

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

Colleagues.

You will see that there are some major adjustments to the 2016 Spring Rules & Regulations and the ENTRY Procedure for this season. This cover page of the Rules & Regulations will have critical dates and points of emphasis.

- Dates:**
- 4/29/16 Post marked Paper Entry is due into the NJSIAA Office. (Forms A & B)
  - 4/29/16 Claim your team no later than 4/29/16 on [nj.milesplit.com](http://nj.milesplit.com) (directions included)
  - 5/21/16 By 11:59 pm, the following **MUST** be completed on [nj.milesplit.com](http://nj.milesplit.com)
    - a) Claim and update MileSplit team roster
    - b) Complete online team entry to correct meet page
    - c) Make sure correct seeds are recorded by MileSplit on your entries

Coach can do all of the above before 5/21/16 BUT no later than 11:59 pm on 5/21/16.

**No Adjustments will be made after midnight 5/21/16!!**

### **NEW ENTRY PROCEDURE!!!!**

The NJSIAA will NO longer be accepting Hytek rosters. DO NOT send rosters to Lou Fraulo. You must now claim your team on [nj.milesplit.com](http://nj.milesplit.com), as listed on page two of this packet. You will manage your roster from there.

These NJ Milesplit rosters will be used for Online registration with the State Section, Group and MOC.

When managing your rosters remember the following:

- a) Check the name spelling
- b) Check the grade years
- c) Report duplicate athletes to [rkellert@milesplit.com](mailto:rkellert@milesplit.com)
- d) Add any freshmen or newcomers you may need for entry
- e) **DO NOT DELETE NAMES!!** Every athlete has their own career profile where verified times and marks are kept.

**Additional NOTE:** Athletes without verified times by the online entry deadline must have a hand written time on their entry card, **HOWEVER** those athletes will **NOT** displace **ANY** downloaded verified seeds from MileSplit regardless of time.

Coaches will be permitted to enter up to 6 athletes per event---**HOWEVER**—only 3 of those 6 entered in that event will be eligible to compete. This will permit for greater flexibility for the coaches the day of the meet.

**Reminder:** An entry is NOT a competitor. Once the athlete checks in, **then** he/she is a competitor.

## ***MileSplit NJ***

[nj.milesplit.com](http://nj.milesplit.com) > Calendar > Find our meet pages

- **Claim Team – MileSplit Team Pages – Claim Team / Roster Video Tutorial**
  - If you have already claimed your team while entering the NJSIAA meets you are all set and can continue to editing / managing your rosters after logging in.
  - If you haven't claimed your team in the past go to the TEAMS page, find your team, claim it on the bottom right. Please provide a school email or another way for the webmaster to quickly verify your coaching connection with the school.
  - The webmaster will approve your claim within 24 hours if not immediately.
- **Editing Team Rosters – Claim Team / Roster Video Tutorial**
  - These MileSplit rosters replace your Hytek rosters, it is important to maintain them.
  - Once you have claimed your team and are approved, go to your team page and click on the Team Manager button located under the team name.
  - There you should see a menu to the left, click on Roster. If the menu is one color or hard to see try to change the colors.
  - \*If you see misspellings click the name and make the correction,
  - \*If you see duplicate athletes report them to [rkellert@milesplit.com](mailto:rkellert@milesplit.com) and Robert Kellert will merge them for you.
  - \*If an athlete does not have a graduation year add it, lets the program know when to push athletes to the alumni page and ranks them correctly by grade in the database.
  - \*The XC and TF tags designate the rosters that will be available during online registration. Please make sure that athletes needed for the meet have the correct tags.
  - If you need new athletes not listed click Add Athlete and fill out at least their gender, first name, last name and graduation year.
  - If there are graduated athletes on your roster, give them an appropriate graduation year to move to alumni.
- **Entering a Meet Online – Meet Entry Video Tutorial**
  - You should have already claimed your team and managed your roster
  - Click the NJ MileSplit site's calendar and find the meet page.
  - On the meet page you will see a green 'Register Online Now' button.
  - From there you will enter your school and fill out the needed information.
  - Make sure you CHECK BOX the correct divisions or else no events will show and you'll have to Edit Divisions Entered on the edit entries page to the right.
  - After entering the divisions you will see all the events where you can enter the athletes.
  - When entering relays please type the order number to the right so the correct names are listed on the results. When all athletes are entered click Done Editing.
  - You can always go back and edit entries via the green Register Online Now button.
  - Seeds will be periodically updated for you by the webmaster. Verified seeds only.

*Run into problems or questions? Contact [rkellert@milesplit.com](mailto:rkellert@milesplit.com) with details such as team, meet, etc...*

2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

1161 Route 130 North, PO Box 487

Robbinsville, NJ 08691

**2016 Boys & Girls NJSIAA/M-F Athletic Outdoor Track Championships**

A successful entry into the tournament (assuming school is a member in good standing and in compliance with all the rules and regulations stated here and in the NJSIAA Constitution, By-laws, Rules and Regulations) requires the school to do two things:

1. **MAIL** in PAPER Entry Form A & B, entry fee and Sportsmanship Form C (Verification Form optional) **by April 29, 2016**
2. **SUBMIT ENTRIES** on NJ.Milesplit.com. **Also make sure you are entering the correct meet and division (Group) on nj.milesplit.com by May 21, 2016.**

TO: ATHLETIC DIRECTORS AND TRACK COACHES

**NOTE:** Eligibility requirements for the NJSIAA/M-F Athletic Outdoor Championships

1. Your spring track dual meet schedule must show that seventy percent (70%) of your competition from the opening of your season to April 29, 2016, was against New Jersey schools.

To verify the 70% rule, all varsity dual meet schedules **MUST** be entered by the start of the season, and scores reported to [www.njschoolsports.com](http://www.njschoolsports.com) as soon as possible after each contest.

**If you don't have dual meets, you need not worry about this requirement.**

2. Your team does not have three varsity player/coach disqualifications before the cutoff date.\* (April 29, 2016)
3. **Your school must be a member in good standing, which means:**
  - a. The NJSIAA office has received your 2015-16 membership dues
  - b. The NJSIAA office has on file your 2015-16 resolution card
  - c. The NJSIAA office has on file your 2015-16 coaches and principal's affidavits
  - d. Your school has no invoices outstanding that are 90+ days overdue
4. **Any varsity team** accumulating three (3) or more player and/or coach disqualifications for flagrant unsportsmanlike conduct prior to the start of a tournament will not be permitted to participate in same. Seeded teams will forfeit their right to compete if a disqualification limit is reached prior to the start of the tournament for the team.
5. **To promote fairness in competition and the health and safety of student athletes, no NJSIAA member school will be eligible to participate in any NJSIAA Championship Tournament if it has violated the Specific Sports Regulations for the sport including, but not limited to, the start of practice, the start and ending of the sport season and the maximum contests permitted during the regular season. The application of this eligibility standard is non-appealable.**
6. **Any player with two (2) or more disqualifications in the current season, prior to the start of an NJSIAA tournament will be ineligible to compete in said tournament.**
7. **Any athlete transferring into your school on or after May 2, 2016, will not be eligible to participate in any NJSIAA Championship Tournament in any spring sport.**

**SPECIFIC SPORTS REGULATIONS (found in the New Jersey State Interscholastic Athletic Association Handbook 2015-2016 Constitution, Bylaws, and Rules & Regulations available on NJSIAA website.)**

**RULE 22. OUTDOOR TRACK**

Section 1. Rules. 2016 The National Federation Track and Field Rules, unless herein modified, shall govern all NJSIAA ... outdoor Track meets.

Section 2. Start of Practice. First Friday of March (March 4, 2016)

Section 3. Start of Regular Schedule. April 1, 2016

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

**Section 4. End of Season.** As provided for in Rule 2, Section 10

[All teams may participate in interscholastic contests up to the final championship in their respective sports. Exceptions: Winter Track – Feb 28 (Golf will be up to and including the Friday before the NJSIAA championships in softball and baseball.) Individual competition shall terminate with the end of said competition.]

**Section 5. Transfers on or after May 2, 2016 are not eligible for post-season play. (See Article IV, Section 4.K. (2). d.**

**Section 6. Meets Per Day.** A competitor shall not compete in more than one meet during the same calendar day.

*CL When there are multiple divisions in a meet on the same day at the same site, e.g., freshman, junior varsity, and/or varsity divisions, an athlete may compete in each of the divisions if the contestant does not violate the **National Federation Participation Rule**, which limits the number of events in which a contestant may compete in a given meet, provided that the contestant does not compete more than once in the same event on that date.*

**Section 7a. Meets Per Week.** A student shall be permitted to participate in a maximum of three (3) meets per week (including scrimmages as provided for in Rule 2, Section 7, Article 2, and sanctioned and championship invitational meets). During the season, team members who compete in outside meets **with the approval of the school** remain eligible for NJSIAA competition; **such meets to be counted as part of the maximum three (3) per week.** Under no circumstances may a student compete on three (3) consecutive days even when a postponed meet is worked into the schedule. (National Federation approved meets are exceptions to this rule.)

**Section 7b. Postponed Meets.** One (1) postponed meet per week may be worked into the schedule, but under no circumstances may a student compete on three (3) consecutive days. Schools are permitted to run one four (4) meet week by league request.

**Section 8. Officials.** In all dual and triangular Outdoor Track Meets there shall be at least two (2) NJSIAA registered track officials; one official to supervise Running Events and designated Meet Referee and/or Starter and/or Head Finish Judge; the other to supervise the Field Events and designated Head Field Judge.

**Section 9. Jewelry.** No watches are permitted to be worn during competition. Religious medals and medical alert medallions may be worn.

**Section 10. Number of Contestants.**

Article 1....Dual Meet Competition – Each team shall be entitled to five (5) entries per event.

**Leagues/conferences) may increase this limit as long as ALL RUNNERS must be eligible to score. Statement to this effect must be forwarded to NJSIAA, outlining the limits being set. When setting limits, conferences should keep in mind what track will safely hold and you are reminded that this adjustment in limits is not supposed to be designed to eliminate the need for junior varsity races when numbers warrant it.**

Article 2....Triangular Competition – Each team shall be entitled to four (4) entries per event.

Article 3....Open, Conference and Championship Meets – Entries determined by sanctioning body or Meet Director.

**Section 11. Standard Events – Boys.** As follows: 100 m, 200 m, 400 m, 800 m, 1600 m, 3200 m, 110 high hurdles (39 inch), 400 m intermediate hurdles (36 inch), 400m Relay\*, 1600m Relay, 3200m Relay\*, Pole Vault, High Jump, Long Jump, Triple Jump, Discus, Shot Put, and Javelin (rubber-tipped). Any variation must be by mutual consent and listed in the contract, or points shall be forfeited for departure from this rule. Open, Conference and Championship meets must receive NJSIAA approval for departure from this rule. \*These relays are optional. In dual meets, if included, must be scoring events. In open, conference, invitational, etc. may be “open” non-scoring events or scoring events, but in every case, the events count toward the athlete’s participation rule.

### Attention: 400 m intermediate hurdles (36 inch) Hurdle Spacing

No. of Hurdles	Hurdle Height	Starting Line to First Hurdle	Between Hurdles	Last Hurdle to Finish Line
10	36"	45 meters	35 meters	40 meters

**Section 12. Order of Events – Boys.** The order of events, unless agreed upon and listed in the contract, shall be: 110 m high hurdles (39 inch) 100 m, 1600 m, 400 m, 400 m intermediate hurdles (36"), 800 m, 200 m, 3200 m, 1600 m Relay. If 400m and or 3200m Relay(s) is/are included, the contract must also indicate the placement of these events in the order of events.

**Section 13. Standard Events – Girls.** As follows: 100 m, 200 m, 400 m, 800 m, 1600 m, 3200 m, 100 high hurdles (33 inch), 400 m intermediate hurdles (30 inch), 400m Relay\*, 1600 m Relay, 3200m Relay\*, Pole Vault, High Jump, Long Jump, Triple Jump, Discus, Shot Put, and Javelin (rubber-tipped). Any variation must be by mutual consent and listed in the

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

contract, or points shall be forfeited for departure from this rule. Open, Conference and Championship meets must receive NJSIAA approval for departure from this rule. \*These relays are optional. In dual meets, if included, must be scoring events. In open, conference, invitational, etc. may be "open" non-scoring events or scoring events, but in every case, the events count toward the athlete's participation rule.

**Section 14. Order of Events – Girls.** The order of events, unless agreed upon and listed in the contract, shall be: 100 m high hurdles (33 inch) 100 m, 1600 m, 400 m, 400 m intermediate hurdles (30"), 800 m, 200 m, 3200 m, 1600 m Relay. If 400m and or 3200m Relay(s) is/are included, the contract must also indicate the placement of these events in the order of events.

**ATTENTION:** **CONTESTANTS WHO APPEAR AT SECTIONAL, STATE GROUP CHAMPIONSHIPS, OR STATE CHAMPIONSHIPS WITHOUT THEIR COACH OR CERTIFIED MEMBER OF THE FACULTY WILL BE DISQUALIFIED.**

**WITHDRAWAL:** Any school or contestant who fails to appear for the **State Championships (Meet of Champions)** after having qualified as a 1st, 2nd, or 3rd place finisher whose performance falls within the top eighteen (18) performances of all the qualifiers (medal winners) in the **State Group Championships** will be subject to any penalties as enforced by the NJSIAA and barred from participation in the Outdoor Track Competition, at all levels i. e., Sectional, State Group, and State Championships the following year unless extraordinary circumstances caused such **unforeseen** withdrawal. A contestant qualifying in more than one (1) event is not subject to this rule if he/she participates in at least one (1) event.

Please Note:

1. Any player with two (2) or more disqualifications in the current season, prior to the start of the NJSIAA Tournament, will be unable to compete in said tournament.
2. Any varsity team accumulating three (3) or more player or coach disqualifications for flagrant unsportsmanlike conduct prior to the start of the NJSIAA Tournament will not be permitted to participate in same. Seeded teams will forfeit their right to compete if a disqualification limit is reached prior to the start of the tournament for the team.

AS A RESULT OF INCREASED DIFFICULTIES WITH LATE ENTRIES, PLEASE BE ADVISED THAT **ENTRY FORMS NOT RECEIVED ON TIME WILL BE ASSESSED AN ADDITIONAL \$50.00** AS SPECIFIED IN THE NJSIAA HANDBOOK RULE 2, SECTION 13 CL. SINCE QUALIFICATION IS NOT NECESSARY FOR ENTRY, COACHES ARE URGED TO SUBMIT ENTRIES WELL IN ADVANCE OF DEADLINE. YOU ARE ADVISED THAT REQUESTS FOR A WAIVER OF THIS EXECUTIVE COMMITTEE POLICY (PLEASE SEE TOURNEY INSTRUCTIONS) WILL NOT BE ACCEPTED.

**IF YOU WISH TO BE NOTIFIED THAT YOUR ENTRY WAS RECEIVED OR YOU HAVE A VOUCHER THAT NEEDS TO BE RETURNED, YOU MUST INCLUDE A SELF-ADDRESSED RETURN ENVELOPE OR POST CARD.**

**Please note:** To enter this tournament, you must do **3 things:**

- 1) mail entry forms and fees to the NJSIAA office.** Please use one form for boys and girls, Postmarked BY April 29, 2016
- 2) check the following website** to make sure your roster has been received and that all the names are included and spelled correctly.
- 3) submit entries electronically on nj.milesplit.com to get them a seed time by MIDNIGHT ON MAY 21, 2016**

WE URGE YOU TO MARK YOUR CALENDAR AND WE THANK YOU FOR YOUR COOPERATION. GOOD LUCK TO YOU AND YOUR TEAM.

Steven J. Timko  
Executive Director, NJSIAA

Bill Bruno  
Tournament Director

## 2016 NJSIAA/M-F Athletic Boys &amp; Girls Outdoor Track &amp; Field Championships

**I. Entries – ALL PAPER ENTRIES must be POSTMARKED by FRIDAY, APRIL 29, 2016.**

There are **four** components that must be complete to enter the tournament:

- A. **Entry Fees:** [Covers all meets] \$14.00 per individual event (Maximum of 3 entries per team)  
\$22.00 per relay (1 relay per team)
1. Entry fees are NOT refunded when entrants fail to appear for a meet.
  2. ENTRIES FINAL – The **total** entries listed on the Entry Form are final and will not be changed after they have been *received by the NJSIAA Office*.
  3. CHECKS MUST HAVE SCHOOL'S NAME ON THEM AND MUST BE MADE PAYABLE TO NJSIAA. NO CASH WILL BE ACCEPTED. *If check is delayed due to accounting problems, do not delay the entry form from being delivered to NJSIAA Office on time.*
  4. SCHOOLS **MUST** ENCLOSE A SELF-ADDRESSED ENVELOPE TO ENABLE THE MEET DIRECTOR TO RETURN A VOUCHER.

## B. Entry Forms

1. Standard Entry Form (2 pages)
2. Wheelchair Entry Forms (1 for boys, 1 for girls)
3. Sportsmanship Form

**Mail all entry forms and fees to:**

**NO FAXES PLEASE**

Track Tournament,

NJSIAA

P.O. Box 487

Robbinsville, NJ 08691-0487

**NOTE: Sending entries by certified mail slows delivery by up to two weeks. If you need confirmation of receipt of entry, include a self-addressed envelope with the CHECKOFF/ENTRY VERIFICATION Form (attached to these tournament regulations).**

### C. Rosters

Check 24 hours after submission of your roster, the following website to make sure your roster(s) has/have been received and that all the names are included and spelled correctly:

**[WWW.MILESPLIT.COM](http://WWW.MILESPLIT.COM)**. Please look over the grade level of your contestants.

**II. Sectionals** – PAPER Entry must be postmarked by April 29.

- A. Date and Time – Friday, MAY 27, 2016 – **3:30 pm**  
Saturday, MAY 28, 2016 – **10:00 am**
- B. Girls start the order of events on even years, boys on odd years.
- C. If Fully-Automatic Timing is being used, the 100 Dash, and High Hurdles will be conducted as Trials and Finals only (i.e. no quarterfinals, semifinals). The fastest times (**9 on a six-lane track**, 8 on an eight-lane track) will advance. In the absence of F.A.T., these events will use quarterfinals and/or semifinals if necessary. **On a six-lane track, if 12 or fewer competitors report to the trials, the trials will be skipped and a 2-section final run in the FINALS time slot. 16 or fewer on a 8-lane track.**
- D. RULES – 2016 National Federation Track and Field Rules with NJSIAA options as stated in the NJSIAA Constitution and By laws shall govern the running of these meets. All NJSIAA eligibility rules will be in force.
- E. Long Jump and Triple Jump will use the “open pit” format.

**NOTE:** The triple jump and long jump will be run as open pits **one group at a time** at the SECTIONAL LEVEL. When the event is called, **ALL** contestants for the Group called MUST sign in and must get “their steps and run-throughs.” Once the competition starts, only runbacks (from the board back onto the runway) are permitted. No “run-throughs” (into the pit) are permitted. When the pit is closed, the jump judge will tell the meet director how many jumpers will be competing. The meet director, in conjunction with the Field Referee, will then establish the amount of time that will be allotted for the trials. Each jumper will receive three trial attempts which must be completed within the announced time period of the open pit. The jump judge will assign each jumper a number which the jumper must wear on the **left front** of his/her jersey. Before a jumper starts his/her attempt, he/she must tell the jump judge his/her number and in the case of the triple jump, tell the judge

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

which take-off board he/she will be using BY PLACING A CONE NEXT TO THE APPROPRIATE TAKE-OFF BOARD.

