifying	3:00 P.M.
Running Event Qualifying	5:00 P.M.

### **CHAMPIONSHIP**

#### **SATURDAY, JUNE 4, 2016**

Athletes/Coaches' Gate Opens	2:00 P.M.
Stadium Gates Open	3:30 P.M.
Field Event Finals	4:30 P.M.
Running Event Finals	6:00 P.M.

### **ATHLETES' CODE OF CONDUCT/ COACHES' RESPONSIBILITY FOR SUPERVISION**

The following code of conduct for athletes and coaches is required:

- School personnel are expected to supervise students at all times - including travel to and from the meet and at any time the students are present in the host city, in a restaurant or hotel, or in any other location.
- School personnel are expected to set high standards of behavior that are meant to show the highest form of respect for themselves, their school/community and also others and their property.
- These standards must include clear prohibition of the use of any illegal substance, tobacco or alcohol.

- Students' conduct, as well as the conduct of coaches and other school personnel, will reflect positively or negatively upon themselves, their families, the school and the sport. **It is the expectation of CIF that standards of behavior will be set and discussed with students before traveling to the meet and that standards will be enforced throughout the time the students are away from school for the event.**

**NOTE:** Competitors will not be permitted to work out at Veterans Memorial Stadium any time within five (5) days prior to the State Track Meet. Any violation of the work out prohibition will result in disqualification. Buchanan High School is exempt from this rule as Veterans Memorial Stadium is their home track.

## **COMPETITION RULES**

The Track and Field Rule Book of the National Federation of State High School Associations will be the official rules and regulations for both boys and girls, superseded by State CIF or policies of the CIF Track Advisory Committee or Track and Field Championship Management Committee.

## **NUMBER OF COMPETITORS**

Sections are allowed the following entries as per State Federated Council rule:

<i>CIF Southern</i>	6	<i>CIF Central</i>	3	<i>CIF Northern</i>	1
<i>CIF North Coast</i>	3	<i>CIF Central Coast</i>	3	<i>CIF San Francisco</i>	1
<i>CIF Los Angeles</i>	3	<i>CIF San Diego</i>	3	<i>CIF Oakland</i>	1
<i>CIF Sac-Joaquin</i>	3				

## **ENTRIES/SCRATCHES**

Entries close and are final, except for circumstance of clerical error, at 8:00 p.m. on the Saturday of the week preceding the first day of competition. Any scratches received after that point will be subject to penalty under the **Honest Effort Rule**. Coaches and athletes must decide at their section qualifying meets which events they intend to compete in at the State Championships. Sections may move non-qualifiers into any vacancies created by scratches prior to the entry deadline.

**All original entry information and subsequent scratches/additions must be submitted by the Section Commissioner or his/her designee.** No other entry changes or additions will be accepted.

Coaches must make sure Section Meet Managers submit the correct names/alternates **(6 total names)** to the State Championship Meet. There will be an opportunity to make changes/corrections after the names are posted on the State CIF website on Sunday afternoon. Email [halharkness@yahoo.com](mailto:halharkness@yahoo.com) up to 4:00 pm on Monday, May 30, 2016. After the Monday deadline, you may only run the names that have been entered.

## **AT-LARGE ENTRIES**

Sections may enter additional competitors provided they have met or bettered the “At-Large” standard for their event in their Section Meet that qualifies athletes for the CIF State Track and Field Championships. In the running events, all times must be recorded on “Fully Automatic Timing” systems (FAT). No hand times will be accepted.

**CIF State Meet At-Large Standards**

<b>Boys</b>		<b>Boys</b>		<b>Girls</b>		<b>Girls</b>	
100m	10.73	4x100R	41.95	100m	11.91	4x100R	47.32
200m	21.68	4x400R	3:18.01	200m	24.18	4x400R	3:50.34
400m	48.25	HJ	6'7"	400m	55.74	HJ	5'5"
800m	1:53.31	PV	15'0"	800m	2:11.47	PV	11'7"
1600m	4:15.36	LJ	22'6"	1600m	4:54.91	LJ	18'1"
3200m	9:07.63	TJ	46'5"	3200m	10:35.25	TJ	38'4"
110m H	14.32	SP	56'0"	100m H	14.11	SP	41'9"
300m H	38.37	Discus	168'9"	300m H	42.95	Discus	133'6"

## **HONEST EFFORT RULE**

Competitors who have qualified for and been entered into more than one event, must honestly participate in the qualifying and final round in each event for which the athlete is declared or the athlete will be barred from further competition in the meet. Athletes must compete with maximum effort and/or qualify from trials into the finals.

*Note 1: It is understood that passing on attempts in field events is a strategy in those events and is not considered a question of honest effort.*

*Note 2: Athletes may appeal a disqualification on the grounds of "Hardship" to the Referee/Games Committee/Jury of Appeals.*

## **WARM-UP AREA**

The warm-up area for all events will be located on the field north of the stadium track. **Access to this area will be limited to athletes, coaches wearing wristbands and members of the media with proper credentials.** The gate will open at 12:00 on Friday and 2:00 on Saturday. No members of the general public will be allowed to enter the warm-up field. Interviews with the media may be conducted in the warm-up area, but should not conflict with an athlete preparing for a later event. Large ice chests must remain in this area. Tents in warm-up area may only be placed along the northern section (by baseball stadium) of the area. No tents along the stadium side fence or fenced area of the discus. **The warm-up area will be closed after the call for the Boys' 1600 relay event on Saturday due to the preparation for the fireworks show. It will reopen afterwards.**

## **CLERK OF THE COURSE - ALL EVENTS**

The Clerk will be located in the white tent on the ramp by the main entrance of the stadium. Entrance to the main field will be down the ramp. Please note that cell phones, iPods and other music devices are not allowed at the Clerk of the Course tent or on the infield.