Once the eight (8) finalists have been established, the Field Referee will have announced who the finalists are and when the finals will begin. The finals will be conducted normally. The Meet Director and/or Field Referee may adjust the time allotted for the trials as conditions may warrant.

### F. Shot Put, Discus, Javelin

Flights will be arranged as heats are on the track, i.e. best flights will throw last. In the Shot, Discus, and Javelin, each contestant will receive three (3) attempts. The best eight (8) contestants will be given an additional three (3) attempts. The eight (8) finalists will be re-seeded worst to best before the start of the final three (3) attempts.

### G. In entry-level meets, all contestants will have their first legal attempt measured; thereafter, in order for a female contestant to receive a measurement at entry meet level she must put the shot 26 feet or more, throw the discus 70 feet or more, toss the javelin 70 feet or more, jump 26 feet or more in the triple jump, or jump 12 feet or more in the long jump.

**A male contestant must put the shot greater than 38', toss the discus and throw the javelin more than 100 feet, triple jump more than 32', and long jump greater than 16' in order to receive a measurement.**

### H. Time excused from a field event to participate in another event. The underlying principle behind these procedures is to make sure the active contestants in any field event are not held up more than ten (10) minutes by inactivity in the event. **The following is the procedure to be used in all meets:**

1. Competitor must receive permission to leave the event from the event judge who is to record the time the competitor was excused.
2. If requested by the competitor or the competitor's coach, the judge may allow the competitor to take trial(s) out of turn before being excused.
3. High Jump and Pole Vault: When competitors have been excused, and all the available competitors have missed or cleared the existing height, the event judge records the time and stops the competition. If the excused competitor(s) do(es) not return in ten (10) minutes, the event judge will ask the Meet or Field Referee for permission to raise the crossbar. If the referee permits, the crossbar will be raised to the next height and the excused competitor(s) will be automatically passed to the new height.
4. Shot, Discus, Javelin, Long Jump, Triple Jump: When the last competitor available in the final flight **(or in the case of the Long Jump and Triple Jump the open pit time has expired)** has completed his/her final trial attempt and there are excused competitors who have yet to return to complete their remaining trial attempts, the judge will record the time. If, after ten (10) minutes, there are excused competitors who still have not returned, then the event judge will ask the Meet or Field Referee for permission to determine the finalists without the excused athletes receiving any remaining attempts. If the event is in the finals and all present competitors have completed all of their attempts, after ten (10) minutes, the event judge will ask the Meet or Field Referee for permission to end the event and score it without the excused competitor(s) receiving any remaining attempts.
5. The Meet Referee will make the final determination on any appeals resulting from these procedures

### I. ELEVATION OF CROSSBARS

**At the Sectional Level, starting heights for the high jump and pole vault will be determined by the meet directors in conjunction with the Meet and/or Field Referee(s), depending on the information supplied by the coaches on the seed cards. They will also determine how many double elevations, if any, there will be in each event. However, the girls High Jump will start no lower than 4'4" (Boys 5'4") and girls pole vault will start no lower than 7'0" (Boys 9'0").**

### J. EQUIPMENT

#### 1. Uniforms - National Federation Rule 4, Section 3, Articles 1-2-3-4-5-6-7 WILL BE ENFORCED.

- a. Each contestant must be properly attired in the school's issued track uniform during the meet. Reminder: Jerseys must be tucked into the running shorts. BARE MIDRIFF TOPS ARE NOT ACCEPTABLE. Jersey shoulder straps are not to be pinned or taped together.
- b. ALL RELAY TEAM MEMBERS MUST WEAR THE SAME COLOR and DESIGN JERSEY, TRUNKS, AND SAME COLOR UNDER GARMENT (for those wearing an under garment).

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

c. Field events contestants must be properly attired in school-issued, legal track uniforms.

2. Watches are NOT PERMITTED to be worn. RELIGIOUS/MEDICAL ALERT MEDALS MAY BE WORN.

3. **INTERIM VAPOR/E-CIGARETTE POLICY:** It has come to the attention of NJSIAA that vapor/e-cigarettes maybe/are being used by student athletes and/or coaches prior to, during, or after interscholastic events.

The NFHS rule book(s) state "the use of tobacco products" results in a flagrant disqualification, but there is no mention of vapor/e-cigarettes. When contacted, the NFHS replied that vapor/e-cigarettes are to be treated as a traditional cigarette, which is identified as a tobacco and or nicotine product, and therefore means any use of the vapor/e-cigarettes shall be enforced as a flagrant disqualification.

NJSIAA position on this matter is that we will adhere to the ruling stated above. We will refer this matter to the NJSIAA Medical Advisory Committee for further study and after receiving the Medical Advisory Committee's recommendation(s), we will develop a permanent policy and will distribute such to the member schools of NJSIAA.

4. **NJSIAA Interim Drone Policy (August 13, 2015):** Unmanned aircraft systems (UAS), or drones, offer a new technology that can impact sports by allowing coaches, athletes and spectators to view an event from novel perspectives.

The NJSIAA will study the costs and benefits of allowing UAS, or drone, flights at high school sporting events. The NJSIAA study will consider, among other things, the federal FAA regulations currently being drafted; the safety of athletes, coaches and spectators; the potential for a school with access to drones to gain an unfair competitive advantage over a school that does not; and privacy concerns about photographing students and spectators from drones. Until the NJSIAA study is completed, no UAS or drone flights will be permitted at high school sporting events or practices involving NJSIAA member schools.

5. Batons, \*Javelins, Disci, and Shots: Schools must provide their own batons, \*javelins, disci, and shots for all meets. Shots, Disci, \*Javelins, and Batons WILL BE CHECKED AT ALL SITES FOR LEGALITY.

**\*Reminder: Javelins MUST be rubber-tipped.** These javelins may be seven (7) centimeters shorter than the metal-tipped javelins. (213 centimeters minimum length).

6. Shoes

a. Runways/Tracks - It is each coach's responsibility to check with the Site Director to determine if and what spikes are permitted. **Egg Harbor has an all-weather JAVELIN runway where ¼" spikes only are permitted.**

b. Throwing Circles - Rubber-soled shoes must be worn on all throwing circles.

c. Running Surfaces - SCHOOLS ARE RESPONSIBLE FOR CHECKING WITH THE MEET DIRECTOR OF A PARTICULAR SITE TO ASSURE THE WEARING OF PROPER SHOES. **All tracks used in the tournament require a maximum spike length of ¼".**

7. Starting Blocks - SCHOOLS MUST PROVIDE THEIR OWN STARTING BLOCKS FOR THE SECTIONALS UNLESS PROVIDED BY THE HOME SITE. **ONLY. GROUP MEET AND MEET OF CHAMPIONS BLOCKS WILL BE PROVIDED.**

8. **NOTE:** When "California" starts are used, they will be **ONE TURN STAGGERS.**

### K. Sectional Sites and Orders of Events

**Note:** Order of events (especially field events) will vary depending on the site. Make sure you use the order of events for your site when you prepare for your sectional meet. Also be sure you are entering the correct meet and division (Group) on [nj.milesplit.com](http://nj.milesplit.com).

**Also Note:** Those who plan to enter events starting at 3:30 pm on Friday must arrive before 3:05 pm to ensure they have enough time to be checked into these events.

Those who plan to enter events starting at 10:00 am on Saturday must arrive before 9:35 am to ensure they have enough time to be checked into these events.

#### A. CONTESTANT NUMBERS - ALL MEETS

1. A different **computer NUMBER WILL BE ASSIGNED IN SECTIONAL AND GROUP MEETS to each athlete.**

2. These numbers must appear on all entry cards *which will be preprinted for those who enter athletes for Sectionals on NJ.Milesplit.com before **May 21, 2016 (midnight).***

a. Running Event Cards: *Each contestant's computer number must appear on his/her seed card on the entry level.*

3. **Seeding procedures** for the Sectional, the State Group Championships, and the State Championships have been established by the NJSIAA Outdoor Track Committee in cooperation with the Meet Directors. When an event has been declared closed, there will be no additions or re-seeding. **In all meets (Sectional, Group Meets, and State Championships) the best seeded sections will run LAST.** The best flights in the



## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

throwing events and the Long Jump and Triple Jump will throw/jump last, with the best eight (8) making it into the finals where they will be re-seeded and thrown/jumped in the order worst to best.

- a. **Seeding in the trials of the 100m Dash, 100m Hurdles, 110m Hurdles, will be on times as per rule when advancement is based on time: i.e. no "s" seeding in trials. The 200m Dash will be a final on time.**
  - b. **All seeds must be done at the correct distance on 400 meter tracks in meets involving five or more teams of the same gender.**
  - c. **Fully automatic times are preferred, but converted hand-times at the correct distances will be accepted.**
  - d. **Assuming coaches have entered their athletes in their appropriate events on nj.milesplit.com, they will receive pre-printed SEED CARDS for the Relays and for each contestant in both field and running events which will indicate the best time/height/distance for the current season, based on Milesplit Rankings.** These cards are printed in stone. On meet day coaches may only down seed their athletes.
    - (i) The relay teams/contestants will present their SEED CARD to the clerk (or field event judge) when they check in for their events. Heats (or flights in field events) will be **determined** from these cards. **Be sure to list alternates on relay cards in case team qualifies for the next round.**
    - (ii) If no time is provided on a SEED CARD, the relay team/contestant will not be seeded. Seeding for final heats will be determined by time in the trials. **All rounds will be fully automatic timed.**
    - (iii) **Runners will advance on time. The 8 fastest (9 on a six-lane track) from the trials will advance to the finals. [On 6-lane tracks, the finals will be run in two sections: the first section with the slowest 3 qualifying trial times, and the 2<sup>nd</sup> section with the six fastest qualifying trial times, unless 12 or fewer report for the trials. In that case, a 2section final will be run in the finals time slot.]**
    - (iv) IF SEED TIMES ARE NOT CONSISTENT WITH PERFORMANCES, THE REFEREE MAY DISQUALIFY THE COACH FROM THE MEET UNDER THE UNSPORTSMANLIKE CONDUCT RULE. This could require the coach to make an appearance before the NJSIAA Controversies Committee where additional penalties may be imposed.
4. Relay Cards must also contain the school code (found on your packet label just before your school name) along with up to eight (8) computer numbers **and names** for the eight (8) entrants into the relay (four [4] running that day and up to four [4] alternates). On the entry level the runners listed in the first four positions of the Relay card will be declared the actual competitors when the relay team is checked in unless they are changed by the coach by just circling the 4 names that will be running. The order of those who listed as runners on Milesplit may be changed the day of the meet simply by numbering the names on the card in the order they will be running. Reminder – alternates are not given competitor status unless they actually run so for example, an athlete running the 110H, 100, 200 and 400 can be listed as an alternate on a relay that day. If he runs on the relay, he must be dropped from another running event before it is clerked so as not to be in violation of the participation rule.
- The alternates are listed primarily for use on the next level. However, there are circumstances, such as, but not limited to, a referee-ordered re-run or a recall of a race before the 100 meter mark is reached, where a coach may use an alternate (with the referee's permission) before the re-run or re-start of the same race. Under no circumstances may an alternate be used once the race is in progress.
- If the relay team advances to the next round, any four (4) of the eight (8) names listed on the relay seed card may run in the relay. If alternates were not listed on the original seed card, substitutes **will not be permitted in later rounds.***
- NOTE: Being listed as an alternate on a relay card does NOT count as an event for the athlete. It counts as an event only if the athlete actually runs.**
5. Field Event Cards. Names and computer numbers must appear on the field event cards along with seeding information.
  6. Pole Vault Card. **THERE ARE SPECIAL CARDS FOR ALL FIELD EVENTS AND A REQUIRED POLE VAULT CERTIFICATION CARD.** Even though this card may be pre-printed for those who entered them on Milesplit, the coach still needs to complete the statement on the card dealing with vaulter's weight and the weight rating of the pole the vaulter is using.

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

NOTE: *ONLY IF COACHES FILL OUT THE CARDS COMPLETELY, using the athlete's computer number, AND AS LEGIBLY AS POSSIBLE, will the Sectional Meets be able to supply full results of all events.*

### M. ELIMINATION OF EVENTS

The NJSIAA Track Committee reserves the right to eliminate any event, the running of which is not warranted by a sufficient number of entries.

### N. OFFICIALS

All NJSIAA Sectional, State Group, and State Championship Directors will adhere to the Executive Committee policy of hiring only NJSIAA registered track officials for all positions of an officiating nature.

### O. SCORING

Points will be scored on the basis of 10, 8, 6, 4, 2, 1 for first, second, third, fourth, fifth, and sixth place respectively. Ties for sixth (6th) place will be scored as a fraction of the one (1) point.

### P. SECTIONAL AWARDS

1. Trophies for each Sectional Champion in each Group plus thirty-five (35) certificates.
2. Individual Medals for the first SIX (6) Places in each event in each Section and each Group

### Q. ADMISSIONS - SECTIONALS

1. Adults \$4.00  
Students (K-12) & Seniors \$2.00
2. Administrative and Supervisory Personnel of competing schools will be admitted upon identification to the gate personnel.
3. MANAGERS AND COACHES MUST HAVE PASSES, AS PROVIDED, FOR ADMISSION.
  - a. At the sectional level athletes fully dressed in school-issued uniforms will be admitted free. Coaches and managers must be on the gate list. (These names will be taken from page 2 of the Entry Form.)
  - b. Tickets are NOT required for admission to the State Group Meet for athletes, **BUT ALL COACHES AND TEAM MANAGERS MUST HAVE PASSES.** They are included in your packets. **THESE PASSES MUST BE SAVED FOR USE IN THE NEXT ROUND OF THE TOURNAMENT.**
  - c. **ONLY ATHLETES FULLY DRESSED IN SCHOOL-ISSUED UNIFORMS** WILL BE ADMITTED FREE. All others will be charged the student admission fee if not in uniform. IN OTHER WORDS, **THE SCHOOL UNIFORM IS THE ATHLETE'S TICKET.**
  - d. ALL SCHOOLS - STATE CHAMPIONSHIPS  
The same procedures for the GROUP MEET will be used at the State Championships: Athletes MUST BE IN UNIFORM and coaches are to pick up packets containing passes for admission.

NOTE: Only those coaches and managers listed on the entry forms submitted to the NJSIAA Office will be admitted free.

III. **State Group Championships** – All procedures and events listed under “2. Sectionals” apply, unless modified below:

#### A. Venues

1. SITE: **North Burlington High School GROUPS II, III, Non-Public B**

DATE: FRIDAY, June 3, 2016 – **2:30 PM - Field, 2:30 PM - Running**  
SATURDAY, June 4, 2016 (Rain date: Sunday, June 5, 2016)  
**11:00 AM - FIELD EVENTS**  
**11:00 AM - RUNNING EVENTS**

MEET DIRECTOR: BILL MILONE

HOME PHONE: (908) 782-4288  
CELL PHONE: (908) 752-9073

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

### 2. SITE: **Egg Harbor Township High School - GROUPS I, IV, Non-Public A**

DATE: FRIDAY, June 3, 2016 – **2:30 PM - Field, 2:30 PM - Running**

SATURDAY, June 4, 2016 (Rain date: Sunday, June 5, 2016)

**11:00 AM - FIELD EVENTS**

**11:00 AM - RUNNING EVENTS**

MEET DIRECTOR: ED COLONA

HOME PHONE: (609) 386-5463

CELL PHONE: (609) 381-8615

E-mail: ecolona@comcast.net

#### B. Seed Cards.

1. In the **State Group** and **State Championship** meets, for the **RUNNING EVENTS ONLY**, pre-printed name tags/seed cards will be found in the information packets coaches must pick up as they enter the facility. These cards must be turned into the clerks by the runner, a teammate, coach or manager. Someone must remain in the clerking area, so that the clerks can give that person the contestant's heat and lane assignment with the appropriate hip number. Coaches are encouraged to report scratches to the clerks' tent as soon as possible.

**Field event contestants will TURN THEIR CARDS IN DIRECTLY to their event judges. NOTE: THERE ARE SPECIAL CARDS FOR ALL FIELD EVENTS AND A REQUIRED POLE VAULT CERTIFICATION CARD.**

2. **Seeding** for the State Groups will be determined on the basis of the results of the previous meets' performances in the finals of each running event, respectively, and will constitute the major criterion. Contestants will be seeded strictly on time from previous meets unless the coach of a sectional winner or group winner can show a verified faster time. This must be done **NO LATER THAN 12 MIDNIGHT May 30, 2016 FOR THE GROUP MEET.**

**NOTE:** When Fully Automatic Times are NOT available, hand-held times will be converted as per National Federation Rules.

- #### C. Field Events.
- All contestants will have all legal attempts measured. In the Group Meet, the three throwing events and the long and triple jumps will be divided into two (2) flights, with the better flight throwing/jumping last. As in the entry level meets, each contestant will be given three (3) attempts. The best eight (8) contestants will be given an additional three (3) attempts. The eight (8) finalists will be seeded worst to best before the start of the final three (3) attempts.

- #### D. **Group Meet Team Scoring – Scoring will be by the traditional method: 10 points for first, 8 for 2<sup>nd</sup>, 6 for 3<sup>rd</sup>, 4 for 4<sup>th</sup>, 2 for 5<sup>th</sup>, and 1 for 6<sup>th</sup> place. – as was done in the Sectionals.**

#### E. State Group Awards

1. Trophies for each Group Champion plus thirty-five (35) certificates.
2. Thirty-five (35) Runners-up Certificates for the 2<sup>nd</sup> place team.
3. Individual Medals for the first SIX (6) Places in each event in each Group.

#### F. Admissions – State Groups

1. Adults \$4.00
2. Students (K-12) & Seniors \$2.00
3. Administrative and Supervisory Personnel of competing schools will be admitted upon identification to the gate personnel.
4. **MANAGERS AND COACHES MUST HAVE PASSES, AS PROVIDED, FOR ADMISSION.**
  - a. Athletes fully dressed in school-issued uniforms will be admitted free. Coaches and managers must be on the gate list. (These names will be taken from page 2 of the Entry Form.)
  - b. Tickets are NOT required for admission to the State Group Meet for athletes, **BUT ALL COACHES AND TEAM MANAGERS [ONLY STUDENTS CAN SERVE AS MANAGERS] MUST HAVE PASSES. They WERE included in your packets AT THE SECTIONAL MEETS.**

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

- c. **ONLY ATHLETES FULLY DRESSED IN SCHOOL-ISSUED UNIFORMS WILL BE ADMITTED FREE.** All others will be charged the student admission fee if not in uniform. IN OTHER WORDS, THE **SCHOOL UNIFORM IS THE ATHLETE'S TICKET.**
- d. **ALL SCHOOLS - STATE CHAMPIONSHIPS**  
The same procedures USED at the GROUP MEET will be used at the State Championships: Athletes MUST BE IN UNIFORM and coaches are to pick up packets. COACHES AND MANAGERS passes for admission **WERE included in your packets AT THE SECTIONAL MEETS.**

NOTE: Only those coaches and STUDENT managers listed on the entry forms submitted to the NJSIAA Office will be admitted free.