## **FIELD EVENT INSTRUCTIONS**

Athletes participating in the discus throw will report directly to the discus area. Athletes competing in all other field events must report to the Field Event Clerk at the Clerk of the Course tent before entering the field from the warm-up area. **ATHLETES WHO REPORT LATE WILL BE SCRATCHED.** Competitors who are entered in field events being held simultaneously must report to each event's official for check-in, otherwise the athlete will be scratched. If the field event is in conflict with a running event, the athlete must secure a release from the field event official and report to the Clerk of the Course. All field event warm-ups will begin one (1) hour prior to the start of competition (except Pole Vault which will be 1 ½ hours) or as soon as the facility is available following the completion of an earlier event.

CIF and Meet Management recognize that weather conditions may be a factor in competition and valley temperatures may impact performance. With this in mind, all field event participants must check in and be present for instructions relative to the competition. During preliminary competition athletes are assigned to flights. It is acceptable for those athletes that are not currently participating in a flight to leave the competition area to find shade. **It is the athlete's responsibility to be aware of event progression and report to the field of competition when their flight is called.** Athletes that do not report when their flight is called will be scratched and honest effort rules will be enforced. Athletes currently competing in their flight that request to leave the field to use the restroom must be escorted to the restrooms by an event official. Athletes requesting to leave the competition to compete in another event will need to check out and check back in with the event judge. At no time is the athlete checking out of their field event to compete in another event allowed to leave the stadium to confer with their coach. **Once an athlete has reported to a field event venue and has been checked in, he/she may not leave that venue while still alive in the competition except to use the restroom. Viewing video replay shall not take place during this period. Rule 3-2-8c "State Associations may also have policies in place to further address the use of electronic devices."**

**No colored liquids or food may be brought into the competition area (track/infield)  
Chairs may not have four legs, only a straight bar along the bottom.**

**Qualifying for Saturday:** Long Jump, Triple Jump, Shot Put and Discus - 12 will advance to the Saturday final round. All 12 competitors will be given three (3) preliminary trials and the nine (9) best marks will be given three final trials. The order of the competition in the final round shall be poorest prelim mark first and best prelim mark last with the other competitors placed accordingly. Marks made in Saturday preliminary round shall carry over to the finals and shall be considered when determining final places. On Friday, each contestant in the shot put, discus, long jump and triple jump will be allowed three (3) trials. Marks recorded in Friday's qualifying round **will not** carry over into the championships.

High Jump and Pole Vault-Twelve (12) will advance to Saturday finals. Normal tie breaking rule (rule 7-3) will be used to advance to finals. When competition is completed at a field event, the area will be closed and no further practice will be allowed.

**Equipment/Implements:** Competitors are responsible for their own equipment and only legally certified implements will be allowed in competition. The weight and measures table will be set up at the Field House near the warm-up area, beginning at 1:00 p.m., on Friday. Implements for those athletes qualifying for Saturday's championships will be impounded and secured by Meet Management immediately following the completion of Friday's competition.

**NOTE:** Athletes competing in field events may not cross the track to confer with coaches in the stands. **Communication between athletes and coaches using electronic devices, including cell phones and pagers, is strictly prohibited (rule 4-6-7e).** Coaches/athletes may meet only in the warm-up area by the field house. Discus competitors may confer with coaches in designated area at the end of the right sector line. Coaches are also reminded of rule 4-6-7e (Cellphones) and 4-6-7g (Videotape).

### **STARTING HEIGHTS OF HIGH JUMP AND POLE VAULT**

Starting Heights will be determined by Meet Management after all entries are submitted. Under no circumstances, will the opening height in any event be higher than the 40<sup>th</sup> percentile of section entry marks. All relevant information will be posted on the CIF website ([www.cifstate.org](http://www.cifstate.org)) early in the week of the state meet. Continuing flights of "five alive" will be used until there are eight (8) or fewer competitors at the next height change.

### **POLE VAULTERS/HIGH JUMPERS COMPETING IN OTHER EVENTS:**

Athletes may be excused for a maximum of thirty (30) minutes to participate in another event. Permission may be granted by the Head Event Official and the time the athlete departs is to be noted on the Official Event Sheet.

An athlete may request the Head Event Official to complete his/her trials at the current height out of order or opt to return to the event with the number of trials remaining he/she was excused with.

In both above cases, the competition will continue and the athlete will return at wherever the crossbar has been raised during his/her excused absence.

### **RUNNING EVENT INFORMATION**

Assignment to heats will be made on the basis of times achieved in section qualifying meets. Section Commissioners/Meet Managers must submit entries/marks to Hal Harkness via **Hy-Tek** backup file from their qualifying meets. The data file must also include full names of all participants/alternates on each entered relay team. **DO NOT REPORT DIRECTLY TO THE STARTING LINE WITHOUT FIRST CHECKING IN WITH THE CLERK OF THE COURSE.**



There will be three (3) heats in each running event through 400 meters, each heat winner, plus the next six (6) fastest times will qualify for Saturday's finals.\* There will be three (3) heats in the 800 meters with 12 advancing from the prelims to the finals. The first three places in each of the three (3) heats will automatically advance as well as the remaining three (3) fastest times. Races will be run in two (2) alleys with the fastest entry in the outside of the outside alley and the other runners in ascending order. There will be two (2) heats in the 1600-meter run, with runners starting in alleys for the first turn. The first (4) placers in each heat, plus the next fastest four (4) times will qualify for Saturday's final. The 3200-meter run will be conducted as a final only for all entrants on Saturday. Runners will use alleys for the first turn.

\*Additional heats may be necessary to the number of athletes meeting the at-large standards.

The 1600-meter relay will use a THREE-TURN STAGGER. **ALL STARTING BLOCKS AND BATONS** will be supplied by meet management and no other blocks or batons may be used.

### **RUNOFF**

In the event a runoff is necessary to determine advancement to the finals, it will be held immediately after the conclusion of the preliminary meet, or 30 minutes after the last event contested by one of the participants if the time is needed at the end of the preliminary meet.

### **HEAT/LANE ASSIGNMENTS FOR QUALIFYING RACES**

All running events will be seeded as equally as possible, based on section final times. All races will be seeded with the fastest qualifier in lane #5. The remainder of lanes will be seeded as 6, 4, 7, 3, 8, 2, 9, 1. Seeding for the 800m and 1600m, will be run in allies and seeded based upon time. Starting in lane one working out will be 12, 11, 10, 9, 8, 7, 4, 3 seeds. The outside ally will be 1,2,5,6 seeds.

### **LANE ASSIGNMENTS FOR FINAL RACES**

Lanes will be assigned with the same priority, with the fastest qualifier in lane #5. Final lane assignments will be assigned by time only.

### **TRACK CONSTRUCTION**

Veterans Memorial Stadium has a Mondo 400-meter track with nine 46-inch lanes. Runways and high jump take off area are of the same surface. The shot put and discus circles are concrete.

**Spikes: Pyramid up to 3/16". No other spikes will be allowed; shoes will be checked before entering the field for both running and field events. Spikes will be available for sale.**

### **TIMING SYSTEM**

A dual **Finishlynx** photo timing system will be used.

## **TEAM SCORING**

Eight places will score towards the team award. Six places will receive medals and be announced on the victory stand. All events will score the following points:

1st Place	10 points	4th Place	5 points	7 <sup>th</sup> Place	2 points
2nd Place	8 points	5th Place	4 points	8 <sup>th</sup> Place	1 point
3rd Place	6 points	6th Place	3 points		

## **PARLYMPIC SCORING**

The top six (6) athletes in each event will receive medals and score points.

Modified scoring will be as follows: 1<sup>st</sup> place = 2 points. 2<sup>nd</sup> – 6<sup>th</sup> place = 1 point each.

The **maximum** point total obtained in the WHEELCHAIR AND AMBULATORY division towards the team championship may not exceed 6 points per gender. If the combined score of Paralympic and Team scoring displaces the first or second place team, dual team awards will be issued.

## **COACHES CORNER**

A "Coaches Corner" will be established in the north corner of the backstretch grandstand (participant/coaches area). All questions/concerns regarding the meet will be addressed in this area. Official results of all events will also be posted adjacent to the Coaches Corner.

## **APPEALS**

All appeals must be submitted in writing to the "**Coaches Corner**" under procedures as outlined in National Federation rule 2-3-3.

## **UNIFORMS**

National Federation rule 4-3 pertaining to uniforms will be strictly enforced. All athletes competing must wear **THEIR SCHOOL ISSUED UNIFORM AND SWEATS AT ALL TIMES.** No other uniform or clothing may be worn during warm-up, competition, or on the Victory Stand. National Federation rule 4-3-3 regarding wearing jewelry will be enforced. Also, hip numbers must be visible at all times. Violations of the above rules will result in disqualification from an event.

## **TRACK QUALIFYING (FRIDAY)**

This schedule may be lengthened if four heats are necessary in any event(s)

### **Girls 4x100 Relay**

Heat 1	6:15
Heat 2	6:21
Heat 3	6:27

### **Boys 4x100 Relay**

Heat 1	6:32
Heat 2	6:37
Heat 3	6:42

### **Girls 1600 Meter Run**

Heat 1	6:47
Heat 2	6:55

### **Boys 1600 Meter Run**

Heat 1	7:03
Heat 2	7:11

### **Girls 100 Meter Hurdles**

Heat 1	7:17
Heat 2	7:22
Heat 3	7:27

### **Boys 110 Meter Hurdles**

Heat 1	7:34
Heat 2	7:38
Heat 3	7:42

### **Combined 400m Dash**

Final	7:45
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### **Girls 400 Meter Dash**

Heat 1	7:50
Heat 2	7:55
Heat 3	8:00

### **Boys 400 Meter Dash**

Heat 1	8:06
Heat 2	8:11
Heat 3	8:16

### **Girls 100 Meter Dash**

Heat 1	8:22
Heat 2	8:27
Heat 3	8:32

### **Boys 100 Meter Dash**

Heat 1	8:37
Heat 2	8:42
Heat 3	8:47

### **Girls 800 Meter Run**

Heat 1	8:51
Heat 2	8:56
Heat 3	9:01

### **Boys 800 Meter Run**

Heat 1	9:06
Heat 2	9:11
Heat 3	9:16

### **Girls 300 Meter Hurdles**

Heat 1	9:20
Heat 2	9:25
Heat 3	9:30

### **Boys 300 Meter Hurdles**

Heat 1	9:35
Heat 2	9:40
Heat 3	9:45

### **Girls 200 Meter Dash**

Heat 1	9:50
Heat 2	9:55
Heat 3	10:00

### **Boys 200 Meter Dash**

Heat 1	10:05
Heat 2	10:10
Heat 3	10:15

### **60 Meter Dash (Traditional)**

Final	10:20
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### **60 Meter Dash (Unified)**