**NJSIAA OUTDOOR TRACK PUBLIC SCHOOL CLASSIFICATION 2015-2016**

**North I, Group IV**

Bergen County Technical High School  
Bloomfield High School  
Clifton High School  
Eastside High School  
Hackensack High School  
John F. Kennedy High School  
Kearny High School  
Livingston High School  
Memorial High School  
Montclair High School  
Morris Knolls High School  
Morristown High School  
Mount Olive High School  
North Bergen High School  
Passaic County Technical Institute  
Passaic High School  
Randolph High School  
Ridgewood High School  
Union City High School  
West Orange High School

**North I, Group III**

Bergenfield High School  
Cliffside Park High School  
Dwight Morrow High School  
Fair Lawn High School  
Indian Hills High School  
Montville Township High School  
Morris Hills High School  
Northern Highlands Regional High School  
Northern Valley Regional at Old Tappan  
Nutley High School  
Paramus High School  
Pascack Valley High School  
Passaic Valley High School  
Roxbury High School  
Sparta High School  
Teaneck High School  
Tenafly High School  
Wayne Hills High School  
Wayne Valley High School  
West Milford Township High School

**North I, Group II**

Dumont High School  
Elmwood Park Memorial High School  
Glen Rock High School  
High Point Regional High School  
Jefferson Township High School  
Kittatinny Regional High School  
Lakeland Regional High School  
Lenape Valley Regional High School  
Mahwah High School  
Manchester Regional High School  
Newton High School  
Northern Valley Regional at Demarest  
Pascack Hills High School  
Pequannock Township High School  
Ramapo High School  
Ramsey High School  
River Dell Regional High School  
Sussex County Technical High School  
Vernon Township High School  
Westwood Regional Jr.-Sr. High School

**North I, Group I**

Bergen Arts and Science Charter School  
Bogota High School  
Boonton High School  
Butler High School  
Cresskill High School  
Emerson Jr.-Sr. High School  
Hasbrouck Heights High School  
Hawthorne High School  
Hopatcong High School  
Kinnelon High School  
Leonida High School  
Midland Park High School  
Mountain Lakes High School  
New Milford High School  
Park Ridge High School  
Pompton Lakes High School  
Saddle Brook High School  
Waldwick High School  
Wallington High School  
Wallkill Valley Regional High School

**NJSIAA OUTDOOR TRACK PUBLIC SCHOOL CLASSIFICATION 2015-2016**

**North II, Group IV**

Bayonne High School  
Bridgewater-Raritan High School  
Columbia High School  
East Orange Campus High School  
East Side High School  
Elizabeth High School  
John P. Stevens High School  
Linden High School  
Millburn High School  
North Hunterdon High School  
Phillipsburg High School  
Piscataway High School  
Plainfield High School  
Ridge High School  
Scotch Plains High School  
Union High School  
Watchung Hills Regional High School  
Westfield High School  
William L. Dickenson High School  
Woodbridge High School

**North II, Group III**

Barringer High School  
Belleville High School  
Chatham High School  
Colonia High School  
Cranford High School  
Hopewell Valley Central High School  
Irvington High School  
James J. Ferris High School  
John F. Kennedy Memorial High School  
Middletown High School North  
Middletown High School South  
Orange High School  
Rahway High School  
Red Bank Regional High School  
Somerville High School  
South Plainfield High School  
Summit High School  
Warren Hills Regional High School  
West Morris Central High School  
West Morris Mendham High School

**North II, Group II**

Central High School  
Dover High School  
Dr. Ronald E. McNair Academic H.S.  
Essex County Vo-Tech Market St  
Fort Lee High School  
Garfield High School  
Hackettstown High School  
Hanover Park High School  
James Caldwell High School  
Lodi High School  
Lyndhurst High School  
Madison High School  
Parsippany High School  
Parsippany Hills High School  
Ridgefield Park Jr.-Sr. High School  
Rutherford High School  
Science Park High School  
West Essex High School  
West Side High School  
Whippany Park High School

**North II, Group I**

Cedar Grove High School  
Glen Ridge High School  
Henry P. Becton Regional High School  
Hoboken High School  
Jonathan Dayton High School  
Malcolm X Shabazz High School  
Marion P. Thomas Charter High School  
New Providence High School  
Newark Collegiate Charter  
North Arlington High School  
North Star Academy Charter  
Palisades Park Jr.-Sr. High School  
Ridgefield Memorial High School  
Secaucus High School  
Technology High School (Newark)  
University Academy Charter  
University High School  
Verona High School  
Weequahick High School  
Wood-Ridge High School

**NJSIAA OUTDOOR TRACK PUBLIC SCHOOL CLASSIFICATION 2015-2016**

**Central, Group IV**

East Brunswick High School  
Edison High School  
Franklin High School  
Freehold Boro High School  
Freehold Township High School  
Hightstown High School  
Hillsborough High School  
Hunterdon Central Regional High School  
Manalapan High School  
Marlboro High School  
Monroe High School  
Montgomery High School  
New Brunswick High School  
North Brunswick High School  
Old Bridge High School  
Perth Amboy High School  
Princeton High School  
Sayreville War Memorial High School  
South Brunswick High School  
West Windsor-Plainsboro South

**Central, Group III**

Allentown High School  
Brick Township High School  
Burlington High School  
Colts Neck High School  
Ewing High School  
Hamilton High School East  
Hamilton High School North  
Hamilton High School West  
Jackson Liberty High School  
Lakewood High School  
Lawrence High School  
Long Branch High School  
Moorestown High School  
Neptune High School  
Northern Burlington Regional High School  
Ocean Township High School  
Pemberton Township High School  
Pennsauken High School  
Wall Township High School  
West Windsor-Plainsboro North

**Central, Group II**

Arthur L. Johnson High School  
Bernards High School  
Bordentown Regional High School  
Carteret High School  
Delaware Valley regional High School  
Governor Livingston High School  
Henry Snyder High School  
Hillside High School  
Holmdel High School  
Lincoln High School  
Manasquan High School  
Matawan Regional High School  
Monmouth Regional High School  
North Plainfield High School  
Point Pleasant Borough High School  
Raritan High School  
Robbinsville High School  
Rumson-Fair Haven High School  
Spotswood High School  
Voorhees High School

**Central, Group I**

Abraham Clark High School  
Academy Charter High School  
Asbury Park High School  
Bound Brook High School  
Burlington City High School  
David Brearley High School  
Dunellen High School  
Florence Township Memorial High School  
Highland Park High School  
Keyport High School  
Manville High School  
Metuchen High School  
Middlesex High School  
New Egypt High School  
Point Pleasant Beach High School  
Roselle Park High School  
Shore Regional High School  
South Amboy High School  
South Hunterdon Regional High School  
South River High School

**NJSIAA OUTDOOR TRACK PUBLIC SCHOOL CLASSIFICATION 2015-2016**

**South, Group IV**

Trenton Central High School  
Vineland High School  
Washington Township High School  
Egg Harbor Township High School  
Toms River High School North  
Howell High School  
Cherokee High School  
Cherry Hill High School East  
Atlantic City High School  
Rancocas Valley Regional High School  
Eastern High School  
Southern Regional High School  
Williamstown High School  
Lenape High School  
Millville Senior High School  
Kingsway Regional High School  
Clearview Regional High School  
Shawnee High School  
Jackson Memorial High School  
Brick Memorial High School

**South, Group III**

Camden County Tech Sicklerville  
Cherry Hill High School West  
Hammonton High School  
Absegami High School  
Toms River High School East  
Winslow Township High School  
Mainland Regional High School  
Central Regional High School  
Cumberland Regional High School  
Timber Creek High School  
Toms River High School South  
Bridgeton High School  
Highland Regional High School  
Lacey Township High School  
Seneca High School  
Ocean City High School  
Woodrow Wilson High School  
Triton Regional High School  
Delsea Regional High School

**South, Group II**

Deptford Township High School  
Pinelands Regional High School  
Camden High School  
Oakcrest High School  
Sterling High School  
Manchester Township High School  
Barnegat High School  
Cedar Creek High School  
West Deptford Township High School  
Lower Cape May Regional High School  
Delran High School  
Willingboro High School  
Cinnaminson High School  
Haddonfield Memorial High School  
Pleasantville High School  
Collingswood High School  
Middle Township High School  
Overbrook High School  
Audubon High School

**South, Group I**

Buena Regional High School  
Gateway Regional High School  
Woodstown High School  
Haddon Township High School  
Haddon Heights High School  
Lindenwold High School  
Glassboro High School  
Penns Grove High School  
Gloucester City Jr.-Sr. High School  
Arthur P. Schalick High School  
Maple Shade High School  
Woodbury High School  
Pennsville Memorial High School  
Riverside High School  
Pitman High School  
Clayton High School  
Paulsboro High School  
Salem High School  
Palmyra High School  
Wildwood High School



**NJSIAA OUTDOOR TRACK NON-PUBLICSCHOOL CLASSIFICATION 2015-2016**

**Non-Public North A**

Academy of the Holy Angels  
Bergen Catholic High School  
Delbarton School  
DePaul Catholic High School  
Don Bosco Prep High School  
Immaculate Heart Academy  
Kent Place School  
Mount Saint Dominic Academy  
Oratory Catholic Prep School  
Paramus Catholic High School  
Saint Joseph Regional High School  
Saint Peter's Prep High School  
Saint Vincent Academy  
Seton Hall Preparatory School

**Non-Public North B**

Academy of St. Elizabeth  
Christ the King Preparatory School  
Dwight-Englewood High School  
Eastern Christian Academy  
Hawthorne Christian Academy  
Hudson Catholic Regional High School  
Immaculate Conception Lodi  
Immaculate Conception Montclair  
Montclair Kimberley Academy  
Morris Catholic High School  
Morristown-Beard School  
Newark Academy  
Oak Knoll School  
Queen of Peace High School  
Saddle River Day School  
Saint Anthony High School  
Saint Dominic Academy  
Saint Mary's High School  
Trinity Christian School  
Villa Walsh Academy

**Non-Public South A**

Bishop Ahr High School  
Bishop Eustace Preparatory  
Camden Catholic High School  
Christian Brothers Academy  
Donovan Catholic High School  
Mother Seton Regional High School  
Mount Saint Mary Academy  
Notre Dame High School  
Paul VI High School  
Red Bank Catholic High School  
Saint Augustine Prep School  
Saint John Vianney High School  
Saint Joseph High School Metuchen  
Union Catholic Regional High School

**Non-Public South B**

Benedictine Academy  
Calvary Christian School  
Gill St. Bernard's School  
Gloucester Catholic High School  
Holy Cross Academy  
Holy Spirit High School  
Immaculate High School  
Marist High School  
Mater Sei Prep  
Our Lady of Mercy Academy  
Pingry School  
Ranney School  
Roselle Catholic High School  
Saint Joseph High Hammonton  
Saint Rose High School  
The Wilberforce School  
Timothy Christian School  
Trenton Catholic Academy  
Trinity Hall  
Wardlaw-Hartridge School  
Wildwood Catholic High School

# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## 1. **North I – River Dell High School, Oradell** **Gr. 2 & 3**

3:30 P.M. All Events, Friday, MAY 27, 2016  
10:00 A.M. All Events, Saturday, MAY 28, 2016

**¼" or less spikes on track & all runways**  
**Grass Javelin runway**

### 8-Lane Track

Meet Director: Jared Wexler

Phone: (201) 580-3709

e-mail: [Jared@thewexlers.net](mailto:Jared@thewexlers.net)

Those entering events starting at 3:30 must arrive before 3:05 pm to have enough time to check in

### Running Events – Friday, May 27, 2016 – 3:30 PM

1.	Gr. 2, 3	Girls	400m Low Hurdles	Finals
	Gr. 2, 3	Boys	400m Int. Hurdles	Finals
2.	Gr. 2	Girls	1600m Run	Finals
3.	Gr. 2, 3	Girls	100m Dash	Trials*
	Gr. 2, 3	Boys	100m Dash	Trials*
4.	Gr. 3	Girls	1600m Run	Finals
5.	Gr. 2, 3	Girls	100m Dash	Finals
	Gr. 2, 3	Boys	100m Dash	Finals
6.	Gr. 2,3	Boys	1600m Run	Finals
7.	Gr. 2, 3	Girls	400m Dash	Finals
	Gr. 2, 3	Boys	400m Dash	Finals
8.	Gr. 2, 3	Girls	4x800m Relay	Finals
	Gr. 2, 3	Boys	4x800m Relay	Finals

**NOTE: When "California starts are used, they will be ONE TURN STAGGERS.**

### Field Events (9 events starting at 3:30 PM)

1.	Gr. 3, 2	Boys	Shot Put (38')
2.	Gr. 2, 3	Girls	Discus (70')
3.	Gr. 2, 3	Boys	Javelin (100')
4.	Gr. 2, 3	Girls	Triple Jump (26') (Open Pit)
5.	Gr. 3, 2	Boys	Long Jump (16') (Open Pit)
6.	Gr. 3, 2	Girls	High Jump (4'4")
7.	Gr. 3, 2	Boys	Pole Vault (9'0")

### Running Events – Saturday, May 28, 2016 – 10:00 AM

1.	Gr. 2, 3	Girls	100m High Hurdles	Trials**
	Gr. 2, 3	Boys	110m High Hurdles	Trials**
2.	Gr. 2, 3	Girls	800m Run	Finals
	Gr. 2, 3	Boys	800m Run	Finals
3.	Gr. 2, 3	Boys	110m High Hurdles	Finals
	Gr. 2, 3	Girls	100m High Hurdles	Finals
4.	Gr. 2	Girls	3200m Run	Finals
5.	Gr. 2, 3	Girls	4x100m Relay	Finals
	Gr. 2, 3	Boys	4x100m Relay	Finals
6.	Gr. 3	Girls	3200m Run	Finals
7.	Gr. 2, 3	Girls	200m Dash	Finals
	Gr. 2, 3	Boys	200m Dash	Finals
8.	Gr. 2, 3	Boys	3200m Run	Finals
9.	Gr. 2, 3	Girls	4x400m Relay	Finals
	Gr. 2, 3	Boys	4x400m Relay	Finals

### Field Events (9 events starting at 10:00 AM)

1.	Gr. 3, 2	Girls	Shot Put (26')
2.	Gr. 2, 3	Boys	Discus (100')
3.	Gr. 2, 3	Girls	Javelin (70')
4.	Gr. 2, 3	Boys	Triple Jump (32') (Open Pit)
5.	Gr. 3, 2	Girls	Long Jump (12') (Open Pit)
6.	Gr. 3, 2	Boys	High Jump (5'4")
7.	Gr. 3, 2	Girls	Pole Vault (7'0")

\*If F.A.T. is not available, quarterfinals will follow trials immediately and semifinals will be run between Event 2 and Event 3.

\*\* If F.A.T. Is not available, quarterfinals will follow trials immediately and semifinals will be run between the Boys 800 run and the Girls 800m Run.

IF the meet Is suspended and resumed the next day, only events in progress are continued where they left off at the time of the suspension. For any event (track or field) that had not started, clerks and field event judges should re-seed these events, i.e. let the coaches take back or change any entries they wish from the previous day and any withdrawals would not count as an entry against that athlete.

If the meet Is resumed the same day, all seeding that has taken place before the suspension stand and any withdrawals would count as an event for that athlete.

The number following a field event indicates the minimum required for a measurement.

Starting heights in the High Jump and Pole Vault will be determined by Meet Management and the Referee, based on the number of competitors reporting for the event, and their seed heights, but no lower than the minimum heights listed.

# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## 2. **North I – Randolph High School, Randolph** **Gr. 1 & 4**

3:30 P.M. All Events, Friday, MAY 27, 2016  
10:00 A.M. All Events, Saturday, MAY 28, 2016

¼" or less spikes on track & all runways  
Javelin runway: Grass with metal toe board

### Six-Lane Track

Meet Director: Len Pietrewicz

Home Phone: (973) 895-6005

Cell Phone: (201) 841-0566

e-mail: [mctca@gti.net](mailto:mctca@gti.net)

Those entering events starting at 3:30 must arrive before 3:05 pm to have enough time to check in

### Running Events – Friday, May 27, 2016 – 3:30 PM

1.	Gr. 1, 4	Girls	400m Low Hurdles	Finals
	Gr. 1, 4	Boys	400m Int. Hurdles	Finals
2.	Gr. 1	Girls	1600m Run	Finals
3.	Gr. 1, 4	Girls	100m Dash	Trials*
	Gr. 1, 4	Boys	100m Dash	Trials*
4.	Gr. 4	Girls	1600m Run	Finals
5.	Gr. 1, 4	Girls	100m Dash	Finals
	Gr. 1, 4	Boys	100m Dash	Finals
6.	Gr. 1, 4	Boys	1600m Run	Finals
7.	Gr. 1, 4	Girls	400m Dash	Finals
	Gr. 1, 4	Boys	400m Dash	Finals
8.	Gr. 1, 4	Girls	4x800m Relay	Finals
	Gr. 1, 4	Boys	4x800m Relay	Finals

\*If F.A.T. Is not available, quarterfinals will follow trials immediately and semifinals will be run between Event 2 and Event 3.

### Field Events (11 events starting at 3:30 PM)

1.	Gr. 1, 4	Boys	Shot Put (38')
2.	Gr. 4	Boys	Javelin (100')
3.	Gr. 1	Boys	Javelin (100')
4.	Gr. 1, 4	Girls	Discus (70')
5.	Gr. 1	Boys	Long Jump (16') (Open Pit)
6.	Gr. 4	Boys	Long Jump (16') (Open Pit)
7.	Gr. 4	Girls	Triple Jump (26') (Open Pit)
	Gr. 1	Girls	Triple Jump (26') (Open Pit) at 1st available venue
8.	Gr. 4	Girls	High Jump (4'4")
9.	Gr. 1	Girls	High Jump (4'4")
10.	Gr. 1	Boys	Pole Vault (9'0")
11.	Gr. 4	Boys	Pole Vault (9'0")

### Running Events – Saturday, May 28, 2016 – 10:00 AM

1.	Gr. 1, 4	Girls	100m High Hurdles	Trials**
	Gr. 1, 4	Boys	110m High Hurdles	Trials**
2.	Gr. 1, 4	Girls	800m Run	Finals
	Gr. 1, 4	Boys	800m Run	Finals
3.	Gr. 1, 4	Boys	110m High Hurdles	Finals
	Gr. 1, 4	Girls	100m High Hurdles	Finals
4.	Gr. 1	Girls	3200m Run	Finals
5.	Gr. 1, 4	Girls	4x100m Relay	Finals
	Gr. 1, 4	Boys	4x100m Relay	Finals
6.	Gr. 4	Girls	3200m Run	Finals
7.	Gr. 1, 4	Girls	200m Dash	Finals
	Gr. 1, 4	Boys	200m Dash	Finals
8.	Gr. 1, 4	Boys	3200m Run	Finals
9.	Gr. 1, 4	Girls	4x400m Relay	Finals
	Gr. 1, 4	Boys	4x400m Relay	Finals

### Field Events (11 events starting at 10:00 AM)

1.	Gr. 1, 4	Girls	Shot Put (26')
2.	Gr. 4	Girls	Javelin (70')
3.	Gr. 1	Girls	Javelin (70')
4.	Gr. 1, 4	Boys	Discus (100')
5.	Gr. 1	Girls	Long Jump (12') (Open Pit)
6.	Gr. 4	Girls	Long Jump (12') (Open Pit)
7.	Gr. 4	Boys	Triple Jump (32")
	Gr. 1	Boys	Triple Jump (32") (Open Pit) at 1st available venue
8.	Gr. 4	Boys	High Jump (5'4")
9.	Gr. 1	Boys	High Jump (5'4")
10.	Gr. 1	Girls	Pole Vault (7'0")
11.	Gr. 4	Girls	Pole Vault (7'0")

\*If F.A.T. is not available, quarterfinals will follow trials immediately and semifinals will be run between Event 2 and Event 3.

\*\* If F.A.T. Is not available, quarterfinals will follow trials immediately and semifinals will be run between the Boys 800 run and the Girls 800m Run.

If the meet is suspended and resumed the next day, only events in progress are continued where they left off at the time of the suspension. For any event (track or field) that had not started, clerks and field event judges should re-seed these events, i.e. let the coaches take back or change any entries they wish from the previous day and any withdrawals would not count as an entry against that athlete. If the meet is resumed the same day, all seeding that has taken place before the suspension stand and any withdrawals would count as an event for that athlete.

The number following a field event indicates the minimum required for a measurement.

Starting heights in the High Jump and Pole Vault will be determined by Meet Management and the Referee, based on the number of competitors reporting for the event, and their seed heights, but no lower than the minimum heights listed.

# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## 3. **North II – Ridge High School, Basking Ridge**

**Gr. 3 & 4**

3:30 P.M. All Events, Friday, MAY 27, 2016  
10:00 A.M. All Events, Saturday, MAY 28, 2016

¼" pyramid spikes on track and all-weather runways  
Javelin: Grass runway

Meet Co-Directors: Mr. John Schwarz Cell Phone: (862) 812-5659 e-mail: [j.schwarz22@verizon.net](mailto:j.schwarz22@verizon.net)  
Mr. John Tonerio Cell Phone: (201) 953-9052 Home Phone: (973) 994-7188 e-mail: [johntonerio@msn.com](mailto:johntonerio@msn.com)

Those entering events starting at 3:30 must arrive before 3:05 pm to have enough time to check in

### Running Events – Friday, May 27, 2016 – 3:30 PM

1.	Gr. 3, 4	Girls	400m Low Hurdles	Finals
	Gr. 3, 4	Boys	400m Int. Hurdles	Finals
2.	Gr. 3	Girls	1600m Run	Finals
3.	Gr. 3, 4	Girls	100m Dash	Trials*
	Gr. 3, 4	Boys	100m Dash	Trials*
4.	Gr. 4	Girls	1600m Run	Finals
5.	Gr. 3, 4	Girls	100m Dash	Finals
	Gr. 3, 4	Boys	100m Dash	Finals
6.	Gr. 3, 4	Boys	1600m Run	Finals
7.	Gr. 3, 4	Girls	400m Dash	Finals
	Gr. 3, 4	Boys	400m Dash	Finals
8.	Gr. 3, 4	Girls	4x800m Relay	Finals
	Gr. 3, 4	Boys	4x800m Relay	Finals

### Field Events (10 events starting at 3:30 PM)

1.	Gr. 3, 4	Boys	Shot Put (38')
2.	Gr. 4	Boys	Javelin (100')
3.	Gr. 3	Boys	Javelin (100')
4.	Gr. 3, 4	Girls	Discus (70')
5.	Gr. 3, 4	Boys	Long Jump (16') (Open Pit)
6.	Gr. 3, 4	Girls	Triple Jump (26') (Open Pit)
7.	Gr. 4	Girls	High Jump (4'4")
8.	Gr. 3	Girls	High Jump (4'4")
9.	Gr. 3	Boys	Pole Vault (9'0")
10.	Gr. 4	Boys	Pole Vault (9'0")

### Running Events – Saturday, May 28, 2016 – 10:00 AM

1.	Gr. 3, 4	Girls	100m High Hurdles	Trials**
	Gr. 3, 4	Boys	110m High Hurdles	Trials**
2.	Gr. 3, 4	Girls	800m Run	Finals
	Gr. 3, 4	Boys	800m Run	Finals
3.	Gr. 3, 4	Boys	110m High Hurdles	Finals
	Gr. 3, 4	Girls	100m High Hurdles	Finals
4.	Gr. 3	Girls	3200m Run	Finals
5.	Gr. 3, 4	Girls	4x100m Relay	Finals
	Gr. 3, 4	Boys	4x100m Relay	Finals
6.	Gr. 4	Girls	3200m Run	Finals
7.	Gr. 3, 4	Girls	200m Dash	Finals
	Gr. 3, 4	Boys	200m Dash	Finals
8.	Gr. 3, 4	Boys	3200m Run	Finals
9.	Gr. 3, 4	Girls	4x400m Relay	Finals
	Gr. 3, 4	Boys	4x400m Relay	Finals

### Field Events (10 events starting at 10:00 AM)

1.	Gr. 3, 4	Girls	Shot Put (26')
2.	Gr. 4	Girls	Javelin (70')
3.	Gr. 3	Girls	Javelin (70')
4.	Gr. 3, 4	Boys	Discus (100')
5.	Gr. 3, 4	Girls	Long Jump (12') (Open Pit)
6.	Gr. 3, 4	Boys	Triple Jump (32') (Open Pit)
7.	Gr. 4	Boys	High Jump (5'4")
8.	Gr. 3	Boys	High Jump (5'4")
9.	Gr. 3	Girls	Pole Vault (7'0")
10.	Gr. 4	Girls	Pole Vault (7'0")

\*If F.A.T. is not available, quarterfinals will follow trials immediately and semifinals will be run between Event 2 and Event 3.

\*\* If F.A.T. Is not available, quarterfinals will follow trials immediately and semifinals will be run between the Boys 800 run and the Girls 800m Run.

IF the meet is suspended and resumed the next day, only events in progress are continued where they left off at the time of the suspension. For any event (track or field) that had not started, clerks and field event judges should re-seed these events, i.e. let the coaches take back or change any entries they wish from the previous day and any withdrawals would not count as an entry against that athlete. If the meet is resumed the same day, all seeding that has taken place before the suspension stand and any withdrawals would count as an event for that athlete.

The number following a field event indicates the minimum required for a measurement.

Starting heights in the High Jump and Pole Vault will be determined by Meet Management and the Referee, based on the number of competitors reporting for the event, and their seed heights, but no lower than the minimum heights listed.

# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## 4. **North II – Madison High School**

**Gr. 1, 2, &  
NP B North**

3:30 P.M. All Events, Friday, MAY 27, 2016  
10:00 A.M. All Events, Saturday, MAY 28, 2016

**1/4" spikes on track and all runways  
Javelin: Grass runway**

### **Eight-Lane Track**

Meet Director: Bill Milone Cell Phone: (908) 782-4288

Those entering events starting at 3:30 must arrive before 3:05 pm to have enough time to check in

### **Running Events – Friday, May 27, 2016 – 3:30 PM**

1.	Gr. 1,2,B	Girls	400m Low Hurdles	Finals
	Gr. 1,2,B	Boys	400m Int. Hurdles	Finals
2.	Gr. 1,B	Girls	1600m Run	Finals
3.	Gr. 1,2,B	Girls	100m Dash	Trials*
	Gr. 1,2,B	Boys	100m Dash	Trials*
4.	Gr. 2	Girls	1600m Run	Finals
5.	Gr. 1,2,B	Girls	100m Dash	Finals
	Gr. 1,2,B	Boys	100m Dash	Finals
6.	Gr. 1,2,B	Boys	1600m Run	Finals
7.	Gr. 1,2,B	Girls	400m Dash	Finals
	Gr. 1,2,B	Boys	400m Dash	Finals
8.	Gr. 1,2,B	Girls	4x800m Relay	Finals
	Gr. 1,2,B	Boys	4x800m Relay	Finals

### **Field Events (7 events starting at 3:30 PM)**

1.	Gr. 1,2	Boys	Shot Put (38') (B on 1st available venue)
2.	Gr. 2,B	Boys	Javelin (100') (Gr.1 on 1st available venue)
3.	Gr. 1,2,B	Girls	Discus (70')
4.	Gr. B,1,2	Boys	Long Jump (16') (Open Pit)
5.	Gr. 2,1,B	Girls	Triple Jump (26') (Open Pit)
6.	Gr. B,1	Girls	High Jump (4'4") (Gr.2 on 1st available venue)
7.	Gr. 2,1,B	Boys	Pole Vault (9'0")

### **Running Events – Saturday, May 28, 2016 – 10:00 AM**

1.	Gr. 1,2,B	Girls	100m High Hurdles	Trials**
	Gr. 1,2,B	Boys	110m High Hurdles	Trials**
2.	Gr. 1,2,B	Girls	800m Run	Finals
	Gr. 1,2,B	Boys	800m Run	Finals
3.	Gr. 1,2,B	Boys	110m High Hurdles	Finals
	Gr. 1,2,B	Girls	100m High Hurdles	Finals
4.	Gr. 1,B	Girls	3200m Run	Finals
5.	Gr. 1,2,B	Girls	4x100m Relay	Finals
	Gr. 1,2,B	Boys	4x100m Relay	Finals
6.	Gr. 2	Girls	3200m Run	Finals
7.	Gr. 1,2,B	Girls	200m Dash	Finals
	Gr. 1,2,B	Boys	200m Dash	Finals
8.	Gr. 1,2,B	Boys	3200m Run	Finals
9.	Gr. 1,2,B	Girls	4x400m Relay	Finals
	Gr. 1,2,B	Boys	4x400m Relay	Finals

### **Field Events (7 events starting at 10:00 AM)**

1.	Gr. 1,2	Girls	Shot Put (26') (B on 1st available venue)
2.	Gr. 2,B	Girls	Javelin (70') (Gr.1 on 1st available venue)
3.	Gr. 1,2,B	Boys	Discus (100')
4.	Gr. B,1,2	Girls	Long Jump (12') (Open Pit)
5.	Gr. 2,1,B	Boys	Triple Jump (32') (Open Pit)
6.	Gr. B,1,2	Boys	High Jump (5'4") (Gr.2 on 1st available venue)
7.	Gr. 2,B,1	Girls	Pole Vault (7'0")

\*If F.A.T. is not available, quarterfinals will follow trials immediately and semifinals will be run between Event 2 and Event 3.

\*\* If F.A.T. Is not available, quarterfinals will follow trials immediately and semifinals will be run between the Boys 800 run and the Girls 800m Run.

If the meet is suspended and resumed the next day, only events in progress are continued where they left off at the time of the suspension. For any event (track or field) that had not started, clerks and field event judges should re-seed these events, i.e. let the coaches take back or change any entries they wish from the previous day and any withdrawals would not count as an entry against that athlete. If the meet is resumed the same day, all seeding that has taken place before the suspension stand and any withdrawals would count as an event for that athlete.

The number following a field event indicates the minimum required for a measurement.

Starting heights in the High Jump and Pole Vault will be determined by Meet Management and the Referee, based on the number of competitors reporting for the event, and their seed heights, but no lower than the minimum heights listed.

# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## 5. **Central – Northern Burlington Regional High School, Columbus** **Gr. 2, 3, & NP A North**

3:30 P.M. All Events, Friday, MAY 27, 2016

¼” spikes on track and all-weather runways

10:00 A.M. All Events, Saturday, MAY 28, 2016

Javelin: Grass runway

### Eight-Lane Track

Meet Director: Jay Demarest

Those entering events starting at 3:30 must arrive before 3:05 pm to have enough time to check in

### Running Events – Friday, May 27, 2016 – 3:30 PM

1.	Gr. 2,3,A	Girls	400m Low Hurdles	Finals
	Gr. 2,3,A	Boys	400m Int. Hurdles	Finals
2.	Gr. 2,A	Girls	1600m Run	Finals
3.	Gr. 2,3,A	Girls	100m Dash	Trials*
	Gr. 2,3,A	Boys	100m Dash	Trials*
4.	Gr. 3	Girls	1600m Run	Finals
5.	Gr. 2,3,A	Girls	100m Dash	Finals
	Gr. 2,3,A	Boys	100m Dash	Finals
6.	Gr. 2,3,A	Boys	1600m Run	Finals
7.	Gr. 2,3,A	Girls	400m Dash	Finals
	Gr. 2,3,A	Boys	400m Dash	Finals
8.	Gr. 2,3,A	Girls	4x800m Relay	Finals
	Gr. 2,3,A	Boys	4x800m Relay	Finals

### Running Events – Saturday, May 28, 2016 – 10:00 AM

1.	Gr. 2,3,A	Girls	100m High Hurdles	Trials**
	Gr. 2,3,A	Boys	110m High Hurdles	Trials**
2.	Gr. 2,3,A	Girls	800m Run	Finals
	Gr. 2,3,A	Boys	800m Run	Finals
3.	Gr. 2,3,A	Boys	110m High Hurdles	Finals
	Gr. 2,3,A	Girls	100m High Hurdles	Finals
4.	Gr. 2,A	Girls	3200m Run	Finals
5.	Gr. 2,3,A	Girls	4x100m Relay	Finals
	Gr. 2,3,A	Boys	4x100m Relay	Finals
6.	Gr. 3	Girls	3200m Run	Finals
7.	Gr. 2,3,A	Girls	200m Dash	Finals
	Gr. 2,3,A	Boys	200m Dash	Finals
8.	Gr. 2,3,A	Boys	3200m Run	Finals
9.	Gr. 2,3,A	Girls	4x400m Relay	Finals
	Gr. 2,3,A	Boys	4x400m Relay	Finals

### Field Events (12 events starting at 3:30 PM)

1.	Gr. 2	Boys	Shot Put (38')
2.	Gr. 3	Boys	Shot Put (38') (A on 1st available venue)
3.	Gr. 3	Boys	Javelin (100')
4.	Gr. A	Boys	Javelin (100') (Gr. 2 on 1st available venue)
5.	Gr. 3	Girls	Discus (70')
6.	Gr. 2	Girls	Discus (70') (A on 1st available venue)
7.	Gr. 3,2,A	Boys	Long Jump (16') (Open Pit)
8.	Gr. 2,A,3	Girls	Triple Jump (26') (Open Pit)
9.	Gr. 2	Girls	High Jump (4'4")
10.	Gr. 3	Girls	High Jump (4'4") (A on 1st available venue)
11.	Gr. 3	Boys	Pole Vault (9'0")
12.	Gr. 2	Boys	Pole Vault (9'0") (A on 1st available venue)

### Field Events (12 events starting at 10:00 AM)

1.	Gr. 2	Girls	Shot Put (26')
2.	Gr. 3	Girls	Shot Put (26') (A on 1st available venue)
3.	Gr. 3	Girls	Javelin (70')
4.	Gr. A	Girls	Javelin (70') (Gr. 2 on 1st available venue)
5.	Gr. 3	Boys	Discus (100')
6.	Gr. 2	Boys	Discus (100') (A on 1st available venue)
7.	Gr. 3,2,A	Girls	Long Jump (12') (Open Pit)
8.	Gr. 2,A,3	Boys	Triple Jump (32') (Open Pit)
9.	Gr. 2	Boys	High Jump (5'4")
10.	Gr. 3	Boys	High Jump (5'4") (A on 1st available venue)
11.	Gr. 3	Girls	Pole Vault (7'0")
12.	Gr. 2	Girls	Pole Vault (7'0") (A on 1st available venue)

\*If F.A.T. is not available, quarterfinals will follow trials immediately and semifinals will be run between Event 2 and Event 3.

\*\* If F.A.T. Is not available, quarterfinals will follow trials immediately and semifinals will be run between the Boys 800 run and the Girls 800m Run.

IF the meet is suspended and resumed the next day, only events in progress are continued where they left off at the time of the suspension. For any event (track or field) that had not started, clerks and field event judges should re-seed these events, i.e. let the coaches take back or change any entries they wish from the previous day and any withdrawals would not count as an entry against that athlete. If the meet is resumed the same day, all seeding that has taken place before the suspension stand and any withdrawals would count as an event for that athlete.

The number following a field event indicates the minimum required for a measurement.

Starting heights in the High Jump and Pole Vault will be determined by Meet Management and the Referee, based on the number of competitors reporting for the event, and their seed heights, but no lower than the minimum heights listed.

# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## 6. **Central – Hillsborough High School, Hillsborough**

**Gr. 1 & 4**

3:30 P.M. All Events, Friday, MAY 27, 2016  
10:00 A.M. All Events, Saturday, MAY 28, 2016

¼" spikes on track and all-weather track & runways  
Javelin: Grass runway with metal toe board

### Six-Lane Track

**Meet Director:** Rich Refi      Home Phone: (908) 256-1997      School Phone: (908-431-6600      e-mail: [rrefi@https.us](mailto:rrefi@https.us)

Those entering events starting at 3:30 must arrive before 3:05 pm to have enough time to check in

### Running Events – Friday, May 27, 2016 – 3:30 PM

1.	Gr. 1, 4	Girls	400m Low Hurdles	Finals
	Gr. 1, 4	Boys	400m Int. Hurdles	Finals
2.	Gr. 1-	Girls	1600m Run	Finals
3.	Gr. 1, 4	Girls	100m Dash	Trials*
	Gr. 1, 4	Boys	100m Dash	Trials*
4.	Gr. 4	Girls	1600m Run	Finals
5.	Gr. 1, 4	Girls	100m Dash	Finals
	Gr. 1, 4	Boys	100m Dash	Finals
6.	Gr. 1, 4	Boys	1600m Run	Finals
7.	Gr. 1, 4	Girls	400m Dash	Finals
	Gr. 1, 4	Boys	400m Dash	Finals
8.	Gr. 1, 4	Girls	4x800m Relay	Finals
	Gr. 1, 4	Boys	4x800m Relay	Finals

### Field Events (8 events starting at 3:30 PM)

1.	Gr. 1, 4	Boys	Shot Put (38')
2.	Gr. 4, 1	Boys	Javelin (100')
3.	Gr. 4, 1	Girls	Discus (70')
4.	Gr. 1, 4	Boys	Long Jump (16') (Open Pit)
5.	Gr. 4, 1	Girls	Triple Jump (26') (Open Pit)
6.	Gr. 1, 4	Girls	High Jump (4'4")
7.	Gr. 4	Boys	Pole Vault (9'0")
8.	Gr. 1	Boys	Pole Vault (9'0")

### Running Events – Saturday, May 28, 2016 – 10:00 AM

1.	Gr. 1, 4	Girls	100m High Hurdles	Trials**
	Gr. 1, 4	Boys	110m High Hurdles	Trials**
2.	Gr. 1, 4	Girls	800m Run	Finals
	Gr. 1, 4	Boys	800m Run	Finals
3.	Gr. 1, 4	Boys	110m High Hurdles	Finals
	Gr. 1, 4	Girls	100m High Hurdles	Finals
4.	Gr. 1	Girls	3200m Run	Finals
5.	Gr. 1, 4	Girls	4x100m Relay	Finals
	Gr. 1, 4	Boys	4x100m Relay	Finals
6.	Gr. 4	Girls	3200m Run	Finals
7.	Gr. 1, 4	Girls	200m Dash	Finals
	Gr. 1, 4	Boys	200m Dash	Finals
8.	Gr. 1, 4	Boys	3200m Run	Finals
9.	Gr. 1, 4	Girls	4x400m Relay	Finals
	Gr. 1, 4	Boys	4x400m Relay	Finals

### Field Events (8 events starting at 10:00 AM)

1.	Gr. 1, 4	Girls	Shot Put (26')
2.	Gr. 4, 1	Girls	Javelin (70')
3.	Gr. 4, 1	Boys	Discus (100')
4.	Gr. 4, 1	Girls	Long Jump (12') (Open Pit)
5.	Gr. 1, 4	Boys	Triple Jump (32') (Open Pit)
6.	Gr. 4, 1	Boys	High Jump (5'4")
7.	Gr. 4	Girls	Pole Vault (7'0")
8.	Gr. 1	Girls	Pole Vault (7'0")

\*If F.A.T. is not available, quarterfinals will follow trials immediately and semifinals will be run between Event 2 and Event 3.