Final	10:25
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### **Girls 4x400 Relay**

Heat 1	10:31
Heat 2	10:38
Heat 3	10:45

### **Boys 4x400 Relay**

Heat 1	10:51
Heat 2	10:58
Heat 3	11:05

## **FIELD EVENT QUALIFYING (FRIDAY)**

<b><u>EVENT</u></b>	<b><u>REPORTING TIME</u></b>	<b><u>STARTING TIME</u></b>
(Report to Field Event Clerk of Course)		
Girls Discus	2:45pm	4:00pm
Girls LJ	3:45pm	5:00pm
Boys TJ	3:45pm	5:00pm
Girls HJ	3:45pm	5:00pm
Boys Discus	5:30pm	6:30pm
Boys Pole Vault	5:00pm	6:30pm
Girls Pole Vault	5:00pm	6:30pm
Girls Shot	5:00pm	6:30pm
Para Shot	6:00pm	7:00pm
Boys HJ	6:45pm	8:00pm
Boys LJ	7:00pm	8:00pm
Girls TJ	7:00pm	8:00pm
Boys Shot	8:00pm	9:00pm

## **FIELD EVENT CHAMPIONSHIPS (SATURDAY)**

<b><u>EVENT</u></b>	<b><u>REPORTING TIME</u></b>	<b><u>STARTING TIME</u></b>
(Report to Field Event Clerk of Course)		
Girls' Discus	3:30 p.m.	4:30 p.m.
Girls' High Jump	5:00 p.m.	6:00 p.m.
Girls' Long Jump	5:00 p.m.	6:00 p.m.
Boys' Triple Jump	5:00 p.m.	6:00 p.m.
Girls' Pole Vault	5:15 p.m.	6:15 p.m.
Boys' Discus	5:30 p.m.	6:30 p.m.
Girls' Shot Put	5:30 p.m.	6:30 p.m.
Boys' High Jump	7:00 p.m.	8:00 p.m.
Boys' Long Jump	7:00 p.m.	8:00 p.m.
Girls' Triple Jump	7:00 p.m.	8:00 p.m.
Boys' Pole Vault	6:15 p.m.	7:15 p.m.
Boys' Shot Put	7:30 p.m.	8:30 p.m.

## **TRACK CHAMPIONSHIPS (SATURDAY)**

7:00	Girls'	400m Relay	8:55	Girls'	800m Run
7:10	Boys'	400m Relay	9:05	Boys'	800m Run
7:20	Girls'	1600m Run	9:15	Girls'	300m LH
7:30	Boys'	1600m Run	9:25	Boys'	300m IH
7:45	Girls'	100m High Hurdles	9:35	Combined	200m Dash
7:55	Boys'	110m High Hurdles		(Wheelchair/Ambulatory)	
8:05	Girls'	400m Dash	9:45	Girls'	200m Dash
8:15	Boys'	400m Dash	9:55	Boys'	200m Dash
8:25	Combined	100m Dash	10:10	Girls'	3200m Run
	(Wheelchair/Ambulatory)		10:25	Boys'	3200m Run
8:35	Girls'	100m Dash	10:40	Girls'	1600m Relay
8:45	Boys'	100m Dash	10:50	Boys'	1600m Relay

## **MEET CREDENTIALS**

Coaches **only** (State CIF Bylaw 309) may pick up credential packets at the athletes/coaches entrance gate beginning at **10:00 a.m. on Friday, June 3<sup>rd</sup>**. Packets may be picked up on **Saturday** at the athletes/coaches entrance gate from **2:00 – 6:00 p.m.**.

## **PARTICIPANTS IDENTIFICATION BANDS**

**One** wristband, good for both Friday and Saturday, will be issued to each competing athlete. These bands must be worn by athletes only for entrance through the Athlete entrance gate. Athletes wristbands are distributed to schools solely for use by participating athletes. **Any adult attempting to use an athlete's wristband for admission will have the wristband confiscated and be denied entrance to the meet.**

Participants may enter the stadium **only** at the gate at the north of the field house. Wristbands will not be accepted for entrance at any other stadium gate. Only athletes and coaches will be allowed entrance through the Athletes/Coaches' gate.

## **COACHES IDENTIFICATION BANDS**

**Two** wristbands, good for both Friday and Saturday, will be issued to each boy's team coach and each girl's team coach and any additional personnel must purchase tickets. No replacement bands will be issued and admission will be available with a purchased ticket.

Coaches wearing wristbands will be admitted to the stadium only through the Athletes/Coaches' gate north of the field house. **COACHES WILL NOT BE PERMITTED ON THE FIELD AT ANY TIME!**

## **AWARDS**

Medals will be awarded to the first six (6) placers in each final event. They will be escorted to the Victory Stand for the awards ceremony immediately following the conclusion of their event. Where ties occur, contestants involved will draw lots for immediate presentation of the medal and duplicate medals will be mailed to other tying competitors.

Team championship awards will be presented approximately 15 minutes following the conclusion of the final event of the meet.

## **INHALERS**

Any contestant using an inhaler (atomizer) **must present a physician's statement to the Clerk of the Course prior to competition** documenting the need to use a prescriptive device/substance during competition. Failure to do so will result in disqualification **(Rule 4-6-7, Note 1)**.

## **DRESSING FACILITIES**

No Dressing Rooms will be available at Veterans Memorial Stadium. Athletes should arrive prepared to compete.

## **EMERGENCY MEDICAL SERVICES**

Emergency Medical Personnel will be on site to handle injuries, etc. Athletic Trainers will be on site. Schools may provide their own training services, but space will not be provided in the warm-up area for this purpose.

## **INCLEMENT WEATHER/GAMES COMMITTEE POLICY**

In the event that inclement weather, or any other unforeseen condition that might force delay or postponement of a portion of the State CIF Track and Field Championships, a meeting shall be called immediately. This meeting will consist of the State CIF Track and Field Advisory Committee, plus designees of sections not having membership on the Advisory Committee (Games Committee). The purpose of the meeting will be to discuss current and anticipated conditions at the site and make a recommendation to the State CIF Executive Director, or his/her designee, as to whether the competition could safely proceed as scheduled, be delayed until a later time that day, or be postponed until the following day. A decision to reschedule to the next day would not be made until all other options available had been exhausted.

## **ADMISSIONS POLICY**

The stadium will open on Friday at 2:00 p.m. and Saturday at 3:30 p.m. for spectators.

The following items will not be allowed in the Stadium: tobacco, alcohol, firearms and glass containers. Ice chests must be smaller than 14" x 14" x 14". Ice chests, bags & purses will be checked at the gate. Tents will only be allowed in the warm-up area or the grass area behind the portable bleachers at the Southeast end of the stadium (new scoreboard end). No tents will be allowed in the bleachers or on the berms.

Admission prices for tickets will be as follows: (Note: Children under 5 are admitted free)

### **FRIDAY, June 3, 2016**

Children (under 13)	\$ 7.00
Seniors (65+)	\$ 7.00
Students (w/ high school ID)	\$ 7.00
General Admission	\$10.00

### **SATURDAY, JUNE 4, 2016**

Children (under13)	\$ 8.00
Seniors (65+)	\$ 8.00
Students (w/ high school ID)	\$ 8.00
General Admission	\$12.00

**State CIF Gold Life Passes** and **State CIF Courtesy Cards (2015-2016)** will be the **ONLY** passes accepted. Gate personnel will be instructed accordingly (see below). People holding these passes must enter through the "Pass" gate, located to the left of the ticket booths

State CIF Courtesy Card



State CIF Lifetime Pass



## **PARKING**

There will be a **\$5.00** (\$10 for RVs) general parking fee at the stadium each day. This will include cars with handicap passes. Entrances to these lots are off Minnewawa, Peach or Teague Avenues. People with parking passes will enter off of Nees Avenue just west of the Stadium. There is no overnight parking of RVs on the campus. RVs can be parked in the water tower parking lot or the Rodeo Grounds in downtown Clovis.

## **OFFICIAL MEET PROGRAM**

In order to produce a quality program, which includes photographs of the outstanding athletes in each CIF Section, coaches are requested to email photographs to **Rebecca Brutlag** at the CIF State Office by **WEDNESDAY, May 11** ([rbrutlag@cifstate.org](mailto:rbrutlag@cifstate.org))

## **MEDIA INFORMATION**

### **PRESS SEATING**

Seating for the press will be provided at the top of the grandstand on the backstretch. Please note that those reporters working on a daily deadline will receive first priority for press seating. The press will NOT utilize the very limited seating in the announcer's booth.

### **PRESS CREDENTIALING**

All media outlets desiring credentials for their reporters/photographers must make their request on the official media request form and submit to the State CIF office no later than **Tuesday, May 31, at 12 p.m.** Credential request forms can be found on the "Media Center" of the CIF website ([www.cifstate.org](http://www.cifstate.org)). **Submission of the completed media credential request form does not ensure approval for media credentials. All requests will be reviewed and approval/denial will be communicated via email to the email address provided on the credential application.**

The following will be considered when reviewing applications:

- ❑ Is the primary purpose of the publication or affiliation to promote high school sports for their readers?
- ❑ How many media members are needed per affiliation to complete the task above? In most cases, up to two media and one photo per affiliation will be accepted.

**NOTE:** Affiliations and Internet sites not immediately known to us may be asked to send stories/photos verifying the purpose as set above.

***NOTE: CREDENTIAL REQUESTS RECEIVED AFTER Tuesday, May 31, MAY NOT BE HONORED. All requests will receive an approval/denial by return email. NO MEDIA REPRESENTATIVE WILL BE ADMITTED WITHOUT AN APPROPRIATE MEDIA/PHOTO CREDENTIAL ISSUED BY THE CIF. MEDIA MUSH SHOW DRIVER'S LICENSE /PHOTO ID TO OBTAIN CREDENTIAL ON-SITE.***



## **INTERVIEWS**

There will be a press interview area available on the grass berm between the Clerk of the Course and the backstretch grandstand. At no time are credentialed media allowed on the field. Credentialed photographers are allowed on the field **only** to take photographs. Photographers seen conducting interviews on the field will be directed to the **warm-up** area.