\*\* If F.A.T. Is not available, quarterfinals will follow trials immediately and semifinals will be run between the Boys 800 run and the Girls 800m Run.

If the meet is suspended and resumed the next day, only events in progress are continued where they left off at the time of the suspension. For any event (track or field) that had not started, clerks and field event judges should re-seed these events, i.e. let the coaches take back or change any entries they wish from the previous day and any withdrawals would not count as an entry against that athlete. If the meet is resumed the same day, all seeding that has taken place before the suspension stand and any withdrawals would count as an event for that athlete.

The number following a field event indicates the minimum required for a measurement.

Starting heights in the High Jump and Pole Vault will be determined by Meet Management and the Referee, based on the number of competitors reporting for the event, and their seed heights, but no lower than the minimum heights listed.



# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## 7. South – Central Regional High School, Bayville

**Gr. 2, 3 &**

**NP B South**

3:30 P.M. All Events, Friday, MAY 27, 2016  
10:00 A.M. All Events, Saturday, MAY 28, 2016

**¼” spikes on track and all-weather track & runways**  
**Javelin: Grass runway with metal toe board**

### **Eight-Lane Track**

Meet Director:

Mike Jordan

Cell Phone: (732) 600-8437

e-mail: [mjordan@centralreg.k12.nj.us](mailto:mjordan@centralreg.k12.nj.us)

Those entering events starting at 3:30 must arrive before 3:05 pm to have enough time to check in

### **Running Events – Friday, May 27, 2016 – 3:30 PM**

1.	Gr. 2,3,B	Girls	400m Low Hurdles	Finals
	Gr. 2,3,B	Boys	400m Int. Hurdles	Finals
2.	Gr. 2,B	Girls	1600m Run	Finals
3.	Gr. 2,3,B	Girls	100m Dash	Trials*
	Gr. 2,3,B	Boys	100m Dash	Trials*
4.	Gr. 3	Girls	1600m Run	Finals
5.	Gr. 2,3,B	Girls	100m Dash	Finals
	Gr. 2,3,B	Boys	100m Dash	Finals
6.	Gr. 2,3,B	Boys	1600m Run	Finals
7.	Gr. 2,3,B	Girls	400m Dash	Finals
	Gr. 2,3,B	Boys	400m Dash	Finals
8.	Gr. 2,3,B	Girls	4x800m Relay	Finals
	Gr. 2,3,B	Boys	4x800m Relay	Finals

### **Field Events (12 events starting at 3:30 PM)**

1.	Gr. 2	Boys	Shot Put (38')
2.	Gr. 3	Boys	Shot Put (38') (B on 1st available venue)
3.	Gr. 3	Boys	Javelin (100')
4.	Gr. B	Boys	Javelin (100') (Gr. 2 on 1st available venue)
5.	Gr. 3	Girls	Discus (70')
6.	Gr. 2	Girls	Discus (70') (B on 1st available venue)
7.	Gr. 3,2,B	Boys	Long Jump (16') (Open Pit)
8.	Gr. 2,B,3	Girls	Triple Jump (26') (Open Pit)
9.	Gr. 2	Girls	High Jump (4'4")
10.	Gr. 3	Girls	High Jump (4'4") (B on 1st available venue)
11.	Gr. 3	Boys	Pole Vault (9'0")
12.	Gr. 2	Boys	Pole Vault (9'0") (B on 1st available venue)

### **Running Events – Saturday, May 28, 2016 – 10:00 AM**

1.	Gr. 2,3,B	Girls	100m High Hurdles	Trials**
	Gr. 2,3,B	Boys	110m High Hurdles	Trials**
2.	Gr. 2,3,B	Girls	800m Run	Finals
	Gr. 2,3,B	Boys	800m Run	Finals
3.	Gr. 2,3,B	Boys	110m High Hurdles	Finals
	Gr. 2,3,B	Girls	100m High Hurdles	Finals
4.	Gr. 2,B	Girls	3200m Run	Finals
5.	Gr. 2,3,B	Girls	4x100m Relay	Finals
	Gr. 2,3,B	Boys	4x100m Relay	Finals
6.	Gr. 3	Girls	3200m Run	Finals
7.	Gr. 2,3,B	Girls	200m Dash	Finals
	Gr. 2,3,B	Boys	200m Dash	Finals
8.	Gr. 2,3,B	Boys	3200m Run	Finals
9.	Gr. 2,3,B	Girls	4x400m Relay	Finals
	Gr. 2,3,B	Boys	4x400m Relay	Finals

### **Field Events (12 events starting at 10:00 AM)**

1.	Gr. 2	Girls	Shot Put (26')
2.	Gr. 3	Girls	Shot Put (26') (B on 1st available venue)
3.	Gr. 3	Girls	Javelin (70')
4.	Gr. B	Girls	Javelin (70') (Gr. 2 on 1st available venue)
5.	Gr. 3	Boys	Discus (100')
6.	Gr. 2	Boys	Discus (100') (B on 1st available venue)
7.	Gr. 3,2,B	Girls	Long Jump (12') (Open Pit)
8.	Gr. 2,B,3	Boys	Triple Jump (32') (Open Pit)
9.	Gr. 2	Boys	High Jump (5'4")
10.	Gr. 3	Boys	High Jump (5'4") (B on 1st available venue)
11.	Gr. 3	Girls	Pole Vault (7'0")
12.	Gr. 2	Girls	Pole Vault (7'0") (B on 1st available venue)

\*If F.A.T. is not available, quarterfinals will follow trials immediately and semifinals will be run between Event 2 and Event 3.

\*\* If F.A.T. Is not available, quarterfinals will follow trials immediately and semifinals will be run between the Boys 800 run and the Girls 800m Run.

IF the meet is suspended and resumed the next day, only events in progress are continued where they left off at the time of the suspension. For any event (track or field) that had not started, clerks and field event judges should re-seed these events, i.e. let the coaches take back or change any entries they wish from the previous day and any withdrawals would not count as an entry against that athlete. If the meet is resumed the same day, all seeding that has taken place before the suspension stand and any withdrawals would count as an event for that athlete.

The number following a field event indicates the minimum required for a measurement.

Starting heights in the High Jump and Pole Vault will be determined by Meet Management and the Referee, based on the number of competitors reporting for the event, and their seed heights, but no lower than the minimum heights listed.



# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## 8. South – Egg Harbor Township High School

**Gr. 1, 4 &**

**NP A South** 3:30 P.M. All Events, Friday, MAY 27, 2016  
10:00 A.M. All Events, Saturday, MAY 28, 2016

**¼" spikes on track and all-weather track & runways**  
**Javelin: Only in inclement weather: All-weather runway**  
**with a painted foul line - ¼" spikes on Javelin runway**

**Eight-Lane Track**

Meet Director:

Ed Colona

Home Phone: (609) 386-5463

e-mail: [ecolona@comcast.net](mailto:ecolona@comcast.net)

Those entering events starting at 3:30 must arrive before 3:05 pm to have enough time to check in

### Running Events – Friday, May 27, 2016 – 3:30 PM

- |    |           |       |                   |         |
|----|-----------|-------|-------------------|---------|
| 1. | Gr. 1,4,A | Girls | 400m Low Hurdles  | Finals  |
|    | Gr. 1,4,A | Boys  | 400m Int. Hurdles | Finals  |
| 2. | Gr. 1     | Girls | 1600m Run         | Finals  |
| 3. | Gr. 1,4,A | Girls | 100m Dash         | Trials* |
|    | Gr. 1,4,A | Boys  | 100m Dash         | Trials* |
| 4. | Gr. 4,A   | Girls | 1600m Run         | Finals  |
| 5. | Gr. 1,4,A | Girls | 100m Dash         | Finals  |
|    | Gr. 1,4,A | Boys  | 100m Dash         | Finals  |
| 6. | Gr. 1,4,A | Boys  | 1600m Run         | Finals  |
| 7. | Gr. 1,4,A | Girls | 400m Dash         | Finals  |
|    | Gr. 1,4,A | Boys  | 400m Dash         | Finals  |
| 8. | Gr. 1,4,A | Girls | 4x800m Relay      | Finals  |
|    | Gr. 1,4,A | Boys  | 4x800m Relay      | Finals  |

### Field Events (11 events starting at 3:30 PM)

- |     |           |       |   |
|-----|-----------|-------|---|
| 1.  | Gr. 1, 4* | Boys  | Shot Put (38')  |
| 2.  | Gr. A     | Boys  | Shot Put (38')  |
| 3.  | Gr. 4,1,A | Boys  | Javelin (100') (A to follow 1 <sup>st</sup> available area) |
| 4.  | Gr. A,4*  | Girls | Discus (70')  |
| 5.  | Gr. 1     | Girls | Discus (70')  |
| 6.  | Gr. 4,A,1 | Boys  | Long Jump (16') (Open Pit)                                  |
| 7.  | Gr. A,1,4 | Girls | Triple Jump (26') (Open Pit)                                |
| 8.  | Gr. 1     | Girls | High Jump (4'4")  |
| 9.  | Gr. 4,A*  | Girls | High Jump (4'4")  |
| 10. | Gr. 4,A*  | Boys  | Pole Vault (9'0")   |
| 11. | Gr. 1     | Boys  | Pole Vault (9'0")   |

### Running Events – Saturday, May 28, 2016 – 10:00 AM

- |    |           |       |                   |          |
|----|-----------|-------|-------------------|----------|
| 1. | Gr. 1,4,A | Girls | 100m High Hurdles | Trials** |
|    | Gr. 1,4,A | Boys  | 110m High Hurdles | Trials** |
| 2. | Gr. 1,4,A | Girls | 800m Run          | Finals   |
|    | Gr. 1,4,A | Boys  | 800m Run          | Finals   |
| 3. | Gr. 1,4,A | Boys  | 110m High Hurdles | Finals   |
|    | Gr. 1,4,A | Girls | 100m High Hurdles | Finals   |
| 4. | Gr. 1,A   | Girls | 3200m Run         | Finals   |
| 5. | Gr. 1,4,A | Girls | 4x100m Relay      | Finals   |
|    | Gr. 1,4,A | Boys  | 4x100m Relay      | Finals   |
| 6. | Gr. 4     | Girls | 3200m Run         | Finals   |
| 7. | Gr. 1,4,A | Girls | 200m Dash         | Finals   |
|    | Gr. 1,4,A | Boys  | 200m Dash         | Finals   |
| 8. | Gr. 1,4,A | Boys  | 3200m Run         | Finals   |
| 9. | Gr. 1,4,A | Girls | 4x400m Relay      | Finals   |
|    | Gr. 1,4,A | Boys  | 4x400m Relay      | Finals   |

### Field Events (11 events starting at 10:00 AM)

- |     |           |       |  |
|-----|-----------|-------|--|
| 1.  | Gr. 1,4*  | Girls | Shot Put (26')   |
| 2.  | Gr. A     | Girls | Shot Put (26')   |
| 3.  | Gr. 4,1,A | Girls | Javelin (70') (A to follow 1 <sup>st</sup> available area) |
| 4.  | Gr. 4,A*  | Boys  | Discus (100')  |
| 5.  | Gr. 1     | Boys  | Discus (100')  |
| 6.  | Gr. 4,1,A | Girls | Long Jump (12') (Open Pit)                                 |
| 7.  | Gr. A,4,1 | Boys  | Triple Jump (32') (Open Pit)                               |
| 8.  | Gr. 1     | Boys  | High Jump (5'4")   |
| 9.  | Gr. 4,A*  | Boys  | High Jump (5'4")   |
| 10. | Gr. 4,A*  | Girls | Pole Vault (7'0")  |
| 11. | Gr. 1     | Girls | Pole Vault (7'0")  |

\*If F.A.T. is not available, quarterfinals will follow trials immediately and semifinals will be run between Event 2 and Event 3.

\*\* If F.A.T. Is not available, quarterfinals will follow trials immediately and semifinals will be run between the Boys 800 run and the Girls 800m Run.

If the meet is suspended and resumed the next day, only events in progress are continued where they left off at the time of the suspension. For any event (track or field) that had not started, clerks and field event judges should re-seed these events, i.e. let the coaches take back or change any entries they wish from the previous day and any withdrawals would not count as an entry against that athlete. If the meet is resumed the same day, all seeding that has taken place before the suspension stand and any withdrawals would count as an event for that athlete.

The number following a field event indicates the minimum required for a measurement.

Starting heights in the High Jump and Pole Vault will be determined by Meet Management and the Referee, based on the number of competitors reporting for the event, and their seed heights, but no lower than the minimum heights listed.

**STATE GROUP CHAMPIONSHIPS**  
**Northern Burlington Regional High School**

**¼" Spikes on track and runways**  
**Eight-Lane Track**

**Javelin Grass with metal toe board**  
**STARTING BLOCKS WILL BE SUPPLIED**

**FRIDAY, June 3, 2016**

Those entering events starting at 2:30 must arrive before 2:05 pm to have enough tm to check in.

**ORDER OF RUNNING EVENTS – 2:30 P.M.**

1.	GROUP B, 2, 3 GROUP B, 2, 3	GIRLS 400m LOW HURDLES BOYS 400m INTER. HURDLES	(ON TIME) FINALS (ON TIME) FINALS
2.	GROUP B GROUP B	GIRLS 1600m RUN BOYS 1600m RUN	(ON TIME) FINALS (ON TIME) FINALS
3.	GROUP B, 2, 3 GROUP B, 2, 3	GIRLS 100m DASH BOYS 100m DASH	TRIALS TRIALS
4.	GROUP 2 GROUP 2	GIRLS 1600m RUN BOYS 1600m RUN	(ON TIME) FINALS (ON TIME) FINALS
5.	GROUP B, 2, 3 GROUP B, 2, 3	GIRLS 100m DASH BOYS 100m DASH	FINALS FINALS
6.	GROUP 3 GROUP 3	GIRLS 1600m RUN BOYS 1600m RUN	(ON TIME) FINALS (ON TIME) FINALS
7.	GROUP B, 2, 3 GROUP B, 2, 3	GIRLS 400m DASH BOYS 400m DASH	FINALS FINALS
8.	GROUP B, 2, 3 GROUP B, 2, 3	GIRLS 4X800m RELAY BOYS 4X800m RELAY	(ON TIME) FINALS (ON TIME) FINALS

**NOTE: When "California" starts are used, they will be ONE TURN STAGGERS.**

**ORDER OF FIELD EVENTS - 10 events starting at 2:30 P.M.**

1.	GROUP 2, B, 3	BOYS SHOT PUT	FINALS (3 Preliminary, 3 Final)
2.	GROUP B, 3, 2	BOYS JAVELIN	FINALS (3 Preliminary, 3 Final)
3.	GROUP 3	GIRLS DISCUS	FINALS (3 Preliminary, 3 Final)
4.	GROUP B (Gr. 2 Girls follow at 1 <sup>st</sup> available venue)	GIRLS DISCUS	FINALS (3 Preliminary, 3 Final)
5.	GROUP B, 3, 2	BOYS LONG JUMP	FINALS (3 Preliminary, 3 Final)
6.	GROUP 3, 2, B	GIRLS TRIPLE JUMP	FINALS (3 Preliminary, 3 Final)
7.	GROUP 3	BOYS HIGH JUMP	FINALS
8.	GROUP 2 (NP B Boys follow at 1 <sup>st</sup> available venue)	BOYS HIGH JUMP	FINALS
9.	GROUP B	BOYS POLE VAULT	FINALS
10.	GROUP 2 (Gr. 3 BOYS FOLLOWS AT 1 <sup>ST</sup> AVAILABLE VENUE)	BOYS POLE VAULT	FINALS

**\*\* The five-alive system will be used IN POLE VAULT AND HIGH JUMP.**

**NOTE: ALL LEGAL ATTEMPTS IN THE SHOT, DISCUS, JAVELIN, TRIPLE JUMP, AND LONG JUMP WILL BE MEASURED. STARTING HEIGHTS IN THE HIGH JUMP AND POLE VAULT WILL BE NO HIGHER THAN THE 12<sup>TH</sup> BEST PERFORMANCE FROM SECTIONALS.**

**COACHES: COACHES AND STUDENT MANAGERS MUST HAVE PASS TO GAIN FREE ADMISSION TO MEET. COACHES WERE TO PICK UP THE PASSES FOR THEIR STAFF AND MANAGERS [WHO MUST BE WITH THEIR COACH] AT THE SECTION MEET. ATHLETES MUST BE ACCOMPANIED BY COACH AND FULLY DRESSED IN A SCHOOL-ISSUED UNIFORM TO BE ADMITTED FREE.**

**ATTENTION: NO RADIOS OR TAPE RECORDERS ARE PERMITTED AT ANY OF THE THREE (3) CHAMPIONSHIP MEETS VIOLATORS WILL BE DISQUALIFIED AND/OR EJECTED FROM THE STADIUM.**

**REMINDER:** Smoking on school property is prohibited by New Jersey State law.

**NO ANIMALS/PETS ALLOWED AT ANY SITE.**

Preparation of hot food is not permitted at any meet.

**Tarps/tents are allowed only in the highest four rows of the bleachers.**

**STATE GROUP CHAMPIONSHIPS**  
**Northern Burlington Regional High School**

**¼" Spikes on track and runways**  
**Eight-Lane Track**

**Javelin Grass with metal toe board**  
**STARTING BLOCKS WILL BE SUPPLIED**

**SATURDAY, June 4, 2016**

Those entering events starting at 11:00 AM must arrive before 10:35 am to have enough time to check in.