## **WILL CALL**

Media credentials will be available for pick-up at will call (near Athletes/Coaches' entrance north of the fieldhouse).

## **MEDIA PARKING**

Media parking will be located in the lot located west of the Stadium. Complimentary parking will be available for properly credentialed members of the media on a space available basis.

## **INTERNET ACCESS**

Wireless Internet access will be made available to the press by the Clovis Unified School District.

**CIF does not provide phones or phone lines. Members of the media, therefore, need to bring their own phones to the site.**

## **RADIO/TELEVISION**

**Radio** rights fees for the CIF State Track and Field Championships are negotiable. Arrangements must be made through **Rebecca Brutlag, Media Relations Officer**, at 916-239-4477. Time Warner Cable, the Official Television Broadcaster of the CIF, owns all television/webcasting rights for this event. There is no fee for periodic progress reports by radio and television stations. **Location of radio and television equipment will be at the discretion of the meet director.**

## **MEDIA PACKET**

Media will receive a copy event program when they pick up their credential. Updated heat sheets will be available in the media tent prior to Saturday's finals. Media credentials will be available on **Friday, June 3<sup>rd</sup> starting at 10:00 a.m.** **They will be available on Saturday, 2:00 – 6:00 p.m.**

## **PROHIBITED ACTIVITIES**

Video streaming of the track meet events or the selling of unauthorized photographs is prohibited.



***Special rates have been negotiated for CIF Track at these participating hotels. To Book Rooms, please go to the***

**[Fresno/Clovis Convention & Visitors Bureau](#)**

**Housing Site: [https://playfresno-housing.org/events/event\\_details/255](https://playfresno-housing.org/events/event_details/255)**

**E-mail: [admin@fresnocvb-housing.org](mailto:admin@fresnocvb-housing.org) (for questions)**

**or**

**Contact: Andrew Smith  
[Andrew.Smith@Fresnocvb.org](mailto:Andrew.Smith@Fresnocvb.org)  
**559-981-5500****

## **Local Sponsorship and Community Support**

The California Interscholastic Federation and Clovis Unified School District would like to thank the following companies and organizations for their support of the 2016 CIF State High School Track and Field Championships:

### **Gold Medal Sponsors**

Clovis Unified School District  
The Fresno Bee

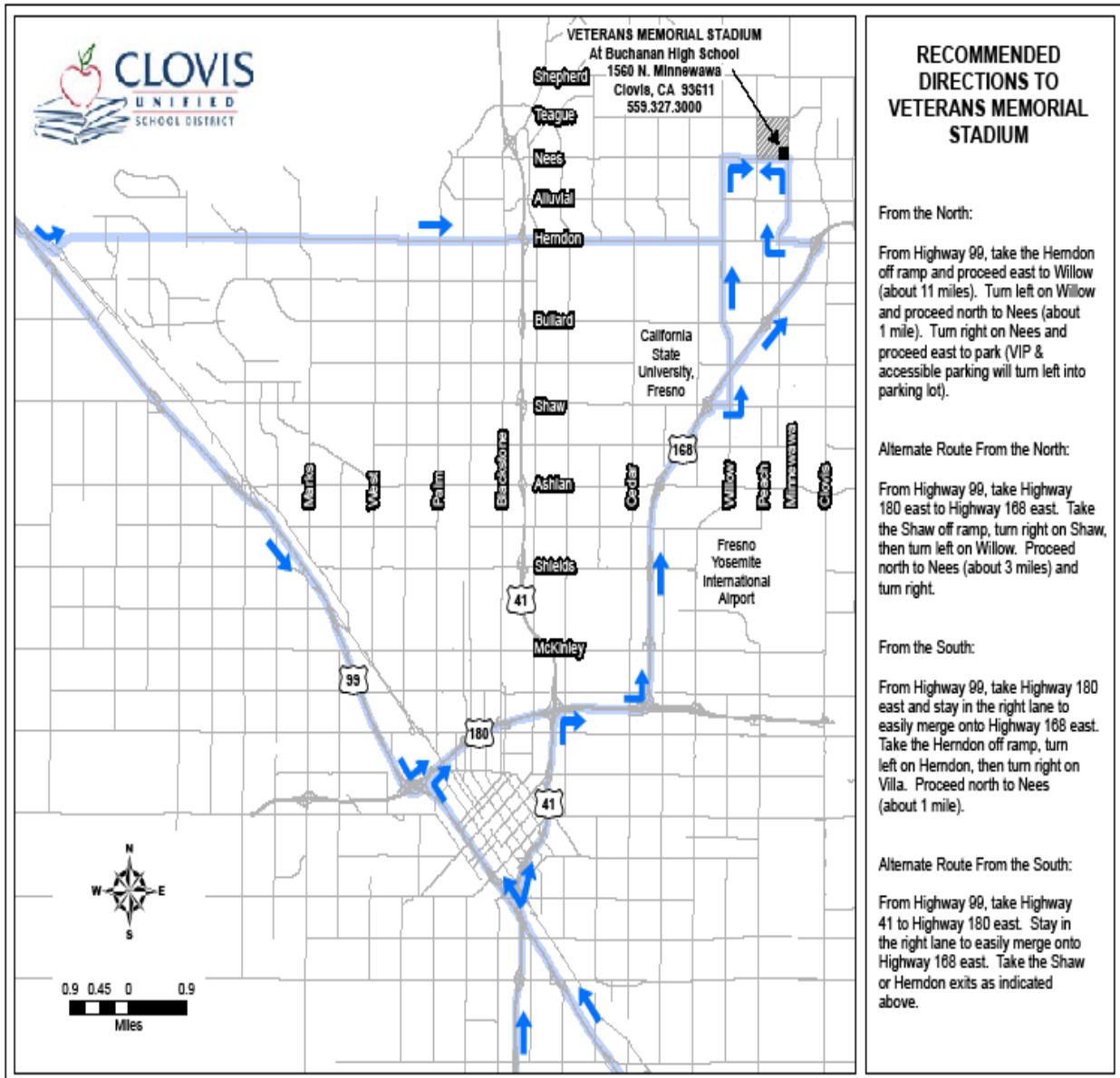
### **Silver Medal Sponsors**

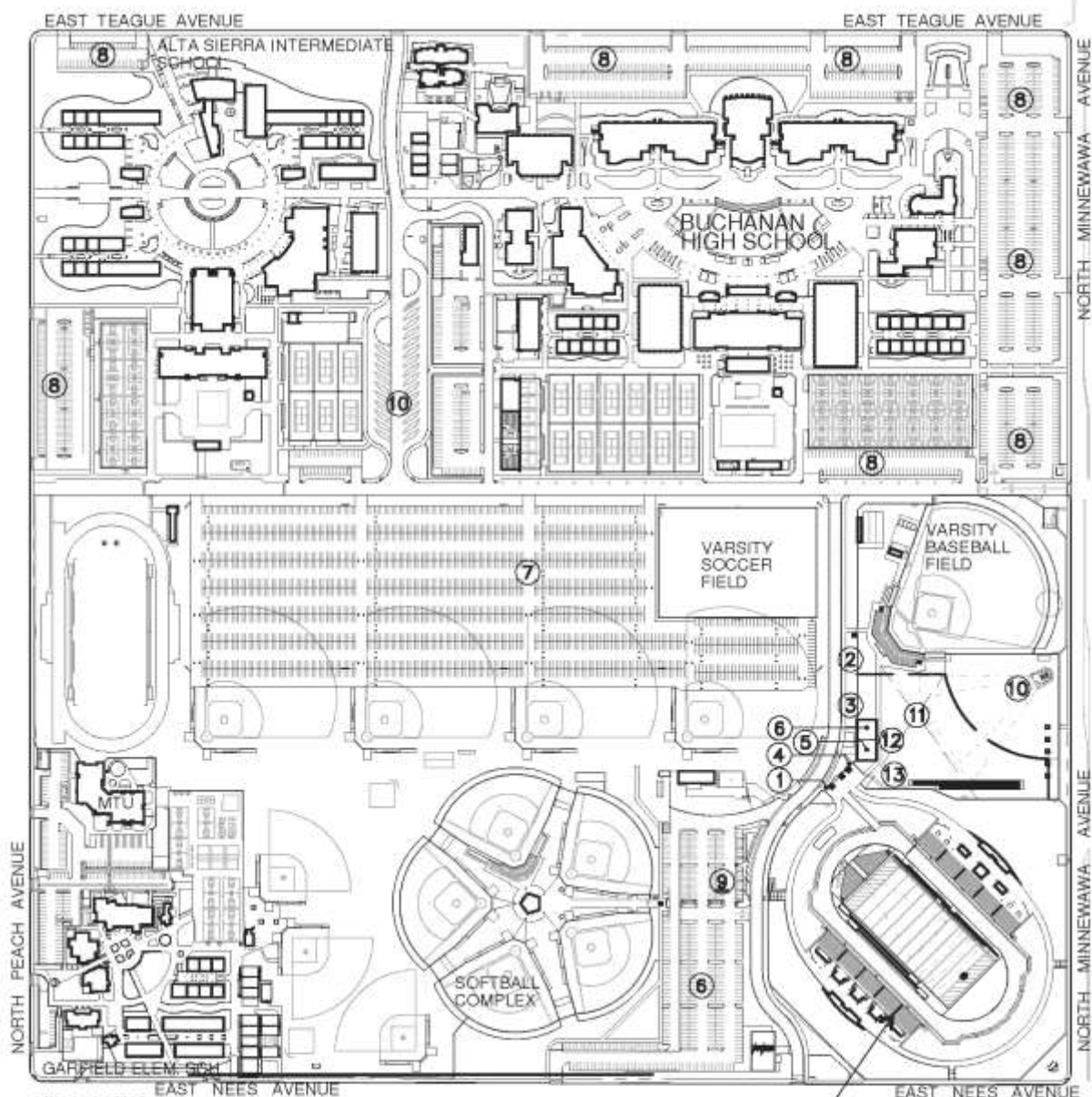
Blair, Church and Flynn Consulting Engineers  
City of Clovis  
Fresno/Clovis Convention and Visitors Bureau  
Harris Construction  
Mondo USA  
P – R Farms  
Pro-Screen, Inc.  
SpringHill Suites  
Xerox

### **Bronze Medal Sponsors**

American Ambulance  
Old Town Clovis Kiwanis  
Sierra Pacific Orthopedics  
UCS Spirit

## DRIVING DIRECTIONS





#### KEY NOTES:

- ① MAIN GATE & TICKET SALES
- ② DISCUS EVENT ENTRANCE
- ③ ATHLETES/COACHES/ OFFICIALS GATE
- ④ CLARK OF THE COURSE
- ⑤ "VIP" HOSPITALITY
- ⑥ OFFICIALS
- ⑦ SOCCER FIELDS TO ACCOMMODATE UP TO 2500 PARKING STALLS.