**ORDER OF RUNNING EVENTS - 11:00 A.M.**

1.	GROUP B, 2, 3	GIRLS	100m HIGH HURDLES	TRIALS
	GROUP B, 2, 3	BOYS	110m HIGH HURDLES	TRIALS
2.	GROUP B, 2, 3	GIRLS	800m RUN	(ON TIME) FINALS
	GROUP B, 2, 3	BOYS	800m RUN	(ON TIME) FINALS
3.	GROUP B, 2, 3	BOYS	110m HIGH HURDLES	FINALS
	GROUP B, 2, 3	GIRLS	100m HIGH HURDLES	FINALS
4.	GROUP B	GIRLS	3200m RUN	(ON TIME) FINALS
	GROUP B	BOYS	3200m RUN	(ON TIME) FINALS
5.	GROUP B, 2, 3	GIRLS	4X100m RELAY	(ON TIME) FINALS
	GROUP B, 2, 3	BOYS	4X100m RELAY	(ON TIME) FINALS
6.	GROUP 2	GIRLS	3200m RUN	(ON TIME) FINALS
	GROUP 2	BOYS	3200m RUN	(ON TIME) FINALS
7.	GROUP B, 2, 3	GIRLS	200m DASH	(ON TIME) FINALS
	GROUP B, 2, 3	BOYS	200m DASH	(ON TIME) FINALS
8.	GROUP 3	GIRLS	3200m RUN	(ON TIME) FINALS
	GROUP 3	BOYS	3200m RUN	(ON TIME) FINALS
9.	GROUP B, 2, 3	GIRLS	4X400m RELAY	(ON TIME) FINALS
	GROUP B, 2, 3	BOYS	4X400m RELAY	(ON TIME) FINALS

**NOTE: When "California" starts are used, they will be ONE TURN STAGGERS.**

**ORDER OF FIELD EVENTS - 10 events starting at 11:00 A.M**

1.	GROUP B (Gr. 2 follows at 1 <sup>st</sup> available venue)	BOYS DISCUS	FINALS (3 Preliminary, 3 Final)
2.	GROUP 3	BOYS DISCUS	FINALS (3 Preliminary, 3 Final)
3.	GROUP 2, B, 3	GIRLS LONG JUMP	FINALS (3 Preliminary, 3 Final)
4.	GROUP 3, B, 2	BOYS TRIPLE JUMP	FINALS (3 Preliminary, 3 Final)
5.	GROUP 3, 2, B	GIRLS SHOT PUT	FINALS (3 Preliminary, 3 Final)
6.	GROUP B, 3, 2	GIRLS JAVELIN	FINALS (3 Preliminary, 3 Final)
7.	GROUP 2 (NP B follows at 1 <sup>st</sup> available venue)	BOYS HIGH JUMP	FINALS
8.	GROUP 3	BOYS HIGH JUMP	FINALS
9.	GROUP B	GIRLS POLE VAULT	FINALS
10.	GROUP 2 (Gr. 3 girls follows at 1 <sup>st</sup> available venue)	GIRLS POLE VAULT	FINALS

**\*\* The five-alive system will be used IN POLE VAULT AND HIGH JUMP.**

**NOTE: ALL LEGAL ATTEMPTS IN THE SHOT, DISCUS, JAVELIN, TRIPLE JUMP, AND LONG JUMP WILL BE MEASURED. STARTING HEIGHTS IN THE HIGH JUMP AND POLE VAULT WILL BE NO HIGHER THAN THE 12<sup>TH</sup> BEST PERFORMANCE FROM SECTIONALS.**

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## STATE GROUP CHAMPIONSHIPS

### Egg Harbor Township High School

**¼" Spikes on track and runways**  
**Eight-Lane Track**

**Javelin runway: all-weather ¼" spikes, painted toe board**  
**STARTING BLOCKS WILL BE SUPPLIED**

**FRIDAY, June 3, 2016**

Those entering events starting at 2:30 must arrive before 2:05 pm to have enough tm to check in.

#### **ORDER OF RUNNING EVENTS – 2:30 P.M.**

1.	GROUP A, 1, 4 GROUP A, 1, 4	GIRLS 400m LOW HURDLES BOYS 400m INTER. HURDLES	(ON TIME) FINALS (ON TIME) FINALS
2.	GROUP A GROUP A	GIRLS 1600m RUN BOYS 1600m RUN	(ON TIME) FINALS (ON TIME) FINALS
3.	GROUP A, 1, 4 GROUP A, 1, 4	GIRLS 100m DASH BOYS 100m DASH	TRIALS TRIALS
4.	GROUP 1 GROUP 1	GIRLS 1600m RUN BOYS 1600m RUN	(ON TIME) FINALS (ON TIME) FINALS
5.	GROUP A, 1, 4 GROUP A, 1, 4	GIRLS 100m DASH BOYS 100m DASH	FINALS FINALS
6.	GROUP 4 GROUP 4	GIRLS 1600m RUN BOYS 1600m RUN	(ON TIME) FINALS (ON TIME) FINALS
7.	GROUP A, 1, 4 GROUP A, 1, 4	GIRLS 400m DASH BOYS 400m DASH	FINALS FINALS
8.	GROUP A, 1, 4 GROUP A, 1, 4	GIRLS 4X800m RELAY BOYS 4X800m RELAY	(ON TIME) FINALS (ON TIME) FINALS

**NOTE: When "California" starts are used, they will be ONE TURN STAGGERS.**

#### **ORDER OF FIELD EVENTS - 10 events starting at 2:30 P.M.**

1.	GROUP A (Gr. 1 Girls follow at 1 <sup>st</sup> available venue)	GIRLS DISCUS	FINALS (3 Preliminary, 3 Final)
2.	GROUP 4	GIRLS DISCUS	FINALS (3 Preliminary, 3 Final)
3.	GROUP A, 4, 1	BOYS LONG JUMP	FINALS (3 Preliminary, 3 Final)
4.	GROUP 4, 1, A	GIRLS TRIPLE JUMP	FINALS (3 Preliminary, 3 Final)
5.	GROUP 1, A, 4	BOYS SHOT PUT	FINALS (3 Preliminary, 3 Final)
6.	GROUP A, 1, 4	BOYS JAVELIN	FINALS (3 Preliminary, 3 Final)
7.	GROUP 1 (NP A Girls follow at 1 <sup>st</sup> available venue)	GIRLS HIGH JUMP	FINALS
8.	GROUP 4	GIRLS HIGH JUMP	FINALS
9.	GROUP A	BOYS POLE VAULT	FINALS
10.	GROUP 1 (Gr. 4 Boys follow at 1 <sup>st</sup> available venue)	BOYS POLE VAULT	FINALS

**\*\* The five-alive system will be used IN POLE VAULT AND HIGH JUMP.**

**NOTE: ALL LEGAL ATTEMPTS IN THE SHOT, DISCUS, JAVELIN, TRIPLE JUMP, AND LONG JUMP WILL BE MEASURED. STARTING HEIGHTS IN THE HIGH JUMP AND POLE VAULT WILL BE NO HIGHER THAN THE 12<sup>TH</sup> BEST PERFORMANCE FROM SECTIONALS.**

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## STATE GROUP CHAMPIONSHIPS

### Egg Harbor Township High School

1/4" Spikes on track and runways  
Eight-Lane Track

Javelin runway: all-weather 1/4" spikes, painted toe board  
STARTING BLOCKS WILL BE SUPPLIED

**SATURDAY, June 4, 2016**

Those entering events starting at 11:00 AM must arrive before 10:35 am to have enough time to check in.

#### ORDER OF RUNNING EVENTS - 11:00 A.M.

1.	GROUP A, 1, 4	GIRLS	100m HIGH HURDLES	TRIALS
	GROUP A, 1, 4	BOYS	110m HIGH HURDLES	TRIALS
2.	GROUP A, 1, 4	GIRLS	800m RUN	(ON TIME) FINALS
	GROUP A, 1, 4	BOYS	800m RUN	(ON TIME) FINALS
3.	GROUP A, 1, 4	BOYS	110m HIGH HURDLES	FINALS
	GROUP A, 1, 4	GIRLS	100m HIGH HURDLES	FINALS
4.	GROUP A	GIRLS	3200m RUN	(ON TIME) FINALS
	GROUP A	BOYS	3200m RUN	(ON TIME) FINALS
5.	GROUP A, 1, 4	GIRLS	4X100m RELAY	(ON TIME) FINALS
	GROUP A, 1, 4	BOYS	4X100m RELAY	(ON TIME) FINALS
6.	GROUP 1	GIRLS	3200m RUN	(ON TIME) FINALS
	GROUP 1	BOYS	3200m RUN	(ON TIME) FINALS
7.	GROUP A, 1, 4	GIRLS	200m DASH	(ON TIME) FINALS
	GROUP A, 1, 4	BOYS	200m DASH	(ON TIME) FINALS
8.	GROUP 4	GIRLS	3200m RUN	(ON TIME) FINALS
	GROUP 4	BOYS	3200m RUN	(ON TIME) FINALS
9.	GROUP A, 1, 4	GIRLS	4X400m RELAY	(ON TIME) FINALS
	GROUP A, 1, 4	BOYS	4X400m RELAY	(ON TIME) FINALS

**NOTE:** When "California" starts are used, they will be ONE TURN STAGGERS.

#### ORDER OF FIELD EVENTS - 10 events starting at 11:00 A.M

1.	GROUP NP A (Gr. 1 follows at 1 <sup>st</sup> available venue)	BOYS DISCUS	FINALS (3 Preliminary, 3 Final)
2.	GROUP 4	BOYS DISCUS	FINALS (3 Preliminary, 3 Final)
3.	GROUP 1, A, 4	GIRLS LONG JUMP	FINALS (3 Preliminary, 3 Final)
4.	GROUP 4, A, 1	BOYS TRIPLE JUMP	FINALS (3 Preliminary, 3 Final)
5.	GROUP 4,1, A	GIRLS SHOT PUT	FINALS (3 Preliminary, 3 Final)
6.	GROUP A, 4, 1	GIRLS JAVELIN	FINALS (3 Preliminary, 3 Final)
7.	GROUP 1 (NP A follows at 1 <sup>st</sup> available venue)	BOYS HIGH JUMP	FINALS
8.	GROUP 4	BOYS HIGH JUMP	FINALS
9.	GROUP A	GIRLS POLE VAULT	FINALS
10.	GROUP 1 (Gr. 3 Girls follows at 1 <sup>st</sup> available venue)	GIRLS POLE VAULT	FINALS

**\*\* The five-alive system will be used IN POLE VAULT AND HIGH JUMP.**

**NOTE:** ALL LEGAL ATTEMPTS IN THE SHOT, DISCUS, JAVELIN, TRIPLE JUMP, AND LONG JUMP WILL BE MEASURED. STARTING HEIGHTS IN THE HIGH JUMP AND POLE VAULT WILL BE NO HIGHER THAN THE 12<sup>TH</sup> BEST PERFORMANCE FROM SECTIONALS.

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## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

### IV. STATE CHAMPIONSHIP MEET

DATE: **WEDNESDAY, JUNE 8, 2016 (Rain Date - June 9, 2016)**

TIME: 2:30 PM Field Events  
2:30 PM Running Events

NOTE: SCHOOLS WILL NOT BE PERMITTED ON SITE UNTIL 1:30 P.M.

MEET DIRECTOR: ED COLONA

All rules and regulations used for the Sectional and State Group Meet apply to the State Championship Meet unless modified below:

- A. Field Events. In the State Championship Meet (June 4), all contestants will have all legal attempts measured. The three throwing events will be divided into THREE (3) flights, with the best flight throwing last. The Long Jump AND TRIPLE JUMP in Group Meets and Meet of Champions meets will be run using the standard method. Each contestant will be given three (3) attempts. The best eight (8) contestants will be given an additional three (3) attempts. The eight (8) finalists will be re-seeded worst to best before the start of the final three (3) attempts. **Long Jump and Triple Jump participants must wear their assigned numbers on the front of their jerseys. Shot, Discus, Javelin, Pole Vault and High Jump contestants may wear the numbers either on the front or on the back of their jerseys.**
- B. Seeding. State Championship (Meet of Champions) seeding will be on time, unless coaches of State Group Winners file for advancement in seeding, based on a VERIFIED, previous performance. **This must be done BY 12 NOON ON JUNE 6, 2016.**
- C. FOR RUNNING EVENTS ONLY, the clerks will assign heat and lane assignments. They will distribute to each athlete an appropriate hip **number. The number is to be worn on the left hip. At the request of college coaches and the press, each contestant will also wear his/her computer number on the front of his/her jersey.**
- D. Awards  
Individual Medals for the first Eight (8) Places in each event in each Group.
- E. Admissions
  1. Adults \$4.00  
Students (K-12) & Seniors \$2.00
  2. Administrative and Supervisory Personnel of competing schools will be admitted upon identification to the gate personnel.
  3. MANAGERS AND COACHES MUST HAVE PASSES, AS PROVIDED, FOR ADMISSION.
    - a. Athletes fully dressed in school-issued uniforms will be admitted free. Coaches and managers MUST HAVE PASSES THAT WERE ISSUED AT SECTIONAL MEETS.
    - b. Tickets are NOT required for admission to the State Group Meet for athletes, **BUT ALL COACHES AND TEAM MANAGERS MUST HAVE PASSES.** They are included in your packets AT THE SECTIONAL MEETS.
    - c. **ONLY ATHLETES FULLY DRESSED IN SCHOOL-ISSUED UNIFORMS WILL BE ADMITTED FREE.** All others will be charged the student admission fee if not in uniform. IN OTHER WORDS, THE **SCHOOL UNIFORM IS THE ATHLETE'S TICKET.**
    - d. ALL SCHOOLS - STATE CHAMPIONSHIPS  
The same procedures USED at the GROUP MEET will be used at the State Championships: Athletes MUST BE IN UNIFORM and coaches WERE to pick up packets containing passes for admission AT THEIR SECTION MEETS.

NOTE: Only those coaches and managers listed on the entry forms submitted to the NJSIAA Office will be admitted free.

## Meet of Champions CENTRAL REGIONAL

2:30 P.M. - FIELD EVENTS **WEDNESDAY, JUNE 8, 2016** (Rain Date – June 9)      2:30 P.M. - RUNNING EVENTS

**NOTE:** SCHOOLS WILL NOT BE PERMITTED ON SITE UNTIL 1:30 P.M.

**STARTING BLOCKS WILL BE SUPPLIED**

### ORDER OF RUNNING EVENTS – 2:30 P.M.

1.	GIRLS 400m Hurdles	Final on Time	9.	BOYS 110m Hurdle	Finals
	BOYS 400m Hurdles	Final on Time		GIRLS 100m Hurdle	Finals
2.	1600M Wheelchair	Final on Time	10.	GIRLS 100 meter Dash	Finals
				BOYS 100 meter Dash	Finals
3.	GIRLS 100 meter Dash	Trials	11.	100 meter Wheelchair	Final on Time
	BOYS 100 meter Dash	Trials			
4.	GIRLS 100 meter Hurdles	Trials	12.	GIRLS 800m Dash	Final on Time
	BOYS 110 meter Hurdles	Trials		BOYS 800m Dash	Final on Time
5.	GIRLS 1600 meter Run	Final on Time	13.	800m Wheelchair	Final on Time
	BOYS 1600 meter Run	Final on Time			
6.	GIRLS 4x100 Relay	Final on Time	14.	GIRLS 200m Dash	Final on Time
	BOYS 4x100 Relay	Final on Time		BOYS 200m Dash	Final on Time
	GIRLS Unified 4x100 Relay	Final on Time	15.	GIRLS 3200m Run	Final on Time
	BOYS Unified 4x100 Relay	Final on Time		BOYS 3200m Run	Final on Time
7.	400 meter Wheelchair	Final on Time	16.	GIRLS 4x800m Relay	Final on Time
				BOYS 4x800m Relay	Final on Time
8.	GIRLS 400 meter Dash	Final on Time	17.	GIRLS 4x400m Relay	Final on Time
	BOYS 400 meter Dash	Final on Time		BOYS 4x400m Relay	Final on Time

**NOTE: When “California” starts are used, they will be ONE TURN STAGGERS**

### ORDER OF FIELD EVENTS – 9 events starting at 2:30 P.M.

1.	POLE VAULT	GIRLS
2.	POLE VAULT	BOYS
3.	LONG JUMP	GIRLS followed by BOYS
4.	TRIPLE JUMP	BOYS followed by GIRLS
5.	HIGH JUMP	GIRLS/BOYS simultaneously on two separate pits
6.	SHOT PUT	GIRLS/BOYS throw simultaneously in two different areas
7.	SHOT PUT, DISCUS, JAVELIN	WHEELCHAIR BOYS AND GIRLS
8.	DISCUS	GIRLS/BOYS throw simultaneously in two different areas
9.	JAVELIN	GIRLS/BOYS throw simultaneously in two different areas

**NOTE: ALL LEGAL ATTEMPTS IN THE SHOT, DISCUS, JAVELIN, TRIPLE JUMP, AND LONG JUMP WILL BE MEASURED.**

**No pets or animals permitted on any site.**

**Preparation of hot food is NOT permitted at any meet.**

**ATTENTION:** NO RADIOS OR TAPE RECORDERS ARE PERMITTED AT ANY OF THE THREE (3) CHAMPIONSHIP MEETS. VIOLATORS WILL BE DISQUALIFIED AND/OR EJECTED FROM THE STADIUM.

TO GAIN FREE ADMISSION TO THE STATE CHAMPIONSHIPS ATHLETES MUST **BE FULLY DRESSED IN SCHOOL-ISSUED UNIFORMS** AND ACCOMPANIED BY A COACH. COACHES AND MANAGERS' PASSES FOR ADMISSION WERE TO BE PICKED UP AT THE SECTIONAL MEETS.

**REMINDER: BY STATE LAW THERE IS NO SMOKING ON SCHOOL PROPERTY.**

**Tarps/tents are allowed only in the highest four rows of the bleachers.**

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

### V. ADVANCEMENT REGULATIONS

#### A. TO ADVANCE TO THE STATE GROUP CHAMPIONSHIPS

1. A contestant must qualify in the Sectional Meet by placing in one of the first six (6) [8 for Non-Public] places in an event in his/her Group. All ties for Sixth (6th) ([8<sup>th</sup> for Non-Public] Place will advance.
2. NO APPEALS WILL BE CONSIDERED PRIOR TO THE MEET FOR ADVANCEMENT TO THE STATE GROUP CHAMPIONSHIP IN ANY EVENT.

#### B. TO ADVANCE TO STATE CHAMPIONSHIPS

1. Contestants must qualify in the State Group Championships by placing in one of the first six (6) places in any event in their Group. All ties for Sixth (6th) Place will advance.
2. Six highest performances in each event (all ties will be broken using NFHS rules) will be advanced, taken from non-medal winners from all six groups (Public 1, 2, 3, and 4, Non-Public A and B) combined.

Note: Times in trials (100 Dash and 100/110 Hurdles) will count in the six (6) highest performances for advancement. An athlete who false starts in the final cannot qualify as a wild card by using his/her trial time.

#### 3. NO APPEALS WILL BE CONSIDERED PRIOR TO THE MEET FOR ADVANCEMENT TO THE STATE CHAMPIONSHIPS IN ANY EVENT

#### C. Failure to appear in the State Championship Meet (June 8)

Any school or contestant who fails to appear for the **State Championships (Meet of Champions)** after having qualified as a 1st, 2nd, or 3rd place finisher WITH a performance THAT falls within the top eighteen (18) performances of all the qualifiers (medal winners) **in the State Group Championships** will be subject to any penalties as enforced by the NJSIAA and barred from participation in the Outdoor Track Competition, at all levels i. e., Sectional, State Group, and State Championships the following year unless extraordinary circumstances caused such unforeseen withdrawal. A contestant qualifying in more than one (1) event is not subject to this rule if he/she participates in at least one (1) event.

NOTE: FAILURE TO BE PRESENT AT THE TIME THE EVENT IS CALLED DUE TO TRANSPORTATION PROBLEMS, MISUNDERSTANDING OF INSTRUCTIONS, TOURNAMENT REGULATIONS, OTHER SIMILAR EXCUSES, WILL RESULT IN DISQUALIFICATION.

### VI. GENERAL INFORMATION FOR ALL MEETS

#### A. COACHES/CONTESTANTS

1. CONTESTANTS WHO APPEAR AT THE SECTIONAL, STATE GROUP, OR STATE CHAMPIONSHIPS WITHOUT THEIR COACH (OR CERTIFIED MEMBER OF THE FACULTY) WILL BE DISQUALIFIED.
2. PLEASE NOTE THAT THE TIME SCHEDULE IS A TENTATIVE ONE. IF THE MEET SHOULD RUN AHEAD OF SCHEDULE, THEN IT IS THE RESPONSIBILITY OF THE INDIVIDUAL COMPETING TO REPORT WHEN HIS/HER EVENT IS CALLED. ALL COACHES SHOULD ADVISE THEIR CONTESTANTS TO BE PRESENT AT LEAST ONE (1) HOUR BEFORE THEIR EVENTS ARE SCHEDULED.

#### B. COACHES' RESTRICTIONS (Coaches, please note.)

1. Coaches are not to enter upon the running area or the field event areas, during the course of the meet; and are not permitted to communicate with their contestants in these areas.
2. It is preferred that only contestants remain in the paddock area; however, if a runner is needed in a field event, a teammate, coach, or team manager may substitute for that runner so that the runner may leave to participate in a field event. This means that the "substitute" needs to remain in the paddock area to respond for the runner when the clerks call for that runner to give him/her his/her heat and lane assignments. The substitute's next responsibility is to transfer this information to the runner in a timely manner so that the runner knows where and when he/she will be running.
3. Where it is feasible, coaching "boxes" will be established for the Pole Vault, High, Jump and Triple Jump.



## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

### C. SMOKING, FOOD, BEVERAGES, RADIOS, VALUABLES, and PETS.

1. Schools must provide the necessary sustenance for a full day's activity since the meet authorities cannot assure refreshments will be available at any given site. However, all sites have provided concessions for the purchase of food and drink in the past. Please instruct contestants to use trash receptacles. **DO NOT LITTER.** The NJSIAA WILL NOT BE RESPONSIBLE FOR LOST OR STOLEN ARTICLES.
2. RADIOS, TAPE RECORDERS, AND OTHER ELECTRONIC COMMUNICATING DEVICES ARE NOT PERMITTED AT ANY SITE. VIOLATORS MAY BE ASKED TO LEAVE AND THEIR TEAMS MAY BE DISQUALIFIED. CONTESTANTS VIOLATING THIS RULE WILL BE DISQUALIFIED.
3. Please refrain from smoking in the stands and/or near athletes and encourage other spectators to do the same. Note: It is against New Jersey laws to smoke anywhere on school property.
4. **NO ANIMALS/PETS ALLOWED AT ANY MEET.**
5. Because of the potential safety hazards created by teams preparing hot food at their "campsites," there will be no cooking/preparing of hot food by anyone except official concessions at any site.
6. Where tents/tarps or other such protective devices are permitted to be deployed in the bleachers, **they shall be limited to the highest rows of the bleachers.** . Site managers may prohibit the use of these devices in bleachers.) Site managers have complete control over the use of tents and tarps in all other areas

### D. ATHLETIC EMERGENCY PROCEDURE

1. Each school participating in the championship will provide for the care and treatment of their athletes within the school's policy as in effect during the regular season. The athletic emergency procedure of the host school will be in effect during the championship which will include the establishment of a line of communication for emergent situations.
2. Some sources of assistance that may be utilized when physicians are not available are certified athletic trainers, emergency medical technicians usually on emergency vehicles, ambulance vehicle with trained personnel, rescue vehicle with trained first-aid personnel and, in some areas, National Guard or Army Reserve Medical personnel assigned to ambulance duty. Schools may also have other school personnel qualified in first-aid, who may be available for duty during activities.
  - a. Recommended procedures that may be followed in successful emergency care are:
    - (1) Immediate, on the spot first-aid by and individual with adequate training.
    - (2) Communication System: An available, non-pay telephone with an outside line to contact a physician or ambulance service. Arrangements should be made in advance to insure availability
    - (3) Emergency care facility: Arrangements should be made, in advance, with staff personnel of local hospital or clinic to notify, in case of emergency, that emergency service is necessary.
    - (4) Notification: The facility to which the injured player is being transported should be immediately informed of the injured player's status. Necessary personnel and equipment should be available in the facility or physicians, on call, could be notified of the emergency.
    - (5) Transportation: Ambulance, emergency vehicle, first-aid vehicle or rescue vehicle, with appropriate equipment and personnel may be parked at the field or game site. If this procedure is not feasible, prior arrangements should be made to have equipment on call when an emergency develops. Again, an available, non-pay telephone with an outside line should be immediately available.
    - (6) Communities without physicians, medical clinics, or hospital service should complete arrangements with medical personnel and hospital facilities in the nearest community where such services are available.
  - b. The plan of action specified above should be carefully covered, in advance, with responsibilities of all concerned – trainer, coach, vehicle personnel, school administrators, local police, deputies, or constables – defined. When an emergency does occur, everyone involved can function as an informed, effective team.
  - c. Local plans of action to meet emergency situations will vary depending on availability of medical personnel and facilities, the location of the playing field or site and communications. In all cases, the emergency situation plan is best developed through cooperative action of local school personnel, participating professional medical staff and allied groups.

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

### 3. **ATTENTION:** Principals, Athletic Directors, All Coaches and Officials

#### **RE: Recommended Precautions Against The Transmission of Blood-Borne Pathogens**

- a. All member schools must provide all coaches with the contents of the NJSIAA Infectious Disease Policy.
- b. The Infectious Disease Policy provides that:
  - (1) If an individual gets someone else's blood on his/her skin, protective gloves should be worn to wipe the blood off with a disposable towel using soap and water.
  - (2) **Note:** If any blood gets on an opponent's uniform during competition or a teammate's uniform during practice, it is not necessary to clean the uniform at that point unless the opponent or teammate has an open cut or unskinned area, or the blood is on a part of the uniform which might come in contact with mucous membranes. If the student-athlete does have an open cut or unskinned area or believes the blood might come in contact with mucous membranes, then the uniform should be wiped with soap and water.

### E. SALES/SOLICITATIONS

1. Only NJSIAA promotional items will be sold at NJSIAA sponsored events. For the 2015/16 seasons, T-Rific Tees is the designated vendor.
2. Solicitations, sale of publications or products, or similar activities are NOT permitted.
3. The New Jersey State Interscholastic Athletic Association is the sponsoring association for all levels of State Tournament/Championships. The NJSIAA reserves all rights in regard to the management of these Tournaments/Championships and any audio-visual reproductions. NJSIAA reserves all rights for the sale or distribution of any items. Any sale or distribution of clothing, souvenirs or any other items is strictly prohibited.

### F. ALCOHOLIC BEVERAGES/ILLEGAL SUBSTANCES

1. Players and coaches involved with alcoholic beverages and/or illegal substances before, during or after the game, at the game site or on school property, including chartered busses, shall be suspended from NJSIAA tournament play for one year and be denied any championship rights.
2. This action was taken in support of the fact that such actions concerning alcoholic beverages and illegal substances are in violation of New Jersey State statutes and will be strictly enforced.

### G. PROTESTS

1. All protests the day of the meet go to the referee first. If a coach still feels that the terms and conditions of competition or the application of rules have been misapplied or misinterpreted, a written appeal (on a form supplied by meet management) shall be made to the Jury of Appeals. This jury will consist of the Head Starter, Head Clerk and Head Umpire. Their decision will be final. Reminder: Non-appealable situations:
  - a. Any judgment decision pertaining to violations or alleged violations of the rules
  - b. A decision made by the finish judges or timers that does not involve misapplication of a rule or the terms and conditions of competition.
  - c. Whether a start is fair and legal
2. All protests must be made within thirty (30) minutes of the conclusion of the last race of the session involving the protesting school. After this time period, protests based upon an official's judgment, or misapplication or misinterpretation of the playing rules will not be honored as per NJSIAA Bylaws, Article VII, Section 1.

### H. DISQUALIFICATION

Participation by an ineligible contestant in any meet during the regular season results in forfeiture of all points achieved by the ineligible contestant. If such forfeiture would have caused the contestant's failure to qualify for the Championships, or if an ineligible contestant participates in a meet, said contestant will be disqualified from the Championships immediately and the next finisher will advance; contestants eliminated prior to the last meet will not re-enter the Championship competition.

### I. USE OF FACILITIES

Coaches are asked to instruct contestants to exhibit due consideration to the officials and administrators at the meet site. Coaches must make it **ABSOLUTELY** clear that the school officials do not want athletes walking through the gym or hallways in spikes. Your contestants are asked to take shoes off before entering school facilities.

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

### J. POSTPONEMENTS

In case of inclement weather on the day of the meet, coaches must contact their respective director(s) at least two (2) hours prior to the start of the meet.

### K. Television/Cable/Internet

1. **The NJSIAA has granted to *MSG Varsity and NFHS Network* the exclusive rights to create, distribute and license programming in connection with NJSIAA tournaments (and NJSIAA sporting events, to the extent the NJSIAA controls or otherwise has authority to grant such rights with regard to NJSIAA sporting events) in all media currently existing or yet to be developed. This includes, without limitation, network and cable television broadcast, pay-per-view television, radio, webcasting, podcasting, distribution over wireless telephone networks, optical media including DVD, and print publications. The foregoing shall not be interpreted to restrict NJSIAA member schools from producing print publications (i.e. programs, or similar) for distribution on school property during the regular season NJSIAA sports events, or to restrict the NJSIAA from producing print publications (i.e. programs, or similar) for distribution during post-season NJSIAA tournaments**
2. **Any third party seeking to create, distribute or otherwise exploit programming in connection with the NJSIAA sporting events in any media will be directed to MSG Varsity and NFHS Network, as applicable, by the NJSIAA or the applicable member school. The Star-Ledger and NJ.com shall have the right to enter into license arrangements with such third parties.**
3. **MSG Varsity and NFHS Network may create NJSIAA programming for distribution over media outlets owned or controlled by Advance Publications.**
4. **Notwithstanding anything herein to the contrary, including but not limited to Sections A and B above, NJSIAA member schools may broadcast regular season (but not playoff, post-season tournament, or championship) athletic contests involving such schools' own teams or athletes, without charging any fee to any viewer or other third party, on such schools' own commercial-free television networks, their own commercial-free websites, or on commercial-free public access television channels (provided that any agreement between an NJSIAA member school and a commercial-free public access television channel does not permit sublicense or other use of the telecast).**

If you have any questions, including cancellations of meet due to inclement weather, please refer them to your Sectional Site Director or to:

State Director: Bill Bruno, NJSIAA Office: 609-259-2776, Cell: 732-278-5385  
e-mail: [bbruno@njsiaa.org](mailto:bbruno@njsiaa.org)

# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## Entry Form A

Page 1 of 3

Please PRINT or TYPE

School \_\_\_\_\_ Section \_\_\_\_\_ Group \_\_\_\_\_

BOYS Head Coach \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
 School Phone Home/Cell Phone

GIRLS Head Coach \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
 School Phone Home/Cell Phone

### CERTIFICATE OF INTENT

In the event an individual or relay team from our school should qualify for the **State Championship (JUNE 8)** by placing 1st, 2nd, or 3rd whose performance falls within the top eighteen (18) of all the qualifiers in that event **in the State Group Championships**, we, the undersigned, do hereby declare that we will compete in the State Championships. Any individual or school withdrawing from the State Championship meet after having qualified will be subject to any penalties as enforced by the Executive Committee and barred from participation in the NJSIAA Spring Track meets for one (1) year; i. e., Sectional, State Group and State Championships, unless extraordinary circumstances caused withdrawal.

**ATTENTION:** If the opening height in the pole vault and/or high jump in the State Championships is higher than the height at which the contestant qualified in the State Group Meet, then the contestant is NOT required to advance to the State Championship Meet, even though the contestant placed 1st, 2nd, or 3rd. or has a performance within the top eighteen (18) of the qualifiers.

Note: SCHOOLS NOT WILLING OR ABLE TO COMPLY WITH TOURNAMENT REGULATIONS SHOULD NOT ENTER THE TOURNAMENT.

Each School is allowed a **maximum of THREE (3) entries per event.**

Worksheet GIRLS Event	3 contestants per event		
100 m H Hurdles			
400 m Low Hurdles			
100 m Dash			
200 m Dash			
400 m Dash			
800 m Run			
1600 m Run			
3200 m Run			
High Jump (4' 4")			
Long Jump (12' 0")			
Shot Put (26' 0")			
Discus (70' 0")			
Javelin (70' 0")			
Pole Vault (7'0")			
Triple Jump (26')			
Total GIRLS Ind. Entries Wanted	Max total 45		
4x100 Relay		X	X
4x400 Relay		X	X
4x800 Relay		X	X
Total GIRLS Relays	Max total 3		

Worksheet BOYS Event	3 contestants per event		
110 m H Hurdles			
400 m Inter Hurdles			
100 m Dash			
200 m Dash			
400 m Dash			
800 m Run			
1600 m Run			
3200 m Run			
High Jump (5' 4")			
Long Jump (16' 0")			
Shot Put (38' 0")			
Discus (100' 0")			
Javelin (100' 0")			
Pole Vault (9'0")			
Triple Jump (32')			
Total BOYS Ind. Entries Wanted	Max total 45		
4x100 Relay		X	X
4x400 Relay		X	X
4x800 Relay		X	X
Total BOYS Relays	Max total 3		

You must also enter your athletes into the correct sectional meet and division (GROUP) on [nj.milesplit.com](http://nj.milesplit.com)

**Entry Form B**  
**Signature and Calculation Page**  
 Page 2 of 3

**STAMPED SIGNATURES NOT ACCEPTABLE**

\_\_\_\_\_  
 Signature of Girls Coach  
 or Certified Faculty Member

\_\_\_\_\_  
 Signature of Athletic Director

\_\_\_\_\_  
 Signature of Boys Coach  
 or Certified Faculty Member

\_\_\_\_\_  
 Signature of Principal

<b>Total GIRLS Ind. Entries</b> Maximum 45 Ind. Entries		<b>X</b>	<b>\$14.00 =</b>	
				\$630 max for individuals
<b>Total GIRLS Entries</b> Maximum 3 total Relays		<b>X</b>	<b>\$22.00 =</b>	
				\$66 max for relays
			<b>Total GIRLS Fee Due</b>	
				\$696 Max GIRS Fee

<b>Total BOYS Entries</b> Maximum 45 Ind. Entries		<b>X</b>	<b>\$14.00 =</b>	
				\$630 max for individuals
<b>Total GIRLS Entries</b> Maximum 3 total Relays		<b>X</b>	<b>\$22.00 =</b>	
				\$66 max for relays
			<b>Total BOYS Fee Due</b>	
				\$696 Max BOYS Fee

<b>Grand total</b> <b>(Boys &amp; Girls Due</b>	
	\$1392 Max for both Girls & Boys

***Please make checks payable to: NJSIAA***

**Check #(s) \_\_\_\_\_**

Note: Although the placement of entries in the individual events may be changed at any time, the Total number of Entries cannot be changed once this form has been submitted.

## 2016 NJSIAA/M-F Athletic Boys &amp; Girls Outdoor Track &amp; Field Championships

## Entry Form C

This form must be mailed to Track Tournament, NJSIAA, 1161 Route 130 North, PO Box 487, Robinsville, NJ 08691

Please TYPE

School \_\_\_\_\_ Section \_\_\_\_\_ Group \_\_\_\_\_

GIRLS Head Coach \_\_\_\_\_ (\_\_\_\_\_)\_\_\_\_\_-\_\_\_\_- (\_\_\_\_\_)\_\_\_\_\_-\_\_\_\_-  
First and Last School Phone Home/CELL Phone

Assistant GIRLS Coaches (FULL NAMES PLEASE)	GIRLS TEAM Managers (FULL NAMES PLEASE)
	<p align="center"><b>Maximum of 3</b></p> <p>Reminder: Only STUDENT managers can be listed.</p>

BOYS Head Coach \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
First Last School Phone Home/CELL Phone

Assistant BOYS Coaches (FULL NAMES PLEASE)	BOYS TEAM Managers (FULL NAMES PLEASE)
	<p align="center"><b>Maximum of 3</b></p> <p>Reminder: Only STUDENT managers can be listed.</p>

## Declaration of Eligibility

**ALL contestants participating in this tournament meet all NJSIAA eligibility requirements and are permitted to participate in 2016 NJSIAA Outdoor Track Championships:**

**STAMPED SIGNATURES ARE NOT ACCEPTABLE**

Signature of Athletic Director

Signature of Principal

2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

**GIRLS WHEELCHAIR ENTRY FORM**

**Submit only if entering a female wheelchair contestant**  
**ALL SCHOOLS - PUBLIC AND NON-PUBLIC**

Please PRINT or TYPE

School \_\_\_\_\_

Head Coach \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
First and Last School Phone Home/CELL Phone

Note: SCHOOLS NOT WILLING OR ABLE TO COMPLY WITH TOURNAMENT REGULATIONS SHOULD NOT ENTER THE TOURNAMENT.

Reminder: Name of FEMALE contestants are to be listed on this form.

Forward this Wheelchair entry form and fees to:

Bill Bruno  
Wheelchair Meet Director  
NJSIAA  
1161 Route 130 North  
PO Box 487  
Robbinsville, NJ 08691-0487

Wheelchair Entries must be **postmarked** by MAY 9, 2016

**Declaration of Eligibility**

The following contestants meet all NJSIAA eligibility requirements and are permitted to participate in the 2016 NJSIAA/M-F Athletic Outdoor Track Championships:

**STAMPED SIGNATURES ARE NOT ACCEPTABLE**

\_\_\_\_\_  
Signature of Athletic Director

\_\_\_\_\_  
Signature of Principal

\_\_\_\_\_  
Signature of Coach or Certified Faculty Member

Please fill in the table below. Wheelchair athletes may enter all seven events.

**Note that all wheelchair events will be contested on Wednesday, June 8, 2016 at Central Regional High School, South Plainfield.**

**Check GIRLS Events to be Entered**

First Name	Last Name	100m	800m	400m	1600m	SHOT PUT	Discus	Javelin

Fee due: Total number of boxes checked above \_\_\_\_\_ x \$14.00 = Fee Due \_\_\_\_\_

*Make checks payable to:* New Jersey State Interscholastic Athletic Association (NJSIAA)

2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

**BOYS WHEELCHAIR ENTRY FORM**

**Submit only if entering a female wheelchair contestant**  
**ALL SCHOOLS - PUBLIC AND NON-PUBLIC**

Please PRINT or TYPE

School \_\_\_\_\_

Head Coach \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
First and Last School Phone Home/CELL Phone

Note: SCHOOLS NOT WILLING OR ABLE TO COMPLY WITH TOURNAMENT REGULATIONS SHOULD NOT ENTER THE TOURNAMENT.

Reminder: Name of MALE contestants are to be listed on this form.