- ⑧ PARKING THAT WILL BECOME AVAILABLE THROUGH-OUT THE AFTERNOON ON FRIDAY AND AVAILABLE ALL DAY ON SATURDAY.
- ⑨ HANDICAPPED PARKING
- ⑩ DISCUS EVENT
- ⑪ WARM-UP AREA
- ⑫ WEIGHTS & MEASURES
- ⑬ FIRST AID

EAST NEES AVENUE  
VETERANS  
MEMORIAL  
STADIUM  
1560 N. Minnewawa  
Clovis, CA 93611

## SITE PLAN BUCHANAN EDUCATION CENTER





**APPENDIX II**  
**2016 CIF STATE TRACK AND FIELD CHAMPIONSHIPS**  
***Supervision Form***

**ATHLETES' CODE OF CONDUCT/ COACHES' RESPONSIBILITY FOR  
SUPERVISION**

The following code of conduct for athletes and coaches is required:

- School personnel are expected to supervise students at all times - including travel to and from the meet and at any time the students are present in the host city, in a restaurant or hotel, or in any other location.
- School personnel are expected to set high standards of behavior that are meant to show the highest respect for themselves, their school and also others and their property.
- These standards should include clear prohibition of the use of any illegal substance, tobacco or alcohol.
- Student's conduct, as well as the conduct of coaches and other school personnel, will reflect positively or negatively upon themselves, their families, the school and the sport. **It is the expectation of CIF that standards of behavior will be set and discussed with students before traveling to the meet and that standards will be enforced throughout the time the students are away from school for the event. Pursuing Victory With Honor principles apply at all times.**

## **APPENDIX III**

### **Communicable Disease Procedures**

While the risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing the potential for transmission of these infectious agents should include, but not be limited to, the following:

1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
2. Routine use of gloves or other precautions to prevent skin and mucous membrane exposure when contact with blood or other body fluids is anticipated.
3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
4. Clean all contaminated surfaces and equipment with an appropriate disinfectant before competition resumes.
5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
8. Contaminated towels should be properly disposed of/disinfected.
9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles containing body fluids.

Additional information is available from the National Federation of State High School Associations (NFHS).



TO: ALL ADMINISTRATORS, COACHES AND ATHLETES

FROM: ROGER BLAKE, CIF EXECUTIVE DIRECTOR

DATE: JANUARY 2016

RE: EXPECTATIONS FOR SCHOOLS, COACHES AND STUDENT-ATHLETES  
IN PURSUING VICTORY WITH HONOR<sub>sm</sub>

The CIF was formed, and had its humble beginning, during the 1914-1915 school year with only 65,927 high school students in California and it has been estimated that less than 8,000 boys were participating on their high school athletic teams. Today, California high schools boast over 1.8 million students and this past school year nearly 800,000 students participated in sports on our high school campuses in California.

During the past century, high school sports has transformed from an important local community event to one that is commonly seen on broadcast television and the Internet with full-time websites dedicated to recruiting and blogging about teams, student-athletes and coaches. Most however, still refer to education-based athletics as the last “true amateur sport” venue in America, because our mission and value system is based upon the core foundation of student participation, sportsmanship and fair play. While professional sports, collegiate athletics and even most youth programs have moved toward a business model where finances, positive income and winning is the sole mission, high school sports still remains dedicated to providing opportunities for kids to compete in a safe and fair environment.

Sports add richness to a school culture by providing opportunities for any student who wants them. It is the largest “elective” program on any high school campus. Nationally, and here in California, participation by students in high school sports programs is at its highest level in history proving the desire and need is vast. In the process of deriving enjoyment from participation in athletics (Number one reason kids play sports: Fun), our students are learning life-long skills that help them develop into healthy adults and productive citizens. National research continues to validate that students involved in extra-curricular activities attend more days of school, perform better in the classroom, and have less behavioral issues at school; lower dropout rates and lower alcohol and drug abuse rates, than students who do not participate. The data and the lists of participation benefits are endless.

It is true that we occasionally see acts of poor sportsmanship and behavior by a player or a coach, but the overwhelming majority of school contests reflect the positive elements of Pursuing Victory with Honor<sub>sm</sub>. True, the goal is always to win the contest, but high school sports, when done correctly, places the value of life lessons, character and sportsmanship ahead of winning. It is this ability of education-based sports leaders to keep athletics in its proper perspective that helps separate us from the rest.

It is vital that as sports leaders, parents and fans that we must remember that less than 2% of our participating students will go on and compete in athletics in college. Kids participate in sports because it’s fun and the athletic fields and gymnasium classrooms our schools provide gives adults the opportunity to teach valuable lessons that might not be learned in any other environment. Creating life-long skills and helping create better citizens through participation in education-based athletics is the greatest gift we can give to the future.

Help us create an atmosphere where the students of California can gain a love of competition and personal growth that will help them mature into productive and caring citizens through their participation in sports. As you enjoy these Championship contests, please help by teaching and demonstrating respect. Displays of good sportsmanship will say positive things about you and your school community, and hopefully remind us all that in the end, sports are meant to be fun and enjoyed by not only those participating, but those in attendance.

*Trustworthiness—Respect—Responsibility—Fairness—Caring—Citizen*