Forward this Wheelchair entry form and fees to:

Bill Bruno  
Wheelchair Meet Director  
NJSIAA  
1161 Route 130 North  
PO Box 487  
Robbinsville, NJ 08691-0487

Wheelchair Entries must be **postmarked** by MAY 9, 2016

**Declaration of Eligibility**

The following contestants meet all NJSIAA eligibility requirements and are permitted to participate in the 2016 NJSIAA/M-F Athletic Outdoor Track Championships:

**STAMPED SIGNATURES ARE NOT ACCEPTABLE**

\_\_\_\_\_  
Signature of Athletic Director

\_\_\_\_\_  
Signature of Principal

\_\_\_\_\_  
Signature of Coach or Certified Faculty Member

Please fill in the table below. Wheelchair athletes may enter all seven events.

**Note that all wheelchair events will be contested on Wednesday, June 8, 2016 at Central Regional High School, South Plainfield.**

**Check BOYS Events to be Entered**

First Name	Last Name	100m	800m	400m	1600m	SHOT PUT	Discus	Javelin

Fee due: Total number of boxes checked above \_\_\_\_\_ x \$14.00 = Fee Due \_\_\_\_\_

*Make checks payable to:* New Jersey State Interscholastic Athletic Association (NJSIAA)



NJSIAA /M-F ATHLETIC SPORTSMANSHIP PLEDGE: 2016

**Must be mailed with Entry Forms**

The National Federation of High School Associations requires all sports officials to enforce the sportsmanship rules for coaches and contestants. Acts meant to demean opposing players, teams, spectators and officials are not in the highest ideals of interscholastic sport and will not be tolerated. Let this contest reflect mutual respect.

**School:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**I hereby certify to the Referee and/or Meet Director that my contestants are legally equipped (CORRECT SPIKES FOR YOUR MEET SITE) and in compliance with all uniform regulations (including the jewelry regulations which excludes watches) as per National Federation of High School Athletic Associations and the New Jersey State Interscholastic Athletic Association. I have also given all members of my team instructions in the area of sportsmanship and expected behavior at these meets.**

**I am aware that continued problems in these areas may lead to disciplinary action against me and/or my school under the sportsmanship rules.**

**(Two signatures are required if the head coach of the Boys Team and the head coach of the Girls Team are different people.**

**BOYS Head Coach's signature:** \_\_\_\_\_

**GIRLS Head Coach's signature:** \_\_\_\_\_

**This form is valid for as long as your school is active in the NJSIAA/M-F Athletic Track and Field Championship Tournament (Sectionals – Group Meet – State Championships).**

**Please mail this completed form with your entry form.**

2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

**Tournament Worksheet** – mail only if enclosing a self-addressed envelope for verifying receipt of entries.

## **CHECK-OFF/ENTRY VERIFICATION FORM**

CHECK OFF THE ITEMS **YOU ARE INCLUDING IN THIS** MAILING. If you plan to send girls and boys separately, please duplicate this form and include a completed copy in **each** mailing.

IF YOU WISH TO RECEIVE VERIFICATION THAT YOUR ENTRY HAS BEEN RECEIVED, WE STRONGLY RECOMMEND THAT YOU DO **NOT** send it via certified mail or "return receipt requested." This will slow down receipt of your entry by two weeks or more.

Instead, enclose a self-addressed envelope, with your entry form. This form will be returned to you promptly.

School \_\_\_\_\_ Date: \_\_\_\_\_

Please accept our Entry Forms as checked below for the 2016 NJSIAA/M-F Athletic Track and Field Championships. If entry fees are not enclosed, they will be forwarded as soon as possible.

The following (***check all that apply***) are enclosed:

<input type="checkbox"/> Girls & Boys Entry Form <input type="checkbox"/> Girls ONLY Entry Form <input type="checkbox"/> Boys ONLY Entry Form
<input type="checkbox"/> Girls & Boys Eligibility Form <input type="checkbox"/> Girls ONLY Eligibility Form <input type="checkbox"/> Boys ONLY Eligibility Form
<input type="checkbox"/> Girls Wheelchair Entry Form Only if entering a female wheelchair contestant <input type="checkbox"/> Boys Wheelchair Entry Form Only if entering a male wheelchair contestant
<input type="checkbox"/> *Girls & Boys Roster entered on NJ.Milesplit.com on (date): _____ <input type="checkbox"/> Girls ONLY Roster entered on NJ.Milesplit.com on (date): _____ <input type="checkbox"/> BOYS ONLY Roster entered on NJ.Milesplit.com on (date): _____ <i>*Girls &amp; Boys rosters can be in the same file.</i>
<input type="checkbox"/> **Girls & Boys NJSIAA Sportsmanship Form <input type="checkbox"/> Girls ONLY NJSIAA Sportsmanship Form <input type="checkbox"/> Boys ONLY NJSIAA Sportsmanship Form <i>**Girls &amp; Boys can be in the same form.</i>
<input type="checkbox"/> Self-addressed envelope <b>if you wish this form AND/OR <u>a purchase order</u> returned to you.</b>

Do not write below this line    ↑    The above was received as stamped below:

\_\_\_\_\_  
Bill Bruno - Tournament Director

\_\_\_\_\_  
Date Received

# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

## 2015-2016 School Code assignments for Hy-Tek Rosters for Cross-Country and Track

<b>No.</b>	<b>School</b>
441	Absegami, Absecon
521	Acad. of St. Eliz., Conv. Sta.**
511	Academy o/t Holy Angels, Dem.**
5228	Al-Ghazaly
321	Allentown
211	Arts, Newark
322	Asbury Park
442	Atlantic City
421	Audubon
241	Baringer, Newark
4231	Barnegat
522	Bayley Ellard, Madison
141	Bayonne
111	Becton Reg., Henry P.
242	Belleville
212	Belvidere
530	Benedictine Academy
150	Bergen Arts & Science Academy
512	Bergen Catholic, Oradell*
131	Bergen Co V/T, Hackensack
166	Bergen Arts & Science Charter
132	Bergenfield
311	Bernards, Bernardsville
611	Bishop Ahr, Edison
612	Bishop Eustace Prep, Pennsauken
243	Bloomfield
112	Bogota
213	Boonton
411	Bordentown Reg.
312	Bound Brook
214	Brearley, David, Kenilworth
431	Brick Memorial
443	Brick Township
422	Bridgeton
341	Bridgewater-Raritan
423	Buena Reg.
413	Burlington City
424	Burlington Co. Inst. Tech, Medford
425	Burlington Co.Inst.Tech,Westampton
414	Burlington Township
215	Butler
221	Caldwell, James,
5262	Calvary Christian
432	Camden
420	Camden Academy Charter
613	Camden Catholic, Cherry Hill
426	Camden Co V/T, Pennsauken
433	Camden Co V/T, Sicklerville
415	Cape May Co. V/T

<b>No.</b>	<b>School</b>
629	Cardinal McCarrick, South Amboy
5231	Caritas
323	Carteret
216	Cedar Grove
434	Central Reg., Bayville
222	Central, Newark
5240	Chad
223	Chatham
444	Cherokee, Marlton
445	Cherry Hill East
446	Cherry Hill West
614	Christian Bros. Acad., Lincroft*
427	Cinnaminson
224	Clark, Abraham, Roselle
416	Clayton
435	Clearview Reg., Mullica Hill
133	Cliffside Park
142	Clifton
428	Collingswood
331	Colonia
313	Colts Neck
244	Columbia, Maplewood
231	Cranford
3122	CREATE Charter
113	Cresskill
436	Cumberland Reg., Seabrook
217	Dayton Reg., Jonathan
324	Delaware Valley Reg.
513	Delbarton, Morristown*
429	Delran
437	Delsea Reg., Franklinville
514	DePaul Diocesan, Wayne
4210	Deptford Township
143	Dickinson, William L., J.C.
515	Don Bosco Prep, Ramsey*
226	Dover
121	Dumont
314	Dunellen
523	Dwight Englewood
342	East Brunswick
232	East Orange
245	East Side, Newark
524	Eastern Christian
447	Eastern, Voorhees
144	Eastside, Paterson
343	Edison
438	Egg Harbor Twp.
246	Elizabeth
123	Elmwood Park Memorial

<b>No.</b>	<b>School</b>
114	Emerson Jr.-Sr., Emerson
134	Emerson, Union City
517	Essex Catholic Boys*
218	Essex Co V/T, Bloomfield
227	Essex Co V/T, Market St., Newark
228	Essex Co V/T, N.13th St., Newark
332	Ewing, Trenton
145	Fair Lawn
146	Ferris, Jersey City
417	Florence Township Memorial
135	Fort Lee
333	Franklin, Somerset
325	Freehold Borough
344	Freehold Township
136	Garfield
4211	Gateway Reg.
5230	Gill St. Bernard
418	Glassboro
219	Glen Ridge
115	Glen Rock Senior
615	Gloucester Catholic
4212	Gloucester City Jr. - Sr.
4150	Gloucester Co. Institute of Tech.
229	Gov. Livingston Reg., Berk. Hgts.
147	Hackensack
2210	Hackettstown
4213	Haddon Heights
419	Haddon Township, Westmont
4110	Haddonfield Memorial
345	Hamilton East (Steinert)
334	Hamilton North (Nottingham)
335	Hamilton West, Trenton
4214	Hammonton
2211	Hanover Park, East Hanover
124	Harrison
116	Hasbrouck Heights
125	Hawthorne
525	Hawthorne Christian Academy
137	High Point Reg., Sussex
315	Highland Park
449	Highland Reg., Blackwood
336	Hightstown
346	Hillsborough, Belle Mead
2212	Hillside
138	Hoboken
326	Holmdel
616	Holy Cross, Delran
518	Holy Family Academy**
617	Holy Spirit, Absecon

## 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

<b>No.</b>	<b>School</b>
126	Hopatcong
327	Hopewell Valley Central,
347	Howell, Farmingdale
519	Hudson Catholic, Jersey City*
118	Hudson Co. High Tech, North Bergen
117	Hudson Co. Prep., Jersey City
316	Hudson Reg., Henry, Highlands
348	Hunterdon Central, Flemington
5110	Immaculata, Somerville
526	Immaculate Conception, Lodi**
527	Immaculate Conception, Montclair
5111	Immaculate Heart Acad**
127	Indian Hills, Oakland
247	Irvington
2340	Jackson Liberty
4410	Jackson Memorial
2213	Jefferson Township, Oak Ridge
2214	Johnson Reg., Arthur L., Clark
317	Keansburg
148	Kearny
328	Kennedy Mem., John F., Iselin
149	Kennedy, John F., Paterson
528	Kent Place**
318	Keyport
4215	Kingsway Reg., Swedesboro
2110	Kinnelon
128	Kittatinny Reg., Newton
439	Lacey Twp, Lanoka Harbor
5227	Lacordaire
139	Lakeland Reg., Wanaque
4310	Lakewood
337	Lawrence, Lawrenceville
1310	Lenape Valley Reg., Stanhope
4411	Lenape, Medford
119	Leonia
1410	Lincoln, Jersey City
248	Linden
4131	Lindenwold
249	Livingston
129	Lodi
338	Long Branch
4311	Lower Cape May Reg.
1210	Lyndhurst
2111	Madison
1211	Mahwah
4312	Mainland Reg., Linwood
349	Manalapan, Englishtown
329	Manasquan
1212	Manchester Reg., Haledon
4216	Manchester Township
319	Manville

<b>No.</b>	<b>School</b>
4111	Maple Shade
529	Marist, Bayonne
3410	Marlboro
6220	Marylawn of the Oranges
5210	Mary Help of Christians Acad.**
339	Matawan Reg., Aberdeen
621	Mater Dei, New Monmouth
1110	McNair Academic, Jersey City
1411	Memorial, WNY
3110	Metuchen
4313	Middle Twp., Cape May Ct. Hse
3111	Middlesex
3210	Middlesex Co V/T, E. Brunswick
3112	Middlesex Co V/T, Perth Amboy
3113	Middlesex Co V/T, Piscataway
3114	Middlesex Co V/T, Woodbridge
3411	Middletown North
3310	Middletown South
1111	Midland Park
233	Millburn
4412	Millville Senior
3311	Monmouth Reg., Tinton Falls
3312	Monroe Township, Jamesburg
2410	Montclair
5211	Montclair Kimberly Acad., Mont.
3115	Montgomery, Skillman
234	Montville
4217	Moorestown
623	Moorestown Friends
5212	Morris Catholic, Denville
120	Morris Co. Vo-Tech
235	Morris Hills, Rockaway
2411	Morris Knolls, Rockaway
236	Morristown
5229	Morristown-Beard
122	Morrow, Dwight - Englewood
5112	Mother Seton Reg., Clark**
5113	Mount St. Dominic Acad.**
5114	Mount St. Mary Acad.**
2112	Mountain Lakes
618	Msgr. Donovan, Toms River
237	Mt. Olive, Flanders
3313	Neptune
3211	New Brunswick
4130	New Egypt
1112	New Milford
2113	New Providence
5213	Newark Academy
4198	Newark Collegiate Charter
1213	Newton
1113	North Arlington

<b>No.</b>	<b>School</b>
1412	North Bergen
3314	North Brunswick Township
3315	North Hunterdon, Annandale
3212	North Plainfield
2121	North Star Academy, Newark
2114	North Warren Reg., Blairstown
4218	Northern Burlington Reg.
1311	Northern Highlands Reg., Alndl.
1312	Northern Valley Reg. - Demarest
1313	Northern Valley Reg. - Old Tappan.
619	Notre Dame, Lawrenceville
238	Nutley
5214	Oak Knoll, Summit**
4314	Oakcrest, Mays Landing
4315	Ocean City
3316	Ocean Township, Oakhurst
3412	Old Bridge
239	Orange
5215	Oratory Prep, Summit*
5216	Our Lady of Good Counsel
624	Our Lady of Mercy Acad**
4413	Overbrook Senior, Pine Hill
1114	Palisades Park Jr. - Sr.
4112	Palmyra
1413	Paramus
5115	Paramus Catholic
1115	Park Ridge
2310	Parsippany
2311	Parsippany Hills, Parsippany
1214	Pascack Hills, Montvale
1314	Pascack Valley, Hillsdale
1414	Passaic
1415	Passaic Co V/T, Wayne
1315	Passaic Valley Reg., L. Falls
5217	Paterson Catholic Reg.
4190	Paterson Charter Sci & Tec
6110	Paul VI, Haddonfield
4113	Paulsboro
4316	Pemberton Township
4114	Penns Grove, Carney's Point
4414	Pennsauken
4115	Pennsville
2215	Pequannock Township, Pmptn. Pls.
3413	Perth Amboy
2412	Phillipsburg
4317	Pinelands Reg., Tuckerton
5116	Pingry School, Martinsville
3414	Piscataway
4116	Pitman
2413	Plainfield
4219	Pleasantville

# 2016 NJSIAA/M-F Athletic Boys & Girls Outdoor Track & Field Championships

<b>No.</b>	<b>School</b>
4117	Point Pleasant Beach
4220	Point Pleasant Boro
1215	Pompton Lakes
5117	Pope John XX2I, Sparta
3317	Princeton
5118	Queen of Peace Reg.
2216	Rahway
1316	Ramapo, Franklin Lakes
1216	Ramsey
4415	Rancocas Valley Reg.
2414	Randolph
5139	Ranney
3213	Raritan, Hazlet
630	Rav Teitz Mesivta Academy
6111	Red Bank Catholic
3318	Red Bank Reg., Little Silver
3214	Ridge, Basking Ridge
1116	Ridgefield Memorial
1217	Ridgefield Park Jr. - Sr.
1416	Ridgewood
1218	River Dell Regional, Oradell
4118	Riverside
3230	Robbinsville
5119	Roselle Catholic
2115	Roselle Park
2415	Roxbury, Succasunna
3215	Rumson Fair Haven Reg.,
5130	Rutgers Prep
1219	Rutherford
625	Sacred Heart, Vineland
1117	Saddle Brook
6234	Saddle River Day
5218	Saint Aloysius, Jersey City
5219	Saint Anthony, Jersey City
626	Saint Augustine Prep, Richland*
5121	Saint Dominic Acad., Jersey City**
6112	Saint John Vianney, Holmdel
5220	Saint Joseph of the Palisades
5122	Saint Joseph Reg., Montvale*
628	Saint Joseph, Hammononton
6113	Saint Joseph, Metuchen*
5221	Saint Mary of the Assumption, Eliz.
5222	Saint Mary's, Jersey City
5223	Saint Mary's, Rutherford
5224	Saint Patrick's, Elizabeth

<b>No.</b>	<b>School</b>
5123	Saint Peter's Prep, Jersey City*
6210	Saint Peter's, New Brunswick
6211	Saint Rose, Belmar
4119	Salem
4120	Salem Co. V/T
3415	Sayreville War Memorial
4221	Schalick, Arthur P., Elmer
2116	Science, Newark
2312	Scotch Plains-Fanwood
2313	Scott, Clifford J., East Orange
1118	Secaucus
4240	Seneca
5120	Seton Hall Prep, West Orange*
2314	Shabazz, Malcolm X, Newark
4416	Shawnee, Medford
3116	Shore Reg., West Long Branch
1317	Snyder, Jersey City
3117	Somerset Co. V/T
3216	Somerville
3118	South Amboy
3416	South Brunswick, Mon. Junction
3119	South Hunterdon Reg., Lambertville
3217	South Plainfield
3120	South River
4417	Southern Reg., Manahawkin
1318	Sparta
3121	Spotswood
4222	Sterling, Somerdale
3417	Stevens, J.P., Edison
2217	Summit
1220	Sussex Co V/T, Sparta
1417	Teaneck
2117	Technology, Newark
1319	Tenafly
4323	Timber Creek
4418	Toms River East
4419	Toms River North
4318	Toms River South
622	Trenton Catholic Academy
3418	Trenton Central
5249	Timothy Christian
5260	Trinity Hall
5250	Trinity Christian
4420	Triton Reg., Runnemede
2416	Union

<b>No.</b>	<b>School</b>
5124	Union Catholic Reg., Sco. Pls.
1418	Union Hill, Union City
230	University Academy Charter
2118	University, Newark
1419	Vernon Township
2119	Verona
5225	Villa Walsh Acad., Morristown**
4421	Vineland
3218	Voorhees, Glen Gardner
1119	Waldwick
3319	Wall
1120	Wallington
1221	Walkill Valley Reg., Hamburg
5131	Wardlaw-Hartridge
2315	Warren Hills Reg.
4422	Washington Township, Sewell
3320	Watchung Hills Reg., Warren
1320	Wayne Hills, Wayne
1420	Wayne Valley, Wayne
1121	Weehawken
2218	Weequahic, Newark
4319	West Deptford Twp., Westville
2219	West Essex, North Caldwell
1421	West Milford Township
2316	West Morris Central, Chester
2220	West Morris Mendham
2417	West Orange
2221	West Side, Newark
3330	West Windsor-Plainsboro NORTH
3420	West Windsor-Plainsboro, South
2317	Westfield
1222	Westwood Reg. Jr. - Sr.
2120	Whippany Park, Whippany
4121	Wildwood
6212	Wildwood Catholic
4320	Williamstown
4321	Willingboro
448	Winslow Township
3419	Woodbridge
4122	Woodbury
1223	Wood-Ridge
4322	Woodrow Wilson, Camden
4223	Woodstown